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AAGT

Association for the
Advancement of
Gestalt Therapy



An International Community

MAY 2016

Greetings!

Welcome to the May issue of the AAGT newsletter. Spring has sprung here in the UK and we have been waiting so long that I make no apologies about splashing this newsletter with spring images ! Spring has also sprung in the AAGT community. With talk of the ongoing preparations for the Taormina conference, the research conference in Paris and the ongoing dialogue about the identity of AAGT, there is plenty to read about in this newsletter. The interest groups have also flourished and you can find out more about joining them on page 5. Wishing you all a lightness in your step as you continue advancing, associating and gestalting.

Warm wishes,
Alex



BOARD NEWS

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FROM THE BOARD

Greetings from the president

COUNTDOWN TO TAORMINA

Dear Members,

Our Countdown to Taormina continues! As I write this, there's 137 days to go! Behind the scenes, our AAGT conference committee members are hard at work. Alongside their EAGT counterparts, conference planners are arranging rooms and presentation needs, planning space for Poster presentations, working on Process Groups, entertainment and the auction, and much more! Conference planning is all about the details and our planners are attending to them well!

With half-day and full-day Pre-Conference Workshops, Lectures, Plenary Sessions, Poster presentations, Process Groups, Community Meetings and more this conference promises to offer a very rich week full of varied offerings. As I talk with committee members about all of this as well as plans for our Saturday night dinner-dance and auction, my excitement builds.

In other news, we are delighted to announce that we will be co-sponsoring the next Gestalt Research Conference which is being held in 2017 in Paris! This conference, the third of its' kind with the first two organized by Phillip Brownell and Joe Melnick, with the current working title of "Exploring Practice-Based Research in Gestalt Therapy" will be presented this time as a joint AAGT/EAGT venture. AAGT Board member Mark Reck will serve as a convener and several other AAGT members have volunteered to help out. Many thanks to them in making it possible for AAGT to continue to support and advance research efforts in Gestalt Therapy!

The selfless work of all of our volunteers at AAGT from our conference organizers to our Board members to Interest Group leaders continues to be a humbling experience for me. You may not realize this, but our Board continues through the year to work on developing our Membership, bringing Gestalt therapy to new regions, creating Gestalt therapy interest groups, updating our website and social media presence, and so much more! So many of you are willing to give so much, and with care, thoughtfulness and integrity. I am so grateful to you all for your hard work and your inspiring attitude! I'm so proud to be an AAGT member because of all of you!

Can't wait to see you in Taormina!

Patricia



BOARD NEWS

GREETINGS FROM VICE PRESIDENT

Toni Gilligan

Hello from a ridiculously cold Worcestershire.

Along with many others I have been busy with preparations for the Joint conference. I confess that when I think of the numbers attending, I feel a bit overwhelmed. While I think we are in for an exciting and enriching conference, we won't have community time. There *will* be community meetings, two of them, but they will be, must be, meetings of the community created at the conference.

And without our community meetings, I think that AAGT as an organisation will miss out on our community development time. Our community meetings, at both our biennial conference and the mini-conference of the intervening years, are spaces where we surface and debate issues to do with our nature and functioning. Are we international or not; where will the next conference be; how do we resolve conflicts; what are our emergent themes and perhaps conflicts. How do we embody in our organisational principles and practices, the philosophy and meaning of GTT?

At Taormina, we will have our AGM, on the Sunday afternoon, after the conference has ended, a single, three hour meeting, rather than as part of a continuing process of community meetings in the course of the conference. (Apropos of which – please, please stay for our AGM!)

One issue that rolls on, which if I remember we were debating as our Asilomar conference closed, and which Lynne returned to recently is whether AAGT is truly an international organisation or a US organisation open to non-US members. I want to respond to Lynne's invitation to carry on this conversation, here.

Interestingly, in the two years I have been president elect/vice – president, I have become much more conscious of how very American AAGT is. While AAGT asserts itself in its articles of association, and in its title, as international, the centre of gravity seems to me to be very much inclined to the US.

This is not just about the numbers, though they are important: the majority, about 80%, of AAGT members are from the US.

