

AAGT

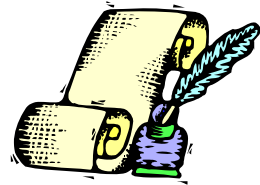
Association for the Advancement of Gestalt Therapy
An International Community

**News for
AAGT
Members!**

November 2011



AAGT Covenant of Community



- ~ *We will undertake and encourage one another to engage in ongoing dialogue with one another and to remain open and in contact when choosing to withdraw temporarily from dialogue.*
- ~ *We will undertake to recognize, acknowledge and own our projections, to check out our assumptions, and to encourage one another to do so.*
- ~ *We will undertake to maintain community through patience and understanding.*
- ~ *We will undertake to support the needs of the members of our community.*
- ~ *We will undertake to stay with even difficult dialogue, acknowledging the need for space and refreshment when hungry, tired and frustrated, but not abandoning one another.*

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~ *We will undertake to get and remain interested in the impact our behavior, words and intentions have on one another.*

~ *We will undertake to put our desire for and interest in power (in whatever form) out on the table along with being honest and direct in other arenas.*

~ *We will undertake to attend carefully to language or other communication that objectifies the other.*



Lynn is retiring as RCP and welcomes Denise Kraj as the new RCP. We thank you, Lynn, for your 6 years of service and on-going support of the AAGT South West Region.

The past several months the we have struggled as a board as we search for a balance between the needs of the individual and the needs of the community, particularly when it pertains to opening a discussion to the larger community when to do so would expose an individual. We are finding our way through difficult questions through intense conversation and sharing, questioning our inclinations and intentions, as well as our proposed actions.

I am looking forward when we will come together again face to face as a community in Puebla. I hope to see you there.

Best wishes to all,

Cathy

I have just returned from an exciting weekend at the Southeastern Regional AAGT Conference. What a treat. The mountains and hills surrounding Asheville, North Carolina, were ablaze in their autumnal colors. The cool brisk air rattled the leaves and caused us to wrap our jackets close.

Perhaps that which stays with me from the weekend, in addition to the natural splendor, is the memory of the lively gathering of enthusiastic and interesting people that Anne Liebig gathered together, and Anne's clear love of AAGT. Anne even suggested to the group that they read our bylaws as a model of an organization which strives to conduct ourselves according to Gestalt Therapy theory principles. I do not see many running to read the bylaws, but it does point to Anne's belief in our joint endeavor as a community.

The work of the Regional Contact Person (RCP) at the local and regional level is where there is liveliness and growth for Gestalt Therapy theory and in some arenas, for AAGT as well. The bi-monthly Skype calls of RCPs helps to keep them inspired, connected, and energized in their work. This was Anne Liebig's 5th year putting together a regional conference.

Noriyoshi Okada, a newer RCP from Japan, reports that they held a successful 2 day conference with 70 participants in attendance. Sylvia Crocker was there invited keynote speaker. Congratulations, Noriyoshi, on your successful conference.

This year marked, also Lynn Stadler's 6th year as RCP and the 16th year of the South West AAGT Regional annual meeting in Santa Barbara.



Read the AAGT
Constitution
and Bylaws
Here!

There is a last burst of bloom before winter comes here in the Northern hemisphere. All around, trees and plants are ending this year's cycle of growth. The sun is rising later now and nightfall comes sooner. A chill is in the air.

South of the equator, spring begins. As we trade places in receiving the sun's light and warmth most directly, Earth's two hemispheres are receiving the sun's rays equally now.

Here in the North, autumn's beauty disappoints with its subtlety. Many trees are bare. And leaves that were spared by Hurricane Irene are dull. Closer attention is needed to see the muted colors that blanket the mountainsides. The heart-breaking devastation affects the changing of the seasons. Once again, life offers its utter beauty and treachery to us.

Most of the color is yellow now. The reds and oranges are barely to be found anywhere. Looking closer, black spots pop out from the yellow leaf – a new visual image. Even though we are far from the ocean, the wild weather has brought the salt from the ocean's

body here into the mountains to produce these rare markings.

A 'not so gentle' reminder of how deeply affected we are by the other although the other is out of our conscious awareness. And things we have never seen before and things we have never dealt with before come our way all the time.

So here we are with several novel challenges in our foreground. Engaged as a community, we are grounded and strong supporting each other as we venture into uncharted territory.

An amazing thing happened this morning. I was driving over the mountain and noticed that the leaves had changed to being deeply vibrant and bright. Just as I exclaimed, "How could this be!?" the woman on the radio explained that the early morning frost of the last few days brought back the rich color. Astounding! What a sight to behold!

~ Gail

[AAGT Board Minutes Online](#)

The AAGT Board Minutes can be viewed online at www.aagt.org. Click on the "About AAGT" link, then go to the AAGT Executive Council.

