



**January 2015 AAGT Newsletter**

**[www.aagt.org](http://www.aagt.org)**

# A warm welcome



## From the editor

## In this edition

Dear members,

Welcome to another edition of the newsletter. We are celebrating a new year and this edition is filled with many novel and exciting initiatives. When the news is filled with troubles such as Syria, Ukraine, religious fundamentalism, protests about immigration and questions over nationalism versus the European Union, there is much to feel despairing about. At a time like this when there are so many polarized and strong stances, I am reminded of the Gestalt Therapy principle: that implicit in each behavior is its polarity. And that many strong judgements and hateful feelings contain projections. I am also reminded of Gestalt group theory that even if an element appears to be isolated, it is part of the field. In the same way each world issue affects all others in the world and indeed the fixed positions exist within ourselves as well.

Similarly, AAGT exists with the world situation as its backdrop. We have exciting initiatives and fixed gestalts within our organization too. We are getting ready for the joint EAGT and AAGT conference in Italy in 2016. Patricia talks of the new task force which will consider the role of the regions and their relationship to AAGT. Toni considers how international we really are as an organization. How much do we include and how much do we exclude and how aware of this are we? I think this is a question worthy of chewing over, both for us an organization and as world citizens. It is also resonates for me personally. As a board member I am asking myself how I can include myself more. And, as I near the end of my training, I reflect on how I can include the skills and experience I have gained in the next stages of my life. As a gestalt therapist I reflect on how Gestalt principles can be applied to the wider socio-political context.

So there is a lot to reflect on. I invite you, dear members to read and enjoy. If the impulse takes you, then do join in, for example with one of the interest groups which Bob, Daniel and Tine talk about below. Since we form part of a whole, perhaps if in our AAGT 'part' we continue our work on community, even though we are just a small drop in the ocean, you never know but here's hoping we may have a ripple effect on others.

May this be your and our year!

<b>Page 3</b>	<b>Greetings</b>
<b>Page 5</b>	<b>AAGT News</b>
<b>Page 14</b>	<b>Associating &amp; Advancing</b>
<b>Page 32</b>	<b>Board List</b>
<b>Page 34</b>	<b>Next publication date</b>

# Greetings

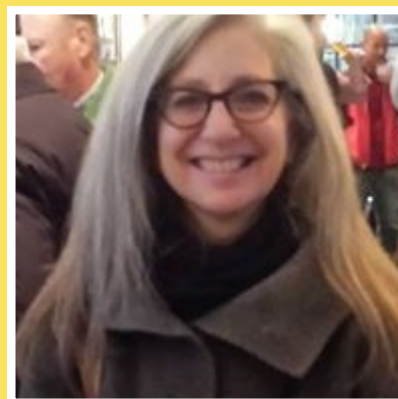
## Patricia Tucker

### President

Dear Members,

It's a cold January here in New York City, it's a new year, and change is in the air! There is a lot of excitement around the AAGT Board as we begin to start envisioning and planning for the September 2016 joint Conference with the EAGT in Taormina, Sicily! A joint Conference Planning Committee is beginning to form so it's not too soon to be thinking about how you might like to contribute to the planning of our next conference!

We've also been working on a number of areas that I want to tell you about. One area of great interest to many of us is the revitalization of AAGT's Interest Groups! (see more on this elsewhere in this Newsletter). Our new Interest Group co-chairs, Daniel Bak and Robert Witchel have been identifying members' areas of interest and considering new ways that Interest Group members can come together to share ideas and initiatives. Consider chairing (or co-chairing) an Interest Group ...set up meetings on Skype, use memberclicks "circles" or whatever way you'd like to connect as you help to bring a Gestalt therapy focus to your particular areas of interest. Share thoughts and ideas, write articles together, start new initiatives, plan presentations! AAGT Interest Groups are a great way for each of us to Advance Gestalt Therapy.



Another area of focus for the Board has been on AAGT's relationship to the AAGT regions. Our new Task Force on the Regions, which formed at the AGM at Asilomar is focusing on what it means to be a "region" of the AAGT and thinking together about what AAGT's roles and responsibilities to the regions should be. The Task Force will have a report on this later this year and we will be looking forward to your feedback.

We're working on our website! A board Committee is now working on ideas to update our website. We'll keep you posted on this. If you'd like to offer any expertise or assistance with this project, please contact Brad Larsen Sanchez at [brad@bradlarsenspsy.com](mailto:brad@bradlarsenspsy.com)

This year will see some great AAGT regional events. This June the US Northeast Region will be presenting a gathering at Kean University in New Jersey on June 12 and 13, entitled, "Living as Part of the Whole: Self in Community, Community in Self. The US Northwest Region will hold their conference, entitled "The State of the Art of Gestalt Therapy" October 9 through 11 in Portland, Oregon and the US Southeast is also planning a Fall conference in Asheville, North Carolina, dates TBA. Any other regional events brewing? Please let us know what's happening in your region!

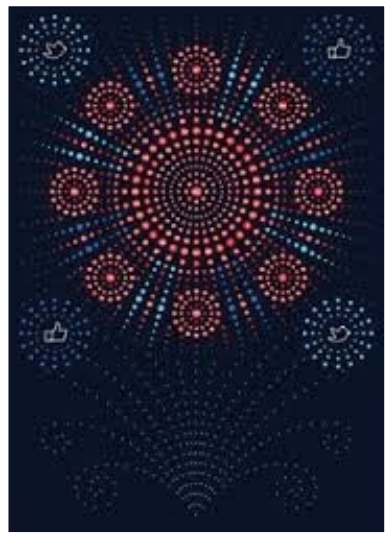
Also see more about this year's AAGT Annual General Membership Meeting! We will meet this year at Kean University in New Jersey immediately following the US Northeast Regional Conference. After lots of discussion about when and where to hold the AGM this year, we finally chose the New Jersey location as the place most members might be able to get to and attend. It is just a short distance from the Newark airport in New Jersey and the accommodations are nice and quite reasonably priced. Of course, those of us from the Northeast region (such as myself) are hoping that many of you would like to come to the Northeast gathering and STAY for our Annual Meeting!

It has been such a privilege to serve as President of AAGT these past few months, to get a chance to work with our wonderful and enthusiastic Board, and to do my small part in continuing the work of so many who came before me to aid in advancing Gestalt therapy and working towards making us proud of how our organization represents Gestalt therapy in the larger Gestalt community and beyond.

Wishing you all a Wonderful 2015!

Patricia



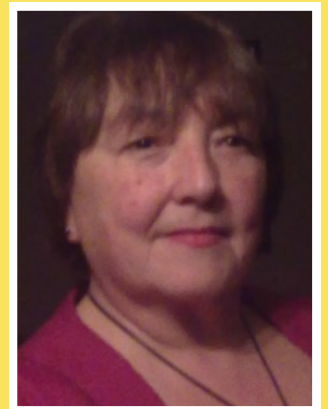


# Greetings

## Toni Gilligan

### President-Elect

I have been mulling over the meaning of AAGT as an International organisation in the three months since I became president-elect. (During this year I have the luxury of free-wheeling as the role doesn't have specific responsibilities.) Does the fact of having members from different nations make an organisation international, or is there something more? I think the latter, but haven't articulated that yet.



And alongside this I have been reflecting on the nature of our community in the times between conferences. How do we *be* a community, in the spirit of GTT and our Covenant of community between the times more of us are able to be *actually* together? I am very conscious that the Board is an active virtual (part?) community, with email conversations almost continuous, while the AAGT list serve is mostly quiescent. And I understand that while some AAGT regions are active, others aren't, and, as far as I know, region doesn't correspond with region.