If an organisation is 'known by its actions' I think of the actual functions of AAGT: the services AAGT provides. These tell a similar story. Our biennial conference is open to those of any nationality, though weighted toward the US with the unwritten acceptance that alternate conferences take place in the US. Our scholarship fund and Interest groups are also open to all. In contrast, our other two key services in practice benefit principally US members: CEUs, and regional groups.

CEUs are specifically for US licensed members. And outside of the US there are few if any active regional groups.

Continued on the next page.



BOARD NEWS

I have argued before that the healthy network of US regional AAGT groups reflects the absence of a US national umbrella gestalt organisation: AAGT de facto occupies that space. The provision of US accredited CEUs at AAGT conferences I think relates to the same issue. Gestalt in its infancy in the US eschewed joining the mainstream via formal accreditation/licensing schemes. Gestaltists worldwide have a tendency to bemoan the lack of professional recognition of Gestalt therapy (that's another issue); the provision of CEUs provides that legitimacy, without the need to create a formally recognised gestalt accreditation process. Elsewhere, in Europe for example, gestalt practitioners have, albeit slowly and at times painfully, come together in national organisations, with jointly forged standards for training and accreditation. The need for gestalt practitioners to come together is already met.

At the AAGT AGM last year, held after the NE Regional Conference (and I note that I don't qualify that with North East US – that is taken for read) I was surrounded by US AAGT members. I was one of three, perhaps four non-US participants. I kept asking myself – and others, why AAGT insists on being international? I got one very clear answer, and it is the one I have heard elsewhere, including, importantly for me from some of my students. They felt welcomed. More than one, non US member, described AAGT as their gestalt home. They experienced a lack of obvious hierarchy (though of course there are hierarchies which we perhaps don't surface enough and acknowledge and question). I think this is largely due to AAGT being an organisation 'in the manner of' GTT.

I sometimes think that AAGT should just go ahead and accept that it is a US organisation – that is certainly how it is frequently perceived from outside the US. At other times I think, no we are not an international organisation, but an international community, drawn together by our desire to 'advance' the philosophy, theory and practice of gestalt therapy theory, not just by conference or research, but by the experiment of being an international community practicing those principle. And then I think – how can we be even more international. And I wish that US gestalt practitioners and organisations would get on with the extremely challenging task of creating their own national organisation/forum – the rest of us had to! Perhaps then AAGT could be more truly international. That this issue continues with such regularity and insistence should suggest to us as gestalt practitioners that there is something not being addressed here, that the fixed figure of are we/are we not, is being maintained by something not yet in awareness or acknowledged.

All the best to you all – and to continuing conversations!



Interest Groups

Daniel Bak and Bob Witchel, Interest Group Co - Chairs

AAGT Interest Groups

Daniel Bak and Bob Witchel, Interest Group Co-Chairs

Coaching, Mentoring & OD Interest Group Emerging

Gender & Sexual Diversity AAGT Interest Group (GSD IG)

Gestalt Group Therapy IG

Trauma Interest Group – needs a Chair or Co-chairs

Video Conferencing tool available for AAGT Interest Groups

Coaching, Mentoring & OD Interest Group

The biggest undiscovered patient and disease rolled into one I've ever encountered, which is predestined for Gestalt, is the business world. Often, it is the source producing individual patients for therapists and clients for coaches through its toxic climate, dysfunctional teams and dehumanized organizational settings and workforce perception. In times of ever increasing insecurity and restructuring, de-individualizing, speeding and uniforming not only of therapy, but also of management and processes, non-stop change projects, Gestalt approach delivers immense support in facilitating a natural, authentic and sustainable change and transformation.

Specifically Gestalt-oriented coaching is extremely powerful in enhancing self-awareness in order to achieve sustainable change. According to the definition of the Gestalt Institute of Cleveland, Gestalt coaching focuses on the totality of a person recognizing the unity of mind, body, spirit, and emotions and the critical role of relationships. It emphasizes having an embodied presence, being fully engaged in the present and increasing awareness of what is being experienced in the moment, thereby helping others gain increased knowledge of self, others, and the shared environment.

