

The Aesthetic *of* Otherness:

meeting at the boundary in a desensitized world



A joint AAGT and EAGT Gestalt Conference at the crossroads of civilisations

Pre-Conference: 21st September; Conference: 22nd–25th September 2016

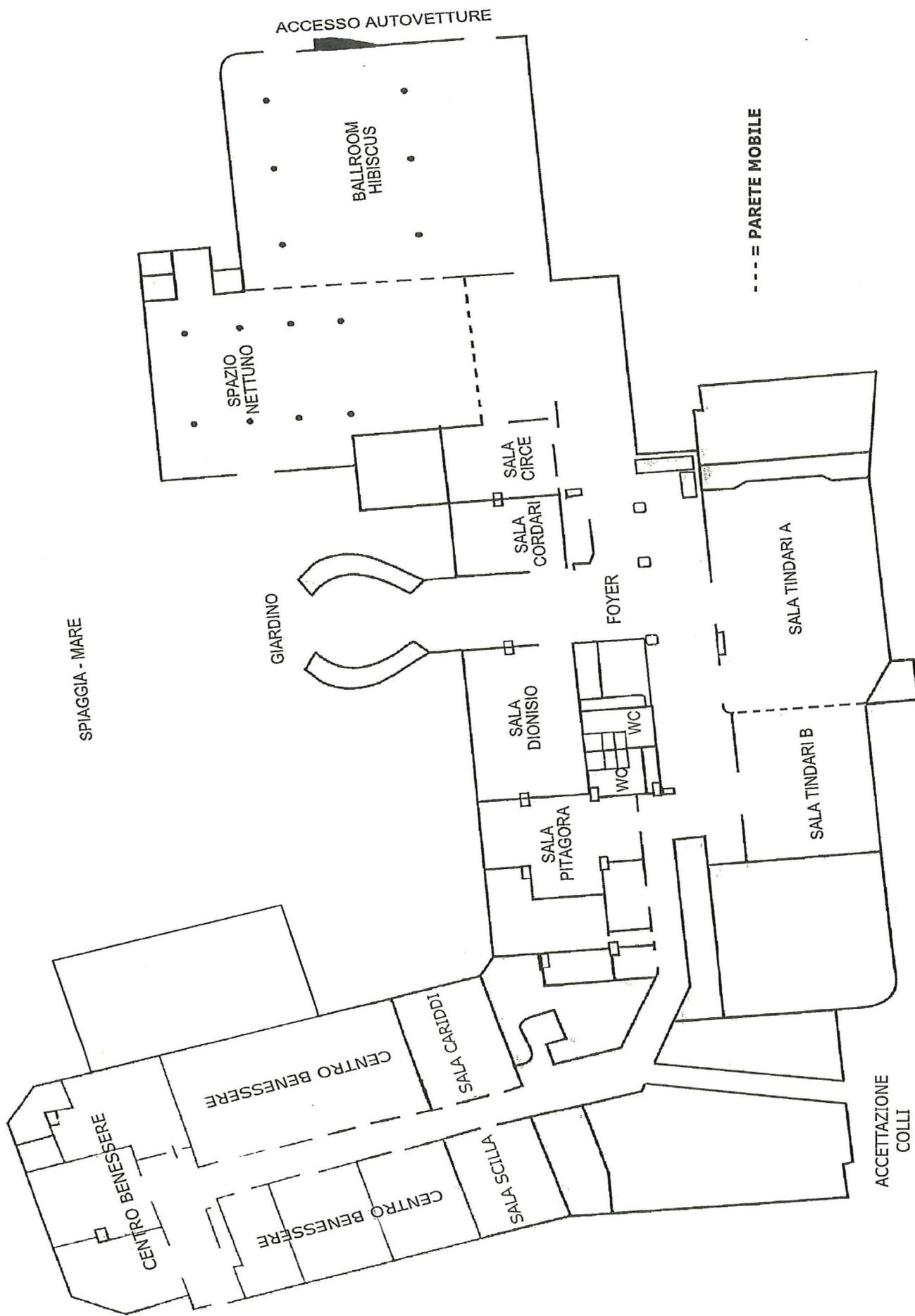
Taormina Sicily - Hilton Hotel

Conference Brochure

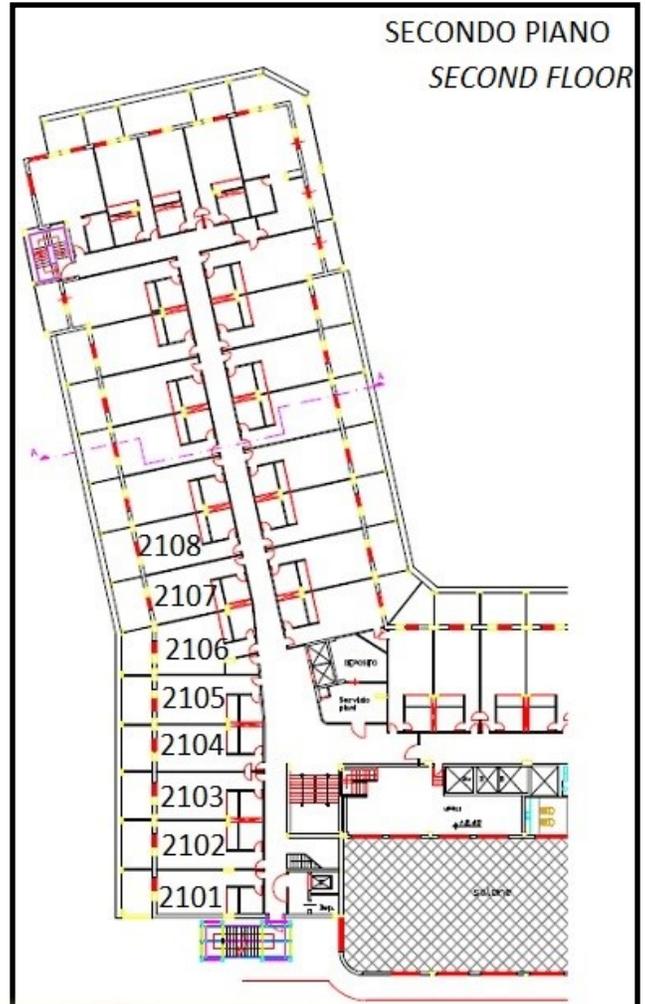
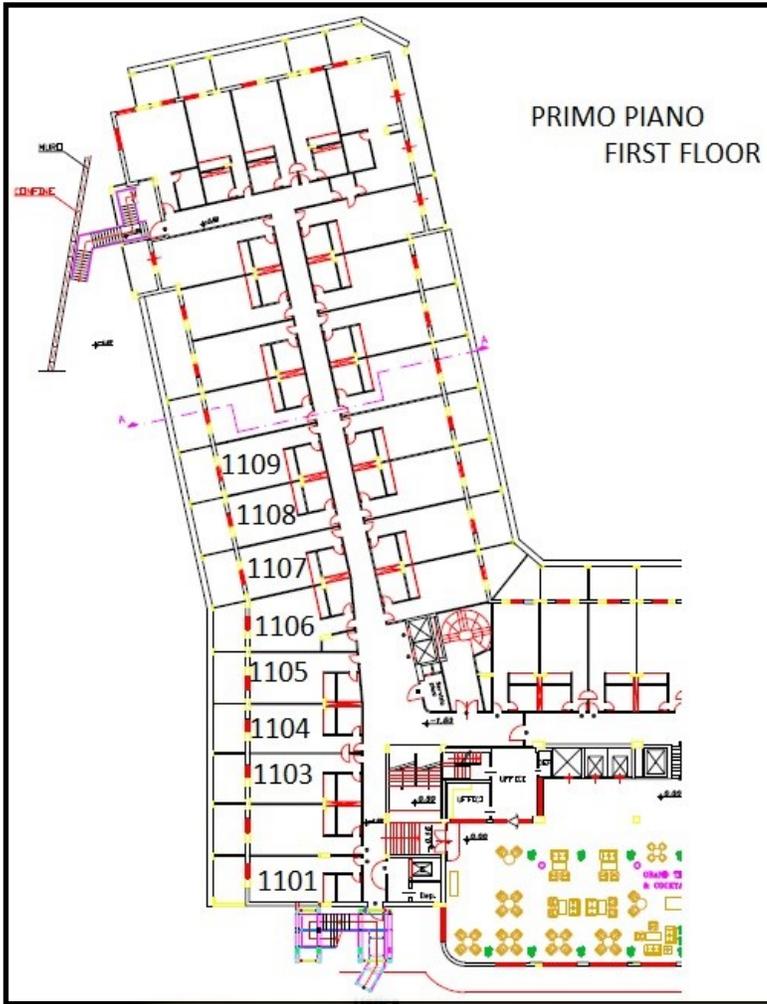


Table of Contents

Hotel Maps	P. 3 & 4
WELCOME from Conveners of Conference	P. 5
WELCOME from Presidents of AAGT and EAGT and SIPG....	P. 6
WELCOME from AAGT Membership.....	P. 7
WELCOME from EAGT Executive Committee.....	P. 8
Chart of Conference Overview (by day and time)	P. 9
Poster Exhibition	P. 10
Continuing Education Credit per Conference Schedule	P. 11
Continuing Education Information	P. 12
Pre-conference Workshop Schedule Grid	P. 13
Pre-Conference Workshops - Wednesday, September 21st	P. 14
Process Group Information	P. 22
Process Group Schedule and Room Assignments	P. 23
Community Meeting (Location, times and description)	P. 24
The Meeting Room/Joint Space.....	P. 24
Workshop Grid (Location, time, title & presentors)	P. 25
Workshop Description Index.....	P. 32
Invited Plenary Speakers	P. 33
Workshop/Panel/Lecture descriptions - Fri., Sept. 23	P. 36
Workshop/Panel/Lecture descriptions - Sat., Sept. 24....	P. 75
AAGT Exec. Council/Board & EAGT Exec. Committee/Board..	P. 121
Taormina Conference Planning Committee	P. 122
Newly Published Book Exhibition.....	P. 123
Saturday Evening Events (Auction, Entertainment)	P. 124
Conference Brochure & Bag	P. 125
Sponsors	P. 126
Learning Objectives for Pre-conference Workshops.....	P. 127
Learning Objectives & Descriptions for Plenaries	P. 130
Learning Objectives Process Groups & Facilitator Training...	P. 131
Language Support Services.....	P. 131



Hotel maps—First and Second Floor



Sicily

Giardini-Naxos

Welcome from Conference Conveners

Dear colleagues,

Welcome to Taormina and the first EAGT/AAGT joint conference!

Here together in Sicily we are living an experiment conceived by the three sponsoring associations some years ago. Let's provide you with some background for this event. In the spring of 2013, Margherita was asked by the AAGT if she would like to support the organisation of an AAGT conference in Italy. At the same time the EAGT was searching for a site for its next conference. Usually one of the European national associations comes forward with a candidate. Some people on the EAGT General Board asked Gianni to propose Italy. At this point, Margherita and Gianni realized that these two suggestions could converge as one since both conferences were to be held in 2016. They felt excited by the possibility of a joint conference in Italy: a lot of novelty emerging at the contact boundary!

So, the Italian association, chaired by Michele Cannavò, brought a proposal to the EAGT conference in Krakow in September 2013. It included the clear statement that if Italy would be chosen the proposal would be for a joint EAGT/AAGT conference. Italy received a clear preference over other candidates. So Margherita and Gianni proposed to the AAGT the project of a jointly planned and administered Taormina conference. During its biennial get-together in Asilomar, California in September 2014, the AAGT decided to join in this adventure. After a quite long and intense process within and between the three associations, people developed enough felt trust to dare such an experiment: the ground was ready and the organisational work started! Beside Gianni and Margherita, at this point Burt from the AAGT and Jelena from the EAGT volunteered as conveners. Many additional people from the three associations committed to assist in this journey by working in committees and taking on difficult organizational tasks such as peer review, programming, logistics, registration and process group structuring.

We four conveners have been the room where the energies, sometime synergic, sometime conflicting, arrived and needed help to find a good shape: we have been supported by a common vision and ground and by the trust that this experiment was worthy, exciting, potentially fruitful. We never lost this support and we had the great experience to collaborate with generous, devoted and competent people who did a huge amount of work in order for us to be here together today. The fact that registration for the conference was unexpectedly maxed out seven months before the conference shows that we are meeting a need or a wish in the field: to have the chance to meet each other, to explore our similarities and differences in an aesthetic way and in a beautiful place. From these ingredients the title of the conference emerged.

We are aware that this conference is a big challenge, logistically and culturally. We, all the members of the scientific and planning committee, have done our best to provide an exciting and safe enough ground to meet the novelty and foster our growth. We are grateful for the generous work that the volunteers are offering for making possible our meeting. What we need now is your presence, your aesthetic commitment, your availability to make contact and take in the other in a process that we hope can transform all of us and provide new ground for future adventures.

Enjoy this first EAGT/AAGT joint conference!

The Conveners



Gianni Francesetti



Burt Lazzarin



Margherita Spagnuolo Lobb



Jelena Zeleskov Djoric

Welcome letter from Presidents and Presidents-Elect

Dear Participants,

Welcome to Taormina!

We are so excited that you are joining us for this conference. The conference is the result of a long process of collaboration between our three organizations, the AAGT, EAGT and SIPG (Italian Association for Gestalt Therapy). Past connections came together four years ago that led to the SPIG proposing a joint conference to the EAGT and the EAGT then approaching AAGT. And so here we are today, joining together for what may be the largest Gestalt Therapy conference ever! We are so grateful to the many volunteers from around the globe who have contributed to make this conference a reality. This would not be possible without the hard work of so many who have given so selflessly to bring us together in this new way.

Since the idea was first hatched, EAGT, AAGT and SIPG expressed both a excitement and doubt! Excitement for the great novelty and opportunities for discovery that this joint venture would no doubt bring, and doubts about finding common ground for the different traditions cultures, purposes and visions of our organizations. Since the beginning, then, it was clear we faced both a great opportunity and a great challenge!

And now, here we are! The field has provided enough support for us to move forward with this adventure and today we embody this living experiment. We are creatively present with our own interests and wishes, differences and potentialities, ready to explore the foreign land of our being together.

We see the process of this conference as a historic event; a possibility for the organizing associations to learn from each other, to open our boundaries and redefine our identities. We trust that the experience of our meeting in this new way will be a process of transformation that provides new ground for further journeys.

We wish you an aesthetic experience springing from the emergent beauty that the joint-venture of this conference promises!

Enjoy this time together; we look forward to our co-creation of what will unfold!

Warmest Wishes,



Michele Cannavo
SIPG President



Patricia Tucker
AAGT President



Gianni Francesetti
EAGT President



Toni Gilligan
AAGT President-Elect



Beatrix Wimmer
EAGT President-Elect

A Warm Welcome From AAGT Membership

As members of the AAGT Board and chairs of the Membership Committee we welcome you to the 13th Biennial AAGT Conference and the first joint AAGT and EAGT conference. We hope you will find opportunities here that will offer you nourishing experiences. While you are with us, we would like you to consider becoming part of our AAGT family. If you are already a member we want to express our appreciation for your participation.

Based on the belief that we can create and recreate ourselves as our interests and needs emerge, the membership determines the course of our organization. So, the success of the organization depends on the vision and contributions of our members. AAGT invites you to contribute your ideas, interests, talents and voices. To do so, plan to attend our community meetings and our Annual General Meeting. We invite you to become actively engaged whether you are new to our conferencing, a new member, a renewing or current member.

If this is your first conference, join us at the "Newcomers" event (see information below). We like to offer "Newcomers" support in a smaller group and share more information about AAGT's process. In addition, new students/trainees have their first year membership fees waived. To explore membership options in AAGT go to www.aagt.org

Maryanne Nicholls



Jim Battaglia



NEW TO THE CONFERENCE EXPERIENCE? COME AND MAKE CONTACT BEFORE THE CONFERENCE BEGINS

Orientation meeting for First Time Conference Goers

Sponsored by the AAGT Executive Board and Membership Co-Chairs

WHEN: Thursday, September 22nd, between 4 and 5 PM

WHERE: TBA - look for the colorful balloons near the registration desk

For all First Time Conference Goers attending the joint AAGT/EAGT conference in Taormina, AAGT invites you to join us before the conference opening on Thursday September 21st, between 4 and 5 pm.