As I prepared to write this, I thought of the regularity with which our virtual communications start with a description of the weather, the season, temperature, the surrounding flora of the writer. It began to seem almost a ritual, and I felt how resistant I am to starting in the same way – despite the accurate national characteristic of the British always talking about the weather!. And then I became interested in the weather, or rather how the differences in time zones and latitudes in which we live and meet, might affect us as a community. I know that I can find it a bit disorientating in a board meeting – we meet in a skype-type manner where we can see each other (technology permitting) – when I see that while the night is dark outside my window, others are in sunlight. Or when I am tight against the cold, and grateful for my fire, while others look relaxed in the way one can only relax in the warmth of the sun. Perhaps talking about the weather is a way of locating ourselves for each other. It is so recent in humankind's history that we have been able to be in touch instantly with people a season or half a day away, I wonder how that affects us, generally, and as an international community. It must, surely. (And is an international organisation, different from an international community?)

Good wishes to you all for the year that is beginning.

Toni

# **SAVE THE DATES!**

## **Sept 23 - 25 2016**

### **Taormina, Sicily**

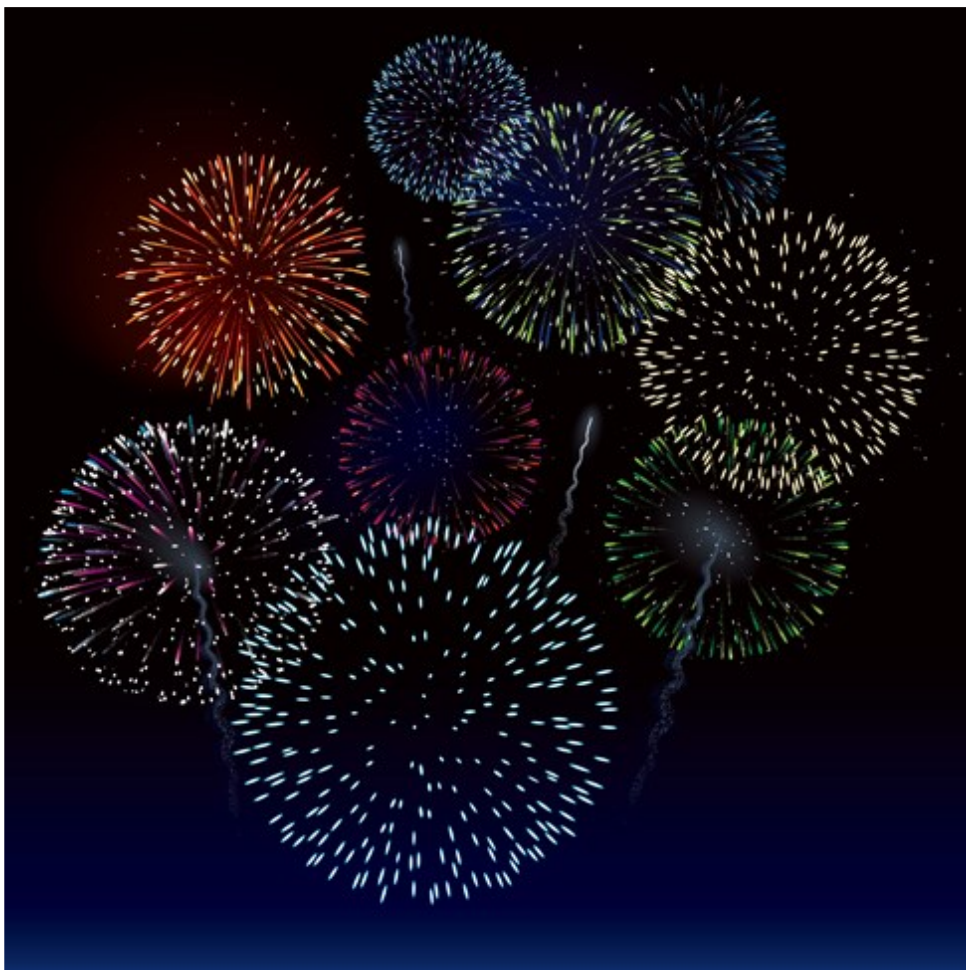
The Aesthetic of Otherness:

meeting at the boundary in a desensitized world

A joint AAGT and EAGT conference at the crossroads of civilizations

This will be an exciting experiment with lots of possibilities and opportunities. Join your colleagues in this spectacular historic setting within rumble of Mount Etna.

The joint conference will most likely be preceded by an AAGT pre-conference of paid workshops Sept 21-22.



# AAGT Interest Groups

## Daniel Bak and Bob Witchel, Interest Group Co-Chairs

**We have been focusing on ways to revitalize Interest Groups (IGs) in AAGT.** An important first step is for AAGT members to volunteer to become a Chair and/or Co-Chair of a specific Interest Group you would like to create. Another grassroots approach is for you to express a specific interest you have to become a participant in an IG even if you do not feel ready to take on the task of being a Chair / Co-chair. We will help connect you with others who may have a similar interest. We also plan to contact specific members to see if you would be interested in initiating an IG. **We welcome your ideas, feedback, and suggestions on how we can revitalize IGs.**

*Interest groups were and can again become vital to the functioning of AAGT, and provide an opportunity for members to engage each other in a more on-going way. Interest Groups are created by and for persons with similar interests so they can communicate and network. In the past, IGs were focused on AAGT's internal functioning, while other IGs focused on Gestalt Therapy theory, types of clients or client issues, while other IGs focused on community concerns and networking.*

Below you will find:

- a preliminary list of potential **AAGT Interest Group topics, based on the recent survey of AAGT members,**
- roles and responsibilities of IG Chairs/Co-Chairs,** and
- an example of an IG description** – Social Interventions in Communities - that Patricia Tucker and Dominique Chabre are inviting members to join.

We hope it can be a useful start-up for greater engagement in AAGT IGs.

### 1. We hope you have a curiosity about one or more of the following Interest Group topics:

Gestalt Theory (development, discussion, etc.)

Physical Process

Gestalt Dream work and other creative approaches/experiments

Gestalt and working with children, adolescents and couples/families

Gestalt and working with couples/families

Working in Organizations, including building coaching skills

LGBT

Diversity/intercultural

Addiction

Becoming a Gestalt Therapist / early career therapist

The Aging Therapist

Trauma

Gestalt: Outdoors and Adventure-based



## AAGT Interest Groups CONTINUED

### 2. Roles and Responsibilities of a Specific Interest Group Chair/Co-chair

Using the AAGT “Covenant of Community” and the AAGT “Constitution and Bylaws” as ground for Interest Groups (IGs), we offer the following guide for roles and responsibilities of an Interest Group Chair/Co-chair. As self-regulation, on-going organic process of Gestalt formation and completion, and inclusionary decision-making are significant tenets of Gestalt Therapy and AAGT, the explicit roles and responsibilities of an IG Chair/Co-Chair will be determined by members of a given IG, and the following serves as a guide:

Volunteer to serve as an Interest Group Chair/Co-Chair, and provide a topic for and initial description of an Interest Group (e.g., Addiction, Physical Process, Dream work, LGBTQ).

Through dialogue, support the awareness of the Interest Group among AAGT membership, with support and guidance from the Interest Group Co-chairs (Daniel Bak and Bob Witchel). If an Interest Group is an open group, continue to find ways of expanding the awareness of the IG amongst the membership.

By engaging Interest Group members, explore methods for the Interest Group to interact such as, online communication (create a Circle on AAGT Website, email listserv, Skype, Facebook), or face-to-face meetings at and between workshops.

Facilitate the creation of short and long-term goals for the Interest Group, with support (if needed) from Interest Group Co-chairs (Daniel Bak and Bob Witchel).

Dialogue with Interest Group Co-Chairs (Daniel Bak and Bob Witchel) about ways they can provide guidance and leadership for the Interest Group’s success and its’ contribution to the AAGT International Community.

#### **An Interest Group Example:**

#### **Social Interventions in Communities**

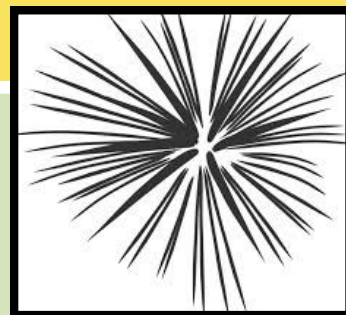
**Co-Chairs: Dominique Chabre and Patricia Tucker**

This Interest Group seeks to bring together Gestalt practitioners who are bringing Gestalt-based work into their communities. The purpose of the Interest Group is to share ideas, support each other's projects and develop some fund-raising mechanisms to allow more Gestaltists to bring Gestalt therapy to underserved populations. Gestalt therapy is an effective tool for social interventions in communities because it brings together the field -- persons-in-context --, the respect for the whole person's individual experience and interpersonal relationships.



