

AAGT

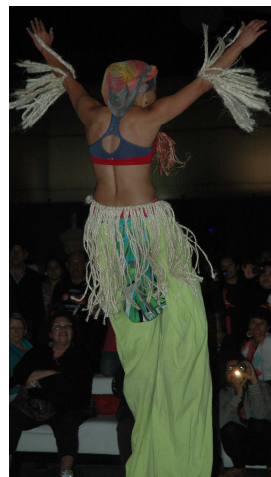
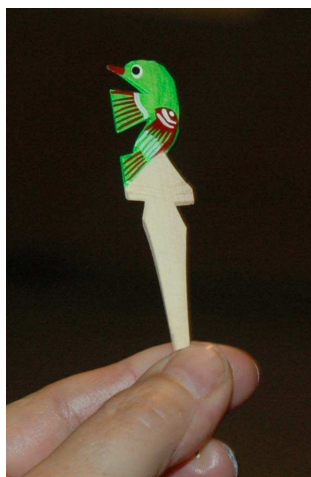
Association for the Advancement of Gestalt Therapy
An International Community

**News for
AAGT
Members!**

July 2012

AAGT PUEBLA 2012

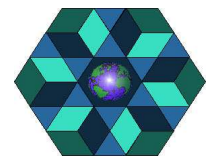
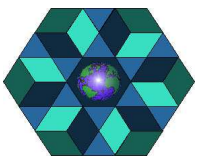
**Associating and Advancing at our
11th International Conference!**



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Warm greetings, dear Colleagues, It's a hot day, this first day of summer and I'm feeling grateful for the gentle breeze wafting through this steamy

afternoon. It is with joy that I write you for the first time as president.

My senses are filled with the bold and radiant expression that is before me - the fragrance of the peonies, the shocking pink lupine rocketing to the sky and the honeysuckle bursting forward with their orange tendrils as they wrap their way around the porch railings.

The ruby-throated hummingbirds are joined by the butterflies and bees as they busy themselves in delight. The maple tree stands tall, accompanied by the vibrant wild flowers dancing along the edge of the flowing stream and the towering evergreens circle around, shaping and framing the land. Everything is so lush and full, vividly reflecting the lingering and still, reverberating experience in Mexico.

It was AAGT's 11th Biennial Conference in Puebla, Mexico. It was a wonderful conference; like the garden, a richly woven tapestry of many colors, shapes and textures created by everyone in the community, embracing our common ground and honoring our differences. We came to each other with open-minded interest and curiosity, intentionally stretching and relating in active exploration of our similarities and differences. Our Mexican brothers and sisters graciously welcomed us with warmth, attentiveness and great kindness. It was the first multi-lingual conference of our international community. The anticipated chore of translating (totally my ignorance and arrogance) transformed into a powerful invitation to slow down, pause and attend to our thoughts with greater care, bringing us into a deeper, more embodied relational engagement.

It was, also, AAGT's 21st birthday! We toasted the founders and celebrated well. It is an honor and privilege to be stepping into the presidency, following Cathy Gray's reign. Our organization was well tended to for she led in ways that were rigorous, playful, kind and effective with a beautiful integration of heart and wisdom. I'm inspired to live up to this.

Our international community continues to strengthen and grow through associating and sharing new ideas and insights, challenging and exploring theory, and training clinicians. Gestalt is alive in our homes, jobs, schools, communities and we continue to affect our environment and the world. The regions are active and engaged. There are several events being planned and many ideas percolating.

The Board of Directors shifts into a new constellation with five new members. I'm excited to be in this co-creative process together.

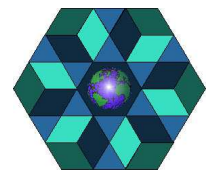
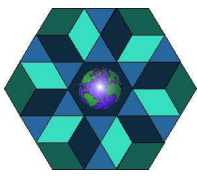
So, here we are, dear colleagues, inhabiting that long space in between our conferences. How might we sustain the momentum of associating and staying in communication, keeping each other informed about our ideas and sharing inquiries as well as works in progress?

We value all voices and are interested in them being heard. How do we create sufficient support for these new voices coming forward? This is our community. What do we want to create here together? How do we want to impact each other and the world? I look forward to our continuing conversations. It was just a couple of years ago that many of us, with our limited vision, struggled to imagine an AAGT conference in Mexico. With commitment, dedication and hard work, we created something beyond our imaginations. May we continue to spiral forward, associating and advancing into uncharted places, stepping into the beyond of limitless, collective possibilities for the full flourishing and thriving of all. I'm excited and inspired to be in collaborative cahoots with you.

In deep appreciation for this bounty of community...

- Gail





AAGT has done it again! The Puebla conference was fantastic, with a huge array of offerings by seasoned and newer Gestaltists from all over the world. The conference was meticulously planned and executed; and in many languages!

A tremendous thanks is due to all who took part in organizing and running this huge enterprise. Being at the conference made me proud to be part of the AAGT and I am especially proud to be returning from it as the President-elect! I am so grateful right now for our process of electing the next President two years in advance as I feel that I will really need that time to learn and prepare. I'm delighted to have this opportunity to take part in the ongoing creation of our Association and to be able to think with others about our future!

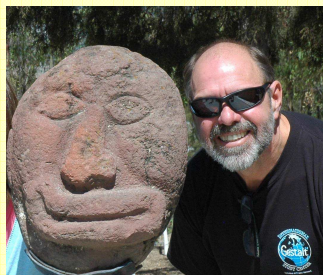
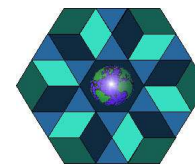
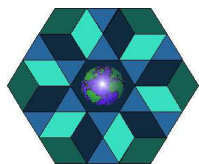
—Patricia



Let your voice be heard!

Welcome to the ongoing experiment that is AAGT, an international community. If you are a returning member or if you have just joined, we invite you to find a way to be active in the association.

Visit our website at aagt.org for everything AAGT!



Greetings Everyone,
Please welcome Alex Schlatterbeck as our new assistant Newsletter editor. Alex will help me create the Newsletter and I am sure she will bring energy, creativity and expertise to the process.

Please send me contributions for the Newsletter. We are particularly interested in comments, anecdotes, poems, photos (and photo links) regarding the conference. We will consider succinct letters to the editor regarding the flurry of issues surrounding our next venue and North Carolina and will provide a full accounting of our annual meeting.

It was great seeing those of you who could make it to the conference and great welcoming all of our new members. We hope to make the next Newsletter a glimpse into the conference and our process, especially for our members who couldn't attend.

Warmly,

- Charlie Bowman

POWER AND VOICE –Alex Schlatterbeck

As I sit here thinking about what to write as an apprentice editor I find myself frozen (freezing myself). I feel slightly daunted by the “bigness” of what I perceive to be the role I’m stepping into. The “bigness” of my own expectations of what I should be saying and how I should be actively participating and using my voice on the AAGT board and in the newsletter. Even bigger are my projections about the critical voice of others: “What is she saying?” Or, “now that’s a load of crap!”. As I sit and think of what to write this task lies ahead of me like a still, grey body of water.

And the rest of the time I feel excitement and happiness at having become a member of AAGT. I have a sense of belonging to a lively hub of activity which is stimulating and a sense of pleasure at having influence and creativity regarding the newsletter. And admittedly, (although harder to admit) satisfaction from a sense of growing importance.

Something important I took away with me from the Puebla conference were the themes of diversity, equality and power. This was discussed at the community meetings where I had talked of my experience of being in the minority language of a

workshop and experienced feelings I am fearful of admitting to such as resentment and anxiety at not getting my ‘fair share’ of attention. Complacency even, at normally being in the language majority. I became aware of the power of language.

The theme of power, this time in terms of the therapist/client relationship is something I explored further in a workshop with Logan Lamprecht. I recall images of him standing on top of a chair looking down at us and him underneath a chair lying on the floor looking up at us. I gained greater awareness on my sense of powerlessness, or is it in fact a fear of my own power?

And in the workshop with Ruella Frank and Lynn Jacobs and then developed in discussions with Michael Clemmens and Lynn in my process group, I became aware of the ways that I hold myself back physically, disempowering myself at the core and how am I perceived differently depending on whom I am relating to and how they hold themselves in relation to me. I wondered if I felt more seen when relating to a Mexican than say a North American, of course I cannot generalize.

Returning to The Gestalt Centre London (where I am training) the theme for discussion has also revolved around power. This time around colour of skin: black clients with white therapists and vice versa. And as a person of mixed race I have mixed feelings about myself and other people of colour including prejudice, fear and shame.

With all of these experiences I am struck by the contradictions: having been in a language majority and a skin colour minority in Puebla; complacency about language versus anxiety, resentment and shame; power or powerlessness depending on whether I am client or therapist and depending on whom I am relating to and how they relate to me; wondering where I fit as mixed race person when reading the literature on psychotherapy and race.

