

# AAGT

The Association for  
the Advancement of  
Gestalt Therapy

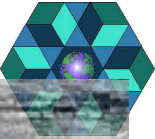
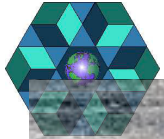
*An International Community*

News for  
AAGT  
Members

*Associating and Advancing*

**OCT 2013**

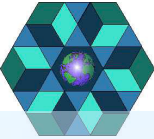
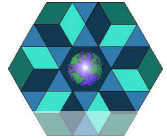
Welcome to the ongoing experiment that is AAGT, an international  
community!



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# Greetings from Gail Feinstein, President

Greetings, dear colleagues,

It is a beautiful autumn day here – the kind that shimmers and sparkles with rich color, soft lighting, earthy smells in the clear air and various delights for the senses.

I'm inhabiting the world differently since arriving home from the EAGT conference and from being in Krakow. Everything is even more vivid, vibrant and alive.

The experience was powerful and profound.

My arrogance and ignorance led me to believe that I knew about Poland, especially since it is part of my heritage. And in a way, I did but having the experience of a deeper knowing – a more fully embodied experience of knowing – 'a resonating and reverberating of all cells' knowing; a knowing that deeply inhabits places beyond one's breathing body; the deepest knowing that connects us to all our humanness and to all humanity – the human experience of bone-wrenching sorrow and the joyful beauty of life



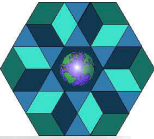
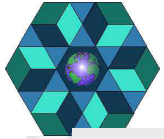
As I'm writing, I'm aware that most of you don't read the newsletter. I ground and root myself, finding faith. I lean in and sense into this space holding it with the intention, hope, belief that perhaps, you will meet me here some day, some how.

Being part of EAGT and its international community was exciting. People were gracious and welcoming. I felt honored to be there as AAGT's president. I found myself paying attention differently with a deeper listening and a more sensitive relating.

EAGT has invited us to collaborate with them for a joint conference in 2016. It was proposed by the Italian community and won the majority of votes. I'm excited by the possibilities and have many questions. I hope that you do, too.

There is a video on our website of the proposed venue in Taormina, Sicily. Please check it out and let's dialogue on the listserve.

Warmest of wishes, Gail



# Greetings from Patricia Tucker, Vice President

Greetings, all!

Just a short note to say that I'm getting really excited about our next conference at Asilomar, CA, USA in September, and that I hope that you are, too! As Peer Review Committee co-chair (along with Dominique Chabre), I get to be in on the monthly Conference planning calls and just hearing about all of the plans for our presentations and our community meetings and our meals and our entertainment and other special events gets my blood rushing with inspiration! Also, I have to tell you all that I had no idea how much work goes into planning our conferences and that I continue to be awed by our Conference Planning Committee -- their thoughtfulness, their meticulous attention to detail, their desire to be as fair and inclusive to all as possible, and their overall spirit of goodwill and enthusiasm is amazing and contagious. I am so grateful that they are there for us! Of course, as Peer Review co-chair, I am also privy to the Presentation Proposals, both Pre-Conference and Conference proper so I can now say with confidence that we have quite an amazing line-up of offerings from which to choose!

Let me also say this, a little secret for you Newsletter Readers -- this time you will need to pre-select which workshops you wish to attend, so watch for the opening of Registration in February and make sure to register early so that you can get the workshops you most want. But don't worry too much; there will be lots of great things to choose from!

Can't wait to see you all in California!

Patricia

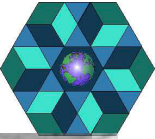
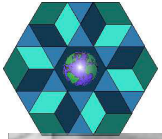
## GREETINGS FROM NEWSLETTER EDITOR

Hello all, welcome to the October edition of the AAGT newsletter! In my part of the world, London UK it is autumn with falling leaves and red, golden, brown colours. However I'm aware that is not the case for readers around the world. We've had a busy few months in the Gestalt world with the EAGT and the Guadalajara conference. From the contributions we've received about upcoming events we have a busy few months ahead. As a trainee in Gestalt, I feel pleased and reassured about the vitality and continuity of Gestalt therapy. As usual we welcome your thoughts, reactions to the material we present, suggestions and creative offerings.

After all, this is your newsletter. Enjoy reading!





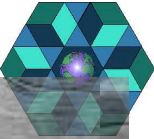
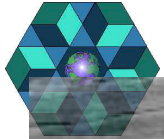


## Participation in Board Meeting Agenda

The AAGT Board welcomes any feedback, questions, or issues raised by members. Members wanting to submit items to the Board can do so via the secretary, Rodney Cole. The items will be added to the agenda of the meeting, which is held on the last Sunday of every month. Rodney's email is

[Rodney\\_Cole@hotmail.com](mailto:Rodney_Cole@hotmail.com)

[WWW.AAGT.ORG](http://WWW.AAGT.ORG)



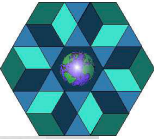
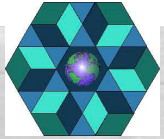
Scholarship Fund Fund-raising : As the 2014 conference begins to take shape as a reality [proposals are in and being reviewed; schedules are being created, etc] we expect a strong surge of scholarship fund grant applications. Please give thought to how you or your organization can help. It need not be a major event or a lot of money.