Among the competencies of the Lominger / Korn Ferry Leadership Architect competency framework, self-awareness has been ranked as a least important in the organizations across the world. Organizations and individuals underestimate the importance of self-awareness, seeing it as a nice to have and solely as a "soft" skill, whereas this "soft" skill directly influences organizational and individual success and impacts a higher return on investment (ROI). A research from the Korn Ferry Institute "A Better Return On Self-Awareness" (<http://www.kornferry.com/institute/better-return-self-awareness>) shows that self-awareness correlates with corporate performance.



Interest Groups continued.

In order to close this gap, provide Gestalt change and transformation facilitation in a non therapeutic environment, and have a professional exchange among those involved in:

- personal and business coaching,
- mentoring,
- organizational development (OD),
- and those being interested in the topic, but coming from other fields, including in particular therapy,

we would like to create a Coaching, Mentoring & OD AAGT Interest Group offering a safe, creative and insightful space fostering application of Gestalt beyond therapeutic context.

For any questions and in order to join the group, please feel free to contact me via the email address nb@y-coaching.com, I look forward to hearing from you.

Natalia Braun, ACC
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www.y-coaching.com

Gender & Sexual Diversity AAGT Interest Group (GSD IG)

Second Meeting Scheduled: Sunday, May 15th We start at 8 PM Warsaw time, 7 PM London time and 2 PM New York time!!! It will be our second video call. For the first time (in Apr 2016) we met as a group of five. We hope to see YOU soon!

Dear All,

I hope to create with you a vivid, supportive and inclusive interpersonal space for an in-depth understanding and embracing of different gender and sexual identities:

- trans (transgender, transsexual, cross-dress) identities,
- intersexual identities,
- genderqueer, genderfuck, bigender or agender identities,
- homosexual identities
- bisexual identities,
- asexual identities,

... and many more. As gender and sexual diversity also expresses itself in the form of different relationship arrangements and a myriad of ways of having sex, this group would also be open to better understanding of such identities, as poly-amorous ones and people with kinky sexual narratives.

I hope that you will find the group helpful not only as a professional but also as a human being.

Professionally, it can be imagined that the field of the group will be able to contain such possible projects like e.g. (1) a Gestalt-based published monograph on GSD issues – an awaited synthesis of what we Gestaltists know about sexuality and gender, or (2) peer-supervision for people from all around the world! As we have free-of-charge access to Ring Central video conference tool, on-line group meetings will be very easy!

Interest Groups continued.

Personally, I hope the group will be a safe space for all its members, including members who are GSD. I can imagine common sharing of life experiences among members of the group as an important way of getting support.

I hope you feel persuaded to join us.

We are ready to welcome you aboard :) Ring Central, a video conference tool will support our regular on-line meetings. For times between meetings we have equipped you with an on-line platform for the group. It is Wiggio-based which uses a system of invitations, so signing up for the interest group will result in such an invitation.

On the bottom of the page you can read a couple of words about me.

If you have any questions and/or want to join the group, please, contact me at this email address: gsd_ig@aagt.org

I look forward to hearing from you soon,
Daniel Bak, PhD
Gender & Sexual Diversity Interest Group Chair

My name is Daniel Bak. I live in Warsaw, Poland. I graduated from the Institute of Integrative Gestalt Psychotherapy in Krakow (a four-year long school of psychotherapists and group trainers). I have been supporting GSD clients for almost 11 years now – at first as a sexual health educator, later on as a psychologist and psychotherapist. I am a Board member of the AAGT. I hope to see you on the group call very soon!

Gestalt Group Therapy IG:

We do a monthly virtual peer supervision group which meets the third Friday of each month. This is a lively discussion about our group dynamics and how best to facilitate and foster growth. Contact me Laura Carite at restoremindbody@optonline.net if you are interested. This group is formed to bring together Practitioners who are currently doing Gestalt Group therapy or have an interest in Gestalt Groups. The purpose is to create a forum for discussing Gestalt group therapy theory, structure, interventions and styles. This group will also serve as a means to strengthen this modality within the Gestalt community and, if there is interest, further study or writing about Gestalt group therapy. Currently, we are forming a virtual peer super-vision group for members who are currently running one or more gestalt groups. In true Gestalt form we will follow what emerges from our interest. Contact me, Laura Carite, at restoremindbody@optonline.net or 973-601-7788.