One way to navigate myself in this role as assistant editor is through giving voice to what has been important to me since journeying in Puebla: my contradictions and not knowing; my questions; my feelings about sharing, and my tentativeness about my new role. I would welcome any discussion on diversity, equality and power as it relates to the AAGT and its membership. Mostly though I welcome and encourage all contributions which are ‘live’ for you in this moment.

I look forward to reading you,

- Alex



AAGT in An International Community

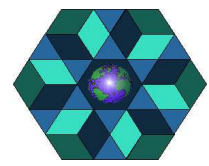
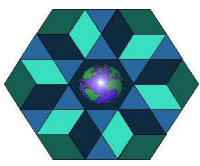


[Click here for Peter Philippon's Pictures](#)

[Click here for Charlie Bowman's Pictures](#)

[Click here for Ansel Woldt's pictures](#)





From Anne Leibig:

My Conference experience circles in and out of Workshops, Process Groups, Community Meetings.

WORKSHOPS

Culture through the Contact of Dance -Elsa Del Carmen Malpica Munoz-

If I have both "Will and Grace"- A Reappraisal About the Way We Think About Contact – Hugh Pidgeon

Women, Bodies and Culture - Gail Feinstein and Ann Bowman

Gestalt Practice and the Five Abilities Model - Malcolm Parlett and Eli Gabrielle Borchsensius

Culture: I liked starting with dance. Elsa spoke of and danced Mexican Dance, and had designed playful dance movements. She got us (about 15) moving, playing, dancing. A memory: I am twirling so hard I start to fall and another dancer catches me. He says, "Your lucky I caught you." I was!

Contact: I liked Hugh's passion for Martin Buber and his celebration of Buber's observation that the first of "the three spheres in which the world of relation arises (is) our life with nature." He closed with a 6-minute film of beauty: meeting a tree. A memory: holding the sense of wanting, needing, having both "will and grace".

Change: Gail and Ann convened 30-40 women and supported us to affirm our bodies, exploring Culture that both affirms and challenges us. I sensed change in others and myself as we attended to our body awareness.

A memory: In the twelve years I have been attending AAGT International Conferences I have seen change in the way women are involved and recognized. Now Gail who led me in an early women's workshop is the AAGT president.

Integrating: Malcolm and Eli Gabrielle took the circle of 100 or so and moved us to two's and back again. Sylvia called my name and I was glad to have this time with her. I liked new words for being Whole: interrelating, self-recognizing, embodying, responding to the situation and experimenting.



PROCESS GROUPS

I was on the Process Group committee with Nalia, Marina, Claire and Perry's leadership. I came to Puebla with a task of supporting the process groups. Perry led the training with wisdom of experience and a presence of patience. He was doing what he was asking. I saw my part as attending to the logistics of place, finding a room, getting the lights turned on, with Pablo's help. Process Groups are the AAGT contribution to conferencing, taking time to chew on our experience and make contact in a small group.

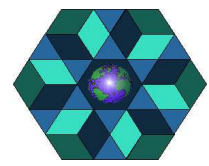
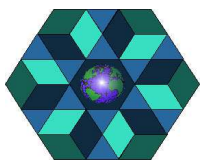
COMMUNITY/MEMBER MEETINGS

Dancing, Calling on Will and Grace, Being Embodied, Processing– all were support for standing up and inviting the AAGT International Community to Asheville North Carolina for the 2014 Conference. I had a proposal prepared from the Appalachian Gestalt Therapy Institute and the Gentle Bio-Energetics Institute.

In the discussion a member shared the information that North Carolina recently passed a constitutional amendment to define marriage as only between a man and a woman. I live in Virginia, two hours north of Asheville and had not been paying attention to this issue. Members began speaking to the civil rights issue that the constitutional amendment violated, and speaking of their fear of coming to North Carolina. I instinctively stood up and withdrew the invitation.

Afterwards some thanked me for withdrawing and others said they wanted more discussion. One member said if we use ethical criteria for where the conference is held there may not be any place that can meet that standard, perhaps a boat.

My withdrawal of the invitation was affected
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by USA *Culture*, in it's current work to acknowledge the justice of allowing the legal choice of marriage to same sex couples. Timing affects *Contact* and the timing was not good for this invitation. I was willing to *Change* my invitation in the moment and withdrew it. I am grateful to Peter, Daisy, Anna and Rodney who rallied and the next day did present the option of Northern California and to the Board who makes the decision.

Culture Contact Change was all around in Puebla! Praise and Thanks to all who made it happen and especially to the conveners: Pablo Allen, Guadalupe Amescua and Marlene Moss Blumenthal.

From Tine van Wijk

The Undercurrent in the Process Group Processes

Process groups became my big AAGT challenge. I am afraid the frustrating experiences I have had leading PG's will repeat themselves. Is it because I do my best too much, wanting to proof myself a good group leader, knowing beforehand that time is too short to deal seriously with processes anyway? Is that why I became a PG trouble maker in the eyes of some now ex-coordinators? At least that is what I understood later. In Mexico I gave my self a new chance to learn facilitating a PG. Our coordinators prepared us better than ever for this important job by inviting us by email to reflect on the coming process.

"Can I do It?" is my question of today. If I connect it to what I want write about it becomes: can I facilitate a process group and close of with the feeling that I did a good job? Or can I write about facilitating

a PG and make clear what I want to share? How about the role of the undercurrent? Was and am I aware of it? Can I give it words, can I write about it? What do I mean with the undercurrent? Does it connect me to my wisdom? And how about your undercurrent? Are you aware of it? Underestimating the reality of the Undercurrent in the process group processes is not possible, if you have experienced that connecting with it by writing gives us answers and connects us with our soul. And Process Groups are supposed to be the soul of the AAGT conferences.

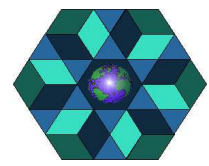
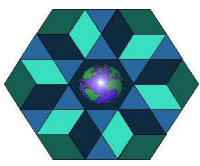
If I stay with the split and think that only deliberate speech, thought and introspection are real, I am stuck. No new insights will reveal themselves according to Perls, Hefferline and Goodman: Splits for example Unconscious and Conscious: "*This theoretical split goes with an underestimation of the reality of dream, hallucination, play and art, and an overestimation of the reality of deliberate speech, thought and introspection*" (p. 18). When I take the risk by crossing the border guided by intuition and emotions I can sit here knowing I am doing the most serious job there is to be done. I do IT, I connect the thinking with feeling by not letting the one overrule the other. But how can we practise this kind of wisdom in PG's where in my experience we do not have the time to finish a full Gestalt according to the theory of the Gestalt layers. Just in case you forgot, The first layer is the cliché layer. If we meet somebody, we exchange clichés like 'How are you?' with cliché answers like 'Good' or 'I am not allowed to complain'. The main aim is to be polite and behave.

In the second layer we play games and roles, we are the process group (co)-facilitator, the Gestalt authority, the Gestalt newcomer, the Gestalt student, the Gestalt writer. In the roles we play 'as if' we are better, weaker, tougher, nicer than we really feel. The good thing about this layer is that we cannot do without it, we need it to function till we discover that the answers do not work anymore.

The third layer which is the impasse. In this layer we feel stuck, lost, confused. We have a phobic attitude and try to avoid suffering. We do not want to be frustrated, we stay immature, we go on manipulating the world, rather than to suffer the pain of growing up. We prefer being looked after and do not realize our blindness and the possibility of getting our eyes back again.

The fourth layer is the implosive or the fear of death layer. It appears as death because of the paralysis of opposing forces: (continued on next page).





Yes and No. We pull ourselves together, we contract and compress ourselves and implode. Once we really get in contact with this deadness, something interesting happens: the implosion becomes explosion. The death layer comes to life, and this explosion is the link up with the authentic person who is capable of experiencing and expressing his/her emotions.

In the fifth or the explosive layer we can experience four basic kinds of explosions. We can explode into genuine grief if we work through a loss that has not been assimilated, into an orgasm if we were sexually blocked, into anger and into joy, laughter, *joie de vivre*. These explosions connect with the authentic personality, with the true self. Do not be frightened by the word explosion. It means more setting into

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motion than explode to pieces. Exploring by writing the undercurrent is a way to experience it.

My Experience

I have been facilitating process groups at least seven times. And looking back I think we never came further than the second or the third layer. Just not enough time to go into the process of facing the impasse, the implosive and explosive layer. Not enough time to identify with roles we are playing implicitly and explicitly, not enough time to realize we are still playing power games, because there is no other way to go to deeper levels. For me it meant not being able to step out of my role and connect with my authentic voice. It meant being stuck with the feeling that I/we did not do what we were supposed to do: create safety, harmony and a certain degree of intimacy. Pity, because I invested a lot of goodwill, knowledge and wisdom, I do have 25 years of intensive experience with leading groups. Not being able to offer what I do have to offer in this fields is frustrating. It is probably why I come back, longing to give myself the next AAGT Process Group lesson.