[Join the AAGT Member's List](#)

To join the AAGT Members list e-mail your request to aagtone@gmail.com

Don't Forget to Check Out the New Membership Brochure Available On-Line at <http://www.aagt.org>

MEMBERSHIP DUES ARE DUE

Renew for News& Benefits

Review the Fee Schedule at

WWW.AAGT.ORG

Click on: [join/renewmembershipnow](#)

NOT **a Member ? Join NOW !**

AAGT members can benefit from the
2012 Puebla Mexico Conference rate reduction

Plan to Attend:

11th International Conference

May15-20, 2012

Puebla, Mexico

Discover your Member List Serve

AAGTMEMBERS@LISTSERV.ICORS.ORG

Be Part of Your Gestalt Community

AAGT Members Enjoy 2012 Puebla, Mexico Conference Rate Reductions



AAGT's 11th BIENNIAL INTERNATIONAL CONFERENCE

Association for the Advancement of Gestalt Therapy. *An International Community*



AAGT
2012

Culturas, contacto, cambio

**Early-bird
rates extended
thru Nov 30
Register Now!**

CULTURES, CONTACT, CHANGE

Puebla, Mexico May 17-20, 2012

Pre-Conference May 15-16

www.AAGTPuebla2012.info

Acknowledging Erv Polster for his lifetime contributions to Gestalt Therapy

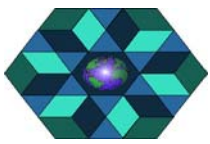
Plenary Presenters

Michael Clemmens, Jean Marie Delacroix, Miguel Jarquin,
Talia Bar-Yoseph Levine; Moderator: Toni Gilligan

Invited Workshop Presenters

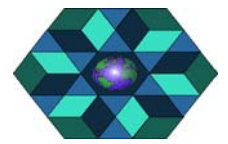
Guadalupe Amescua, Dan Bloom, Judith Brown, Ruella Frank, Myriam Sas deGuiter,
Philip Lichtenberg, Myriam Munoz, Hugh Pigeon, Hector Salama, Norman Shub, Carmen Vasquez

*Join your colleagues for Community, Enrichment & Growing Edge Theory
Enjoy the beautiful colonial town of Puebla—A World Heritage Site*



AAGT Conference 2012

AAGT Conferencia de 2012



6

Viva Mexico!

It is honestly with great pleasure that I remind those of you who already knew, and invite those of you who didn't to join us at the fabulous conference that AAGT is planning in Puebla, Mexico, May 15-20th, 2012!

Perhaps from the inside, with time, with the little things eating away at the simple joy of being together and doing what you do, the AAGT passes to become just another part of professional life. I don't know, as I'm new here. What I do know is that right now, there are many, many people here in Mexico looking forward to the novelty of welcoming a group of Formal Professionals and Scholars from all over the world. This conference is an opportunity for us all to take Gestalt practice and living to the next level, overcome institutional boundaries and grow in every sense possible.

We are looking forward to learning and living together with you all, as well as showing the world what a different flavor a little bit of spicy Mexican Picante brings to things. Here, the passions, warmth, and tremendous spirit of the people make everything just that much more intense- in and outside of therapy! Be it the folk dancing, the mariachis in the plaza, the painters, the native artisans, here there are sounds and colors like nowhere else on earth! And need I mention that Mexican Cuisine is among the most varied and sumptuous in the world- from grasshoppers and ants to fine tequila and fine wines, there is something for every taste, and then some.

Come, live it, share it, take a little bit of it home with you. You may even end up falling in love and living here for years like I have, who knows... You won't find out if you don't register, so check out www.pueblaaagt2012.info today!

~Heather Keyes

Scholarship News

The Scholarship Fund Committee has received a record number of requests in both English and Spanish. Our committee is facing the challenge of more applications than financial resources. Our intention is to help as many people as possible however we anticipate some disappointment. We are mindful of our international membership and appreciate all the members who contribute time and energy

to our organization. The first round applicants will be notified on 1 November. If there is more money pledged to the scholarship fund in the future, we can have a second round of grants in January. We hope that you will appreciate that we are doing the best we can given the reality of the global recession which is impacting all of us.

~Judy Graham Co-Chair

Appreciating Our Conference Sponsors

Organizations and Individuals who contribute \$250 benefit through the opportunity of having their name and logo added to the homepage of the AAGT website with a link to their own home pages. In addition, their name and logo will be published in the printed program of the conference. They will also have the benefit of an individual table at the Conference for sales and advertising as well as space in the quarterly AAGT newsletter.