**If you are interested in joining or gaining more information** about this Interest Group contact Patricia at: [ptucker451@gmail.com](mailto:ptucker451@gmail.com) or Domi at: [dominique.chabre@gmail.com](mailto:dominique.chabre@gmail.com) For further information about Interest Groups please contact IG Co-Chairs - Daniel Bak [dbak@gestalt.waw.pl](mailto:dbak@gestalt.waw.pl) and/or Bob Witchel [bwitchel@iup.edu](mailto:bwitchel@iup.edu) We are available to respond to questions, for guidance and support, and help with stimulating the awareness of an IG’s devel-





PWIG: Process Writing Interest Group

## The Power of Spontaneous Writing

Writing is a perfect way to communicate and connect.



*Anything is possible...*

*By writing spontaneously we can explore:*

- our awareness in the Here and Now
- our anxieties in the light of our daily realities
- childhood memories that condition our life stories
- dreams and plans for our futures
- disappointments, anger, obsessions
- our longings for love and for our other half
- whatever other topic that needs our attention

Not your head but your hand will do the work if you keep it moving, don't worry about spelling, grammar, punctuation. Your writing does not have to be logical or perfect. Go for the unknown, take risks and

### *Write Your Own Ongoing Life Story*

By writing we will get to know ourselves better, become more authentic and autonomous, learn to stand on our own feet and become who we are instead of who we thought we should be.

If we were in a group together we could read out loud the words we have written, listen to each other, give feedback and get to know each other better. As we are at a distance we have to find a way to connect

---



# The Power of Spontaneous Writing— continued

by the modern media. Of course we can start with having our own facebook page or own blog and we can Skype in small groups.

The main thing is that we start and DO IT.  
As guidance we can use my book  
*C Creating Contact & Change in Communities*,  
but of course any other guidance or book is welcome.  
The world is waiting to be explored by writers...  
Anything is possible. Just begin with creating on paper.

In the *C* book are 77 Right Questions to inspire us.  
The questions are on cards and today I drew

## Q 11: Am I prejudiced?

Maybe we can see it in the light of the political and human drama's  
that are happening everywhere. Please feel invited and write...  
If you send your text within a week or two we can publish  
and explore how we differ and where we meet.  
Will be very exciting, I am certain!

Tine van Wijk  
Amsterdam, January 20, 2015  
Email: [info@tinevanwijk.nl](mailto:info@tinevanwijk.nl)



# The AAGT Scholarship Fund

**Wishes you a productive 2015!**

Please consider donating to the AAGT Scholarship Fund on your New Year's resolutions list.

The AAGT Scholarship Fund has raised about \$100,000 over the years. Our financial assistance has enabled more than 200 recipients, representing over 25 countries, to participate in the conferences who otherwise would have been unable to do so.

In addition to enriching the conferences, many of them have as a result of their experience

become members...and many of them very active members: on committees, on the board ,  
regional contact persons, etc.

We are very proud of our Scholarship Fund.

Please consider a gift to it at this time.

No matter the size, it will be greatly appreciated.

Thank you.

The AAGT Scholarship Fund Committee

Adam Kincel and Dominique Chabre, co-chairs

Bud Feder, Cathy Gray and Ariel Valenzuela, members





## Seeking an AAGT Communications Apprentice/ Trainee for the AAGT Board

Considering a way to get more involved with AAGT?

We are looking for someone who would like to work with Communications Director, Brad Larsen Sanchez, this year to learn about AAGT communications and possibly take over the role in the future. If you're web/tech savvy, familiar with WordPress and detail oriented, consider applying!

For more information and to apply, contact Brad at [brad@bradlarsenpsyd.com](mailto:brad@bradlarsenpsyd.com).





# THE STATE OF THE ART OF GESTALT THERAPY

Pacific Northwest 2015



## "THE STATE OF THE ART OF GESTALT THERAPY" CONFERENCE / OCTOBER 9-11, 2015 IN PORTLAND, OR

Save the date for this unique conference experience, co-sponsored by Gestalt Therapy Training Center--Northwest and the Pacific Northwest Region of the Association for the Advancement of Gestalt Therapy.

This conference will highlight peer-reviewed workshops/presentations and invited panels from those living and practicing in the Pacific Northwest. We will consider the 'state of the art' of Gestalt therapy, including where Gestalt therapy has come from, where we are headed, and our place in the wider field. In this spirit, panels and workshops will include Gestalt therapy's intersection with other therapy approaches with which we share common ground: EFT, Existential/Humanistic, Intersubjective, Psychodrama, Mindfulness approaches, and Reichian therapy to name just a few possibilities. Considering our similarities and delineating our differences, we will co-create new possibilities and learn from one another. Small process groups will support intimacy and deeper connection within the container of the larger conference. Social and networking time will also be part of the weekend experience.

All are invited to join the growing and vibrant Pacific Northwest Gestalt therapy community in this experiment and exploration! Take this opportunity to visit Portland, OR in the fall. Portland is a tourist friendly city with award winning restaurants, interesting neighborhoods for strolling and shopping, and beautiful parks. For a more extended trip, it is close to great hiking, and mountain and ocean adventures.

Visit [aagt-pnw.org](http://aagt-pnw.org) for information and keep checking back for updates as the conference planning evolves. Conference registration is not yet open, but save the date! Questions? Contact Eva Gold (503 230-0900/ [info@gttcnw.org](mailto:info@gttcnw.org)) or Brad Larsen Sanchez (503 715-5468 / [brad@bradlarsenpsyd.com](mailto:brad@bradlarsenpsyd.com)) conference co-conveners. Hope to see you here!



# AAGT Northeast Region



AAGT Northeast Regional Presents:

Living as Part of the Whole:  
Self in Community,  
Community in Self

SAVE THE DATE

Friday, June 12 and Saturday, June 13

at Kean University in Union, NJ (with  
convenient access from the Newark Airport)

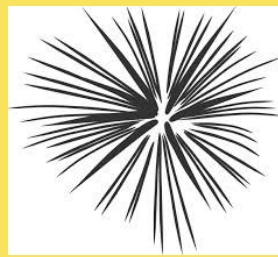
Workshops, Presentations, Evening  
Entertainment and Fun!

Please join us and also think about sticking  
around Saturday and Sunday for the  
AAGT Annual General Membership  
Meeting!

See additional info in this newsletter!



# Associating and Advancing



Gestalt as an Art in Amsterdam  
Embody the Word  
by Writing & Playing our Life Stories  
Arye Bursztyn & Tine van Wijk  
5 days CoCreating: 20-24 February 2015



**Awakening the Best in Each Other**  
**Who am I and who are you?**

In this Group we come from different places like:  
Tel Aviv, St. Petersburg, Amsterdam, Colorado

We all have our emotional stories that are related to groups like our family, our nation, our classes, organizations, clubs, institutes, schools, religions, neighborhoods, choirs. We all have prejudices that can only be dissolved by learning to communicate better and to make contact. Together we will create from inside out a place that is warmer, friendlier and more humane by moving, writing, reading and narrating our background stories. By Body Writing and Talking we will be seen and heard in a natural way. No need to force, we will CoCreate without haste or judgment:

'Creativity is an act of bravery. It states: I am willing to risk ridicule and failure so that I may experience this day with newness and freshness. The person who dares to create, to break boundaries, not only partakes of a miracle, but also comes to realize that in his process of being he *is* a miracle.' (Joseph Zinker)

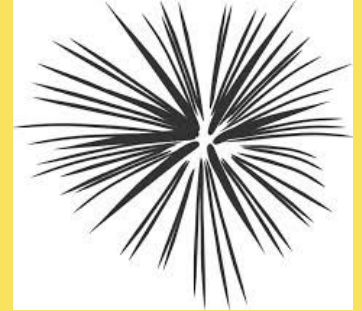
More information: [www.centrumdewalvis.nl](http://www.centrumdewalvis.nl) and [www.facebook.com/Cprocessgroup](https://www.facebook.com/Cprocessgroup)  
Please feel invited! We would love to CoCreate with you!

