

# AAGT The Association for the Advancement of Gestalt Therapy

News for AAGT Members

Associating and Advancing

# **DECEMBER 2012**



Welcome to the ongoing experiment that is AAGT, an international community!

Whether you are a returning member or have just joined, we invite you to find a way to be active in the association.

It does not matter what your status is from trainee to teacher. You can have three months of experience with gestalt or over thirty years.

We aim to value each person's voice and respect difference.

What you gain is feeling part of a vibrant worldwide community.

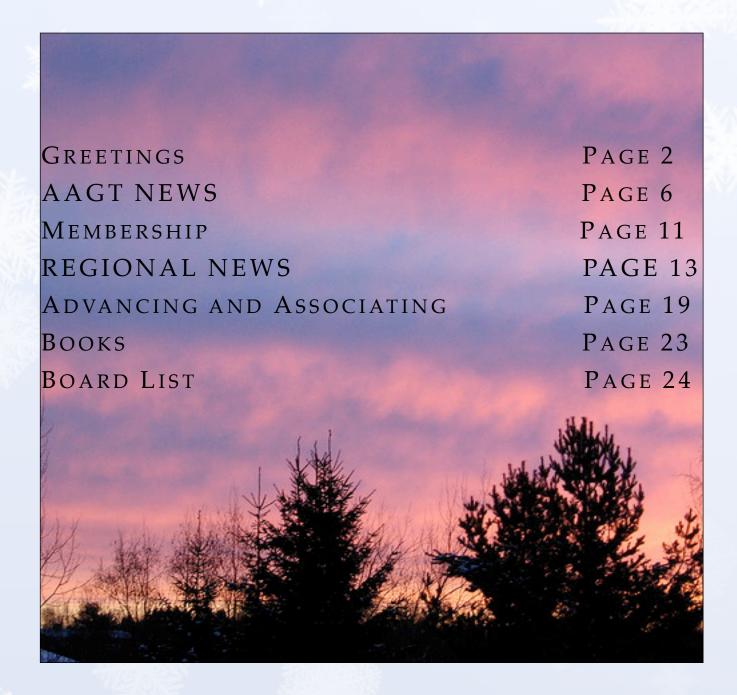
So take part and let others know about the benefits of joining AAGT! www.aagt.org

AAGT Newsletter December 2012





# In this issue...



For everything AAGT visit our website <a href="http://www.aagt.org/">http://www.aagt.org/</a>

AAGT Newsletter December 2012





# Greetings from Gail Feinstein, President

Many warm greetings and wishes for the approaching new year. Here in the northern hemisphere, trees are bare for the leaves have long fallen off. The roots are digging deep, searching for sustenance. The bears are off in their caves, turning inward, hibernating for the long, cold winter.

I wonder how we are seeking sustenance in the midst of this time of transition, from the old year into the new one. As we near the eve of winter, we dwell in the shortest days and darkest time of the year. I so



appreciate the invitation and the refuge that the darkness offers as well as the opportunity for the exploration of light in the midst of darkness. On this longest night, we may focus on the power of darkness – the richness of that unknown dark, fertile, deep part in each of us where our intuitive, creative forces might inhabit.

How do we travel down into the roots of our own lives and discover what calls to us? What needs attention? What needs nurturing to allow new growth to take place? Where do we need to stop, rest and reconnect? How might we contribute the best of ourselves?

Each moment offers us a new opportunity to be connected and present. I reflect on what I bring into the world with each contact. How do I take care of myself and find my own ground and spaciousness to pause and breathe, to feel the richness of connection and the sense of well-being, no matter what.

As we approach the darkest time of the year, we know the seasons will continue to change and many storms encircle us. We find the ground that sustains us in the midst of all these storms and rely on what connects us to ourselves, to each other, our communities and our beloved Earth. And from the midst of profound and unsettling challenges, fresh possibilities emerge. To pause with the question over and over again, "What does this moment ask of me?" and to live the response. As we lean into our common humanness, we hold all of it – the bonewrenching sorrow and joyous beauty of life.

How do we live each moment just as it is with everything we have, knowing deeply that these are the only moments we actually do have?

Wishing you joy in the traditions you celebrate and a new year filled with well-being, prosperity and peace.

We always need news of the regions.

