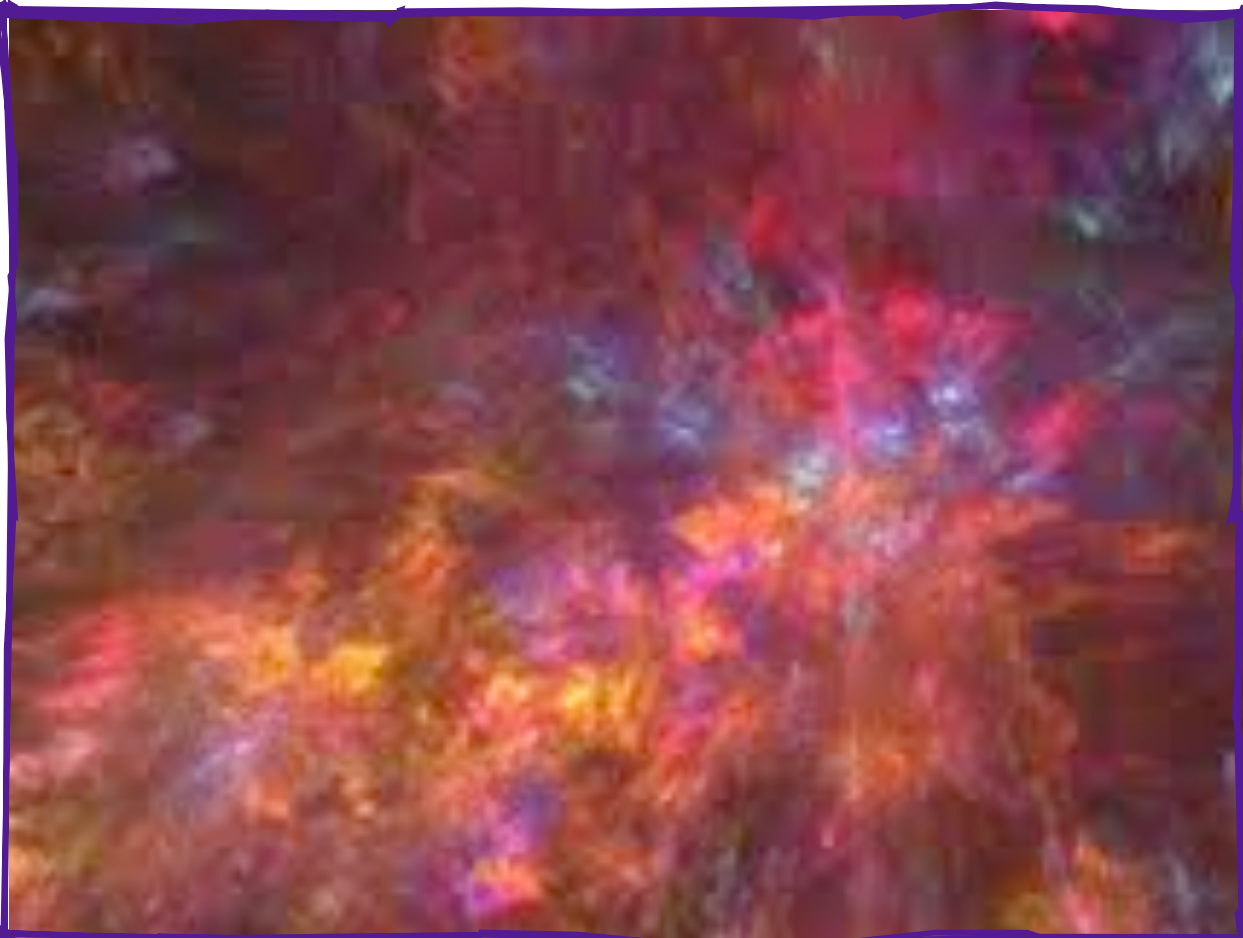




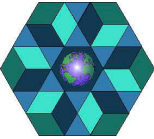
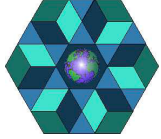
News for
AAGT
Members

Associating and Advancing

JAN 2014

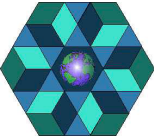
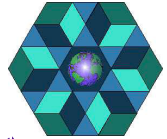


Welcome to the ongoing experiment that is AAGT, an international community!



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Gail Feinstein, President



Many warm greetings and wishes as we step into the new year. The depths of winter embrace us here in the majestic mountains of New York. The flakes of snow shimmer in the welcomed morning sun light. It is very beautiful.

My big, red cat, Sassafras (Sassi, for short) and I are mesmerized by all the activity of the courageous birds that stay for the frigid weather. The picture window gives us a grand view of the bird feeder and suet hanging off the roof of the porch. The chickadees capture most of our attention. They dance with delight as they take the nourishment that is being offered them. I am struck by what extraordinary teachers they are – that they show us, so simply, how to inhabit one moment unfolding into another. My heart fills with gratitude and joy from their exuberant expression and engagement with life.

Pausing here....I notice the movement of my breathing body – how it opens and expands – sensing a slower, fuller, deeper breath – receiving this beautiful invitation of wakefulness into another amazing gift of nature's art work.

I am with you today, sitting in my pink chair, so worn by my steady companionship of the last six weeks. I watch the birds for hours these days as I heal from hip replacement surgery. I thought that I'd be dancing with them by now but the treacheries of winter had other plans for me. I am well and strong yet my vulnerability created by the seasonal hazards, has slowed my path to getting back into normal, daily routine.

I'm excited to tell you that our organization is a flurry with activity as well. It is that crucial time, only eight months before our conference at Asilomar, where there is an ongoing stream of transitionings and so much hard work. After receiving an unprecedented number of proposals, peer reviewing is complete. The committee has passed along its findings to the preconference and program folks to negotiate the next step. After many hours and much deliberation, workshops have been chosen and are being posted on the website. To prepare for the start of registration, members have been working on the budget, being creative with getting the word out, and so much more that the creating conference entails.

