



May 2015 AAGT Newsletter

www.aagt.org



From the editor

Alexandra Schlotterbeck

Dear members,



Welcome to another edition of the
AAGT newsletter. Spring is certainly

a theme for those of us in the Northern hemisphere. Longer daylight hours, more sunshine and nature in bloom are helping to add a spring to my step and to lighten the mood. Regarding AAGT activities, there are similarly many seeds which were planted a while ago that are growing and becoming a sharper figure day by day. The AAGT annual general meeting in June is mentioned as well as the AAGT biennial conference in partnership with EAGT in 2016. I'm sure that members are also busy planning or doing and I welcome hearing all about these activities in the next newsletter edition which will come out at the end of July 2015. Do share your news by emailing: Alexandra@gestalt.uk.com.

In the meantime I wish you lots of positive energy both for new and old projects.

Alex

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Greetings from the President

Patricia Tucker

Dear Members,

Spring is finally (finally!) starting to arrive here in New York City. The daffodils and pansies are blooming and the streets are alive with bikers and rollerbladers and skateboarders and walkers and tourists.

Lots of exciting things are starting to bloom around AAGT, too! Planning for our bi-annual conference in Sicily in September of 2016 is just budding as we work with the EAGT to grow our first-ever joint conference! More information will be out soon as to planning committees you can join, schedule and programming and all sorts of events. For now, mark your calendars to be in Taormina Sept 23 - 25 2016!

Plans are flowering for our upcoming Annual General Membership meeting, too! Please join us at Kean University in New Jersey on June 13th and 14th to take an active part in the ongoing experiment that is AAGT! We will be continuing to look at how to grow our internationality, at the relationship of the AAGT to our regions, at developing our interest groups, increasing our online presence and opportunities and much more! We'd love to have you there! And come for the Friday and Saturday, (June 12th and 13th) before the meeting to join us Northeastern US'ers for our regional conference "Living as Part of the Whole: Self in Community, Community in Self. "

It's time for the Spring annual membership renewal, too, so don't forget to go our website: www.aagt.org to renew your AAGT membership online and stay in the loop for all conference and event information.

I look forward to connecting in person with many of you in New Jersey. Also, I am always glad to talk with AAGT members who have any ideas, questions, concerns about our 'associating and advancing', so don't hesitate to contact me!



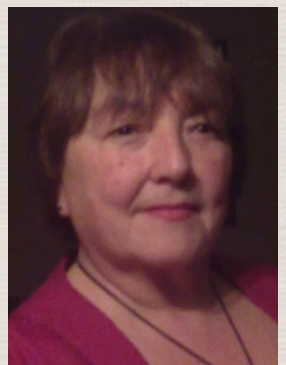
Greetings from the President—Elect

Toni Gilligan



Dear Colleagues

I realise, as I sit down to write this, how awkward I feel doing this newsletter piece. Partly this is because, as president elect, I don't have a specific task so nothing to report on to you all. Partly it is because I feel strange addressing a letter to people only a few of whom I know. And I don't find writing easy. I put it off and put it off...I have learnt that I best get through my resistance to putting pen to paper when I am walking. The ideas and even sentences seem to come then. So I am writing this having just returned from walking my dog, Dhoste, in a local wood that is called Shorthorn Wood. Why this is so, I have no idea, and it is on my to-do list to find out how a small wood in Worcestershire came to be named after a quintessentially US breed of cattle. The wood was originally a plantation of cherry trees, and is now owned by a local, and aging lawyer and his wife, who see it their legacy, tending it and allowing whoever wants to, to walk (or horse ride) there.



Anna Bacik said to me recently that leaving the AAGT Board after many years of service, she now feels like she is 'outside the tent'. I think I know what she means: I feel the obverse, inside a tent in which we, the board attend to the business, and have frequent email conversations, only occasionally, like now, lifting the flap to look out. I have been thinking, as before, of how we maintain our community between conferences (and looking forward to the US NE regional conference and AAGT AGM, as a time for some of us to be together in the flesh). I know that Interest Groups is one way that we can stay in touch, and that is not the same as coming together as a community. I am beginning to frame this as 'how to keep the conversation going'.

And then there is Sicily. Preparations for the AAGT-EAGT conference are starting to gather pace, as you will be aware. This is a demanding time for some of our colleagues as we find, not surprisingly, that AAGT and EAGT have different ways of doing things. That is one of the attractive aspects of this joint conference to me: the meeting and collaboration between our two very different associations. What I think we have the opportunity to do is experiment with how two organisations with a common interest, but different functions and practices, can design forms of meeting in which these different forms and practices can come together creatively. What I hope we don't do is a conference that is simply a joined-forces conference, with us doing those things that are central to our identity (community meetings, process groups, expressing the Covenant of Community) alongside a programme of workshops and presentations.

