



APRIL – JUNE 2021

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LETTER FROM THE PRESIDENT



Dear IAAGT Community:

We are about to gather around the AGM and collectively join through different virtual spaces. We are still meeting through the internet, which implies different challenges as well as opportunities to connect, to dialogue and to co-create a meaningful experience for this beloved Gestalt community.

As an association and as a board, we have been navigating through difficulties, painful experiences as well as encouraging and hopeful paths of disagreement and a shared strong will to face our tasks and strengthen our relationships. It is our desire to foster a safe environment for an inclusive and contactful dialogue.

It is my hope that during the *AGM and Community Gathering* weekend we can share our thoughts and express our feelings around different topics that are figural for us as a group in our *here and now* in order that we can name them, recognize them, and address them in the best way possible. It is also my hope that we can sing together, share poems, pieces of art and joyful moments of getting to know each other.

I acknowledge all the board members for their commitment, love, and care that they devote for the whole community and our shared goals. My deep appreciation and gratitude.

Warmly,

Eduardo Rubio
IAAGT President

LETTER FROM THE VICE PRESIDENT ELECT



Greetings!

Our Annual General Meeting (AGM) is coming up! While I haven't been directly involved in its preparations, I am hearing a lot of wonderful and intriguing things about what's planned for us. It promises to be something special and inclusive. I'm really looking forward to it, as I hope you are as well.

One very important concept the Board members have been involved in is finding a way to hold difference and diversity among us. I believe I can speak for us all when I say we feel strongly about this; so much so that we hired a professional Diversity team from the Gestalt Institute of Cleveland to help us in this.

What I learned from their work with us is how critical it is to first create a stable and grounded container for holding difference. Only then is it possible to work proactively and pro-creatively with difference.

I have learned so much from their brief time with us, and hope to share what I learned with you when we meet in July.

Maryanne Nicholls
Vice President Elect, IAGT

YOUR INVITATION TO THE 2021 IAAGT ANNUAL GENERAL MEETING AND COMMUNITY GATHERING

IAAGT Community,

We are excited to invite you to the 2021 IAAGT Annual General Meeting (AGM) and community gathering!

Dates: July 23rd through July 25th / 26th (depending upon your time zone)

Theme: *Cultivate Gestalt and our International Community through inclusion, contact, and fun!*

We live in times of exponential change. Since the inception of our association, we've experienced impactful changes in technology, Gestalt practice, and our shared situation. For this Community Meeting, we invite you to think about these questions:

What do we notice or/and appreciate about our community?

How do we advance Gestalt philosophy, theory and practice?

How does our community cultivate and process our differences, embrace diversity, equity and inclusiveness?

We are all invited to this event with the intention to connect, contact, gather, engage and support conversation around our emergent process. The three-day event offers several dialogical approaches. There will be time for informal conversations, structured discussion groups, process groups, AGM business, networking and support zoom rooms, memorials, as well as fun Céilí and Cabaret time!

DAY 1:
Preparing the ground



DAY 2:
Sowing and planting seeds



DAY 3:
Harvesting



For full information, dates and times, click [here](#)

2021 IAAGT CONFERENCE - IRELAND



Ireland's Cliffs of Moher

Yes! Our Ireland Conference is happening - May 17-22, 2022.

Many of you have been wondering. Unless the world experiences a serious surge in COVID, we'll be meeting at the Falls Hotel in Ennistymon, Ireland. Stay tuned for more information in the weeks and months to come!

Deirdre Foley & Maryanne Nicholls, Conference Co-Conveners



Ennistymon by Louis Walsh

MEMBER ENGAGEMENT COMMITTEE

The IAAGT is starting a Member Engagement Committee for all of us in the association to understand our current levels of engagement, as well as our emerging needs, wants, and desires.

This committee will be a 3-month team effort involving volunteers from our board and membership. In addition to 5 board members, **we are looking for 5 IAAGT members to join this team.** This invitation is open to all active IAAGT members.