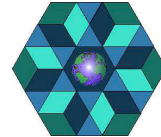
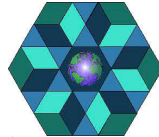


Each task seems to boldly invite us into a collaborative partnership; working together, sharing ideas - a beautiful strengthening and broadening of our relationships and building of community – another kind of 'work of art' in progress/ in process.

I am continually in awe of the commitment and passion of our volunteers. It is truly remarkable. While a lot of energy is going towards the biennial conference, there are other activities taking place. In the United States, there have been a couple of interesting and exciting regional conferences, one in the Pacific Northwest and the other in the Southwest. Please see the write-ups here in the newsletter. The International Task Force has been working on an amendment to be added to the Constitution and By-Laws. A new Research Fund committee has formed and is setting up perimeters to administer the funds. Also, the Regional Development committee continues to work on the application form and criteria for distribution of its funds and other ways to support the regions. A Board of Directors Retreat is being planned just prior to the Asilomar conference. We will attend to business that urges more time for exploration and discussion. The agenda continues to grow and includes: exploring what it means to be an international community; the relationship and responsibility of AAGT to the various global regions; to reassess, and perhaps, restructure the peer review process; to look at possibilities to advance our use of social media.

I love this ongoing experiment that is our community; how it holds and contains and yet, allows and supports much breathing room as we attend to and meet the needs, interests and excitement in the field.

Wishing you a new year filled with well-being, prosperity and peace.



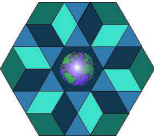
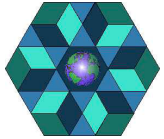
Patricia Tucker - Vice President

Greetings! Time sure has been flying by since the New Year has begun and now it's just two weeks until registration for our next conference begins! It's been thrilling to take a small part in our Conference Planning Committee if only to gain a window into this very active and organized group of volunteers who are all hard at work to make our next conference a success in every way: from lots of negotiations with our hosts at Asilomar to ensure that the venue suits our needs, to careful consideration of peer-reviewed proposals, to publicity, to budgeting and program planning and room designations and entertainment options and all the work of providing continuing education credits, to planning and providing scholarships and work-study and volunteers, to process group, plenary, and community meeting planning --- the list goes on and on and this small group of committed individuals are doing their very best to think of all the details! I'm so grateful to them and I'm sure you will be too, especially when you go to our website (www.aagt.org) and take a look at the Pre-Conference and regular Conference presentations. What a terrific line-up! I can't wait to register when registration opens on February 15th and I hope you will join me in doing the same! One other important thing I want to encourage you to do is to take a look at is the Asilomar conference site itself. This beautiful conference center will provide all of our meals and allow us to be together in some new ways (eat together, have campfires, walk on the beach....) While some really low-cost housing options off-site are available, we really hope that you will be able to join us in staying at Asilomar!

So looking forward to seeing you all there!

Patricia





Dear members,

Winter may have been fierce in certain parts of the world and I am the first to admit just getting through the 'to-do' list has occupied most of my time this month however as I read over the contributions and hear the excitement of Gail and Patricia writing about the conference, I get some sustenance (vicariously !) . It's inspiring to hear about all the work that has been going on behind the scenes, ready for the big 'show' in September at the conference. It's helps to hear of the regions that have been happily 'gestalt-ing'. I hope this newsletter can shower you with a little of that excitement and merriness that it did me.



Best wishes,

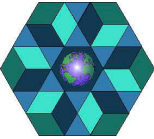
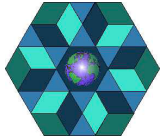
Alex

SUPPORT THE ASILOMAR CONFERENCE!!

Become a **SPONSOR**+ by going to www.aagt.org/sponsor and following the link. **Benefits** that you receive:

- Have your logo and link to your organization's website on our conference webpage and in the printed program
 - Receive a table at the conference for promoting your programs and sales*
 - Advertise in AAGT's quarterly newsletter for one year
- +\$250 fee

*Requires free temporary sellers permit <https://efile.boe.ca.gov/ereg/index.boe> (help available at Shila.vardell@gmail.com)



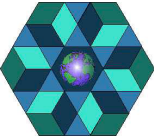
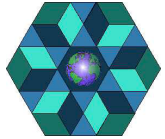
Participation in Board Meeting Agenda

The AAGT Board welcomes any feedback, questions, or issues raised by members. Members wanting to submit items to the Board can do so via the secretary, Rodney Cole. The items will be added to the agenda of the meeting, which is held on the last Sunday of every month. Rodney's email is

Rodney_Cole@hotmail.com



WWW.AAGT.ORG



THE SCHOLARSHIP FUND WANTS YOU!

As you probably know, AAGT has a very active scholarship fund and we are now asking that applications for financial assistance to Asilomar be sent in asap. Our approach is that we do it in "rounds". The deadline for the first round is Mar 15. Applications received by then will be processed by Apr 1. If there is a balance in the fund as of Apr 15, that will be the deadline for Round 2, with decisions by May 1...and so on each month as long as there is money remaining in the fund.

To apply in English, contact Bud Feder for a full information sheet and an application form:

bfeder@verizon.net

To apply in Spanish, contact Dominique Chabre:

dominique.chabre@gmail.com.

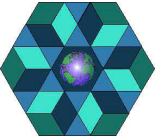
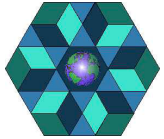
One modification in the disbursement policy this year is this: Funds granted will first be used for lodging at Asilomar

[which includes all meals]. This is because we value community so highly, and all of us staying on the conference grounds,

which were designed to enhance community, will promote that. If there is then money left over in the grant it will be allocated

towards the registration fee. If there is still money left in the grant, it is then usable at the grantee's discretion.

