



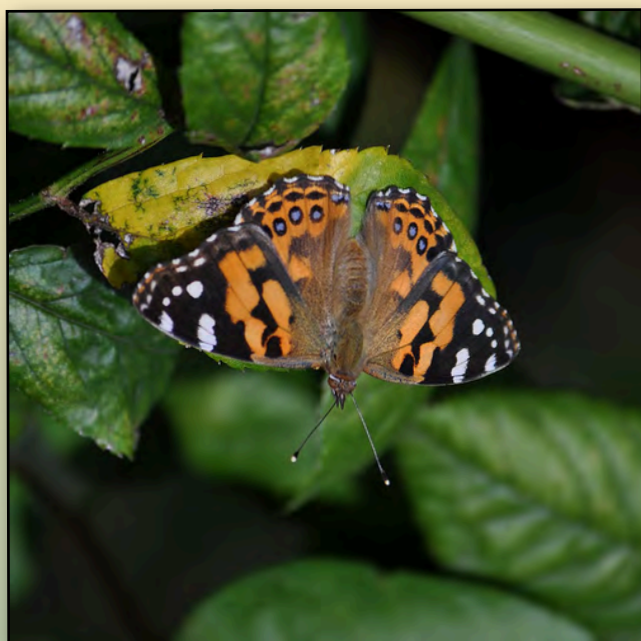
Associating and Advancing

SEPTEMBER 2012

In this issue...

A Quarterly Newsletter

SEPTEMBER GREETINGS	PAGE 2
REPORTS POST PUEBLA	PAGE 5
AAGT ANNOUNCEMENTS	PAGE 6
MEMBERSHIP	PAGE 7
REGIONAL NEWS	PAGE 9
RESEARCH	PAGE 13
ADVANCING AND ASSOCIATING	PAGE 17
BOOKS	PAGE 27
BOARD LIST	PAGE 29



Welcome to the ongoing experiment that is AAGT, an international community!

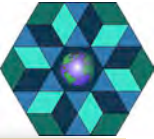
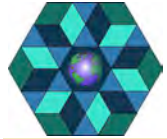
Whether you are a returning member or have just joined, we invite you to find a way to be active in the association.

It does not matter what your status is from trainee to teacher. You can have three months of experience with gestalt or over thirty years.

We aim to value each person's voice and respect difference.

What you gain is feeling part of a vibrant worldwide community.

So take part and let others know about the benefits of joining AAGT! www.aagt.org



Gail Feinstein, President

Warm greetings, dear Colleagues,

It is the first full day of Autumn here in the majestic mountains of upstate New York. It is a beautiful day - one of those days that sparkles because of the special Fall light and the emerging vivid colors of the landscape. The air is crisp, extending an invitation to inspire fully, more deeply and slowly. I feel a wave of gratitude flow over and within me.

It is a time of harvesting the fruits of our labor, so to speak. As I reflect on the developments and learnings from our recent engagements, there is much bounty to cultivate and harvest. I'm excited to be collaborating with so many talented Board members. It's been four months now that we've been together. Everyone is busy (as you'll read in this newsletter) stepping into their creativity and responsibilities of their positions. I'm often amazed, when I remember, that we're volunteers. The devotion and commitment is extraordinary. I am continually inspired and uplifted.

Through the consensual process and other organizational matters, there have been stirrings in the field about how we treat each other. Yes, sometimes, we treat each other badly, usually getting caught up in the heat of the discussion. Being gestalt therapists, we create a climate that supports and encourages our expression and creativity, opening to contact and connection. Things come up. We feel passionate about them. We affect each other, sometimes, deeply. How great is that!? We get hurt and angry; feel slighted and disrespected. We draw conclusions, bring our interpretations, assumptions and stories. Things get distorted. Often, we withdraw, and sometimes, even walk away from the group. And sometimes, we stay but refuse to come to the table.

Can you imagine if we chose to stay with the facts, suspend our assumptions, listen more deeply, more receptively, and remember our common ground? How different things might be. And even



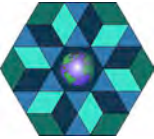
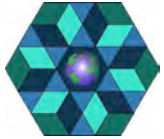
if we couldn't do this but were truly grounded in the commitment we make (from our Purpose Statement and Covenant of Community) when we become members of our dear organization – “commitment to creating and sustaining dialogue in our gestalt community” – not only commitment but we agree to “honor dialogical processes as the heart and soul of gestalt methodology”. We also commit to stay with even difficult dialogue”. And to “get and remain interested in the impact our behavior, words and intentions have on one another”.

We've just been through a challenging consensual process. Sometimes, it was engaging and tedious; confusing and inspiring; frustrating and clarifying. I think we did a great job. Some of us felt stretched, others bored, and still others stayed open to the other, and were even, touched and moved.

We took a stand. For me, it's not just taking a stand but how we are standing and holding ourselves in the field – in an embodied relationally engaged way, valuing the differences and gestalt process - valuing dialogue, staying with the conflict – that's the way we hold what's in the field. While the common ground is always shifting and expanding to support the tension and range of differences, we continue to explore, then, find what connects us and where we can all stand together. We step more fully into a co-creative, collaborative partnership – a new becoming.....becoming something new together.

For everything AAGT visit our website

<http://www.aagt.org/>



From Patricia Tucker, President-elect

Just a little note of greetings to you all! As Fall approaches here in the Northeastern United States, I am looking out my window here in upstate New York and both admiring and cursing the reds and yellows appearing on the trees. The summer has flown by and it certainly has been a very interesting few months at AAGT since I have joined the Board as President-Elect! As we have worked together to move the planning for our next conference forward and to address other AAGT matters, I have been reminded once again of the commitment of our AAGT Board members; a commitment to having an organization that values inclusiveness, that wishes to limit hierarchical power, and that tirelessly continues to struggle towards consensual decision-making. While it is true that attempting to hold and reconcile the views of all can be a long and sometimes tedious process, I have been quite moved over the past few months to see how my fellow Board members hold dear this process, even while we know that making quicker decisions would sometimes provide relief in our busy lives.

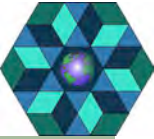
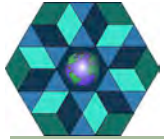
As I'm sure that many of you are aware, through this process, we have been able to address the concerns of many that arose at the Annual General Meeting in Puebla, when we were discussing a proposal to hold our next conference in Asheville, North Carolina, USA. Many at the meeting raised strong objections to holding a conference there since the state legislature recently introduced an

amendment to the state constitution banning same-sex marriage. Others felt that we *should* hold our conference there and make sure, while we were there, to make a statement, or hold an action, against this amendment. Eventually, in the midst of all of this controversy, the proposal was withdrawn.



Much has emerged from this meeting that has been valuable. A committee is being formed to create some guidelines for our conference venues and to help us in this selection process. But also, I'm quite pleased to report that through discussion on our list-serve and an email to the full membership, we have reached consensus on sending a letter to the governor and other state legislators in North Carolina, registering the objections of those who members who have wished for their names to be included. While we cannot address all of the civil rights abuses throughout our world, this recent amendment influenced our choice of conference venue and I am proud to have added my name to that letter! And I am proud, too, to be part of an organization whose theory and mission include an awareness of issues of oppression and privilege throughout our world as well as a desire to work to create change in these areas.





Greetings All,

Welcome to the September 2012 issue of the AAGT newsletter. This is the first edition I have had main responsibility for so that explains a few stylistic differences. I have used the theme of autumn/fall in the northern hemisphere to inspire the colours of the newsletter. I am very aware that this is a bias and that these colours may not reflect nature in the southern hemisphere at this moment.

In terms of the newsletter, I would like to ask for photos, suggestions, written contributions from all of our members whether you be in Japan, Norway or somewhere else in the world. In this way you can influence the themes and design of the newsletter as well as the content.

It feels to me as if a lot of time has passed since the AAGT conference. Certainly there has been a lot of activity on the member list serve. In the world out there, training programmes are starting up again and summer is over and it feels as if life is changing gear and getting ready for a new phase, at least it does to me here writing in London.

Jewish new year has just passed so belated happy new year to those who celebrate. Christmas is around the corner..... Internationally the world seems to be in a difficult place. This cannot help but affect us in our personal lives too.

Personally I have enjoyed the lively communication on the members list and the supportive 'feel' of the board and members. It has made my post Puebla more exciting. I feel connected to a vibrant community which in turn makes me feel more vibrant. My desire is to 'infect' others with this feeling so that the community grows and stays alive.

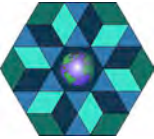
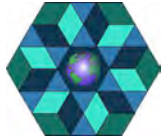


This issue covers includes words from our president and president elect, the upcoming research conferences, fascinating research projects, exciting workshops and wonderful new book releases. So without further ado, go forth and enjoy reading!

Got a message to share?

Let us know what's up in your part of the world! Post a personal note or an organizational invite





Post Puebla - The Importance of Staying In Touch

I have felt excited and felt very much a part of the AAGT since Puebla due to the liveliness of the discussion themes on the board and in the email list serve. Being involved in communication as a result of my role in the newsletter the questions pertinent to in the last months have been: who is hearing us? Which of the members know about the themes being discussed by other members and which members do not?