- meet some of our leaders and fellow conference goers,
- learn about what AAGT has to offer,
- find out about these process groups you'll be participating in,
- gain familiarity with the hotel and gorgeous surroundings,
- learn a few useful things about getting around in Taormina, and
- have a chance to win a gift certificate to support your experience of Taormina.

The timing couldn't be better – giving you a chance to meet and connect, and to orient yourselves to this amazing experience in a supportive way before the conference begins.

If you're not a First Timer Conference Goer, please feel free to join us as well to help welcome the newcomers!

To find us, look for the colorful balloons near the registration desk.

We invite you to become an EAGT member!

Dear friends,

Welcome to this first joint EAGT / AAGT conference!

Welcome to all those friends, who are already members of the EAGT. We are very happy to see you again and we hope you will enjoy the conference and experience it as a source of inspiration and an opportunity to meet warm and interesting colleagues from so many countries from all over the world.

A special welcome to all of you, who are attending an EAGT conference for the first time. This conference is a special one, since this is the first joint conference of EAGT and AAGT. We are very proud, that together, we are able to offer you this interesting and exciting event. We are sure you will meet many new inspirational people and hope that the meetings you attend during the conference will lead to stimulating, supportive and lasting contacts.

Since being connected to colleagues is one of your reasons for attending this conference, **we warmly invite you to become a member of the EAGT.** The EAGT has different kinds of memberships for **individuals, professional organisations, training institutes and national associations.** At the moment there are over 1000 members representing more than 25 Countries. Basically, members can be *associate* or *full* members: **a full member meets the training standards set up by the EAGT in agreement with the European requirements.**

In addition to our department for Gestalt therapists, we have a department for Gestalt Practitioners in Organisations (GPO). This department represents and supports those members who use the Gestalt approach in their work as coaches, counsellors or consultants in organisations.

The EAGT offers you a solid, wide and professional network that stands for quality; is highly appreciated and respected not only by Gestalt associations in Europe but also many of the associations from other modalities. The EAGT is one of the most active and professionalised associations within the EAP (European Association for Psychotherapy).

The EAGT supports the development of working groups and committees fostering projects in many areas, which support the European Gestalt community, such as **ethics, training standards, research, science, professional quality, education, human rights and social responsibility.**

Please visit our website and find out more about this: www.eagt.org

If you have any questions please address them to our Office Manager, Marga Berends, at the EAGT table during the conference.

Enjoy this first EAGT and AAGT joint conference!

The EAGT Executive Committee

Michele Cannavò, Gianni Francesetti, Nurith Levi, Frans Meulmesteer,
Jack Van Liesdonk, Beatrix Wimmer, Jelena Zeleskov Djoric

The logo for EAGT consists of the letters 'EAGT' in a bold, yellow, sans-serif font. The letters are slightly shadowed, giving them a 3D appearance as if they are floating or attached to a surface.

Conference Overview

	Wednesday 21 September	Thursday 22 September	Friday 23 September	Saturday 24 September	Sunday 25 September		
Morning	9:00 – 1:00 Pre-Conference Workshops (find room locations on page 13)	9:00 – 1:30 EAGT – Annual General Meeting	8:30 – 10:00 Plenary Speech: Donna Orange (Tindari A + B) Panel: Dan Bloom, Lynne Jacobs, Margherita Spagnuolo Lobb	8:30 – 10:00 Plenary Speech: Tonino Griffiero (Tindari A + B) Panel: Monica Botelho Alvim, Gianni Francesetti, Jean Marie Robine	9:00 – 10:00 Community Meeting (Tindari A + B)		
			10:00 – 10:30 Break	10:00 – 10:30 Break	10:00 – 10:30 Break		
			10:30 – 12:00 Session A: Workshops and Panels	10:30 – 12:00 Session D: Workshops and Panels	11:30 – 12:00 Break		
					12:00 – 1:30 Community Meeting (Tindari A + B)		
Lunch	1:00 – 2:30 Lunch – on your own	1:30 – 2:30 Lunch – on your own	12:00 – 1:00 Lunch	12:00 – 1:00 Lunch	1:30 – 2:30 Lunch – on your own		
Afternoon	2:30 – 6:30 EAGT General Board Meeting	2:30 – 6:30 Pre- Conference Workshops (find room locations on page 13)	2:30 – 5:00 Process Group Facilitator Training	1:00 – 2:00 Plenary Speech: Leslie Greenberg (Tindari A + B)	1:00 – 2:00 Community Meeting (Tindari A + B)	2:30 – 5:30 AAGT - Annual General Meeting	2:30 – 5:30 EAGT- Executive Com- mittee
				2:00 – 2:30 Break	2:00 – 2:30 Break		
			4:00 – 5:00 AAGT New Members/First Timers Orientation	2:30 – 4:00 Process Groups	2:30 – 3:30 Session E: Lectures		
				4:00 – 4:30 Break	3:30 – 4:00 Break		
			5:00 – 5:30 Break	4:30 – 6:00 Session B: Workshops and Panels	4:00 – 5:30 Session F: Workshops and Panels		
			5:30 – 6:00 Welcome Address (Tindari A + B)	6:00 – 6:15 Break	5:30 – 6:00 Break	6:00 – 7:30 Process Groups	
Evening	6:30 - Free time	6:00 – 7:00 Opening Event (Tindari A + B)	6:15 – 7:45 Session C: Workshops and Panels	7:30 – 11:00 Break			
		7:00 – 8:30 Process Groups (find locations on pg. 23)		Dinner Auction Entertainment Giardino (Garden facing the sea)			
		8:45 – Dinner	7:45 – 11:00 Free Time / Dinner on your own				

Conference Poster Exhibition—Location: Nettuno

We are delighted to announce the Conference Poster Exhibition. It will take place in the **Nettuno Room** and will be a permanent Display through the conference. There are 16 exciting Posters as noted below and during time periods identified in chart below, the creators will be with their Posters to answer questions.

Author(s) and Times Available	Title
Frans Meulmeester (on behalf of Nepalese students) Friday: 10—10:30	Research on resilience in Nepal
Gesualda Baldo, Raffaele Sperandeo, Tommaso Romitelli, Daniela Alicia Albesi, Massimo Figiolia, Mariangela Beato Friday: 14.00-14.30	The narrative method about training in psychotherapy
Antigoni Orfanou, Yolanda Androutsou Friday: 16.00-16.30	Greek Roma women meet the Other
Laima Sapezinskiene, Lina Jurkstaite-Pacesiene	The Experience of Relationship in the Argentine Tango: “Haptics” concept and Gestalt Experience Cycle
Vassia Karamanoli Friday: 10.00—10.30	Narrating, hearing, adjusting, the art of connecting with the other and the community: Woody Mary, the example of incest and sexual abuse in the fairy takes, a Gestalt approach
Marina Aralova, Illia Mstibovskyi Saturday: 10.00—10.30	The Body in the Culture and the Culture in the Body
Elena Lasaja	Field of Motherhood: Pregnancy and Postpartum Period
Alessandra Merizzi Friday: 14.00-14.30	Fear and Seduction in Encountering the Other
Michele Borghetto, Ilaria Benedetti	Development of self-functions and learning disabilities in childhood and adolescence
Michaela Hiebler-Ragger, Christina Gollner, Petra Klampfl, Liselotte Nauser, Human-Friedrich Unterrainer	Professional and training conditions of Austrian Integrative Gestalt Therapists: Potential relationships with sense of coherence and burn out
Serena Iacono	Tako-Tsubo Cardiomyopathy. A gestalt Reading
Roberta La Rosa, Silvia Tosi Friday: 10.00—10.30	The outcome's research in Gestalt therapy: the SIPG project.
Cristian Bahamondes	The Awareness: the responsibility of being conscious
Vikram E. O. Kolmannskog	Gestalt approaches to gender identity issues (Young Research Awards project)
Mark Reck, Jan Roubal, Margherita Spagnuolo Lobb	Researching on the process of this conference's organizational team
David Cebrián Friday: 16.00-16.30	Agoratherapy: bringing gestalt therapy into the squares (Young Research Awards project)

AAGT/EAGT 2016 Conference
Continuing Education Credit per Conference Schedule

CE Activity	Time	CE credit hours offered
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PRE-CONFERENCE PEER-REVIEWED WORKSHOPS

Wednesday 9/21/16

8 Hour Workshops		8.00 CE credit hours
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9:00 - 18:30 (Lunch break 13:00 - 14:30. No other official breaks)

4 Hour Workshops

Morning

09:00 - 13:00 (No official breaks)		4.00 CE credit hours
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Afternoon

14:30 - 18:30 (No official breaks)		4.00 CE credit hours
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CONFERENCE PLENARIES, PROCESS GROUPS, PROCESS GROUP LEADER TRAINING, & PEER-REVIEWED WORKSHOPS

(Any breaks taken are less than 15 minutes long during workshops)

Thursday 9/22/16

Process Group Leader	14:30 - 17:00	2.25 CE credit hours
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Training (one 15 minute break)

Process Group 1	19:00 - 20:30	1.50 CE credit hours
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Friday 9/23/16

Plenary - Orange	08:30 - 10:00	1.50 CE credit hours
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Workshop/panel session A	10:30 - 12:00	1.50 CE credit hours
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Workshop/panel session B	13:00 - 14:30	1.50 CE credit hours
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Process Group 2	15:00 - 16:30	1.50 CE credit hours
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Workshop/panel session C	17:00 - 18:30	1.50 CE credit hours
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Plenary - Greenburg	18:45 - 19:45	1.00 CE credit hours
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Saturday 9/24/16

Plenary - Griffero	08:30 - 10:00	1.50 CE credit hours
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Workshop/panel session D	10:30 - 12:00	1.50 CE credit hours
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Lecture Session E	14:30 - 15:30	1.00 CE credit hours
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Note: possible CE credit for session E is possible only IF you attend one of the following three full 1.0 hour workshops. No other programs this session are approved for CE credits: 1. Yianna Yiamareloy, Alessandra Vela and Rosa Salvo, The beauty of words and creativity of psychotherapy; 2. Justin Laird and Claudia Fernandez Santoyo, Cultural Humility and Gestalt Therapy: An Exploration of Intersections and The Cosmology of the Ancient Mexican: A Gestalt View; 3. Willi Butollo and Madeleine Fogerty, Developing an Evidence Base for Gestalt Therapy: Applied research skills.

Workshop/panel session F	16:00 - 17:30	1.50 CE credit hours
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Process Group 3	18:00 - 19:30	1.50 CE credit hours
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Sunday 9/25/16

Process Group 4	10:30 - 11:30	1.00 CE credit hours
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Total possible CE credit hours for the Pre-Conference:	8.00 hours
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Total possible CE credit hours for the Conference:	<u>20.25 hours</u>
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Total possible CE credit hours:	28.25 hours
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ALL PROGRAMS NOT LISTED IN THE ABOVE SCHEDULE DO NOT OFFER CE CREDITS

APA

Psychologists

This course is co-sponsored by Amedco, the Association for Advancement of Gestalt Therapy, and the European Association for Gestalt Therapy. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 28.25 hours.

Professional Counselors in these 41 states can submit APA:

AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, IA, ID, IL, IN, KY, KS, ME, MO, MN, NC, ND, NH, NE, NJ, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, VT, WA, WI, WV, WY

MFT's in these 31 states can submit APA:

AK, AR, AZ, CA, CO, CT, DE, FL, IA, ID, IN, KS, ME, MO, NE, NC, NH, NM, NJ, NV, OK, OR, PA, SC, SD, TN, TX, UT, VA, WI, WY

Addiction Professional in these 26 states can submit APA:

AK, AR, CO, CT, DE, GA, IA, IN, KS, LA, MO, MT, NE, NM, NC, ND, NJ, NV, NY (outstate held), OK, OR, SC, UT, WA, WI, WY

ASWB

Social Workers

Amedco, #1346, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. Amedco maintains responsibility for the program. ASWB Approval Period: 06/24/2016 – 06/24/2017. Social workers should contact their regulatory board to determine course approval for continuing education credits.

Social workers participating in this course may receive up to 28.25 clinical continuing education clock hours.

Professional Counselors in these 30 states can submit ASWB:

AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, ME, MO, ND, NE, NM, NH, NV, OK, PA, TN, TX, UT, VA, WI, WY

MFT's in these 25 states can submit ASWB:

AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, ME, MO, NC, NE, NH, NM, NV, OK, PA, TN, TX, UT, VA, WI, WY

Addictions Professionals in these 19 states can submit ASWB:

AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

New York Social Worker

Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 28.25 hours.

Nurses

Association for the Advancement of Gestalt Therapy (AAGT) is approved by the California Board of Registered Nursing, Provider Number 11846 for up to 28.25 contact hours.

For further information contact the AAGT CE Officer, Dina Miller, P.O. Box 141122, Columbus, OH 43214. Dinamil-ler3@aol.com Phone 614-563-6571

Pre-Conference Workshop Schedule Grid

Wednesday, September 21st, 2016

Room	Morning 9:00 am – 1:00 pm	Afternoon 2:30 pm – 6:30 pm	All Day 9:00 am – 6:30 pm
Pitagora			"I" is an other Ruella Frank and Jean-Marie Robine
Cariddi	Between you and me: Relational movement play as a practice of presence Emilyn Claid	Meeting-the-other-meeting-me presence and otherness: Deepening relational practice and theory Rich Hycner	
Cordari			Encountering the other: Personal growth and group process workshop Cathy Gray and Marlene Blumenthal
Scilla	History and culture live through us Lynne Jacobs	The many faces of gestalt ther- apy: Is there a boundary of what is and what is not gestalt therapy? Robert Resnick	
1101	Gestalt mindfulness: A meditation movement practice for our daily life in a desensitized world Lalei Gutierrez and Rosanna Zavarella	MASKS: distant relationships deconstruction and reconstruc- tion of new masks for a more sensitive compared with each other Sandra Salomao Carvalho	
1103	An exploration of otherness Di Hodgson	Belonging, "otherness" and mutual co-creation: An art- infused experience of Erving Polster's life focus community and how you can develop one Caroline Paltin	
1104	The crack between the worlds: Gestalt and shamanism and the doors of perception Jay Tropianskaia	The clinical applications of mindfulness meditation, somatics and gestalt therapy for fostering resiliency, creativ- ity and trauma resolution Ronald Alexander	
1105			Stop managing your emotions and start processing them Bea MacKay
1106			The well resourced therapist Miriam Taylor

Pre-Conference Workshops

Wednesday, September 21st, 2016

For a long while the AAGT conferences have also invited participants to enjoy pre-conference workshops. It seemed only natural to extend the few days conference into ‘more’: what is more relevant than a workshop of experienced professionals to a bunch of professionals/colleagues?

The idea evolved from AAGT as a learning community, ‘listening’ to the effort it takes to come to a conference, so wishing to offer opportunities for conference participants to take part in more extended experiences of meeting, exploration of themes, encounter, and engagement. Whether an AAGT member or not, this supports the community development of the conference. We also support participants’ professional development with the additional CEUs that can be obtained.

Participants of pre-conference workshops speak of how they met and had the time to develop close relationships with others, of how valuable the workshops experiences were in themselves, and in forming a basis for their engagement with the conference. Our experience is that people end up feeling full and pleased.