I am creating a new asparagus bed this year, (I am reminded of this, because although it is now 8.00pm, it is still light outside and the blackbird is singing his heart out, and I am drawn to going into my garden.). This in turn makes me think that there will be other gardeners among us, and I hope your sowing and planting (and in the Southern hemisphere, harvesting and eating!) is going well.

Dhoste by the way is Hindi for companion, mate, pal.

All the best

Toni

SAVE THE DATE!

AAQT AGM

Annual General Membership meeting at

Kean University in New Jersey

on June 13th and 14th (immediately following the US

Northeast Regional Mini Conference



PLEASE JOIN US

Let your voice be heard! Join the AAQT board in building our community, increasing our internationality and diversity and planning our future.

Proposed Agm Agenda

1. Exploring and Increasing our Internationality
2. Advancing Gestalt Therapy through reaching out to new Regions
3. Task Force on the relationship between AAGT and the Regions report and progress
4. Interest Group Development
5. Planning and participation in our next Bi-Annual conference (in Taormina, Sicily, September 2016)
6. Increasing our Web-based Presence
7. Review and Adoption of updated Board position job descriptions
8. Scholarship Fund Report
9. Regional Development Fund Report
10. Treasurer's Report
11. Membership Report
12. Organizational Membership Report
13. Board Elections – Open Positions
 Association Archivist – 3 year term
 Membership Chairperson(s) – 2 year term
14. Board Appointments – Open Positions
 Continuing Education Officer – 3 year term
 Associate Continuing Education Officer – Term of office consistent with that of CE Officer.
15. Welcoming Toni Gilligan as Vice President
16. Saying 'Thank you' to Gail Feinstein who leaves the Board but not AAGT!



AAGT Interest Groups

Daniel Bak and Bob Witchel, Interest Group Co-Chairs



Interest Groups Seeking Members

We are excited to announce two Interest Groups that are seeking members:

(1) Gestalt Group Therapy IG,

(2) Social Intervention in Communities

The descriptions are listed below.

Gestalt Group Therapy IG

Hello my name is Laura Carite. I am brand new to AAGT and I am looking forward to exploring Gestalt theory and therapy with this organization. I am interested in forming an interest group for Gestalt Group Therapy. Group therapy may in fact be the wave of the future as insurance companies reduce mental health coverage. Are you interested in group? To join this group, all you need is interest. Perhaps this interest group can be helpful in getting you started in running your own groups. Group is a lively, exciting format for client and therapist.

Gestalt Group Therapy IG description

This group is formed to bring together Practitioners who are currently doing Gestalt Group therapy or have an interest in Gestalt Groups. The purpose is to create a forum for discussing Gestalt group therapy theory, structure, interventions and styles. This group will also serve as a means to strengthen this modality within the Gestalt community and, if there is interest, further study or writing about Gestalt group therapy. In true Gestalt form we will follow what emerges from our interest. Contact me, Laura Carite, at restoremind-body@optonline.net or 973-601-7788

Social Interventions in Communities

Co-Chairs: Dominique Chabre and Patricia Tucker

This Interest Group seeks to bring together Gestalt practitioners who are bringing Gestalt-based work into their communities. The purpose of the Interest Group is to share ideas, support each other's projects and develop some fund-raising mechanisms to allow more Gestaltists to bring Gestalt therapy to underserved populations. Gestalt therapy is an effective tool for social interventions in communities because it brings together the field -- persons-in-context --, the respect for the whole person's individual experience and interpersonal relationships.

If you are interested in joining or gaining more information about this Interest Group contact Patricia at: ptucker451@gmail.com or Domi at: dominique.chabre@gmail.com

We continue to explore ways to revitalize Interest Groups (IGs) in AAGT. We are excited that Laura Carite, Domi Chabre and Patricia Tucker have stepped forward and created ideas for two IGs. We hope their energy will encourage others to join them in their IGs as well as inspire you to volunteer to become a Chair and/or Co-Chair of a specific Interest Group you would like to create.

Another grassroots approach is for you to express a specific interest you have to become a participant in an IG even if you do not feel ready to take on the task of being a Chair / Co-chair. We will help connect you with others who may have a similar interest. We also plan to contact specific members to see if you would be interested in initiating an IG. **We welcome your ideas, feedback, and suggestions on how we can further revitalize IGs.**

General Information on Interest Groups in AAGT

Interest groups were and can again become vital to the functioning of AAGT, and provide an opportunity for members to engage each other in a more on-going way. Interest Groups (IGs) are created by and for persons with similar interests so they can communicate and network. In the past, IGs were focused on AAGT's internal functioning, while other IGs focused on Gestalt Therapy theory, types of clients or client issues, while other IGs focused on community concerns and networking.

Continued on next page

Below you will find:

a preliminary list of potential **AAGT Interest Group topics, based on the recent survey of AAGT members, and roles and responsibilities of IG Chairs/Co-Chairs**

1. We hope you have a curiosity about one or more of the following Interest Group topics:

Gestalt Theory (development, discussion, etc.)