Example: In Portland, Oregon on Friday evening Nov 3, Brad Larsen is organizing an informal meeting of trainees and others with Bud Feder [who will be passing through Portland that weekend] on the topic of gestalt group therapy. There will be no registration fee...and a suggested donation of any amount to the fund.

There are many other ways an individual or an organization can raise money for the fund. For one, Bud has made a DVD entitled "Fritz Perls in Session", a 2-hour compilation of five of Fritz's pieces of work, including : "Gloria", "A Case of Stuttering" etc. You can obtain this from Bud [[bfeder@verizon.net](mailto:bfeder@verizon.net)] in either American or European format for \$10.

Another example of fund-raising:The recent regional conference in Guadalajara emerged with a monetary surplus due to a flurry of late registrations and has generously donated \$2000 to the AAGT Scholarship Fund [as well as \$2000 to the Regional Development Fund].  
Muchas, muchas gracias!





**The Scholarship Fund currently has  
US \$ 16,000**



- To encourage a growing community of diverse practitioners and students from all over the world to attend our conferences
- So that we can share and grow together

**We welcome your donation!**

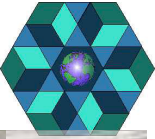
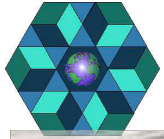
## **AAGT RCPS**

A group for the regional contact people of the Association for the Advancement of Gestalt Therapy

- An international community.

**We're pleased to let you all know that we have received contributions to the Regional Development Fund (\$200) and the Scholarship Fund (\$1,279.89) from the Chicago Gestalt Salon of AAGT.**

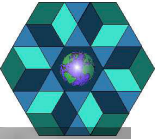
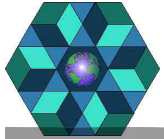
**The Regional Development Fund currently has  
US \$ 6,000**



**Consider**

**“GIFTING” an AAGT  
Membership to a  
Student or Retiree  
Only \$25.00**



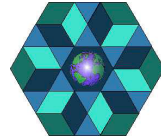
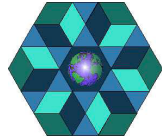


### The Mexico Regional Conference The 1<sup>st</sup> Encounter of the Mexican Gestalt Community

Last July, 260 Gestalt therapists, educators, students, and researchers came together for four days in Guadalajara to share ideas and experience, to celebrate our commitment and creativity, and to form a new community. This event was both a Regional Conference of the AAGT and the first gathering of the Mexican Gestalt community.



For the Mexican Gestalt community, the most important achievements of this conference were: a) bringing together the majority of the Gestalt therapy institutes of Mexico under one roof in a setting that was respectful, cordial, and collaborative, with large and small organizations having an equal voice; b) building greater awareness of the AAGT within Mexico, as there were many participants who weren't at the Puebla Conference; and c) the creation of a new national organization, the Mexican Association of Gestalt Psychotherapy.



# Bienvenidos!!

AAGT, GDL

## Estimados Coleagas, Dear Colleagues:

Gracias de corazón. My heartfelt thanks to you all on behalf of all of us who attended the AAGT Regional Conference in Guadalajara in July 2013. Thank you for being there (wherever you were and are now), thank you for having come to Puebla— where all this started - and for having allowed me to be a part of these two beautiful events. Thank you for being the AAGT. I will let the pictures speak for themselves to explain what happened in Guadalajara, but would like to take a moment to share what this event meant to me:

From start to finish, invitations to present took shape and were transformed not into workshops but Works of Art that connected and transformed people. That was the obvious part of the magic we expected.

There was also a coming together of Gestalt leaders in a polarized, institutionalized national context, the likes of which had never been seen before. 17 institutes came together, and the Mexican Association of Gestalt Psychotherapy was born in the process— ready and willing to join forces with the AAGT in years to come.

For all of that to happen, I spent many hours sitting at my computer, like I am tonight, during a year of preparation- hundreds of emails shared between people sitting for long hours at their respective computers all over the world who started out as virtual strangers and slowly became friends whom I feel honored count in my life. Emailed consults with AAGT members about protocol grew to become an exchange of life stories, important events, jokes, tears, pictures, deep emotional connections and invitations to dinner with the family (when we are finally in the same country).

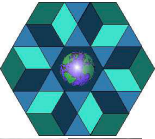
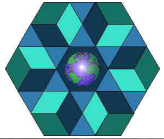
I had no idea why I felt the need start such a ball rolling in the weeks after Puebla, but it was a feeling and a vision too strong to ignore. I said in the closing ceremony that I had discovered about 250 pieces of my heart that I didn't know I had lost—one in each loving person in attendance- and that I didn't understand yet why the Universe was helping me to gather them together in such a beautiful sequence of events arranged by Jean-Marie DelaCroix and Miguel Jarquín, but that I was full to the brim with joy, hugging my daughters and my husband, and promised to take all that love back to my family. That was Sunday, July 21st. On July 22nd, I received the gift of the company of family and beloved friends at home for my 32nd birthday. On Jul24th, our 2 year old daughter was unexpectedly diagnosed with Leukemia. She passed away from complications on August 15th.