This committee will meet via Zoom in late June to finalize our goals, expectations, and project-based approach for this initiative. Each team member will be responsible for contacting a specific number of active IAAGT members to engage in short conversations about their engagement, needs, wants, and desires. The committee will share their learnings with our entire association later this year.

Please send an email to communications@iaagt.org to express your interest and availability.

Rafael Cortina, Newsletter Editor
John Hovell, Communications Director

APPRECIATION AND REQUEST: CONTINUING EDUCATION SURVEY

Dear Colleagues,

Thanks to those of you who have taken the survey!

Please consider this a gentle reminder if you have not yet responded. The following is the original request. We value your input!

The Continuing Education Advisory Council is asking for your input!

We are aware that our international membership has varying needs with respect to the documentation of continuing professional education.

Soon after the founding of our organization, we applied for and were granted accreditation by the American Psychological Association. The membership sought this accreditation as it signifies a high standard of professionalism. Currently, we are aware that a significant number of our members rely on APA Continuing

Education Credits for their professional license renewal. Other members value our affiliation with APA for different reasons.

Your input on the attached survey will inform us more clearly about our continued affiliation.

[TAKE SURVEY](#)

With appreciation,

Marlene Blumenthal, Continuing Education Officer
Dina Miller, Associate Continuing Education Officer

OPENINGS FOR CONTINUING EDUCATION OFFICER
AND
ASSOCIATE CONTINUING EDUCATION OFFICER

We are beginning to interview members interested in assuming these positions on July 26th, 2021, after IAAGT's AGM. Please contact Maryanne Nicholls at Maryanne@IAAGT.org if you are interested in being considered for either of these positions.

As of now, the CE Officer is a 3 year IAAGT Board appointed position. The CE Officer is a member of the Executive Council of the Board of Directors and becomes a member of any Conference or workshop planning committee that provides a continuing educational experience sponsored by our organization.

The Associate CE Officer is appointed by IAAGT's Continuing Education Officer on a year-to-year basis as a resource consultant to assist with the administrative, technical and decision-making responsibilities of this office. This is also a Board Position that is available.

Further information about these positions can be found [here](#)

BUD FEDER SCHOLARSHIP FUND RAFFLE

**Dear IAAGT community,
friends and colleagues,**



For the second year, the Bud Feder Scholarship Fund committee has been supported with a rich variety of online services from IAAGT members which we are excited to offer on the official platform page for this event:

<https://go.rallyup.com/bfsf2021>

Please take a moment, and click on "raffle items" to see which experiences you would like to buy tickets for this year!

If you wish to make a donation without buying tickets, or make a donation beyond the cost of the tickets you wish to purchase, those options are available as well on the same website. All payments are secure via the STRIPE system IAAGT has been using for several years.

You are welcome to share this event with colleagues, friends, students and gestalties of all types, all over the world.

Tickets Available Until: July 26, 2021 at 11:59 pm CST

Drawing Date: July 27, 2021 at 11:59 pm CST

Winners will be contacted by email by July 30th.

All proceeds from the Raffle go directly to IAAGT's Bud Feder Scholarship Fund.

Thank you for your support!

The BFSF team

scholarship@iaagt.org

IAAGT REGIONAL SUPPORT AND CO-SPONSORSHIP COMMITTEE (RSCC)

Forget-Us-Not!

At the last AGM in September 2020 the two AAGT Regional Committees merged to form a single committee with an expanded scope.

We are still active, despite Covid, and want to remind you we are here! Our main goal is to further and expand our community by supporting groups to organise activities and events that bring us together and promote Gestalt therapy in some way.

We have a fund at our disposal to provide financial support in the form of loans and grants, e.g. for seed money to organise a conference or gathering in a regional or local context. (However, there is no requirement for groups to be linked by geographical proximity.) We also offer other, non-financial forms of support.

Even though face-to-face conferences are not happening in most places at the moment, there may still be ways for members to meet, network or otherwise be active together. It doesn't always have to be conference rooms



..... it could be online - or even outdoors ...

