



JANUARY 2019



I am settling into my role as newsletter editor and board member. One feature of this newsletter issue is a look at beginnings and endings. We are kicking off 2019 with lots

of offerings from our members. Our communications team is coming together with a plan for improved communication and social media presence sure to enhance our associating and advancing. We also have new work groups dedicated to human rights and social responsibility and relations with others, a net result of our conference in Toronto.

Here in the northern hemisphere, the earth marks its year end orbit with stark trees and creatures hibernating, the trees are busy nourishing their roots and trunks in preparation for their spring expression. This reminds me of our Gestalt Contact/Withdrawal cycle and the importance of withdrawal in particular. Since our last newsletter we had to say goodbye to a beloved long time board member, past president, scholarship fund leader, and lifetime achievement award winner, Simon Maurice Feder Phd., known as "Bud", a name given to him by his grandmother because he was her little buddy. I think I speak for the majority when I say we each felt he was our Buddy.

As the sentiments poured in on the listserves they consistently reflected his friendship, kindness, and helpfulness. Along with that, a recognition of his eccentricity and ability to be completely himself, warts and all. **Fritz Perls defined health as, The ability to experience vividly in the present.** An understatement for sure and alot easier said than done. Bud was that beacon of authenticity for many of us. Like a beacon, he conspicuously navigated us toward a destination. That destination was our authentic selves, vivid, in the present. Let this be the ground from which we spring forth and manifest like nature.

Comments to the Editor and submissions to
restoremindbody@optonline.net

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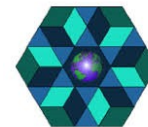
"It's not the endings that will haunt you

But the space where they should lie,

The things that simply faded

Without one final wave goodbye."

— Erin Hanson



New Year Greetings from the AAGT President.

New year expects to be characterized by high spirit and hopes for a better future all around. It's time to connect, collaborate and give a fuller meaning to the internationality of the AAGT and use it to bridge difference and

listen to the other.

The AAGT's new year started by two significant announcements - date and venue for the 2020 conference in Ireland and a plea to support the daughter and granddaughter of Laura and Fritz Perls. What a polarity! A sharp reminder to the level of distress one can get to as well as communities and establishments.

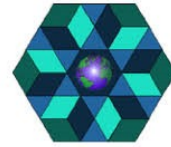
The new year high spirit can be fed by the delight of choosing to support the less fortunate, by collaborating to contribute to bettering the field.

Two new working groups have been established by the board; One looking at Human Rights and Social responsibility and another at relationships with others.

We continue to put a lot of effort into Scholarships, thus lift spirits as well as keeping the legacy started by Bud Feder, hence, Bud alive.

When I think 'us' I think dialogue between phenomena in a field. Dialogue between phenomena in the field means we hold the key to a better field. That is certainly uplifting. May 2019 smile at us and ours, Tali





AAGT Treasurer hands over the baton

I am excited and relieved to share with you that I have passed the duties of treasurer on to Marie Oneide Willey. I am grateful to Maria for taking on this responsibility and have every confidence she will maintain the finances for AAGT beautifully. The organization appears to be in excellent financial condition, not a reflection of my role, but of the incredible efforts of our membership chairs and scholarship committee members.

We've seen increases in both membership and contributions to the scholarship fund in the last two years. As I depart, a work group is developing a long range plan for managing our finances and determining best use of the money we have on hand. The primary focus of this endeavor is to make sure use of our available funds reflects our mission and values. So stay tuned for more information about this project.

I stood for treasurer in 2016, it was in absentia. I was not able to attend the conference that year and sent a statement to be read by Marlene Blumenthal, in which I wrote, "**My professional and personal selves have been raised, in part, in AAGT - by loving people.**" This was an honest statement. I started participating in AAGT activities when I was 27 and this year I'll turn 40; I continue to benefit from the care, support and guidance of members of AAGT. Anyhow, thank you for the opportunity to serve as treasurer for AAGT for the last two years. For me, 2018 was a challenging year personally and professionally. I can only hope for some reprieve of FOGS (F-ing Opportunities for Growth) in 2019. I wish you joy and discovery in 2019.

Brad Larsen Sanchez
AAGT President Elect.



Hat's off to the new Treasurer Maria Willey.