I know now why I needed those 250 some-odd pieces of my heart. I know why I needed the loving, supportive, amazing friends I made on the road to Guadalajara. I know now why this sense of community that I found in the AAGT was so important to me. I promise to share what I can with you all and to give back a part of the unconditional love and support you have given me.

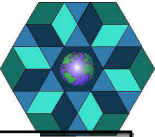
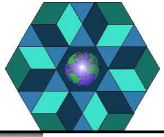
Thank you (as I said with tears streaming from my heart in child position on the floor during the closing ritual). That is all I can say. Gracias.

Heather Anne Keyes, Durango, Mexico.











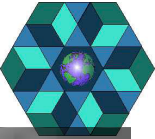
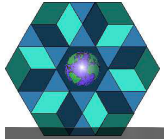








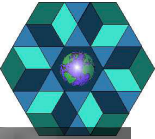
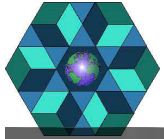




The theme was well chosen for this event: Community, Awareness, and Creation. The attendees came from nearly every state in Mexico and from six other countries to participate in 31 presentations in Spanish, English, and French. The event was buzzing with activity, including workshops, opening and closing plenary events, daily process groups, a community meeting, an authors' night, and lots of talking, laughing, food, and dancing. Presentations were offered by Gordon Wheeler, Jean-Marie Delacroix, Victor & Kooch Daniels, Yaqui Andres Martinez Robles, Celedonio Castanedo Secadas, Marcos and Rosane Müller-Granzotto, Dominique Chabre, Gerardo Ortiz, Bea Mackay, and many others.







The directors of most of the participating institutes presented on the ways in which Gestalt therapy has been developing in their various states, impressing us with both its diversity and with the impact it has had in recent years throughout Mexico.

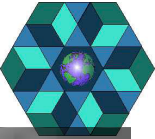
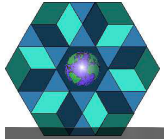


The event underscored something that we learned last year in Puebla: Mexico is a vital international center of Gestalt therapy theory and practice. More than 20 training institutes were represented at this conference. We hope and expect to see a strong Mexican presence at the Asilomar Biennial next year in September. The AMPG (The Mexican Association of Gestalt Psychotherapy) is working hard in collaboration with the AAGT to promote the Biennial Conference and to support the development of a Gestalt that welcomes and values both diversity and community.

The event concluded with a community meeting that explored ways in which we could keep the spirit of Guadalajara alive at future events: Asilomar in 2014 and at the Second Gathering of the Mexican Gestalt Community in 2015.

Currently, the AMPG is preparing a book, to be put out by one of the most important publishing houses in Mexico, which will be a collection of articles by presenters from this conference about their workshops and lectures, with the intention of preserving and spreading the richness of the Gestalt approach to psychotherapy throughout Mexico and the world.

For all of this, we want to congratulate the Mexican Association of Gestalt Psychotherapy on a resoundingly successful launch, and especially to thank and honor the principal organizer of the conference, Heather Anne Keyes, for her vision, her leadership, her hard work, and her grace under pressure.

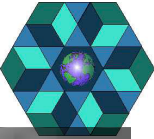
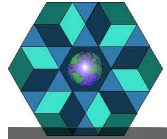


It was a great pleasure for us to be able to be a part of this deeply moving experience where, with smiles and hugs and an occasional tear, we shared that magical human encounter we call Gestalt.

Mark Winitsky y Pilar Ocampo







## EAGT CONFERENCE

The European Association for Gestalt Therapy took place a month ago in Kraków (Poland). Held in the premises of the Jagiellonian University dating back to 14th century, it proved to be a moving and stimulating experience and it would not be possible without friends I met there as well as falling in love with Kraków. I would like to share my experiences by describing four impressions integrating my various selves as Polish, British, member of AAGT, gestaltist, friend and so on.

### The opening

It all starts with a bang, everyone is clapping. As I anxiously look around the room of the University's Collegium Maximum, I recognise few familiar faces. Ewa Canert-Łąka, the organiser, opens the conference along with Gianni Francesetti who reads a poem by Krakowian nobelist Wisława Szymborska. We are all reminded that we are in Kraków with the poem and a trumpeter playing the Saint Mary's Trumpet Call. I am sitting next to two people I met during the AAGT conference in Manchester and feel so strangely familiar to them just by our meeting few years ago. I feel open to meeting new people and try to catch the eyes of some who are willing to join me in this silent exchange of gazes and smiles. The conference continues with opening lectures which shape the theoretical ground for the conference. Firstly Margherita Spagnuolo Lobb talks about gestalt therapy and postmodernism, then Astrid Alemany-Dusendschon and Marie-Anne Chidiac present on gestalt in organisations. In the break I find myself hanging out with people I know from the UK and Poland, thinking that this is not why I came here, so I join a lunch table with Georgians.