If you are an RCP please send any updates, news of your region or announcements to Alex Schlotterbeck: alexschi@hotmail.co.uk





# Greetings From Patricia Tucker, President-Elect

Winter Greetings to You All!

I write to you all today with a mixture of sadness and gratitude. Sadness for my neighbors here in the Northeastern United States who are still trying to restore their lives since Hurricane Sandy, hundreds still with no heat or hot water and some with no homes to return to at all. And sadness for the parents and children in Connecticut who are mourning the loss of their children and their classmates in the recent tragic and senseless shooting. Sadness, too, that our world leaves so many with so little.



My proximity to these events allows me to touch into them more deeply than usual as I feel a more personal connection to nearby events, but also stirs in me my sense of connectedness to the countless others around the world who are suffering this holiday season. I am grateful for this connection to our world; even in grief and loss.

At the same time, I am profoundly grateful to be alive and have a warm place to live and be surrounded by people I love. I am grateful to be able to live where I want and do work that I love.

And I am grateful, too, for the home that I have found with all of you and with AAGT. It is such a privilege to be part of an organization that values true dialogue and undertakes to "maintain community through patience and understanding\*", and to work to "support the needs of the

members of our community\*" while also striving to stay aware of the power dynamics in relationships\* and to recognize and diminish our tendencies to objectify others\*.

Our Covenant of Community is so unusual and unique! For me, it serves as a firm support in looking towards our future as we work together towards advancing these aims of our Gestalt Therapy founders and, each in our way, play some small part in the healing of our world. I look forward to a New Year of Associating and Advancing!

Wishing Happy and Peaceful Holidays to all!

\*from the AAGT Covenant of Community.







# Greetings Dear Members,

Welcome dear member to another edition of the AAGT quarterly newsletter. Welcome to those of you in the US, South America, Europe, Australia, Asia, Africa and other countries around the world. Welcome worldwide Gestalt community!

In this last quarter globally we've witnessed and experienced both joy and pain in the domains of politics, society and the environment. As human beings we are affected and as Gestaltists we extend our support to others who are also affected. During this holiday period may we all get the peace, rest and replenishment we need.

I hope you enjoy perusing this latest newsletter. In this issue we have greetings from the president and vice-president, news of regional conferences and workshops as well as updates on the AAGT/GISC research conference, our annual general meeting, and the next biennial AAGT conference in Asilomar, California in 2014.



I hope you find something to stimulate your interest and perhaps even inspiration to send us a contribution for the next newsletter which will be published at the end of March. We would love to hear news from Gestalt communities all over the world so that we can get inspired and grow together.

May 2013 be a good year for you!

Alex Schlotterbeck

## Got a message to share?

Let us know what's up in your part of the world! Post a personal note or an organizational invite







# The **Scholarship Fund** currently has US\$13,351



- •To encourage a growing community of diverse practitioners and students from all over the world to attend our conferences
- So that we can share and grow together

### We welcome your donation!

#### **AAGT RCPS**

A group for the regional contact people of the Association for the Advancement of Gestalt Therapy

- An international community.

The Regional Development Fund currently has US\$1,503

We welcome your donation!

Announcing a Research Fund to come soon







Sept. 2 – 7, 2014

AAGT at Asilomar

AAGT's 2014 Biennial Conference

# CALL FOR PROPOSALS

The 2014 conference will be held on September 3-7, 2014 (Pre-Conference: September 2 & 3) at the <u>Asilomar Conference Grounds</u> on California's beautiful central coast, minutes from California's full service <u>Monterey Regional Airport</u>.

You are invited to submit Pre-Conference Workshop and/or Conference Workshop Proposals for AAGT's 12th Biennial International Conference. Proposals are <u>being accepted online</u> now through May 1st, 2013.

The theme for the conference is "Exploring the Diversity of Gestalt Therapy" For more information about the conference please visit the AAGT Website.

Thank you,
Peter Cole & Daisy Reese
Conference Conveners









# The Challenge of Establishing A Research Tradition for Gestalt Therapy: An International Conference

Jointly Hosted by AAGT and GISC Co-Chairs Philip Brownell and Joseph Melnick Dates April 17-20, 2013

Begins Wednesday, 6pm; Ends Saturday, 10am
Fee \$275 USD; \$225 for AAGT or GISC members
(accommodations not included)
CE hours 14
Location Gestalt International Study Center,
1035 Cemetery Road, South Wellfleet, MA 02663

The Association for the Advancement of Gestalt Therapy (AAGT) and the Gestalt International Study Center (GISC) invite you to participate in the first international conference of research focused on the Gestalt approach in psychotherapy and organizational consulting.