The answer to these questions is determined by whether you opt for the announcement only list serve or the full discussion list serve. One might choose to opt for the prior for all sorts of reasons: lack of interest, lack of time, irritation. The question then becomes: if you knew that what was being discussed would you be interested in being included? And if this was the case? How would we, the board, know?

There has been a lot of consideration about whether to send a letter to the governor of Asheville. This was as a result of a conference proposal being withdrawn at the AAGT annual meeting in Puebla. It was withdrawn as there were many differences of opinion over whether we should hold a conference in a state that has just passed discriminatory same-sex marriage laws. Some wanted to boycott Asheville to protest against the laws, others wanted to hold the conference in Asheville to exert pressure that way.

There was a growing awareness that there were dominant voices in the members list serve discussion and also silent voices. What did the silent voices think? And what about those not even on the list serve? And did full membership consensus around the sending of the letter matter since the proposal for Asheville had been

withdrawn at the AAGT annual meeting in Puebla, therefore, one could argue, only concerning those physically present at the meeting?

There are many conflicting views in response to these questions. Was there even a consensus at Puebla to not go and to send a letter? Does consensus matter if the letter simply explains the event? Further debates have been over whether sending a letter to the governor of North Carolina is a political move or not. What are the ramifications for the AAGT if it is? And is our conference venue location arbitrary? What about ethical considerations in other countries?

At times these email dialogues have been funny, exciting, boring, too much. I have felt myself getting annoyed, feeling heard, getting excited, zoning out, going along with.

What I'm left with is the need to share what I have experienced with the wider community so that those who may have been interested, had they known, do not miss out.

Perhaps there is also a desire to encourage others to stay connected as much as possible, this way you too may be able to benefit from some of the warmth, and sometimes heat, of the AAGT community.

Alex Schlotterbeck



The scholarship fund currently has \$3,058.15

- To encourage a growing community of diverse practitioners and students from all over the world to attend our conferences
- So that we can share and grow together

We welcome your donation!



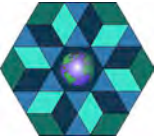
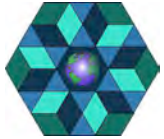


Save the Date!
Sept. 2 – 7, 2014

AAGT at Asilomar AAGT's 2014 Biennial Conference

We are pleased to announce that the 2014 AAGT biennial conference will be held at the Asilomar State Beach and Conference Grounds at California, USA's beautiful central coast. Our conference will be held from Sept 2 – Sept 7, 2014. Minutes from the town of Monterey and the full service, Monterey Peninsula Airport, Asilomar offers a rustic retreat setting steps away from an unspoiled beach at the Pacific Ocean. With facilities designed by famed California architect, Julia Morgan, Asilomar offers a unique and comfortable conference experience. Peter Cole and Daisy Reese will serve as our conveners. They will soon follow up with more information about the conference, and with a call for volunteers to help with the organizing.





AAGT Membership Application

In accordance with AAGT's Articles of Incorporation, Constitution and By-Laws, the purpose of **AAGT** is to support the professional and personal associating and advancing of persons interested in participating in a forum committed to the preservation and advancement of the philosophy, theory, practice, and research of gestalt therapy and its various applications.

In furtherance of this purpose, AAGT shall encourage the development and application of principles and practices in the organization that are consistent with the following tenets:

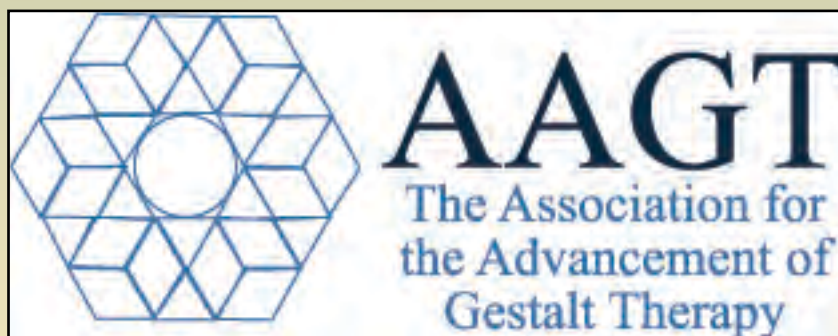
- **That an organization can be created**, rather than imposed, and that it will grow out of our contacting
- **That a structure will emerge** in response to our shared needs, interests and concerns
- **That by believing in the unity of theory and practice**, an organization that so creates itself, is itself an experiment, an on-going organic process of gestalt formation and destruction, in which old forms are destroyed and new figures emerge through contact that is bright and lively, energetic, graceful and fluid
- **That such an organization provides the ground** for the enrichment, articulation and support of the constantly emerging figure that is **Gestalt Therapy!**

With these tenets as ground, we welcome as figure your APPLICATION to become a member of **AAGT**

As a member of AAGT you can:

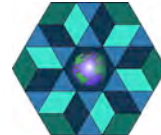
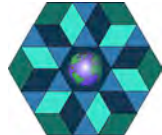
- Connect with, network with and learn from fine gestalt therapy theorists, practitioners, researchers and scholars
- Participate in a rapidly developing international and intergenerational coalition of creative individuals influencing the present and future expansion and integration of gestalt theory, philosophy and practice into the wider field
- Receive the AAGT Newsletter to keep you updated on organizational and individual issues, projects, activities and discussions
- Join or form interest groups and regional liaisons to share information and support, develop joint activities and projects, and widen your circle of friends and associates
- Receive discounts on AAGT conference fees, publications and materials

JOIN



US

An International Community



Membership Application

Membership Dues	
Supporting Members \$150.00 or more, your contribution to advancing Gestalt Therapy	S
Full-Time Professionals who have been Members more than one year \$100.00	S
New (first year) Professional Members \$50.00	\$
Retirees and Full-Time Student Members \$25.00	\$
Organizational Membership for Training Programs New is \$100.00, \$150.00 thereafter	S
Scholarship Fund Donation – your contribution to those less-able to participate	S

Membership Information	Name		Title, Degree or Prefix		
Street Address		City		State	
Zip		Country		Email	
Phone (home)		Phone (office)		Phone (mobile)	

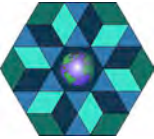
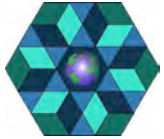
Payment Options: To Pay Online go to <http://www.aagt.org>

TO PAY BY CHECK: Checks must be drawn on U.S. banks, made payable to AAGT. Mail check with this form to: Brad Larsen, AAGT Administrator, PO BOX 42221, Portland, OR 97242 USA or fax to Brad Larsen in the USA at 212-202-3974

TO PAY BY CREDIT CARD Visa and MasterCard only. Fax or Mail to Brad Larsen at the above address

Credit Card No.		Expiration Date	
Name on card		Signature	

Please read the AAGT Covenant of Community before becoming a member or renewing your membership ([click here](#)).



The Appalachian Gestalt Therapy Institute

This year the AAGT Southeast Conference will be held in the Spring, 2013.

The 6th annual conference of the AAGT Southeast USA Region will be held on March 22-24 in Asheville North Carolina USA. The theme is "Supporting the Whole" which will be experienced in the AAGT conference format of workshops, process groups, community meetings. Presenters are still being sought. It will begin on Friday evening, 7 PM, March 22 and ending Sunday morning, 12:30, March 24. This conference is held in partnership with the Appalachian Gestalt Therapy Institute and the Gentle Bio-Energetics Institute and offers 15 AAGT Continuing Education Credits.

Come and experience the Appalachian Spring which has been celebrated in music and dance! For more information e-mail the Regional Contact Person (RCP) Anne Leibig ableibig@bvumc.net.



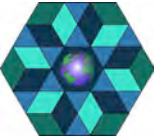
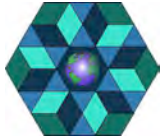
AAGT RCPS

A group for the regional contact people of the Association for the Advancement of Gestalt Therapy

- an international community.

We always need news of the regions.

If you are an RCP please send any updates, news of your region or announcements to Alex Schlotterbeck: alexschi@hotmail.co.uk



Association for The Advancement of Gestalt Therapy North West



AAGT NW-Association for the Advancement of Gestalt Therapy NW A New Regional Group

(Vancouver BC, Bellingham, Seattle, Portland)

Saturday, October 20, 2012, 9:30AM-5:30PM Seattle

Healing Arts Center 6300 9th Ave NE, (3rd floor conference room) \$25 (Limited to 35)

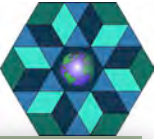
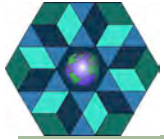
PROGRAM: Please join us for a day of connecting and sharing about Gestalt therapy. You are invited to propose a topic for discussion or present an aspect of Gestalt that is important to you. Bring your ideas.