### My workshop

I am keen on multicultural dialogue, so preparing a presentation on prejudices and Gadamer I was reminded of his words stating that dialogue keeps us away from the dogmatic abuse of language (Gadamer, T&M, 2012). The projector did not arrive, so the thirty slides ordering my thinking were gone too and I was there thinking, ok, dialogue and prejudices... where do we start? With some visualisations and intimacy in the group early multicultural dialogues started to appear. This EAGT conference did not have any processing nor community time, so when we finally get there, the air suddenly thickened. I was struggling neither to understand all the accents nor to find body resonance to some of the various cultural elements brought by participants. A drop of sweat passed on my back whilst I realised how much there is to be spoken about in Europe and how much we need space to address our national and personal traumas. How many restraints we have in the multitude of languages and culture and how exciting it would be to create spaces for dialogues. Although, there are things I would do differently next time I do this training, I was happy, as we say in Polish, that I stepped into an ant house. Some of these ants, I still find sometimes under my clothes.

CONTINUED ON NEXT PAGE

## EAGT CONFERENCE

### Wawel castle in Kraków

The Indian god Shiva had 7 stones of which one landed in Kraków. The symbolic world chakra of heart is located in Wawel castle (see photo) and if we believe in it, there is no surprise. Settlement on the Wawel started in the Stone Age. Kraków used to be the Polish capital but is still named as the cultural capital since many artists chose it above Warsaw. It was such a pleasure to be a guide for my friends from abroad and hear their 'ooh's and ahs' when we moved from one beautiful courtyard to another. I find myself enjoying the bright light enhanced by white castle renaissance bricks, feeling the sun in my heart and dancing with a friend on the Wawel castle between tourists. If you want to fall in love, Kraków is the right place.

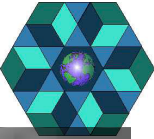
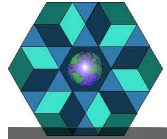


### AAGT

Early autumn night on the old market square with horse-drawn carriages parked nearby in the light of street lanterns. Gail, Cathy, Burt and myself, all sitting covered by warm red blankets, talking about life, cultural differences and the future of AAGT. Thinking how diverse the Gestalt world is, from trying Polish meals and drinks to discussing the coast of Asilomar. A discussion about the exciting future is met with remembering the past and recent visit to Auschwitz. All of us affected in different ways. We find both the ability to talk and engage as well as drift away in moments of profound silence. The prevailing feeling however is of intimacy, closeness and belonging as we discuss sacrum and profanum, tease each other as friends and then sadly have to say good byes, speak you on Skype, see you in a year...

Adam Kincel





## News from Stella Resnick

On September 22 I will be a featured presenter at the World Congress on Sexual Health in Porto Alegre, Brazil. I'll be discussing the connection between childhood attachment programming and adult sexuality and offering a body-based Gestalt approach to working with clients that I call Full-Spectrum Therapy because it is both cognitive and somatic and utilizes Gestalt processing. I am also looking forward to meeting with Sandra Salomão, the director of the Gestalt Institute of Rio who has invited me to give a talk to her students.

## The Research Conference

As many know, the AAGT and the Gestalt International Study Center at Cape Cod co-hosted a very successful research conference earlier this year. The theme was "The Challenge of Establishing a Research Tradition for Gestalt Therapy," and papers from that conference are being assembled into a book. Now, we are planning for The Research Conference 2015, which will be held May 27-30, 2015, and which will once again be held at the Meeting House for GISC at Cape Cod. GISC will organize the registration, and we will issue a call for presentations in due time. Joe Melnick and Philip Brownell will co-convene the conference. At this point we will have two Mentors-in-Residence at this conference, and these are truly stellar people: Leslie Greenberg, PhD and Amedeo Giorgi, PhD. This will be an event not to be missed; so, please set the dates on your calendars and watch for when registration begins, because there is a ceiling of about 80 for our capacity.

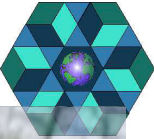
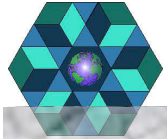
**SEE OUR PRESENTERS BELOW**