#### Conference

19 Presentations: 25 Presenters; 10 Different Countries

This is a three-day, international conference designed to nurture the establishment of a research tradition for Gestalt therapy. It will address issues related to research design, exhibit current research by Gestalt practitioners, and explore research relevant to the Gestalt approach. It will feature established researchers who can stimulate and encourage those new to the field.

Keynote: Leslie Greenberg, PhD - "Noticing the Obvious"

On the importance of observation and description as a first step in research, with task analysis as a means of doing this.

#### Plenary Speakers:

- Leslie Greenberg, PhD: "Engaging in a research programme: An example of using measurement, hypothesis testing, and relating process to outcome."
  - Linda Finlay, PhD: "The relational approach in phenomenological research."
- Ansel Woldt, EdD: "Mining for crystals from Gestalt Q-Sort to the GIRL: Creating valid and reliable measures of Gestalt contacting processes."

To view complete conference details or to register, visit: gisc.org/practitioners/programs/researchconference.php or email the GISC office at office@gisc.org. (see also at www.facebook.com/TheResearchConference)

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#### Presenters

Marlene Moss Blumenthal, Ph.D., The Fielding Graduate Institute, Santa Barbara, California; Administrator and Faculty Member of the Gestalt Institute of Cleveland

**Julius Burkauskas, MSc** Research Assistant, clinical psychologist Behavioral Medicine Institute, Lithuanian University of Health Sciences

Todd Burley, Ph.D., ABPP, Loma Linda University; Gestalt Associates Training Los Angeles.

**Michele Cannavò, Ph. D.,** Psychiatrist, Gestalt Psychotherapist, Trainer at Instituto di Gestalt HCC Italy, President of the Italian Association for Gestalt Therapy (SIPG), Secretary at European Association for Gestalt Therapy (EAGT)

Meghann Case, Psy.D., Vassar College Counseling Service, AAGT

Allison Chambers, MS., CACD-I, Pacific University

**Robert Farrands, Ph.D.**, Centre for Action Research in Professional Practice, Bath University, UK. Independent scholar and consultant.

Linda Finlay, Ph.D., freelance academic consultant, UK; Open University on their Social Science Faculty

**Duey Freeman MA, LPC**, Director: Gestalt Institute of the Rockies, Co-founder and co-director: Gestalt Equine Institute of the Rockies, Instructor: Naropa University

Jon Frew, Ph.D., ABPP, Pacific University; Gestalt Therapy Training Center Northwest

Leslie Greenberg, Ph.D. York University, Toronto, Canada

Rae Johnson, Ph.D. Institute for Embodiment Studies; University of Toronto

**Logan Lamprecht, Ph.D.** Cleveland State University.

Marco Lobb, Ph.D. Business administrator in engineering and gestalt counselor

Alan Meara MGT, FM GANZ, Previously Gestalt Therapy Sydney, University of Technology Sydney

Heidi Mjelve, Ph.D. Norwegian Gestalt Institute in Oslo; University of Oslo

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Mark Reck, Psy.D., Counseling & Psychiatry Services, University of Vermont; AAGT

Cynthia Reynolds, Ph. D., Licensed Psychologist, Professor, Department of Counseling, University of Akron

**Joan Rieger MA, LPC**, Co-founder and co-director: Gestalt Equine Institute of the Rockies, Faculty: Gestalt Institute of the Rockies

**Jan Roubal, M.D.**, Department of Psychology, Faculty of Social Science, Masaryk University in Brno, Czech Republic. Chair of EAGT Research Committee.

**Pablo Herrera Salinas, Ph.D.(candidate)** in Psychotherapy Research, Pontificia Universidad Católica de Chile; Heidelberg University, Germany; Gestalt Institute of Santiago, Chile

Laima Sapeinskienė, PhD in Sociology; Board Member, Lithuanian Gestalt Therapy Association

Daan van Baalen, MD, Ph.D. Rector Norsk Gestaltinstitutt College, Norway.

Guadalupe Amescua Villela, Ph.D. Director of Centro de Estudios e Investigación Guestalt, (CESIGUE),

**Ansel Woldt, Ed.D.** Professor Emeritus, Kent State University; Association for the Advancement of Gestalt Therapy (AAGT).