How was your Process Group Process? I am extremely curious to hear how you look at your Process Group Process. Do you recognize what I tell about the role playing, the power games and the Undercurrent? Did you experience you process group indeed as the safe ground and the soul of the AAGT as it is meant to be?

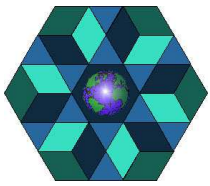
I think it can be extremely enriching for the continuation of the AAGT conferences if you explore your process a bit deeper by writing the undercurrent. Questions that can guide you: what role was I in? Did I feel safe in my GP? Could I accept being facilitated? Would I rather be in a PG without a facilitator? Did I

get the nourishment I needed? Could I offer to the group what I wanted to share? I hope your experiences will be published in the next Newsletters to inspire and nourish all of us.

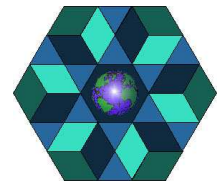
From Marlene Blumenthal:

*I send my deepest appreciation
to all whose tireless efforts planning the
fantastic Puebla conference,
to those whose attendance supported
community, and to those whose work
throughout the conference made it what it was!!
We look forward to seeing all of
you again in 2014!!
Warmest regards and lots of hugs,*





Scholarship Fund Report & Opportunity



9

Free* Virtual* Supervision Group led by Bud Feder

* Free is defined as a \$10 donation per participant for each session, which will go into the AAGT Scholarship Fund, a total of \$80 per person for the entire series. * Virtual is defined as “Skype” conference mode with Camera.

When: 2nd Friday of the month beginning October 2012 thru May 2013 [8 sessions], 11:30 AM -1:00 PM ET, USA.

Maximum Number Participants: Six [plus Bud].

Structure: [tentative & experimental, subject to change]:

- 11:30 - Noon: Checking in and updating from last time’s work
- Noon - 12:30: One participant presents a ‘case’ and gets feedback
- 1:00 - 1:30: A second participant presents and gets feedback
- Each participant presents every three months and updates in next session
- Note: a ‘Case’ is defined as an individual, a couple, group, family, etc.

Who Might Consider Applying: Anyone who has a background in gestalt therapy training sufficient to qualify for independent or agency practice [no proof or documentation required or requested] and the ability to speak/understand English.

Continuing Education Credit: 12 CE units will be offered through the auspices of AAGT at a nominal charge of \$20.00.

The AAGT scholarship Fund [of which Bud is co-chair] provides assistance to persons desiring to attend an AAGT conference and needing financial assistance to do so. On average at each conference about \$15,000 [USD] is granted to about 25 persons from about 8 countries [all of the above vary somewhat each time].

Admission: Acceptance will not be based on date of application but on other factors – particularly diversity of various categories.

Deadline for Application: August 1, 2012; with decision by Sept 1, 2012

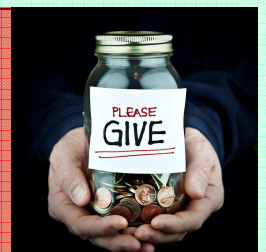
To Apply Contact: Bud Feder, Ph.D., 100 Valley Rd, 2nd Floor, Montclair, NJ 07042 973/746-6815, bfeder@verizon.net

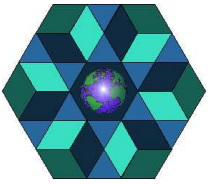
Scholarship Fund Report—Dominique Chabre and Bud Feder, Co-Chairs

As you may have heard we had an exciting and challenging and overall wonderful conference in Puebla. Among its wonders was the grateful response of, and important contributions to, the conference of 30 recipients of Scholarship Fund grants to persons from eight different countries. The Fund and the entire AAGT is very grateful to those who donated to the fund. We want to make special mention of Jack Aylward, Bud Feder, Ruella Frank and Lynne Jacobs who each donated their entire remunerations from their [very successful and very well-attended] pre-conference workshops; to Charlie Bowman, Logan Lamprecht and Victor Daniels for yeoman work at the auction, in very difficult circumstances; to Janneke van Beusokom and Burt Lazarin for dealing with the tricky finances of the fund; and of course to Brad Larsen whose calm resourcefulness and meticulous attention to administrative detail enabled us to traverse the difficult waters of the minutiae and challenges of pesos and dollars, of last minute changes, etc. If you have forgotten to donate to the fund and if any of the above inspires you to do so now, it is not [no never] too late. Just go the AAGT website to do it.

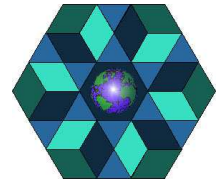


**The Scholarship Fund Currently
has \$2275 USD**





Membership Check In



10

Membership Check In

Like many of you returning from our wonderful 11th AAGT International Conference in Puebla, Mexico, membership chairs Maryanne and Nancy are amazed at the rapid passing of time. Summer is upon us (in this part of the world). It seems we were just walking the cobbled streets of the ancient city, appreciating the spring air and blooms. We were anticipating and looking forward to the promise of a successful conference experience.

After two years of CPC planning and hard work, can it really be over, we ask? Yes, of course, and we are pleased to report, for the most part, AAGT's bi-lingual experiment was a first time success in our book. With the usual creative adjustments, it was challenging and enriching. We found the city and its people to be warm and generous.

We want to express our appreciation to all the new people who were attending their first AAGT conference and meetings. Your presence added a lot of vitality and excitement to our experience. If you are new, we hope you will join AAGT, and with us, help advance the good works that Gestalt can produce. If you are a new member, we thank you for your commitment to the organization. We want to thank the CPC committee members and the board for all their hours of volunteered time to create this special organization and its activities.

New, renewing or current members we extend our thanks for your participation and welcome you to contribute your energy and excitement for the next year. Please volunteer! We will gather again at the April 2013 Annual Meeting at the GISC, Cape Cod, Mass. USA. AAGT is helping to sponsor the research conference at the center, where we will hold our annual meeting. Do join us and search the web for AAGT news in your regional area. For more information check out <http://www.aagt.org>

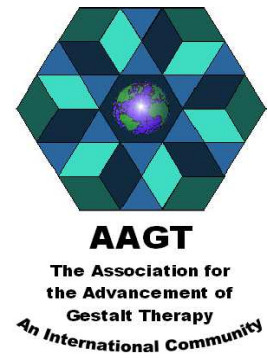
Membership Chairs

Maryanne Nicholls

Nancy Woldt



AAGT Membership Application



In accordance with AAGT's Articles of Incorporation, Constitution and By-Laws, the purpose of AAGT is to support the professional and personal associating and advancing of persons interested in participating in a forum committed to the preservation and advancement of the philosophy, theory, practice, and research of gestalt therapy and its various applications.

In furtherance of this purpose, AAGT shall encourage the development and application of principles and practices in the organization that are consistent with the following tenets:

- **That an organization can be created**, rather than imposed, and that it will grow out of our contacting
- **That a structure will emerge** in response to our shared needs, interests and concerns
- **That by believing in the unity of theory and practice**, an organization that so creates itself, is itself an experiment, an on-going organic process of gestalt formation and destruction, in which old forms are destroyed and new figures emerge through contact that is bright and lively, energetic, graceful and fluid
- **That such an organization provides the ground** for the enrichment, articulation and support of the constantly emerging figure that is **Gestalt Therapy!**

With these tenets as ground, we welcome as figure your APPLICATION to become a member of AAGT!

As a member of AAGT you can:

- Connect with, network with and learn from fine gestalt therapy theorists, practitioners, researchers and scholars
- Participate in a rapidly developing international and intergenerational coalition of creative individuals influencing the present and future expansion and integration of gestalt theory, philosophy and practice into the wider field
- Receive the AAGT Newsletter to keep you updated on organizational and individual issues, projects, activities and discussions
- Join or form interest groups and regional liaisons to share information and support, develop joint activities and projects, and widen your circle of friends and associates
- Receive discounts on AAGT conference fees, publications and materials

Membership Dues for 2012-2014

Supporting Members \$150.00 or more, your contribution to advancing Gestalt Therapy	\$ _____
Full-Time Professionals who have been Members more than one year	\$100.00 _____
New (first year) Professional Members	\$50.00 _____
Retirees and Full-Time Student Members	\$25.00 _____
Organizational Membership for Training Programs New is	\$100.00, \$150.00 thereafter _____
Scholarship Fund Donation – your contribution to those less-able to participate	\$ _____

Member Information

Name _____ Title, Degree or Prefix _____

Street Address _____ City _____ State _____ Zip _____ Country _____

Email: _____ Phone(s): Home _____ Office _____ Cell _____

Payment Options

To PAY ON-LINE go to: <http://www.aagt.org>

TO PAY BY CHECK: Checks must be drawn on U.S. banks, made payable to AAGT. Mail check with this

form to: Brad Larsen, AAGT Administrator, PO BOX 42221, Portland, OR 97242 USA or fax to Brad Larson in the USA at 212-202-3974

TO PAY BY CREDIT CARD Visa and MasterCard only. Fax or Mail to Brad Larson at the above address

Credit Card No. _____ Expiration Date: _____

Name on Card _____ Signature: _____

Please read the AAGT Covenant of Community before becoming a member or renewing your membership ([click here](#)).