Sponsorship is available during the registration process or by contacting Brad Larsen, AAGT's Administrator at admin@aagt.org. We appreciate the financial support of the following Conference Sponsors. Their contributions help to keep our registration fees at the current level.

British Gestalt Journal

CESIGUE

Center for Somatic Studies

GATLA

Gestalt Associates for Psychotherapy

Gestalt Institute of Central Ohio (GICO)/ Business of People (BOP)

Gestalt Review

GestaltPress

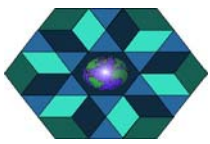
New York Institute for Gestalt Therapy

Pacific Gestalt Institute (PGI)

The Gestalt Therapy Institute of Philadelphia (GTIP)

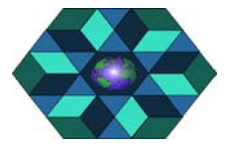
Universidad Gestalt

Instituto Humanista de Psicoterapia Gestalt



AAGT Conference 2012

AAGT Conferencia de 2012



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WE NEED YOUR HELP AS A PROCESS GROUP FACILITATOR

For more information please contact:

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Anne Leibig abjl@mounet.com;;

Neila Wyman neilawyman@aol.com.

The Process Group Committee: Perry Klepner, Chair. Marina Ayo Balandrano, Claire Asherson Bartram, Anne Leibig, , Neila Wyman.



CONFERENCE VOLUNTEER GUIDES NEEDED

Membership co-chairs Maryanne Nicholls and Nancy Woldt are asking experienced AAGT conference attendees to check the "GUIDE" box on the 2012 Conference registration form. You will be volunteering to have a ribbon identifier on your conference name-tag. The ribbon is an indication that you have attended previous AAGT conferences and may be a supportive resource for first time attendees.



May 17-20, 2012

PUEBLA, MEXICO

Pre-Conference Workshops

May 15-16, 2012



Support our Conference Sponsors!

**Business of
People**

Gestalt Associates for Psychotherapy



CESIGUE
Al Servicio de la Vida

**Instituto Humanista
de Psicoterapia Gestalt**



Center for
Somatic Studies

PGI

Pacific Gestalt Institute

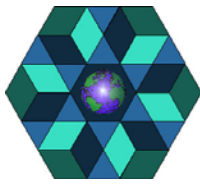
www.gestalttherapy.org

**Universidad
GESTALT**

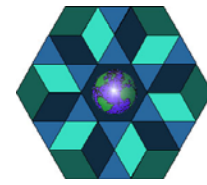


**The Gestalt Therapy
Institute of Philadelphia**





Regional News



www.aagt.org

Association for the Advancement of Gestalt Therapy – Australia North 3rd Annual AAGT Gathering & Retreat 25th – 27th November 2011

Holding the Centre – Gestalt Psychotherapy in a Changing World.

"One's history and aspirations, past and future are enfolded within the thickness of the present moment."

Jean-Marie Robine

Location: Gunebah Retreat, Nobby's Creek NSW
Cost: \$300 (covers registration, all workshops, 2 nights accommodation and all meals)
To register: Email keiv@westnet.com.au
Call for presenters: As is our custom first time presenters are encouraged to take up the challenge. There will be three 3 hour workshops which will need to reflect the theme of this Gathering. Submissions need to be in by the 31st July.
Facilitator: Kerry Shipman

When the dominant mantra seems to be focused on doing doing doing, and where the broad, shallow and murky world of spin seems to be accepted uncritically by the unsuspecting masses as divine revelation, our sense of Being can seem to be somewhat battered and bruised.

Currently on the social, cultural, and environmental levels we are experiencing profound transitions; the old is dying but not yet dead and the new is coming to birth but is not yet born . No one is exempt from the impact of the convergence of this pan-transition. On a personal level, the beliefs and values that give or gave our lives direction and purpose seem less confident and constantly questioned. Commonsense has been hijacked by cultish ideologies based on a lust for certainty where ambiguity, paradox and not knowing have no place to breath. Issues like climate change are reduced to a simple matter of 'belief' and scientific data is glibly dismissed with obfuscation and indifference.

Gestalt therapy is grounded in Field Theory and Existential Philosophy so we, as therapists, are well equipped to support clients as they seek to discover their emerging ground from what can seem to be an existential quagmire.

This gathering will give us an opportunity to hold the centre in the midst of our diversity and in so doing reacquaint ourselves with our sense of groundedness in a way that reconnects with the wisdom of our unique experiences. We will co-create a space where the theory and practice of gestalt can be explored in a way that can honour our common ground and collective wisdom.