Tine van Wijk & Arye Bursztyn  
[dewalvis@xs4all.nl](mailto:dewalvis@xs4all.nl) \*\*31.20.6835874



# Musings on happy— Bud Feder

So many people have wished me "Happy New Year"  
in the past two weeks that I am wondering what is wrong with me...or is it them?



I have never had a happy year. I have had years with happiness embedded [essentially I think, like most emotions, happiness is an evanescent experience, in fact more evanescent than most feelings].

I was happy for an hour or so when the Giants won their first Super Bowl... and each subsequent time [though now I have sworn off football because of the severe brain damage it does to a third of the players, showing up in later life as dementia, depression, suicide, etc.].

I was happy for a while when my second child was a girl [for the first I wanted a boy and for the third a girl...and they did as they wished. Of course I love them all...and maybe more importantly, they adore one another].

I was happy for a bit when I managed a draw with the University of North Carolina's #2 player [we split two sets] Their #1 ws the best college player in the country then, so holding his #2 even was a big ...and surprising .....accomplishment.[I am talking tennis of course].

But a year? C'mon. Is anyone happy for a year?

The longest I can remember being happy is when I was 21 and had just graduated college. That summer, before the grind of grad school, I took myself alone to the Jersey shore [if you are English, that's the New Jersey USA shore], rented a room and got a weekend job as a busboy. I made enough on each weekend to pay the bills for next week. During the week

I swam [about five miles a day with two lifeguard friends...in case I started to drown], played piano every morning for 2-3 hours thanks to a lovely man in a piano store whom I met and nurtured, had a bunch of boys and girls that came together every evening and hung out. Yes, I was unconscious and happy...happy with my body, my mind, my piano, my friends. I suppose I ate a lot of good food but don't remember that part.

But a year?

No way: so i wish for a you a happy, sad, exciting, dull, successful, failing, confused, clear, and, well, all in all a.....year, Bud



*The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.*

#### UPCOMING WORKSHOPS

##### **Experiential Marathon Group for Personal and Professional Development**

This group experience engages participants in holistic, present-centered and process-oriented interactions. Participants will enjoy a day away from the usual and learn to be spontaneous in exploring creative alternatives for their lives.

**Ansel Woldt, PhD & Logan Lamprecht, PhD** 15 CE February 28

##### **Embodiment, Eating Disorders and the Brain: New Discoveries, Best Approaches**

This workshop will support therapists to increase their own sense of embodiment, best hold the phenomenological experience of their client's eating disorder in a validating way, and also offer guidelines for knowing when to refer, when to treat, and how to help clients heal and grow as they seek true recovery.

**Ellen Hoffman, MA, PCC**

**Mark Warren, MD, MPH, FAED** 9.75 CE March 5-6

##### **Introduction to Developmental Somatic Psychotherapy**

The workshop will include brief explanations of the theory, many exercises designed to raise awareness, both of the kinesthetic inputs that are normally background to our movements and of the way we resonate with others in dyadic interactions, along with video demonstrations of Dr. Frank working, applying the theory. The faculty for this workshop have trained extensively with, and are supervised by the founder, Ruella Frank, PhD.

**Kirste Carlson, DNP, ND, RN, CS**

**Deb Schneider-Murphy, LISW** 10 CE March 13-14

##### **The Heroine's Journey: A Quest for Balance and Wholeness**

In this workshop we will work with women's wisdom ways of old, examine descent/ascent stories across the ages and use the myths and symbology for personal growth and therapeutic intervention. Integrating Gestalt methodology with ritual, ceremony, meditation movement, sound and energy processes, we will reconnect with the feminine wisdom to redefine our journey as one of greater purpose and wholeness.

**Lalei Gutierrez, PhD, BCC**

**Rosanna Zavarella, PhD, BCC** 12 CE April 10-11

The Gestalt Institute of Cleveland is approved by the Ohio Psychological Association to offer continuing education to psychologists. The State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board grants the Gestalt Institute of Cleveland approved provider status to provide continuing education for Counselors and Social Workers. The Gestalt Institute of Cleveland is approved by the American Psychological Association to sponsor continuing education for psychologists. The Gestalt Institute of Cleveland maintains responsibility for this program and its content.

[registrar@gestaltcleveland.org](mailto:registrar@gestaltcleveland.org)

Call 001-216-421-0468 [www.gestaltcleveland.org](http://www.gestaltcleveland.org)



*The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.*

### UPCOMING COACHING WORKSHOPS

#### Coaching Using Physical Process 2.0

The relevance of coaching with physical process to ICF core competencies and the Gestalt Coaching Stance is reinforced throughout this program as we incorporate presence, mindfulness, making contact, using self as an instrument, looking at the person and environment as a whole, managing multiple realities and attending to the emergent present.

**Ann Attayek Carr, MS, GPCC™, MCC**

**Melissa S. Kelly-McCabe, MS, MCC, GPCC™, BCC**

**March 8-9**

14 ICF Core Competency CCEUs

14 GPCC & trade CCEs

#### Introduction to Gestalt Coaching

Come taste Gestalt methodology and explore the Gestalt approach to coaching. This two-day workshop introduces key Gestalt concepts through experiential learning and dialogue. Awareness, contact styles, Cycle of Experience, Unit of Work, paradoxical theory of change: become familiar with these Gestalt concepts and discover how a Gestalt stance can improve your coaching technique.

**Rick Hancock, MA, GPCC™, PCC, BCC**

**Linda Miller, PhD, GPCC™, PCC**

**March 27-28**

12 ICF Core Competency CCEUs

#### Coach Using Leadership Maturity and Ego Development Models

Coach your clients to unlock their internal way of taking action and dynamically illuminate what's possible for them, their companies, and their communities. In this workshop, we explore four ego maturity models with a deep dive into Susanne Cooke-Grueter and Bill Torbert's leadership development Action Logics. As you hone your coaching skills, you will discover ways to deepen your impact on client self-discovery and self-awareness.

**Melissa Kelly-McCabe, MS, MCC, GPCC™, BCC**

**Mary Ann Kraus, PsyD, BCC**

**March 30-31**

12 ICF Core Competency CCEUs

2 ICF Resource Development CCEUs



[registrar@gestaltcleveland.org](mailto:registrar@gestaltcleveland.org)

Call 001-216-421-0468 [www.gestaltcleveland.org](http://www.gestaltcleveland.org)



# New books at Illawarra Gestalt



**From Madness to Mozart**

**Wide Ranging Essays on the Application of Gestalt therapy**

**Authored by Brian O'Neill**

This book presents a wide range of essays across three decades of work and writing as a gestalt therapist. The fields covered vary from current interventions in mental health services; working in couples and family therapy; child inclusive practice; domestic and family violence; substance misuse; working with trauma and war veterans; group work; working in court settings; communities; and management. With this spectrum of topics I stretch gestalt therapy theory and practice to incorporate areas such as spirituality; relativistic quantum physics; creativity; poetry; political science; supervision and ethics and our developmental journey from childhood to adulthood through to old age. This is a rich tapestry of threads interwoven into a multifaceted view of the application of gestalt therapy in the 21st century.

Available at Createspace: <https://www.createpace.com/4727840>

Also at Ravenwood Press [http://illawarragestalt.org/Index\\_files/Page619.htm](http://illawarragestalt.org/Index_files/Page619.htm)

**The New York Institute for Gestalt Therapy in the 21st Century:**

**An Anthology of Published Writings Since 2000**

**Edited by Dan Bloom, Brian O'Neill**

This is a collection of writings by members of the New York Institute for Gestalt Therapy previously published from 2000 to 2014. Here you will find essays with much in common and with important differences. These papers reflect the authors' relationship to the institute and offer what they believe is representative of their work. This collection exemplifies the institute: our membership, our mission our sense of history-and marks our place in contemporary gestalt therapy.