This year the collaboration with the EAGT enriched the pull of potential participants and presenters. We have more available to more potential participants. We have a rich, varied and exciting programme of workshops this year all carefully assessed by a blind peer-review process. **See page 128 for Learning Objectives for these workshops.**

Abstracts and Bios

WEDNESDAY MORNING 9.00 – 13.00

Gestalt mindfulness: A meditation movement practice for our daily life in a desensitized world

Lalei Gutierrez & Rosanna Zavarella

In this introductory workshop, you will be introduced to Gestalt mindfulness as a movement meditation practice, developed to support Gestalt practitioner’s self-care, self-support, and energetic access to “self-as-instrument” presence skills, in a desensitized relational field. Skills from Chi Kung, energy psychology, yoga therapy and meditation practices have been adapted and integrated with Gestalt methodology. Mindfulness, neuroscience, empathic attunement and resonance studies, have shown that increased sensitivity and awareness occurs in the energetic, relational field, which impacts and supports us with cultural differences. We will experience a sampling of the Gestalt mindfulness movement meditation practice in group and in dyads. We will discuss its here-and-now impact on presence, empathy, and connection in a desensitized field.

Suitable for participants of advanced level experience. Language of presentation: English

Presenters

Dr Lalei Gutierrez has been a holistic psychologist in private practice for over 30 years, her Gestalt practice involves individual, couples and family therapy, body/energetic process, diversity consulting, growth and learning group process facilitation, life-relationship-professional coaching and supervision. She is a Board Certified Coach, a Board Certified Polarity Practitioner, an author, educator, workshop leader and speaker. Her expertise involves an integration of Gestalt principles with eastern practices. She is a senior professional faculty member at the Gestalt Institute of Cleveland and clinical faculty member at Cleveland State University in the Diversity Management and Global Leadership Development Institute, Department of Psychology.

Rosanna Zavarella, PhD, BCC is a Holistic Psychologist in private practice for thirty years working with individuals, couples and groups. Her integrative approaches of body-mind and spirit, including Energy Medicine, Energy Psychology, shamanistic practices, yoga therapy and spirituality provide the skills and support to her psychotherapy practice. A long-time student of Eastern philosophy and the Bon Po Buddhist Shamanistic traditions, she specializes in women’s spirituality, women’s self-development groups, life transitions and trauma work. She is certified in both hypnotherapy and EMDR and is board certified as life/career/relationship Coach. She is also a professional faculty member at the Gestalt Institute of Cleveland.

An exploration of otherness

Di Hodgson

This workshop will create a space for an exploration and inquiry into the experience of “otherness”. We will consider the impact of living a lifetime of “otherness” in relation to the dominant culture. We will consider the personal and professional implications on our ways of being in the world and how this may impact our roles as psychotherapists and supervisors. We will explore the experience through several Gestalt lenses. Suitable for participants of all levels of experience. Language of presentation: English

Presenter

Dr Di Hodgson is a psychotherapist, supervisor and trainer. She is the programme leader and head of Gestalt at the Metanoia institute UK. She is a regular facilitator of national and international workshops. For 4 years Di was a member and Chair of the UKCP diversity, equality and social responsibility committee. She is also an organisational consultant and executive coach who works primarily with leaders in higher education, the law and regulatory bodies. She is the diversity consultant for one of the main healthcare regulators in the UK.

History and culture live through us

Lynne Jacobs

Through experimenting with polarities and enduring relational themes, we will unpack various contextual influences such as gender, ethnicity, religion, time and place in history, etc., to get an in vivo sense of how history and culture live through us.

Suitable for participants of advanced level experience. Language of presentation: English

Presenter

Lynne Jacobs, Ph.D., is co-founder of the Pacific Gestalt Institute, and a Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis. She is particularly interested in relational processes in therapy, has authored numerous articles, and co-authored/co-edited (with Rich Hycner), two books. She teaches and trains nationally and internationally.

Between you and me: Relational movement play as a practice of presence

Emilyn Claid

This movement-based workshop focuses on embodied presence and intersubjective relational affect. Structured through a series of clearly framed tasks, content draws from somatic bodywork, phenomenological encounter and movement play interweaving with discussion. Working with mind body processes that focus on internal and external sensing, participants respond to how they are affected at encounters with each other, opening a relational exchange in movement. Movement practice evokes theory and parallels are made with Gestalt therapeutic maps, self and environmental support, moderations to contact and cycle of experience. Participants are encouraged to be with the dialogic uncertainties that emerge, as a source for creative potential in therapy. The workshop offers a playful movement experience relevant to the conference theme to nurture respect for the aesthetics of otherness.

Suitable for participants of advanced level experience. Language of presentation: English

Presenter

Emilyn Claid is a professor of choreographic practices at Roehampton University (London) and a Gestalt psychotherapist. Throughout the 1970s & 80s she was at the forefront of the UK experimental dance scene. In the 1990s she worked as an independent dance artist and in 1997 was awarded a PhD and published *Yes? No! Maybe... Seductive Ambiguity in Dance Theatre Performance* (Routledge 2006). She directed Choreography courses at Dartington College of Arts (2003–13) while training as a psychotherapist. Emilyn has a private psychotherapy practice in London and her internationally presented, practice led research projects interweave between the two fields. Emilyn has an MA Performing Arts, PhD Dance, and MSc Gestalt Psychotherapy.

The crack between the worlds: Gestalt and shamanism and the doors of perception

Jay Tropianskaia

The aesthetics of contemporary Gestalt therapy lies in the exquisitely subtle awareness of forms of contact in the negotiated approach within a space and a context. In our curiosity to experience the field as it reflects and is reflected in this process, shamanism opens another door to “otherness” through what it refers to as a “sixth sense.” The shift in Gestalt focus from foreground to background has opened the door to the contributions of Shamanism training practitioners to include within our perception of the obvious, the more subtle “not so obvious”. This workshop is an exploration of broader space between, referred to in shamanism as “the crack between the worlds” and to introduce shamanic intervention as a way to see the Gestalt therapist as shaman. Suitable for participants of advanced level experience. Language of presentation: English

Presenter

Jay Tropianskaia is Director of Training, Senior Faculty, Gestalt Institute of Toronto. She has been working at the growing edge of Gestalt since 1992. The recognition of the Five Year Training Program by the Ontario College of Registered Psychotherapists is largely attributable to Jay’s codification of the entire five year curriculum and mapping of competencies throughout the program. Jay also creates programs as varied as Gestalt and Shamanism, Approach to Addictions, Anger Management, and The Art of Relationship. Jay graduated from the Gestalt Institute of Toronto and is a registered psychotherapist in private practice in Toronto for the past 24 years.



The Teatro Greco ("Greek theatre").

WEDNESDAY AFTERNOON: 14.30 – 18.30

MASKS: distant relationships deconstruction and reconstruction of new masks for a more sensitive compared with each other

Sandra Salomao Carvalho

The work shows an applicable technique for individual, family, group psychotherapy. Through the metaphor of the masks we seek a significant explaining of the therapeutic work: syncretism, unit, synthesis, art, touch and movement. The depth or the substance of the therapeutic process achieved through the irreverent, the artistic, playful large groups. One of the goals is to provide an emotional work by interregula ção. It is a technique applicable to individual, family, group psychotherapy and for large groups. It demonstrates how complex and fixed, personal and family group content may be modified through a semi-directed work, interact with group or family.

Suitable for participants of advanced level experience. Language of presentation: English or Italian

Presenter

Sandra Salomao Carvalho has been a clinical psychologist for 35 years, has a Master's degree in social psychology, is professor and supervisor of Gestalt therapy in Pontifical Catholic University, Rio. Her training includes: Training Center of Gestalt Therapy / San Diego - USA, Systemic Family Therapy by the Research Center, RJ, Couple and intimate Systems with Zinker Joseph. She is creator of the Model Gestalt Systemic Relational Intervention. Founder of Gestalt Therapy Center, Brazil and coordinates training courses, supervision and family therapy.

Belonging, “otherness” and mutual co-creation: An art-infused experience of Erving Polster's life focus community and how you can develop one

Caroline Paltin

The Life Focus Community developed by Erving Polster creates common ground to explore our lives, amplifying self-other contact, and intersubjective meanings. With art-infused conversation, music, poetry and more, these on-going gatherings explore co-creation of meaning in deep listening and experiential activities. Moving beyond confines of therapy, Life Focus Groups spark awareness of contact, freshly amplifying the experience of otherness, commonality, and richness of the lived life. Attendees will experientially explore the concept envisioned by Polster, with Caroline Paltin, who has worked closely with Polster in development of an ongoing Community. The primary activity will be a live demonstration of Life Focus with music on the theme of Belonging and Otherness and an experiential exploring utilization of Life Focus in our lives. Suitable for participants of all levels of experience. Presentation language: English

Presenter

Dr Caroline Paltin, PhD, a Licensed Psychologist, has practiced Gestalt Therapy infused with music and arts in Orange California and Hawai'i for over 25 years. With Master Gestalt Trainer Erving Polster, she co-created the on-going Mindful Life Focus Community, presenting with Polster on the subject at several workshops, including an all-day featured event at the 2013 Psychotherapy Networker Conference. Assistant Professor of Psychology at National University Costa Mesa, instructing in Trauma, Clinical and Group therapies, she is conducting grant funded research of Life Focus work with trauma. She enjoys bringing her love of music arts and poetry to all that she does.

The many faces of gestalt therapy: Is there a boundary of what is and what is not gestalt therapy?

Robert Resnick

A brief presentation of the defining fundamentals of Gestalt Therapy within which various and different emphases and organization of this model are possible – flexibly bounded by Gestalt Therapy’s world view and view of human nature. This will be followed by my own ever evolving model of Gestalt Therapy synthesized and distilled over 50 years of being a Gestalt Therapist. This is an (not the) integrative and integrating model among many different and “valid” models of Gestalt Therapy. For most of this workshop, volunteer participants will then work live with the presenter with each session being related to the theory – hopefully enriching both. Comments, questions, discussion and other points of view are welcomed and encouraged

Suitable for participants of advanced level experience

Language of presentation: English

Presenter

Robert W. Resnick, Ph.D., a Clinical Psychologist, Gestalt/Couples Therapy trainer for almost 50 years - trained and certified (1969) with Fritz Perls and Jim Simkin and chosen by Perls to introduce Gestalt Therapy to Europe summer 1969. His interview “Gestalt Therapy: Principles Prisms and Perspectives” British Gestalt Journal, 1994. “The Recursive Loop of Shame”, Gestalt Review 1997. “Chicken Soup Is Poison” (Perls Festschrift) circa 1967. Currently developing and distributing contemporary Couples Therapy and Individual Gestalt Therapy theory and demonstration films for graduate psychotherapy programs worldwide in a dozen languages. His first clinical practicum was driving a New York taxicab.

The clinical applications of mindfulness meditation, somatics and gestalt therapy for fostering resiliency, creativity and trauma resolution

Ronald Alexander

As psychotherapy has become more diverse there is a growing interest in an evolving aesthetic that focuses on senses through somatic and mindfulness practices. This progressive model of Gestalt therapy incorporates the importance of attention and awareness to emerging subjectivity between self and other. It is a new view that weaves a mutual co-creation in treating the whole person. This model uses a comprehensive methodology for integrating a wide range of interventions into a style that suits each individual client and the unique personality of the evolving therapist. Gestalt therapy, with its holistic view and dialectic reasoning, allows us to experiment with, discriminate between, and assimilate ideas that brings new beauty to a world struggling with suffering and enriches our ever-changing approach to modernize psychotherapy.

Suitable for those with advanced level experience. Language of presentation: English

Presenter

Ronald Alexander, Ph.D. is a psychotherapist, leadership coach, international clinical trainer, and the Executive Director of the OpenMind Training® Institute in Santa Monica. He leads clinical training programs in Gestalt, Ericksonian and Somatic-Mindfulness based trainings in U.S., Japan, Europe, and Russia. He was certified at the Gestalt Therapy Institute of Los Angeles and studied extensively with Erving and Miriam Polster, Robert Resnick Ph.D., Jim Simkin Ph.D. and Robert Martin D.S.W. He is the author of, Wise Mind, Open Mind. His unique method combines mindfulness with mind-body somatic therapies into an integrated program that supports clinical excellence and growth. www.ronaldalexander.com

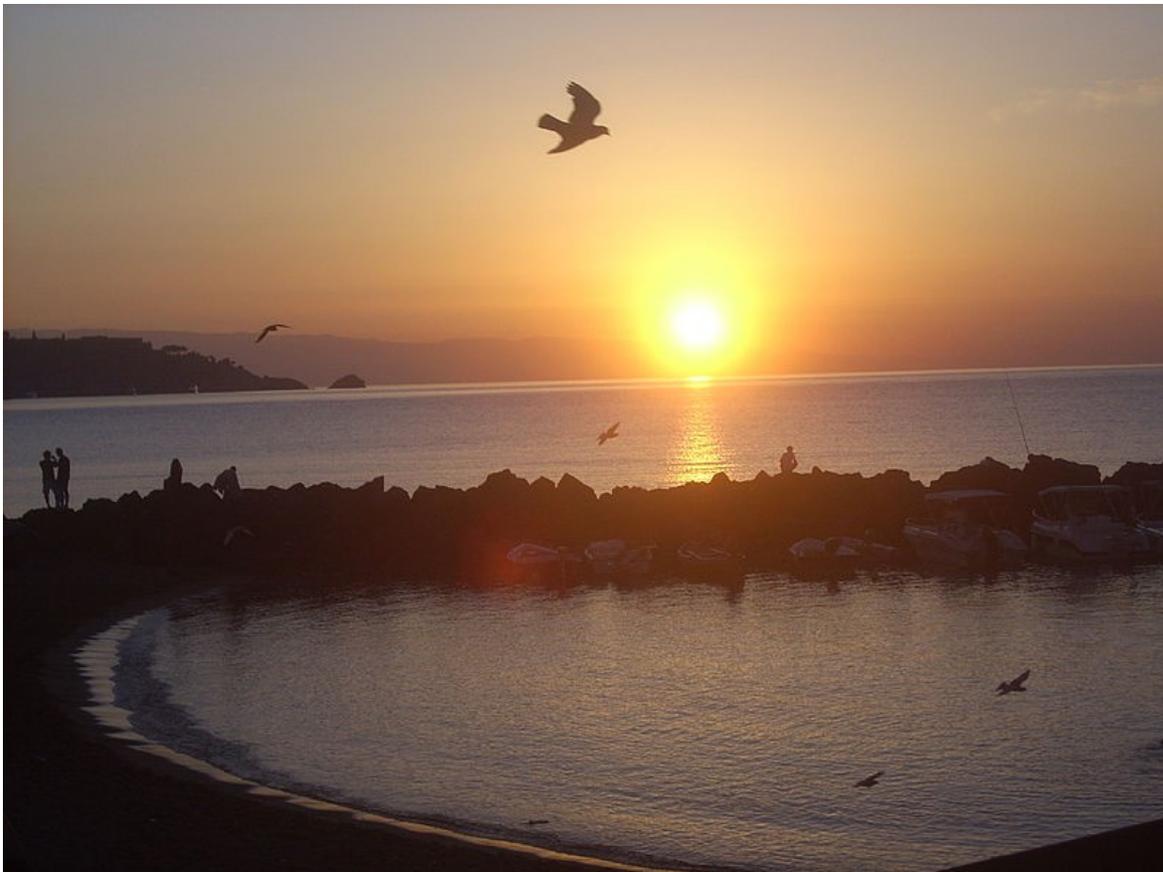
Meeting-the-other-meeting-me presence and otherness: Deepening relational practice and theory

Rich Hycner

The workshop will include: group experiences, discussion, and individual therapy demonstrations, focusing us on the difficulty of fluidly moving between the “otherness” of the client, the therapist’s self-experience, and the developmental level of the therapeutic relationship. We need a radically deepened aesthetic, practice, and theory, regarding the relational, such that so-called “otherness” is pre-reflectively experienced, and consciously understood, as our connectedness-between, and inextricably a part of who we are. Our unending challenge as practitioners is to clinically and artistically integrate these dimensions within the wholeness of the “betweenness-of-self-with-other-and-other-with-self”—both in therapy, but also modelling for the client’s life. The workshop will emphasize the necessity of a fluid oscillation between and among these dimensions, to highlight potential healing connections. Presence and artistic discernment are our never-ending difficulties. Suitable for participants with advanced level experience. Language of presentation: English

Presenter

Rich Hycner finds the therapeutic relationship to be the nexus for healing and an endless source of exploration. He views the therapist’s presence to the client, the relationship, and to self, as the medium for exploring the relational and experiential dimensions of healing. He is author of *Between Person and Person: Toward a Dialogical Psychotherapy*; and co-author with Lynne Jacobs of *The Healing Relationship: A Dialogic/Self Psychology Approach*; and co-editor with Lynne Jacobs of *Relational Approaches in Gestalt Therapy*. He has conducted Gestalt relational therapy training workshops in Brazil, Canada, England, Ireland, Mexico, Norway, Scotland, Wales, and the United States.