Interest Groups continued.

Trauma Interest Group needs a Chair or Co-chair

A number of AAGT members expressed an interest in being a part of an Interest Group focusing on Trauma. Daniel Bak and Bob Witchel as co-chairs of AAGT Interest Groups are ready to help support the development of this important group. As you may recall, there was a lot of discussion on the AAGT member listserv about trauma and we believe that others will also want to be a part of this group. We are hoping that one or two of you would be willing to volunteer to be a chair or co-chair of this interest group. Let us know your thoughts and we will walk you through the process of getting a trauma interest group started.

We look forward to hearing from you.

Bob Witchel bwitchel@iup.edu and Daniel Bak dbak@gestalt.waw.pl

Video conference tool for AAGT Interest Groups.

AAGT makes available, free-of-charge, a video conference tool for AAGT Interest Groups. It is called **Ring Central** and allows up to 25 people meeting on-line at the same time. So, if you currently chair an Interest Group or are considering chairing one in the future, here you have an effective way to gather people around the idea of a given interest group.

Ring Central is very easy to use. You tell us what date and time you want to meet and we send you a link for members of a given group. Everyone clicks the link and logs in into a video conversation.

We hope the ability to use video conferences will encourage you to develop interest groups in our AAGT Community.

To be assisted with scheduling video calls, please contact Daniel Bak (dbak@gestalt.waw.pl <<mailto:dbak@gestalt.waw.pl>>).



SCHOLARSHIP FUND AUCTION IMPORTANT ANNOUNCEMENT

WE NEED YOUR INTERESTING DONATIONS FOR THE SCHOLARSHIP FUND AUCTION

Bring your article, artifact and ardor to Taormina and be a part of the AAGT Scholarship Fund Auction. Yes, back by popular demand, the Auction will be held for yet another conference, the joint EAGT/AAGT conference. Also back by popular demand, Charlie Bowman will be our auctioneer extraordinaire.

What we need are your interesting donations for the scholarship fund to make for a lively, entertaining evening. Items related to the gestalt founding Mothers and Fathers are always good. We auction serious and whimsical items; the goal is to have fun in the process! Items we have auctioned include journal subscriptions and books, quilts and crafts, vacation rentals and workshops. We have even auctioned dance "lessons", Fritz's Nehru jacket, and the famous "Shorts of St. Ansel"! Highlights include the amazing artistic creations of our members - music, poetry, portraits and professional services. The possibilities are endless, the donor is recognized, and 100% of the proceeds goes directly into the scholarship fund.

Please donate something for the auction! Dominique Chabre is coordinating the auction and collecting items. She is available at dominique.chabre@gmail.com. She will be collecting items during the conference and will be glad to discuss the process with you.

The auction is one part of the AAGT Scholarship Fund. The Fund has made nearly \$100,000 available to help gestalt therapists around the world become a part of the AAGT Community, participate in our conferences and learn about gestalt therapy world wide! Thank-you



MEMBERSHIP NEWS

To all Students and Trainees

The AAGT Board is committed to the future of gestalt therapy and the participation of gestalt therapy students in universities and trainees in training programs. We encourage all students and trainees to join our international community and to participate in our conferences, workshops and governing meetings.

In order to show our commitment to students and trainees, **the AAGT Board invites new students and trainees to join us for the first year with no membership fee**. This offer is available beginning January 1, 2016.

AAGT offers a number of benefits that are available to all members, from special interest groups and regional support, to research and student scholarships.

Now is the time to join AAGT as we don't expect this offer to be repeated!

And if you're joining us in Taormina, Ci vediamo in Sicilia!

Best wishes,

Maryanne Nicholls
James Battaglia
AAGT- Membership Co-chairs



NEW WEBSITE AAGT.ORG

We're finally ready for you!

We've been working hard to renovate the AAGT website and transition to a new membership management system. We couldn't be more excited to welcome you back to AAGT.ORG!

Once you've renewed your membership you'll have access to:

The Newsletter

The Members Listserv

Advanced information about
conferences and activities

Most importantly, our community of
folks who are passionate about
gestalt!



AAGT Annual General Membership Meeting 2017 - Can we join you?