We hope to hear soon from persons requiring financial assistance to attend.



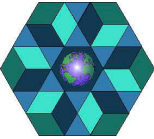
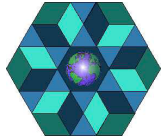
AAGT Research Committee

Hello,

Many have learned, and still others are starting to learn, that there is a movement afoot in the gestalt world for research. The AAGT is participating in that movement. We have a research fund, a research circle at the organization's web site, and we have a research committee under the co-chairs Meghann Case, PsyD and Mark Reck, PsyD. Philip Brownell is also on the committee as an international liaison at large. We want to expand the committee so that we have more voices and perspectives in the mix and so that we can be responsible handling grant proposals. If you are interested in this global movement for research and just want to find out more, or if you know that you'd like to join the committee and work alongside others to advance gestalt therapy through the AAGT's involvement in research, we'd like to hear from you. Send your inquiries to: meghann@eastportlandpsych.com and/or mark.reck.psyd@gmail.com

Warm Regards,
The AAGT Research Committee





AAGT's 12th Biennial International Conference

Exploring the Diversity of Gestalt Therapy

Monterey, California USA - Asilomar Conference Grounds Sept 3-7, 2014

Conference Sept 3-7 2014

Pre-Conference Sept 2-3

Registration for the conference begins on February 15th!

Your conference planning committee has been working very diligently and we are thrilled to announce to AAGT that registration for the conference will begin on February 15th on the aagt.org website.

- Gestalt therapists from around the world will gather at Asilomar to learn together, to grow, to sharpen our skills, to deepen our relationships with one another and to continue the ongoing experiment in community that is AAGT.
- The Asilomar AAGT conference will feature engaging and exciting workshops and panels involving the world's leading gestalt therapists.
- Each conferee will have the opportunity to participate in a small, ongoing facilitated process group. Process Group members explore, examine and support in an experiment of personal/community contact.
- We will have time and space for movement and attending to our bodies.
- Conferees will have the opportunity to participate in community meetings where we come together as a community to participate in the shaping of AAGT. These meetings are exciting and important experiences for the AAGT community.

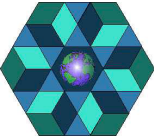
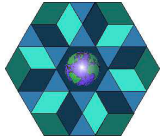
Below is a partial list of the people who will be presenting at the conference. As you can see, it is an unusually talented assemblage of presenters. We hope you will be a part of this extraordinary conference. Please contact us with your questions conference@aagt.org or call us at 916-444-1786.

See you at Asilomar!

Peter Cole and Daisy Reese
Conference Co-Conveners



Bruce Aaron • Walter Arnold • Carole Ashton • Lena Axelsson • Jack Aylward • Vincent Beja • Michelle Billies • Dan Bloom • Marlene Moss Blumenthal
Ann Bowman • Charlie Bowman • Philip Brownell • Christine Campbell • Desiree Carlson • Dominique Chabre • Selma Cioma • Emily Claid
Michael Craig Clemmens • Barry B. Cross, Jr • Kooch N. Daniels • Victor Daniels • Billy Desmond • Marianne Diaz • Liv Estrup • Nickei Falconer • Bud Feder
Gail Feinstein • Sylvia Fleming Crocker • Iris Fodor • Gianni Francesetti • Ruella Frank • Duey Freeman • Jon Frew • Stefanie Funke • Laila Ghattas
Toni Gilligan • Cathy Gray • Gary M. Gray • Eva Gold • Susan Gregory • Elinor Greenberg • Lucanna Grey • Myriam Sas De Guiter • Laurence Hegan
Nancy S. Hardaway • Carl Hodges • Eric Hoffman • Rich Hycner • Lynne Jacobs • Paul Jenkins • Renee J. Jennings • Helena Kallner • Bruce Kenoyer
Adam Kincel • Stacey Klein • Perry Klepner • Michelle Lang • Brad Larsen • Peg Levine • Talia Bar-Yoseph Levine • Alexander Levine • Peri Mackintosh
Friedhelm Matthies • Melissa S. Kelly-McCabe • Bea Mackay • Joseph Melnick • Monique Mercado • Frans Meulmeester • Ken Meyers • Tali Mirkin
Marilyn Myles • Maryanne Nicholls • Leanne O'Shea • Pilar Ocampo • Lynda Osborne • Isabelle Le Peuc'h • Natalia Patricia Esquivel Pardo • Peter Philippson
Mary Plank • Rita Resnick • Robert W. Resnick • Stella Resnick • Joan Rieger • Virginia Escobar Rojo • Amanda Rowan • Frank Rubenfeld • Stephanie Sabar
Levine and Lolita Sapriel • Alan J. Schwartz • Cyndy Sheldon • Norman Shubb • Allan Singer • Lynn Stadler • Christine Stevens • Carol Swanson
Miriam Taylor • Jay Tropianskaia • Patricia J. Tucker • Deb Ullman • Beatrice Valantin • Lee Mun Wah • Judyth O. Weaver • Yona Weiss
Gordon Wheeler • Nancy Lunney-Wheeler • Mark Winitzky • Ansel Woldt • Nancy Woldt • Al Wong • Ray Wooten • Steve Zahm



Work study (WS) has been devised by AAGT to enable participants to exchange some of the cost of the conference fee for work hours. This does not include food or accommodation or any consumables, but does include full exposure to all learning & teaching opportunities which the participant wishes to attend, so long as the work hours allocated can be accommodated around this.