Physical Process

Gestalt Dream work and other creative approaches/experiments

Gestalt and working with children, adolescents and couples/families

Gestalt and working with couples/families

Working in Organizations, including building coaching skills

LGBT

Diversity/intercultural

Addiction

Becoming a Gestalt Therapist / early career therapist

The Aging Therapist

Trauma

Gestalt: Outdoors and Adventure-based



2. Roles and Responsibilities of a Specific Interest Group Chair/Co-chair

Using the AAGT “Covenant of Community” and the AAGT “Constitution and Bylaws” as ground for Interest Groups (IGs), we offer the following guide for roles and responsibilities of an Interest Group Chair/Co-chair. As self-regulation, on-going organic process of Gestalt formation and completion, and inclusionary decision-making are significant tenets of Gestalt Therapy and AAGT, the explicit roles and responsibilities of an IG Chair/Co-Chair will be determined by members of a given IG, and the following serves as a guide:

Volunteer to serve as an Interest Group Chair/Co-Chair, and provide a topic for and initial description of an Interest Group (e.g., Addiction, Physical Process, Dream work, LGBTQ).

Through dialogue, support the awareness of the Interest Group among AAGT membership, with support and guidance from the Interest Group Co-chairs (Daniel Bak and Bob Witchel). If an Interest Group is an open group, continue to find ways of expanding the awareness of the IG amongst the membership.

By engaging Interest Group members, explore methods for the Interest Group to interact such as, online communication (create a Circle on AAGT Website, email listserv, Skype, Facebook), or face-to-face meetings at and between workshops.

Facilitate the creation of short and long-term goals for the Interest Group, with support (if needed) from Interest Group Co-chairs (Daniel Bak and Bob Witchel).

Dialogue with Interest Group Co-Chairs (Daniel Bak and Bob Witchel) about ways they can provide guidance and leadership for the Interest Group’s success and its’ contribution to the AAGT International Community.

For further information about Interest Groups please contact IG Co-Chairs - Daniel Bak dbak@gestalt.waw.pl and/or Bob Witchel bwitchel@iup.edu. We are available to respond to questions, for guidance and support, and help with stimulating the awareness of an IG’s development. Also, see “[AAGT Interest Group](#)” Facebook page.

Membership News & Notes

It hardly seems possible that we are nearly eight months away from our successful conference 2014 at Asilomar in California, USA. Looking back, it is worthy to note that AAGT hosted people from 24 nations. While the majority of the 232 participants were from North America, it is exciting to know that we had participants from 21 other countries.

AAGT enjoyed the contributions of 17 conference sponsors and 43 sponsor affiliates. Also supporting the conference efforts were 3/4 of our 24 organizational members who sent a representative to participate in the conference proceedings in a variety of functions.

The current membership enrollment is 287. While primarily professionals, in some capacity, we have 31 student members -- always a welcome group. We hope that during the next AGM in June, 2015 on a university campus, we can address creating new incentives to increase the student numbers. We also want to address how to encourage students to sustain their interest and participation in AAGT.



Membership Continued.....



For some of us it's Spring,
A Season of Renewal;
For some it's Autumn,
A Time to Harvest & Gather.

**For ALL AAGT Members
It Is time to Renew your Membership!**

When You Renew Yours Consider:
\$UPPORT FOR \$CHOLARSHIP
\$UPPORT FOR REGIONAL DEVELOPMENT
\$UPPORT FOR RESEARCH DEVELOPMENT

The AAGT Scholarship Fund

*"Spring, the sweet spring, is the year's pleasant king;
Then blooms each thing, then maids dance in a ring,
Cold doth not sting, the pretty birds do sing,
Cuckoo, jug-jug, pu-we, to-witta-woo!" **

Thanks to all of you who have generously contributed to the Scholarship Fund, this Spring season we will be able to provide financial assistance to participants at the following conferences who otherwise could not attend.

International Research Conference:

The Challenge of Establishing a Research Tradition For Gestalt Therapy, Part 2

May 27-30, 2015

GISC, Wellfleet, Cape Cod , MA

AAGT NE Regional Conference

Living as Part of the Whole: Self in Community, Community in Self

June 12-13, 2015

Campus of Kean University in Union, NJ

If you would like to apply for a grant to attend either of those conferences, please go to this link https://www.aagt.org/scholarship_fund_regional/ for the application form where you will find a list of our criteria as well as the deadlines for submissions. Please be aware that grants for the International Research Conference have a limit of 250 USD each.



Please consider a donation to the AAGT Scholarship Fund so that we may continue with our tradition of helping persons who are financially challenged to attend our conferences.

No matter the size it will be greatly appreciated.

Thank you.

The AAGT Scholarship Fund Committee

Adam Kincel and Dominique Chabre, co-chairs

Bud Feder, Cathy Gray and Ariel Valenzuela, members.