Available now on-line:

"Treasures from the Field"
— Profiles of AAGT
Regional Contact Persons 2012

Treasures from the Field is a collection of autobiographical profiles from the Regional Contact Persons (RCP's) of the Association for the Advancement of Gestalt Therapy (AAGT), An International Community. They represent 16 regions of the world.

Caring about Gestalt Therapy's advancement in their part of the world, responding to questions from new members and being part of regular international phone calls are some of the roles they play. The RCP representative on the AAGT Board conveys the "wants and needs" of the regions to the Board and keeps the regions informed of Board actions. They initiate and join activities to advance Gestalt Therapy and sometimes raise funds for the Scholarship Fund and the Regional Development Fund. They contribute to the organization's "growing out of contacting."

RCP's may be nominated for their posts by their region's AAGT constituents or they may be self-nominated volunteers.

The 16 individuals whose stories are profiled in *Treasures from the Field* demonstrate to the larger Gestalt community AAGT's diversity and enthusiasm. Their stories encourage those contemplating more involvement in the advancement of Gestalt Therapy and they chronicle some of the benefits of becoming a Regional Contact Person.

The 31-page *Treasures* "e-book" can be read on-line or downloaded in pdf format from:

www.aagt.org/AAGTTreasuresRCPPProfiles.pdf



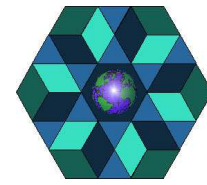
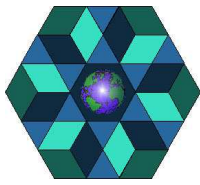
AAGT

Association for the Advancement of Gestalt Therapy
— An International Community

AAGT RCPs

***A Group for the
Regional Contact
People
of the Association
for Advancement
of Gestalt Therapy
- an international
community***





2012 AAGT-Southwest regional conference is October 12-14, 2012 Muir Beach in Marin County, California

The 2012 AAGT-Southwest regional conference is **October 12-14, 2012**. We have a new location this year! Green Gulch Farm and Zen Center in **Muir Beach in Marin County, California** is approximately 20 miles north of San Francisco and is a scenic and serene place within walking distance to the beach and a few mile's drive to the city of Mill Valley. The nearest airports are San Francisco and Oakland. For commuters, the driving time from downtown San Francisco is approximately 30 minutes. There are horses on the property, a sauna house, and a dining hall that provides fresh vegetarian meals. The features of this location make it both cozy and spacious, a place where we can be both reflective and alive. (Visit the website at <http://www.sfzcc.org/ggf/>).

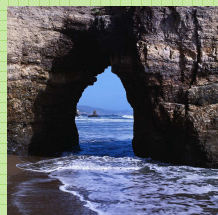
Those staying at Green Gulch will be served all five meals (vegetarian; may include dairy/eggs; vegan and gluten-free always available). All meals are included in the conference package for participants staying at Green Gulch, and Friday dinner and Saturday lunch are included in a \$30 commuters fee. We will begin at 4pm on Friday for check-in and topic selection. The Saturday plenary will be

Ripening Into Old Age: Elder Gestalt Therapists Share Their Stories, Followed by Questions and Responses from the Younger Generations. Marianne Dozier, Lu Grey, and Cyndy Sheldon. Filming by Liv Estrup. This will be a two-part plenary. We'll have additional discussion groups Sunday morning, and plenty of time for leisure.

As always our annual two-day Writers' Conference will precede the main event at Green Gulch. This year the Writer's Conference is limited to 6-7 sleeping guests at Green Gulch. Additional participants will need to commute. For more information about the Writers' Conference, please contact Lu Grey at lucannagrey2@gmail.com.

CEUs are available! Please contact me by email for definite availability and a registration form before sending your payment.

Denise Kralj
denise.kralj@gmail.com





www.aagt.org

An international organisation with a local focus

ASSOCIATION FOR THE ADVANCEMENT OF GESTALT THERAPY – AUSTRALIA NORTH
4TH ANNUAL AAGT GATHERING AND RETREAT
23RD – 25TH NOVEMBER 2012

VULNERABILITY & TRANSFORMATION – A GESTALT PERSPECTIVE

Location: Gunnebah Retreat, Nobby's Creek NSW

Cost: \$300 (Covers Registration, All workshops, 2 nights' accommodation and all meals)

Early Bird: \$260 (finishes on the 5th August)

To register: Email keiv@westnet.com.au

Call for presenters: As is our custom first time presenters are encouraged to take up the challenge.

There will be three 3 hour and one 2 hour workshops which will need to reflect the theme of this Gathering. **Submissions will close 5th August 2012.** Please forward to:

FACILITATORS: JANE CAMPBELL-KAYE, SHELLY BARLOW, TRISH LANDSBERGER
TREASURER: KERRY SHIPMAN

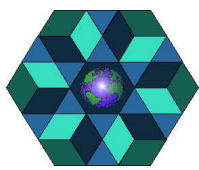
At this year's Gathering and Retreat we will explore the place of vulnerability in the framework of Gestalt Therapy. We will explore vulnerability from a Field perspective and as a contact style in the therapeutic relationship. Vulnerability is one of the great paradoxes at the growing edge of life. We can only truly experience our strength as a person by the degrees we make ourselves vulnerable in the presence of others. In fact Gestalt supports the premise that our strength and sense of being is grounded, and emerges from, our capacity to be vulnerable in relationship with others. And yet the background noise from our cultural contexts tells us that vulnerability is weakness, and that our very survival is based on our competitive edge. So what is going on? The workshop presenters will take us on a journey where we can explore this deeper pool of our being. We will explore what it means to risk seeking support from the environment and how to recognise when the field cannot receive us in our needs. We hope you can join us for a nurturing, supportive, and creatively challenging gathering and retreat in November 2012.



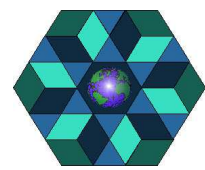
Cancellation Policy

- Full refund available up to 31st July 2012
- Forfeit registration fee during August/September 2012
- No refunds after 30th September 2012

BY CONSENSUS THIS IS A
ALCOHOL AND ILLICIT DRUG FREE
EVENT.



1st Gestalt Therapy Conference in China: April, 2012



15



Bob and Rita Resnick were invited to present at the first Gestalt therapy Conference in Nanjing China in April, 2012. There were over 200 participants from different parts of China - all of whom were interested in learning more about this process oriented, existential, humanistic therapy called Gestalt therapy. IGW Institut für integrative Gestalttherapie Würzburg (Germany) has been running a Gestalt therapy training program in China since 2008 and has succeeded in generating great interest in Gestalt therapy for students and university faculty.

The conference was held at Chiang Kai-shek's former Nationalist Party Headquarters in Nanjing. How amazing it was to be in these buildings with such history seeing the excitement on participants' faces as they learned about Gestalt therapy. Bob presented the opening key note address about the exportability of Gestalt therapy to cultures outside of the western world. Two Chinese professors also addressed the viability of Gestalt therapy in China.

How remarkable it was to be in a country where we could not speak or understand the language, have no idea what we are eating, have such different histories and development and yet feel the same excitement and interest in a therapy that values, respects and encourages difference. We wanted to share this experience with you.

Rita and Bob Resnick



We always need news of the Regions !!!

If you are an RCP, please send any updates, news of your region or

announcements to Charlie Bowman:

aagtone@gmail.com



The Challenge of Establishing a Research Tradition for Gestalt Therapy:

AN INTERNATIONAL CONFERENCE

Jointly Hosted by AAGT and GISC



Dates	April 17-20, 2013 Begins Wednesday, 6pm Ends Saturday, 10am
Fee	\$275 USD \$225 for AAGT or GISC members (accommodations not included)
CE hours	14
Co-Chairs	Peter Tarrton, Philip Brownell, and Joseph Melnick
Location	Gestalt International Study Center, 1035 Cemetery Road, South Wellfleet, MA 02663

The Association for the Advancement of Gestalt Therapy (AAGT) and the Gestalt International Study Center (GISC) invite you to participate in the first international conference of research focused on the Gestalt approach in psychotherapy and organizational consulting.

Conference

This is a three-day, international conference designed to nurture the establishment of a research tradition for Gestalt therapy. It will address issues related to research design, exhibit current research by Gestalt practitioners, and explore research relevant to the Gestalt approach. It will feature established researchers who can stimulate and encourage those new to the field.

Keynote

Leslie Greenberg, PhD, "Noticing the Obvious"

On the importance of observation and description as a first step in research, with task analysis as a means of doing this.