Read the full article [here](#)

RESEARCH INTEREST GROUP (RIG) INVITATION

Dear IAAGT members,

My name is Soneide Caetano Jungnitz and I am a member of the IAAGT Research Committee together with Mark Reck, Ansel Woldt, Heather Anne Keyes and Sam

Manickam, and during some years I was a present member of the Research Interest Group meetings.

The RIG was inactive for a while. After having some “Research Colloquium Meetings” and noticing the interest some colleagues have in this topic, we from the committee talked about it and I volunteered to take this coordination and reactivate the meetings.

I would like to ask the members that are interested in restarting our meetings, to please contact me.

soneide@yahoo.de

I hope we can see each other in a near future.

Warmly
Soneide

UNTOUCHED (POEM BY A MEMBER)

This poem was read at the Toronto conference by Ansel and several people have since requested copies. It speaks for itself of how many men have been acculturated in the world. Ansel L. Woldt, IAAGT Archivist

UNTOUCHED

by Tom

The sweatshirt sits

on the top shelf, - - -

on his side of the closet - - -

wrapped in a plastic bag, - - -

the tags still on it.

The knife for Father's Day

in the cardboard box it came in, - - -

in the dresser drawer - - -

on his side of the bed.

He won't let me

touch him, - - -

MEN DON'T HUG!

When he went off to fight in World War II,

His father shook His hand - - -

Like a man.

The presents I've bought him

lie unused, - - -

waiting for him to die, - - -

so they will come back to me - - -

UNTOUCHED - - -

BY HIM, - - -

LIKE ME.

This poem was written by Tom, a 43 year-old client, which he read aloud, in a very forlorn state, at his father's funeral -- a sad and stinging commentary on many father-son relationships.

Shared with permission by Dr. Ansel Woldt

CHILD AND ADOLESCENT INTEREST GROUP (CAIG):
AN INTERVIEW WITH JON BLEND

What is the name of the Interest Group you are leading?

CAIG: child and adolescent therapy interest group

Since when has this group been meeting?

Since 2018

Where did the initiative to create it come from?

Billy Desmond who was co-organiser of AAGT's Interest groups at that time asked me to consider starting an IG for therapists working with children and adolescents. I agreed to offer a regular space for people to meet informally in confidence to explore ways of working with children and young people using a Gestalt approach.

Who and what has helped you to start it?

In practical terms AAGT provided a regular Zoom link for us to use. I began working with children and families in a State CAMHS (Child and Adolescent Mental Health Service) clinic in UK in 1995 whilst training as a Gestalt counsellor. I undertook Violet Oaklander's summer training in Santa Barbara in 2000 after meeting her at AAGT's Manhattan conference the year before. At that time Joan Benevento hosted an occasional Children's Interest group for AAGT: this was long before the internet era with communications limited to an occasional exchange of letters. In those days too the focus was more on child therapies in North America where most therapists were based. I became a Gestalt therapist in 2006 and qualified as a child psychotherapist in 2014. From my former training at the Gestalt Centre London I had some experience of facilitating groups so felt confident about hosting a group online, with the exciting possibility of exchanging knowledge, skills and friendships across the globe.

Read the full interview [here](#)

THE GESTALT SPIRIT



Image by [Nadeeshan Jayawaradena](#) from [Pixabay](#)

When I recently graduated from the [Gestalt Institute of Toronto](#), after a long journey that started in Uruguay in 1989 as a young Psychologist, we were asked to speak about the Gestalt Spirit. I noticed in my belly, and my arms, the tightness brought in by this possibility. What is that?

I started training in Gestalt within a traditional “Fritzian” framework, with the pillows on the floor, and long exhausting encounters “à la Esalen” where the lead therapist would be the Magician, connecting the past with the here and now, and landing a few blows onto the person’s “armour”. This often left the participants wounded and confused, but ready to fall into the loving arms of their saviour. A lot has happened in the Gestalt world since then! And once in the [G.I.T.](#), I gradually started embracing the gentler, respectful way of a relational approach. It was quite a difference. So, what is it for me now that “Gestalt Spirit”?