Bay of Giardini Naxos at Sunrise

ALL DAY WORKSHOPS: 9.00 to 18.30

Stop managing your emotions and start processing them

Bea MacKay

In our modern world people are often so disconnected from themselves they have stopped processing their emotions and are focused on managing them. This makes it more difficult for them to connect with others. This workshop helps participants help clients recover from unhealed trauma by guiding them through the processing of their emotions using psycho-education, awareness and practice. It teaches the physiology of emotion, synthesis of logical/analytical thinking with sensations of experience, and the importance of the breath. Through lecturettes, working in dyads and demonstration, participants will gain knowledge and experience in guiding clients to make this important change. There will be plenty of time for debriefing and questions. Suitable for participants of advanced level experience. Language of presentation: English.

Presenter

Bea Mackay, PhD is registered psychologist in private practice in Vancouver, Canada working with individuals, couples and families. She offers workshops in Canada and internationally. She is a senior trainer with Gestalt Vancouver and has published a manual on Two-Chair technique titled Two-Two-You Work: How to work with the self in conflict.

The well resourced therapist

Miriam Taylor

This workshop attends to the relational field of trauma and comes to the heart of trauma therapy. Working with traumatised clients can be destabilising even for experienced therapists. Two clinical examples provide the ground for consideration of the impact of trauma on the therapist and on the wider field, mirroring the phenomenology of the client. Theoretical input from Sensorimotor Therapy, neuroscience and contemporary trauma theory become the springboard for participants to explore their own relationship to trauma, their vulnerability to being distressed by the work, and to the co-creation of the traumatised relational field. Discussion and an experiential focus will be maintained throughout, with particular emphasis on developing an increased somatic base for support.

Suitable for participants of all levels of experience. Language of presentation: English

Presenter

Miriam Taylor is a UKCP registered Gestalt therapist, supervisor and international trainer. She trained first as a counsellor and later in psychotherapy. She has taught adults for over thirty years, including as trainer and current examiner at Metanoia Institute. Miriam was clinical coordinator of a young peoples counselling service, which pointed her towards concentrating on trauma, becoming a consultant therapist for a specialist trauma service. Her main interest is in the relational embodied integration of trauma. She is author of 'Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body', 2014, and is an Associate of Relational Change.

Encountering the other: Personal growth and group process workshop

Cathy Gray & Marlene Blumenthal

Encountering the other can be an anxiety filled experience. When we enter a large group in which we are acquainted with only a few people we tend to cling to those we know and limit our encounter with people whom we do not yet know. We limit our experience and narrow the possibilities for growth through engagement with those who are new and/or different from us. In this experiential workshop we will engage in conversation and experiments designed to support our risking to know and to be known by the other. We will address embodied practices of support and contact, building trust through consciously titrating the exposure of vulnerabilities, diminishing projections through intentional conversation, building support for spontaneity and excitement.

Suitable for participants of all levels of experience. Language of presentation: English

Presenters

Cathy Gray is a LCSW psychotherapist in private practice. She trained at the Gestalt Therapy Institute of Philadelphia (GTIP). She works with individuals, couples, and groups and provides supervision, in person and on Skype. Cathy is on the GTIP faculty, is chairperson of its board of directors, and past president of AAGT. In addition to Gestalt Therapy Theory, her work is informed by Focusing, improvisational movement, EMDR, Mind-Body Centering, Developmental Somatic Psychology and life. Cathy teaches nationally and internationally. She also writes, co-authoring an article with Philip Lichtenberg. However, most of her writing remains in her desk drawer.

Marlene Moss Blumenthal, PhD, trained as a clinical psychologist and has worked with children and adolescents, their families, and their teachers in day treatment, residential, and school settings, both individually and in groups. She sees adults and families in her private practice. She is a former director of clinical training at the Gestalt Institute of Cleveland (GIC), participated in developing and co-chairs the advanced training program for working with children and adolescents, and teaches in the advanced program for psychotherapists. She has published research on mother/adolescent daughter relationships, conflict modes and gestalt resistances and authored articles published on these topics.

“I” is an other

Ruella Frank & Jean-Marie Robine

When the French poet Arthur Rimbaud wrote (1871) this paradoxical phrase « I is an other », he was mostly referring to the aesthetic context in which an artist is not the master of the art expressed through him. Rimbaud can be considered a precursor to the contemporary challenge of the classical conception of self-possessed subject in possession of and master of itself. « I » is meaningless without the other. We will explore how kinaesthetic resonance - - the relational feel of our relationality - - forms postural attitudes – our readiness to relate. And likewise, how our ever-shifting postural attitudes bring forward a kinetic-kinaesthetic vibrating. This animated process implies the always reconstructing of the moving situation: the other’s intentionality inhabiting my body and my intentionality inhabiting his/her body.

Suitable for participants of advanced level experience. Language of presentation: English and French.

Presenters

Ruella Frank, Ph.D., is founder and director of the Centre for Somatic Studies, on the faculty at Gestalt Associates for Psychotherapy and full member of the New York Institute for Gestalt Therapy. She teaches workshops internationally. She has authored articles and chapters in various publications, as well as the book *Body of Awareness: A Somatic and Developmental Approach to Psychotherapy*, (2001, Gestalt Press, available in 4 languages) and co-authored *The First Year and the Rest of Your Life: Movement, Development and Psychotherapeutic Change* (2010, Routledge Press, available in 3 languages). Her training video *Introduction to Developmental Somatic Psychotherapy*, now subtitled in French and Russian, is available at www.somaticstudies.com.

Jean-Marie Robine, funder and past director of Institut Français de Gestalt Thérapie, co-founder and past president of European Association for Gestalt Therapy, full member of New York Institute for Gestalt Therapy. Jean-Marie was a student of Isadore From, among the founders of Gestalt Therapy. He is an international trainer, author of many articles and of 7 books about Gestalt Therapy, including *On the Occasion of an Other* (Gestalt Press) and *Social Change Begins with Two* (7 languages). He is currently preparing a book about « self » with 20 international major theoreticians of Gestalt Therapy published in 4 languages (English, Spanish, French, Russian).

Process Group Information

PROCESS GROUPS: Welcome to our conference: “The Aesthetics of Otherness: Meeting at the Boundary In A Desensitized World.”

At this conference we are the largest international gathering in Gestalt Therapy’s history and have a special opportunity to explore the existential, experiential, experimental and aesthetics of our approach. Process Groups are a unique setting for this exploration.

Many of you are unfamiliar with Process Groups so we especially want you to know you that your involvement is essential to them. They have been described as the most meaningful, satisfying and moving aspects of gestalt conferences.

Process Groups are a Gestalt group experiment involving contact. They embody the organizing principles of Gestalt Therapy and apply its theory and practice in conferencing.



Process Groups involve our meeting in small groups of 10-12 members throughout the conference to share, reflect on and critically examine workshops, plenary presentations, and professional and personal experiences. Here there is opportunity in the midst of the busy conference setting for us to meet supported by the intimacy of a small group size to explore emerging experience, thoughts, feelings, questions and their meaning for the conference.

Each group has two facilitators who guide, support and participate. Process Groups are not a group therapy or a leader led topic group. Facilitators encourage, stimulate and support participants to attend to their experience.

All members participate as co-equal participants. Group leadership is seen as a function, not a position. Leadership resides in everyone as members contribute reactions, concerns, knowledge, personal experience, mutual support and ideas.

Emphasis is given to what is figural, the hierarchy of what is most urgent, of interest, and unfinished. Contact, the heart and soul of gestalt therapy, is explored in a supportive emergent group experiment of feeling, perceiving, clarifying and sharing points of view. In our groups we can discover our similarities, differences, diversity, aesthetics, theory/practice, and community. Minority viewpoints, inhibitions, confusions and dissatisfactions can be aired, given attention, clarified and valued as having potential meaning for everyone.

Process Groups bring the large conference into manageable human proportion and illuminate the conference background of diverse experience. They support networking, dissemination of conference information, examining expectations, social interaction, intellectual cross fertilization, and bring to the conference’s emerging gestalt the vital ecological, social and political background. Feedback through facilitators to the conference organizers of themes and experiences (respecting confidentiality) makes it possible for the conference itself to be shaped from our emerging personal/collective experience.

We look forward to sharing and creating this conference experience with you and wish you the best for a very good conference.

Process Groups Committee:

Co-Chairs: Claire Asherson Bartram, Perry Klepner, Silvia Tosi

Committee Members: Rosanna Biasi, Billy Desmond, Judy Graham, Nives Vrecic

Process Group Schedule and Room Assignments

Thursday, September 22nd – 7:00 – 8:30 pm	
Group(s) Number	Room Location
Groups 1 - 47	Tindari A & B
Groups 48-77	Nettuno

Friday, September 23rd - 2:30 – 4:00 pm, and Saturday, September 24th - 6:00 – 7:30 pm			
Group(s) Number	Room Location	Group(s) Number	Room Location
Groups 1 - 16	Tindari A	Group 65	1105
Groups 17 - 23	Tindari B	Group 66	1106
Groups 24 - 37	Nettuno*	Group 67	1107
Groups 38 - 42	Dionisio	Group 68	1108
Groups 43 -49	Calipso	Group 69	1109
Groups 50 - 52	Pitagora	Group 70	2101
Groups 53 - 54	Scilla	Group 71	2102
Groups 55 - 57	Cordari	Group 72	2103
Groups 58 - 60	Cariddi	Group 73	2104
Group 61	Circe	Group 74	2105
Group 62	1101	Group 75	2106
Group 63	1103	Group 76	2107
Group 64	1104	Group 77	2108
*In case of bad weather, other meeting rooms, instead of Nettuno, will be used			

Sunday, September 25th - 10:30 – 11:30 am	
These rooms will be available to these groups	
Group(s) Number	Room Location
Groups 1 - 47	Tindari A & B
Groups 48-77	Nettuno

Community Meeting Information

In the AAGT, our Community Meetings have been a hallmark of our organization and its' intention to create a community in which all members take part in our development, growth and governance. Supported by our constitution (<http://aagt.org/about-aagt/constitution-bylaws/>) and our Covenant of Community (CoC), (<http://aagt.org/about-aagt/#tab-id-2>) which is the list of established ways we wish to conduct ourselves, we endeavor to continually co-create ourselves, and our organization as we value our emerging process together in the spirit of Gestalt principles.

This year marks our first joint-conference with the EAGT and, with it, our first joint Community Meetings! We are excited to introduce EAGT members and other conference participants to join us in this process and to see what this new configuration of Gestaltists will bring forward together as a new community.

We extend this invitation to all and we sincerely hope that you will join us during the conference at our three community meetings and become part of this great experiment!

The Community Meetings during the conference will be held on Saturday from 1:00-2:00 and Sunday from 9:00-10:00 and from 12:00 -1:30 in Tindari A and B

The Meeting Room is located in "Circe"

During this joint conference of AAGT and EAGT, we will be alongside each other as participants and presenters in a variety of contexts (workshops, lectures, and plenaries). While these meetings will reveal some of the similarities and differences of our Associations, that will be incidental, not deliberate. As part of our desire to research this experiment of a joint conference, we are creating this small meeting space where AAGT and EAGT members, as well as those who are not members of either association, can meet in conversation about being AAGT or EAGT members or non-members, the similarities and differences, the experience of the joint conference as a joint creation. In contrast to Process Groups where the focus is the person's experience of their own particular participation in the conference, the Meeting Room is about the Associations' experience.

When it is open, the Meeting Room will be hosted by an AAGT and an EAGT member, who will be in conversation about their respective organisations and would include any visitors in that conversation, and yield the conversation to them.....

There will be flip chart paper on the walls, and plenty of pens, and you are invited to write comments and reflections, in whatever form you are inspired to, (drawing, poem, etc.). You will be asked to date and time your contributions and if willing indicate whether you belong to AAGT/EAGT, neither or both.

The Meeting Room will be open as often as possible throughout the conference except during the times of Process Groups. The location is Circe.

Toni Gilligan and Nurith Levi

*"Contact is the appreciation of differences" ... Fritz Perls
"and the recognition of similarities" ... Dick Price*

WORKSHOP AND PANEL LOCATIONS AND TIMES			
Friday 23 September			
Room	SESSION A 10:30 – 12:00	SESSION B 4:30 – 6:00	SESSION C 6:15 – 7:45
1101	Newly Published Book Exhibition 1	84 Please mind the gap Despina Balliou Exarmenia Pappa	248 Sensing into the between: Implicit Knowing in the Ground of Experience Catherine Gray
1103	55 Saving the Family in the Family Business Melissa Kelly McCabe, Lise Stewart	226 Responding to Securitization in Everyday Life Michelle Billies	29 New Phenomenology- another view to describe the aesthetic of otherness Friedhelm Matthies, Olaf Zielke
1104	122 Challenges of applying research methods in Gestalt therapy Willi Butollo Madeleine Fogarty Mark Reck	Newly Published Book Exhibition 2	34 Meeting at the boundary in a prejudiced world – body, sex, homophobia and intimacy Adam Kincel
1105	170 Gestalt's Clinical Phenomenology and "The Aesthetic Criterion": The Dynamic Connection Sylvia F Crocker	126 How to create a therapeutic relationship? Gro Skottun	36 "The Embodied Otherness" Miguel Islas
1106	93 Somaesthetic Group Therapy: moving bodies, changing lives Billy Desmond	237 Ethics: a fascinating, though daily part of our work as gestalt therapists Joppie Bakker, Helene Fellman, Liz Kerr-Reed, Antje Lemann	97 The language of Gestalt and the Gestalt of language Martin Jara
1107	196 Rupture and Repair: At the Edges of Contact Belinda Harris Deborah Lane	233 Terrible Difference: Religious Conflict, Society, and Gestalt Therapy Philip Brownell Jon Blend Sean Gaffney	189 Toward a Gestalt Aesthetic of Friendship Jack Aylward, Charlie Bowman, Peter Cole, Bud Feder
1108	69 A Memoir Workshop: Writing from experience I Fodor	67 The beauty of contact in a chronical field Raine Malfait	26 Meeting the "Other" Laura and Fritz Perls: Laura, the unknown writer – Fritz, the unknown psychoanalyst Nancy Amendt-Lyon Bernd Bocian
1109	139 Community Music making: A Dialogic Aesthetic Jon Blend	116 The Art of Reflection: using 'response art' as a reflective practice. Camille McDonald	72 The Aesthetics of otherness in Families Beyond the Nuclear, and Groups - an experiential exploration Claire Asherson-Bartram