* Thomas Nashe, *Summer's Last Will and Testament* (1600)

THE STATE OF THE ART OF GESTALT THERAPY

Pacific Northwest 2015



October 9-11, 2015

- Portland, Oregon -

This conference will encompass the growing edge of contemporary Gestalt therapy, how Gestalt therapy has evolved in its 60+ year life span, and its influence on the broader field of psychotherapy, as well as where it is headed in the 21st century.

**15 Presentations to Choose From
2 Panel Presentations**

Early Registration Open until June 15th

Register now at aagt-pnw.org

Co-Sponsored By



AAGT

The Association for
the Advancement of
Gestalt Therapy

An International Community

**GESTALT THERAPY
TRAINING CENTER
NORTHWEST**



This program is co-sponsored by the Association for the Advancement of Gestalt Therapy (AAGT) and AAGT-Pacific Northwest region (AAGT-PNW). **Psychologists:** AAGT is approved by the American Psychological Association to sponsor continuing education for psychologists. AAGT maintains responsibility for this program and its content. **MFTs, LPCCs, LEPs, and LCSWs:** This course meets the qualifications for 15.25 hours of continuing education credit for MFTs, LPCCs, LEPs, and/or LCSWs as required by the California Board of Behavioral Sciences. Provider Number: CBBS-PCE #3043. **Nurses:** Provider approved by the California Board of Registered Nursing, Provider Number 11846 for 15.25 contact hours. Attendance at this program can earn up to 15.25 CE credit hours. For further information contact the AAGT CE Officer, Dina Miller, P.O. Box 141122, Columbus, OH 43214. Dinamiller3@aol.com Phone 614-563-6571.

Associating
&



Advancing

Gestalt Leaders' Conference

This March's Gestalt Leaders' Conference in Geetbets, Belgium brought together a multi-talented group of Gestalt trainers from the UK, Bulgaria, Poland, The Netherlands, Hungary, Norway, Belgium, Sweden, France and the US. During our 4 days together at the beautiful Heerlijckyt van Elsmeren we shared a great deal of the joys and the difficulties in training Gestalt therapists. What a wonderful opportunity to share the joys and the challenges of training Gestalt therapists! Together we shared the structure of our programs, the varied ways we teach essential elements of Gestalt theory such as field and self, how we supervise, how we teach and talk about diversity and a host of other topics. Many thanks are due to Greet Cassiers, ErnstKnijff and Frans Meulmeester for bringing us together with such warmth and grace. For me, it's a rare moment when we can talk with others about teaching; what we teach and how we teach it, what excites us, what scares us and what keeps us doing it all these years! I highly recommend the next conference in 2017 in Poland!



GESTALT CENTRE LONDON

Delivering excellence since 1980



From our central London location, we continue to offer the best in counselling and psychotherapy training and a range of short courses centred on our deeply held commitment to gestalt philosophy and practice, developing the ability to empower people to live life fully, improve communication, manage conflict and develop creativity.

STOP PRESS— LARGE GROUP EXPERIENTIAL EVENT
in London from 5pm on Wednesday 22 to 3pm on Saturday 25 July 2015
Contact enquire@gestaltcentre.co.uk for more information

Our CPD programme includes:

Certificate in Groupwork led by Michael Ellis:

- Developing Effective Group Facilitation - one-day workshop
- Conflict, Challenge and Confrontation in Groups - two-day workshop
- Understanding Group Dynamics - two-day workshop
- Group Facilitation Training Intensive - 10-week and teaching block options

Gestalt in Organisational Development led by Tony Fraser and Christina Schuierer:

- Core Concepts - two-day workshop
- In Practice - 2 x three-day workshops
- Masterclass - 10 x one-day workshops over a year

Clowning with Ernst Knijff—20 & 21 May 2015 LAST PLACES STILL AVAILABLE!

Working with Children - a week long course led by Jon Blend

Diploma in Supervision led by Gaie Houston and Jane Puddy - Next intake Autumn 2015

Accredited Psychotherapy Training:

- **Gestalt Therapy Foundation Course**
 1 year evening and weekend based part-time course, providing an opportunity for those with existing professional qualifications and experience to gain a level 6 academic award in Gestalt Therapy Theory (*Diploma in Professional Development awarded by London Metropolitan University*)
- **MA in Gestalt Therapy Theory**
 3 year part-time course incorporating Post Graduate Certificate, Post Graduate Diploma and MA (*Advanced entry opportunities for appropriate applicants*)
- **Psychotherapy Practitioner Diploma resulting in UKCP Registration in both individual and group psychotherapy**



For details of all our courses, please visit our website www.gestaltcentre.co.uk

Contact us on 020 7247 6501 or email Hilary at enquire@gestaltcentre.co.uk

The Gestalt Centre, 96-100 Clifton Street, LONDON EC2A 4TP

GRUPA PROCESU GESTALT: „Sztuka dialogu - spotkanie poprzez różnice”