This program is co-sponsored by the Association for the Advancement of Gestalt Therapy (AAGT) and Gestalt International Study Center (GISC). **Psychologists**: AAGT is approved by the American Psychological Association to sponsor continuing education for psychologists. AAGT maintains responsibility for this program and its content. **Counselors**: AAGT is an NBCC-Approved Continuing Education Provider (ACEP<sup>TM</sup>) and a cosponsor of this event/program. AAGT may award NBCC-approved clock hours for events or programs that meet NBCC requirements. AAGT maintains responsibility for the content of this event. **MFTs, LPCCs, LEPs, and LCSWs**: This course meets the qualifications for 14 hours of continuing education credit for MFTs, LPCCs, LEPs, and/or LCSWs as required by the California Board of Behavioral Sciences. **Nurses**: Provider approved by the California Board of Registered Nursing, Provider Number 11846 for 14 contact hours. **Provider Numbers**: APAMCEP #1007; NBCC-ACEP #5850; CBBS-PCE #3043; CBRN-CEP #11846. Attendance at this program can earn up to 14 Continuing Education (CE) credit hours. For further information contact the AAGT CE Officer, Dina Miller, P.O. Box 141122, Columbus, OH 43214, <u>Dinamiller3@aol.com</u>, Phone 614-563-6571 or GISC administrator, Mary Berry, <u>office@gisc.org</u>, Phone 508-349-7900.

# Come one, Come All to AAGT's Annual General Meeting!

Our yearly meeting will take place right after the Research Conference on Saturday, April 20th and Sunday, April 21st

Please join us to take an active part in our Association and have your voice be heard!





# AAGT MEMBERSHIP! Benefits include:

**Conference Fee Discounts** 

**AAGT Member Listserv** 

**AAGT Member Directory** 

**A Global Community of Gestalt Practitioners** 









GO TO <u>WWW.AAGT.ORG</u>
A FRIENDLY SUGGESTION FROM YOUR
MEMBERSHIP CO-CHAIRS





# The AAGT-SW Annual Conference, Los Angeles, November 1-3, 2013

Our last conference in LA was four years ago.

- \*New Location: American Jewish University, Familian Campus in Bel Air (Mulhalland Dr. and Sepulveda Blvd./405 freeway)
- \*8 CEUs for the weekend.
- \*Cost will be around \$90 for commuters.
- \*Overnight guest fees TBA (note, accommodations are on the campus)
- \*Description: We meet for a check in on Friday afternoon; a morning and afternoon session on Saturday, and a Sunday morning session to close out the conference. For our planned plennary on Sat morning this year, Judyth Weaver, Jennifer Bury, and Ginger Clark will give a talk and demonstration on Somatic Awareness and Gestalt Therapy. This morning session will conclude with a discussion and time for questions. (FYI, Judyth Weaver's website is <a href="http://judythweaver.com/writings/somatic-awarenesssensory-awareness-a-path-of-unraveling-trauma/As">http://judythweaver.com/writings/somatic-awarenesssensory-awareness-a-path-of-unraveling-trauma/As</a> we usually do, topics for remaining sessions will emerge and will be decided at the weekend.







# Mexico Regional Conference



### AAGT- Mexico Regional Encounter, July 18-21<sup>st</sup>, 2013 Guadalajara, Jalisco, Mexico

As the Christmas trees, nativity scenes, and holiday decorations come out, it starts to smell like tamales, ponche, atolito, and buñuelos here in different parts of Mexico.

Meanwhile, we are currently closing up the peer review process, which really generated involvement and a sense of shared responsibility for the shape the event takes. It is now really a co-creation of people all over and outside of Mexico. We are also quite happy with the variety and creativity of the proposals received. Thank you all for your support.

We are also delighted to see that more than 100 people have already pre-registered! (early bird rates- *Pre-register* at <a href="www.gestalt2013.com">www.gestalt2013.com</a> today, and you have until Dec. 31st to pay! You could also win your registration for free in the Jan 1st draw!).

Also, we recently voted- inspired by the Australia North gathering- to make this Encounter "dry"or at least "less wet" by converting the drink tickets we had planned on including in the registration
packages into our event's scholarship fund. We may still offer alcoholic beverages via a local tequila
distillery which may sponsor an evening event, or have them for sale through the hotel bar. We feel this is
a more responsible and congruent use of our resources.