Color Chart: Yellow = Panels

Green (Session E) = Lectures

Grey = Workshops

Pink = Newly Published Book Exhibition

WORKSHOP LOCATIONS AND TIMES			
Friday 23 September			
Room	SESSION A 10:30 – 12:00	SESSION B 4:30 – 6:00	SESSION C 6:15 – 7:45
2101	115 Gestalt courts psycho-physiology: two case studies and the objective measurement of a two chairs gestalt intervention. Bea Mackay Sandra Jones Hiroko Demichelis	86 The verbal and nonverbal experience of Migration Natsu Hattori Alessio Rizzo	163 "I and Thou" in the couple Alexander Lommatzsch Caterina Terzi
2102	42 FlowerScapes Eleni Arsenidou	219 Couple: contract, balance and conflict Maria Lekareva	241 Encountering the Cultural 'Other' in Gestalt Group Therapy; Structured and Emergent Ways to Promote Authentic Contact and Appreciate Difference Patricia Tucker
2103	103 In the name of the love - Meeting Point on the Boundary Sanja Bratina, Edina Mahmutovic Margareta Mesic	151 The body creates the word and the word creates worlds. The bodily experience and the writing experience in Gestalt therapy Fabiola Maggio, Marilena Senatore	155 The Autogenic Training in Gestalt Therapy Teresa Borino
2104	117 The law of Prägnanz and aesthetic Daan van Baalen	264 Gestalt Therapy with different groups of migrants, similarities and differences Deirdre Winter	46 Refugees, hosts and gestalt therapists Vikram Kolmannskog
2105	203 The aesthetic of supervision: working with professional dilemmas relating to family issues involving a desensitized lifestyle. Sandra S Carvalho	166 Meeting at the boundary: adolescents, gadgets and contact in a modern world Kirill Khlomov	179 Crossing the narcissistic mode for a new aesthetic of the Self Valeria Conte
2106	108 Jean-Louis Chrétien's Call and Response: Therapeutic Implications of Contact with Divinity Philip Brownell	185 Who fears emptiness? Rosella De Leonibus	64 The movement of the global village at contact-boundary Monica Bronzini Michela Gecele Michele Cannavo
2107	200 Getting back to our senses, or about conscientious sensitized contacts Astrid Dusendschön Isabelle Le Peuc'h	131 GESTALT COACHING AND CONSULTING: supporting awareness and creative adjustment within organizations Franco Gnudi	Newly Published Book Exhibition 3
2108	263 Gifts from the Underworld: restoring ourselves and our field Rosie Burrows	244 The many facets of the Other: models of the Dialogue in group and individual Gestalt therapy, reflecting diverse views of the leaders of the communicative and dialogical philosophy Ilia Mstibovskyi	134 Explorations of the impact of gender as "other" Di Hodgson
Scilla	167 Top and underdogs and the dance of creativity. Petra Lindblom	109 "Addictive experiences and gestalt therapy: An impossible relationship?" Maya van Zelst	135 Lights of darkness – facing intimacy Arpad Mondok

WORKSHOP and PANEL LOCATIONS AND TIMES			
Friday 23 September			
Room	SESSION A 10:30 – 12:00	SESSION B 4:30 – 6:00	SESSION C 6:15 – 7:45
Cordari	140 Vitality Lynda Osborne, Mary Turner	49 Keeping It Real – A Therapist’s Guide To Working With Couples Marla Silvermann	106 Talent in Relationship Gerrie Hughes Piergiulio Poli
Cariddi	21 "Dancing at the Boundary": Contact-Improvisation (CI) in Gestalt Ayre Bursztyn	199 Meeting the Other through Conversation and Play: A Clinical Approach to Gadamer’s Hermeneutics Carol Swanson	52 You and I: the "id of the situation" Jean-Marie Robine
Pitagora	130 Buddhist Psychology/Gestalt Therapy Integrated Eva Gold Steve Zahm	245 A Mindfulness Meditation Practice: Embodied Awareness in a Desensitized Field Lalei Gutierrez, Rosanna Zavarella, Philip Belunce	213 Using Gestalt Methods to effectively work with Borderline and other personality disorders Mike Cotayo
Dioniso	210 Human Rights and social responsibility in times of crisis Guus Klaren Dieter Bongers Ivana Vidakovic Michela Gecele Joanna Kato	57 The Integration of Gestalt Therapy & Mindfulness: New Somatic Approaches for the Treatment of Trauma & Cultivating Resiliency Ronald Alexander	30 Aging and Beauty, Living And Dying: Through A Gestalt Lens Madelon Rudman Clark, Anne Leibig
Calipso	33 The Cape Cod Model for Working with Couples Joseph Melnick	101 What does a group need in order to become a group - what supports individuals to take the risk of contact in a group? Ulla Diltsch, Gunter Ditzelmuller	152 Figure and ground experiences of the self: integrating development and psychopathology in clinical practice Margherita S Lobb
Nettuno	183 From Fusion to Otherness to Connection Couples Therapy Revisited Rita Resnick Robert Resnick	22 A Musical Introduction to Borderline Adaptations Elinor Greenberg	23 Appreciating the aesthetics of personality function: embodied hopes, dreads and enduring relational themes Lynne Jacobs
Tindari A	19 Dancing the Aesthetic of Otherness Peter Philipsson	259 The Aesthetic of the Emerging Other: beauty, responsibility and evil at the contact-boundary Dan Bloom Sally Denham-Vaughan Jelena Zeleskow Djoric Gianni Francesetti	110 The Meeting of Gestalt Therapy Practice and Research Mark Reck Laima Sapezinskiene Rytis Artusas Stelingis, Christine Stevens Jan Roubal
Tindari B	193 Suffering at the contact boundary: A developmental perspective Margherita S Lobb Ruella Frank Christine Stevens	53 Embodied Intimacy: A Neurobiological-Gestalt Integration of Couples and Sex Therapy Stella Resnick	32 The Other in Organisational Work Frans Meulmeester Joe Melnick Maria-Anne Chidiac Sue Congram

WORKSHOP AND LECTURE LOCATIONS AND TIMES
Saturday 24 September

Room	SESSION D 10:30 – 12:00	SESSION E 2:30 – 3:30	SESSION F 4:00 – 5:30
1101	27 When the Therapist Feels Being Put Out of Balance: The TaiChi Metaphore Vincent Beja	90/96 Developing an Evidence Base for Gestalt Therapy: Applied research skills Willi Butollo and Madeleine Fogarty	76 Healing play: de potential of the "doing as if" imagination of play in the therapeutical relation. Kristen Verellen
1103	160 Experiences of otherness in teams – working at the contact boundary in group mediation Silvia Prins	48 Core competencies in Gestalt Therapy – Presentation of a Research Study Project of the Institute of Integrative Gestalt-Therapy Ursula Grillmeier-Rehder, Vienna IG wein 99 The creation of an international practice based research network in Gestalt Therapy process and outcome Pablo Herrera, Jan Roubal, Illia Mstibovskyi, Jorg Bergmann	114 The Aesthetics of Holding Space for Women Ann Bowman Gail Feinstein
1104	50 Playful Exploration of Meeting Otherness Eva Wendt	78/243 Cultural Humility and Gestalt Therapy: An Exploration of Intersections and The Cosmology of the Ancient Mexican: A Gestalt View Justin Laird, Claudia Fernandez Santoyo	127 Meeting the Other when the Other is Ourselves: The Aesthetic of Otherness in Illness and Contacting. Janneka van Beusekom Catherine Gray
1105	68 Moving Stories. Resonating with rhythms of the situation Helena Kallner	225 Siblings and Gestalt Therapy. Being brothers and sisters in a desensitized world Rosaria Lisi 238 The SIB Dimension: The post-modern experience of sibling-like relationships Alessia Repossi	37 Meeting with Otherness of Childhood: Gestalt-Therapy with Child Parent Couple Natalia Kedrova Polina Egorova
1106	240 Biospheria: Using Environmental Opera to Re-sensitize the Contact-Boundary between Self and Natural World(s) Steven Ausbury	123 Gay men in old age – a challenge for both patient and therapist Urs Stauffer	98 Gendering in Gendered Field Milena Zakri Alincova Michael Andrew Foy
1107	39 Gestalt Therapy's Embodied Styles Susan Gregory	224 Panic disorder and general medicine Simona E. M Mignosa 157 Panic Attacks – Relational Model of Base (MRB), Life Cycle and Clinic in Gestalt Therapy Kairòs Gaspere Orlando	156 Destiny of the sentient experience. A journey into the development of our humanity Pierre-Yves Gorieux
1108	45 Eros, sexuality and the Illusional presence of the Other Petros Theodorou	146 What does the "post-modernization" of Gestalt Therapy concepts mean and which problems may arise? Kathleen Hoell 133 Awareness and responsibility in a desensitized world: The challenge of the Gestalt therapy here and now. Pilar Campo	71 Falling through the bottom, grounding in bottomlessness Marianne De Wulf
1109	222 Infinite desire in a finite world Antonia Konstantinidou, Fotini Maroglou, Georgios Giaglis, Katerina Manolaki, Katerina Siampani, Rama Shadmon	44 An investigation using Gestalt Diagnostic Instruments for Treatment Effectiveness Measurement at a Gestalt Psychotherapy Clinic & Training Institute and establishing your own Quantitative research Agenda Workshop Susan Grossman	236 Blame and Otherness: Towards Theoretically Consistent Complaints Procedures. Toni Gilligan

Cancelled

WORKSHOP AND LECTURE LOCATIONS AND TIMES Saturday 24 September			
Room	SESSION D 10:30 – 12:00	SESSION E 2:30 – 3:30	SESSION F 4:00 – 5:30
2101	<p>95 Professional Competencies and Qualitative Standards” as Inspirations for Gestalt Therapists</p> <p>Beatrix Wimmer Tomaz Flajs Joseph Melnick Richard Lompa</p>	<p>121 Filling the Chair in the Empty Chair technique using Immersive Virtual Reality Mel Slater</p> <p>186 Beyond flattening, instruments for a Clinics of Bonds Rosella De Leonibus</p>	<p>92 In Search of a Good Metaphor: Helping our clients to discover meaning and be open to new possibilities for living</p> <p>Tomaz Flajs Christine Stevens</p>
2102	<p>73 ‘Knitting an inter-net’ by sensitized storytelling</p> <p>Olaf Zielke Guus Klaren</p>	<p>230 The Borderline patient: an insistent, anguished demand for clarity in a desensitized world Valeria Conte</p> <p>58 Gambling Disorder: Case Study from a Gestalt Therapy perspective Giovanna Silvestri</p>	<p>59 Personality Disorders: relational experiences in a fragmented, desensitized world</p> <p>Michela Gecele</p>
2103	<p>191 Linking Addiction and Shame: a Relational Gestalt Exploration</p> <p>Michelle Seely Armin Baier</p>	<p>215 Description and analysis of an observation tool: the gestalt Daniela Lipari</p> <p>198 Aesthetics of contact and alzheimer’s disease: which support in a desensitized world? Grace Maiorana</p>	<p>82 Nostalgia – Where We Come From and Where We Go To... The meaning of Home</p> <p>Joanna Kato</p>
2104	<p>24 The Aesthetics of Health and Well-Being in Organisational life: Key Relational Supports</p> <p>Maria-Anne Chidiac, Sally Danham-Vaughan</p>	<p>120/217 Every creativity’s worth a psychotherapy. The beauty of words Yianna Yiamareloy, Alessandra Vela and Rosa Salvo</p>	<p>47 The Aesthetic of Writing: Meeting the Other at the Boundary</p> <p>Susan Fischer</p>
2105	<p>143 «Why do we love? Closeness of Otherness in Couples...» Gestalt therapy for couples.</p> <p>Inna Didkovska</p>	<p>246 Competencies of Gestalt Psychotherapist – What and How Sanja Bratina, Branka Dostanic</p> <p>181 Defining Competencies: Heresy or Bringing out an intrinsic quality of Gestalt Therapy Andreas Weichselbraun</p>	<p>239 Meeting Art at the Contact Boundary: An exploration of the relationship between contemporary art and Gestalt theory and practice</p> <p>Perry Gunther</p>
2106	<p>80 Bodies, Images and stories: how to meet and sensitize the other in a co-created field</p> <p>Michele Cannavo Jelena Zeleskov Djoric</p>	<p>75 Getting back to our senses or: fundamentals about conscientious sensitized contacts Astrid Dusendschön</p> <p>147 “I do not know if happiness will show before me...or rise within me...deliberately I move along” (P.Goodman) Georg Pernter</p>	<p>188 Education as a creative process</p> <p>Claude Falgas</p>
2107	<p>65 Falling Towards a Quality of Presence and Inclusion</p> <p>Emilyn Claid, Lynda Osborne</p>	<p>105 Gestalt theory and practice in post traumatic crisis intervention Michal Cernik</p> <p>51 An experience of working as a Gestalt Therapist after a series of major earthquakes Nickei Falconer</p>	<p>94 The body in “now for Next”. The network that comes from the background of Gestalt Competencies</p> <p>Monica Bronzini Barbara Montomoli Nunzia Sgadari Graziana Busso</p>

WORKSHOP AND LECTURE LOCATIONS AND TIMES
Saturday 24 September

Room	SESSION D 10:30 – 12:00	SESSION E 2:30 – 3:30	SESSION F 4:00 – 5:30
2108	194 Leadership: illuminating the eclipsed Susan Congram	158 The face of the Other – the desire to love and the desire to kill. The significance of Emmanuel Levinas for the Gestalt Therapy Ruth Reinboth 111 The Beauty violated. Femicide and the prison treatment intervention for the perpetrators of violent crimes Annalisa Castrechini	251 Trauma: impairment and/or growth? Jasenska Pregrad
Scilla	172 Yoga and Psycho-therapy – Awareness of emotions in Psycho-therapy and Yoga Bosiljka Janyusevic Dragana Lalic	228 The Perls’ Mistake. The personal power as a prerequisite for the aesthetic of otherness Giovanni Salonia 89 Sexuality, Love and Attachment Dieter Bongers	206 Tango/Gestalt - the Art of Leading and Following John Leary-Joyce
Cordari	184 NEW Contemporary Gestalt Therapy Demonstration and Theory Films - A Film Screening And Discussion Robert Resnick	81 The Model of Gestalt– Diagnosis of Eating Disorders Irina Lopatukhina 66 Hunger for... relationships. A Gestalt vision of binge eating disorder related to obesity Silvia Alaimo	182 Undoing the Splits: A relational field perspective on trauma Miriam Taylor
Cariddi	211 A Brief Introduction to Family Constellations for Gestaltists Carol Siederer	144 Tramas Familiars: An Introduction to our approach in Family Psychotherapy Adriana Leto, Daniela Mengazzo, Monica Nigro 180 Sleep Coaching – a Gestalt integrating approach for Sleep Disorders Brigitte Holzinger	148 Awakening the Dream: From disowned self to the dreaming relational field Maria de Lourdes Kepner
Pitagora	60 A Gestalt therapy perspective on psychotic experiences Gianni Francesetti	112 Aesthetic of foreigner Elisabetta Caldera 254 The new Wretched of the Earth: migrants and asylum seekers from sub-Saharan Africa, victims of torture, inhuman and degrading treatment Peppe Cannella	83 Gestalt Therapy of Psychosomatic Disorders Oleg Nemirinskiy
Dioniso	187 Embodied Interventions and experiments as body-to-body-communication within a Relational Gestalt approach Julianne Appel-Opper	207 Spontaneity and intentionality of contact: A modality of working with children, their parents and their world Silvia Tosi 100 Unique Adaptations of Methods from Psychodrama, Movement work and Couples and Family Therapy Victor Daniels	54 Eros at Work: Sex, intimacy and the aesthetics of otherness Leanne O’Shea Sally Denham-Vaughan
Calipso	192 The Aesthetic of Music, Imagery and Gestalt: An Experiential Workshop Bob Witchel	253 Gestalt approach to support and therapy during and after trauma Jasenska Pregard 258 Trauma and Dissociative experiences in Gestalt Therapy Valeria Rubino	28 Form Forming Form Ruella Frank

<p style="text-align: center;">WORKSHOP AND LECTURE LOCATIONS AND TIMES Saturday 24 September</p>			
Room	SESSION D 10:30 – 12:00	SESSION E 2:30 – 3:30	SESSION F 4:00 – 5:30
Nettuno	<p>162 The dance of the chairs and the dance of the pronouns. The Theory of Self and Family Therapy in Gestalt Therapy Giovanni Salonia</p>		
Tindari A	<p>124 The relational nervous system in Gestalt Body Process Psychotherapy James Kepner</p>	<p>178 A Model for Training Gestalt Therapists integrating Buddhist psychology/mindful-ness Eva Gold, Steve Zahm</p> <p>35 Existential dimension of supervision Elena Kaliteevskaya</p>	<p>63 Meeting-the-Other-Meeting-Me: Presence and Otherness; Deepening Relational Theory and Practice Rich Hycner</p>
Tindari B	<p>242 Finding the Other: the relational function of self Dan Bloom</p>	<p>231 Social representations of Gestalt Therapy: a structural approach Vassia Karamanoli</p> <p>85 Bridging the otherness of two worlds: Business Organizations and Gestalt Approach Frans Meulmeester George Stamatis Ioanna Rizou</p>	<p>249 The Body in the Culture and the Culture in the Body Julianne Appel-Opper Ayre Bursztyn Greet Cassiers Adam Kincel</p>



Workshop Description Index

You can find each workshop description, including presenter(s) bios, learning objectives on the page listed next to the workshop number. For example, workshop 19 is on page 36 of the **online brochure**.