Available direct at CreateSpace estore: <https://www.createpace.com/4371271>

Also at Ravenwood Press [http://illawarragestalt.org/Index\\_files/Page619.htm](http://illawarragestalt.org/Index_files/Page619.htm)

# New book with chapter written by Phil Brownell

*Chapter 15: Contemporary Gestalt Therapy: An Early Case of Theoretical Integration come of age*

*Abstract*

*Introduction*

*The Early Integration of Classical Gestalt Therapy*

*Theoretical Core for Contemporary Gestalt Therapy*

*Gestalt's Evidence Base*

*Gestalt Therapy and Contemporary Issues in Psychotherapy*

*Suggestions for Further Study*

*References*

**KEY FEATURES:**

*The book moves beyond the presentation of theories as interesting abstractions and focuses on how each theory provides a useful basis for contemporary practice.*

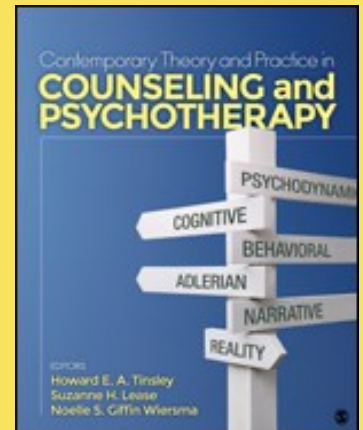
*An emphasis on working from an evidence-based perspective includes full-chapter coverage and summaries of the concept across theoretical perspectives so that students can contrast the existing evidence bases.*

*Chapters are written by internationally acclaimed experts in each theory to provide students with the most up-to-date information on theory revisions and how the theory is currently used.*

*A clear explanation of the common factors model and its relevance to contemporary practice prepares readers for effective practice, as this model is an integral part of all theoretical approaches and accounts for most of the variance in counseling effectiveness.*

*Inclusion of information about mindfulness in each theory helps readers understand how its basis in theoretical approaches.*

*I wrote this chapter describing gestalt as an integrative approach (theoretical integration) with the anthropology of the organism-environment field being the organizing factor for centering the integration, and as such it fits nicely just before a chapter on John Norcross and integrative theories of psychotherapy. Perhaps it will help people outside of gestalt therapy find motivation to look into GT more than they have.*



**GIVING VOICE:  
A Gestalt workshop  
for those afraid to sing and shout!  
(weekend workshop)**



# Centre for Somatic Studies



**Ruella Frank, Ph.D.**

## **New York City**

### **Introduction to Developmental Somatic Psychotherapy**

February 20 - 22, 2015, 9:30 am - 5:00 pm

**For more information and to register go to [www.somaticstudies.com](http://www.somaticstudies.com)**

## **Edinburgh**

### **Developmental Somatic Psychotherapy: An Introduction**

Edinburgh Gestalt Institute, June 8 - 11, 2015

**For more information and to register email [info@egi.uk.com](mailto:info@egi.uk.com)**

## **Edinburgh**

### **Traumatic Attaching: A Phenomenological Approach**

Edinburgh Gestalt Institute, June 13-15, 2015

**For more information and to register email [info@egi.uk.com](mailto:info@egi.uk.com)**

## **New York City**

### **Two-Year Training Program, 2015-2017**

#### **Developmental Somatic Psychotherapy**

developmental process embodied within the clinical moment

Module One, October 25 - 30, 2015

Module Two, February 14 - 19, 2016

Module Three, October 2 - 7, 2016

Module Four, March 12 - 17, 2017

Developmental Somatic Psychotherapy, created by Ruella Frank, Ph.D., is a relational and movement-oriented approach to psychotherapy within a gestalt therapy framework. Inspired by the work of developmental psychologists and somatic practitioners, Developmental Somatic Psychotherapy is a template for understanding and working with early psychophysical blocks as they emerge in the here-and-now of therapy. Attending to movement patterns is particularly powerful when guided by contemporary developmental theory.

**For further information and to register email Ruella Frank at [ruellafrank@gmail.com](mailto:ruellafrank@gmail.com)**

## **Oslo**

### **Open Workshop: Developing Presence**

Norsk Gestaltinstitutt, November 19 - 20, 2015

**For more information and to register go to [www.gestalt.no](http://www.gestalt.no)**

# **The New York Institute for Gestalt Therapy in the 21st Century**

## **Introduction: A New York Institute, a World Institute**

The future is bright for an institute almost as old as gestalt therapy itself.

This is a collection of writings by members of the New York Institute for Gestalt Therapy previously published from 2000 to 2012. Here you will find essays with much in common and with important differences. These papers reflect the authors' relationship to the institute and offer what they believe is representative of their work. This collection exemplifies the institute: our membership, our mission our sense of history—and marks our place in contemporary gestalt therapy.

Our members aren't linked by residence in New York. This book's senior editor is from New York City and its co-editor from Wollongong, Australia. Citizens of separate nations, we nevertheless are at home together at the New York Institute for Gestalt Therapy (hereinafter, NYIGT). The institute's current members are from 4 continents, 10 nations, and both hemispheres. Something other than their region brings our members together.

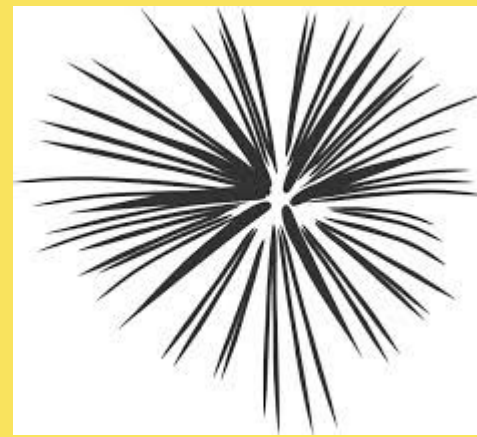
The NYIGT wasn't actually intended to be local membership institute. The group informally organized in 1951 around a common interest—to be taught and trained in gestalt therapy by Fritz and Laura Perls and Paul Goodman. Those they trained soon trained others and so it continues. We soon called ourselves the NYIGT. (Stohr, 1994, Bloom, 2009)

From the outset the institute's mission was clear and was formally articulated in our Certificate of Incorporation. Our purpose is "to formulate, develop, and popularize procedures and techniques in the theory, practice and programming of Gestalt therapy through research, meetings, programs, writings, lectures, and similar means." (Certificate of Incorporation of the New York Institute for Gestalt Therapy Inc. filed with the New York State Education Department, June 25, 1970)

It is this mission which guided the institute for decades and gathers us members from all parts of the world.

We hold seminars, study groups, workshops, training, practicum, and discussions on our online discussion group in which we continue "to formulate, develop, and popularize" the core theory/practice of gestalt therapy. The classic model of the founding text, *Gestalt Therapy, Excitement and Growth in the Human Personality* by Fritz Perls, Ralph Hefferline, and Paul Goodman (1951) is the starting place for our developing gestalt therapy. While we respect the classic model, we continue to challenge and reformulate it to reflect our ongoing understanding of gestalt therapy theory/practice. This will be clear in the chapters that follow. Over the years, we developed a model of a teaching/learning community where teacher learns from student and student teaches the teacher. The teaching/learning process, then, is a field event, an emergent function of the contact-boundary (Bloom 2009).

The institute doesn't have an office. Our mail comes to a post office box. Our telephone is voice mail only. Members take turns responding to messages. We have a website ([www.newyorkgestalt.org](http://www.newyorkgestalt.org)) and an email address ([info@newyorkgestalt.org](mailto:info@newyorkgestalt.org)). For 60 years, we've met in brick and mortar rooms rented on an ad hoc basis. We now have a members online discussion group. Our monthly membership meetings in New York City are open to anyone interested in exploring or simply curious about gestalt therapy.



## The New York Institute for Gestalt Therapy in the 21st Century

### Continued

Importantly, our “meetings” are wherever we meet one another to further the institute’s mission.