Preliminary Program

Wednesday, April 17, 2013 - Evening Session:

Arrival, Registration, Opening and Welcome to the Conference, Keynote Address and Evening Reception

Thursday, April 18, 2013 - First Full Day:

Plenary, Presentations, Discussions and Dinner

Plenary: Leslie Greenberg, PhD, "Engaging in a research programme: an example of using measurement, hypothesis testing, and relating process to outcome."

Friday, April 19, 2013 - Second Full Day:

Plenary, Presentations, Discussions and Dinner

Plenary: Linda Finlay, PhD, "The relational approach in phenomenological research."

Saturday, April 20, 2013

Closing Plenary, Conference Closing and Appreciations.

Plenary: "Next steps toward establishing a research tradition for Gestalt therapy."

Plenary Speakers

Leslie Greenberg is on the faculty at York University in Toronto, Canada. He is a trained Gestalt therapist, and he has done extensive research on what has been variously called "process-experiential" or "emotion-focused" psychotherapy. He has also contributed to the literature on research design, among other subjects, providing a chapter in the Handbook for Theory, Research, and Practice in Gestalt Therapy.

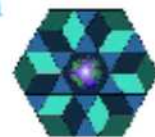
His writing includes *Therapeutic Presence: A Mindful Approach to Effective Therapy* (with Shari Geller, 2011, American Psychological Association); *Working With Narrative in Emotion-Focused Therapy: Changing Stories, Healing Lives* (with Lynne Angus, 2011, American Psychological Association); *Emotion-Focused Therapy* (2010, American Psychological Association); *Handbook of Experiential Psychotherapy* (1998, the Guilford Press); *Facilitating Emotional Change: The Moment-by-Moment Process* (with Laura Rice and Robert Elliott, 1996, Guilford Press); and many journal articles.

Linda Finlay, PhD, teaches through the Open University and is an academic consultant, offering mentorship in qualitative research in health care. She is co-editor of *Relational-Centred Research for Psychotherapists* (2009, Wiley-Blackwell).

The research conference is being co-hosted by GISC and the AAGT. AAGT will also be holding its Annual General Meeting in conjunction with the conference. The Annual Meeting will commence after the closing of the research conference. Details of the meeting and how to participate can be found on the AAGT website (www.aagt.org).



**The Challenge of Establishing a Research Tradition
for Gestalt Therapy:
AN INTERNATIONAL CONFERENCE**
Jointly Hosted by AAGT and GISC



**"Mining for Crystals – from Gestalt Q-Sort to the GIRL:
Creating Valid and Reliable Measures of Gestalt Contacting Processes"**

This will be a summary of over a quarter-century of research at Kent State University to develop valid and reliable instruments to measure the contacting processes intrinsic to Gestalt therapy – principally doctoral dissertations with Ansel as mentor and director. Mining for crystals and the work of cleaning quartz to reveal crystal's natural beauty, clarity and clear energy will be used as a metaphor of the research process (methodology), research product (instruments), and research person (graduate students).

Please let people know that this will truly be an international conference. We have received proposals from the Netherlands, the USA, Lithuania, Belgium, Italy, Chile, Mexico, New Zealand, and Taiwan. The range of topics shows the developing sophistication of research into the gestalt approach, and we expect a full sell-out of the conference. A book, based on the papers presented at the conference, will be proposed and co-edited by Joe Melnick and Philip Brownell.

The Current Schedule

April 17

Welcome and orientation to the conference

Keynote Address

Reception

April 18

Plenary: Leslie Greenberg, Ph.D., "Engaging in a research programme: An example of using measurement, hypothesis testing, and relating process to outcome."

Breakout discussion session

1st Presentation Round

2nd Presentation Round

Dinner

April 19

Plenary: Linda Finlay, Ph.D., "The Relational Approach in Phenomenological Research".

Breakout discussion session)

3rd Presentation Round)

Plenary, Ansel Woldt, Ed.D., "Mining for Crystals – from Gestalt Q-Sort to the GIRL: Creating Valid and Reliable Measures of Gestalt Contacting Processes")

Life Work Recognition: Honoring of Ansel Woldt

April 20

Closing Plenary: Next Steps Toward Establishing a Research Tradition for Gestalt Therapy

Announcement of theme and venue for The Research Conference, 2015

Closing and Appreciations

The AAGT Annual Meeting will commence after the closing of the research conference. Details of the meeting and how to participate will be found at the web site for the AAGT (www.aagt.org)



Roots V Conference Gestalt Organizational Development: Roots and Branches In Honor of Edwin C. Nevis, 1926-2011

Dates	November 1–4, 2012 Begins Thursday, 1pm Ends Sunday, 1pm
Fee	\$535 USD / €400 EUR (accommodations and meals not included)
CE hours	16
Co-Chairs	Seán Gaffney and Joseph Melnick
Location	Near Stockholm, Sweden

Co-Sponsors Presented in cooperation with Gestalt Academy of Scandinavia and Perlan Dialogue & Leadership, with Special Sponsor Norlin & Partners



Roots V will take place at Bommersvik Conference Centre, Järna, Sweden (www.bommersvik.se). Please contact the Conference Centre directly to make arrangements for accommodations. For further information, please feel free to contact Gestalt Academy of Scandinavia (info@gestaltakademien.se), Perlan Dialogue & Leadership (info@perlan.se), or GISC (office@gisc.org).

This is the fifth Roots Conference. Beginning in Paris in 2003, these conferences have provided an opportunity to focus on Gestalt theory and its development and application. The theme of Roots V is Gestalt Organizational Development. We invite you to come together and join in celebrating the roots of Gestalt OD by presenting theory and practice that is currently being developed by individuals throughout the world. The intent is also to honor Edwin C. Nevis, who is widely seen as the father of Gestalt OD.

Preliminary Program

Gestalt OD Roots

- 1) New York Institute for Gestalt Therapy (NYIGT), 1950 – 1965
- 2) National Training Laboratory (NTL), 1947 – , Gestalt Institute of Cleveland (GIC), 1955 – , Esalen

...and Branches

- 3) Gestalt International Study Center (GISC), 1979 –
- 4) Gestalt Academy of Scandinavia (GA), OD Program
- 5) Metanoia, London, OD Program
- 6) Gestalt Foundation, Athens, OD Program
- 7) Academy of Executive Coaching (AOEC), London
- 8) EAGT GPO accreditation
- 9) The Swedish Gestalt OD Practitioners Association
- 10) Perlan Dialogue and Leadership, OD Consultants
- 11) Norlin & Partners, OD Consultants

From There and Then to Here and Now

- 12) What is an Organization?
- 13) Deconstructing Gestalt Learning: Pleasure or Pain?
Post-workshop reflections on the Cape Cod Model
- 14) The Return of Field Theory to Gestalt OD?
- 15) An Action Research Project
- 16) Coaching: Tango, Gestalt and Coaching

Current Developments & Future Trends

- 17) Leadership and Adult Development
- 18) Gestalt OD Training and the Practice of Management
- 19) The Healthy Organization
- 20) "Liminal Space" and Transitions in Organizational Life
- 21) Large Transformation Projects
- 22) Thinking Together and Acting Together
- 23) The OD Consultant as Owner and/or Manager
- 24) Plenary Discussion: Our Learning and Next Steps

Please note that we also plan to show a DVD of Edwin Nevis in action with his favorite presentation. There will then be time and space for personal memories and tributes so that we may be aware of his presence in his absence.

Presenters

Katherina Arewi, Jan Henrik Bjornstad, Annika Bramsen, Irene Ceder, Marie-Anne Chidiac, Sally Denham-Vaughan, Rob Farrands, Seán Gaffney, Ulf Giege, Ulf Grundel, Johnny Jonsson, Pavlov Konstantin, John Leary-Joyce, Talia Levine Bar-Yoseph, Lars Marmgren, Joseph Melnick, Frans Meulmeester, Leif Norlin, Marita Norlin, Tommy Sandin, Christel Segander, and Ulf Zwedberg.

Format

The Roots Conference format was developed in order to maximize the quantity and quality of participant discussions, both formal and informal. We ensure that we all have the time and space for these meetings to take place between brief formal presentations.

The presentations are intended as starting blocks for dialogue. The true content of a Roots conference emerges through how the program inputs are processed, any conclusions then shared and any questions raised in plenum. The dialogues continue during breaks and over meals. It is not unusual for new program items and topics to emerge as the conference progresses.

A Roots conference is a dynamic meeting of hearts and minds in the context of a shared commitment to the development of the theory and practice of the Gestalt approach.

Leaders' Gathering

13-17 March 2013

Mati, Greece



A gathering for leaders in the Gestalt community, in conditions enabling discussions relevant to the daily job, while meeting other leaders from all over the world.

FOR WHOM? Every leader of a Gestalt institute, training programme, or some other form of leadership who sees value in taking time out to meet colleagues and grow and to take the time to think and assess.

WHERE? Aquamarina Hotel in Mati, Greece, a small beach town about 20 minutes from Athens airport. (All the rooms have a sea view!)

HOW? In small groups and at the plenary, at meals and at the sea, on the beach and while dancing at night, or any right place for you and others. Discussion will be facilitated by colleagues to maintain a conversation with equal participation.