Dear AAGT Members,

My name is Maria Willey and, in this first newsletter of 2019, I would like to take this opportunity to introduce myself as the new Treasurer appointed by the AAGT Board. I am to complete the term of our outgoing treasurer, Brad Larsen-Sanchez, who has done an amazing job in the last 2 years and is currently the President-Elect

of this organization. Over the years I have been involved with professional associations, serving as a member and/or volunteer in events. The term I served as a Board member for the Psychology Board in Brazil is the experience that set some ground to understand and contribute to this professional non-profit organization as your treasurer. I have been a member of the AAGT for more than

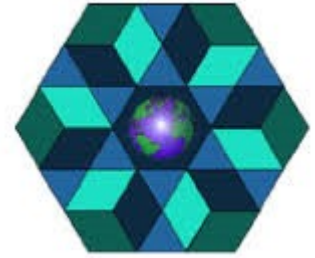
a decade and have volunteered in some tasks. I am honored to work with the AAGT Board, committees, and serve this community as a whole. I feel incredibly excited to officially begin my term.

I will perform the financial duties in accordance with the AAGT Constitution and By-laws. I also will cultivate the AAGT's relationship with you, our members, encouraging you throughout the year to engage with us, give feedback, and add your voice to our initiatives. If you have any questions, feel free to reach out to Maria Willey at 4GTassociation@gmail.com

I look forward to a great year of serving and growing together

Thank you, Maria Willey, M.A., LMFT

"THE ORGANIZATION APPEARS TO BE IN EXCELLENT FINANCIAL CONDITION ...A FINANCIAL WORK GROUP IS DEVELOPING LONGER RANGE FINANCIAL PLANS."



2019 AGM

To be held In San Teodoro, Sardinia September 13-16



*TWO GESTALT
INSTITUTES ON
THE ISLAND.
EASY TO
COMBINE WITH
THE EAGT
CONFERENCE
IN BUDAPEST*





Save the Date!



Conference, Ireland, 2020

We are excited to send you a 'Save the Date' announcement for the next AAGT conference, in County Clare, Ireland, September 2020. **The conference will commence Wednesday evening 9th September thru to Sunday 12th September.**

We expect to have pre-conference workshops on Tuesday the 8th and Wednesday the 9th.

We will be convening in the 18th Century Falls Hotel, www.fallshotel.ie

The hotel, which runs entirely on hydro-electric power from Ennistymon Falls, is situated about 3km from the wild Atlantic Ocean in an area of natural beauty called the Burren.

The Burren and Cliffs of Moher are designated areas of natural beauty by UNESCO [http:// www.burrengeopark.ie](http://www.burrengeopark.ie). WE SINCERELY LOOK FORWARD TO WELCOMING YOU TO IRELAND FOR THIS CONFERENCE.

BEIDH MÍLE FÁILTE ROMHAT.... YOU WILL BE WARMLY WELCOME.

The Board and the AAGT Scholarship Fund Committee renames
the Scholarship Fund

"The Bud Feder AAGT Scholarship Fund".

The Bud Feder AAGT Scholarship Fund exists:

- To encourage a growing community of diverse practitioners and students from all over the world to attend our conferences
 - So that we can share and grow together

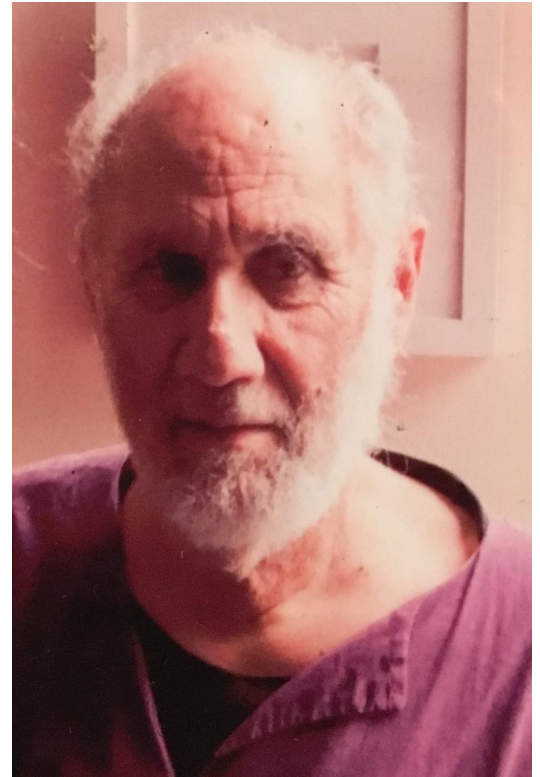
This wonderful achievement could not have been made without **Bud Feder**, whose passion, dedication and generosity throughout the history of the AAGT scholarship fund has made it possible for many of our members to come to our conferences.