Read the full article [here](#)

MOONLITERACY (STORY BY A MEMBER)

MOONLITERACY

by Gayla (Gail) Feinstein

I lie bare on the bed graciously receiving the luminosity that is being offered by the fullness of the moon. Knowing that I have timed it just right, the light enters through the high window of the vaulted ceiling. I stroke my body and tune into sensation – touching and being touched. The sensuous presence of the moonlight rests softly on my body and soul inviting me into my full erotic self. Feeling the wildness that inhabits the mystery of night, the moon and I are embraced by the vast stillness of dark.

Read the full story [here](#)

** this feature originally appeared in the Spring 2021 Edition of UKAGP Newsletter*

INTRODUCTION TO TO C MAGAZINE 14 - CONFESSION



To C = To Connect, To Confront, To Contact, To Complete, To Care,
To Communicate, To Comfort, To Create, To Commit, To Continue....

All those great C Words can guide us to be creative. Confession and Compassion are the C Words of this issue that focuses on the Feminine Voice. Don't be mistaken: the Feminine voice is not only to be found in women, it is also part of men. There is a difference: for men it is more difficult to express this Feminine Voice than for Women who are more used to give Care, Compassion, Attention, Comfort. But we all have to become Aware if we long to become a Complete human being, no matter if we are men or women. For women it is less natural to use their Masculine voice, although we are learning. That's why we have to be on guard: let's not lose the balance between our Feminine and Masculine sides.

Read the full article [here](#)

OPLEIDING COUNSELING VANUIT DE EXPERIENTIELE GESTALTENADERING

Een counselor is een professioneel psychosociaal hulpverlener met een hulpverlenende, begeleidende of opvoedende opdracht.

Als experiëntiële gestaltcounselor help je je cliënt meer voeling te krijgen met zijn beleving, behoeften en angsten door zijn/haar gewaarzijn te verhogen. Zo raakt hij/zij opnieuw creatief afgestemd op de uitdagingen van het leven.

Hoewel theoretisch stevig onderbouwd, is de opleiding zo ingericht dat je alles vlot kunt vertalen naar je eigen werkcontext. We werken met concrete modellen en interventies waar je meteen iets mee bent. Via supervisie en intervisie reflecteer je en verdiep je zo alle inhoud. Met andere woorden: praktijk en theorie lopen soepel door elkaar. Deze opleiding is gespreid over drie kalenderjaren. Naast het concreet ervaren van de meerwaarde van de Gestaltvisie in jouw werk en leven gaan we ook zeer praktijkgericht te werk. We oefenen actief in de relatie counselor-cliënt relatie. Je gaat in je job met alle nieuwe inzichten en interventies aan de slag. Je vragen en praktijkvoorbeelden breng je mee naar de opleiding. Intervisie en supervisie zijn een vast onderdeel van de counselorsopleiding. Je integreert het counselorsproces door de voortdurende toepassing in je werk.

De opleiding is opgebouwd rond de ervaringscyclus van Zinker: Merken, Beseffen, Aangaan en Integreren.

IVC - Inspireren Veranderen Communiceren

IN MEMORIA: CYNDY SHELDON

Cyndy Sheldon

20 September 1935 ~ 11 May 2021



“Compassion is not a relationship between the healer and the wounded. It is a relationship between equals. Only when we know our own darkness well can we be present with the darkness of others. Compassion becomes real when we recognize our shared humanity.”

— Pema Chödrön

Cyndy Sheldon, MSW, was passionate about living Gestalt as a way of life and about egalitarian relationships from a Gestalt perspective. She trained many Gestalt therapists in the US and abroad and wrote two books: ***Gestalt As A Way Of Life*** and ***Don't Tell Me What To Do...Ask Me!***

Cyndy trained in Gestalt Therapy with Fritz Perls and Jim Simkin. At the suggestion of Dr. Perls, she co-founded the original Gestalt Institute of San Francisco in 1967, where she taught until 1990. While trained in several other therapeutic approaches, Gestalt remained her primary approach because of its comprehensive philosophy and its focus on growth rather than illness.