**Amedeo P. Giorgi** is an American psychologist. He received his PhD in experimental psychology from Fordham University in 1958. After working as a human factors consultant to government and industry for several years, Giorgi moved into an academic career, beginning at Manhattan College, followed by Duquesne University, and later the University of Quebec at Montreal. Currently, he is a Professor at Saybrook University in San Francisco with which he has been associated since 1986. Becoming critical of mainstream psychology after obtaining his PhD, Giorgi began to seek alternative approaches to the study of psychological material. In so doing, he studied philosophical phenomenology, especially the works of Edmund Husserl and Maurice Merleau-Ponty, and he adopted that approach as a framework for developing an alternative approach to the understanding of psychological problems. Giorgi's specialty is in the area of psychological research practices, especially qualitative research approaches. He is the developer of a phenomenological method ([The Descriptive Phenomenological Method in Psychology](#)) based on the thought of Husserl and Merleau-Ponty. He has directed over 100 dissertations that have

used the method on a wide variety of psychological problems, and he has published over 100 articles on the phenomenological approach to psychology. Giorgi has lectured on phenomenological psychology in Europe, Asia, Latin America, Australia and South Africa. He is the founder and original editor (for over 25 years) of the Journal of Phenomenological Psychology and is author of the classic text 'Psychology as a Human Science: A Phenomenologically based Approach' (New York: Harper & Row, 1970). In addition, he has published, inter alia, 'Phenomenology and Psychological Research' (Pittsburgh, PA: Duquesne University Press, 1985 - Editor) and 'Qualitative Research in Psychology' (Pittsburgh, PA: Duquesne University Press, 1986 - Editor, with P. D. Ashworth & A. J. J. de Koning). Giorgi was, along with Adrian Van Kaam, a founding member of the "Duquesne School" of psychology, which is where he first began formalizing phenomenological methods for psychology. He was also a key figure in the history of the humanistic psychology movement, alongside such notable pioneers as Carl Rogers and Fritz Perls. To this day he is a noted historian of the field of Psychology, particularly alternative strands.

**Les Greenberg**, Distinguished Research Professor, Department of Psychology, York University, Toronto, Canada, is a South African psychologist and one of the originators and primary developers of Emotion-Focused Therapy for individuals and couples. He is Director of the Emotion-Focused Therapy Clinic and the York University Psychotherapy Research Center, both at York University. Dr. Greenberg is actively involved in the training, research, and development of Emotion-Focused Therapy at the Emotion-Focused Therapy Clinic, and he travels throughout North America and internationally doing presentations and workshops in Emotion-Focused Therapy. Dr. Greenberg is a founding member of the Society of the Exploration of Psychotherapy Integration (SEPI) and a past President of the International Society for Psychotherapy Research (SPR) from which he received a Distinguished Research Career award in 2004. He was recently awarded the Distinguished Contribution to the Profession of the Canadian Psychological Association. He has been on the editorial board of many psychotherapy journals, including currently the Journal of Psychotherapy Integration, Journal of Clinical Psychology, Journal of Constructivist Psychology, Gestalt Review and the Journal of Marital and Family Therapy. Les is a trained gestalt therapist, and his research on process-experiential therapy and EFT have been cited in support of gestalt therapy. He is a prolific researcher and writer with numerous books, chapter contributions, and journal articles.





## AAGT PNW: The Association for the Advancement of Gestalt Therapy, Pacific Northwest Region presents: 2nd ANNUAL GESTALTGATHERING

Saturday & Sunday, October 26-27, 2013  
Chobo-ji Seattle's Rinzai Zen Temple  
1733 South Horton Street Seattle, Washington 98144

Hello Gestalt therapists, students, and all interested folks!

This is only the second year of gathering together to meet our Gestalt brothers and sisters around our region, and to introduce new folks who are interested in the exciting world of Gestalt and Gestalt Therapy.

We've picked Seattle this year as it is centrally located between Oregon and Vancouver BC. We found a wonderful Zen Center with a kitchen and a lovely garden.

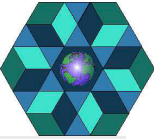
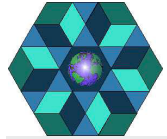
And for those who need an overnight location we've picked the University Inn, about 15 minutes away. Of course you can stay where you wish, but a couple of us (on the Seattle organizing team) will be at the Inn in case of any spontaneous and creative uprisings that won't want to be missed. And if nothing emerges we can at least have breakfast together Saturday and Sunday mornings!

In the tradition of AAGT Southwest, with which some of us have been involved, those attending the gathering create the weekend agenda on the spot. If you so desire you can offer a presentation or a theme you'd like the group to address, all related to Gestalt, of course. Then all ideas will be listed on the board, and the group will pick the ones that attract their attention. Since we have only one large room and one small one, not all ideas will be able to be chosen, although some may be combined. So far we've come up with a few for the list:

- Gestalt as a Way of Life:  
Cyndy Sheldon
- Gestalt Group Therapy Process:  
Flora Ostrow
- Jacob Moreno's Psychodrama  
and its Contribution to Gestalt  
Therapy: Marv Thomas
- Theme to Discuss: Spontaneity  
and Creativity in Therapy
- More ideas from all of you to  
be added to this list.



**REGISTER NOW**



*The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.*

### UPCOMING WORKSHOPS

#### **Ethical Experience and Our Attitudes toward the Other**

We will turn to phenomenology to address the questions: what is the ethical experience? When does the ethical experience occur? What can be said of the person who has this experience? One of Gestalt therapy's central concepts is contact with the 'other'. We will explore together how the ethical experience shapes the gestalt practitioner's attitudes toward the other.