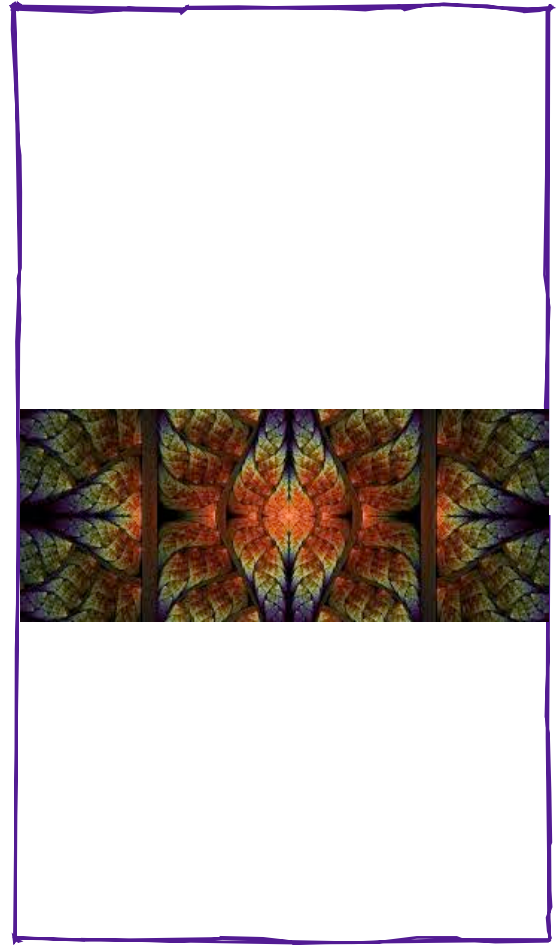
This is discreet and different from the scholarship fund. Prospective participants may apply for either a Scholarship or Work Study or BOTH.

The type of jobs which you will be asked to do as a WS study participant varies, but is likely to include, among other things, checking on room preparation (chairs in circles, ensuring flip charts are where needed etc), registering of participants each day, greeting key note speakers, distributing the session evaluation forms and Continuing Education (CE) forms. ensuring workshop leaders find their rooms on time, preparing the Conference packs, placing water jugs, handling recycling bags. We will also be looking for people who can offer a second language as this is an International conference & attracts attendees from all over the world, not all of whom will speak English.

We will give \$100 reduction on the Conference fee for 8 hrs work. This work may be in any combination of hrs i.e. 2 x 4hr shifts or 8 x 1hr depending upon the nature of the work offered. Please be prepared to be flexible.

The WS co-ordinators Dominique Chabre and Ildiko Ran will greet you at the conference & show you your tasks & be available for guidance & support throughout the conference.

If you have any questions please contact Dominique Chabre, dominique.chabre@gmail.com, or Ildiko Ran, ildikoran@gmail.com.



Trabajo estudió ha sido ceado por AAGT para permitir los participantes intercambiar algo de los costos del congreso con horas de trabajo. Estos costos no incluyen comida, estancia o cualquier otro objeto de consumo, pero incluyen el encuentro con todas las oportunidades de aprendizaje y enseñanzas, con el entendimiento que las horas de trabajo sean ajustadas a esas.

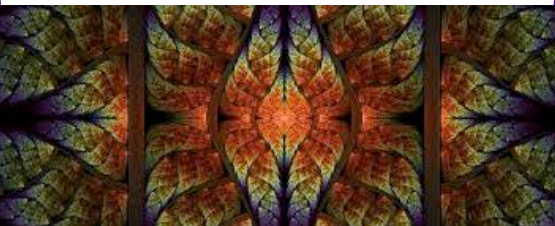
Este es diferente del programa de becas. Los participantes pueden pedir por una beca o un Trabajo estudio o AMBOS.

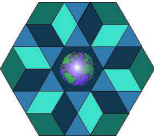
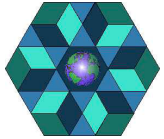
El tipo de trabajo que los pediremos como participante de Trabajo estudio es variado, pero probablemente se va a tratar de, entre otras cosas, arreglar los salones (arreglo de sillas, de los materiales requeridos por los presentadores, etc.), inscribir participantes cada día, recibir primer oradores, distribuir formatos, asegurarse que los presentadores de talleres encuentren sus salones, colocar el material del congreso en bolsas, poner agua, bolsas de reciclaje. Como ese es un congreso internacional estaremos también buscando por personas bilingües.

Ofrecemos una deducción de US 100 de la tarifa del congreso para 8 horas de trabajo. Este trabajo podrá ser hecho en 2 veces 4 hs o en 8 veces 1 hora. Trataremos de encontrar lo que funciona mejor para ustedes pero los pedimos de ser preparados en ser flexibles.

Las coordinadoras de Trabajo estudio, Dominique Chabre y Ildiko Ran los recibirán al congreso y los indicaran sus tareas. Estarán presentes para guiarlos y apoyarlos durante todo el congreso.

Si tienen alguna pregunta por favor contacte Dominique Chabre dominique.chabre@gmail.com, o Ildiko Ran, ildikoran@gmail.com.





The AAGT Regional Development Fund Committee (<https://www.aagt.org/rdfund/>)

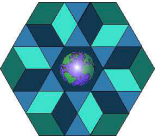
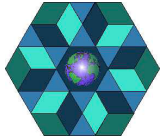
was created a few years ago to support the growth of Gestalt therapy, particularly in those areas in which it is little known or "struggling to survive." The Committee administering the Fund is currently exploring the different ways in which the Fund's awards could be most effective.

If you have an idea as to how to support development in your region, we would be **pleased to consider your application for funds**.

These could be used for seed money for conferences, for instance, but also for other kinds of activity. You might, for example, like to invite an experienced trainer from another region to help stimulate interest in Gestalt therapy by doing a workshop in an area where it is little known. And we would be pleased to consider other creative ideas!

And last, but not least, we would **welcome any donations** to this fledgling, but important fund!

