

# **Board MeetingMinutes**

Date: March 25, 2018 Time: 1:00PM EST Venue: Online Video Conference

TOPIC	CONTENT	PROCESS
CALL TO	The Board Vice President called the AAGT Board	
ORDER	Meeting to order at about 1:15PM (EST, USA) on	
	March 25, 2018 via Zoom online video	
	conferencing.	
ATTENDEES	Mark Reck, Shareefah Subur, Ansel Woldt, Catie	
	Beaulieu, Heather Keyes (until 1:45pm for CPC	
	update), Billy Desmond, Gail Feinstein, Talia Bar	
	Yoseph Levine, Dina Miller, Nives Vrecic, Jon	
	Blend (joins about half way through today's	
	meeting)	
APOLOGIES	Toni Gilligan, Deirdre Winter, Maryanne Nicholls,	Observation: voices
	Burt Lazarin, Brad Larsen-Sanchez, Ryan Tolman,	of understanding of
	Carolina Edwards, Dominique "Domi" Chabre,	absences and
	Marlene Blumenthal, Mari McGilton.	frustrations with
		absences
CHAIR	Talia Bar Yoseph Levine	
PERSON(S)		
MINUTES	Catie Beaulieu and the Board, edited by Ryan	
PERSON	Tolman (not present) and the Board	

#### **Treasurers Report**

#### Brad via email

TOPIC	CONTENT	PROCESS
Treasurer's	Copy and paste, edited from Treasurer's email:	
Report		
	The Association for the Advancement of Gestalt	
	Therapy	
	STATEMENT OF FINANCIAL POSITION	
	As of March 31, 2018	
	TOTAL ASSETS	

Current Assets		
Bank Accounts		
Conference Fund	7,930.07	
Conference operating Account	102,129.95	
General Fund Checking	8,443.37	
Money Market Account	18,212.18	
Regional Development Fund	6,805.56	
Research Fund	5,819.05	
Scholarship Fund Checking	15,529.94	
Total Bank Accounts	<b>\$164,870.12</b>	
Total Dalik Accounts	\$1 <b>04,</b> 07 <b>0.1</b> 2	
Other Current Assets		
Loan to 2017 Paris Conference	-4.35	
Loan to 2018 Toronto Conference	13,515.60	
Total Other Current Assets	\$13,511.25	
Total Current Assets	\$178,381.37	
TOTAL ASSETS	\$178,381.37	
IOTAL ASSETS	\$170,301.37	
LIABILITIES AND EQU	JITY	
Total Liabilities		
Equity		
Temporarily Restricted Assets	454.92	
Unrestricted Net Assets	91,268.38	
Net Revenue	86,658.07	
Total Equity	\$178,381.37	
	. ,	
TOTAL LIABILITIES AND EQUI	ITY \$178,381.37	
The Association for the Advancen	nent of Gestalt	
Therapy		
STATEMENT OF ACTI	VITY	
March 2018		
TOTAL REVENUE		
Conference Meals & Entertainment R	Revenue 150.00	
Conference - Other revenue/income	30.00	
Conference income-Registration fees	income 4,839.85	
Conference income-Pre-conference re		
income	2,490.00	
Conference income - CE credits incom	,	
Contributions Income	100.00	
Scholarship Fund Income	2,050.00	
	,	
Total Contributions Income	2,050.00	

ĺ	Membership Dues		 	 	
	Individual Membership	724.94			
	1				
	Total Membership Dues	724.94			
		\$10,444.79			
	GROSS PROFIT	\$10,444.79			
	Expenditures				
	Continuing Education Credits Expenditures	s 200.00			
	Credit Card Processing Fees				
	Organization - Credit Card Processing Fees	58.22			
	<b>Total Credit Card Processing Fees</b>	58.22			
	Conference - Stripe commission charges	282.00			
	Office Expenses				
	Administration Support (Mari)	238.40			
	Bookkeeping	21.00			
	Total Office Expenses	259.40			
	Total Expenditures	\$799.62			
	NET OPERATING REVENUE	\$9,645.17			
		. ,			
	NET REVENUE	\$9,645.17			