When we gather we will (quickly) list all ideas and the group will choose a few to focus on during our time together. There will be time for introductions, group experiential exercises, planning for future day longs or weekend retreats, and lunch at nearby restaurants.

AAGT
The Association for
the Advancement of
Gestalt Therapy

To register go to www.bradlarsenpsyd.com/aagtpnw

Organizing Committee: Brad Larsen - Coordinator (Portland), Cyndy Sheldon (Bellingham), Christiane Elsbree, Leonard Shaw, Flora Ostrow, Judyth Weaver (Seattle)



The 2012 AAGT-Southwest Regional Conference October



The 2012 AAGT-Southwest regional conference is October 12-14, 2012. We have a new location this year! Green Gulch Farm and Zen Center in Muir Beach in Marin County, California is approximately 20 miles north of San Francisco and is a scenic and serene place within walking distance to the beach and a few mile's drive to the city of Mill Valley. The nearest airports are San Francisco and Oakland. For commuters, the driving time from downtown San Francisco is approximately 30 minutes. There are horses on the property, a sauna house, and a dining hall that provides fresh vegetarian meals. The features of this location make it both cozy and spacious, a place where we can be both reflective and alive. (Visit the website at <http://www.sfzc.org/ggf/>).

Those staying at Green Gulch will be served all five meals (vegetarian; may include dairy/eggs; vegan and gluten-free always available). All meals are included in the conference package for participants staying at Green Gulch, and Friday dinner and Saturday lunch are included in \$30 commuters fee. We will begin at

The Saturday plenary in two parts is:



RIPENING INTO OLD AGE, ELDER GESTALT THERAPISTS SHARE THEIR STORIES,

FOLLOWED BY QUESTIONS AND RESPONSES FROM THE YOUNGER GENERATIONS

Marianne Dozier, Lu Grey, Cyndy Sheldon
Filming by Liv Estrup

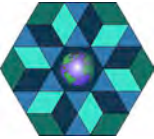
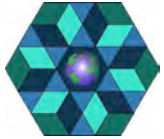
During this session we envision those of us who have been teaching and practicing Gestalt therapy for many years sitting in a fishbowl circle amongst the rest of the group discussing questions such as:

- How have our self-concepts evolved and changed over the years?
- How do our students and clients see us as elders, especially when they compare us to their parents and grandparents?
- Looking back, can we identify any one or more decisions that significantly changed the course of our life? How do we feel about those decisions now?
- Having already lived a long life, how do we feel about dying?
- Has being a Gestalt therapist had anything to do with the above responses?
- What has being a Gestalt therapist had to do with what we are experiencing now at this age?

Following this, a fishbowl of those of younger generations will give their reactions to and maybe ask questions about what we've shared. We'll have additional discussion groups Sunday morning, and plenty of time for leisure.

As always our annual two-day Writers' Conference will precede the main event at Green Gulch. This year the Writer's Conference is limited to 6-7 sleeping guests at Green Gulch. Additional participants will need to commute. For more information about the Writers' Conference, please contact Lu Grey at lucannagrey2@gmail.com.

CEUs are available! Please contact me by email for definite availability and a registration form before sending



Mexico Regional Conference

First ENCOUNTER OF THE MEXICAN GESTALT COMMUNITY

We are delighted to invite you all to participate in this adventure that will take place in Guadalajara, Jalisco from July 18-21st, 2013.

La Gestalt es la vida misma, es como nos relacionamos, como nos creamos, la figura que surge y se vuelve al fondo y como yo soy gracias a tí y sin tí simplemente no podría existir.

Sharing Gestalt Life with 500 friends in Puebla has moved a group of us to come together to give life to the 1st Encounter of the Mexican Gestalt Community.

The theme of this event is "Community, Consciousness, Creation", forming a space to meet the world which reflects our hope that those who make up training institutes and the community of professionals can share, live and deepen our practice of Gestalt TOGETHER, regardless of institutional identities.

This event hopes to provide a new platform for awareness and celebration of the progress that we are making nationally as researchers and practitioners, and to revisit our roots and the living history of Gestalt through the presence of our special guests from abroad.

And you can practice your Spanish- this is a FULLY bilingual event!

"Comunidad, Consciencia, Creación" - Formando un espacio para encontrarnos- con el mundo. Aquí se promoverá en todo momento el respeto, el crecimiento y el amor, tanto propio, como hacia los colegas y la Gestalt misma.

Bilingual interpreters please send us an email!
CALL FOR PROPOSALS- Deadline: November 1st.
Format available www.gestalt2013.com

Peer reviewers needed to review Spanish and English proposals (apply now!)

Contact:

<http://www.gestalt2013.com/>

[www.facebook.com/](http://www.facebook.com/1erEncuentroDeLaComunidadMexicanaGestaltAagt)

[1erEncuentroDeLaComunidadMexicana](http://www.facebook.com/1erEncuentroDeLaComunidadMexicanaGestaltAagt)

[GestaltAagt.](http://www.facebook.com/1erEncuentroDeLaComunidadMexicanaGestaltAagt)

info@gestalt2013.com



¡CALL FOR PROPOSALS!

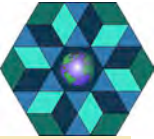
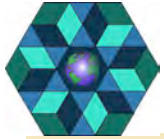
We are now receiving proposals for the July 18-21st, 2013 events!
Send us yours today!

We are looking for
8 hour intensive Pre-Encounter workshops
3 hour Encounter workshops

Please remember to make new and innovative proposals relative to the theme of "Community, Awareness, Creation", and get them in well before the Nov 1st deadline!

www.gestalt2013.com





Research on depression - Request for Participants

Pablo Herrera, Chilean gestalt psychotherapist, PhD student and member of the Society for Psychotherapy Research. At the Gestalt therapy institute of Santiago he is part of a big research project on depression. (<http://www.milenio-depresion.cl/index.htm>). There will be a good amount (40-50 aprox) of cognitive-behavioral therapies, a research design for evaluating process and outcome variables, and specialized people to do the data analysis.

To Compare Gestalt Therapy and Cognitive-Behavioural- The aim is to evaluate the results of forty gestalt therapy processes and compare it to cognitive-behavioral. Also, to add some measures to evaluate some other gestalt-specific processes.

Need For More Participants - There are around 15 therapy processes, but 20-25 more are needed to have enough statistical power.

Details of the project:

- 1) Purpose: To evaluate the effectiveness of Gestalt therapy, and also to measure some process variables to understand better what works and how. (As you can see it's still not fully developed)
- 2) Participants: Patients with a depression diagnosis, in Gestalt-oriented psychotherapy, and cognitive-behavioral psychotherapy.
- 3) Method: There are three levels of observation, and each therapist-researcher can decide if they want to collaborate on category 1, 2 or 3. Category 1 will have the battery of measures, category 2 will add video recording of two initial sessions and a follow up interview, and category 3 will add video recording of all sessions and the EPAA (adult attachment interview). The videotaping allows us to include some in-session events to evaluate. For example, one therapist can collaborate with one patient in category 2 (without videotaping) and one on category 3 (videotaping each session). It's NOT necessary to use videotaping, it's optional.

4) Measures:

- MINI: to screen for depression
- BDI: for depression symptoms
- OQ-45: To measure general outcome [An alternative to be considered is the SCL-90]
- SSQ 6: for social support
- CMVC: Multidimensional Cultural Variables Questionnaire
- PATHEV: to evaluate therapy expectations
- BEQ: to measure emotional expressivity
- SEQ: session evaluation questionnaire
- WAI: To measure quality of perceived alliance, from therapist and patient
- DEQ: To evaluate if the depressive experience is more "introjective" or "anaclitic"
- ECR: A questionnaire to measure couple relationships
- Adult Attachment interview
- Follow up interview:



5) Procedure: Basically the patient has to come to the first session one or two hours early to complete the initial set of measures. Later, each three sessions (approximately) the patient needs to complete a short questionnaire before or after the session. After the end of therapy, patient and therapist answer a follow up interview.

Please tell me about any doubts or suggestions. Hoping that we can collaborate and do some research together,

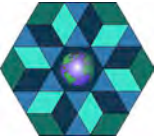
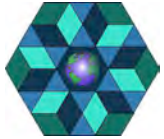
Pablo Herrera Salinas

Clinical Psychologist

PhD (c), P. Universidad Católica de Chile, Universidad de Chile & Heidelberg U.

SPR Member

Member of the Chilean Psychotherapy and Change Research Program



Request For Data

Evidence for Evidence-Based Practice

Data for Chapter in Humanistic Psychotherapies

Phil Brownell has been asked by David Cain, Ph.D., to write the chapter on gestalt therapy for Humanistic Psychotherapies: Handbook of Research and Practice (Second Edition, American Psychological Association). He needs to describe current research on gestalt therapy and/or its cognates. He will need to explore the implications for practice of this research, and is being asked to focus on research conducted from 2000 to the present.

The American Psychological Association has identified the following (see below) as kinds of evidence that they find acceptable for evidence-based practice, and this is the structure he will follow. He requests you to share anything you know of that fits in these categories? Please list complete references and provide descriptions of the work. If you have digital copies of the works in question, he would appreciate you sending those to him. This will become an important reference point for the APA in setting up practice guidelines that lead to the possible regulation of gestalt therapy (according to what they deem to be “best practice”); so, this is important.