**Dan Jones, PhD & Jen McWeeney**

**6 Ethics CE**

**October 25**

#### **Reflections of the Body in Film, Art, Poetry and Music: Structure and Contact**

In this workshop, we will utilize Gestalt awareness and several creative mediums to explore the parts of ourselves that deeply resonate with art, film, poetry, writing, and music. We will reflect upon our own embodiment; what has been introjected as ideal, or how we 'should be', how we are attracted and repulsed by certain images, notes, phrases and forms, and experience and express our own sacred forms of embodiment as lively and authentic. This workshop not only increases the capacity of the intervener (clinician, coach, consultant) but can be applied to work in clinical and organizational settings.

**Michael Clemmens, PhD & Heidi Abrams, LISW**

**16 CE**

**November 15-17**

#### **Experiencing "The GIRL" - An Appraisal and Therapeutic Adventure in Gestalt Contact and Resistance Processes**

A summary of the research methodology to develop the 100-item inventory will be followed with working dialogically in a Gestalt therapeutic manner with personal and interpersonal data as participants share information learned from their own GIRL profiles. We will facilitate understanding the relationship of their assessment data to both Gestalt therapy theory and present contact functions in the group. The workshop will culminate in brainstorming and discussion of ways the GIRL might be used in clinical practice and ideas for future research.

**Ansel Woldt, PhD & Mary Plank, MEd, PC**

**7CE**

**November 23**

#### **Sensing and Repatterning™: Working with "Introjects" and the Body**

Gestalt Therapy offers the opportunity to help us recognize our unexamined beliefs and accompanying fears, also known as "introjects" that are embedded in our bodily process. In this workshop we will explore working with introjects using Sensing and Repatterning™, an integration of gestalt therapy theory and the method of bi-lateral modulation developed in EMDR (Eye Movement Desensitization Reprocessing). The emphasis of this workshop will be to approach introjects (negative beliefs and fears) as cognitive, physical and emotional patterns.

**Michael Clemmens, PhD & Renee Jennings, LISW-S, CHT**

**15.5 CE**

**December 13-15**

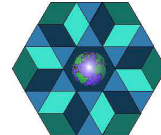
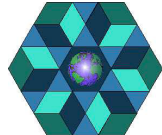
The Gestalt Institute of Cleveland is approved by the Ohio Psychological Association, and the State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board to provide continuing education to psychologists, counselors and social workers. The Gestalt Institute of Cleveland maintains responsibility for the programs.

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Call 216-421-0468

[www.gestaltcleveland.org](http://www.gestaltcleveland.org)





*The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.*

## Training Programs

### The Coach Certification Program at the Gestalt Institute of Cleveland

The Coach Certification Program at the Gestalt Institute of Cleveland provides a proven conceptual foundation building awareness and skills essential for self-mastery, authentic relationships and powerful, positive change. Coaches using the Gestalt approach facilitate deep, robust and sustainable changes in individuals and groups. The International Coaching Federation (ICF) accredits this transformative certification program integrating coaching knowledge and skills and ICF core competencies with the Gestalt approach. The certification program also offers eligibility for two additional certifications; a Gestalt Professional Certified Coach™ and a Board Certified Coach.

The next program session **begins November 2013** with program participants **graduating in May 2014**.

133 Coach Specific Hours



## Group Intervention Training Program

### Module I: Gestalt Group Process Facilitation Skills – January 22-26, 2014

This module will be an introduction to Gestalt Group Process models, skills, use-of-self and practice. We will work with Levels of System in the group and how to direct your intervention to the best level for results. Various group contexts will be covered: Clinical, Personal Development, Training, and Task groups. Assessing the Phases of Group Development across types of groups will be informed by both a systems view and a field perspective. You will be able to see more dynamics in a group and have more skills and choices about your responses as facilitator.

35 CE

### Module II: Advanced Intervention, Deep Dive – March 12-16, 2014

This module will be a "deep dive" immersion into the advanced application of core principles of Gestalt, focusing on how to maximize use of self in supporting transformation in individuals, groups, organizations and social systems in which we live and thrive. We will be "rolling up our sleeves" and getting into the work of refining "our particular mastery" with dramatically deeper connections to heart, mind and soul. You will take away a clearer sense of your own "superpowers and kryptonite", experiences in identifying and expanding your own unique strengths and in transforming and developing your own specific growing edges as a facilitator and intervener. Participants will have opportunities to facilitate various group focus and size configurations. Together we will explore and expand multiple perspectives of the field in any moment and how this informs choice.

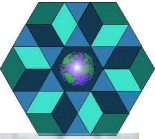
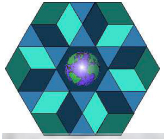
35 CE

The Gestalt Institute of Cleveland is approved by the American Psychological Association (APA) and the State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board to provide continuing education to psychologists, counselors and social workers. The Gestalt Institute of Cleveland maintains responsibility for the programs.