Cancellation Policy:

Full refunds available up to 31st August
Forfeit registration fee during September/October
No refunds after 31st October

This is an alcohol free event

AAGT conference in Puebla, Mexico

(May 17 - 20, 2012)



Group Time in Three Parts by Peter Cole

I

This place is familiar,
Though I've not been here before.
You gave me that book.
You know, the stories from Isaac Bashevis Singer.
Market Street, Warsaw.
A world gone vanished.
Yet from here I can hear an echo.

In Group Time, my memory is not so singular and boundaried.
I sense footprints long blown over.
I can almost feel the harsh hand,
Your mother's panicked 'shush!'
Your child's electrified stillness.

II

In Group Time, all time is present.
We enter together,
Finding in our joining,
That time is not flat, but spatial.
Remembrance is as from a bell tower,
Revealing the contours
Of the landscape below.

III

A wave dissolves
And becomes the sea.
Now a new wave forms.
Let us dissolve & evolve
Together for a time,
Here in Group Time.
Remembering all who brought us
To this scarred and sacred circle.

Do you know better?

by Tine van Wijk

Experiment:

*Open a poetry book,
read a poem out loud one, two, three times.*

Questions to consider: Did I find my tone?

Can I enter into poetry?

Then close the book and write

what you remember about the details.

Some time ago I did this experiment in a workshop and wrote:

'Remember the details of the poem

I did not listen so how can I remember details. I do remember the tone of the voice that read the poem. Isn't it strange that I was completely elsewhere? The tone of the voice told me that the reader thought what he was reading to us is valuable. Still, I did not listen to the content. Just was absorbed in the sound of the voice. What did I hear that made me go off on a journey? Was it the tone of beauty? The tone of innocence? The tone of I know what you don't? This thought gives me a nauseous wave in my throat. I have given myself the message that I am not a poet.

Poetry is an impenetrable language for me.

Poetry asks me to go into the dark caves of the spirit of the other.

I am unwilling to do this, unwilling to go there.

*I am too afraid to follow into the depth of time
and into the depth of the other.*

In Perls, Hefferline and Goodman on page 174 I read:

'I understand that the interest in the theme s/he gets from 'outside' is the natural excitement of the artist. The unfinished situations of the past and from the day's events feed her/ his creativity. But the technique is her/ his way of forming the real to be more real.'

From experience I know that when I sing what I have written, I will know better what my reality is.

More experiments in: C Creating Contact and Change in Communities:

www.schrijfdeonderstroom.typepad.com/C.

The manuscript will appear in print soon. I will keep you informed.

Korean Journal of Gestalt Therapy

We have issued the first edition of "the Korean Journal of Gestalt Therapy" last June, and will be issuing the second edition of it in December this year. ~ Jungkyu Kim

The Gestalt Center for Psychotherapy and Training

With both appreciation and regret, we announce that Ken Meyer, Ph.D., will be stepping down from the Administrative Roles of Academic Director and member of the Executive Committee. He will continue to teach and supervise. Ken has been a valuable resource to the Center through his work on the Executive Committee, particularly during the turmoil created by the new laws, and in representing the Center in the larger Gestalt Community.

In regard to his role as Academic Director, he is leaving the Center in good shape, having provided leadership that has enabled us to create a comprehensive and integrated curriculum, reading lists that include both classic and recent writings and seventeen new courses for the Licensed Psychoanalyst Program. The Center has been enriched by his understanding of gestalt theory, gestalt history, existential thought and Eastern philosophy.

In addition to teaching and supervising, his role now is helping enhance our presence on the Internet through our website, Facebook and referral sites, which will expand our ability to make ourselves known to possible trainees and clients.

Ken will also be continuing his role in the larger Gestalt Community -- organizing conferences, offering continuing education and doing more publishing.

On a day to day basis, we will miss Ken's collegiality, clarity in articulating issues and willingness to take on big projects. And we support him in having more time for his own professional explorations and writing.

The Executive Committee: M'Lou Caring, PhD, Rosary Immordino, LP, Shelley Orren-King, LCSW, Lenore Migdal, PhD, Michael O'Brien, LP

Training & Supervision in Contemporary Gestalt Therapy with Dan Bloom

Training and supervision in **New York City** and internationally on **Skype**:

Bi-weekly series: 1 ½ -hour workshop/seminars **reviewing basic gestalt therapy theory and practice** with a focus on the original 1951 model in ***Gestalt Therapy***, by Perls, Hefferline and Goodman.

Bi-weekly series: 1 ½ -hour workshop/seminars in **the development of contemporary gestalt therapy**.

This workshop considers gestalt therapy's relationships to phenomenology, existential psychotherapy, developmental psychology, contemporary psychoanalysis, and cognitive neuroscience.

Monthly 6-hour NYC workshops: These workshops include the above topics in an **expanded intensive format**. This format allows attention to **group development**.