If you know of studies, and if you have conducted studies yourself, please help in this project. If you would like to contact him about this to talk about what you've got to share, or to ask about what these various categories actually entail—i.e. what they are, please do so. Contact details are:

Philip Brownell, M.Div., Psy.D. (philbrownell@logic.bm)

1. Clinical observation

2. Qualitative research

3. Systematic case study

4. Single-case experimental designs

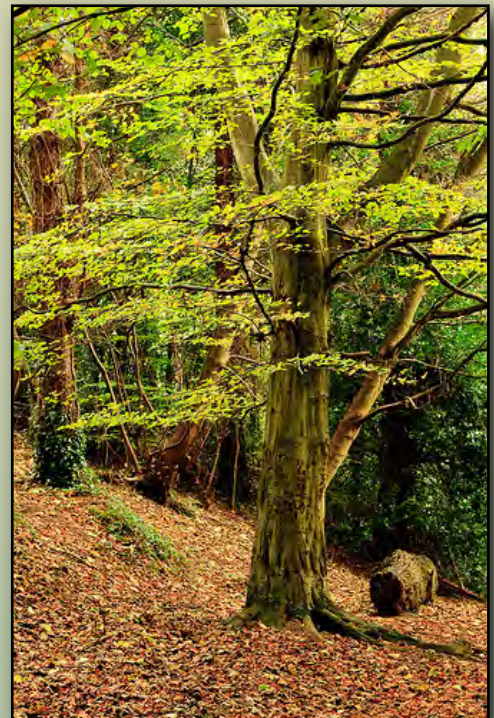
5. Process-outcome studies

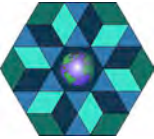
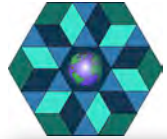
6. Effectiveness studies in natural settings

7. Random controlled treatments

8. Efficacy studies for drawing causal inferences in groups

9. Meta-analyses for observing patterns across multiple studies with respect to effect sizes





Gestalt Leaders Gathering, Mati, Greece

A gathering for leaders in the Gestalt community, in conditions enabling discussions relevant to the daily job in peace, while meeting other leaders from all over the world.

For every leader of a Gestalt institute (two per institute), a training programme or some other form of clear leadership, who sees value in taking time out to meet colleagues and grow, to dedicate the time to think address and explore leadership matters. Held at the Aquamarina hotel in Mati - a small beach town about 20 mn from Athens airport. (All the rooms have a sea view!) In small groups and at the plenary, at meals and at the sea, on the beach and dancing at night. Or simply any right way for you and others. Discussion will be facilitated by colleagues to maintain a conversation and be equal members.

The discussion topics and leaders:

Ethics and Quality Control - Marlene Blumenthal - Gestalt institutes have differences in how they manage student/student and student/faculty boundaries. Some institutes have very explicit, written rules and norms concerning management of such boundaries while others do not. Is it okay for two or more students to be coupled while in a program? What should the boundaries be between faculty and students? And what about selection and evaluation of students? Some feel that evaluation of competence goes against Gestalt values, while others adhere to a more rigorous evaluative process.

The Business of Institutes - Dia Bozsogi -

All institutes are, at least in part, businesses. In order to survive they must attract students and make enough money to stay in business. This creates dilemmas. For example, do we accept a student with poor potential in order to meet our budget? Business and marketing are often taboo subjects, or subjects we don't like to deal with. We will look for dilemmas and questions around this topic, then we will share strategies and best practices for dealing with marketing and financial issues.

Leadership - Frans Meulmeester

We will look at leadership across a broad spectrum. To lead a Gestalt Institute or program can be a difficult task given our commitment to dialogue and full participation, as well as ambivalent feelings concerning a valuing of hierarchy. Also, what does the Gestalt approach have to say about the teaching of leadership? What about the path to becoming a leader at our training institutes?

Research and Writing - Gianni Francesetti - For many years Gestalt practitioners have been inwardly focused. We have ignored research and written little. Recently this has changed as Gestaltists are writing more and embracing research. What is the role of writing and research in our institutes? Should we encourage or even require it?

Accreditation and Licensure - Lynda Osborne

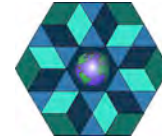
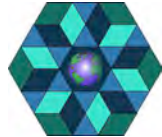
More and more institutes are being faced with issues of accreditation and licensure. Our approach has historically stayed outside the mainstream of therapeutic traditions. How are the different institutes responding to the cultural shift?

Gestalt in a Social, Organizational and Political Field - Sean Gaffney

Historically, the Gestalt approach operated outside mainstream society. Yet, we both affect and are affected by politics, religions, economics, etc. We will explore how these variables interact and affect Gestalt Institutes and Organizations.

Supervision, Training and Teaching - Susanne Blom

An important task of Gestalt organizations is the teaching, training, and supervising of students. Different institutes have developed ways of performing these tasks. But there has been little dialogue amongst institutes in how they approach these important skills. We hope to share our beliefs and practices regarding supervision, training, and teaching; looking at similarities and differences.



Roots V Conference

Gestalt Organizational Development: Roots and Branches

In Honor of Edwin C. Nevis, 1926-2011

Dates	November 1–4, 2012 Begins Thursday, 1pm Ends Sunday, 1pm
Fee	\$535 USD / €400 EUR (accommodations and meals not included)
CE hours	16
Co-Chairs	Seán Gaffney and Joseph Melnick
Location	Near Stockholm, Sweden

Co-Sponsors Presented in cooperation with Gestalt Academy of Scandinavia and Perlan Dialogue & Leadership, with Special Sponsor Norlin & Partners



Roots V will take place at Bommersvik Conference Centre, Järna, Sweden (www.bommersvik.se). **Please contact the Conference Centre directly to make arrangements for accommodations.** For further information, please feel free to contact Gestalt Academy of Scandinavia (info@gestaltakademien.se), Perlan Dialogue & Leadership (info@perlan.se), or GISc (office@gisc.org).

This is the fifth Roots Conference. Beginning in Paris in 2003, these conferences have provided an opportunity to focus on Gestalt theory and its development and application. The theme of Roots V is Gestalt Organizational Development. We invite you to come together and join in celebrating the roots of Gestalt OD by presenting theory and practice that is currently being developed by individuals throughout the world. The intent is also to honor Edwin C. Nevis, who is widely seen as the father of Gestalt OD.

Preliminary Program

Gestalt OD Roots

- 1) New York Institute for Gestalt Therapy (NYIGT), 1950 – 1965
- 2) National Training Laboratory (NTL), 1947 – , Gestalt Institute of Cleveland (GIC), 1955 – , Esalen

...and Branches

- 3) Gestalt International Study Center (GISc), 1979 –
- 4) Gestalt Academy of Scandinavia (GA), OD Program
- 5) Metanoia, London, OD Program
- 6) Gestalt Foundation, Athens, OD Program
- 7) Academy of Executive Coaching (AOEC), London
- 8) EAGT GPO accreditation
- 9) The Swedish Gestalt OD Practitioners Association
- 10) Perlan Dialogue and Leadership, OD Consultants
- 11) Norlin & Partners, OD Consultants

From There and Then to Here and Now

- 12) What is an Organization?
- 13) Deconstructing Gestalt Learning: Pleasure or Pain?
Post-workshop reflections on the Cape Cod Model
- 14) The Return of Field Theory to Gestalt OD?
- 15) An Action Research Project
- 16) Coaching: Tango, Gestalt and Coaching

Current Developments & Future Trends

- 17) Leadership and Adult Development
- 18) Gestalt OD Training and the Practice of Management
- 19) The Healthy Organization
- 20) "Liminal Space" and Transitions in Organizational Life
- 21) Large Transformation Projects
- 22) Thinking Together and Acting Together
- 23) The OD Consultant as Owner and/or Manager
- 24) Plenary Discussion: Our Learning and Next Steps

Please note that we also plan to show a DVD of Edwin Nevis in action with his favorite presentation. There will then be time and space for personal memories and tributes so that we may be aware of his presence in his absence.

Presenters

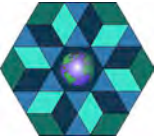
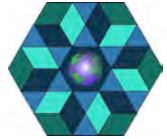
Katherina Arenvi, Jan Henrik Bjornstad, Annika Bramsen, Irene Ceder, Marie-Anne Chidiac, Csaba Csaszar, Sally Denham-Vaughan, Rob Farrands, Seán Gaffney, Ulf Giege, Ulf Grundel, Shanil Haricharan, Johnny Jonsson, Pavlov Konstantin, John Leary-Joyce, Lars Marmgren, Rick Maurer, Joseph Melnick, Frans Meulmeester, Leif Norlin, Marita Norlin, Tommy Sandin, Christel Segander, Chantelle Wyley, and Ulf Zwedberg.