Our public relations committee has also arranged discounts with important national and international airlines, and our Planning Agency has great deals on local hotels on a first-come, first serve basis.

To help give a greater sense of what AAGT is and does, we will be modifying the "who are we?" section of our <a href="www.gestalt2013.com">www.gestalt2013.com</a> page to include mentions for "The Research Conference", and the Call for Proposals and a "Save the Date" message for the Asilomar Conference. If there are any other events we should/could be sharing, please let us know via the emails on the webpage and we'll do our best to get them up in the new year.

In general, so far this has been a thoroughly enjoyable creative process, and it certainly wouldn't be happening without all the energy that you, the AAGT, generated by coming to Puebla. Thank you for letting us be a part of you, and our home is your home whenever you decide to come to Mexico.

Warmest regards and many blessing to you all this holiday season,

The Organizing Committee, AAGT GDL 2013.

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# Mexico Regional Conference

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#### Contact:

http://www.gestalt2013.com/
www.facebook.com/
1erEncuentroDeLaComunidadMexicanaGestaltAagt.
info@ gestalt2013.com





#### Report from Australia North

On the weekend of the  $23^{rd} - 25^{th}$  November 2012 twenty two Gestalt Therapists gathered at "Gunnebah", Nobby's Creek, in the subtropics of northern New South Wale for our 4<sup>th</sup> Annual AAGT Gathering and Retreat. The theme was as follows:



Vulnerability &

Transformation – a

Gestalt Perspective

At this year's Gathering and Retreat we will explore the place of vulnerability in the framework of Gestalt Therapy. We will

explore vulnerability from a Field perspective and as a contact style in the therapeutic relationship. Vulnerability is one of the great paradoxes at the growing edge of life. We can only truly experience our strength as a person by the degrees we make ourselves vulnerable in the presence of others. In fact Gestalt supports the premise that our strength and sense of being is grounded, and emerges from, our capacity to be vulnerable in relationship with others. And yet the background noise from our cultural contexts tells us that vulnerability is weakness, and that our very survival is based on our competitive edge. So what is going on? The workshop presenters will take us on a journey where we can explore this deeper pool of our being. We will explore what it means to risk seeking support from the environment and how to recognise when the field cannot receive us in our needs. We hope you can join us for a nurturing, supportive, and creatively challenging gathering and retreat in November 2012.

Four Therapists presented workshops reflecting the theme of the Gathering and their passion for the advancement of Gestalt Therapy and they were:



#### Jane Faulkner

#### Contact

Our ability to make contact with our life, our self and our environment has an impact upon our depth of vulnerability and transformation. The process of contact defines who we are as a person and the life we lead. In this workshop we will explore contact, how we make contact with ourselves, the other and the environment.

#### Jane Meakin

#### May The Force Be With You

My aim in this workshop is to invite the group to explore change through an experiential process tapping into and utilising the concept of the force for sameness and the force for change. As humans we have a wealth of knowledge and skills which we gather along our life pathway.





#### Pam Blamey

#### <u>Using Fairytales and Myth to Explore Vulnerability and</u> Transformation

Laura Perls encouraged the application of the most diverse techniques to engage with clients. Fairy tales have a dream-like quality, which lends itself to stimulating possibilities in exploring vulnerable aspects of ourselves and our clients in the service of deep and creative transformation. In this workshop we will investigate a tale using art materials, play and imagination.

#### Graeme Archer

#### Vulnerability and the I/Thou relationship

One of the four pillars of Gestalt, Dialogue and particularly, I -Thou dialogue as expounded by Martin Buber will be revisited in this experiential workshop. The "I-Thou" experience is one of being fully present as one can to another with little self-centred purpose or goal in mind. It is an experience of appreciating the 'otherness', the uniqueness, and the wholeness of another, while at the same time this is reciprocated by the other person. It is an experience of 'meeting '. The "I-thou" experience will be re-examined through group exercises.



We were also nurtured by food from the world's best vegetarian cook, Vanessa (in apron) as she weaved her magic and love into every meal served too us.











Saturday night was a bit of a hoot with dancing, singing, and trying to pin the cigar on Fritz. A strange and wondrous re-configuration (or was it a transfiguration?) occurred during this process.