"Learning Gestalt Therapy 'By the Book' ": Monthly international Skype group that closely reads **PHG** as it was originally taught at the New York Institute for Gestalt Therapy.

Supervision in individual, couples, or group psychotherapy.

These are **experiential and didactic workshops** and **seminars**. Also, they will offer opportunities to discuss actual **clinical cases** from participants' practices. More complete detail is on my website, www.djbloom.com. Contact me by email, dan@danbloomnyc.com, or phone, (212) 674-0404.

Continuity and Change: Gestalt Therapy Now

The book on the 2010 AAGT conference, *Continuity and Change: Gestalt Therapy Now*, will be published later this year. The book is about the AAGT. It will contain interesting and useful information about our history, about how the process groups originated and the theory behind them, and of course it will contain many interesting chapters from the various contributors.

~ Phil Brownell & Dan Bloom, Co-Editors

Continuity and Change: Gestalt Therapy Now describes what is quite possibly the most unique and significant gestalt therapy organization in the world. There are, of course, many other associations of gestalt therapists, but many of them are either much smaller or qualitatively different because they intend to certify and regulate their members. The Association for the Advancement of Gestalt Therapy (AAGT) does not certify nor regulate; its sole purpose is to advance the theory and practice of gestalt therapy through the associating of its members. This book both highlights the nature of contemporary gestalt therapy and makes known the existence and nature of the AAGT through the lens of its tenth biennial conference, which was held in Philadelphia, Pennsylvania, USA.

In 2010 the AAGT returned to the United States for a venue in its biennial conference after having been in Amsterdam in the Netherlands, Vancouver, Canada, and Manchester, England. It's regional growth had been sustained, and its international scope had become expansive. The 2010 conference, with its theme of continuity and change, was a look at contemporary gestalt therapy, and it also featured a significant and growing dialogue with recognized leaders in other clinical perspectives. The 2010 conference featured many long-time, recognized colleagues from the field of gestalt therapy, including many aging colleagues who trained personally with the founders of gestalt therapy. The conference proceedings were rich and varied.

This book includes papers based on pre-conference workshops, and conference presentations and panels. Chapter contributions emerge from the structure of the conference itself, and they include many of the most compelling thinkers and practitioners in the world of contemporary gestalt therapy.

Dan Bloom, JD, LCSW, is in Private Practice in New York. He is a former President of the Association for the Advancement of Gestalt Therapy (AAGT), former President of the New York Institute for Gestalt Therapy, a member of the European Association for Gestalt Therapy, former Editor of *Studies in Gestalt Therapy: Dialogical Bridges*, and is current Co-Editor for *Gestalt*, journal of the AAGT. Bloom is a chapter contributor to numerous volumes and conducts training in gestalt therapy internationally.

Philip Brownell, MD, PhD, is in Private Practice in Hamilton, Vermont. He is a Consulting Editor for the *European Journal of Qualitative Research* and Co-Editor for *Gestalt*, journal of the AAGT. Brownell is Series Editor for *The World of Contemporary Gestalt Therapy*. He is the author of *Gestalt Therapy: A Guide to Contemporary Practice* and *Gestalt Therapy for Addictive and Self-Medicating Behaviors* and has contributed chapters to numerous books as well as articles for various journals internationally.

Cover image © Philip Brownell

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www.aagt.org



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Dan Bloom and
Philip Brownell

Continuity and Change

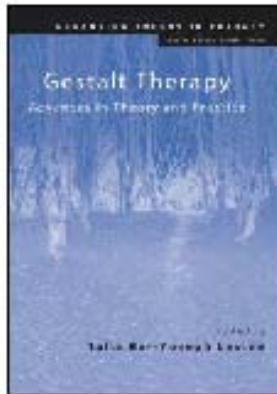
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Continuity and Change

Gestalt Therapy Now

Edited by

Dan Bloom and Philip Brownell



Gestalt Therapy

Advances in Theory and Practice

Edited by Talia Bar-Yoseph Levine

Writers - Polster E., Lichtenberg P., Yontef G., Bowman C., Gaffney S., Sapriel L., Jacobs L., Philippson P., Knijff E., Brownell P., Vazquez C., Clemmens M., Bloom D., Levin J., O'Neil B., Tudor K., Bar-Yoseph Levine T.

Gestalt Therapy: Advances in Theory and Practice is a collaboration of some of the best thinkers in the Gestalt therapy approach. It offers a summary of recent advances in theory and practice, and novel ideas for future development. Each chapter focuses on a different element of the Gestalt approach and, with contributors from around the world, each offers a different perspective of its ongoing evolution in relation to politics, religion and philosophy.

Incorporating ideas about community, field theory, family and couple therapy, politics and spirituality, this book will be of interest not only to Gestalt therapists but also to non-Gestalt practitioners, counsellors, psychologists, psychiatrists and other mental health professionals. Counselling, behavioural science and psychotherapy students will also find this a valuable contribution to their learning.