<u>Workshop</u>	<u>Page</u>								
#	#	#	#	#	#	#	#	#	#
19	36	60	84	108	45	158	104	211	78
21	43	63	118	109	50	160	75	213	69
22	57	64	69	110	73	162	88		
23	70	65	82	111	104	163	66	217	97
24	83	66	96	112	100	166	54	219	54
26	71	67	53	114	108	167	37	222	84
27	75	68	76	115	47	170	37	224	93
28	117	69	39	116	59	172	79	225	92
29	63	71	110	117	40	178	89	226	60
30	65	72	66	120	97	179	72	228	102
32	74	73	79	121	95	180	103	230	101
33	36	75	99	122	48	181	99	231	94
34	64	76	115	123	92	182	116	233	62
35	89	78/243	105	124	80	183	41	236	117
36	64	80	81	126	51	184	87	237	51
		81	96	127	109	185	56	238	92
39	83	82	112	130	45	186	95	239	113
42	40	83	111	131	58	187	77	240	77
44	60	84	59	133	107	188	114	241	67
45	78	85	94	134	70	189	65	242	86
46	67	86	53	135	72	191	80	244	60
47	113	89	102	139	39	192	86	245	56
48	90	90/96	106	140	40	193	47	246	98
49	56	92	111	143	81	194	82	248	63
50	76	93	37	144	103	196	38	249	119
51	100	94	114	146	107	198	97	251	115
52	71	95	87	147	99	199	53	253	91
53	58	97	64	148	109	200	42	254	101
54	118	98	110	151	52	203	41	258	91
55	44	101	50	152	72	206	120	259	61
57	61	103	43	155	51	207	105	263	42
58	102	105	100	156	116	210	46	264	55

Conference Plenary Presentation

Plenary Speech - Donna Orange, PhD, PsyD

Friday, September 23, 2016, 8:30 – 10:00

“MY OTHER’S KEEPER: RESOURCES FOR THE ETHICAL TURN IN PSYCHOTHERAPY”



Donna Orange, PhD, PsyD, is educated in philosophy, clinical psychology and psychoanalysis, teaches at NYU Postdoc (New York); IPSS (Institute for the Psychoanalytic Study of Subjectivity, New York); ISIPSé (Roma and Milano); and in private study groups. She also offers clinical consultation/supervision in these institutes and beyond. Recent books are - *Thinking for Clinicians: Philosophical Resources for Contemporary Psychoanalysis and the Humanistic Psychotherapies* (2010), *The Suffering Stranger: Hermeneutics for Everyday Clinical Practice* (2011) *Nourishing the Inner Life of Clinicians and Humanitarians: The Ethical Turn in Psychoanalysis*, and in press, *Climate Justice, Psychoanalysis, and Radical Ethics* (2016)

Panel Bios:

Dan Bloom JD, LCSW, is a psychotherapist in private practice in New York City. He is past president and fellow of New York Institute for Gestalt Therapy and past president of the Association for the Advancement of Gestalt Therapy. He is adjunct faculty at institutes around the world and independently trains and supervises gestalt therapists. Dan has been widely published. He was Editor-in-Chief of *Studies in Gestalt Therapy: Dialogical Bridges* and is an associate editor of the *Gestalt Review*. He co-edited the books *Continuity and Change: Gestalt Therapy Now* and *The New York Institute for Gestalt in the 21st Century*.

Lynne Jacobs, Ph.D., is co-founder of the Pacific Gestalt Institute, and a Training and Supervising Analyst at the Institute of Contemporary Psychoanalysis. She is particularly interested in relational processes in therapy, has authored numerous articles, and co-authored/co-edited (with Rich Hycner), two books. She teaches and trains nationally and internationally.

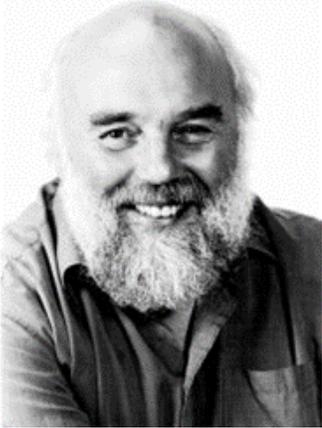
Margherita Spagnuolo Lobb, PhD is the Dir. of the Istituto di Gestalt HCC Italy (Siracuse, Palermo, Milan), since 1979, recognized by the It. Minister for the Universities. Programs in Gestalt Psychopath. Full M. of the NYIGT, Past-President and first Honorary M. of the EAGT, Founder and Hon. President of SIPG, Past President of FIAP, Current President of FISIG. She trained with Isadore From and E. and M. Polster. Her work has been influenced by Daniel Stern. She has contributed extensive to the development of GT theory and method: 2 books and 6 edited books, about 100 articles and chapters. Editor of the Italian Journal *Quaderni di Gestalt* (since 1985). Her most recent book, *The Now-for-Next in Psychotherapy. Gestalt Therapy Recounted in Post Modern Society* is available in 6 languages.

Conference Plenary Presentations

Plenary Speech – Leslie Greenberg, PhD

A Gestalt Research Program: Politics and Purity

Friday, September 23, 2016, 1:00 – 2:00



Leslie Greenberg, Ph.D. is Distinguished Research Professor Emeritus of Psychology at York University in Toronto, Ontario. He has authored the major texts on Emotion-focused approaches to treatment of individuals and couples. These include the original texts *Emotion in Psychotherapy* (1986), *Emotionally Focused Therapy for Couples* (1988) and *Facilitating Emotional Change* (1993) and more recently *Emotion-focused Couples Therapy: The dynamics of emotion, love and power* (2008). *Emotion-focused therapy: Theory and practice* (2010), *Working with Narrative in Emotion-focused Therapy: Changing Stories, Healing Lives*. (2011) and *Therapeutic Presence* (2012). He has published extensively on research on the process of change.

He has received the Distinguished Research Career award of the International Society for Psychotherapy Research as well as the Carl Rogers and the Distinguished Professional Contribution to Applied Research of the American Psychology Association. He also has received the Canadian Psychological Association Professional Award for Distinguished Contribution to Psychology as a Profession. He conducts a private practice for individuals and couples and trains people internationally in emotion-focused approaches.



Taormina, Sicily

Conference Plenary Presentation

Plenary Speech – Tonino Griffero

Atmospheres as quasi-things: for a pathic aesthetics

Saturday, September 24, 2016, 8:30 – 10:00



Tonino Griffero is full professor of Aesthetics (University of Rome “Tor Vergata”, Italy), director of Master “Comunicazione estetica e museale” (Scuola IAD, Univ. di Tor Vergata-Galleria Nazionale d’Arte Moderna di Roma) and member of the Guaranty Committee of SIE (Società Italiana d’Estetica). He is editor of these series of books: “Oltre lo sguardo. Itinerari di filosofia” (Armando Editore, Roma) 2007-2012; “Percezioni. Estetica & Fenomenologia” (Christian Marinotti Editore, Milano); “Sensibilia” (Mimesis Edizioni, Milano). He is also director of Sensibilia Colloquium on Perception and Experience (www.sensibilia.it), “Lebenswelt. Aesthetics and Philosophy of Experience” <http://riviste.unimi.it/index.php/Lebenswelt/index>, “Atmospheric Spaces. Aura Stimmung Ambiance” <https://atmosphericspaces.wordpress.com/>.

Tonino Griffero’s areas of competence and topics are: Hermeneutics, German Idealism, Philosophy of Symbol and Mythology, Transitive Imagination, Spiritual Body, Phenomenology and Aesthetics of Atmospheres, Lived Spaces and Felt Body.

For a **full bibliography**: www.sensibilia.it/Griffero. See also http://it.wikipedia.org/wiki/Tonino_Griffero

Panel Bios:

Mônica Botelho Alvim: Gestalt therapist and holds a PhD in Psychology. She has worked in private practice for 25 years and has also been involved with the training of Gestalt therapists in several institutes throughout Brazil. She is a university teacher and supervisor in the area of phenomenology and Gestalt therapy at the undergraduate and graduate level at the Federal University of Rio de Janeiro (UFRJ), Brazil. Mônica coordinates the Center for Interdisciplinary Studies in Phenomenology - NEIFeCS, in which she researches the contemporary situation and its impacts on existence and the forms of suffering and illness, seeking to integrate the psychological to the sociohistorical and political dimension. Author of numerous articles and two books, her research interests involve traditional clinical practice and the development of more wide-reaching clinical models, always keeping an interdisciplinary dialog involving Gestalt therapy, philosophy and art.

Gianni Francesetti: Gestalt psychotherapist, psychiatrist, international trainer and supervisor, Coordinator of the International Training on Gestalt Therapy Approach to Psychopathology (Istituto di Gestalt HCC Italy). President of the EAGT, Past President of FIAP and of SIPG, NYIGT, AAGT, SPR member. He has authored articles, chapters, and books in the field of psychiatry and psychotherapy (among the last books: Francesetti, Gecele, Roubal (2013), Gestalt therapy in Clinical Practice, Ist. HCC Italy Publ.; Francesetti G., Absence is a Bridge Between us. Gestalt Therapy approach to depressive experiences, Ist. HCC Italy Publ., 2015). He lives and works in Turin (Italy) as psychotherapist, psychiatrist and supervisor.

Jean Marie Robine: Clinical psychologist and international trainer of Gestalt-therapists. Founder and past director of Institut Français de Gestalt-thérapie (1980), co-founder and past-president of EAGT. Full member of New York Institute for Gestalt Therapy. Author or editor of 8 books about GT translated in several languages (Among them in English: “On the Occasion of an Other” Gestalt Journal Press), “Social Change begins with Two” (Istituto di Gestalt HCC Press) and “Self - A Polyphony of Contemporary Gestalt Therapist” (in Press, L'exprimerie).

Workshop Descriptions—Full Conference

WORKSHOP – PANEL – LECTURE DESCRIPTIONS Friday, September 23 - Session A - 10:30 – 12:00

19 Dancing the Aesthetics of Otherness

Workshop with ***Peter Philippon, M.Sc.***

I want to get away from a cognitive approach to otherness, and approach the other (human and non-human) through movement and sensory experiencing. The workshop will be in two parts: the first will be mostly nonverbal, focusing on “the boundary” between the organism and its environment, primarily the skin surface and the other organs of sensory and motor “response” (PHG). We will use movements from dance and martial arts to explore the range from contact to conflict. The second part will be a theoretical presentation and a discussion of the experience in the first part, and how to apply this approach to therapy.

Learning Objectives:

- After participating in this workshop, participants will be able to express their meeting of the other through embodied movement and sensory awareness.
- After participating in this workshop, participants will be able to utilize the learning from Objective 1 in their therapeutic work.

Bio: Gestalt psychotherapist and trainer, Teaching and Supervising Member of Gestalt Psychotherapy and Training Institute UK, Full Member of the New York Institute for Gestalt Therapy, Senior Trainer for some European institutes and a guest trainer for many training programmes internationally. Author of some books and many chapters and articles. I’m a teacher and student of traditional Aikido.

33 New Phenomenology- another view to describe the aesthetic of otherness

Workshop with ***Joseph Melnick, Ph.D.***

The Cape Cod Model for Working with Couples The Cape Cod Model for working with small systems (couples, families, groups, and teams) has been presented around the world. It is designed to support connection and combat the desensitization that often occurs in couples. This highly interactive presentation will start with a description of the Model that helps couples connect, rather than desensitize. The power of an optimistic stance will then be described. We will all participate in a live demonstration of the model that includes how to ‘see a system’ how to connect with it, and how to intervene. We will end with a discussion.

Learning Objectives:

- After participating in this workshop, participants will be able to utilize this model for conducting couples' therapy
- After participating in this workshop, participants will be able to critique competency and how to intervene to create and sustain it

Bio: Joseph Melnick, Ph.D., is Chair of the Cape Cod Training Program and serves on the Board of the Gestalt International Study Center. He is a couples and family therapist, an organizational consultant, and teaches worldwide. The founding editor of Gestalt Review, he has published extensively and recently co-edited (with Edwin Nevis) *Mending the World: Social Healing Interventions by Gestalt Practitioners Worldwide*. He, along with Sonia Nevis, is completing a book that describes the model and its use in working with couples, families, teams, and groups.

167 Top and underdogs and the dance of creativity.

Workshop with *Petra Lindblom*

In this workshop, I will introduce a technique to play with top and underdog dialogues using dance /movement, painting and writing. The aim of the workshop is to find a playful way to unlock the secrets of internal and external top and underdog fights. A way to explore the creative fuel in an inner conflict - to start moving instead of being blocked. During this workshop, we will use creativity and art to unfold our hidden resources, connecting in new and creative ways. Come with a playful mind and clothes for movement. Body-Mind /Therapy/Art/ Expression. Top and Underdog. Painting/ Moving / Dancing/ Text Writing / Poetry

Learning Objectives:

- After participating in this workshop, participants will be more aware and able to distinguish new aspects of their inner top and underdog and their creative potential.
- After this workshop the participant will have practiced playfulness in some new areas

Bio: Actor, Theatre pedagogist and Gestalt Therapist (educated at GIS in Denmark, an EAGT accredited institute). Born in Sweden, I trained as an actor at a theatre school in Denmark and at acting seminars at the Odin Teatret in Denmark. I have worked professionally as an actor since 1991, travelled and worked in many countries, as an actor, pedagogue, and a project leader organizing festivals and seminars. I have led gestalt groups for people in crisis, people who are overweight, for people wanting to explore their creativity and for children with special needs. I am interested in how creativity, play-fullness and authentic expression can be a precious and therapeutic pro-life tool in working with people in a difficult life situation. I completed my qualifications as a gestalt therapist at GIS in Denmark at 2015.

170 Gestalt's Clinical Phenomenology and "The Aesthetic Criterion": The Dynamic Connection

Workshop with *Sylvia Fleming Crocker, PhD*

I will distinguish Gestalt's clinical phenomenology from that of Husserl's phenomenology, giving the salient features of Gestalt's clinical form. After giving a working definition of Gestalt's aesthetic criterion, I will discuss its reciprocal and dynamic connection to Gestalt's clinical phenomenological method. Out of this discussion will, I hope, emerge how all of the essential elements of the Gestalt approach spring from this dynamic: the interpersonal relationship, dialogic listening, body work, experiments, homework, and so on. I also hope this discussion will clear up several confusions about the nature of clinical phenomenology.

Learning Objectives:

- After participating in the workshop the participant would be able to distinguish between Gestalt's clinical phenomenology and Husserl's.
- After participating in this workshop, the participants should be able to practice Gestalt's clinical phenomenology with greater understanding and precision.

Bio: Sylvia has been in private practice in Laramie, Wyoming since the early 80's. She trained with the Polsters and with the faculty of the Gestalt Therapy Institute of LA. A founding member of AAGT, she has presented at all of its conferences. Sylvia has given training workshops in the US and in many foreign countries. Having published numerous journal articles and one book, *A Well-Lived Life: Essays in Gestalt Therapy*, she is currently writing a book on Gestalt's phenomenological method.