### 2018 Toronto Conference Report

### Heather

TOPIC	CONTENT	PROCESS
Pre-	1. Workshops are on the website and acknowledgement	
Conference	that it looks good/easy to follow by Members of the	
	Board.	
	2. Twenty-seven people are registered for the half and	
	twenty-nine for the full day.	
	3. Eight hours on Tuesday (full day), Four hours on	
	Wednesday (half day).	
	4. Participants may register just to one of the pre-	
	conferences (accessible for locals and those who cannot	
	attend full conference).	
	5. A Board Member makes a comment on the Pre-	
	Conference workshops placement before the	
	conference may make these workshops more difficult	
	to attend.	
Design and	CPC is working on program language/translations,	
Content of	streamlining design and aesthetics (i.e. font size)	
Programs and		
Workshops		
Continuing	CE information for workshops is not yet available.	
Education	Providing CE information for workshops is an action	
	item within CPC and is being addressed as people may	
	need CE info before registering for workshops	

Registration	<ol> <li>About two hundred fifty are currently registered</li> <li>Goal to have sixty more registered by May 1st.</li> <li>Three hundred to three hundred twenty-five participants is break-even point (variation in B-E because students pay a different rate)</li> <li>Capacity is four hundred people (comfortable and full for venue)</li> <li>CPC forecasts June 1<sup>st</sup> to be full registration.</li> <li>Everyone who has registered today is able to register for workshops (no privilege/preferences in who gets to register first).</li> </ol>	
Scholarships	1. There is an excess in scholarship applications than	
and Work Study	scholarship funds available 2. No applications yet for work study	
Study	<ol> <li>3. CPC in dialogue surrounding the decision to increase current rate/hour and structure of work study blocks.</li> <li>4. Promoting this program by starting with scholarship applicants.</li> </ol>	
Publicity	<ol> <li>CPC is finalizing posters and programs to increase awareness of conference</li> <li>Requesting board and membership help to increase publicity by sending posters and programs out</li> <li>Some people have offered live webinars and request donations to scholarship fund</li> </ol>	CPC Requests Board Action
Miscellaneous info	<ol> <li>Special interest group: will meet Thursday during the lunch break and have access to vacant rooms for a private group due to acoustics or privacy</li> <li>Research posters: CPC in process of coordinating research posters to have an open space to be and present</li> <li>Presenters: YouTube channel available for presenters; 2-3-minute video clips via cell phone video or recorded zoom meeting by May 1<sup>st</sup>.Suggestion to open YouTube video channel up to people who cannot make the conference. CPC is managing YouTube channel and affirmed that this is a possibility</li> <li>Confidentiality draft is a document from the CPC on privacy issues and recordings at the conference—this is an aagt policy issue. Forecasted to be finalized by the end of March (or as soon as possible).</li> <li>Coordination during the conference: CPC members have volunteered to work registration table and be available during the conference. A Member of the Board requests Heather to consult the CPC-is a budget available for a FT admin person?</li> </ol>	6. Catie's process- I felt my energy rise with each person who acknowledged the CPC and in hearing the CPC report. In witnessing dialogue regarding being included or not being included on an email, I felt a tightening of my shoulders and shamea reminder when I both want to and can't (won't) speak what I

	<ul> <li>6. Emails of CPC - making sure all in on the emails discussing CPC.</li> <li>7. There was a positive reaction to Ma research having a place through the po 8. Some Board Members expressed a Heather, gratitude of natural environn incorporated into conference, and wor doing.</li> <li>Heather leaves the meeting at 1:45 pm</li> </ul>	ark's lead towards oster session. big Thank you to nent being th the CPC is	perceive as a difference to popular opinion.	
DECISION	CPC requests Board action for more publicity for the Conference		nference	
ACTION ITEM	PERSON RESPONSIBLE	DEADLINE		
Help Publicize the Conference	Board	Ongoing, ASAP	Ongoing, ASAP	

# **Other Business**

PROCESSpard MembersCatie's process: I'm so glad I don't keep the minutes regularly.Also, attention with commentsglad I don't keep the minutes regularly.he minutes are ThisGratitude to Ryan. My thoughts: "I'm not taking notes right. I wrote too much. I didn't write enough"
Also, attention with comments he minutes areglad I don't keep the minutes regularly.This e last month's ngingGratitude to Ryan. My thoughts: "I'm not taking notes right. I wrote too much. I didn't write
SionTali; think that the question of transparency however uncomfortable it is must be addressed. Feel the complexity between transparency and intimacy as a Board Member and president to be.outure; reading hing. We ad conflict or n to record the owever this discomfort."Billy, I remember openly acknowledging my embarrassment as I did not give the previous minutes the attention required in my role as
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### Board