In the years between our conferences we hold an Annual General Membership Meeting. Usually, these meetings are organized so as to "tag along" to another AAGT member event. In 2015 we joined the Northeast Regional conference in New Jersey and had a terrific time participating in that conference. We were so delighted at that time that so many conference attendees stuck around and participated in the AGM with us! So, please let us know if your institute or organization will be hosting an event that would be a good fit for us to follow. We want to plan our AGM's so that we might have as many AAGT members' involved in the ongoing co-creation of our organization as possible. We'd love to hear from you!



AAGT SEEKS CONFERENCE VENUE FOR 2018

Our next conference could be in your home town! Planning an AAGT conference can be an exciting and rewarding experience. The responsibility of creating a conference is shared by the entire community as many colleagues volunteer their services to be part of the conference planning committee. Thus, all the responsibility does not solely fall upon the hosting organization. While most conveners don't choose to continue to do it every two years, most say that they are very glad to have had this experience and to play such an important part in our organization.

So, please consider hosting our next conference! You'll have lots of help -- we'll do all we can to bring you lots of volunteers to work with.

First step: Think of a great spot near you for our Conference!

Second step: Think of a couple of people to work closely with you and talk with them about this.

Third step: Complete the online Conference Venue Proposal form online at our website.

Also, please contact us if you'd like to talk about this more!





UPCOMING WORKSHOPS

Isolation to Intimacy: Working with Shame and Belonging

10.5 CEs

July 17-19, 2016

Many of us live with a sense of overwhelm that is interpersonal, social, economic and environmental — a sense that we can never do enough to address urgent needs in our world. Many of our most challenging aspirations result in disappointment and collapsed dreams. Some of our most difficult limiting behaviors developed in a felt sense of isolation from our world. This workshop opens the door to a relational evolutionary perspective that supports new integration of our human potential. The other side of paralyzing isolation is that experiencing this universal shame in a receptive space opens us to the relational resiliency we all long for.

For full details, please visit our website: www.gestaltcleveland.org

Deborah Ullman, MA

Carol Swanson, LCSW

Therapeutic Journaling: The Stories of Our Lives

6.0 CEs

June 25, 2016

Journaling and writing the story of one's life is an important tool in healing and self-discovery. This workshop will focus on two important aspects of the stories of our lives. First, we will examine the social context of media stories and how they influence us and how we think about ourselves. Every day we are exposed to stories of the lives of others in our community, nation and world. Secondly, we will explore the benefits of therapeutic journaling and practice using various tools, such as writing prompts to develop our stories. Finally, we will discuss the role and process of writing in psychotherapy using Gestalt theory and methodology.

For full details, please visit our website: www.gestaltcleveland.org

Karen M. Tomoff, LPCC, LICDC

Kendra Kopelke, MA

Jonathan L. Schorr, PhD

TRAINING PROGRAMS

Coach Certification Program

132 ICF Coach Specific Training Hours November 7, 2016-May 20, 2017

The Gestalt approach offers a dynamic, holistic, and creative approach to coaching. Based on the Gestalt Coaching Stance unique to the Gestalt Institute of Cleveland, the Program is dedicated to increasing awareness of your coaching presence and its impact, while deepening your coaching knowledge and skills. Application of International Coach Federation (ICF) core competencies is an integral part of the Program.

For full details, please visit our website: www.gestaltcleveland.org

Juliann Spoth, MSN, PhD, PCC, GPCC™, BCC

-Faculty Chair

The Gestalt Institute of Cleveland is approved by the **Ohio Psychological Association** to offer continuing education to psychologists. It is the responsibility of the provider to abide by the OPA-MCE guidelines. **The State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board** grants the Gestalt Institute of Cleveland approved provider status to provide continuing education for Counselors and Social Workers. The Gestalt Institute of Cleveland is approved by the **American Psychological Association** to sponsor continuing education for psychologists. The Gestalt Institute of Cleveland maintains responsibility for this program and its content.

registrar@gestaltcleveland.org

Call 216-421-0468

www.gestaltcleveland.org



Center for Somatic Studies

Ruella Frank, Ph.D.