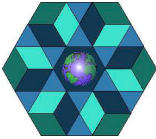
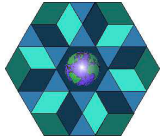




AAGT-SE US Conference 2014
THERAPY AND BEYOND: The Wide World of Gestalt
March 21, 22 & 23, 2014
Warren Wilson College, Asheville North Carolina
www.agti.org
agtiaagt@gmail.com

We are pleased to announce the AAGT-SE US Conference 2014, March 21st-23rd, at Warren Wilson College in Asheville North Carolina. The intention of this year's theme, Therapy and Beyond: The Wide World of Gestalt, is to acknowledge and explore the wide range of approaches and applications of Gestalt Therapy. For information regarding the workshops, the special equine therapy pre-conference workshop, registration and accommodations, please go to www.agti.org. Email agtiaagt@gmail.com with any questions about the event. Continuing education credits will be available.





Pacific Northwest Gestalt Gathering

"Have fun at your conference," my friends would say to me before I left for Seattle.

"Well, it's not *exactly* a conference..."

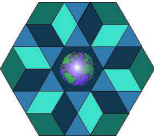
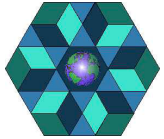
After all, a conference would have an agenda or a schedule of events. The 2nd annual AAGT Pacific Northwest Gathering had nothing of the sort. The description on the website simply said, "...those attending the gathering create the weekend agenda on the spot...all ideas will be listed on the board, and the group will pick the ones that attract their attention." I was intrigued and immediately registered, excited to see what we would cook up on October 26 and 27.

Being relatively new in the Portland psychotherapy scene, I didn't recognize many faces when I arrived at the gathering. But people quickly started introducing themselves to me and the vibe was inviting. The agenda negotiation process was a little touch-and-go, as one would expect when 34 people try to agree upon 6-12 discussion topics. In the end, two topics were presented or discussed during each of the 6 break out sessions, which meant that we had to choose one and miss out on the other.

The first session I attended was a sensory awareness exercise led by Judyth. As I closed my eyes and followed Judyth's instructions, I suddenly thought, "I wonder what's happening in the other room? Should I have picked that one instead??" I found myself getting antsy and antsy, feeling compelled to get up and go to the other room where a presentation about Paul Goodman and political anarchy was happening. But I hesitated and debated with myself instead of acting on it. After a little bit, Judyth inquired about our experience, and I shared my difficulty with missing out on the other discussion. A true Gestalt therapist, Judyth gave me permission to self-regulate after helping me explore my bodily experience of my ambivalence. I was glad that I switched topics because the Paul Goodman discussion reignited my passion about social responsibility. But more importantly, I was glad that I was given the support to switch topics. Perhaps it sounds like a small thing, but being fresh out of graduate school meant that I had a real fear of being rude or appearing unprofessional. In this environment, there was no such pressure.

This spirit continued throughout the weekend. Despite the fact that I was sitting next to people who had *actually trained with Fritz Perls*, who had *hundreds of years* of combined therapy experience, my comments and reactions were received with respect and encouragement. By the end of the weekend I even offered my disagreement with certain aspects of a technique that was presented by a man who has been doing therapy longer than I've been alive. And rather than being put in my place, as might have happened in other psychology circles, he genuinely acknowledged and agreed with my perspective before explaining why he does it that way. I would expect no less from the Gestalt community, and yet I know how hard it can be to walk the talk.

I came away from the Pacific Northwest Gestalt Gathering with a great deal of energy. I saw myself as a thread in a tapestry of mentorship that has now spanned several generations. I made new and exciting social and professional connections and had a newfound sense that I was part of a community that I could turn to for support as I begin my journey as a Gestalt therapist. And in my enthusiasm, I ended up volunteering to help plan next year's gathering. I hope to see you there!



AAGT Regional News

Sydney Australia

Greetings from Sydney Australia,

On the eve of ending 2013, many of the gestalt community in Sydney took part in the biannual Family Constellations week long intensive. Trainers with strong gestalt ties included Judith Hemming, Gordon Wheeler, Nancy Lunney Wheeler in addition to local presenters. Approximately 120 people attended the 6 day program.

While here at the intensive, Gordon graciously delivered an evening seminar for local members of our peak body GANZ (Gestalt Australia and New Zealand). A lively seminar it was with 50 odd participants, some new students of Gestalt therapy, others well established Gestalt Elders.

2014 promises to be a full year in terms of opportunities for personal and professional development. Lynda Osborne from the UK is delivering a 2 day workshop with the theme "giving and receiving" in March.

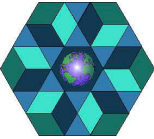
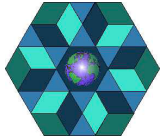
Jack Aylward from New York will be here in April to present a one day workshop on group therapy facilitation, with participants having the opportunity to lead the workshop with Jack coaching and supporting each facilitator.

In September, hot on the heels of the AAGT 2014 Conference at Asilomar, GANZ will be holding their biannual conference in September with Brisbane being the venue. The theme for the conference is "Present at the edge"

SW AAGT

SW AAGT meeting in October in Los Angeles was a great success inspite of the airport being shut down on Friday because of a man shooting up TSA!! And road construction! However the good news was that the accommodations at the American Jewish University were wonderful, on the hills overlooking LA—and there were surprisingly clear views.

Our main Sat. morning presentation was on bodywork, with three excellent women, Judith Weaver, Ginger Clark, Jennifer Bury, and it was titled " Experiencing Sensory Awareness, a Traditional model, (Judith Weaver), a clinical application (Ginger Clark), in Movement —and Beyond (Jennifer Bury. The presentation was innovative and offered unique ways to live and work within this tradition; and we all seemed to feel and act more lively after the presentation. In the afternoon, Stella Resnick did one of her presentations on Sexuality, and as usual, the presentation was lively with experiments that got us mixing with each other. And on Sunday, we had a treat with Bob Resnick showing us a new video he has produced on Basic Gestalt Therapy, and although basic, Bob gives it his special spin on many aspects of GT with live clients from the GATLA summer intensive. We enjoyed a party in the hills at the home of Jan Ruckers and although she wasn't with us, Liv Estrup managed to get all of us fed, comfortable and socially contactful!! All in all a satisfying weekend meeting old friends, and making new friends in a comfortable setting.