support transparency 4. There is discussion to be more overt by when tensions are present disagreeing as a Board and what the between members and disagreement is without minimizing. Requests between CPC and board. I to be transparent with the membership, how to also felt relieved when we record thinking aloud? There may be a loss of began to examine this intimacy that no concerns with the CPC were from a field perspective reflected in the minutes. Other voices of acknowledging that such feeling "air brushed out." tensions are in part process and not merely 5. Suggestion: process vs. content; maybe inter-personal. members would like to know that we're doing that; have a separate process section of meeting notes? Add process column. Board to provide 1 sentence of their process during the meeting. There is importance that it is the process that needs to be worked through of how we are recording minutes and not with the person taking the minutes. All appeared to be agreeable although only two voiced this overtly. 6. Several people tried to record the meeting and were unsuccessful. An admin needs to be able to input password or be appointed to record. 7. There is a discussion of how to increase retention and research Board Members and Members who have turned from AAGT. Exit interviews for Board Members leaving can provide valuable information to improve AAGT. 8. History of CPC and the Board was "quite a mess." Do we want this history to continue, to add our own creativity, or both? 9. This is a confusing place for Board Members with dual roles and in-between/on both sides of CPC/board. One Member expressed dislike/discomfort concerning the experience of holding dual roles in belonging to both CPC and the Board which has sometimes resulted in role/ loyalty conflicts. Some spoke of being alarmed that this is the

	terminology and what it signifies.	
	I think that it needs to be part of the minutes.	
	11. We need to revisit the minutes	
	12. We need to revisit the relationship between	
	12. We need to revisit the relationship between CPC and the Board and clarify roles and	
	responsibilities	
Decision	Experiment by adding another column to the	Roard Meeting minutes to
Decision	include room for process content	Doard Meeting minutes to
ACTION ITEM	PERSON RESPONSIBLE	DEADLINE
Add a process	Catie	This month's minutes
column to		
Minutes		
Decision	An admin needs to be able to input password	or be appointed to record
	Board Meetings.	
<b>ACTION ITEM</b>	PERSON RESPONSIBLE	DEADLINE
Record	Board to coordinate with Mari	By next Board Meeting
Meetings		
Decision	Continue discussion about Meeting Minutes	
ACTION ITEM	PERSON RESPONSIBLE	DEADLINE
Add Meeting	Board	By next Board Meeting
Minutes to the		
next Board		
Meeting		
Agenda		
<b>D</b> · · ·		
Decision	We need to revisit the relationship between C	PC and the Board and
ACTION ITEM	clarify roles and responsibilities	DEADLINE
Add CPC/Board	PERSON RESPONSIBLE Board	By next Board Meeting
relationship to	Dualu	by next board meeting
the next Board		
Meeting Agenda		
D		
Decision	Send Exit Interview information	
ACTION ITEM	PERSON RESPONSIBLE	DEADLINE
Send Exit	Shareefah	ASAP
Interview		
information		

Statement of	1. Many voices and discussion: expression of	Catie's process: I am
Support for	being confused around political levels specific	feeling drenched in shame,

# AAGT: Association for the Advancement of Gestalt Therapy – An International Community

ABP	<ul> <li>to ABP statement and the larger piece around the organization. Are we political or are we not? What does it look like as an international organization? Are we wanting to avoid U.S. based politics? Everything is political. A few overt voices stating they want to do something related to ABP in the statement. One board member expressed the desire to ideally have AAGT respond to the ABP statement directly. However, they would also be agreeable to no specific response from AAGT about that statement as long as AAGT has further dialogue and engagement around how the organization proactively navigates social justice and sociopolitical issues, particularly in considering the internationality of the organization around those issues.</li> <li>2. If we make a statement here, how many organizations are we going to have to react for?</li> <li>3. Justice vs. international justice—where do we stand? One Member notes that AAGT should publish what it stand for period. Not just on the topic of justice.</li> <li>4. Boundaries related to therapy process</li> </ul>	struggling against myselfand also sense the board's presence and support. I am shifting. Tali: moved by realizing the different way each defines political and feels about it. Billy; I feel strongly that as an international organization that we are committed to justice and have a clear stance. As I recall the whole community in this conversation I can sense the support of AAGT for me in my personal choices of activism . I feel grateful.
	5. Discuss in the wider field; psychotherapy is a political act; social responsibility; "radical respect-internationality and injustices have this in a free-flowing way on the agenda."	
	6. Looking at the bigger picture and creating dialogue around it.	
	7. More voices neededto be continued.	