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# The Gestalt Therapy Institute of Philadelphia

proudly presents



**Philip Lichtenberg, PhD, GTIP Co-Founding Director and Faculty Member**

in a lecture and demonstration of his theory on:

## ***THE FOUR CORNERS & THE INCOMPLETE I:***

How differentiated individuals merge into communities

Filmed in front of a live audience on November 17, 2012, this DVD focuses on how the principles of Gestalt Therapy theory can be used in the world to build vital, healthy and democratic communities.

### **Four Chapters:**

- I. Introduction and Formulation of the Theory
- II. Four Corners Examples
- III. The Incomplete I
- IV. A Here and Now Conversation and Discussion

Running time: 1:57

\$30.00 + \$ 5.00 USD shipping and handling (within the U.S.)

\$30.00 + \$10.00 USD shipping and handling (International)

Checks can be made out to (with DVD in the memo portion of your check):

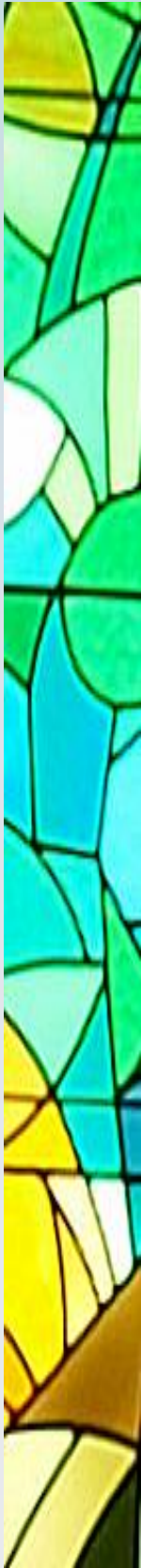
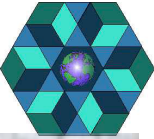
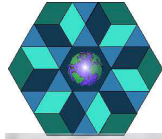
**Gestalt Therapy Institute of Philadelphia  
PO Box 961  
Bryn Mawr, PA 19010-0961**

-or-

The DVD can be ordered directly through our website: [www.GestaltPhila.org](http://www.GestaltPhila.org)

For further information please contact: 610-668-5177  
or email [adminGTIP@gmail.com](mailto:adminGTIP@gmail.com)





## **Are we speaking the same language? Psychotherapy and counselling across languages.**

Facilitated by Piotr Mierkowski and Vivienne Barnett

Saturday November 23<sup>rd</sup> 2013, 10.00- 4.00

Balham Community Centre, Bedford Hill

With ever increasing mobility across frontiers more and more people seek therapy outside of their country of origin. Similarly an ever growing number of therapists practice in a second language. The phenomenon of communicating across languages presents therapists and clients with challenges which, if recognised and attended to, can enhance the effectiveness of the therapeutic process.

This workshop aims to engage participants in considering the language contact-boundary in the context of their therapeutic work, through a mixture of experiential learning, interactive teaching and discussion.

*Piotr Mierkowski is a UKCP registered gestalt psychotherapist and supervisor. Polish by birth, he is bi-lingual, working with individuals and couples in Polish and English. He is interested in the impact of language on the therapeutic process.*

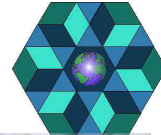
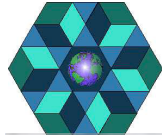
*Vivienne Barnett is a BACP accredited counsellor/psychotherapist and supervisor. Working in her native English, she has many clients for whom it is a second language. She is interested in the extent to which loss may be present in this dynamic.*

**Cost £50 (includes refreshments but not lunch)**

**To secure your place please fill in the form overleaf.**

Balham Community Counselling Centre,  
91 Bedford Hill, London SW12 9HE  
T: 020 8673 4422  
E: [workshopsbcc@btconnect.com](mailto:workshopsbcc@btconnect.com)





Balham Workshop: Are we speaking the same language?

Please reserve me a place on the above workshop on Saturday November 23<sup>rd</sup> 2013  
10.00 – 4.00pm.

Name.....

Telephone: .....

Address: .....

.....

E-mail: .....

I enclose a cheque   Yes / No

I have paid by BACS   Yes / No

Fee: £50 (non-refundable, includes refreshments but not lunch)

Cheques should be made payable to “Balham Community Centre”

Payment by bank transfer:

Bank: CAFCASH LTD   Sort code 40-52-40   A/c number 00010245

Please use reference: “Workshop/your name”

CPD Certificate will be provided

Balham Community Centre is a five minute walk from Balham Tube/BR station

Free off street parking is available on Saturdays

Please return this booking form to:

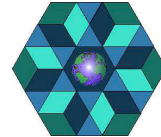
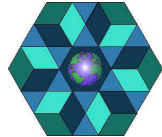
Jenny Toleram, Balham Community Counselling Service,

91 Bedford Hill, London SW12 9HE.

T: 0208673 4422

E: [workshopsbcc@btconnect.com](mailto:workshopsbcc@btconnect.com)





# Our Executive Council and Board

**President (2012-2014)**

Gail Feinstein  
80 East 11 Street - Ste.517  
New York, NY 10003  
Email: [gail13feinstein@aol.com](mailto:gail13feinstein@aol.com)  
Phone: 917-495-8941