In the 1990s Cyndy moved to Arizona, where her work as a Social Worker put her in intimate contact with Navajo people and culture over the next decade. Later, in her books and teachings, Cyndy shared the profound congruences she noticed between Navajo culture and Gestalt as a way of life. She radiated a deep sense of wonder whenever she spoke of this chapter of life.

Cyndy moved to Bellingham, WA, in 2006, where she wrote her books, taught classes and led an ongoing Gestalt therapy training group that continued meeting right up until she passed away on May 11, 2021, at age 85. What's more, Cyndy started a second training program, a Women's Gestalt Group, a few months before her death.

At age 26, in her first workshop with Fritz in 1961, Cyndy heard an inner voice say, "You will be doing this work for the rest of your life," and this was how her life unfolded; Cyndy would bring this work to many over the next 60 years.

Cyndy's Legacy: In addition to her two books and countless students, Cyndy was featured in four thoughtful video interviews (conducted in the months before her death), in which she shares an intimate oral history of West Coast Gestalt. In addition to stories dating back to the early 1960s, she also shares the evolution of her own work, giving particular attention to the Egalitarian aspects of Gestalt. An article she penned a few years earlier on the original Gestalt Institute of San Francisco is on her website, as are her four video interviews and links to her two books. All of these can be found here: cyndysheldon.com.

Cyndy's Memorial: A virtual memorial service will be held on August 1, 2021. Please rsvp via email at cyndy.sheldon.remembering@gmail.com and a link and password for the virtual Memorial will be sent to you. An in-person gathering will also be held at a future date, to be determined.

WORKING WITH CHILDREN: OAKLANDER INTENSIVE

An in-person course facilitated by Jon Blend MA Dip Child Dip Psych

Dates: 12, 26 June; 10, 24 July; 7 August

Time: 10am - 5:30pm BST UK

Venue: Friends Meeting House, 17 Woodville Rd, Ealing, London W5

This "hands-on" part experiential, part didactic workshop, now in its fifteenth year, caters for counsellors, psychotherapists and other professionals working with children. Incorporating the arts in therapy with children offers an "experience near" vehicle for self-expression that aids contactful exploration of issues, fosters resilience and enhances wellbeing. Grounded in Gestalt therapy theory the course draws inspiration from the projective arts approach of eminent gestalt child & adolescent psychotherapist Dr. Violet Oaklander (*Windows to our Children; Hidden Treasures*) also ideas from Attachment and Systemic theories. It will also interest those wishing to explore their own relationship with creativity and/or play. The group will experience many of these arts modalities:

[drawing, clay, sandtray, music-making, haiku, movement, drama and puppets.](#)

Read the full course information [here](#)

COMUNIDAD DE DIALOGO ENTRE TERAPEUTAS GESTALT EN LA ERA DE INTERNET



COMUNIDAD DE DIÁLOGO ENTRE TERAPEUTAS GESTALT EN LA ERA DE INTERNET **“Explorando el nuevo campo”**

(Sesiones en idioma español)

Te invitamos a participar en un espacio virtual para compartir y explorar nuestras maneras de relacionarnos con las personas a las que les damos terapia en línea.

Al compartir nuestra experiencia, podremos:

- a) Supervisar casos prácticos
- b) Enriquecer nuestra mirada terapéutica
- c) Encontrar apoyos para fortalecer nuestra práctica terapéutica en línea
- d) Profundizar en aspectos teóricos que sustentan nuestra práctica terapéutica, frente a la nueva realidad de llevarla a cabo en línea.

Los diálogos y supervisión de casos se realizan desde la mirada de campo en la psicoterapia Gestalt.

Las sesiones se llevan a cabo vía zoom, en sesiones quincenales de una hora y media cada una, los días viernes, de 09:00 a 10:30 horas Tiempo del Centro de México (CDT); 10:00 a 11:30 horas Tiempo del Este (EDT); 16:00 a 19:30 horas Tiempo de Europa Central (CET).