As a way of honoring Bud's contribution to our organization, we encourage donations of any size to the Fund at this time.

[Donate Now](#)

Thank you.



A little message from Bud, after our Asilomar conference:

"Many people have told me that the event at my award ceremony where many of you identified yourselves as recipients and facilitated small groups was one of the best ever and helped members be aware of what the fund really is: not a bunch of numbers but a vital flesh and blood contingent that contributes so much to the conferences.... and to the organization ." [many SF recipients have joined and been very active, serving on committees and on the board.]

Thank you so much, SF Class of 2014! Bud Feder"

I had hard time economically to go there, from Athens, so he (Bud) gifted me some sessions to pay my ticket to there. That is one of the many reasons he has been so unique for me as therapist and teacher and comrade in social change. This is solidarity and love in practice. ~ Maira

Hey Dear Bud, You have always made AAGT possible for me- you and your scholarship fund. AAGT is the only place I have ever felt like all of me fits, like I really make sense. And that's why I joined your SF committee this year- I want to pay it back, pay it forward and follow your example. Your thoughtfulness, your attention to detail, your commitment- I got all that. ~Heather Keyes.

Saying Goodbye to Bud Feder ...

"A dear and well-loved Gestalt elder passed away on October 16, 2018 at the well-earned age of 88." ~GIT newsletter

*Those who truly inhabit our lives
whose faces, whose gestures
like fine choreography align the air,
whose voices enter that ghostly inner
ear so that we shall hear them ten
years later in an empty room at dusk,
never can their presence be replaced.*
(from *Edges of Emptiness* by Marge Piercy) ~ Toni



"He was a major force in the Gestalt therapy movement, and will be missed by all." ~Charlie

"Good-bye my good friend, you were a creative, open minded gestalt therapist, writer and theorist. You were the best editor I ever met." ~Peter C.

"My heart goes out to all of AAGT and the entire worldwide Gestalt community. In the midst of our mourning, may we rejoice in having known and experienced the loving, caring, giving, welcoming, fun, serious, rejoicing, jovial, brilliant, ethical, humane presence of Bud Feder in our lives. ~Love and hugs, Ansel



Rest in peace, Bud Feder.
In truly loving memory.
Thanks for everything.

Bud's never ending ability to go for what he saw right. No matter what the 'corporate' consequence might be. He jumped all the guns and called for volunteers, thus poured his life and energy into Toronto ~ Tali

"Bud was always 'here.' He was so reliable and steady."
Elinor Greenberg

Gute Reise Bud, wherever you go next, count me into the circle of people who truly love you and consider themselves extremely lucky to have traveled long distances with you. ~Maria K.

. You showed up, regardless of what came out when I would sit down to write to you- it could be a new project, a mundane conference detail, an utter heartbreak- and you were there. I can see the purple letters on my screen- Luv B. Whatever came up, there you are with Luv, B. Heather Keyes

"Thanks for your presence, Bud. I learned more about myself as a therapist and being through my few moments with you than many who I spent more time with, who speak much and say little." Patrick Dougherty



"Here is Bud's
Rose.....Like
him.....Splendid.
Sinead.

Bud allocated a portion of his financial estate to the AAGT scholarship fund. It was a loving endeavor that he undertook for many years, and one that was extremely important to him, not only in his lifetime, but in his passing as well. It will serve as a constant reminder of his importance to our organization.
Jack



Luv ya back Bud.



AAGT GLOBAL

International Relations
and member offerings.

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- **MEMBER PROJECTS**
 - **RESEARCH**
 - **CONFERENCES**
 - **WORKSHOPS**
 - **BOOKS**
- AROUND THE GLOBE**

Toronto, Canada A new groundbreaking program with Ruella Frank and the Gestalt Institute of Toronto

Child-Parent Somatic Psychotherapy (CPSP)

teaching practitioners to intervene at the earliest phases of social development through an understanding of movement.

Level One: April 12-14, 2019 & Sept. 20-22, 2019

Level Two: Jan. 10-12, 2020 & June 19-21, 2020

This program is recommended for psychotherapists, psychologists, psychiatrists, social workers, occupational therapists, movement educators and nurses who work with or are interested in working with parents and children from 0-3 years. Graduates of psychotherapy training institutes who are interested in applying early developmental theory to the therapist-client inter-relationship also are welcome.