WARSZAWA • 21-23 SIERPNI 2015



Doświadczalny proces grupowy dla terapeutów i studentów

Prowadzący: Ewa Canert-Ląka i Piotr Mierkowski

Miejsce: Splot Artystyczny, ul. Śniadeckich 17

Koszt: 650 zł

Kontakt: ppipp@pr.onet.pl

Zgłoszenie: <http://gestalt-szkolenia.pl/karta.pdf>

Nasza idea: Różnice mogą powodować zaciekawienie i chęć poznania drugiej osoby; częściej jednak są źródłem poczucia zagrożenia, lęku i niechęci, prowadzą do konfliktu lub wycofania. Mimo to odmienne przekonania i różnice mogą okazać się kluczowym warunkiem dialogu. Dialog - oparta na szacunku międzyludzka interakcja, rozwija w nas wrażliwość na odmienne postrzeganie świata i skłania do lepszego poznania nas samych i rozwoju własnej tożsamości, daje nam możliwość odkrywania wspólnych wartości i tego co nas potencjalnie łączy.

Pomocy psychologicznej poszukują osoby, które z jakiegoś powodu wycofały się z dialogu, a proces terapeutyczny polega na stworzeniu im okazji do wznowienia tej istotnej interakcji w ich życiu codziennym. Głównym zadaniem terapeuty jest zapewnienie warunków, w których dialog z klientem jest możliwy. Relacja oparta na dialogu jest bowiem instrumentem przywracania świadomości - procesu, który sam w sobie stanowi cel Terapii Gestalt. Postawa dialogująca jest charakterystyczna dla procesu terapeutycznego w podejściu Gestalt.

Serdecznie zapraszamy wszystkich zainteresowanych lepszym poznaniem swoich postaw i zachowań w obliczu różnic oraz rozwojem zdolności do dialogu. Nasza 2 i pół-dniowa grupa przeznaczona jest dla psychoterapeutów, studentów psychoterapii, psychologów, pedagogów, coach'ów, tych, którzy pracują z ludźmi i są zainteresowani gestaltowskim podejściem dialogującym. Szczególnie zapraszamy kolegów reprezentujących inne modalności psychoterapeutyczne.

Celem grupy zorientowanej na świadomość procesu „tu-i-teraz” i „co-i-jak” jest umożliwienie każdemu z jej uczestników doświadczenia siebie autentycznie w relacji; w tym również rozpoznania utrwalonych postaw wobec innych, jak i eksperymentowania z nowymi formami funkcjonowania i komunikacji; tak słownej jak i niewerbalnej. Zapewniamy bezpieczne, uważne i twórcze warunki jakie mamy nadzieję pozwolą na rozwój osobisty i zawodowy uczestników poprzez stawianie się bardziej obecnym, autentycznym i otwartym na dialog z drugą osobą.

Prowadzący grupę reprezentują dwa różne kraje i odmienne podejścia do terapii Gestalt: polski i brytyjski. Obydwoje mają wieloletnie doświadczenie pracy klinicznej.

Ewa Canert-Ląka - psychoterapeutka, trener (FORGE), supervisor (EAGT accred.); współzałożyciel i pierwszy prezes PTPG; certyfikaty: Polskiego Towarzystwa Psychoterapii Gestalt nr.72, European Association for Gestalt Therapy.

Piotr Mierkowski - psycholog, psychoterapeuta, supervisor; były dyrektor-konsultant Gestalt Centre London; prowadzi praktykę prywatną w Londynie; certyfikaty: United Kingdom Council for Psychotherapy, BACPaccred., AAGT.

Inwestycja: 650 zł od osoby (10% zniżki dla osób, które dokonają wpłaty do 31 maja i 1200 zł od dwóch osób jeśli dokonają wpłaty razem między 1 czerwca a 31 lipca. Liczba miejsc w grupie jest ograniczona do 15-20 osób.

Warunkiem uczestnictwa w grupie jest przesłanie wypełnionej karty zgłoszeniowej oraz dokonanie wpłaty. Niezbędne informacje znajdują się na stronie karty zgłoszeniowej: <http://gestalt-szkolenia.pl/karta.pdf>

Dodatkowe zapytania prosimy kierować pod adres email: poloo@pr.onet.pl lub telefonicznie: ++48 601 591 341.

INTERNATIONAL RESEARCH CONFERENCE: The Challenge of Establishing a Research Tradition for Gestalt Therapy, Part II

GISC • Wellfleet, MA • Cape Cod

Offered in Cooperation with AAGT

Dates	May 27-30, 2015 Begins Wednesday, 6pm; Ends Saturday, 12 noon
Fee	\$345 USD; \$295 for AAGT or GISC members (accommodations not included)
CE hours	14
Co-Chairs	Philip Brownell and Joseph Melnick
Location	Gestalt International Study Center (GISC) 1035 Cemetery Road, South Wellfleet, MA

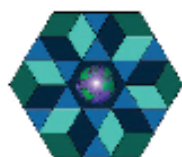
You are invited to participate in what will be a significant and memorable conference. AAGT members will receive \$50 off the conference fee due to the cooperation between GISC and the AAGT on this conference. If you have been meaning to find out what all the interest in research is really about or what is happening in the world of Gestalt research, come join us. We will have wonderful colleagues from around the world presenting interesting work, and this small-venue, intimate gathering will support the building of significant relationships. We will be providing a dinner for all participants Friday evening.