We meet at the contact-boundary, which is not a physical location crisscrossed by longitude and latitude. It is the experienced “here” of our meetings, seminars, study groups, workshops and presentations; it the “here” where we meet one another at conferences; and it is the “here” of our online discussion groups. It is at this contact-boundary where the institute is ever-emerging, our creativity ever-refreshing, and our history ever-renewing. It is fundamentally — and contactfully — the ground of our teaching/learning community.

In this sense as you read this book, as you think along with and question our authors, you are making contact with us — the institute alive and growing in the words/ideas of our members. Being with us at this boundary of contact you have joined us at a “meeting” of the NYIGT.

Read on; engage with our members’ words and ideas. Whatever understanding co-emerges from your contacting us here is at the very contact-boundary that is the thriving of the NYIGT. It is how this institute that continues to draw inspiration from its own history gathers new excitement in the present.

History is our “DNA.” Our history shows itself in each chapter. It appears in the influence of our founders and teachers; it appears within the serious scholarship with which we continue to develop gestalt therapy. History as a present experience is intrinsic in our commitment to developing gestalt therapy theory/practice from the starting point of the classic or basic model; this commitment brings us together as members of this institute, an institute as old as gestalt therapy itself.

In the following chapters you will find historical names in the references. We single out three whose imprint continues to shape the institute and how its members continue to further the institute’s mission.

Laura Perls (b. 1905 – d. 1990) was the president for life of the NYIGT. She trained therapists around the world from 1951 through the 1980’s. Her focus on the supports for contacting was especially influential. There is hardly a gestalt therapist at the institute who hasn’t been influenced by her directly or indirectly.

Isadore From (b. 1919 – d. 1994) has been called the dean of gestalt therapy trainers. Fritz was one of the first members of the NYIGT to take gestalt therapy across the country. Isadore carried it next. (Stohr, 1994) Isadore taught the basic model of gestalt therapy and time and again made sure its crucial importance wasn’t missed.

Richard Kitzler (b. 1928 – d. 2009) was a central presence at the institute. He also taught the basic model of gestalt therapy —but from his own changing perspectives. He supported risk-taking and innovation within the institute — and supported many of us to come forward with our own ideas

We honor these mentors who remain central to the identity and history of the NYIGT by dedicating this book to them.

### References

- Bloom, D. (2009). “The emergence of foundational gestalt therapy focus (pp. 73-86). Wollongong, AUS: Ravenswood Press.
- Stohr T. (1994) Here now next. Jossey–Bass: San Francisco.



# **FULL-SPECTRUM GESTALT SEX THERAPY: STELLA RESNICK**

## **A Comprehensive Training In Relationship And Sexual Enhancement**

I want to let everyone know about my next training at Esalen this coming March. This is a wonderful opportunity to enjoy a memorable learning experience integrating gestalt processing with the latest research in neurobiology and sexology and to spend 5 days at one of the most magnificent places on the planet. It also offers 26 CE credits. Here's some information.

Stella Resnick, PhD  
Esalen Institute, Big Sur California  
Sunday to Friday, March 1-6, 2015

26 CE credits (APA, MFT, LCSW)  
26 AASECT-approved CE credits

This 5-day training integrates cutting-edge research in attachment, neuroscience, and sexology with somatic-experiential methodology and breath work, to explore these areas of personal, interpersonal, and professional development:

- The Attachment-Sexuality Spectrum: from early family bonding and attachment style to romantic love, libido, and expansive sexual pleasures
- The Pain-Pleasure Spectrum: from healing trauma, to reactivating areas of arrested development, to the joys of play, creativity, and exuberance
- The Cognitive-Somatic Spectrum: from left-brain cognitive reframing to the healing potentials in the nonverbal, empathic, right brain and body attunement
- The Experiential-Behavioral Spectrum: from present-centered gestalt processing, imagery and breath awareness, to affect-regulation, setting and realizing goals

For more info: <http://www.drstellaresnick.com/programs-for-professionals>.

To register, email: [stella@drstellaresnick.com](mailto:stella@drstellaresnick.com)

Or call: (310) 855-7565





Ljubljana, Slovenia  
July, 2015  
GATLA

## *44<sup>th</sup> Annual Summer European Gestalt/Couples Therapy Workshops*

### **Couples Therapy Training Workshop:**

**July 5 – 11, 2015**

The Couples Program has two levels of training – Basic and Advanced – and offers participants an opportunity to see experienced Couples Therapists (Bob and Rita Resnick) present their model of couples therapy and work live with model couples. Participants will work “hands on” with role-play or model couples with live supervision from faculty.

### **Gestalt Therapy Training Workshop:**

**July 12 – 24, 2015**

The Gestalt Program has five levels of training from Basic to Master Class and includes daily theory lectures as well as the option of daily individual therapy, practice in trios and quartets and the opportunity to see International faculty work and relate clinical work to theory. Participants work with live faculty supervision. Theory track: *The many faces of Gestalt Couples Therapy*: Joe Melnick, Ph.D. Hanne Hostrup, Lic. Psych. Rita Resnick, Ph.D. and Robert Resnick, Ph.D.

These two training programs take place in the elegant Art Nouveau Grand Hotel Union <http://www.union-hotels.eu/en/grand-hotel-union/> in the magical city of Ljubljana, Slovenia which occupies the northern part of the former Yugoslavia and borders Austria to the north and Italy to the west (190 km to Venice). The Ljubljanica river runs through the center of the city with boutique bars, restaurants and coffee houses spilling onto the banks of the river along the romantic pedestrian promenade. **Join our warm community of participants from 25 different countries.**

**Contact:** Rita Resnick, Ph.D., Faculty Chair

**Further information**

**Some partial scholarships available**

**[ritaresnick@gatla.org](mailto:ritaresnick@gatla.org) (310) 826-7770**  
**[www.gatla.org](http://www.gatla.org)**





## Seattle Ongoing Psychotherapy Training Program for Therapists 2015

### *A Couple of Individuals*

Rita Resnick, Ph.D. & Robert W. Resnick, Ph.D.  
Gestalt Associates Training Los Angeles



Internationally Renowned Gestalt Therapy  
& Couples Therapy Trainers

[www.gatla.org](http://www.gatla.org)

**4 Weekends: Feb 7 – 8, April 25 – 26, Sept 19 - 20, Nov 14 – 15, 2015**

For the past six years, the Resnicks have been offering training in both Couples and Individual Gestalt therapy to an ongoing group of therapists in Seattle. In 2015, we are looking to add new participants to this training. We have two categories of new participants:

- Participants with two or more years of Gestalt Therapy training.
- Participants new to Gestalt therapy

Our hope is to have enough therapist participants to work in two smaller groups perhaps sharing the demonstrations and some of the theory with both groups together and while spending most of the time in small groups doing hands on practice with live supervision.

The workshop will include didactic theory presentations, discussions, observing the trainers work live (a rare training opportunity) followed by discussions of the work plus optional "hands on" practice with live supervision of volunteer participants. The balance of how much Individual therapy and how much Couples therapy will be by consensus of the actual group members. Individual therapy is usually about different relationships in clients' lives. Combining individual & Couples therapy sheds light on how to negotiate both domains: being an individual and being part of a couple.

*For individual therapy, the heart of the work is in a fully engaged dialogic relationship with the client whereby the relationship becomes the window ("fresh fish") to identify process.*

The Resnick Couples Therapy model explicitly deals with the basic human dilemma that all of us deal with from birth to death: **How to be with another and maintain a self...** as well as the fundamental source of all couples issues: **Dealing with difference.** With rare exceptions, *how* couples deal with differences is far more important than *what* the differences actually are. Of course, existential issues such as meaning, connection and individuation are also crucial.

#### **Schedule:**

We will have an optional theory review (no additional cost) on the first Friday evening at the same location as the workshop. This is to bring any new people up to speed on the basic theory and for a review for those who have been with us previously and/or are familiar with Gestalt theory and would like a refresher.