Further information and to register visit gestalt.on.ca



Stockholm, Sweden

***Developmental Somatic Psychotherapy™**

2019-2021 Training Program

developmental process embodied within the clinical moment with Ruella Frank, PhD.

May 2019 5 Modules, 4 days each

New York City, USA

***Developmental Somatic Psychotherapy™**

2020-2021 Training Program

developmental process embodied within the clinical moment with Ruella Frank, Ph.D.

Begins: March 2020 4 Modules, 5 1/2 days each

* Developmental Somatic Psychotherapy, created by Ruella Frank, Ph.D., is a relational and movement-oriented approach to psychotherapy within a Gestalt therapy framework. Inspired by the work of developmental psychologists and somatic practitioners, Developmental Somatic Psychotherapy is a template for understanding and working with early psychophysical blocks as they emerge in the here-and-now of therapy. Attending to movement patterns is particularly powerful when guided by contemporary developmental theory.

Stockholm, Sweden –

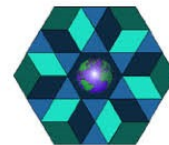
DSP GRADUATES ONLY

Exploring the Roots of Developmental Trauma: A Somatic Perspective

May 15 - 17, 2019 Wednesday, Thursday and Friday 9:30 am - 4:30 pm

During this three-day workshop, we will explore the roots of 'traumatic attaching' – a bi-directional approach – from its inception in the infant-caregiver dyad to its expression in the adult patient-therapist relationship. Through mini-lectures, experiments, experiential demonstration and discussion, we will learn how to identify patterns of 'traumatic attaching' as they emerge within the unfolding therapy session and how to work through

information and application Ruella Frank at ruellafrank@gmail.com or visit somaticstudies.com



Potency of Gravity : workshop with Emilyn Claid



The core theme for this workshop is the relationship of our bodies to gravity and the ground – falling - a fundamental experience that has profound impact on our lives.

In Western culture we have lost touch with potential benefits of working *with* gravity. Fear and uncertainty surround the very notion of falling.

For the most part, we endeavour to resist gravity, striving towards control, verticality and steadfast uprightness with all its moral underpinnings. Relevant for us as psychotherapists is how gravity shapes pride and shame on our bodies; pride encourages us to straighten upwards while shame

sinks us towards the ground.

As a dancer, somatic movement practitioner and Gestalt psychotherapist with an existential relational heart, I share my understanding of how to be with the potency of gravity, as support for living change and vitality of presence.

We will experiment with safe, somatically-informed falling, alone and supported, relational and dialogic. Participants have the opportunity to notice how our relationship with gravity evokes psychological challenges relevant to clinical practice such as stress, depression, bereavement, loss, pride and shame.

Location:

Edinburgh Gestalt Institute

Date: 9-10 March 2019 (2 day workshop)**Cost:** £225 (including non-refundable £100 deposit)

For more information visit

<http://egi.uk.com>

info@egi.uk.com

or call 01312283841



We are pleased to inform you that the 14th European Gestalt Conference will take place in Budapest on 19-22. September 2019.

On these days close to 700 people will meet at the same place from all over the world working in the Gestalt field or related profession of psychotherapy, coaching, organisational development.

Let's spend time together in Budapest experiencing these bridges in a state of creative indifference!

AN EXPERIENTIAL EXPLORATION: THE FERTILE VOID AND CREATIVE INDIFFERENCE

In Budapest we aim to co-create with you a fertile space in which we can all connect, share and explore ourselves and each other and find new possibilities in the flow of our creative energies and in the emergence of new understandings.

Our keynote speakers are: Nancy Amendt-Lyon, Kathleen Höll, Lynne Jacobs, John Leary-Joyce, Robert W. Resnick and Gordon Wheeler.

Please see their thematised videos on this You Tube Channel:

https://www.youtube.com/channel/UCU8s-RQfRrQ8ExQay_gI2jg/playlists?disable_polymer=1

For further details please visit our website: <https://gestaltconference2019.com/>

We invite you to join us as a visitor, present your workshop, you can represent yourself during the conference or we can include your printed materials into our welcome pack or spread in the hall.