Mentors in Residence: Leslie Greenberg, PhD, and Scott Churchill, PhD

This three-day conference is a continuation of the work begun at the 2013 conference of research focused on the Gestalt approach in psychotherapy and organizational consulting. The research conference is designed to put interested Gestalt therapists and practitioner-researchers together in order to stimulate and encourage their growth. We have invited two Mentors-in-Residence to present challenging and informative ideas, to engage in conversation and share their expertise with Gestalt practitioner-researchers, and to contribute to the ground of an emerging research tradition for Gestalt therapy.

In addition to the Mentors-in-Residence, practitioners from different parts of the world will present on a diverse range of topics. This is a small-venue, intimate mix that provides for a rich and meaningful experience. Some limited scholarships are available.

To view complete conference details or to register, visit:
gisc.org/practitioners/programs/researchconference2015.php
or email the GISC office at office@gisc.org.



508-349-7900 • www.gisc.org



“Engaging Our Community” - July 3rd – 5th 2015

Nottingham University - UK



‘Engaging Our Community’, 3-5 July 2015, is a conference forming from the seeds sown in our previous conferences: ‘Nourishing Our Community’ in 2013 and ‘Enriching Our Community’ in 2014.

Our Summer Conference offers a packed schedule with keynote presentations, workshops and ample time to meet and ‘engage’ with UK and European Gestalt based practitioners. The conference includes presentations by Michael Clemmens and Hugh Pidgeon in addition to a large group experience working with Engagement, Inspiration and Exploration

“The Embodied Collective”

Michael Clemmens will open the conference presenting the embodied collective or embodied field as more than an individual's perception of their present environment. It is the situation in total, including all the somatic, pre-personal processes of everyone, and the interactions of these, which is that "greater than the sum of the parts".

“Negotiating with Gravity”

Hugh Pidgeon will widen our frame of reference to the social and environmental context of our work as therapists, through the presentation of a short film 'Negotiating with Gravity' which he first made for the AAGT conference in Puebla, Mexico where he had been invited to speak on the contribution of Martin Buber to our thinking about dialogue, and our relation with Nature.

Engaging

Gestalt work invites making contact at the boundary and our Summer residential is being created to develop this fundamental pillars of our therapeutic approach. The conference invites all members and interested others to join in a celebration of these by partaking in large group activities, workshops, social events and the process space that will form the overall occasion.

Our

We co-create our world and are responsible for how we make contact individually and collectively. The conference will offer a wide array of sessions offering space to meet and widen our community and boundaries. In enriching our individual experience we widen our field, broaden the ground and enhance both ourselves and others.

Community

Our roots grow from our ground, and the conference will offer ways to develop our understanding of personal development and community growth. Collectively we can experience and grow developing inspiring opportunities for us to develop and participate within our various communities beyond the conference.

‘Engaging Our Community’ is a full residential Conference, in Nottingham, England.

(including full accommodation and all meals)

To Engage with Our Gestalt Community, book to come at: www.ukagp.org.uk



NEW PROGRAM!

Clinician's Advanced Training with Certification Option (CATCO)

Core Faculty: Heidi Abrams, MSSA, LISW, Marlene Moss Blumenthal, PhD, Daniel E Jones, PhD, Mark McConville, PhD, Lester P Wyman, PhD, LISW-S;

Special Topic Faculty: Kathy Clegg, MD, Michael Clemmens, PhD, Debra Dunkle, PhD, LISW, Ellen Ressler Hoffman, MA, PCC, James I Kepner, PhD, Jacqueline McLemore, PhD, BCC;

Educational Consultant: Mark Cheren, EdD

DATES: October 15, 2015 - April 30, 2017

Core theoretical concepts, legal and ethical principles, and acknowledgement of individual differences will be combined with the goal of increasing participants' capacity to be active, present-focused clinicians embracing the relational, curious stance of a Gestalt therapist. Curriculum will attend to the development of three defining and interpenetrating dimensions of Gestalt therapy practice: Being, Knowing, and Doing. The pathway to integrating these dimensions will include close mentoring, in-vivo supervision of practicum, group engagement, didactic presentations, reflective awareness of one's own process, ongoing collaborative assessment, and feedback. Topics will include the therapeutic relationship, ethics, diversity and culture, life span issues, assessment, diagnosis and treatment planning, anxiety and depression, trauma, characterological issues, and strengths and limitations of Gestalt therapy practice.