Format

The Roots Conference format was developed in order to maximize the quantity and quality of participant discussions, both formal and informal. We ensure that we all have the time and space for these meetings to take place between brief formal presentations.

The presentations are intended as starting blocks for dialogue. The true content of a Roots conference emerges through how the program inputs are processed, any conclusions then shared and any questions raised in plenum. The dialogues continue during breaks and over meals. It is not unusual for new program items and topics to emerge as the conference progresses.

A Roots conference is a dynamic meeting of hearts and minds in the context of a shared commitment to the development of the theory and practice of the Gestalt approach.



Couples in Conversation

Dates	October 27-28, 2012 Begins Saturday, 9am Ends Sunday, 5pm
Fee	\$600 per couple GISC members and couples registering by September 7, 2012, \$550
CE hours	14
Faculty	Sharona Halpern, LMHC, and Stuart Simon, LICSW
Location	Greater Boston area (Newton, MA)



Most couples have topics they find difficult to talk about. These might include money, religion, sex, or childrearing, to name a few. Typically these conversations are difficult because they highlight the differences we have with our partner. Some issues are so difficult to discuss that they become a major barrier to a couple's intimacy. If these conversations are left unfinished, either or both partners might experience ongoing resentment, loneliness, fear, shame, guilt, or helplessness.

Conversations between partners are held in private, but there will be much opportunity for group discussion and feedback surrounding the work.

Benefits

In this practical, experiential Gestalt-oriented weekend workshop, participants will:

- Learn to apply a model for successful conversations based on the Gestalt cycle of experience.
- Develop specific techniques for initiating and completing difficult conversations.
- Identify where communication gets "stuck," and learn how to move through it.
- Have an opportunity to practice new skills and approaches.
- Receive private coaching sessions throughout the workshop from experienced faculty.
- Have an opportunity, by the end of the weekend, to increase intimacy by completing a difficult conversation.

Participants

All couples who wish to improve the quality of their communication and build intimacy in their relationship are welcome and encouraged to attend.

What previous participants have said about this workshop:

"This weekend was terrific! It far exceeded my expectations! The facilitation was excellent. Very personal, yet professional."

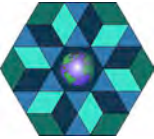
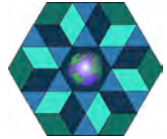
"Thank-you both for a phenomenal workshop. I appreciated the sensitivity to each couple's privacy."

"It was terrific and extremely valuable that you were both available for coaching. There was a good balance of talking, demonstration, and practice"

"The opportunity to learn and practice a simple model was invaluable."

For more information contact:

www.gisc.org/individuals



Developmental Somatic Psychotherapy™

**Developmental process embodied within the clinical moment
with Ruella Frank, Ph.D.**

Two-Year Training Program New York City 2013-2015

Developmental Somatic Psychotherapy, created by Ruella Frank, Ph.D., is a relational and movement-oriented approach to psychotherapy within a gestalt therapy framework. Inspired by the work of developmental psychologists and somatic practitioners, Developmental Somatic Psychotherapy is a template for understanding and working with early psychophysical blocks as they emerge in the here-and-now of therapy. Attending to movement patterns is particularly powerful when guided by contemporary developmental theory.

Training Schedule

Module One

Module Two

October 27 - November 1, 2013

March 2 - 7, 2014

Module Three

Module Four

October 5 - 10, 2014

March 8 - 13, 2015

Trainings meet for five full days and one half day per module:

Sunday, Monday, Tuesday, Thursday and Friday

9:30am - 5:00pm

Wednesday

9:30am - 1:00pm

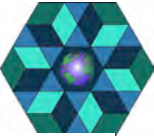
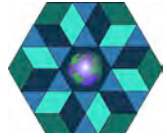
CEs available

[Download application form here \(2 pages\)](#)

Ruella Frank, Ph.D. has been exploring infant movement patterns and their relationship to the adult since the mid-1970s. She is founder and director of the Center for Somatic Studies, faculty at the New York Institute for Gestalt Therapy and also teaches throughout the United States, Europe, Mexico and Canada.

Ruella has authored chapters in various publications as well as the book *Body of Awareness: A Somatic and Developmental Approach to Psychotherapy*, available in four languages (GestaltPress, 2001), and co-authored the book *The First Year and The Rest of Your Life: Movement, Development and Psychotherapeutic Change*, Routledge Press, 2010, available in three languages.

**For further information and to apply, visit the Center's website at
www.somaticstudies.com or send an [email](#) with your contact information.**



The Gestalt Institute of Cleveland's (GIC) mission is to enhance the awareness and skills essential to building authentic relationships and powerful, positive change in individuals, groups, organizations and communities.

Upcoming Workshops

From Isolation to Intimacy: A Relational Journey

Shame and the defenses we develop for managing shameful feelings are among the most difficult of all our life experiences. The isolation some of us and many of our clients and loved ones feel when shame is triggered leaves us paralyzed and unable to find support or healthy comfort. Come explore strategies we use to defend ourselves from further wounding and learn how shame can open us to finding our way to wholeness and intimacy.

Carol Swanson, MSW & Deborah Ullman, MA

November 15-17

Cultivate Transformation in Your Significant Relationships

Significant relationships (with a partner, spouse, colleague or friend), have challenges, but also wonderful possibilities for growth, healing, and transformation. In this workshop, we introduce the pathways of transformation available in a relational journey, and model the facilitation of embodied presence from a Gestalt perspective.

Phil Belzunce, PhD & Lalei Gutierrez, PhD

Nov 9-10 & Dec 1

Leading Congregations with Presence: Integrating Love and Power

This workshop is an immersion into the application of core principles of Gestalt, focusing on how to maximize use of self to transform congregations. Participants will learn how to increase availability for dialogue and relations, recognize resistance in their congregations, and support resistance in the service of creating opportunity for change in their congregations and communities.

Rev Tamara Lebak, John Griffin, PhD, Herb Stevenson, MA, & Ann Carr, MA

December 10-12

Body and the Erotic Field: Reclaiming our Healthy Erotic Spirit

How is it to be a person in your sexual/erotic body self in a positive way? How can our natural being of Eros, the life force, impact others without abuse or power but from the flowing of our excitement of being alive? In this workshop, through movement exercises, meditations, and journaling we will explore how to use and celebrate our energy and decrease the corresponding shame which often impedes our sense of embodiment.

Michael Clemmens, PhD & Ellen Hoffman, MA

December 14-16

Save the Date

Complex Ground: Working With Addiction and Personality

Michael Clemmens, PhD

January 12-13, 2013

Gestalt Experiences in Relational Power: Legal & Ethical Considerations

Ansel Woldt, EdD & Logan Lamprecht, PhD

January 25, 2013

Accreditation The Gestalt Institute of Cleveland is approved by the American Psychological Association (APA) and the State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board to provide continuing education to psychologists, counselors and social workers. Selected programs and workshops are approved by the International Coach Federation (ICF) to provide continuing coach education & training.

registrar@gestaltcleveland.org

Call 216-421-0468

www.gestaltcleveland.org

Gestalt Coach Certification Program

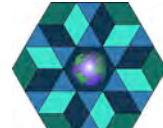
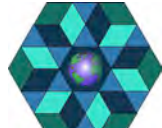
Gestalt offers a dynamic, holistic, and creative approach to coaching. Ours is an integrated program that recognizes the unity of mind, body, spirit, and emotions, as well as the critical role of relationships in fueling awareness and growth. Whether you are a practiced or aspiring coach, come gain awareness and personal presence, expand your coaching knowledge and skills, and deepen your work with clients.

Most coaching programs help you practice a list of competencies. The Gestalt Coach Certification Program goes beyond this piece-meal approach; we teach, demonstrate and facilitate your practice in a Gestalt coaching methodology. Based on how adults interact with and learn from the environment, a Gestalt methodology gives coaches a principled framework for working with clients that consistently supports the clients' learning and maturation.

Participants receive GPCC™ certification upon successfully completing the program. The Gestalt Coach Certification Program is accredited by ICF (as an Accredited Coach Training Program: ACTP) and by the Center for Credentialing and Education (CCE). Upon successful completion of the program, you are eligible to apply to the ICF and CCE for their coach certification.

**Four 4-week sessions over 6 mo
Begins November 2012**





The Hero-ine's Journey

A Personal and Professional Retreat in Sacred Mayan Land (at Aventura Spa Palace)

As coach, clinician, healthcare professional, or spiritual seeker, living in these extraordinary, ever shifting times, you may be examining your unique life purpose and meaning; experiencing the impact of a major life transition such as a job or relationship loss, health challenge, or spiritual questioning; and/or sensing something within that inspires you to make a difference in the world.

If so, then join us for a 5-day Hero-ine's Journey workshop as we retreat into the Riviera Maya at the heart of Sacred Mayan Land on the Mexican Yucatan Peninsula for the opportunity to redefine yourself in a manner that integrates body, mind and spirit; to identify clues to life purpose lessons; to renew and invigorate yourself as you reclaim your vitality, balance and wholeness; and to redefine your authentic hero-ine self in your personal and professional goals.