Developmental Somatic Psychotherapy Training, New York

New York City:

Introduction to Developmental Somatic Psychotherapy™

with Ruella Frank, Ph.D.

January 21-22, 2017, 9:30 am - 5:00 pm each day

Further information and to register contact Ruella Frank at ruellafrank@gmail.com, or visit www.somaticstudies.com

New York City:

Open Workshop: Self in Motion

A radical phenomenological approach to gestalt theory

with Ruella Frank, Ph.D.

July 10-13, 2017

As a phenomenological methodology, gestalt therapy is concerned with an understanding of how we live the situation we are living: how to analyze, describe and know it. In this training, participants will learn the basic principles of gestalt therapy theory by investigating the dynamics of movement. In breaking down movement process to its most basic elements, we will explore ideas of self, creative adjusting, contacting, modalities of contacting, etc. That is, by focusing on MOVING– tactility (touch), kinesthesia (the feel of ourselves moving), and kinetics (movement itself), we will learn the essentials of how we experience ourselves with an other.

Further information and to register contact Centro de Terapia y Psicología, (+34) 91 416 52 70, ctpinforma@centrodeterapiaypsicologia.es, or visit www.somaticstudies.com

New York City:

Training Program 2017-2019

Developmental Somatic Psychotherapy™

developmental process embodied within the clinical moment

with Ruella Frank, Ph.D.

Begins: September 2017

Developmental Somatic Psychotherapy, created by Ruella Frank, Ph.D., is a relational and movement-oriented approach to psychotherapy within a gestalt therapy framework. Inspired by the work of developmental psychologists and somatic practitioners, Developmental Somatic Psychotherapy is a template for understanding and working with early psychophysical blocks as they emerge in the here-and-now of therapy. Attending to movement patterns is particularly powerful when guided by contemporary developmental theory.

Further information and to apply contact Ruella Frank at ruellafrank@gmail.com, or visit www.somaticstudies.com

Portugal

July, 2016



GESTALT ASSOCIATES TRAINING LOS ANGELES

45th Annual European Summer Residential Gestalt and/or Couples Therapy Workshops

Couples Therapy Training Workshop:

July 10 – 16, 2016

The Couples Program has two levels of training – Basic and Advanced – and offers participants an opportunity to see experienced Couples Therapists (Bob and Rita Resnick) present their model of couples therapy and work live with model couples. Participants will work “hands on” with role-play or model couples with live supervision from faculty. Additional information will be posted soon on: www.gatla.org

Gestalt Therapy Training Workshop:

July 17 – 29, 2016

The Gestalt Program has five levels of training from Basic to Master Class and includes daily theory lectures as well as the option of daily individual therapy, practice in trios/quartets and the opportunity to see International faculty work and relate clinical work to theory. Participants work with live faculty supervision. Additional information will be posted soon on www.gatla.org

O Hotel Golf Mar

<http://www.ohotelsandresorts.com/en/Menu/Hotels-Thermal-Centres/Hotel-Golf-Mar/Hotel.aspx>

These two training programs take place at the O Hotel Golf Mar in Maceira, Portugal (approximately 1 hour north of Lisbon overlooking the Atlantic Ocean). The hotel faces Porto Novo Beach and boasts a cliff-top location, a restaurant with fantastic sea views, direct access to 3 different beaches, tennis courts, a golf course, an equestrian center and various spa facilities as well as two pools (one indoor and one outdoor) and gym facilities. Rooms at the Golf Mar include satellite TVs and minibars. There is a 24-hour front desk and free parking. Please come and join our warm community of participants from 30 different countries.

Contact: Rita Resnick, Ph.D., Faculty Chair
Bob Resnick, Ph.D.

ritaresnick@gatla.org +1 (310) 826-7700
BobResnick360@gmail.com +1 (310) 826-7750

Some partial scholarships available



Accessing Emotions – Changing Character

An Introduction to Somatic Psychotherapy and Contemporary Reichian Therapy

Saturday, May 21
10:00 A.M. – 5:00 P.M.
Seattle, Washington

In early to mid 1930's psychoanalyst Wilhelm Reich introduced the idea that character structure and emotional defenses are not just psychic in nature but rather involved the whole organism – one's whole being. In doing so he planted the seeds that evolved into today's developing somatic psychotherapies, with contemporary Reichian therapy being its most direct offshoot. In this workshop, through lecture/discussion, clinical demonstration and case presentation, we will explore the field of somatic psychotherapy as a whole and the theory and technique of contemporary Reichian therapy in particular, and address the process via which somatic psychotherapies help access emotions and promote character change.