Scary, isn't it? We are thinking of creating a Grotto in honour of "St Fritz of Nobby's Creek" so when any of you visit our sunny shores you will be able to drop in, do a little homage and leave as quickly as you can.



I am pleased to announce we raised over \$550 (USD) which has been forwarded to the Regional Development Fund.

We will gather again in 2013 from the  $8^{th} - 10^{th}$  November and if you are visiting Australia at that time do drop in and say "G'day!"



Kerry Shipman RCP Australia North 8/12/12







# A COUPLE OF INDIVIDUALS

#### A WORKSHOP SERIES

Rita Resnick, Ph.D. & Robert W. Resnick, Ph.D.

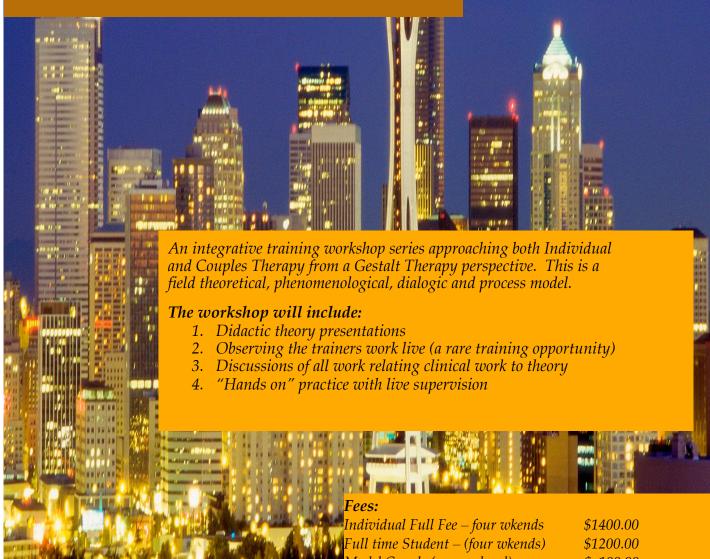
Internationally Renowned Gestalt Therapy & Couple Therapy Trainers

Dates:

January 19-20, April 27-28, September 7-8, November 16-17, 2013

**Contact:** ritaresnick@gatla.org

**Info & Reg:** http://gatla.org/masterclass-seattle/



Model Couple (per weekend) \$ 100.00

CE credits 48

gestalt associates training los angeles uttp://gatla.org/masterclass-seattle/







# LJUBLJANA, SLOVENIA

42<sup>nd</sup> Annual Summer European Residential Programs

Couples Therapy Training Workshop: July 7 – 13, 2013

The Couples Program has two levels of training – Basic and Advanced – and offers participants an opportunity to see experienced Couples Therapists (Bob and Rita Resnick) present their model of couples therapy and work live with model couples. Participants will work "hands on" with role-play or model couples with live supervision from faculty.

Gestalt Therapy Training Workshop: July 14 – 26, 2013

The Gestalt Program has five levels of training from Basic to Master Class and includes the option of daily individual therapy as well as daily theory lectures, practice in trios and quartets and the opportunity to see International faculty work and relate clinical work to theory. Opportunity to work with live faculty supervision.

#### **Early Registration Discounts Until March 15**

These two training programs take place in the elegant Art Nouveau Grand Hotel Union in the heart of the old city of Ljubljana with the river at its doorstep and cafes and musicians spilling onto the river banks. Think of Ljubljana as a mini Prague with music festivals and incredible architecture. Join our warm community of participants from 25 different countries.

Contact: Rita Resnick, Ph.D., Faculty Chair

Further information

Fees and scholarship information

ritaresnick@gatla.org (310) 395-6844 www.gatla.org (European Residential) http://gatla.org/general-information/

GESTALT ASSOCIATES TRAINING LOS ANGELES







#### The Gestalt Institute of Cleveland's (GIC) mission is

to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.

#### **UPCOMING WORKSHOPS**

#### **Complex Ground: Working With Addiction and Personality**

In this workshop we will explore the complex interaction of addiction, recovery and personality. We will pay particular attention to narcissistic, borderline and schizoid processes in the context of recovery and treatment. A model for attending and respectfully intervening with clients that includes a model of personality based in gestalt constructivist theory will be demonstrated and practiced.