Paperback: 978-0-415-48917-1

Hardback: 978-0-415-48916-4

eBook: 978-0-203-15776-3

One Purchasing Option:

<http://www.routledge.com/books/details/9780415489171/>

GATLA Ecuador 2012

"A Couple of Individuals" *A Gestalt Training Workshop*



Jan. 22- 28, 2012
in the Cloud Forest of Ecuador
Robert Resnick, Ph.D.
Rita Resnick, Ph.D.

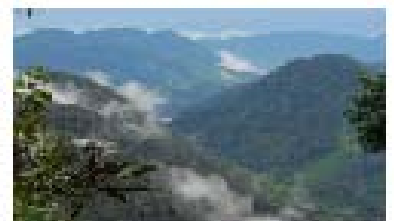


Bob and Rita Resnick are excited to be offering a 5-day, 6 night psychotherapy training workshop "A Couple of Individuals" nestled in the cloud forest of the Ecuadorian Andes mountains, an hour from Quito AND close to the magnificent Galapagos Islands. This will be an integration of both Gestalt Individual and the Resnick model of Gestalt Couples' Therapy – both from a phenomenological, process and field point of view.

ABOUT THE PROGRAM



A five day six night Residential Couples/ Individual therapy training workshop (Basic and Advanced levels) for therapists and allied professionals who work with couples and individuals and those interested in learning to work with both. Almost all therapy is about **RELATIONSHIPS** (romantic, parental, work, relationships with children, etc.). Therefore this workshop will focus on working with those relationships in both a dyadic and individual format. Each day, the Resnicks work live (and perhaps some video) with real Model Couples to illustrate their way of encouraging couples to authentically represent themselves – hopefully with grace and discrimination. The Resnicks will also work live with individual therapists in the group on their personal issues thereby demonstrating contemporary individual Gestalt therapy.



This will be a practical, "hands – on" workshop with daily supervised practice for all therapists. All clinical work will be related to theory – to clarify and to make both more meaningful and practical. The Resnicks are real therapists working with real couples on real issues. Daily small process groups are part of the program. Therapists and Model Couples come together to explore personal reactions to the theory and the clinical work in a warm, international, professional community of therapists and couples.

Our venue, Papallacta, is a stunning spa with natural hot springs, delicious cuisine, modern conference facilities and spa services. One of our trainees from Portland, Oregon lived in Ecuador for four years and is familiar with both the hotel and the people who run the hotel – saying both the place and the people are wonderful. The weather in the cloud forest is 20° C (70° F). Surrounding areas in Ecuador go from warm to very hot.

After or before our 5-day workshop, we are also organizing an optional trip to the incredible Galapagos Islands – truly one of the wonders of the world.

FEES: The workshop, inclusive of tuition, all meals, coffee breaks accommodations and thermal baths will be approximately \$1995.00 (1475 Euros).

MODEL COUPLES: (therapists or not) would enjoy a 50% discount.

Airfare, hotels before or after the 6-nights of the workshop, optional Galapagos tour are all additional. Please contact Bob Resnick if you have questions and/or interest in this workshop.

REGISTER ONLINE



SICGT

The Sierra Institute for Contemporary Gestalt Therapy
 Gestalt in Northern California since 1992
 Berkeley and Sacramento
 510-647-8894
www.sicgt.org

Faculty:

Joan Cole, PhD; Peter Cole, LCSW; Bud Feder, PhD; Daisy Reese, LCSW; Nina Unger, LCSW, RN

We are happy to celebrate our 20th year of Gestalt therapy in Northern California, USA. We have two events coming up:

The first will be a small process oriented Gestalt Group Therapy workshop on November 12 and 13 2011 co-facilitated by Bud Feder and Peter Cole. The title of the workshop is "Creating Contact in The Present Moment". We have a few spaces left – with a maximum of 12 participants.

Our second event will be a larger, one day workshop with Lynne Jacobs entitled "A Relational Perspective in Psychotherapy: Experiential Complexity and Intrinsic Ethics" on February Saturday February 25th at the UC Berkeley Campus.

We are thrilled that both Bud and Lynne will be sharing their wisdom with us here in Berkeley. If you are interested in participating in either or both workshops, please give us a call at 510-647-8894 or find us online www.sicgt.org. If you'd like to come from out of town for either workshop, we'll be happy to help you find a place to stay.