Fees:	Deposit	Full Fee
Individual	\$350	\$1400
Full Time Students	\$300	\$1200
Volunteer Model Couples needed (2 – 4)		\$100 per couple/per session

**Please note: Registration is for the 4 weekends even if you are paying only the Full or Student Deposit unless you have made prior arrangements with Rita or Bob. This is a series and you are registering for and are financially responsible for the entire series fee – whether or not you attend.**

To learn more about the Resnicks go to: <http://gatla.org/faculty/> where you can also see a recent 39 minute interview with the Resnicks about Coupling and Couples Therapy.

For additional information please contact Rita Resnick: [ritaresnick@gatla.org](mailto:ritaresnick@gatla.org)

Register online: <https://gatla.org/store/#ecwid:category=682717&mode=product&product=2792093>





# An Elephant Called Butterfly

**Lois Meredith and Marin Hailey Moss**

As many of you know, elephants, intelligent and socially conscious animals that we should be emulating rather than annihilating, are being poached to extinction. Although ivory trade is banned worldwide, black market sales continue - in China and yes, right here in New York. At this rate there will be no elephants left in the wild ten years from now.

My friend and colleague, Marian Hailey Moss, and I have written a book for kids 8-12, AN ELEPHANT CALLED BUTTERFLY.

It is the story of a baby African elephant whose mother is killed by poachers. Two young people, an African boy whose father runs the sanctuary in Africa now trying to save the baby's life, and a girl from the Upper West Side meet, recognize a common passion for elephants, and vow to do everything they can to save them.

The book is intended to raise awareness in this important and as yet untapped segment of our population. We hope that our book will empower children to take action and to similarly move their parents. Although these are not specifically discussed, our book clearly embodies the Gestalt principles of *awareness* and *experiment*, and of *response-ability*, the capacity to respond (in this case, compassionately) to a fellow creature.

Proceeds from the book will go to elephant conservation efforts.

Check out our website <http://anelephantcalledbutterfly.com>

Warmly,

Lois

## What's Behind the Empty Chair: Gestalt Therapy Theory and Methodology - Liv Estrup

I am so happy to let you know that I have finished the re-edit of **What's Behind the Empty Chair: Gestalt Therapy Theory and Methodology**. Using photography and graphic images to illustrate Gestalt therapy concepts, the theory is presented as a series of lenses through which the therapist can focus on different aspects of the theory and therapy. Originally available in VHS, it is now available in chapters on DVD and on Vimeo. The previous film has been used in universities, training programs and organizations around the world both as an introduction and as a review of Gestalt therapy principles.

Flying Without Wings: Life with Arnold Beisser, MD (author of Paradoxical Theory of Change) will also be available on Vimeo.

## Gestalt Therapy Residential Workshop in Portugal

### May 17-25, 2015

Carol Swanson: [ndakotasue@yahoo.com](mailto:ndakotasue@yahoo.com)

Cathy Gray: [cathybgray@gmail.com](mailto:cathybgray@gmail.com)



**Early Registration     \$1600**  
**After 1/1/2015         \$1800**  
**Transportation not included**

\$1000 will hold your place  
 Balance is due by 3/1/2015

**CEs available. Contact  
 workshop leaders for details.**

### **Relax, Revive, Rekindle your Creativity**

### **Restore your Body, Mind, and Spirit**

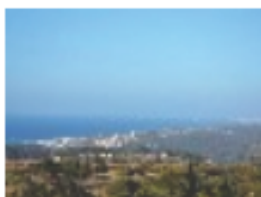
Join Cathy Gray and Carol Swanson  
 in the countryside of beautiful Portugal.

We will spend our mornings focusing on body, mind, and spirit through a Gestalt Therapy perspective. In the afternoons you will be free to explore the surrounding countryside, swim in the pool or nearby ocean, curl up with a book, or simply take a nap. Our evening meals will be prepared by teams of participants. Evenings sessions will be a time of creativity and personal work. At mid-week we will have a full day free to further explore and enjoy the wonders of Portugal.

### **Workshop Leaders**

**Carol Swanson, LCSW:** Carol is co-director of Portland Gestalt Training Institute. She trained for 30 years in Gestalt Therapy Carol originally studied with Isadore From and later trained at the Gestalt Therapy Institute of LA. Most recently she studied with Donna Orange, both in clinical work and in philosophical resources for clinicians.

**Cathy Gray, LCSW:** Cathy has more than 35 years working with individuals and organizations. Cathy trained at the Gestalt Therapy Institute of Phila. She also studied Developmental Somatic Psychology with Ruella Frank, Focusing, Mind Body Centering, and Improvisational Movement. Cathy is on the faculty and board of GTIP and is past president of AAGT.



### **About the location:**

The villa is located in the Natural Reserve of Sintra with a view of the sea and surrounded by mountains, and trekking and biking trails. The most beautiful beaches of Portugal and Sintra's World Heritage historical monuments are just a few minutes away. Cabo da Roca, the westernmost point in continental Europe, is within walking distance from the property.

The nearest beach is only 5 minutes by car from the property. The coast is famous for water sports activities and white sandy family beaches. The choice of other beaches is endless - all within 20 min drive from the property. Within 12 km from Sintra are palaces, castles, and museums.

### **Transportation**

You are responsible for your own plane reservations. Upon request we will give you names and emails for others attending so that you can coordinate travel and share rental cars, if you wish.

The closest airport is Lisbon.

There is also a bus stop 50 m from the villa and a railway station 10 km away.

### **Registration and Cancellation Information**

Early registration is \$1600. We must have received your \$1000 deposit before January 1, 2015 to qualify for the early registration fee. The balance is due by March 1, 2015

After January 1, 2015 the fee is \$1800. A deposit of \$1000 will hold your spot.

If for any reason you find you need to cancel your participation, please contact us immediately. Cancellations received before January 1, 2015 will receive a full refund minus \$50 service charge. Unfortunately we are unable to refund your deposit for those cancellations received after January 1, 2015.

To register send a check to Cathy Gray, 426 Haverford Ave. Narberth, PA, 19072, USA along with your name, address, email address and cell phone or land line numbers.



**CALL FOR PROPOSALS**  
**20 ENCUENTRO DE**  
**LA COMUNIDAD MEXICANA DE**  
**GESTALT:**

**“SER, HACER, TRASCENDER”**

**GUADALAJARA, MEXICO**  
**23-26 JULIO, 2015**

**PRECONFERENCE WORKSHOPS (4H)**

**CONFERENCE WORKSHOPS (3H)**

**PROPOSAL FORMAT ONLINE**

**[www.asociacionmexicanadegestalt.com](http://www.asociacionmexicanadegestalt.com)**  
**[ampgestalt@gmail.com](mailto:ampgestalt@gmail.com)**

**deadline: 30 DE MARZO, 2015**

We will accept proposals IN SPANISH ONLY, although the workshops may be presented in English, French, Italian, Portuguese or other languages subject to the availability of interpreters. We are NOT responsible for providing interpreters. Please note that this is NOT a bilingual event, and that there may be limited workshops available for non-Spanish speakers, although the international Gestalt community is very warmly welcomed to participate.





# Asociación Mexicana de Psicoterapia Gestalt

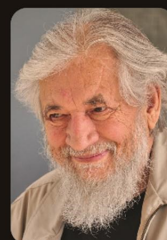
INVITA A LA:  
*Conferencia Magistral*

## La Gestalt como antídoto a la mente patriarcal

*Impartida por:*

**Dr. CLAUDIO NARANJO**

*Candidato al premio Nobel de la Paz 2015*



**12 de marzo 2015. 18:00 hrs.**

COSTO: *Público en general: \$200 | Miembros AMPG: \$150*

**i: 618 117 3281 | [ampgestalt@gmail.com](mailto:ampgestalt@gmail.com)**

**SEDE : Centro de Estudios de los Valores Humanos (AUDITORIO)**

Ubicado en: Calle Santa Cruz Cacalco 15a, Col. México Nuevo.

Del. Miguel Hidalgo. México D.F. **L2L7**

(Al poniente de la ciudad. 5 minutos de Polanco, Plaza Carzo.)