**Board Member At Large**

Cathy Gray  
426 Haverford Avenue  
Narberth, PA 19072 USA  
Email: [cathybgray@gmail.com](mailto:cathybgray@gmail.com)  
Phone: (610) 667-4770

**Vice President**

Patricia Tucker (until Annual Meeting 2013)  
451 W 48th St. #2E  
New York, NY 10036  
Email: [PTucker@aol.com](mailto:PTucker@aol.com)  
Phone: 212595-9556

**Secretary**

Rodney Cole  
302/3-5 Greenknowe Ave  
Potts Point NSW 2011 Australia  
Email: [rodney\\_cole@hotmail.com](mailto:rodney_cole@hotmail.com)

**Treasurer (2010-2013)**

Burt Lazarin  
276 Fifth Avenue,  
Suite 1011,  
New York 10001-4509  
Email: [brlaz@aol.com](mailto:brlaz@aol.com)

**Continuing Education Officer**

Dina Miller  
P.O. Box 141122  
Columbus, Ohio 43214 USA  
Email: [Dinamiller3@aol.com](mailto:Dinamiller3@aol.com)  
Phone: (614) 563-6571

**Archivist / Associate CE Officer**

Ansel Woldt  
511 Beryl Dr.  
Kent, OH 44240 USA  
Email: [nanselw@aol.com](mailto:nanselw@aol.com)  
Phone: (330) 673-8729

**Communication's Director**

Brad Larsen  
2325 E Burnside, Suite 102  
Portland, OR 97214  
Email: [brad@bradlarsenpsyd.com](mailto:brad@bradlarsenpsyd.com)  
Phone: (503) 715-5468

**Newsletter Editor**

Alexandra Schlotterbeck  
4a Wynell Road  
London, SE23 2LN UK  
Phone: 0044 (0) 7728 565 353  
Email: [alexschi@hotmail.co.uk](mailto:alexschi@hotmail.co.uk)

**Research Liaison**

Meghann Case

**Membership Co-Chairs**

Maryanne Nicholls  
60 Northcote Ave.  
Toronto, ON M6J 3I23  
CANADA  
Email: [maryanne.nicholls@gmail.com](mailto:maryanne.nicholls@gmail.com)  
Phone: (647)-299-1045

**Nancy Woldt**

511 Beryl Dr.  
Kent, OH 44240 USA  
Email: [NancyWoldt@aol.com](mailto:NancyWoldt@aol.com)  
Phone: (330) 673-8729  
Email: [nanselw@aol.com](mailto:nanselw@aol.com)

**Organizational Rep Co-Chairs**

Marlene Blumenthal  
21403 Chagrin Blvd #210  
Beachwood, OH 44122  
Phone: (216) 513-1805  
Email: [marloblum@yahoo.com](mailto:marloblum@yahoo.com)

**Anna Bacik**

[anna\\_bacik@yahoo.com.au](mailto:anna_bacik@yahoo.com.au)

**RCPR Representative**

Adam Kincel  
[adam@gestalt.uk.com](mailto:adam@gestalt.uk.com)

**RDF Liaison**

Deirdre Winter  
[info@gestalt-approaches.de](mailto:info@gestalt-approaches.de)

**Administrative Assistant**

Michael Sasiain  
POB 42221  
Portland, OR 97242  
Email: [admin@aagt.org](mailto:admin@aagt.org)  
Phone: (503) 877-9606

**Scholarship Co-Chairs**

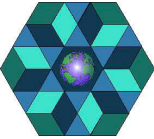
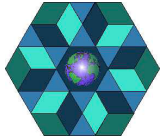
Bud Feder  
539 Valley Rd  
Montclair NJ 07043 USA  
Email: [bfeder@comcast.net](mailto:bfeder@comcast.net)  
Phone: (973) 746-6815

Dominique Chabre  
Jimenez del Campillo # 77

Col. Centro  
91500 Coatepec, VER  
Mexico  
Tel: 55 228 8163226  
Email: [dominikali@yahoo.com](mailto:dominikali@yahoo.com)

**2014 Conference Organizers**

Peter [Colepeterhayscole@gmail.com](mailto:Colepeterhayscole@gmail.com)  
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# YOUR AAGT NEWSLETTER IS HERE!

Communications Director: Brad Larsen

Newsletter Editor: Alex Schlotterbeck

## Publication Guidelines:

Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and the creativity and interest of the membership. Letters to the Editor should be succinct and to the point.

All material submitted remains the property of the Newsletter staff. Deadlines are final. Style can be informal, but should be good writing. All material is subject to editing to fit the parameters and needs of any given issue of the Newsletter. The content herein represents the opinions of contributing authors and not the opinion, policies or procedures of AAGT unless otherwise specified.

Next newsletter will be published around January 30th, 2014. Deadline is Jan 15th, 2014

Please send submissions to [alexschi@hotmail.co.uk](mailto:alexschi@hotmail.co.uk) with 'newsletter January' in the heading.