Michael Clemmens, PhD

**January 11-12** 

#### **Gestalt Experiences in Relational Power: Legal & Ethical Considerations**

Utilizing experiential activities, we will explore the legal and ethical professional standards in relation to power differentials and imbalances in teacher-student, counselor-client, therapist-patient and supervisor-supervisee relationships. We will provide an integrated perspective that combines Gestalt therapy theory with social construction and post-modern theories to better understand ways in which power differentials can undermine learning environments, motivation to change and possibilities for growth and development.

Ansel Woldt, EdD & Logan Lamprecht, PhD

January 25

#### **Helping Couples Process Feelings and Emotionally Bond**

Working with highly emotional and conflicted couples is often challenging even for seasoned couples' therapists. This workshop will draw upon the rich depth of Gestalt theory, offering specific strategies to facilitate emotional focus, contact and attachment. Interventions for the common interruptions and emotional detours couples take will be practiced with the goal of helping therapists more effectively educate their client couples and facilitate their emotional dance.

Karen Tomoff, LPCC-S & Martina Moore, MA

January 28

#### **SAVE THE DATE**

**Introduction to Gestalt Couples Therapy** 

Alan Federman, MA, LISW & Les Wyman, PhD

February 2-3

**Gestalt Marathon: A Day-Long Experiential** 

**Group for Personal and Professional Development** 

Ansel Woldt, PhD & Logan Lamprecht, PhD

February 16

Working with Transference and

**Countertransference in Gestalt therapy** 

Barbara Y Thomas, PhD & Dan Jones, PhD

February 28- March 2

**Introduction to** 

**Gestalt Coaching (ICF Accredited)** 

Linda Garverick, PhD, GPCC & Richard Hancock, MA, PCC March 15-16

Accreditation The Gestalt Institute of Cleveland is approved by the American Psychological Association (APA) and the State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board to provide continuing education to psychologists, counselors and social workers. Selected programs and workshops are approved by the International Coach Federation (ICF) to provide continuing coach education & training.

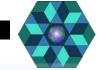
registrar@gestaltcleveland.org

Call 216-421-0468

www.gestaltcleveland.org

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#### **AAGT UK Gathering: January 26th 2013**

Hosts: Jon Blend & Ruth Nightingale, RCP's

West London: 11am-6pm

\*Mini workshops;networking; stories & whimsy

\* What do you want to do as a UK community/ hub?

Details/ booking: jon.blend335@gmail.com



Got a message to share?

Let us know what's up in your part of the world! Post a personal note or an organizational invite <a href="www.aagt.org">www.aagt.org</a>





# **Books**

New Book: A Quantum of Gestalt: Physics, Spirituality and Gestalt Therapy by Brian O'Neill.

This new book brings together the worldviews of physics, spirituality and gestalt therapy in a fascinating and easy to understand way. You can view and purchase it at Amazon and Amazon Europe directly at:

http://www.amazon.com/Quantum-Gestalt-Brian-ONeill/dp/1480215554/ref=la B008GI4Y32 1 7?ie=UTF8&qid=1353021987&sr=1-7

"Being open to physics and spirituality as aspects of Gestalt therapy is in harmony with the founders of gestalt therapy who embrace a "unitary approach". This book encourages appreciation of these fields in an expansion of how we view ourselves and the potential of the Gestalt Approach."

**Book Contents** 

Spirituality, Physics and the Poetry of Gestalt Therapy

Relativistic Quantum Field Theory and Gestalt Therapy - An Overview

Field theory in Psychology and Gestalt therapy

Quantum Field and Gestalt Therapy - A Lived Wisdom

Commentary to Relativistic Quantum Field Theory - Implications for Gestalt Therapy

Initial clinical applications of quantum field theory within gestalt therapy.

Field Theory of the Couple: Poetry, Spirituality and Physics Meet

Gestalt Family Therapy - A Field Perspective

David Bohm: Quantum Physicist with Insights to Psychotherapy and Spirituality

Addendum:

**Understanding Field Theory in Physics** 

To see the range of other books available including Philip Lichtenberg's classic work, Psychoanalysis Radical andConservative which is now also published on Kindle, go to the website at

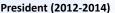
http://illawarragestalt.org/Index\_files/Page619.htm or to the Amazon at

http://www.amazon.com/Brian-ONeill/e/B008GI4Y32



### Our Executive Council and Board





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Patricia Tucker (until Annual Meeting 2013)

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Secretary

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