UPCOMING WORKSHOP

Coaching for Performance

Performance coaching is coaching focused on specific behaviors or attitudes the manager has determined is detrimental to the person's future. It involves a series of coaching conversations that explore the performance issue, discover the underlying personal and contextual dynamics, and enable the person to change or better manage specific skills, behaviors, and/or attitudes that contribute to the poor performance. This workshop is for new as well as experienced coaches in and outside of organizations who want to increase their skills and capacity to work with others to improve their performance, leaders and professionals who are interested in becoming more effective in improving others' performance, coaches seeking CCEUs or coach specific training for ICF certification or renewal.

13 ICF Core Competency CCEUs (pending)

13 GPCC™ CCEUs

Juliann Spoth, PhD, PCC, GPCC, BCC & Michelle C. Vanderlip, MBA

June 26-27, 2015

The Gestalt Institute of Cleveland is approved by the Ohio Psychological Association to offer continuing education to psychologists. The State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board grants the Gestalt Institute of Cleveland approved provider status to provide continuing education for Counselors and Social Workers. The Gestalt Institute of Cleveland is approved by the American Psychological Association to sponsor continuing education for psychologists. The Gestalt Institute of Cleveland maintains responsibility for this program and its content. GIC is ACTP accredited.

registrar@gestaltcleveland.org

Call 001-216-421-0468 www.gestaltcleveland.org

EMBODYING YOUR LOVE:

Explorations in Intimacy for Couples

Presented by Stella Resnick, PhD and Alan Kishbaugh

At Esalen Institute, Big Sur, California

Sunday, July 12 to Friday July 17, 2015

26 CE credits

Through discussion, embodied gestalt processing, and person-to-person gestalt games—present-centered structured exercises—we explore three levels of intimacy: emotional, physical, and sexual:

- * Emotional intimacy: breath awareness; self-attunement; connection.
- * Physical intimacy: interactive attunement; embodied empathy; affection.
- * Sexual intimacy: “relaxed-excitement;” the spectrum of erotic pleasures.

This workshop emphasizes the body-based skills, communications, and experiences that deepen intimacy and expand loving pleasures between mates. We see how exploring pleasure is as much a teacher and a healing as working through pain.

While this workshop is primarily experiential, any health professionals attending will also gain skills relevant to clinical practice and earn 26 CE credits.

For more info, please visit: <http://www.drstellaresnick.com/programs-for-couples>

To register see: <http://bit.ly/1MygszG>

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www.drstellaresnick.com





NORTHEAST REGIONAL CONFERENCE

June 12 – 13 2015

Kean University, Union NJ

AAGT Annual General Meeting

June 13 – 14 2015

Annual General Membership meeting

We are excited to tell you about our upcoming conference and hope you will join us in this co-creative, collaborative event. The entire conference will be an exercise/experiment on the theme, consisting of large group interaction followed by breaking into smaller groups. Invited colleagues will be offering workshops and an evening activity is planned for Friday.

CO-CONVENERS

Gail Feinstein, Vice-President
Gail13Feinstein@aol.com

Ken Meyer, RCP
GestaltSeminars@aol.com

Bud Feder, Past-President
Bfeder@verizon.net

PLEASE EMAIL ONE OF US FOR REGISTRATION FORMS

CONFERENCE-AS-A-WHOLE

facilitated by Charlie Bowman and Gail Feinstein

We will begin, after a welcoming and orienting, with an exercise/experiment on the theme consisting of large group interaction followed by breaking into smaller groups. What are the different topics and subgroups that begin to emerge? What happens when we are consciously aware of being part of? What constraints/openings/interruptions do we become aware of? How do we deepen our embodied experience? Participants will then be invited into break-out groups to continue to explore and deepen this inquiry.

CHARLIE BOWMAN is a Past President of AAGT and senior staff at the Indianapolis Gestalt Institute.

GAIL FEINSTEIN is a Past President of AAGT who emphasizes embodied relational engagement in her work.

AFTERNOON WORKSHOPS

Moments of Mutuality

A moment of mutuality (MOM) — the precise moment of connecting between two human beings — is an essential element in attachment, love, humor and dialogic relating. MOM's will be described by expanding on the classical PHG contacting model and will be compared to Buber's I-Thou relating. We will look at the necessary precursors to these moments, why we seek them, the ways we experience them and how they relate to good therapeutic outcome — and create some exercises to experience them.

MARY LOU SCHACK is a founder of the Gestalt Therapy Institute of Philadelphia and currently one of its Directors. She has practiced Gestalt therapy for over 40 years, and describes herself as wise, funny and wrinkled.

Sharing Common Ground

We are a living aspect of the planet we've emerged from. How do we live as part of the whole? We are dependent upon our earth; we continue to exist because of our interaction with the things our planet provides us. How do we acknowledge and identify our relationship with our home-base? How can we nurture and grow that? This experiential workshop will explore our relationship with physical nature, our own selves and the external environments we live within and from.