This retreat will help you

- ❖ *Clarify the meaning and purpose of your life's journey and work*
- ❖ *Identify and articulate latent feminine and masculine wisdom within yourselves*
- ❖ *Use your identified wisdom to create a plan to help clients to identify their own wisdom*
- ❖ *Apply embodied skills to facilitate clients' focusing on purpose in life and work*
- ❖ *Identify the impact that major life transitions, such as job or relationship loss, health and spiritual challenges, have on your personal and professional self effectiveness;*
- ❖ *Design methods to facilitate your own and clients' managing of the impact of major life transitions to preserve effectiveness*
- ❖ *Apply non-traditional therapeutic activities such as ceremony, ritual, meditation, movement, sound and energy processes to facilitate work with clients*

For More Information
216-421-0468

Facilitators

Phil Belzunce, PhD
Lalei Guterrez, PhD
Roger Hess, PhD
Rosanna Zavarella, PhD

**January 27 through
February 1, 2013**

January 27
5:30-9:00 pm

Other Days
6:30am-12:00pm
2:00pm-4:00pm
8:00pm-9:00pm

The Aventura Spa Palace is a magical setting in the Riviera Maya that offers an opportunity for renewal and purification of body, mind, spirit and our relational field of connections. Within the embrace of a luxurious spa hotel, we have the opportunity to relax and renew ourselves. Our group will have private meeting areas both inside and out, where we will hold our Hero-ine's Journey retreat. Located on the spa grounds is an area dedicated to the Temescal, the ancient sweat lodge of the Aztecs and Mayans.

Visit the GIC website to register and for a daily overview, and further information about the accommodations, location, & refund policy

Register before October 15

\$795

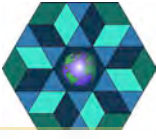
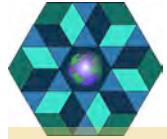
(After October 15)

\$900

30 Instructional Hours

Gestalt Institute of Cleveland
1588 Hazel Drive
Cleveland, Ohio 44106

www.gestaltcleveland.org



Leadership in the 21st Century

For Senior Executives

October 14-19, 2012 & March 10-15, 2013

With New Faculty:

Fran Johnston & Gerry Gaetz



GISC's premier leadership development program, is designed for upper level executives in business, education, government and non-profit service organizations who wish to deepen their capacity to lead a high-performing organization.

This core training program consists of two week-long sessions spaced several months apart, linked by individual one-on-one executive coaching sessions for optimum learning and leadership growth.

Session One: Understanding Myself as a Leader - This work focuses on enhancing participants' self-perception and building leadership presence. The unique opportunity to receive feedback from peers and faculty and to expand their range of behaviors allows participants to make an immediate impact on their practical leadership skills.

Session Two: Leading Groups and Influencing Change - This work focuses on the skills required for leading and participating in groups, and involves extensive practical experience in how groups function most effectively. The renowned Cape Cod Model will be applied to leadership, and experiential sessions provide intensive practice in conducting impactful meetings and obtaining commitment to joint actions. The important dynamics of power issues will be addressed, along with a comprehensive model for managing change.

Individual Executive Coaching - Each participant will be paired with an experienced executive coach. They will work together during and between both sessions to explore specific application of the learning to their role and organization.

Skills for Influential Leadership:

An Overview, October 10-12 - A comprehensive introduction to GISC's leadership development principles for executives, managers, business owners, and others interested in practice and exploration of their leadership style, individual presence and influence, and managing resistance and organizational change. Skills for Influential Leadership gives an overview of GISC's approach to leadership in a short, fast-paced program, and incorporates practice with participants' own real-world challenges. [Learn more.](#)

The Practice of Leadership

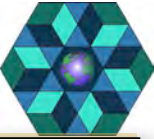
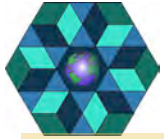
for Individual and Group Effectiveness, November 5-9 - This five-day intensive, highly-interactive program is designed to enhance leaders' understanding and practice of leadership in depth and maximize individual, group, and organizational effectiveness. Participants will identify organizational challenges and learn how to apply GISC leadership principles to address those challenges, develop knowledge and experience of self-leadership, and improve their ability to get things done with others. Participants will improve skills for managing differences and resistance, and learn how to build new levels of trust, appreciation, and teamwork with others in their organization. [Learn more.](#)

Leading Virtual Teams:

Increasing Virtual Work Effectiveness, November 2-4 - This program is designed to provide leaders and others who work virtually with tools and techniques to increase effectiveness as virtual leaders and team members. The program addresses the new challenges that team members and their leaders face as they learn to establish meaningful connections with one another, thus maximizing the power and opportunities of being linked virtually through technology. [Learn more.](#)

Got a message to share?

**Let us know what's up in your part of the world! Post a personal note
or an organizational invite www.aagt.org**



Dr Stella Resnick

The Embodiment of Love: Enhancing the Pleasures of Attachment, Romance & Intimacy, October 13th, 2012

I want to invite you to attend my new UCLA Extension seminar, [The Embodiment of Love: Enhancing the Pleasures of Attachment, Romance & Intimacy](#).



Deepen your relationship by recognizing everyday barriers to intimacy and expanding on the emotional and pleasurable connections with your partner.

In-class discussion topics include:

- Subtle cues (body language, posture, tone of voice, etc.) that can enhance or limit intimacy
- Body-based methods for personal and mutual stress regulation and valuable skills for pleasure enhancement that can increase emotional and physical fulfillment

When: Sat, Oct 13, 2012, 9am-4:30pm

Where: Westwood: UCLA Extension Lindbrook Center, Room 209

[Click here](#) for full course information and easy online enrollment.

This 700-level course is for cultural and general interest and does not offer continuing education credit. This course will not appear on student transcripts. For continuing education credit, please visit uclaextension.edu to view one-day courses for mental health professionals.

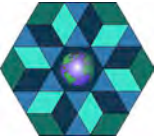
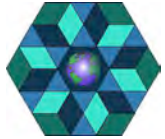
Hope to see you there!

Stella Resnick, PhD



LET YOUR VOICE BE HEARD
Join the AAGT members list serve to
take part in email discussions

WWW.AAGT.ORG



***European* Film Screenings *NEW*
Contemporary Gestalt
Therapy Films**

with

Robert W. Resnick, Ph.D.



***European* Gestalt Therapy
and Couples Therapy
Training Workshops**

with

**Rita F. Resnick, Ph.D.
Robert W. Resnick, Ph.D.**

**gestalt associates training los angeles
www.gatla.org**



Films:

Bob will be screening a new 30 minute introduction to Contemporary Gestalt Therapy based on field theory, phenomenology and dialogue - a daunting task as no two Gestalt Therapists would say the same thing - and even the same Gestalt Therapist would be likely to say some different things on different days. Grounded in existentialism, process and awareness, Bob articulates both the developmental and therapeutic models of the Gestalt Therapy approach. This new introduction was first seen at AAGT's Puebla conference in May, 2012 with Spanish subtitles.

The introduction will be followed by two or three actual unedited therapy sessions from GATLA'S annual European Summer Residential Gestalt Therapy Training Programs. *These therapy sessions are unedited with nothing added or cut and no scripts or actors involved.* This is a *real* therapist working with *real* people dealing with *real* issues and in *real* time.

In the near future, and with the generosity of Gestalt Therapist translators all over the world, this new Introduction to Gestalt Therapy and all the therapy films will be available for distribution with subtitles in eleven languages - Spanish, French, German, Italian, Hungarian, Polish, Russian, Korean, Chinese and Japanese in addition to English. The hope is to introduce both experienced therapists and graduate students around the world studying psychotherapy to a contemporary model of Gestalt Therapy.

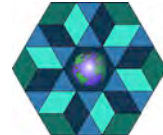
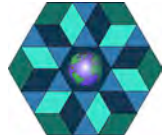
Workshops:

During October/November, 2012, Bob and Rita Resnick will be conducting training workshops and presenting these films in the cities listed below. Questions, comments and discussion are warmly invited.

Moscow, Russia:	(Gestalt, in Russian with translation) October 19-21, 2012
Vilnius, Lithuania:	(Couples, in English) October 23-24, 2012
Cork, Ireland:	(Gestalt, in English) October 27-28, 2012
Ljubljana, Slovenia	(Couples, in English) November 3-4, 2012
Lausanne, Switzerland	(Couples, in French with translation) November 10-11, 2012

Email Bob at BobResnick@aol.com for contact and registration information for each city.

Rita at ritaresnick@gatla.org



The Impact of Personal Loss on Professional Work: Help or Hindrance?

Gestalt Experiential Workshop with Vivienne Barnett and Piotr Mierkowski



Date: Saturday, 10th November 2012 **Time:** 9.30am - 1:30pm **Fee:** £40

Place: Trinity Church, 1 Beaconsfield Road, St Albans AL1 3RD

Murray Parkes & Prigerson (2010) describe bereavement as “a love tie severed”. It is generally followed by a process of grieving, which can be a painful experience. Bereavement counselling is a formal offer of support to attend to this process.