93 Somaesthetic Group Therapy: moving bodies, changing lives

Workshop with *Billy Desmond, MSc*

Somaesthetic Group Therapy offers an epistemology, methodology and approach that supports the wisdom of our animating, sensing, vibrating, moving inter-embodied experiences at the contact-boundary. Too frequently, our subtle, not so obvious moving living self as co-emergent of the relational field is left in abeyance. In group therapy, there tends to be a focus on language and its effect. However, language is clumsy at noting the actual contours of experience and 'there is a slippage between experience and words' (Stern, 1985, p.181). We appear to have diminished our ability to think in movement --a fundamental capacity we are all born with. As persons (regardless of culture) we have a shared phenomenal field constituted of animating, sensing, vibrating and moving in relationship with other(s). Fostering curiosity and uncertainty in the id of the group situation may reveal an intentionality of our moving and animating contacting desires-- a possibility for novel creative adjusting.

Learning Objectives:

- Describe how implicit memory is made explicit through inter-embodied interactions as it emerges through our animating, sensing, vibrating and moving selves.
- After Participating in this workshop participants will find a heightened awareness of the Gestalt therapy theory concepts of contact-boundary, co-creating field, self/other(s) support and id of the situation from a group therapy perspective

Bio: Billy Desmond, MSc Gestalt Psychotherapy, Dip Gestalt, MBA. I am a queer, married Irish man, 'working' in a city and 'homing' in the wildness Ireland's rural west coast- a bodily moving that 'calls forth' different possibilities of responding to my changing environments. Gestalt therapy theory informs my living and participating in the world- 'insisting' on discovering, if only momentarily the necessary supports to explore novelty in each encounter. I work as Gestalt psychotherapist, supervisor, OD practitioner, and dialogical adult educator. My interest as a Gestalt therapist/practitioner researcher is exploring and nurturing the development of embodied and creative ways of knowing within a dialogical relationship in groups.

196 Rupture and Repair: At the Edges of Contact

Workshop with ***Belinda Harris, PhD and Deborah Lane, BSW, PCC***

This experiential workshop provides opportunities for practitioners to explore afresh their ways of being fully present for others. A commitment to awareness, dialogue, and contact lies at the heart of gestalt practice, "the embodied experience of full, vibrant contact is intrinsically aesthetic and transformative" (PHG, 1951). However, even between experienced professionals contact may not be the spontaneous, energetic, co-created meeting described by Yontef, 1993 and Hycner, 1995. Individual, dyadic, small group activities will provide participants with opportunities to explore and appreciate their edges of contact - the beginnings and endings that make a difference to the quality of meeting at the contact boundary. Our aim is to facilitate the embodied exploration of moving towards and moving away from full contact, and for mutual feedback on the experience. In this way, participants may deepen their awareness of the aesthetics of their contacting style and identify any growing edges.

Learning Objectives:

- Identify at least one growing edge in their capacity for contact
- Demonstrate the ability to: Give and receive constructive contact-focused feedback

Bios: Belinda Harris, PhD is Director of Taught Programs and Associate Professor at the University of Nottingham, UK, and Professional Associate at GISCI, USA. As a Gestalt psychotherapist (UKCP), coach (ICF PCC), supervisor and educator Belinda works at the interface between psychotherapy, coaching and education. As an academic and educational leader, she is committed to the application of gestalt theory and methodology in every aspect of her professional life and works to support transformative change in individuals, teams and organisations. She is assistant editor of the British Gestalt Journal

Deborah Lane, BSW, PCC is a Gestalt Coach (ICF PCC) and business woman who has run her own construction company for 35 years. She studied with Sonia Nevis (and other Gestalt luminaries, including Edwin Nevis) for over 20 years and is a graduate of the Cape Cod Training Program. Deb has been an energy worker/body therapist for more than 25 years. She has applied her Gestalt methodology and philosophy in her spiritual life, and in all her personal and professional relationships, including coaching, teaching and the management of large and small construction sites.

69 **A Memoir Workshop: Writing from experience**

Workshop with *Iris E. Fodor, Ph.D.*

Gestalt therapy's emphasis on process often deemphasizes narrative and story. As we grow older and need to come to terms with our life experience, losses and history, we become more preoccupied with our stories and their meaning. There is a tradition for a narrative approach to Gestalt therapy (E. Polster 'Every Person's Life is Worth a Novel'). Drawing on my own experience in memoir writing I will present some of the techniques honed from experiential memoir writing workshops. In the experiential segment we will use theme-based techniques to do some memoir writing about meaningful life experiences. We will read some of the writing in the group. I will also discuss how to integrate experiential writing into therapeutic work with clients.

Learning Objectives:

- To review literature on Memoir, relevance for Gestalt therapists. Practice some techniques for experiential writing,
- Participants will learn to begin to identify personal themes. Participants will learn to risk writing from experience

Bio: Iris Fodor, Ph.D., former Director of the School Psychology doctoral programs at New York University is a Gestalt therapist in New York City. A clinical psychologist who does Gestalt therapy training, teaching and supervision, Iris was an Associate Editor of Gestalt Review and has published articles on the integration of Gestalt and Cognitive Therapy, mindfulness, women's body image, feminist therapy, as well as autobiographical chapters on the life of a therapist. Iris is also a photographer who has done projects on digital story telling and narrative process with indigenous children. Recent work focuses on memoir, experiential writing and life story.

139 **Community music making: A dialogic aesthetic**

Workshop with *Jon Blend, MA*

This fun, improvisational music-making workshop explores contactful expression through sound. The emphasis is on lived musical dialogue with some reflection on process. The workshop incorporates Violet Oaklander's dialogic Gestalt approach to extemporaneous music-making with Jungian Life-musician Rod Paton's relational group work which shares similar values. After warming up, we will explore harmony and dissonance using instant access instruments (provided), body and voice. Through awareness, we track phenomenological changes in ourselves and the group/other, focusing on emergent processes via active listening and attuned relating. In music silences (rests) form the ground against which figural sounds (notes) are perceived. As we explore aesthetics of sound and silence, pitch and rhythm tutti (group), and in trios (subgroups), we may extend our capacity for non-verbal relating. All welcome!

Learning Objectives:

- After participating in this workshop, participants will be able to create and conduct simple Gestalt experiments utilizing improvised music-making.
- After participating in this workshop, participants will be able to identify and explore some simple elements of music-making with application to enhanced dialogic expression in psychotherapy with individuals, couples, groups and families.

Bio: Jon Blend is a Gestalt psychotherapist, clinical supervisor, international trainer and Lifemusic practitioner who has worked extensively in child and adult psychiatry. He teaches at The Minster Centre and at Gestalt Centre, London. His chapter in *Relational Child, Relational Brain* describes psychotherapy with a mute teenager using drumming. Jon's article, *I Got Rhythm*, examines early infant 'Communicative Musicality' (Trevarthen, 2009) and describes musical experiments in psychotherapy involving movement, drama and voice. Jon also mentors for "Baby Watching UK" and has hosted attachment-based research that enables vulnerable pupils to experience healing through witnessing the musical dance of attuned mother- infant relating.

42 FlowerScapes

Workshop with **Eleni Arsenidou, BA in psychology; MA in psychology**

Each one of us has the potential to 'bloom' and inspire the other. A rose cannot be a daffodil and a daffodil cannot be a rose. Each one of us exists in his/her own unique, authentic way and at the same time we all belong to the 'FlowerScapes' of humanity. Let's approach the diversity among us as the variety among flowers. Let's respect it and allow it to influence and enrich us.

Learning Objectives:

- After participating in this workshop, participants will be able to explore and express the aesthetic of otherness through the senses (non-verbally).
- After participating in this workshop, participants will be able to describe and explain non-verbal contact as a co-creation.

Bio: Eleni Arsenidou has completed her undergraduate (B.A) and graduate (M.A) studies in Psychology at the City University of New York (CUNY). She has been trained in gestalt therapy by the 'Gestalt Associates Training of Los Angeles' and the 'Gestalt Psychotherapy and Methodology-Toula Vlachoutsikou'. She continued her training in supervision with Carmen Vazquez Bandin and in psychopathology with Margherita Spagnuolo Lobb, Jean Marie Robin and Gianni Francesetti. From 1998 till 2005 she cooperated with Toula Vlachoutsikou as gestalt therapist and trainer. From 2007 till today she cooperates with Evropi Papadopoulou at the 'Gestalt Approach' psychotherapy and training center. She is a full member of EAGT, EAP and NOPG.

140 VITALITY

Workshop with **Lynda Osborne, DPsych, MSc and Mary Turner, MSc**

Human beings have an innate drive for aliveness and self-expression. Due to the lack of support for the emergence of our engagement with the world, we lose the experience of aliveness. The process of gestalt therapy is a process of re-engaging aliveness. This workshop draws on the late Daniel Stern's writings on "Forms of Vitality." We will focus on a Gestalt approach to a vital life and consider what this may mean for us both personally and professionally. After initial didactic input, there will be experiential opportunities to explore this theme drawing on movement and poetry. Finally, we will focus on how to deepen our ability to work effectively with clients supporting their emerging vitality.

Learning Objectives:

- Describe the important building blocks to support vitality as outlined by Stern and Jacobs.
- Identify how attention to dynamic forms of vitality is an important aspect of clinical work

Bios: Lynda Osborne, MSc (Gestalt Psychotherapy), ECP, GPTI TSM Lynda has been involved in training and supervising counsellors and psychotherapists for nearly 30 years. After 13 years as Head of Department at Metanoia Institute, London she stood down in 2012. She continues to enjoy training psychotherapists and supervisors at Metanoia, England and in other European countries. She was the first chair of the National Gestalt Organisation, UKAGP. Lynda is a member of the leadership Team at Relational Change and has a private psychotherapy and supervision practice. With a less busy life, she is enjoying travelling to be with family, for work and for leisure.

Mary Turner, MSc Gestalt Psychotherapy, dip GPTI, TSM, EAGT, UKCP registered psychotherapist and supervisor, cert Ed. Mary has been working as an independent gestalt practitioner for 26 years with individuals, couples and groups. She is a supervisor and trainer of psychotherapists and counsellors working in the UK and Poland. She was a primary tutor in the Gestalt Department at Metanoia Institute, London for eight years and is now a member of the executive team and training faculty at the Edinburgh Gestalt Institute. She is a member of GPTI's training standards committee.

117 The law of Pragnanz and Aesthetic

Workshop with **Daan van Baalen, MD PhD**

In my workshop I will explore the conference title: The Aesthetic of Otherness in the context of the laws of organization in perceptual forms (Wertheimer, Koffka and Wulf) and in particular the Law of Pragnanz. The formulation of Law of Pragnanz was based on visual experiments and cannot just be transferred to the situation of Gestalt therapy praxis. Therefore I make a proposition, for which the Gestalt Psychologists I hope will forgive me. Any subjective experience, including emotional and cognitive experiences, organizes in figure and ground and that these organizations fol-

low the Law of Pragnanz. Formulated: any figure is always the most simple Pragnanz with aesthetic and what does that mean for our Gestalt praxis? This law opens revolutionary possibilities in our Gestalt praxis.

Learning Objectives:

- After participating in this workshop Participants will be able to discriminate between problems and phenomena
- Demonstrate a phenomenological approach

Bio: Daan van Baalen, MD, PhD is a Gestalt therapist, Psychosynthese therapist, Group analytical therapist. Founder of Norsk Gestaltinstitutt (1986), Co-founder with Gro Skottun, NGI became an academic college in 2003. Norsk Forbund for Psykoterapi 1999 - 2006 (an umbrella organization for psychotherapists and was founded in order to create professional cooperation in Norway between several psychotherapeutic modalities.) Vlaams Nederlands Gestalt Netwerk 1980. Positions: Norsk Gestaltinstitutt AS 2002 & First Lector (PhD). EAP 1999-2007. External relation officer, Board member EAP1998 - 2011, Member of editing committee

203 The aesthetic of supervision: working with professional dilemmas relating to family issues involving a desensitized lifestyle.

Workshop with *Sandra Salomão Carvalho, Master*

The coexistence of traditional families' formats and contemporary families producing inventive ways of being require a constant reflection, dialogue and feedback among the professionals. This is a supervision methodology that has as its background the family relationships of therapists and clients. Our world is marked by the ephemeral and virtual relationships, in which people are disconnected with one click. A supervisor is urged to develop a clinical practice to answer the demands of today's world. There are dysfunctional families and a human social systems. Both therapists and clients are immersed in this desensitized world. All of us suffer from an accelerated and anxious world. Taking a look at these aesthetic contemporary relationships Gestalt therapists need to provide a new sensitization response. This supervision methodology uses the diagnosis of the six intervention foci tailored to the requirements of supervising, and six roles of practical supervisory issues. It demonstrates how supervision can integrate analogical and digital levels using artistic resources like dolls, puppets and other materials for work on the complexity of family or social unfinished business and personal resonances that often paralyze or make the interventions without power. The use of art resources will be supported by theoretical and practical experiential demonstrations.

Learning Objectives:

- Describe and demonstrate the six and six levels of giving supervision
- Discuss theoretical with practical level of giving a supervision.

Bio: Clinical psychologist for 35 years, Master's degree in social psychology, professor and supervisor of Gestalt therapy in Pontifical Catholic University, Rio. Training: Training Center of Gestalt Therapy / San Diego - USA, Systemic Family Therapy by the Research Center - RJ. Couple and intimate Systems with Zinker Joseph. Created the Model Gestalt Sistemic Relational Intervention. Founder of Gestalt therapy Center, Brasil. Coordinates training courses, supervision and family therapy. Publications in the field: GROISMAN, MOISES: In: Beyond Paradise - losses and changes in the family: "Losses, Unfinished situations and reconstructions - a contribution of systemic family therapy to Gestalt therapy," Ed Nucleo Research.

183 From Fusion to Otherness to Connection Couples Therapy Revisited

Workshop with *Rita F. Resnick, PhD and Robert W. Resnick, PhD*

Marriage and relationships today (straight and gay) are based on the assumption that two individuals fuse into one. The other end of the polarity emphasizes individuation at the expense of relatedness. The couples model proposed in this workshop emphasizes connection (How to be with another and maintain a self from a field, phenomenological, dialogic process and self-regulation perspective.) Another important topic of discussion is difference, a concept avoided like the plague by most couples and therapists as well. Almost all couple's issues stem not from what the differences are, but rather how the couple deals with difference. Live work with a real couple will follow the theory presentation hopefully making both more relevant and clear. Volunteer couples are included in the discussion and the theory presentation - transparent and inclusive. Questions and comments will be encouraged, as will comparisons with other couples therapy models. Bring your biases, your questions.

Learning Objectives:

- After participating in this workshop, participants will be able to demonstrate that they can differentiate between content and process.
- After participating in this workshop, participants will be able to specify that difference (the engaging of two phenomenologies) is where therapy happens.

Bio: Rita F. Resnick, Ph.D., psychotherapist, has been Faculty Chair of GATLA's European Summer Residential Training Programs since 1991. She is core faculty of both the Couples Therapy and Individual Psychotherapy training programs. In addition to her private practice, Rita is providing training in Couples and Individual therapy to psychotherapists and allied professionals in Los Angeles, Seattle, Australia, Europe and Asia. Rita has written a chapter in the recent book *Catch the Message*, Fecova, A. and Levin, J. highlighting important women in Gestalt therapy. Rita's style is clear, empowering, thoughtful and caring. The Resnicks are frequently happily married.

Robert W. Resnick, Ph.D., Clinical Psychologist, has been a Gestalt Therapist and Couples Therapist for over 50 years and an international trainer for over 45 years. Trained (1965-1970) and personally certified by examination (1969) by Drs. Fritz Perls and Jim Simkin. He was chosen by Fritz Perls to introduce Gestalt Therapy to Europe to in 1969. He has been doing training in Europe many times each year now for the past 45 years in addition to ongoing training programs in Los Angeles and Seattle. Bob's style is warm and engaging and he speaks with clarity and humor. And yes, the Resnicks are frequently happily married.