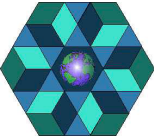
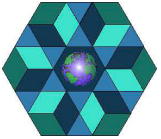
From Phil Brownell

To my friends and colleagues I would like to say that 2014 looks to be a big year for me, and I hope this new year turns out to be good for you as well. In January I will present to the New York Institute for Gestalt Therapy on the subject of research. In May I will present to the Research Methods Training Seminar for the EAGT to be held in Rome. In June I will conduct a three-day training in Seoul, Korea, then travel to Hong Kong to meet with faculty and students of Department of Social Work at the Chinese University of Hong Kong for a two-day training. After that I will travel to Nanjing, China for a two-day training and supervision with established therapists, faculty, and students at Nanjing University. In September I will be attending and presenting at the AAGT conference in Asilomar, and in October there is the Roots VI conference in Belfast.

In addition to these training and teaching activities, I will be coming out with a new book in 2014: *Spiritual Competence in Psychotherapy*, published by Springer Publishing and will be co-editor on two more (one with Brian Mistler on the first decade of the online journal, *Gestalt!*, which was acquired by the AAGT, and other a book on The Research Conference 2013—*The Challenge of Establishing A Research Tradition For Gestalt Therapy*, co-edited with Joe Melnick). I will also have a chapter on gestalt therapy in David Cain's *Humanistic Psychotherapies: Handbook of Research and Practice, 2nd edition*. Washington, DC: American Psychological Association, and an article on research in *Gestalt Review*.

I hope to see everyone at the conference in Asilomar and to be able to share what I've learned during my travels and networking about the global movement for research among gestalt therapists. In March I will be lead author (along with Jan Roubal of the Czech Republic and Pablo Herrera Salinas of Chile) on a grant application with the American Psychological Association to help fund an international research project involving gestalt practitioner-researchers from various parts of the world. I am working with Meghann Case and Mark Reck, co-chairs of the AAGT's research committee, to help the AAGT assume a significant role in supporting gestalt's research efforts.

Warm Regards,
Phil

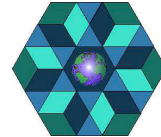
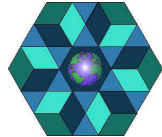


From Stella Resnick



I have two workshops coming up at Esalen Institute in Big Sur, CA The first, “Attachment, Sexuality, Pleasure and the Body: A Full Spectrum Gestalt Approach to Healing and Thriving” is a 5-day retreat for training and replenishment for therapists on the interface between psychotherapy and sex therapy. It meets from Feb 16 to 21 and offers 26 CE credits. The other is a 5-day couple’s workshop I’m doing with my husband Alan Kishbaugh, from July 27-August 1, “Embodying Your Love: Explorations in Intimacy for Couples.” While this workshop is primarily experiential it contains material relevant to clinical practice and also offers 26 CE credits for mental health professionals. Both workshops involve an embodied Gestalt approach to relationship and sexual enrichment. For more information see: <http://www.drstellaresnick.com/programs-for-professionals>; <http://www.drstellaresnick.com/programs-for-couples>;

I’m also excited about starting a new blog and have made my first post on “Serious Fun: Exuberance and the Power of Pleasure.” You can read all about it here: <http://www.drstellaresnick.com/stella-resnick-blog>.



The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.

UPCOMING WORKSHOPS

Gestalt, Eating Disorders and the Brain: New Discoveries, New Approaches

Eating Disorders are the most deadly psychiatric illness, but our new neurobiological understandings point to ways to help this struggling population. Gestalt Therapists have multiple skills that help support the treatment of eating disorders. This workshop will support therapists to best hold the experience of the ED in a validating way while also knowing when to refer, when to treat, and how to help patients find true recovery.

Mark Warren, MD, MPH, FAED & Ellen Hoffman, MA, LPCC 7CE

February 7

Experiential Marathon Group for Personal and Professional Development

This group experience engages participants in holistic, present-centered and process-oriented interactions by attending to both 'What is being said' and 'What's not being said'. By our attending to the 'Here and Now', 'I—Thou', and 'What and How' awareness and contact, participants will have the opportunity to experience authenticity and integrity in their personal and professional living. Participants will enjoy a day away from the usual and learn to be spontaneous in exploring creative alternatives for their lives.

Ansel Woldt, PhD & Logan Lamprecht, PhD

15 CE

February 8

Amplify the Effectiveness of Your Gestalt Work!

The Gestalt Evolving Creative Process Model (GEMCP) adds additional components to the Gestalt Cycle of Experience. The new model will provide therapists and clients with an opportunity to explore our central creative connections and heighten intentional movement and the potential for deepened experiences.

Lalei E. Gutierrez, PhD, SMFT & Cameron M. Plagens, PhD

5CE

February 15

Power in the Helping Relationships: Ethical & Legal Considerations

Utilizing experiential activities, we will explore the legal and ethical professional standards in relation to power differentials and imbalances in teacher-student, counselor-client, therapist-patient and supervisor-supervisee relationships. We will provide an integrated perspective that combines Gestalt therapy theory with social construction and post-modern theories to better understand ways in which power differentials can undermine learning environments, motivation to change and possibilities for growth and development.

Ansel Woldt, PhD & Logan Lamprecht, PhD 5.5 Ethics CE

March 7

Introduction to Gestalt Coaching

Come taste Gestalt methodology and explore the Gestalt approach to coaching. This two-day workshop introduces key Gestalt concepts through experiential learning and dialogue. Whether you are a practicing coach new to Gestalt, or new to both Gestalt and coaching, this workshop will prepare you for other coach training opportunities at the Gestalt Institute of Cleveland.