We wish to meet you. ~The Conference Team

office@gestaltconference2019.com





Gestalt | INSTITUTE
OF TORONTO

"RECLAIM
YOUR
KNOWING
OF WHAT
IT MEANS
TO BE

Workshop Name: Embodied Dialogue

Website: <https://gestalt.on.ca/continuing-education/embodied-dialogue/> **Date:** Eight Wednesdays, January 16, 23, 30, February 6, 13, 20, 27, and March 6, 2019
Times: 10:00am-12:30pm

Fee: Standard Rate: \$395 — Early Bird Rate (register by December 20): \$340
Continuing Education Hours: 20 Hours

Description: Shan Qi, who co-led last year's sensational Embodied Relationality workshop, has returned to share her passion with body process as a support for dialogue. Shan writes, "The body is a connection between our past and our future and can only stay in the here and now. By exploring body's expression and its narrative, our presence becomes more clear, we vibrate, and our response to the world become less stuck and more playful."

This workshop is designed and is appropriate for all professionals who seek to deepen their understanding and experience of embodied therapy — including: psychotherapists, counsellors, social workers, psychologists, physicians, nurses, art and music therapists. Senior students in the Gestalt Institute training program or its equivalent are also welcome.

Learning Objectives: Increase the coherence between body and mind -Feel your authentic expression -Trust your inner process and your body's message- Feel the body dance in our relationships -Practice responding moment by moment to be yourself with others **Class size is limited to 12**

Workshop Name: The Therapist is Present

Website: <https://gestalt.on.ca/continuing-education/the-therapist-is-present/>

Date: Monday + Tuesday, February 4-5, 2019
Times: 10:00am-5:00pm

Fee: Standard Rate: \$450 — Early Bird Rate (register by January 14): \$395

Continuing Education Hours: 12 Hours

Description: As Marina Abramovic shows in the art-work The Artist is Present, it is the presence of the artist from which the art work wells. The same applies to the presence of the gestalt therapist. New form springs from the co-creation in the space between therapist and client, which enables growth.

In this workshop apply the aesthetic principles of contemporary Gestalt therapy to experimenting with art inside the therapy session. We will explore the richness of the experience of being present, and more specifically the creative presence through the senses (aesthetics). We will do so using art techniques like drawing, as well as looking at and reflecting on art works, constantly connecting with the Gestalt embodied relational and present centered approach.

This workshop is recommended to student therapists, and practicing therapists, to artists who seem to bridge their aesthetic sense with therapy practice, as well as people working with others who seek to use art within their sessions. It is not necessary to have a Gestalt background to gain an insight into the aesthetic workings of Gestalt which is applicable to any practice.

Workshop Name: Child-Parent Somatic Psychotherapy Training Program

Website: <https://gestalt.on.ca/training-programs/childparentsomaticpsychotherapy/child-parent-somatic-psychotherapy-international-training-program/>

Level One -Dates: April 12-14, 2019 & September 20-22, 2019 **Fee:** \$850 CAD / \$700 USD

Course hours: Friday, April 12th, 2019, 7:00PM-9:30PM, Saturday, April 13th, 2019, 9:30AM-5:00PM, Sunday, April 14th, 2019, 9:30AM-1:00PM

Level Two -Dates: January 10-12, 2020 & June 19-21, 2020
Fee: \$850 CAD / \$700 USD

Description: From the worlds of neuroscience, psychiatry, and developmental psychology, it now is clearly known that the earliest phases of a child's life sets the ground for later relational experiences. Human qualities of respect, empathy and commitment to another are forged during this important period of time.

Using a movement-oriented approach to analyze and treat the child-parent developing relationship, the CPSP program explores the subtle yet profound movement exchanges that shape and underlie our earliest patterns of attaching and demonstrates how specific movement experiences become self and relational experiences and vice versa. When practitioners attend to their patients through movement, they are working at a primary and fundamental level that precedes and underlies later developing language and sophisticated cognitive capacities.

Of interest to people of all backgrounds, the CPSP training program will enhance your perception of human movement by revealing how nonverbal patterns, developed in the relationship with significant others, become the implicit core of adult functioning.

Gestalt and Social Change Laboratory presents: Two Webinars for therapists and gestalt students.**1.The Sociopolitical side of Gestalt therapy in troubled times.**

This webinar is a form of **Gestalt support group** that aims to **facilitate** :

- The combination of **Emotional and Sociopolitical awareness**. Why and how it is **important** here and now.-
Ways to include Sociopolitical awareness in our **Gestalt practice**, privately or in groups.

- **Sharing** with the group our **attempts or difficulties** to practice **inclusion of Sociopolitical awareness** in **our therapy practice**.