<http://www.asociacionmexicanadegestalt.com>



**Escuela Gestalt Viva**  
Claudio Naranjo



**President (2014-2016)**

Patricia Tucker  
36 W. 25th St. 10<sup>th</sup> Floor  
New York, NY 10010  
Email: [PTucker@aol.com](mailto:PTucker@aol.com)  
Phone: 347 306 1576

**Vice President**

Till AGM June 2015  
Gail Feinstein  
80 East 11 Street - Ste.517  
New York, NY 10003  
Email: [gail13feinstein@aol.com](mailto:gail13feinstein@aol.com)  
Phone: 917-495-8941

**President Elect**

Toni Gilligan  
22 Cottage, Throckmorton  
Worcs, UK, WR10 2LA  
+44 (0) 1386 561 528  
Email:  
[toni.gilligan@gestaltcentre.co.uk](mailto:toni.gilligan@gestaltcentre.co.uk)

**Secretary**

Monique Mercado  
1000 Westbank Dr.,  
Bldg 6-250 Austin, TX 78746  
Email:  
[moniquemercadophd@gmail.com](mailto:moniquemercadophd@gmail.com)  
Phone: (512) 902-4357

**Treasurer**

Burt Lazarin  
276 Fifth Avenue,  
Suite 1011,  
New York 10001-4509  
Email:  
[briaz@aol.com](mailto:briaz@aol.com)  
Phone: 917 647 3203

**Continuing Education Officer**

Dina Miller  
P.O. Box 141122  
Columbus, Ohio 43214 USA  
Email: [Dinamiller3@aol.com](mailto:Dinamiller3@aol.com)  
Phone: (614) 563-6571

**Archivist / Associate CE Officer**

Ansel Woldt  
511 Beryl Dr.  
Kent, OH 44240 USA  
Email: [nansew@aol.com](mailto:nansew@aol.com)  
Phone: (330) 673-8729

**Communication's Director**

Brad Larsen Sanchez  
3050 SE Division St, Ste 215  
Portland, OR 97202  
[brad@bradlarsenpsyd.com](mailto:brad@bradlarsenpsyd.com)  
Phone: (503) 715-5468

**Newsletter Editor**

Alexandra Schlotterbeck  
4a Wynell Road  
London, SE23 2LN UK  
Phone: 0044 (0) 7728 565 353  
Email:  
[alexandra@gestalt.uk.com](mailto:alexandra@gestalt.uk.com)

**Research Liaison**

Mark Reck  
436 S. Prospect St., Wright 113  
Burlington, VT 05405 USA  
Email: [mark\\_reck\\_nsvd@gmail.com](mailto:mark_reck_nsvd@gmail.com)  
Phone: 802-656-3340

**Membership Co-Chairs**

Maryanne Nicholls  
42 Harriet St  
Toronto, ON M4L 2E9  
Canada  
Email:  
[maryanne.nicholls@gmail.com](mailto:maryanne.nicholls@gmail.com)  
Phone: (647)-299-1045

Nancy Woldt  
511 Beryl Dr.  
Kent, OH 44240 USA  
Email: [Nansew@aol.com](mailto:Nansew@aol.com)  
Phone: (330) 673-8729

**Organizational Rep Co-Chairs**

Mariene Blumenthal  
21403 Chagrin Blvd #210  
Beachwood, OH 44122  
Phone: (216) 513-1805  
Email: [marioblum@yahoo.com](mailto:marioblum@yahoo.com)

Jannette van Beusekom  
822 Marietta Avenue, Suite 23  
Lancaster, Pennsylvania 17603  
[jmvanbeusekom@comcast.net](mailto:jmvanbeusekom@comcast.net)

**RDF Liaison**

Delndre Winter  
[info@gestalt-approaches.de](mailto:info@gestalt-approaches.de)

**Administrator**

Michael Saslajn  
POB 42221  
Portland, OR 97242  
Email: [admin@aaagt.org](mailto:admin@aaagt.org)  
Phone: (503) 877-9606

**Scholarship Fund Co-chairs**

Dominique Chabre  
Jimenez del Campillo # 77  
Col. Centro  
91500 Coatepec, VER  
Mexico  
Tel: 55 228 8163226  
Email: [Dominique.chabre@gmail.com](mailto:Dominique.chabre@gmail.com)

Adam Kincel  
6a Bessborough Place  
London, SW1V, 3SG  
UK  
+44(0)7920 255 542  
[adam@gestalt.uk.com](mailto:adam@gestalt.uk.com)

**RCP Coordinator**

Adam Kincel  
6a Bessborough Place  
London, SW1V, 3SG  
UK  
+44(0)7920 255 542  
[adam@gestalt.uk.com](mailto:adam@gestalt.uk.com)

**Member – At- Large**

Bud Feder  
100 Valley Road  
Montclair NJ 07042 USA  
Phone: (973) 746 6815  
Email: [bfeder@verizon.net](mailto:bfeder@verizon.net)

**Interest Group Co-chairs**

Bob Witche  
244 Park Square Lane  
Pittsburgh, PA 15238  
Email: [bwitche@iup.edu](mailto:bwitche@iup.edu)  
Phone: (412) 252-2450

Daniel Bak  
Pracownia Psychologiczna JA-TY  
Dubols 10/7  
00-188 Warsaw  
Poland  
Tel.: +48 693 348 341  
E-mail: [dbak@gestalt.waw.pl](mailto:dbak@gestalt.waw.pl)





*"A Couple of Individuals"*  
**An Integrative Gestalt and Couples  
 Therapy Training Workshop For  
 Therapists**

Oslo, Norway – March 13-15, 2015

With:

**ROBERT W. RESNICK, PH.D.**

**RITA F. RESNICK, PH.D.**

**Gestalt Associates Training**

**Los Angeles**

**International Gestalt Therapy & Couples  
 Therapy Trainers**

Location: Oslo Hospital, Ekebergveien 1 A



An integrative training workshop series approaching both Individual and Couples Therapy from a Gestalt Therapy perspective. Grounded in existentialism, this is a field theoretical, phenomenological, dialogic and process model. For therapists, this is an opportunity to witness, experience and discuss a model of Gestalt and Couples Therapy derived from another branch of the Gestalt Therapy tree than is typically taught in Norway and other parts of Scandinavia.

The workshop will include didactic theory presentations, discussions, observing the trainers work live (a rare training opportunity) followed by discussions of the work – relating the clinical work to the theory. The balance of how much Individual therapy and how much Couples therapy will be by consensus of the actual group members.

• An optional theory review on Friday at 15:00 – 17:00 - before the workshop officially begins at 18:00. For both new participants and returning participants from 2014 who want the review. No charge.

**Schedule:**

Times: Friday, theory review (optional): 15:00-17:00

Friday, Workshop: 18:00-21:00

Saturday, 9:30-17:00,

Sunday, 9:30-16:00

To Register send email to: [erlingmt@gmail.com](mailto:erlingmt@gmail.com). Deadline 15th February. 2015

Cost: 3.000 NOK or 3.400 NOK inclusive of lunch

For More Information Contact Erling Thorkildsen.

Email: [erlingmt@gmail.com](mailto:erlingmt@gmail.com)

Phone: +47 99253065

**Announcement:** If enough participants are interested, we are open to making this into an ongoing series of several workshops each year with the same people. This will give us all an opportunity to go farther and deeper as we develop more trust and connection as an ongoing community.



**Your next newsletter will be published at the end of April.**

**Please send contributions to alex. Email is:**

**Alexandra@gestalt.uk.com by 15th April 2015.**

Communications Director: Brad Larsen Newsletter Editor: Alex Schlotterbeck Publication Guide-  
lines: Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and  
the creativity and interest of the membership. Letters to the Editor should be succinct and o the  
point. All material submitted remains the property of the Newsletter staff. Deadlines are final. Style  
can be informal, but should be good

writing. All material is subject to editing to fit the parameters and needs of any given issue of the  
Newsletter. The content herein represents the opinions of contributing authors and not the opinion,  
policies or procedures of

AAGT unless otherwise specified.

Let Us Get To Know You!