Richard B. Hancock, MA, GPCC, PCC, BCC 12 Coach Specific

& Juliann Spoth, MSN, PhD, PCC, GPCC, BCC

Training Hours

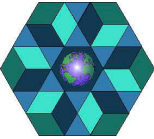
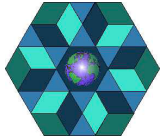
March 29-30

The Gestalt Institute of Cleveland is approved by the Ohio Psychological Association, and the State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board to provide continuing education to psychologists, counselors and social workers. The Gestalt Institute of Cleveland maintains responsibility for the programs.

registrar@gestaltcleveland.org

Call 216-421-0468

www.gestaltcleveland.org



The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.

UPCOMING TRAINING PROGRAMS

Influence. Action. Change!™ Online

March 3-May 12, 2014

People who get things done in organizations understand how to influence others. Many good ideas fall by the wayside when the person proposing them can't create the needed excitement and commitment to get these projects off the ground. Projects, no matter how worthwhile, will fail when needed support is missing. The program is geared to people who want to apply what they are learning as they are learning it. You must enter the program with a project or projects in mind. This will give you a place to observe and try things out. This ensures that the program will be practical from the very first lesson.

Jacqueline McLemore, PhD, BCC & Rick Maurer, MA

Group Intervention Training Program

Advanced Intervention, Deep Dive – March 12-16, 2014

35 CE

This module will be a "deep dive" immersion into the advanced application of core principles of Gestalt, focusing on how to maximize use of self in supporting transformation in individuals, groups, organizations and social systems in which we live and thrive. We will be "rolling up our sleeves" and getting into the work of refining "our particular mastery" with dramatically deeper connections to heart, mind and soul. You will take away a clearer sense of your own "superpowers and kryptonite", experiences in identifying and expanding your own unique strengths and in transforming and developing your own specific growing edges as a facilitator and intervener. Participants will have opportunities to facilitate various group focus and size configurations. Together we will explore and expand multiple perspectives of the field in any moment and how this informs choice.

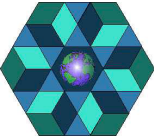
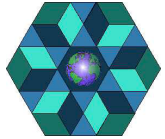
Mary Ann Kraus, PhD, Chairperson

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www.gestaltcleveland.org



Robert W. Resnick, Ph.D.

GATLA International Training Workshops Winter, 2014



Rita F. Resnick, Ph.D.

LOS ANGELES, CALIFORNIA February 5, 2014 – 7-9PM
**EVENING FILM SCREENING OF NEW (2013-14) GESTALT
THERAPY THEORY AND THERAPY FILMS**
FOLLOWED BY DISCUSSION WITH ROBERT W. RESNICK, PH.D.
Gestalt Therapy Institute of Los Angeles (GTILA)
Free. Please RSVP to GTILA to hold your place.
gestalt@gtila.org or 310.281.3191

TORINO, ITALY - March 7, 2014
Scuola Gestalt di Torino.
Films: **FILM SCREENING OF NEW GESTALT THERAPY
THEORY AND THERAPY FILMS**
FOLLOWED BY DISCUSSION WITH ROBERT W. RESNICK, PH.D.
Scuola Gestalt di Torino.
€ 15, cash payment.

March 8-9, 2014
**Workshop: A CONTEMPORARY GESTALT APPROACH TO
INDIVIDUAL AND COUPLES THERAPY**
Rita F. Resnick, Ph.D. and Robert W. Resnick, Ph.D.
INFORMATION AND REGISTRATIONS
Scuola Gestalt di Torino, Via Ottavio Revel 6, 10122 Turin, Italy,
email ibtgsegreteria@libero.it tel. & fax 0039-011883246
<http://www.scuolagestaltditorino.it>

FIRENZE, ITALY - March 14, 2014
(CIPOG) Centro Italiano Psicoterapia ad Orientamento Gestaltico
Films: **SCREENING OF NEW GESTALT THERAPY THEORY
AND THERAPY FILMS**
FOLLOWED BY DISCUSSION WITH ROBERT W. RESNICK, PH.D.
€ 15, cash payment.

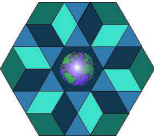
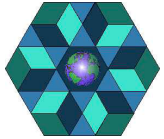
March 15-16, 2014
**Workshop: A COUPLE OF INDIVIDUALS: A CONTEMPORARY
GESTALT APPROACH TO INDIVIDUAL AND COUPLES
THERAPY**
Rita F. Resnick, Ph.D. and Robert W. Resnick, Ph.D.
To register, get payment or other information,
Email: training@cipog.com
Seminar cost: € 200 + VAT (€ 244 including VAT).

KILLARNEY, IRELAND -March 21-23, 2014
Workshop: COUPLES THERAPY TRAINING FOR THERAPISTS
Rita F. Resnick, Ph.D. and Robert W. Resnick, Ph.D.
SouthWest Counselling Centre, Killarney
Email: info@southwestcounselling.ie
Web: <http://www.southwestcounselling.ie>

OSLO, NORWAY - March 29-30, 2014
**Workshop: "A COUPLE OF INDIVIDUALS": A
CONTEMPORARY GESTALT APPROACH TO INDIVIDUAL
AND COUPLES THERAPY**
3200NOK – including lunches
For more information and registration:
Erling Magne Thorkildsen
Email: erlingmt@gmail.com
Tel: +47 99253065

CLEVELAND, OHIO - April 4, 2014
Gestalt Institute of Cleveland
Films : **EVENING FILM SCREENING OF NEW GESTALT
THERAPY THEORY AND THERAPY FILMS**
FOLLOWED BY DISCUSSION WITH ROBERT W. RESNICK, PH.D.
Full Price: \$45 Early Bird: \$35 (by March 10)