Facilitadores: Claudia Fernández y Eduardo Rubio

Para mayores informes escribenos a:

laloterapeutagestalt@gmail.com

claudinefedez10@gmail.com

Nuestro mayor deseo e intención es que juntos construyamos un significativo proceso de formación y crecimiento profesional y personal.

Claudia y Eduardo

WHEN CULTURES MEET



The When Cultures Meet workshop invites participants to explore and experience firsthand the challenges and opportunities that emerge when two or more cultures interact. Participants have described this workshop as insight-provoking, deeply personal & experiential, and the application of the learning continues beyond the event itself.

This workshop is usually done as a large group intervention over 1-2 days. Clare and John have custom-designed this experience to fit into a shorter 4-hour public format.

This workshop is a blend of:

- two dynamic, experiential exercises which explore the interaction of two or more cultures
- thought-provoking strategic frameworks to consider the challenges and opportunities of cultural interactions
- application activities that help participants make sense of their experience to bring practical solutions back to the organization
- the typical full workshop information is available on the [Power+Systems official website](#).

What might we achieve together when we practice how we interact with one another?

Date: 6 July 2021

Time: 10am - 2pm BST (UK)

Facilitators: Clare Joghee and John Hovell

[Registration open until 6 July here!](#)

QUEER MIGRATIONS – AN EXPERIENTIAL ENQUIRY INTO INTERWEAVING MULTIPLE IDENTITIES

Online course facilitated by Piotr Mierkowski MA Dip Psych UKCP
and the Gestalt Institute of Cleveland

Date: Saturday 7 August 2021

Time: 11:00am - 1:30pm ET USA

Course Description: Online

We live in the world, in which large numbers of people move from one place to another. In fact, it is nothing unusual as we were all wanderers once. We walked out of Africa looking for food, safety, water, shelter and territory. No matter the initial motivation to uproot oneself, migration always leads to radical changes in one's life, some of them traumatic, which shatter one's established understanding of who one is, and, yet, by its very nature, can also be a unique developmental opportunity for those who undertake such a venture. Diasporas are transitional and transformational.

Like the vast majority of migrants, even if not an asylum seeker or a refugee, I have also gone through profound changes in the way I experience myself, including my gender, sexual identity, and my relationships, when as a young gay man I emigrated from Poland to the UK.

Read the full course description and learning objectives [here](#)

2021 INTERNATIONAL GESTALT THERAPY RESEARCH CONFERENCE

Dear colleagues

We very much hope that this newsletter reaches you all in good health.

Surely you have already wondered whether the meeting can take place this year.

But as the pandemic continues worldwide and it is not foreseeable what the travel and meeting regulations will be in autumn, the boards of DVG, EAGT and IAAGT in cooperation with the conveners and the organizing team have decided to postpone the meeting to next year.

The new date is **September 2-4, 2022**, and the venue will then also be the Chamber of Crafts in Hamburg.

Of course, all registrations remain valid.

We will use the next months to sound out which contributions will remain in the program and, if necessary, provide replacements and expand the program to include current developments.

Those who already know for sure that they will not be able to attend Hamburg 2022 have **the opportunity to cancel their registration free of charge until the end of July 2021.**

Read the full article [here](#)

OAMHP 2ND ANNUAL VIRTUAL CONFERENCE

**Adapting, Building, Changing:
Rethinking Normal in a Post-Pandemic World**

Sept. 23 - Oct. 2, 2021

<https://oamhp.ca>

**October 1, 1-4pm: Creative Adjustments of mental health workers to
Covid-19 and post-pandemic recovery**

Speaker: *Emanuela Nardella, RP*

This workshop will introduce and present key concepts and structure in gestalt theory and practice that most apply to the workshop title. Topics will include: contact styles (communications that support our early survival by creatively adjusting), the cycle of experience (learning points in this process), and how the two interrelate.