Each group will have 6-8 persons maximum for a duration of 2hours and 30', every first Tuesday per month or per 15 days this will be a group decision based on participants needs.

Cost: 30euros per session *This group will start when the number of participants is complete and time zones considered.

2.Gestalt and social change webinar

This workshop aims to combine **emotional** and **social-political awareness** by applying **Gestalt therapy** and **Gestalt awareness practice**.

1 session per month, every first Monday Starting date: 4 of March, 3 hours per session , participants per session: 6, Cost: 40euros

* This is for Gestalt therapists and students, as well anyone interested to explore social change under the guidance of Gestalt therapy. *Timetable will be decided according to time zones of participants

Tools:

*Gestalt theory *Gestalt principles *Socio-political phenomenology *Crucial topics
*Gestalt awareness practice *Chair work *Art therapy *Sharing awareness in the group
In every session we start with awareness check-in and we close with awareness check-out

13 Topics that will be explored through theory and personal experience:

1st: The **sociopolitical side** of **Gestalt therapy**.

What is the **social change** for each of us?

2nd: **How** each of us wants to see **social change** in the world?

3rd: **What** do we want to **change** in this world?3

4th: What is **power** standing for in our world and how do each one experience it?

5th: What **money** stand for in our societies and what relationship each one is having with them?

6th: What is **solidarity** as a practice in our global planet, and what is our personal experience with it?

7th: What is **trust** as a feeling and practice in our everyday lives?

8th: How is the **commitment** as an experience we offer and receive in this world?

9th: How is **freedom** as a feeling, choice, and state of being to each person?

10th: What is **love** towards oneself and others according to each one's experience?

11th: How do we experience **respect** in our everyday life?

12th: What is a **community** according to each person's experience?



Gestalt Therapy Colorado Residential Workshop June 29 - July 7, 2019

Sponsored by The Gestalt Therapy Institute of Philadelphia



Join Cathy Gray and Janneke van Beusekom in the high mountains of Colorado. Recapture Freedom, Spontaneity, and Wonder: Open up to Joy

We think of joy as freedom: freedom of movement, thought, expression, feeling. Come join us as we explore the ways in which we keep ourselves captive and not free. We will come together and experiment with widening our options, expanding our movements, and liberating our thinking and feeling as we open up to joy. We will meet in the morning, in the late afternoon and again briefly in the evening (for a total of 5 hours). You will have the afternoons to explore the area, take a hike, walk along the river, go on a bike ride, or simply take a nap. Our evening meals will be prepared by teams of participants. At mid week you will have a full day to explore this beautiful place.

Housing and meals are included in the registration fee.

Workshop is open to therapists and non-therapists.

Early Registration \$1650
\$250 will hold your place After March 1,
2019 \$1800

Balance is due by April 15, 2019

30 CE's are available for social workers
and psychologists for an additional \$20.

Cancellation Policy: Full Refund less \$250 if written cancellation is received by April 15, 2019. No refunds available after April 15, 2019.



Location: We will meet in a house nestled among the Collegiate Peaks of the Sangre De Cristo Mountains, situated only 15 minutes from the lively town of Buena Vista, Colorado. San Isabel National Forest, hiking and biking trails are all right outside the front door. World class whitewater rafting is only 20 minutes away. horseback riding, and walks along the river, hot springs, and ghost towns are nearby

Janneke van Beusekom, LCSW: Janneke originally studied Gestalt therapy at the Gestalt Therapy Institute of Philadelphia (GTIP) where she graduated in 1997. She worked closely with Philip Lichtenberg and coauthored *Encountering Bigotry* with him. For many years she studied Gestalt group therapy with Bud Feder. She is on the faculty of GTIP and an active member of AAGT, having participated in organizing multiple past conferences. jmvanbeusekom@comcast.net

Cathy Gray, LCSW: Cathy has more than 35 years working with individuals and organizations. She trained at the Gestalt Therapy Institute of Philadelphia (GTIP). Cathy has studied Developmental Somatic Psychology, Focusing, Mind Body Centering, EMDR and Improvisational Movement. She has given numerous workshops in the US and in Europe. Cathy is currently on the GTIP faculty, is the immediate past chair of GTIP, and is former president of AAGT. cathybgray@gmail.com

JANUARY 2019

Research in Gestalt 2019 Conference

Located in Santiago Chile

[Visit the Conference Website](#)

CALL FOR CHAPTER PROPOSALS

An anthology of writings on gender and sexual diversity: publication date summer 2020

New Gestalt Voices wishes to draw AAGT members attention to a forthcoming book on GSD experience within gestalt psychotherapy. **We are seeking chapter proposals from gestaltists and/or 'gestalt aware clients' by March 31st 2019 please.** For full information please see.