CONTENT

Ethics and Quality Control

Gestalt institutes have differences in how they manage student/student and student/faculty boundaries. One basic difference is that some institutes have very explicit, written rules and norms concerning management of such boundaries while others do not. Is it okay for two or more students to be coupled or have sexual relationships while in a program? What should the boundaries be between faculty and students? And what about selection and evaluation of students? Some feel that evaluation of competence goes against Gestalt values, while others adhere to a more rigorous evaluative process.

The Business of Institutes

All institutes are, at least in part, businesses. In order to survive they must attract students and make enough money to stay in business. This creates dilemmas. For example, do we accept a student with poor potential in order to meet our budget? Business and marketing are often taboo subjects. We will look first at the resistance to discussing these topics, then we will share strategies and resources for marketing and dealing with financial problems.

Leadership

We will look at leadership across a broad spectrum. To lead a Gestalt Institute or program can be a difficult task given our commitment to dialogue and full participation, as well as ambivalent feelings concerning a valuing of

Body Centered Gestalt Workshop with Michael Clemmens PhD Gila National Forest, N.M. - September 14,15,16, 2012

You are invited to join us at the Gila Wilderness Lodge for another three day weekend with Michael Clemmens exploring the interactive field we inhabit with others, and the full range of emotions we store in our body and experience as we inhabit that field.

Michael's work is extraordinary. His uncanny awareness of the human body and the emotions it reveals through our walk, our stance, our gestures, our look, is almost magical. His kindness and gentleness in helping us become conscious of these aspects of our being permits us to move easily into heightened self-awareness and vastly improved and more meaningful contact with others.

Michael Clemmens is a lead faculty member at the Gestalt Institute of Cleveland and the Esalen Institute in Big Sur, CA. He travels extensively nationally and internationally teaching and offering experiential learning opportunities. Michael is the author of *Getting Beyond Sobriety: Clinical Approaches to Long Term Recovery*, other articles on Gestalt Therapy, and co-author with Arie Bursztyn of *The Embodied Field: Culture and Body* published in *The Bridge: Dialogues Across Culture*. His newest publication is *The Interactive Field: Gestalt Therapy as an Embodied Relational Dialogue* which will be included in the upcoming textbook by Routledge. *Gestalt Therapy: Advances in Theory and Practice*.

The workshop will offer you the opportunity to explore ways to recognize and understand information from your sensory experience, ways your physical stance supports or deters your effectiveness, ways your embodied physical patterns recur in the current relational field, and ways to become more physically, emotionally and energetically available in group interactions and in your personal and professional relationships with your families, colleagues and clients.

This workshop will build embodiment and relational skills:

- Increased awareness of habitual physical patterns and adaptations that are self-limiting
- Increased range of physical capacities to create more freedom of choice in your use of self and your ability to influence others
- Enhanced physical presence to be more fully present to yourself and others and to heighten your impact
- Heightened focus on the ever-present relational field to be more acutely aware of one's self in context of what is going on in the external environment

Fee: \$260, (\$100 deposit is required). CEUs are available.

Hours: Friday September 14 (6-9), Saturday September 15 (930-6), Sunday September 16 (8-Noon). For Information and registration: Contact : Deborah Weir, L.P.C. 480-213-1035 or Barry Evans, L.P.C. 602-617-6170, Or email zensight@cox.net

The Lodge is located north of Silver City New Mexico in the heart of the beautiful Gila National Forest, about 4 miles from the Gila Cliff Dwellings National Monument. The Lodge has hot springs on the grounds and is next to the Gila River. The hiking and trail running opportunities are fantastic. The weather should be excellent and the leaves may be beginning to change to fall colors. We have reserved the entire Lodge and room reservations will be made through us. All lodgings will be shared occupancy. Discounted rates for lodging and workshop fees are available for students. The Lodge has a complete kitchen and we will collaborate on providing and preparing meals during the workshop. This is a community effort; please let us know how you chose to contribute. There are other option for lodging and camping nearby.

Advancing & Associating!

GATLA gestalt associates training los angeles



GATLA

Summer Residential Training

Budapest, Hungary

Couples Training: July 8 - 14, 2012

Gestalt Training: July 15 - 27, 2012

"Stand By" Discount - A New Experiment Registration for GATLA Training, Summer 2012

In view of the world's financial situation and our somewhat slower signup this year, we imagine we will have some last minute openings in both the Couples and the Gestalt programs. As a non-profit organization, GATLA does not want those spots to be "wasted" when they could be put to good use. Therefore, for the first time in forty years, we are offering some "stand by" training slots with augmented scholarship funds to those who may have the flexibility to arrange to attend with relatively short notice. Our 6 night Couples Therapy Workshop for Therapists begins on July 8th and our 12 night Gestalt Therapy Workshop for Therapists begins on July 15th. Both will be held at the beautiful and new four star Nautis Hotel on Lake Velence, an hour outside of Budapest, Hungary.

This will provide both more affordable Gestalt and/or Couples Therapy training while also allowing us to fill out our groups with openings - especially for the Basic, and Advanced Intensive groups. A small number of openings also exist in the Advanced, Clinical Practicum and MasterClass groups.

This is a unique opportunity, especially for Gestalt Therapists and Trainees who live in central Europe (Hungary, Slovakia, Ukraine, Slovenia, Austria, Croatia, Czech Republic, Serbia, Poland and Romania) to be able to drive or train to the venue (inexpensively) as well as get a great discount. Participants from all parts of the world are most welcome to join us.

Both time and spaces are limited so please contact us as soon as possible if you have interest.

Rita Resnick, Ph.D.

Gestalt Associates Training Los Angeles

310-393-6844

www.gatla.org

ritaresnick@gatla.org

InnerSense Journal: A Journal of Spiritual Life

The Journal is provided by the Illawarra Gestalt Centre as a part of our Community Support work and contains articles related to spiritual development, psychology, arts, teaching, holistic healing - a base for people to write about their spiritual backgrounds, and to focus on how they bring their spiritual beliefs into practice – a lived spirituality.

The journal is both wide ranging and cohesive, with a focus on pragmatism and the integration of diversity. Writers are invited to share their applications of mainstream and alternative practices, across a range of spiritual beliefs, from Christianity, Judaism, Hinduism and Sufism, to the works of people such as Julian of Norwich, Rudolph Steiner, Martin Buber, Theresa of Avila, Swedenborg, Sri Aurobino, Ghandi, Hafiz, Blake, Wordsworth, Kahlil Gibran, - the list is endless.

Writing for the Journal and Mailing List for Updates. If you are interested in writing, being on the editorial board, or finding out more about the journal, as well as being on the mailing list for updates please email the editor, Brian O'Neill, at boneill@uow.edu.au New writers will be assisted to shape what they want to write with an action editor and pieces can be small or longer (approx 500-1500 words), poetry, reviews of films or books or for many authors it has been a sharing of their spirituality and how they apply that in their life: a journal of spiritual life.

The journal began as a print hard copy and will now be offered as an electronic publication. Copies of the previous volumes are listed below and volume 3 no. 1 is to be published by September 2012.

To view the previous copies of the journal go to <http://innersense.illawarragestalt.org/>

Gestalt Physical Process Workshop with Michael Clemmens

Bloomington, Indiana - August 17- August 19, 2012

A fully embodied physical stance supports your ability to be more efficient and effective in whatever it is that you chose to do. This week-end workshop will provide participants the opportunity to experiment with aspects of your physical self that will enhance and support your personal and professional well-being and your impact as a leader.

You will explore ways to recognize and understand information from your sensory experience, ways your physical stance supports or deters your effectiveness, ways your embodied physical patterns recur in the current relational field, and ways to become more physically, emotionally and energetically available in group interactions and in your personal and professional relationships with your families, colleagues and clients.

This workshop will build embodiment and relational skills:

- Increased awareness of habitual physical patterns and adaptations that are self limiting
- Increased range of physical capacities to create more freedom of choice in your use of self and your ability to influence others
- Enhanced physical presence to be more fully present to yourself and others and to heighten your impact
- Heightened focus on the ever-present relational field to be more acutely aware of one's self in context of what is going on in the external environment

Michael Clemmens is a licensed psychotherapist with a private practice in Pittsburgh, PA. He is a lead faculty member at the Gestalt Institute of Cleveland and Esalen in Big Sur, CA. He travels extensively nationally and internationally teaching and offering experiential learning opportunities.

Fee: \$275, (\$100 deposit is required)

For Information and registration Contact Denise Hyble in Bloomington-denisehyble@hotmail.com and or/ Michael Clemmens – Michgest@aol.com Ph-412-441-1683

Got a message to share?

Let us know what's up in your part of the world! Post a personal note or an organizational invite

Introduction to Developmental Somatic Psychotherapy

with Ruella Frank, Ph.D.