Targeted questions to encourage reflection and increased awareness will be given to address in break-out groups. Participants will identify their own personal contact styles and where this energy lies on the cycle of experience in order to address where our movement can go next. The workshop will also include an experiment in recovery where participants, in small groups, will be guided by imagery (psychosynthesis style). Participants will then be given the opportunity to ground in their small group by sharing a phrase, word, feeling or image to capture their guided imagery experience. The final portion of the workshop will be the coming together of the whole group to give our closure/withdrawal to our working together in this workshop.

This workshop is designed to move our personal energies to fuller learning to not only benefit us intrapersonally but to then have us be more available and more fully present to the 'others' we want to affect and be affected by.

INTRODUCTION TO THE CAPE COD MODEL



The Gestalt International Study Center – www.gisc.org

Introduction to the Cape Cod Model (In person) – November 18 – 21, 2021

A Workshop for Psychotherapists, Coaches, Consultants, and other Professionals

This workshop teaches our powerful approach to working with clients and client systems: The Cape Cod Model[®]. It is designed as an introduction for those unfamiliar with the model, but can also be useful as further learning for those who have previous experience using this methodology. All participants will increase their ability to create effective interventions necessary to support change and growth.

“The Cape Cod Model provides a useful framework for working with clients in a non judgmental fashion. By focusing on phenomenological observations we learned to allow the clients to express and ascribe their own true meaning to their behaviors and patterns and help them determine meaning and change behavior.”

Read the full article [here](#)

DAN BLOOM WEBINARS

Dan Bloom, JD, LCSW
Psychotherapy, supervision and clinical training
Dan.bloom@me.com
www.danbloomnyc.com
01 212 674 0404

I currently offer webinars and supervision groups.

These are the webinars that I form on recurring basis:

“Classical” and Contemporary Gestalt Therapy from a Relational Perspective

This 8-session, 90-minute webinar focuses on the relational perspective as it developed from the original 1951 model in Gestalt Therapy, Excitement and Growth in the Human Personality, by Perls, Hefferline, and Goodman (PHG). Participants will get a clear understanding of the 1951 model from a present relational perspective.

Introduction to Phenomenology for Gestalt Therapists and Gestalt Therapy as a Clinical Phenomenology

This 8-session, 90-minute webinar introduces the major phenomenologists who are directly to our contemporary practice— Husserl, Heidegger, Merleau-Ponty, Gadamer, Levinas, and Waldenfels. I stress their relevance to contemporary gestalt therapy from a relational perspective.

More information on each webinar can be found [here](#)

THE GESTALT INSTITUTE OF CLEVELAND WORKSHOPS

The Gestalt Institute of Cleveland is offering the following workshops:

- Embodied Presence and Radical Self Care July 9-11, 2021 (Women’s Work and Empowerment Series)

- Mindfulness Embodied: An Introductory Workshop to an Integrative Gestalt-Based Practice
- Creativity in 1:15! #1
- Queer Migrations - An Experiential Enquiry into Interweaving Multiple Identities
- Coaching Through the Lens of Diversity
- In-Person Workshop - Facilitation from the Inside Out: Six Key Gestalt Coaching, Counseling and Group Leadership Competencies you can learn from Horses and Nature
- Relational Team Coaching
- Creativity in 1:15! #2
- Women and Shame: Healing Ourselves to Wholeness (Women's Work and Empowerment Series)
- In-Person - Creating Resilience, Managing Stress, Regulating Emotions: Guided by the Heart of the Horse, HeartMath and Gestalt
- Attending to Body/Self in Relation: the Co-Existence of Inside and Outside Experience
- Coach Certification Program 2021-2022
- Recovering the Sacred Feminine in a Patriarchal World (Women's Work and Empowerment Series)
- The Transformative Power of Embodied Ritual (Women's Work and Empowerment Series)

More information, including faculty, dates and times, can be found [here](#)

Contact GIC OFFICE: 216-421-0468

Visit <http://www.gestaltcleveland.org>

Email office@gestaltcleveland.org