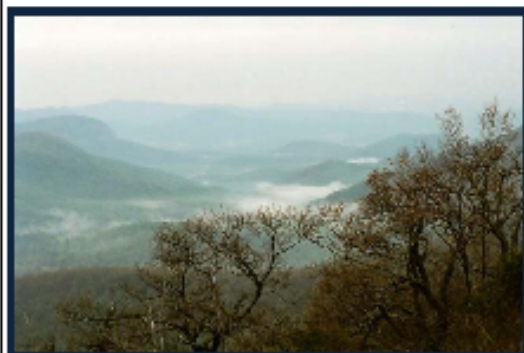
Peter Cole and Daisy Reese



"Gestalt therapy is about slowing down time to take in encounters with others."

"This training explores Gestalt therapeutic interventions and provides the freedom to explore a variety of possibilities."

— AGTI training participants



Sessions will be held on five Saturdays, three overnights and include participation in the Association for the Advancement of Gestalt Therapy's fourth regional conference, being held October 21st, 22nd, & 23rd. Our sessions are informal, user friendly, supportive, and fun. Join us!

Registration Form

Name _____ Address _____
 City _____ State & Zip _____
 Phone _____ Email _____

Tuition: \$995.00 { \$495.00 due by Sept 10, 2011, \$500 due by January 21, 2012 }

A non-refundable \$25.00 registration fee is due with completed registration form and will be applied to tuition.

*** Registration may be completed online at agti.org**

Payment

_____ Check {Make checks payable to "Gentle Bio-Energetics/AGTI", memo "AGTI Training."}

_____ Credit Card:

VISA/MC # _____ Exp. Date ____/____/____ Bank/Issuer _____

Cardholder Name _____ Authorized Signature _____

Return the registration form to AGTI, PO Box 19154, Asheville, NC 28815.

Enhance your therapy

practice... using Gestalt theory.

Deepen your whole person awareness...

emphasizing interpersonal relationships and personal growth.

And have fun!

The trainings offer a background in counseling theory and attention to clinical practice, values, and skills. Training for professionals and non-professionals alike!

What: Appalachian Gestalt Training Institute — Asheville NC — An Intensive Training Series

When: Overnight sessions:

September 23-24, 2011

March 9-10, 2011

May 11-12, 2011

October 21-23rd AAGT/SE Conference

Saturday sessions: 11-12-11; 12-10-

11; 1-21-11; 2-21-11; and 4-21-11.

Where: Overnights will be held at The YMCA BLUE RIDGE ASSEMBLY Black Mountain, NC.

and Saturdays sessions at SERVANTHOOD HOUSE, Asheville NC.

Who: Counselors, mental health professionals, psychologists, psychiatrists, psychotherapists, social workers, substance abuse counselors, massage therapists, and those interested in personal growth

Credit: 77 contact hours - faculty will work with trainees to meet continuing education needs

For more information, visit our website at www.agti.org or contact Nicholas Emmanuel:

nemmanuel@frontier.com

A partnership; between the Appalachian Gestalt Training Institute and the Gentle Bio-Energetics Institute.

Sponsored by:
The Gestalt Therapy Institute of Philadelphia (GTIP)

EMBODIED LIFE

NEW CONTENT | NEW PRICES | NEW TIMES

OVERVIEW:

October 1, 2011

Heightening Awareness of the Somatic Experience

Our experience is enlivened to the degree that we are connected to our whole being. Awareness of our own internal sensations supports our ability to self-regulate and informs our choice of action. This first segment of the series focuses on increasing awareness of your own bodily experience as well as supporting your client in experiencing themselves more fully. You will learn specific techniques for managing your own somatic experience so that you do not carry residual trauma from the therapeutic encounters.

December 3, 2011

Balance in Awareness

How we respond to the world and our clients is in large part shaped by the degree to which we are able to move between our external and internal awareness. In this segment we will explore this balance and learn to create experiments to strengthen the underdeveloped awareness of our clients. We will explore how paying attention to the balance or imbalance in awareness can inform our therapeutic choices and support our client and ourselves in creating a deeper therapeutic relationship.

February 4, 2012

Focus on the Embodied Therapeutic Encounter

Our experience affects the musculature and structure of our body, the fluidity of our movement, our breathing and the structure of our brain. In this final segment you will have opportunities to sharpen your awareness skills and integrate embodied interactions into your therapeutic encounters. Importantly, you will learn to titrate your interactions to match the ability of your client and the therapeutic relationship to support the work.



Blue Nude by Henri Matisse, 1952. Gouache on paper.
Musée Henri Matisse, Nice

All segments include a mix of didactic presentation, experiential exercises, demonstrations, opportunities for personal work and time for clinicians to practice integrating the information presented. Each segment is a discreet unit, and can be taken separately or as part of the full series.