The aim of the workshop is to engage participants in considering to what extent their own past experiences of loss and separation may be impacting on their work with those who have been bereaved. In other words, do our own losses help or hinder our ability to support the bereaved?

This workshop offers an opportunity to focus on the experience of loss and separation, to heighten awareness of these issues, to learn about the way in which we habitually manage our losses, and the extent to which our own experiences might be present in our interactions with those who have been bereaved. There will be a mixture of experiential learning with interactive teaching and discussion.

The workshop is designed for counsellors and psychotherapists of all theoretical approaches - qualified and in training. The workshop can be for personal or professional development. An attendance certificate for CPD will be provided.

This will be a small group of about 15 participants, so book early to guarantee your place.

Vivienne Barnett BSc (Hons), MBACP (accred) is a counsellor/psychotherapist and supervisor, in practice since 1994. Vivienne has substantial clinical experience in various settings including acute psychiatric care and education. She likes the “common sense” approach of Gestalt and the way in which it can be used to create a better way of being in the world. Working with loss and transition has always been intrinsic to her practice. For the past two years she has been a supervisor with SABN. Vivienne sees clients in Camden Town for counselling and psychotherapy and offers supervision. Tel: 07722 177 366 Email: barnettvivienne@hotmail.com

Piotr Mierkowski MA, Dip Psych, UKCP, MBACP (accred), is a gestalt psychotherapist and counsellor in clinical practice since 1994. He has extensive experience of therapy with individuals, couples and groups from diverse cultures, race and sexualities. Piotr became passionate about the healing power of therapeutic dialogue whilst working for the NHS with individuals suffering with persistent body distress and the terminally ill. His particular interest lies in attending to the unique ways in which we relate to others and to events in our own lives. Tel: 07779 506 412 Email: piotr.m@ntlworld.com Website: www.gestalttherapist.co.uk

Vivienne and Piotr also have an established couples' therapy practice in which they work together as co-facilitators.



To reserve a place please return the booking slip and your payment of £40 to:

Vivienne Barnett, 121 Barker Drive, London NW1 0JZ
(All cheques to be made payable to Vivienne Barnett)

To pay by bank transfer please contact Vivienne: barnettvivienne@hotmail.com or 07722 177 366

Name: _____

I am a counsellor or psychotherapist: ☐

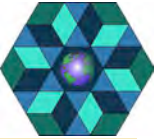
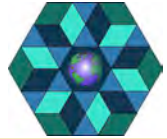
Email: _____

Trainee: ☐ Qualified: ☐

Mobile: _____

Please tick appropriate box.

For further information on the above workshop please contact the facilitators directly by phone or email
In case of cancellation or non-attendance we regret refunds will not be given.



Core Values Awareness & Personal Growth Workshop - Joseph de Paula

The goal of self-knowing may have been first articulated in Classical Greek Philosophy and Greek cultural life. The Sages of Ancient Greece, including Socrates, advocated that a Greek citizen should strive for the personal aspiration to "Know Thyself." In fact, over 2400 years ago on the front (forecourt) of the famous Apollo Temple at Delphi the words, "Know Thyself" were inscribed in Greek at the top of the building.

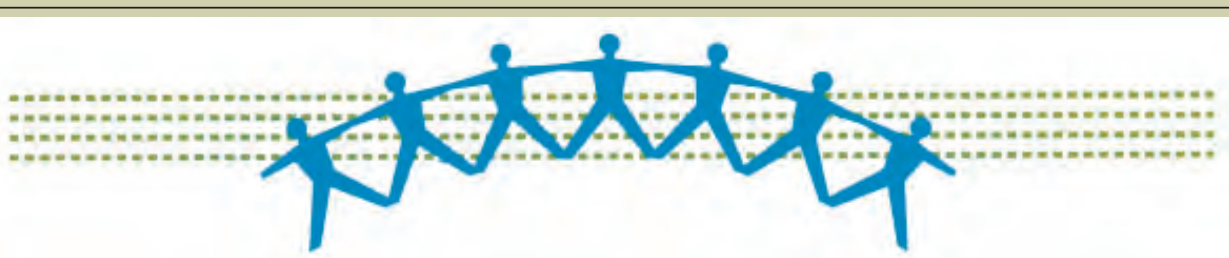
However, from the perspective of Gestalt Therapy we must expand our focus to include awareness of our entire organism and relationship to in the world. Our holistic focus needs to include not only our body, mind, spirit but also our social relations as the full way to truth & enlightenment and to personal change.

As part of our social relating we need to ask ourselves:

- How aware am I about what I need to survive and thrive as a social & emotional being in a world of others?
- Do I feel lonely and isolated at times? How does that happen and what can I do about it?
- How well do I get along with others in my daily life to meet my emotional and social needs in my friendship and support circles?
- What is happening in my family relations and my relationships with other non-family "intimates" in my life? How do I get along with people in my vocational or volunteer work setting?

As a Gestalt group process practitioner, my belief is a person can enhance his/her emotional and social intelligence by improving social/relational and other personal skills while participating personal development group and staying involved in the world. I am offering programs in the areas of personal development and coaching for individuals and groups to enhance their well-being and personal effectiveness in specific application areas such as intimate partner relationships.

In my group work I provide opportunities for this human relational development work, where people can develop themselves to live better, fuller lives with greater well-being, intimacy, resilience, well-being and personal satisfaction, working with others.



Core Values Awareness & Personal Growth 10 Sessions Group Workshop Series

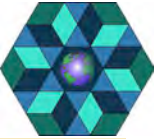
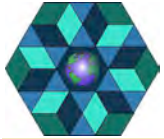
Do you know who you really are & what your core values are?

Achieve greater awareness of your true inner nature and discover how to align your personal values and style with practical actions to bring more success in life!

Learn about the Core Values Index (CVI) Assessment. Enroll now in a personal growth group! Regular on-going Sessions begin September 29th at the
Healing Arts Center of Phila. 123 Chestnut Street, Suite 204, Phila. 19106
(entrance on 2nd St. next to Plough & Stars Rest.)

Bi-Weekly Sessions begin **Saturday September 29th** & run until **January 2013**
For a total of 10 personal Growth Sessions
\$30 per session or \$250 W/ discount & Fee Reduction for Unemployed persons

To Register Call 267-761-8762
www.JosephdePaulaConsultant.com



Memorial Stone For Fritz Perls

On 12. October 2012 a Berlin-official memorial tablet honouring Fritz Perls will be put up on the apartment house in Berlin-Schoeneberg, Ansbacher Strasse 31 where he formerly lived.

DVG (German Association for Gestalttherapy) will be organizing a small ceremony. Besides the district major and representatives of DVG Board, Fritz' grandson, Bob Perls will also be present.

The tablet commemorates that from 1896 to 1908 Fritz Perls together with his family lived in this very house. After his studies in Frankfurt where he happened to meet his-wife-to-be Laura, he started in the late twenties as a psychoanalyst in his own practice in Berlin. Both, Laura and Fritz, were active antifascists. In February 1933 he together with his wife and daughter fled to Johannesburg. In 1947 the family emigrated to New York. Fritz died in Chicago in 1970.

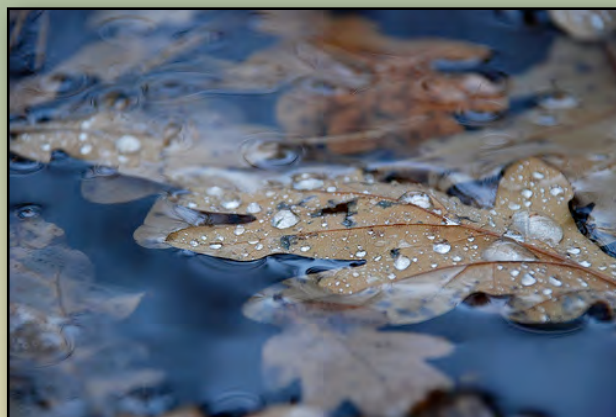
For further information contact:

Christof Weber
Gestalttherapeut (DVG)
European Certificate for Psychotherapy (EAP)
Hewaldstraße 5 10825 Berlin

Tel 030 - 851 32 89 Fax 030 - 851 35 31

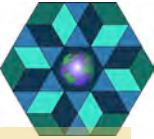
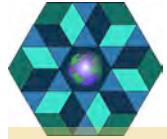
www.galerie-christof-weber.org

www.kunstlerhausberlin.org



Keep Gestalt Alive!

Send your views and creative offerings to be included in the next newsletter to alex schlotterbeck alexschi@hotmail.co.uk



Books

Tales of a Wounded Healer by Gestalt psychotherapist Mariah Fenton Gladis is now available as an eBook for your **Kindle** or **iPad**.

"I'm in the middle of reading Mariah's book—I'm on the chapter "What Do You Need?" (Answer: so much that I cannot even begin the list!) I've always known that my life was not what it should have been; years of self-help books, introspection, and professional counseling haven't shed as much light on the cause(s) as this one chapter in this very special book. Mariah has a way of very simply and effectively identifying the elemental building blocks of dysfunction so that they're crystal clear. I see so much of myself in here, and so much plain, logical information on what I need to do to achieve emotional health. Inspiring, and kind of overwhelming at the same time. She is truly remarkable." —W. Pedersen

For Kindle

Simply navigate to the Kindle Store on your Kindle, search for *Tales of a Wounded Healer* and purchase it as a download. Done.