<http://newgestaltvoices.org/an-anthology-of-writings-on-gender-and-sexual-diversity/>

The book takes its lead from the NGV Journal in wanting to support expression of a range of different voices from the more theoretically advanced, to trainee and client perspectives. We would particularly like to encourage people who identify as GSD to write for us, particularly if you have not written anything for publication before. We will provide a lot of support to help you develop your ideas via mentoring, and opportunities to come together with other writers. We hope that the book will develop better understanding of gender and sexual diversity in all of its varieties (including straight and cis-gender perspectives) across the gestalt field.

-
- Help practitioners to be more effective.
- Help clients to receive better (and non-damaging) gestalt therapy.
- Help reduce stigma and further the liberation of gender and sexual diverse people.
- Contribute to the advancement of gestalt therapy.

How to propose a chapter:

- Write a 1-2 page proposal on your chapter.
- Help us understand how your proposal/contribution can help to grow the field of GSD in gestalt. Submit your proposal via email to John Gillespie (john@newgestaltvoices.org) and Ayhan Alman de la Osa (ayhan@almandelaosa.uk) no later than 31st March 2019.

And if you'd like to discuss any aspects of this with us beforehand, please don't hesitate to drop us a line!



ASOCIACIÓN
MEXICANA DE
PSICOTERAPIA
GESTALT

PRESENTA

habitat

4º ENCUENTRO INTERNACIONAL
DE LA COMUNIDAD MEXICANA DE GESTALT

The Mexican Association of Gestalt Psychotherapy
presents Its 4th International Encounter

2020

FEBRERO 21 AL 23

LA PAZ, BAJA CALIFORNIA SUR

JUEVES 20 THURSDAY PRE-CONFERENCE
PRE-CONGRESO

VIERNES, SÁBADO y DOMINGO
CONGRESO REGULAR

FRIDAY, SATURDAY AND SUNDAY 21, 22 y 23 REGULAR CONFERENCE

24 y 25

MONDAY AND TUESDAY ECO-RETIRO LUNES Y MARTES ECO-RETREAT

EN LOPEZ MATEOS, BCS,
«LA CUNA DE LA BALLENA GRIS»
«THE GREY WHALE BREEDING SANCTUARY»

CONVOCATORIA PARA PROPUESTAS DE TALLER, COSTOS Y BECAS PRÓXIMAMENTE.
CALL FOR WORKSHOP PROPOSALS, COSTS AND SCHOLARSHIP INFORMATION COMING SOON.

APARTA
LA FECHA

AMPGESTALT@GMAIL.COM | ● ASOCIACIONMEXICANADEPSICOTERAPIAGESTALT
WWW.ASOCIACIONMEXICANADEGESTALT.COM

SAVE
THE DATE

AAGT Winter 2019 - Gestalt Institute of Cleveland



Women and Power: Stepping into Leadership - April 12-14 2019 (Women's Work and Empowerment Series)

Date: April 12-14, 2019

Time: Friday, 7:00pm-9:00pm;

Saturday, 9:00am-5:00pm (break between 12:30pm-2:00pm);

Sunday, 10:00am-1:00pm

Tuition: \$252.20

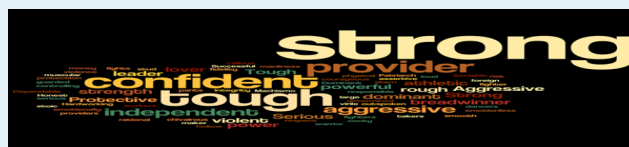
Early Bird: \$219.30 (before 3/1/2019) - use promo code: **power**

Continuing Education (CE): 10.75 contact hours

Location: Gestalt Institute of Cleveland

Faculty: Gail Feinstein, LCSW

However, our patriarchal culture has influenced us to carry self-limiting stories, beliefs and biases that hold us back, diminish and disconnect us from our inner authority. With discussion, engaged inquiry and group-generated experiments, we investigate what our thoughts and feelings are about powerful women and what it means to be in the world as a powerful woman. We redefine power and explore how we embody it. We learn about aggression from a relational gestalt perspective and how it relates to power. We look at how we uniquely step into effective and joyful leadership at this time and become more intentional about what we need to embrace and what we need to release.