November 2nd – 4th, 2012, New York City

Friday 5:00 pm - 8:00 pm

Saturday 9:30 am - 5:00 pm

Sunday 9:00 am - 1:00 pm

Fee: \$250

Please make checks payable to Ruella Frank and send to:
124 West 93rd St., #2C, New York, NY 10025

Location

To Be Announced

Further information and to register contact Ruella Frank at
ruellafrank@nyc.rr.com

Ongoing nonverbal interactions with our primary caregivers during the first year of life set a relational foundation that is apparent both in the everyday life of the adult and in psychotherapy. Even though our adult postural attitudes, gestures, gait and breathing patterns have changed over time, the foundations established in our first year remain readily observable and available. Attending to these patterns within psychotherapy is especially powerful.

During this workshop, participants learn how their relational styles originated through affective/movement patterns within the infant/caregiver dyad. Through movement, participants will explore these intrinsic yet unaware primary patterns which are part of present experiences and influence daily life. We then apply this understanding to the here-and-now of the client/therapist dyad.

This workshop is open to psychologists, social workers, psychiatrists, infant educators, mental health counselors, as well as movement therapists/educators who wish to better understand the relationship between psychological experience and physical expression.

Ruella Frank, Ph.D., has been exploring infant movement patterns and their relationship to the adult since the mid-1970s. She is founder and director of the Center for Somatic Studies, faculty at the New York Institute for Gestalt Therapy and also teaches throughout the United States, Europe, Mexico and Canada.

Ruella has authored chapters in various publications as well as the book *Body of Awareness: A Somatic and Developmental Approach to Psychotherapy*, available in four languages (GestaltPress, 2001), and co-authored the book *The First Year and The Rest of Your Life: Movement, Development and Psychotherapeutic Change*, Routledge Press, 2010, available in three languages. www.somaticstudies.com

The Gestalt Therapy Kairòs HCC Institute (Ragusa, Roma, Venezia) is pleased to announce that the English version of *GTK JOURNAL OF PSYCHOTHERAPY* directed by Giovanni SALONIA (Scientific Director) Issue 02 - "Psychopathology" is now available on-line for free download from

<http://www.gestalttherapy.it> In the issue:

Research

Gestalt Therapy and its serious patients (Valeria Conte)
The Perls' Mistake. Intuitions and Misunderstandings of the Gestalt Post
Freudianism (Interview to Giovanni Salonia by Piero A. Cavaleri)

Art and Psychotherapy

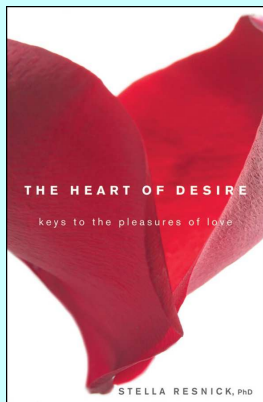
The discovered body (Eva Aster)
Writings and Images from a therapy (Eva Aster)
I cannot write it... (Eva Aster)

New Clinical Pathways

Narciso: the reflection without water. The myth according to Bill Viola, reflections on the narcissistic experience (Giovanna Silvestri)

Readings

Post-traumatic syndromes in childhood and adolescence. A handbook of research and practice. V. Ardino (eds.) (2011), Wiley-Blackwell, Oxford (reviewed by Aluette Merenda).



Dear Friends and Colleagues,

May 2012 is the official launch of my new book: *The Heart of Desire: Keys to the Pleasures of Love*. I've written this book to appeal both to the educated public as well as to professionals in the field of psychotherapy, sex therapy, education, and public health. The book explores what I call the love-lust dilemma, the unfortunate reality that as the emotional attachment in an intimate relationship grows, sexual desire often dwindles. Yet without desire, the relationship is at risk of failing.

I've shown how this tendency starts in childhood, in how we learn to be sexual, and I've drawn from attachment neuroscience, brain neuroplasticity, sexology, Gestalt therapy, and the psychology of flourishing to arrive at what it really takes to

maintain a love relationship that is both emotionally and sexually gratifying.

I'd be very grateful for any help you can offer to get this book the attention that, I think you will agree, it deserves. Warm regards, Stella



Continuity and Change: Gestalt Therapy Now describes what is quite possibly the most unique and significant gestalt therapy organization in the world. This book both highlights the nature of contemporary gestalt therapy and makes known the existence and nature of the AAGT through the lens of its tenth biennial conference, which was held in Philadelphia, Pennsylvania, USA. This book includes papers based on pre-conference workshops, and conference presentations and panels.

Click here for ordering information:

[Continuity and Change Gestalt Therapy Now](#)
Edited by Dan Bloom and Philip Brownell



The Gestalt Institute of Cleveland (GIC) applies Gestalt theory and practice to support people and organizations by engaging in a discovery process for growth and development to succeed in our changing world.

Training Programs

Gestalt Coach Certification Program

Gestalt offers a dynamic, holistic, and creative approach to coaching. Ours is an integrated program that recognizes the unity of mind, body, spirit, and emotions, as well as the critical role of relationships in fueling awareness and growth. Whether you are a practiced or aspiring coaching, come gain awareness and personal presence, expand your coaching knowledge and skills, and deepen your work with clients.



Most coaching programs help you practice a list of competencies. The Gestalt Coach Certification Program goes beyond this piece-meal approach; we teach, demonstrate and facilitate your practice in a Gestalt coaching methodology. Based on how

adults interact with and learn from the environment, a Gestalt methodology gives coaches a principled framework for working with clients that consistently supports the clients' learning and maturation.

Participants receive GPCC™ certification upon successfully completing the program. The Gestalt Coach Certification Program is accredited by ICF (as an Accredited Coach Training Program: ACTP) and by the Center for Credentialing and Education (CCE). Upon successful completion of the program, you are eligible to apply to the ICF and CCE for their coach certification.

Four 4-week sessions over 8 mo, begins in November

Working with Physical Process

Gestalt therapy, as a holistic approach, views physical experience and expression as intrinsic to a person's being and functioning. Whether you are a clinician, practitioner or facilitator, this advanced program will refine and extend your skills in Working with Physical Process (WWPP) beyond those developed in basic Gestalt training. WWPP focuses on developing greater awareness of one's own body experience and use in relationship, how to develop the client's body sensation and awareness, appropriate use of touch to facilitate awareness, working with breathing, body structure, developmental movement concepts, and the perception of the body and the client/therapist dyad as an energy system.

Four 5-day sessions over 12 mo, begins in October

Influence. Action. Change!™

Success at work often depends on eliciting the support, commitment, or resources of other people. Many good ideas just die or go up in flames because the leader, manager, or consultant lacked the ability to excite and engage people. Influence. Action. Change!™ is a new intensive program for leaders who would like to generate more influence and lead sustainable change. The program combines Podcasts, group calls, two three-day training sessions at the Gestalt Institute of Cleveland, and one-on-one coaching support as you apply what you are learning back on the job.

Next program begins in September

Workshops

Introduction to Gestalt Coaching

Come taste Gestalt methodology and explore the Gestalt approach to coaching. This two-day workshop introduces key Gestalt concepts through experiential learning and dialogue.

Linda Garverick, PhD & Richard Hancock, MA

September 28-29

Ethical Experience and Our Attitudes Toward the Other

What is the ethical experience? In this workshop, we will explore together how ethical experience shapes the Gestalt practitioner's attitudes toward the other, which can potentially shape the practitioner's quality of contact.

Dan Jones, PhD & Jennifer McWeeny, PhD

September 29

Cultivate Transformation in Your Significant Relationships

Significant relationships (with a partner, spouse, colleague or friend), have challenges, but also wonderful possibilities for growth, healing, and transformation. In this workshop, we introduce the pathways of transformation available in a relational journey, and model the facilitation of embodied presence from a Gestalt perspective.

Phil Belzunce, PhD & Lalei Gutierrez, PhD

October 18-20, and

November 10

Also Upcoming

From Isolation to Intimacy: A Relational Journey

Carol Swanson, MSW & Deborah Ullman, MA

November 15-17

Leading Congregations with Presence: Integrating Love and Power

Rev Tamara Lebak, John Griffin, PhD,
Herb Stevenson, MA, & Ann Carr, MA

December 10-12

Body and the Erotic Field: Reclaiming our Healthy Erotic Spirit

Michael Clemmens, PhD & Ellen Hoffman, MA

December 14-16

Complex Ground: Working With Addiction and Personality

Michael Clemmens, PhD

January 12-13, 2013

Accreditation The Gestalt Institute of Cleveland is approved by the American Psychological Association (APA) and the State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board to provide continuing education to psychologists, counselors and social workers. Selected programs and workshops are approved by the International Coach Federation (ICF) to provide continuing coach education & training.

Couples Training – 4 Sundays in LA



“Two Become One & Then There are None”

A Couples Therapy Training Workshop Series for Therapists

FOUR SUNDAYS:

2012: SEPT 9 & DEC 9

2013: JAN 6 & APR 14

For Therapists and allied professionals

ROBERT W. RESNICK, PH.D. • RITA F. RESNICK, PH.D.