You don't need to own a Kindle device to enjoy Kindle books. Kindle books can also be read on your iPhone, iPad, Android devices, BlackBerry, Windows Phone 7, Mac, PC, or web browser with a free Kindle Reading App. That means with a free Kindle Reading app, you can buy a Kindle book once, and read it on any device with the Kindle app installed. Click here for a free reading app. http://www.amazon.com/gp/feature.html/ref=sa_menu_karl4?ie=UTF8&docId=1000493771

If you'd like to directly to the Kindle eBook store at Amazon, go to http://www.amazon.com/Kindle-eBooks/b/ref=sv_kinh_2?ie=UTF8&node=1286228011

For iPad and iPhone

Go to your iBooks app and tap the Store button at the upper left of the library. The bookshelf will flip around and reveal the iBookstore. Search for "Tales of a Wounded Healer" and purchase. It's that easy. If you don't have the iBook app, it's free at the app store.

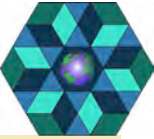
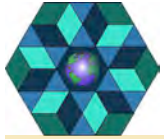
Psychoanalysis Radical and Conservative by Philip Lichtenberg

is now published on Kindle Direct Press as an epublication for Kindle, iPad and other such readers. It is also accepted to the KindleProject, KDP which allows free borrowing and wider promotions worldwide. The hardcopy version is currently in review and will be released soon. It is available to view at

<http://www.amazon.com/dp/B008GTH4HO>

Also the Community, Psychotherapy and Life Focus: A Gestalt Anthology of the History. Theory and Practice of Living in Community has already hit the Amazon Hot New Releases list with the Kindle edition at number 3 and the hardback edition at number 12. You can check it out at

<http://www.amazon.com/gp/new-releases/books/15811721>



“C” Creating Contact and Change by Tine van Wijk

To create the C factor we need the Hot Fires of groups. To become porcelain a pot made of clay needs the hot fire of the oven. Just to stand in the sun is not enough. It is the same for people. To stoke the fires we organize groups like conferences, workshops, love affairs, families, businesses, power struggles, parties, classes, theatre plays, concerts, demonstrations, sport matches, teams. Staying in the heat of the group allows us to grow and become a better human being.

Higher levels

The steps we will follow in this book are based on the idea that groups are learning communities, where people gather to solve personal and interpersonal problems. We will focus on how it is to be part of a group coming where we come from in relation to the roles we 'play' in life. What do we need, what is our aim? How is it to realize that learning implies changing behaviour, not only for the sake of adaptation, of adjustment, but for a movement toward higher levels of awareness and self-actualization.

Logos and Gnosis

The Greeks have two words for Knowledge: Logos and Gnosis. Logos is what can be learned through education and scientific inquiry. Gnosis is what can be known through intuitive feeling and spiritual or mystical experiences. Logos is rational, objective, logical, expressible in words or numbers. Gnosis is subjective, non-rational, nonverbal, expressible through images, poetry, metaphor, music and is often un-proveable.

Every sacred experience is subjective: the sense of oneness with the universe, or with the sacred, a timeless moment filled with beauty, spiritual insight and grace is gnosis. The words in this book mostly emerged the gnosis way. They are meant to stimulate you to find your own gnosis path and experience the transformative power of giving your soul a voice.

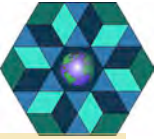
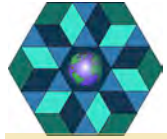
What can you expect?

By reading and writing yourself you will learn about your own creative power, your longing to make contact, to connect, to change, to express your commitment, to satisfy your curiosity and you will learn about the magic, the mysteries, the dark sides and the chances groups offer you.

It is not about achieving, yet in the back of our heads we long to create a work of art like a book, a painting, a stage play, a poem, a song, a film, a photo or whatever work of art we dream of. In the book you will find numerous guidelines and questions to bring you into motion. To understand what your life is about you can dance, write, paint, sing or sculpt. Only reading about adventures is not enough, you have to DO something yourself. More on:

www.schrijfdeonderstroom.typepad.com/C





Our Executive Council and Board

President (2012-2014)

Gail Feinstein
80 East 11 Street - Ste.517
New York, NY 10003
Email: gail13feinstein@aol.com
917) 914-8941

Vice President (until Annual Meeting 2013)

Cathy Gray
426 Haverford Avenue
Narberth, PA 19072 USA
Email: cathybgray@gmail.com
Phone: (610) 667-4770

Phone: (610) 667-4770

President Elect

Patricia Tucker (until Annual Meeting 2013)
451 W 48th St. #2E
New York, NY 10036
PTucker@aol.com
(212) 595-9556

Secretary

Rodney Cole
302/3-5 Greenknowe Ave
Potts Point NSW 2011 Australia
Email: rodney_cole@hotmail.com

Treasurer (2010-2013)

Burt Lazarin
276 Fifth Avenue,
Suite 1011,
New York 10001-4509
Email: brlaz@aol.com

Continuing Education Officer

Dina Miller
P.O. Box 141122
Columbus, Ohio 43214 USA
Email: Dinamiller3@aol.com
Phone: (614) 563-6571

Archivist / Associate CE Officer

Ansel Woldt
511 Beryl Dr.
Kent, OH 44240 USA
Email: nanselw@aol.com
Phone: (330) 673-8729

Communication's Director

Brian Mistler
Health Services, Ringling College
2700 N Tamiami Trail
Sarasota, FL 34234
Email: brian@onlinepsy.com

Newsletter Editor

Charlie Bowman
9292 N Meridian St, Se 311
Indianapolis, IN 46260 USA
Email: aagtone@gmail.com
Assistant Newsletter Editor

Alexandra Schlotterbeck

4a Wynell Road
London, SE23 2LN UK
0044 (0) 7728 565 353
alexschi@hotmail.co.uk

Interest Group Coordinator

Joe DePaula POB 2068
Philadelphia, PA 19103
(215) 563-3332
Email: joseph.depaula@gmail.com

Membership Co-Chairs (2010-2012)

Maryanne Nicholls
60 Northcote Ave.
Toronto, ON M6J 3123
CANADA
Email: maryanne.nicholls@gmail.com
Phone: (647)-299-1045

Nancy Woldt

511 Beryl Dr.
Kent, OH 44240 USA
Email: NancyWoldt@aol.com.
Phone: (330) 673-8729
Email: nanselw@aol.com

Organizational Rep Co-Chairs

Marlene Blumenthal
21403 Chagrin Blvd #210
Beachwood, OH 44122
(216) 513-1805
Email: marloblum@yahoo.com

Anna Bacik

anna_bacik@yahoo.com.au

RCP Representative

Adam Kincel
adam@gestalt.uk.com

RDF Liaison

Deirdre Winter
winter@transwinter.de

Administrative Assistant (until

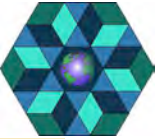
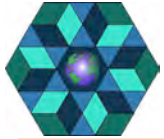
Brad Larsen
POB 42221
Portland, OR 97242
Email: admin@aagt.org
Phone: (503) 877-9606

Scholarship Co-Chair (2010-2012)

Bud Feder
539 Valley Rd
Montclair NJ 07043 USA
Email: bfeder@comcast.net
Phone: (973) 746-6815

2014 Conference Organizers

Peter Cole peterhayscole@gmail.com
Daisy Rees daisyreese@hotmail.com



YOUR AAGT NEWSLETTER IS HERE!

Communications Director Brian Mistler
Newsletter Editor Charlie Bowman
Assistant Newsletter Editor Alex Schlotterbeck

Publication Guidelines:

Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and the creativity and interest of the membership. Letters to the Editor should be succinct and to the point. All material submitted remains the property of the Newsletter staff. Deadlines are final. Style can be informal, but should be good writing. All material is subject to editing to fit the parameters and needs of any given issue of the Newsletter. The content herein represents the opinions of contributing authors and not the opinion, policies or procedures of AAGT unless otherwise specified.

Let Us Get To Know You!



Type to enter text

Photo Credits:

Page 1 Autumn Butterfly, John from Canberra, Flickr Creative Commons
Page 2, Autumn in Upstate New York, David Warlick, Flickr Creative Commons
Page 3 Autumn Leave, Bimiers 2, Flickr Creative Commons
Page 4 Toad Stool, Miss Teee, Flickr Creative Commons
Page 9 Appalachia At Sunrise, Patrick 429, , Flickr Creative Commons
Page 13 Leaves On Concrete, Jeremy Jaune, Flickr Creative Commons
Page 14 Green Tree, Pete D, Flickr Creative Commons
Page 22, Autumn Berries, Aunt Owwee, Flickr Creative Commons
Page 26, Autumn Tears, Renee, Flickr Creative Commons
Page 33, Autumnal Rainbow, Jason Hill, Flickr Creative Commons