Fee: \$135; Students \$100.

Location: Discovery Park Environmental Learning Center
3801 Discovery Park Blvd, Seattle, WA 98199

<http://www.seattle.gov/parks/environment/discovery.htm>

Further information at www.dschiiffphd.com

Preregistration required: To register contact Daniel Schiff PhD at dschiiff@dschiiffphd.com

Presenters:

Scot Nichols, MA: Certified Counselor in private practice in Bellingham, Washington. Associate Professor at Fairhaven College, Western Washington University.

Daniel Schiff, PhD: Psychologist in private practice in Portland, Oregon. Lead trainer Contemporary Reichian Therapy training program. Adjunct professor Lewis and Clark College.

Mitch Singer, MA, LMHC: Therapist in private practice in Seattle, Washington. Trainer Contemporary Reichian Therapy training program.

www.dschiiffphd.com

GESTALT CENTRE LONDON

Delivering excellence since 1980



THE GESTALT CENTRE

From our central London location, we continue to offer the best in counselling and psychotherapy training and a range of short courses centred on our deeply held commitment to Gestalt philosophy and practice.

Our CPD programme includes:

Certificate in Groupwork led by Michael Ellis:

- Developing Effective Group Facilitation - one-day workshop, 9 September 2016
- Conflict, Challenge and Confrontation in Groups - two-day workshop, 15 & 16 September 2016
- Understanding Group Dynamics - two-day workshop, 18 & 19 May 2017
- Group Facilitation Training Intensive - 10-week format from 7 October – 16 December, plus 29 & 30 October 2016



Gestalt in Organisational Development led by Tony Fraser and Christina Schuierer:

- Core Concepts - 1 x two-day workshop, 30 September & 1 October 2016
- In Practice - 2 x three-day workshops, 24 – 26 November 2016 & 23 – 25 February 2017
- Masterclass - 10 x one-day workshops over a year

The Drama of Being an Adolescent, 2 – 5 November 2016

This course is led by child and adolescent psychotherapist, Jon Blend, and draws on the approaches of Gestalt therapists, Mark McConville and Violet Oaklander, Attachment and Family Systems theories, and includes input from Playback Theatre.

Diploma in Supervision led by Gaie Houston and Jane Puddy, now recruiting for October 2017

Large Group Event at the Marsham Court Hotel, Bournemouth, 21 – 27 January 2017

We invite you to participate in our unique 5-day Large Group Experience to enhance your understanding of the dynamics affecting you and your clients and improve your effectiveness in both personal and professional settings.



ROOMS FOR HIRE

We also offer air-conditioned therapy rooms for rent at our quiet, comfortable centre in Camden, London NW1 with a client waiting area, complimentary beverages, secure wi-fi and a full time Receptionist from only £7.40 per hour.



For details of all our courses, please visit our website www.gestaltcentre.org.uk
Contact us on **020 7383 5610** or email Hilary at enquire@gestaltcentre.org.uk

The Gestalt Centre, 15-23 St Pancras Way, LONDON NW1 0PT

Your next newsletter

***Your next newsletter will be published
end of July 2016***

Please send contributions to Alex. Email is: Alexschi@hotmail.co.uk by 15th July 2016.

*Communications Director: Brad Larsen Newsletter Editor: Alex Schlotterbeck
Publication Guide- lines: Articles accepted between 500 and 1500 words. Content
relates to Gestalt therapy, AAGT and the creativity and interest of the membership.
Letters to the Editor should be succinct and o the point. All material submitted remains
the property of the Newsletter staff. Deadlines are final. Style can be informal, but
should be good writing. All material is subject to editing to fit the parameters and
needs of any given issue of the Newsletter. The content herein represents the opinions of
contributing authors and not the opinion, policies or procedures of AAGT unless
otherwise specified.*

*We'd Love To Get
To Know You!*



Board list

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