Marriage and relationships today are, to a large extent based on the assumption that two individuals fuse into one. Most of us know that 50% of all first marriages end in divorce as do approximately 70% of second marriages. Add to this the remaining secretly “miserably married” – those living lives of quiet (or not so quiet) desperation based on fear of being alone, children, financial security, religion, social stigma, etc. and we begin to see the magnitude of the problem. Simply put, we are either all a bunch of “very sick puppies” (pathologizing all of us) or there is something fundamentally flawed with our model of relationships and marriage. People may be trying too hard at the “wrong” things rather than not trying hard enough at those things that might work.

After specializing internationally in doing/teaching/training couples therapy for over 40 and 20 years respectively, Bob and Rita Resnick have evolved a process model of relationships and marriage that deals with two crucial relationship issues: (1) the basic human dilemma: **How to be connected to another and maintain a self....** and (2) **Dealing with Differences vs Differences in Dealing.** With rare exception, *how* couples deal with differences is far more important than *what* the differences actually are.

This is a four day couples therapy training series for therapists and allied professionals who are interested in learning some of the perspectives and skills distilled from the Resnick’s long and ongoing history of working with couples and teaching couples therapy. There will be some live demonstrations of couples therapy with volunteers, as well as lectures, discussion, questions and small group work in which to practice working with role play couples.. Topics include: intimacy, love, communication, power, trust, dealing with differences, assumptions, gender differences, etc. **Come and join us for a fresh and solid new perspective on relationships and marriage.** Bring your biases and your sense of humor.

REGISTER ONLINE

Location: West Los Angeles

Times: 9:30 am – 5:00 pm (all Sundays) **24 CE Credits**

Fees: \$700 Individual, \$400 Model Couples, Full time students with ID \$400

Additional information and/or Phone Registration:

Bob Resnick, Ph.D.: (310) 451-9434 • email Bob

Rita Resnick, Ph.D.: (310) 395-3700 • email Rita

[REGISTER ONLINE](#)

Developmental Somatic Psychotherapy™

developmental process embodied within the clinical moment

with Ruella Frank, Ph.D.

Two-Year Training Program New York City

2013-2015

Developmental Somatic Psychotherapy, created by Ruella Frank, Ph.D., is a relational and movement-oriented approach to psychotherapy within a gestalt therapy framework.

Inspired by the work of developmental psychologists and somatic practitioners, Developmental Somatic Psychotherapy is a template for understanding and working with early psychophysical blocks as they emerge in the here-and-now of therapy. Attending to movement patterns is particularly powerful when guided by contemporary developmental theory.

Training Schedule

Module One

October 27 - November 1, 2013

Module Two

March 2 - 7, 2014

Module Three

October 5 - 10, 2014

Module Four

March 8 - 13, 2015

Trainings meet for five full days and one half day per module:

Sunday, Monday, Tuesday, Thursday and Friday	9:30am - 5:00pm
Wednesday	9:30am - 1:00pm

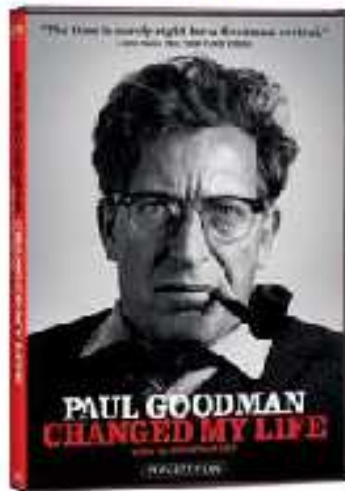
CEs available

Advancing & Associating!

Paul Goodman was once so ubiquitous in the American zeitgeist that he merited cameos in Woody Allen's *Annie Hall* and Richard Linklater's *Slacker*. Author of the legendary bestseller *Growing Up Absurd*, Goodman was also a poet, out-queer family man (in the 1940s), pacifist, visionary, co-founder of Gestalt therapy-and a moral compass for the burgeoning counterculture of the 1960s.

Paul Goodman Changed My Life immerses you in an era of high intellect (that heady, cocktail-glass juncture that *Mad Men* has so effectively exploited) when New York was peaking culturally; when ideas, and the people who propounded them, seemed to punch in at a higher weight class than they do now. Director/producer Jonathan Lee and producer/editor Kimberly Reed (*Prodigal Sons*) have woven a rich portrait of an intellectual heavyweight whose ideas are ripe for rediscovery.

BUY THE DVD



WITH SPECIAL DVD ONLY FEATURES

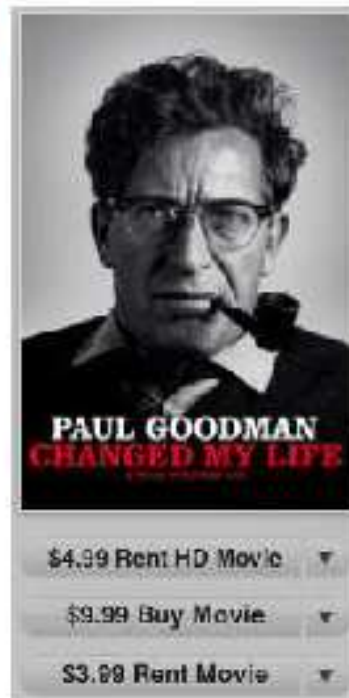
- Video interview with director Jonathan Lee
- Deleted scenes
- Additional poetry readings
- Judith Malina (The Living Theatre) diary readings
- Theatrical trailer
- English subtitles for the deaf and hearing impaired.

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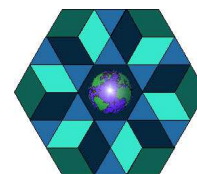


DOWNLOAD TO OWN OR RENT ON ITUNES





Gestalt!
The ejournal of the Association for the
Advancement of Gestalt Therapy
an international community



Introducing “*Gestalt!*”

Dear Colleague,

Gestalt! is the multidisciplinary peer-reviewed electronic journal published twice each year by the Association for the Advancement of Gestalt Therapy. ***Gestalt!*** is dedicated to developing gestalt therapy by online publishing of peer reviewed papers and commentaries relevant to gestalt practice, theory development, psychotherapy, organizational consulting, coaching and social change.

Originally the brain child of Phil Brownell and *Gestalt Global Corporation*, he graciously agreed to hand over operations of ***Gestalt!*** to AAGT at the 2010 Annual Meeting and let publication and development of the journal reside with AAGT. The Co-Editors for AAGT's On-line Gestalt Journal are Dan Bloom, Charlie Bowman, and Phil Brownell as decided at the meeting.

Call for Papers

Gestalt! will cover a broad spectrum of pertinent topics in gestalt therapy, reflecting variety internationally and bridging other modalities and fields to broaden the scope of its topics. The co-editors are interested in developing new writing in the field and will offer various ways to support less experienced writers in their projects. We also encourage authors from other clinical orientations to submit dialogical articles in point and counterpoint to some aspect of Gestalt theory, practice, or application.

The journal welcomes the submission of manuscripts that meet these general criteria and the following publication standards:

- ~ Original articles on applied and theoretical gestalt therapy topics
- ~ Letters to the Editors and responses to published articles
- ~ Case studies and discussions
- ~ Critical reviews, commentaries and essays

Author Guidelines

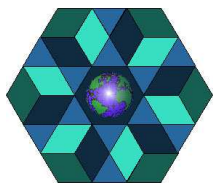
We accept only electronic manuscripts. Specific instructions for submitting will be supplied following contact and dialogue with our editorial staff. Please query first, describing what you have in mind in a brief paragraph (100-250 words) and address your query to aagtone@gmail.com (or to one of the Editors directly). Please identify yourself, telling what qualifies you to write what you propose. In general, feature articles should be between 2-3000 words, but may vary according to need; they should include an abstract (between 2-300 words) summarizing the content and a set of key words used to orient potential readers.

Editorial Policies

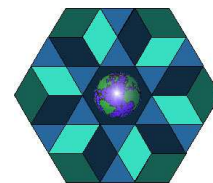
All manuscripts are reviewed and subject to editing, with the consent of the writers. The editorial staff decides on the contents of each issue. ***Gestalt!*** is an open access journal, which enhances indexing and retrieval power. This creates a worldwide audience larger than that of subscription-based journals and thus increases the visibility and impact of gestalt therapy in keeping with the mission of AAGT.

Best regards,

Charlie Bowman
Brian Mistler
Brad Larsen



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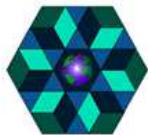
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Assistant Newsletter Editor	Alex Schlotterbeck

Publication Guidelines:

Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and the creativity and interest of the membership. Letters to the Editor should be succinct and to the point. All material submitted remains the property of the Newsletter staff. Deadlines are final. Style can be informal, but should be good writing. All material is subject to editing to fit the parameters and needs of any given issue of the Newsletter.

The content herein represents the opinions of contributing authors and not the opinion, policies or procedures of AAGT unless otherwise specified.

Let Us Get To Know You!