CEUs:	6 CEU's per session
DATES:	2011: October 1; December 3 2012: February 4
HOURS:	9:00 am - 4:30 pm (lunch included)
TUITION:	\$145 per session (up to 2 weeks before session begins) \$160 per session for later enrollments \$130 per session for GTIP Associates (late enrollment cost applies) \$400 for three session series
LOCATION:	To be announced

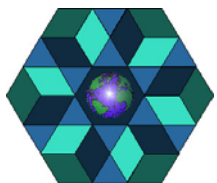
PROGRAM LEADER:

CATHY GRAY, LCSW is in private practice in Narberth, PA, working with individuals, couples, and groups. She is a graduate and a faculty member of GTIP. Cathy studied improvisational movement with Manfred Fischbeck and Brigitta Hermann. She also trained with Bonnie Bainbridge Cohen in Body-Mind Centering and with Ruelle Frank in Developmental Somatic Psychology. Cathy has conducted numerous workshops employing Gestalt therapy theory, movement, music, and embodiment.

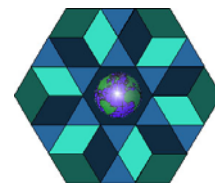
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2012 Conf Co-Coordinators (2010-2012)

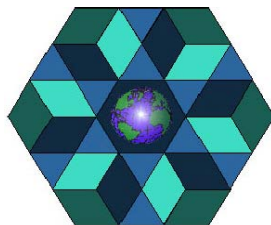
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AAGT
The Association for
the Advancement of
Gestalt Therapy
An International Community

AAGT MEMBERSHIP APPLICATION

In accordance with AAGT's Articles of Incorporation, Constitution and By-Laws, the purpose of AAGT is to support the professional and personal associating and advancing of persons interested in participating in a forum committed to the preservation and advancement of the philosophy, theory, practice, and research of gestalt therapy and its various applications.

In furtherance of this purpose, AAGT shall encourage the development and application of principles and practices in the organization that are consistent with the following tenets:

That an organization can be created, rather than imposed, and that it will grow out of our contacting; and

That a structure will emerge in response to our shared needs, interests and concerns; and

That by believing in the unity of theory and practice, an organization that so creates itself, is itself an experiment, an on-going organic process of gestalt formation and destruction, in which old forms are destroyed and new figures emerge through contact that is bright and lively, energetic, graceful and fluid; and

That such an organization provides the ground for the enrichment, articulation and support of the constantly emerging figure that is **Gestalt Therapy!**

With these tenets as ground, we welcome as figure your **APPLICATION** to become a member of AAGT.

Membership entitles you to a listing in the AAGT Directory, reduced conference fees, opportunities to contribute to the gestalt community through our Service Exchange Program (SEP) and access to AAGT's Listserv.

MEMBERSHIP DUES FOR 2010-2011

Supporting Members \$150.00 or more, your contribution to advancing Gestalt Therapy \$ _____

Full-Time Professionals who have been Members more than one year \$100.00 \$ _____

New (first year) Professional Members \$50.00 \$ _____

Retirees and Full-Time Student Members \$25.00 \$ _____

Organizational Membership for Training Programs New is \$100.00, \$150.00 thereafter \$ _____

Scholarship Fund Donation – your contribution to those less-able to participate \$ _____

MEMBER INFORMATION Name _____ Title, Degree or Prefix _____

Street Address _____ City _____ State _____ Zip _____ Country _____

Email: _____ Phone(s) : Home _____ Office _____ Cell _____

PAYMENT OPTIONS

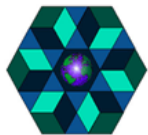
To PAY ON-LINE go to: [HTTP://WWW.AAGT.ORG](http://www.aagt.org)

TO PAY BY CHECK: Checks must be drawn on U.S. banks, made payable to AAGT. Mail check with this form to: Brad Larsen, AAGT Administrator, PO BOX 42221, Portland, OR 97242 USA or fax to Brad Larson in the USA at 212-202-3974

TO PAY BY CREDIT CARD Visa and MasterCard only. Fax or Mail to Brad Larson at the above address

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Name on Card _____ Signature: _____



AAGT An International Community

Charlie Bowman, Communications Director
9292 N. Meridian Street #311
Indianapolis, IN USA 46260

YOUR AAGT NEWSLETTER IS HERE!

Communications Director
Brian Mistler

Newsletter Editor
Charlie Bowman

Publication Guidelines:

Articles accepted between 500 and 1500 words. Content relates to Gestalt therapy, AAGT and the creativity and interest of the membership. Letters to the Editor should be succinct and to the point. All material submitted remains the property of the Newsletter staff. Deadlines are final. Style can be informal, but should be good writing. All material is subject to editing to fit the parameters and needs of any given issue of the Newsletter.

The content herein represents the opinions of contributing authors and not the opinion, policies or procedures of AAGT unless otherwise specified.

Let Us Get To Know You!