NICKEL FALCONER is a Gestalt psychotherapist, supervisor and trainer in Christchurch, New Zealand, and has co-edited the Gestalt Journal of Australia & New Zealand.

With You with Me in Relationship and Community

Our presence and attunement to our self and to the other are key elements in contacting and healing. This experiential workshop will support the participants in increasing their awareness of their own embodied presence and that of the other in the moment. We will look at the oscillation of awareness as a source of information and support in bringing ourselves vividly into the therapeutic encounter, and investigate the therapeutic choices that flow from that awareness.

CATHY GRAY is Faculty and Chair of the Board of Directors at the Gestalt Therapy Institute of Philadelphia. She is a Past President of AAGT and emphasizes the teaching of an embodied, relational, strength-based and creative practice of therapy.

You, Me & Our Cellphones

This interactive and experiential workshop takes up the emergent need to acknowledge and understand cellular phone presence in gestalt therapy sessions and in our clients' lives. We will heighten awareness of cellphones in the phenomenological field and seek to clarify how we are encountering the novel in this paradigm shift in our professional lives and society.

ADAM WEITZ is an Associate Member of NYIGT and AAGT. He is a graduate of the NYU School of Social Work and a supervising therapist at Identity House, a non-profit organization serving the LGBTQ community in NYC.

Ljubljana, Slovenia July, 2015

Gestalt Associates Training Los Angeles



44th Annual Summer European Gestalt and/or Couples Therapy Workshops

Couples Therapy Training Workshop:

July 5 – 11, 2015

The Couples Program has two levels of training – Basic and Advanced – and offers participants an opportunity to see experienced Couples Therapists (Bob and Rita Resnick) present their model of couples therapy and work live with model couples. Participants will work "hands on" with role-play or model couples with live supervision from faculty.

Gestalt Therapy Training Workshop:

July 12 – 24, 2015

The Gestalt Program has five levels of training from Basic to Master Class and includes daily theory lectures as well as the option of daily individual therapy, practice in trios/quartets and the opportunity to see International faculty work and relate clinical work to theory. Participants work with live faculty supervision. Theory track: *The many faces of Gestalt Couples Therapy*: Joe Melnick, Ph.D. Hanne Hostrup, Lic. Psych. Rita Resnick, Ph.D. and Robert Resnick, Ph.D.

These two training programs take place in the elegant Art Nouveau Grand Hotel Union <http://www.union-hotels.eu/en/grand-hotel-union/> in the magical city of Ljubljana, Slovenia which occupies the northern part of the former Yugoslavia and borders Austria to the north and Italy to the west (190 km to Venice). The Ljubljanica river runs through the center of the city with boutique bars, restaurants and coffee houses spilling onto the banks of the river along the romantic pedestrian promenade. [Join our warm community of participants from 25 different countries.](#)

Contact: Rita Resnick, Ph.D., Faculty Chair
Further information
Some partial scholarships available

ritaresnick@gatla.org +1 (310) 826-7770
www.gatla.org

Hiking and "Heart, Hearth, Earth".

Hi, I'm Nickei; a Gestalt psychotherapist from New Zealand.

I'm coming over for the AAGT Northeast Conference in June and very much looking forward to catching up with familiar faces and to make new connections.

After the conference in New Jersey, I'm keen for two things:

- 1.) From the Tuesday (16th June), in the week immediately after the conference, I'd like to do some hiking in the national parks which surround the greater NY area. Is there anyone who would either like to join me in doing this or who knows the area and would like to show it off? I can promise reciprocal 'hiking hosting' should you decide to visit NZ!
- 2.) AND: the following weekend (20 or 21st), I'd like to do a day presentation/experiential workshop on my area of passion: our connection and relationship with the earth, and nurturing/nourishing/growing our sustainability. The day workshop is called "Heart, Hearth, Earth", and will grow some of the themes that will be covered in the 2 hour presentation at the AAGT NE conference.

Is there any interest/energy for me to come to your area and do this? I am looking for someone/an area to 'host' me to do this.

Shamelessly; I love both to travel and to do this work. To combine both for me, is 'living the dream'!

I can be contact at nickeifalconer@hotmail.com and my website for more info is www.lifeworkscounselling.co.nz

Arohanui to you all

Nickei



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Your next newsletter will be published at the end of July.

Please send contributions to Alex. Email is:

Alexandra@gestalt.uk.com by 15th July 2015.

Communications Director: Brad Larsen Newsletter Editor: Alex Schlotterbeck Publication Guidelines: Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and the creativity and interest of the membership. Letters to the Editor should be succinct and to the point. All material submitted remains the property of the Newsletter staff. Deadlines are final. Style can be informal, but should be good writing. All material is subject to editing to fit the parameters and needs of any given issue of the Newsletter. The content herein represents the opinions of contributing authors and not the opinion, policies or procedures of AAGT unless otherwise specified.

Let Us Get To Know You!