Embodied Masculinity: Integrating our Warrior, Dancer and Poet-February 8-10, 2019

Date: February 8-10, 2019

Time: Friday, 4:00pm-10:00pm (Dinner 6:30pm-7:30pm plus two 15 minute breaks)

Saturday, 10:00am-7:00pm (Lunch 1:00pm-2:30pm plus two 15 minute breaks)

Sunday, 10:00am-2:00pm (One 15 minute break)

Tuition: \$340.17

Early Bird: \$295.80 (before 12/28/2018) - use promo code: **warrior**

Continuing Education (CE): 14.50 contact hours

Location: Gestalt Institute of Cleveland

Faculty :Michael Craig Clemmens, PhD, Travis Fox, PsyD, Daniel Goldstein, MSW, LCSW

In this three-day experiential workshop, we will explore the patterns with which we embody our masculinity and ways these both support and limit us in our lives and relationships. Through Gestalt practices of awareness, movement, dialogue, and experiment, this workshop aims to build a community of support where we can more fully embody the range of our masculinity and make deeper contact with ourselves, each other, and our relational world.



Support and Expression: Relational Gestalt Practice with Children - March 29-30, 2019

Date: March 29-30, 2019

Time: Friday, 1:00pm-7:00pm

Saturday, 9:00am-5:00pm

Tuition: \$287.39

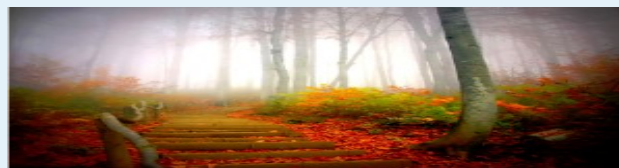
Early Bird: \$249.90 (before 2/15/2019) - use promo code: **children**

Continuing Education (CE): 12.25 contact hours

Location: Gestalt Institute of Cleveland

Faculty: Faculty: Heidi Abrams, MSSA, LISW

In this workshop we will explore ways to work with children by supporting them to fully express what they hold in their bodies, keep as secrets, or act out in play with friends or in the family



Dreaming as a Spiritual Path: Dream Work and Spirituality - April 12-14, 2019

Date: April 12-14, 2019

Time: Friday, 5:00pm-9:00pm;

Saturday, 9:00am-6:00pm;

Sunday, 9:00am-1:00pm

Tuition: \$314.16

Early Bird: \$285.60 (before 3/1/2019) - use promo code: **dreaming**

Continuing Education (CE): 14 contact hours

Location: Gestalt Institute of Cleveland

Faculty: Rosanna O. Zavarella, PhD, BCC, Maria de Lourdes Quiroz Kepner, MHD

In this experiential workshop we will examine and work with the language of dreams, symbols and imagery from a Gestalt perspective. We will explore the ways that this work can open doors to our "non-rational world", that is our unique, personal spirituality. We will incorporate principles of Jungian (archetypal) psychology to create a bridge from our evolving spirituality to our work with our clients, communities and in our world.

48th Annual Summer Residential Training Programs

OSLO, NORWAY

April 26-28, 2019

Individual and Couples Therapy Training Workshop

"A Couple of Individuals"

Rita F. Resnick, Ph.D. & Robert W. Resnick, Ph.D.

AMSTERDAM, HOLLAND

April 11 – 14, 2019

Residential

*Individual and Couples Therapy
Training Workshop*

"A Couple of Individuals"

Rita Resnick, Ph.D. & Robert Resnick, Ph.D.

Contact: Paul ter Weijde, paulterweijde@planet.nl

KILLARNEY, IRELAND

**20th Annual Killarney Couples Therapy
Training Workshop**

"Two Become One And Then There Are None"

**Rita F. Resnick, Ph.D. & Robert W. Resnick,
Ph.D.**

Assisted by: Kevin McCann, H Dip GT,

Favo Barbarello, M.Sc.

March 28 - 31, 2019 Couples Therapy Film
Screening followed by workshop

REGISTRATION ADDITIONAL INFORMATION

[https://www.brownpapertickets.com/
event/3882184](https://www.brownpapertickets.com/event/3882184)

Contact: ritaresnick@gatla.org

bobresnick360@gmail.com

Kevin/Favo in Ireland: [animage-
stalt@gmail.com](mailto:animage-stalt@gmail.com)

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