April 5, 2014
**Workshop: CONTEMPORARY GESTALT THERAPY TRAINING
WORKSHOP FOR THERAPISTS** with Robert W. Resnick, Ph.D.
Register for both the Film screening and the Contemporary
Gestalt Therapy Training Workshop for Therapists (on April 5,
2014):
Fee: \$185, Early Bird: \$160 (By March 10).



gestalt associates training los angeles
www.gatla.org

GATLA in Split, Croatia

43rd Annual Summer European Residential Training Programs

Couples Therapy Training Workshop:

July 15 – 21, 2014

The Couples Program has two levels of training – Basic and Advanced – and offers participants an opportunity to see experienced Couples Therapists (Bob and Rita Resnick) present their model of couples therapy and work live with model couples. Participants will work “hands on” with role-play or model couples with live supervision from faculty.

Gestalt Therapy Training Workshop:

July 22 – Aug. 3, 2014

The Gestalt Program has five levels of training from Basic to MasterClass and includes daily theory lectures as well as the option of daily individual therapy, practice in trios and quartets and the opportunity to see International faculty work and relate clinical work to theory. Participants work with live faculty supervision.

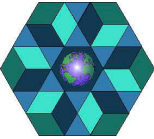
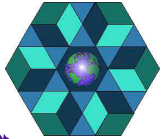
These two training programs take place in Hotel President <http://www.hotelpresident.hr/solin/> in a small village near Split, Croatia on the Dalmatian Coast. This is a five star hotel conveniently located just a few minutes from ancient, elegant city of Split and the famous Diocletian's Palace. Split has dozens of bars, restaurants and shops thriving amid the atmospheric old walls where life has been going on for thousands of years. Split has a unique setting with its dramatic coastal mountains as the perfect backdrop to the turquoise waters of the Adriatic.

IN 2014 GATLA HAS INVITED SEVERAL “DISTINGUISHED GESTALT VISITORS” to be part of the training. These are Gestalt teachers and trainers who have made or are making an important contribution to Gestalt Therapy. These guests will have the opportunity to supervise some trainees, sit in on groups and add their perspectives, give evening presentations and add an unparalleled richness to our community. Jean-Marie Robine, Psy. Dipl. (Institut français de Gestalt-thérapie, Bordeaux, France), Iris Fodor, Ph.D. (New York University, USA), Alan Cohen, MSW (GAP - NYC, USA), Connie Newman, MA, MA (GAP-NYC, USA). We are in consultation with several other possible DGV to join us in 2014 in Croatia and will announce their names as soon as they confirm.

Join our warm community of participants from 25 different countries.

Contact: Rita Resnick, Ph.D., Faculty Chair
Further information
Some partial scholarships available

ritaresnick@gatla.org (310) 395-6844
www.gatla.org



1 & 2 MARCH 2014

GIVING & RECEIVING

Gestalt workshop with Lynda Osborne

The polarities of giving and receiving are intrinsic to the balance of life. This two-day workshop will offer you an opportunity to consider your relationship with these polarities. We will draw on experiential learning, theoretical discussion and clinical work to explore these themes.

The Centre

14 Frances St,

Randwick NSW

9.30 to 5pm both days

**Lynda Osborne, DPsych, MSc, ECP,
GPTI, TSM**

About Lynda

Lynda Osborne, has been involved in training and supervising counsellors and psychotherapists for nearly 30 years. She was Head of Department at Metanoia Institute in London for 13 years until 2012. She continues to enjoy training psychotherapists and supervisors in several European countries and at Metanoia. She was the first chair of the UK National Gestalt Organisation, UKAGP.

Lynda is an Associate Member of Relational Change and has a private psychotherapy and supervision practice.



In this workshop we will consider such questions such as:

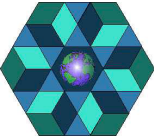
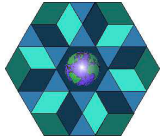
- Giving and receiving in therapy is it about money, love or maybe hate?
- What do clients really pay for?
- How does our early experience influence our relationship to giving and receiving?
- What lies beneath our generosity and meanness?
- If giving means letting go what does receiving mean?
- What is co-created in the between of our therapeutic relationship?

COST: \$280

**RSVP or for more
information contact**

rodney.cole@hotmail.com

0423 682 514



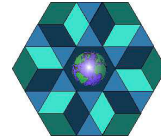
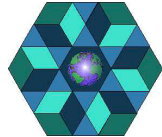
In Memory of Jerry Kogan



Gestalt therapist Jerry Kogan died a couple of weeks ago. He trained in San Francisco and moved to Germany many years ago. See the latest film of Jerry Kogan, made by Liv Estrup, where he is talking about aging at the SW AAGT Conference in October 2012. You can view it at:

Jerry Kogan

<http://www.youtube.com/watch?v=kGeSUfR-p6Q>



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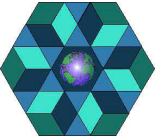
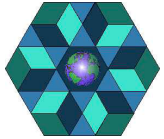
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YOUR AAGT NEWSLETTER IS HERE!

Communications Director: Brad Larsen

Newsletter Editor: Alex Schlotterbeck

Publication Guidelines:

Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and the creativity and interest of the membership. Letters to the Editor should be succinct and to the point.

All material submitted remains the property of the Newsletter staff. Deadlines are final. Style can be informal, but should be good writing. All material is subject to editing to fit the parameters and needs of any given issue of the Newsletter. The content herein represents the opinions of contributing authors and not the opinion, policies or procedures of AAGT unless otherwise specified.

Next newsletter will be published around May 1st 2014. Deadline is 30th April '14.

Please send submissions to alexschi@hotmail.co.uk with 'newsletter May 2014' in the title.