200 "Getting back to our senses", or "about conscientious sensitized contacts"

Workshop with ***Astrid Dusendschön and Isabelle Le Peuc'h, PhD***

Access to sensations is one of Gestalt Therapy's privileged roads towards transformation. However, accessing sensations is not easy and may require a specific accompaniment from the practitioner. We have not been encouraged to sense; and life's experiences sometimes have cut off access to our sensing. Being unable to respond to a question such as "What do you sense right now here with me?" can raise embarrassment, shame, and confusion. Although attention to, and working with sensations is one of Gestalt Therapy's specialties, our book PHG is vague and imprecise about it, referring to levels of experiences and logic fundamentally different (physiological, emotional, and sensory) and emerging at different points of the sequence of contact. Our workshop specifically aims to clarify the different forms of mobilization: physiological, sensory, and emotional. It is also thought up as an experimental field of co-research and co-construction on the subject and invites participants' interest to active application.

Learning Objectives

- Discuss what leads to sensation, in its different forms: physiological, sensory, mental and emotional
- Discuss what is supporting and what is preventing access to sensations and understand and value the levers of working with a specific attention to sensation (aesthetics)

Bio: Astrid is a Clinical psychologist, Gestalt-therapist from Germany, raised in Greece and living in France, with pluricultural references. Initially trained in business (ESSCA business school, France), she worked for 16 years in a private company. In parallel, she studied clinical and psychopathological psychology (Paris VIII) and trained as a Gestalt-therapist (INGT, Nantes). Post trainings completed in particular as supervisor (with Jean-Marie Robine/IFGT) and certification in DSP™ (with Ruella Frank, NYC). At present she works as a clinical psychologist and Gestalt-therapist in private practice (individual and groups), and as supervisor, coach and trainer. She is one of founding members and trainer at époké™ (Training Institute Gestalt in Organizations, Paris), and regular trainer at EPG (Ecole Parisienne de Gestalt, Paris).

263 Gifts from the Underworld: re-storing ourselves and our field

Workshop with ***Rosie Burrows, PhD***

A story will be told that stimulates and recreates the healing field of the group demonstrating an optimally satisfying aesthetic of practitioner working and playing in an artist's studio set in a mature garden, itself an environment of restoration. A description of the qualities of the relational experience will include vivid body-full detail, sensations and feelings engaged in a practitioner consultation and supervision with a senior consultant, trainer, and psychotherapist who works with individuals and organizations in the field of trauma. What is so satisfying and beautiful about this contact will be explored experientially and theoretically and related briefly through images to other experiences of work-

ing in different cultural contexts, including Africa, Asia and Europe. A theoretical framework for supporting a way of working that seems to enhance the probability of the best possible Gestalt will be provided. Participants will be invited to work/play experientially both within the workshop and external to it, and we will experiment in gathering together to complete the experience in order to enhance the possibilities of satisfying, transformative experience. This workshop will include conditions for accessing core self, sensation, feeling, imagery, and use of safe touch.

Learning Objectives:

- Observe and explore resensitization of Self and Other and field, demonstrating examples from diverse cultures the conditions of, a beautiful, mutually satisfying and evolving Aesthetic of Otherness.
- Describe the integrating theoretical framework to be used as guideline for experiential paired workings.

Bio: Rosie is a Gestalt Psychotherapist, Supervisor and Consultant. Her PhD is on Holistic Approaches to Health and Well Being. She has 26 years of independent practice, working internationally in Asia, Africa and Europe, specialising in Complex Trauma / Relational Resilience, working with young people and adults at various levels of system: individual, couple, family, group, organisation and societal. Her interest is supporting people to discover their unique embodied wisdom, bearing ethical witness to how our wounds relate to our belongings, life purpose and aesthetic of connection. Her background is in Gestalt psychotherapy, Somatic Experiencing, Action Research and Trauma Integration after Conflict/Relational trauma.

21 "Dancing at the Boundary": Contact-Improvisation (CI) in Gestalt

Workshop with ***Arye Bursztyn, MFA***

Contact-Improvisation (CI) is a dialogical dance form, based on physical contact and the sensory/ kinesthetic responses to mutual touch. I wish to share with you some explorations of the practice of CI, from the point of view of a dancer/ performer/teacher of this innovative duet dance-form, with the perspective of a Gestalt Therapist and trainer. CI may be an introductory orientation for fundamental values and practice-principles of Gestalt Therapists such as sensitizing the skin-level, proprioception, kinesthetic and spatial awareness; the dialogical encountering of the other; the emphasis on improvisation, flow, flexibility, uncertainty; the experimental, investigative, experiential stance; being fully present to the Here-and-Now of the dance experience. We shall explore some basics of this dance-form in a gentle and playful way, and will question its relevance for our practice as therapists and trainers.

Learning Objectives:

- Explore a sensitized movement-dialogue with another person
- Identify the relevance of CI's embodied movement-dialogue to their Gestalt practice and/or training

Bio: A BodyMind Gestalt therapist in private practice, trainer and supervisor. A dance/movement teacher, currently at the Seminar HaKibbutzim Teachers' College in Tel-Aviv. B.A. (1978) Tel-Aviv University in Sociology, Anthropology and Psychology. M.F.A. (1989) in Dance from Smith College, Northampton, Mass. Trained at the Gestalt Institute of Cleveland, in Israel and Ohio, USA, specializing in Working with Physical Process. Full Member of the EAGT since 2007. Taught BodyMind Gestalt at Seminar HaKibbutzim Teachers' College, at Tel Aviv University and in various training programs for psycho-therapists in Israel, USA and Europe.

103 In the name of the love - Meeting Point on the Boundary

Workshop with ***Sanja Bratina, MSc, Edina Mahmutovic, MSc and Margareta Mesic, MSc***

The world in which we live and work develops at a pace that is constantly accelerating. As Gestalt therapists, we struggle to facilitate the change in the spirit of our human maturity and wisdom. We strive to keep, spread and support the idea of human contact as an irreplaceable force for growth and development. Coming from the postwar region that is re-traumatized by current crises and new world conflicts, we believe that the power of change lies in the integration of our mutual experiences on the level of 'ordinary' people. Meeting on the boundaries can make a new culture. We know from our history that a culture that is not accompanied by a change of context and does not find the road to creative and functional adaptation stays in 'fixed gestalt' that inevitably leads to deadlock, setbacks and destruction. Working through the paradoxical theory of change with the use of dialogue, we can help people overcome fear of differences and find a way to creatively adapt to the changed reality.

Learning Objectives:

- After participating in this workshop participants will be able to identify and explore personal responsibilities for what is happening in current social context.
- Participants will be able to identify and express personal possibilities to make a difference in current social context

Bio: Sanja Bratina M.Sc., is a licensed psychotherapist, trainer and supervisor focused on providing individual, group and couples services. Interested in academic work and engaged in advising corporations on mental health issues and communication skills. Running my own professional private practice where I usually address issues around life crises, family related problems, anxiety, depression, impasses, emotional imbalances, work related stress, etc. Sanja is a trainer in the Mokrogorska School for Management for human relationship, leadership, conflict resolution and work related issues. Trainer and supervisor of European Accredited Institute for Gestalt Psychotherapy Gestalt Studio Beograd working in region of former Yugoslavia

Edina Mahmutovic, M.Sc., is a psychologist and licensed psychotherapist and a coordinator for psychological work in PI Cantonal Centre for Social Work in Sarajevo. I have been providing individual, group and couples services with main activities in treatment for youth without parents, single mothers, reconciliation for people in Eastern Bosnia. Some issues related to my work are: support for solving different family problems, team building, treatment of trauma, anxiety, phobia and panic disorders, depression, burnout, low self-esteem, etc. Also, I provide assistance or create, run and realized various international social welfare projects, provide supervision for student's on practice placement.

Margareta Mesic, M.Sc., is a Clinical psychologist, Gestalt therapist, trainer, supervisor and Ph.D. candidate. Since 2007 I organized and conducted training in Gestalt Psychotherapy in Croatia (Psihika ltd.) and conducted individual and group psychotherapy and supervision. I am an associate teacher in a program for children and youth psychotherapy. I have worked in a clinical environment for 15 years, and am a Member of the Commission for psychotherapy Croatian Psychological Association, Supervisory Board of the Croatian Psychological Association, Board of National Organization of Gestalt Therapy, EAGT, founding member of the European Association for Therapeutic Work with Children and Youth and an associate member of the Croatian Association for Supervision.

55 Saving the Family in the Family Business

Workshop with **Melissa S. Kelly-McCabe, MS Organization Systems, BA Statistics/Industrial Engineering, Master Certified Coach, Gestalt PCC, and Lisë Stewart, BA Psychology, Professional Certified Coach, Gestalt Professional Certified Coach**

Globally, family firms account for two-thirds of all businesses and create an estimated 70-90% of the world's GDP. Within 5-7 years, some experts estimate that a staggering 55% of these firms will transition leadership -- and over half of them will fail because owners are not prepared for the transition. Gestalt coaches and therapists are uniquely qualified to engage with business families and work through barriers to change, including desensitization to risk and feelings of isolation and shame about the business situation and family (including conflict, high incidence of substance abuse, and suicide.) In this experiential session, using video scenarios, participants will integrate a dynamic family business model with Gestalt skills to explore working with this grossly under-served demographic to positively impact the business families in their communities.

Learning Objectives:

- Integrate a Gestalt systems-approach with a dynamic Family Business System Model to understand the barriers of desensitization, shame, and a sense of isolation in order to better serve the family business.
- Identify how to use your Gestalt mindset and skills to positively impact family businesses within your reach.

Bio: Melissa has worked with industry, family businesses, and non-profits for over 25 years. She coaches owners and executives to accelerate attaining their business goals, imprinting their own style on the company, and bringing fun and purpose into their lives. Melissa uses body-process, art/creativity, and nature to deepen client self-understanding and create action forward through a Gestalt lens. Early in her career, Melissa worked with Dr. W. Edwards Deming to research thinking processes that enable people to make change. Melissa's presentation style is lively and experiential. She is a master certified coach, and faculty at the Gestalt Institute of Cleveland.

Lisè Stewart founded Galliard Group after almost twenty years in business consulting, specifically to work with small, family-owned businesses that needed support to effectively manage and grow their businesses while planning for future transitions in ownership and leadership. She is passionate about raising the awareness of the importance of family businesses as the foundation of the world's economy. With training at the Gestalt Institute of Cleveland, Lisè embraces a gestalt approach, coaching her clients in the here and now to create new possibilities for themselves, their families, and their businesses. She is a Professional Certified Coach and a sought international speaker.

108 **Jean-Louis Chretien's Call and Response: Therapeutic Implications of Contact with Divinity**
Workshop with ***Philip Brownell MDiv, PsyD***

In this workshop I explore a thinker who bridges the disciplines of theology and philosophy, and I do so in a way that explores the implications of his thought for psychotherapy. This thinker is Jean-Louis Chretien and specifically I explore the gestalt therapeutic implications of contact with divinity as suggested in Chretien's development of call and response. Chretien displays a theological perspective, but he demonstrates that the saturated nature of his call is not simply a theological consideration – exclusively a divine call. It is a human phenomenon and so also relevant to the exchange between therapist and client. This workshop presents psychotherapeutic potentials of the call and response of Jean-Louis Chretien, relating them to the saturated phenomenon of Jean-Luc Marion and the thought of other thinkers in continental philosophy, while also addressing the therapeutic implications of contact with divinity as that relates to spiritual competency in gestalt psychotherapy.

Learning Objectives:

- After Participating in this workshop participants will be able to identify the nature of call and response
- Participants will be able to describe how call and response is experienced in the therapeutic relationship.

Bio: Philip Brownell MDiv, PsyD, is a clinical psychologist, certified gestalt therapist, certified professional coach, writer, independent scholar, and researcher. He is one of the coordinators of the international research project on gestalt therapy using single case timed series design. He has taught on themes resident to gestalt therapy in Europe, Asia, North American, South America, Australia, and Asia. He has been living and practicing in the British Territory of Bermuda for the last eleven years, is married to Linda, has four cats, a ton of books, and a Fender Stratocaster.

130 **Buddhist Psychology/Gestalt Therapy Integrated**
Workshop with ***Eva Gold, PsyD, MSW and Steve Zahm, PhD***

Based on presenters' recently completed book on the integration of Buddhist psychology and Gestalt therapy, this workshop will look at several aspects of this integration. We will outline essential convergences of Buddhist psychology views and practices with Gestalt therapy theory and method. We will consider both how these convergences make Gestalt therapy a natural clinical application of Buddhist psychology/mindfulness, and how they allow Buddhist psychology views and methods to be a natural support for Gestalt therapy practice. New directions for expanding Gestalt therapy theory and method that emerge from this integration will also be explored, considering what makes this expansion possible without deviation from fundamental Gestalt therapy principles. Didactic presentation and discussion of concepts followed by guided meditation and experiential therapist-patient dyad exercise will create the ground for further discussion and exploration.

Learning Objectives:

- After participating in this workshop, participants will be able to identify three essential convergences of Buddhist psychology view and Gestalt therapy theory.
- After participating in this workshop, participants will be able to identify three essential convergences of mindfulness practice and Gestalt therapy practice.

Bio: Eva Gold, Psy. D., MSW, a psychologist in private practice, works primarily with psychotherapists, providing clinical consultation/supervision, mentoring, and psychotherapy. A founding Co-Director of Gestalt Therapy Training Center -Northwest, she is senior faculty for the Buddhist Psychology and Contemporary Gestalt Therapy: Bringing Mindfulness to Psychotherapy training, as well as other programs. Dr. Gold is an adjunct Assistant Professor at Pacific University School of Professional Psychology where she teaches Gestalt therapy. She has written extensively and pre-

sented and trained nationally and internationally on Gestalt therapy theory and practice, and has recently completed a book on Buddhist psychology and Gestalt therapy.

Steve Zahm, Ph. D., a psychologist in private practice, works with individuals and couples, and offers consultation/supervision. A founding Co-Director of Gestalt therapy Training Center - Northwest, he is senior faculty for the Buddhist Psychology and Contemporary Gestalt Therapy: Bringing Mindfulness to Psychotherapy Practice training, as well as other programs. Dr. Zahm is an adjunct Professor at Pacific University School of Professional Psychology, where he teaches Gestalt therapy. Committed to bringing Gestalt therapy into academic settings for over 30 years, Dr. Zahm has also written extensively and trained and presented nationally and internationally on Gestalt therapy theory and practice, and has recently completed a book on Buddhist

210 Human Rights and social responsibility in times of crisis

Panel with ***Guus Klaren, Dieter Bongers, PhD, Ivana Vidakovic, MSc, Michela Gecele, MD & Joanna Kato, MS***

The origins of Gestalt therapy lie in social movements. What does this mean today? The HRSR Committee of EAGT will present their vision and activities. In a panel-participants dialogue we will expose the indissoluble relation between Gestalt Therapy, human rights and social responsibility. At the borders of Europe we face multiple crises; the conflict in Ukraine, the war in Syria, the on-going Israeli-Palestinian conflict, and the conflicts in North African countries. No longer are these conflicts far away. Hundreds of thousands of refugees cross the borders of Europe looking for shelter. European governments and societies move between solidarity and xenophobia, between “their own people first” and the fundamental right of refugees and equalization of refugees with the citizens of the recipient country. What do these developments in human dramas mean for our Gestalt community? What is our contribution in reducing human suffering and working towards peaceful living societies?

Learning Objectives:

- Participants will find more knowledge and awareness about the social, political and cultural dimension of Gestalt theory and for every day effectiveness as Gestalt therapist/practitioner on individual and organisational level.
- Participants will find more knowledge and awareness of how human rights and social responsibility are integrated in Gestalt theory and for every day effectiveness as Gestalt therapist/practitioner on both the individual and organisational level.

Bios: Guus Klaren is a Gestalt Therapist and has been a supervisor, trainer and Gestalt Practitioner in Organisations in private practice since 1988. Guus has had many years’ working experience in Ghana Western Africa in supporting local development organisations and communities on community building, poverty reduction and cultural exchange. He was the past President of the NVAGT (Dutch Flemish Association of Gestalt Therapy and Theory). Currently he is a member of the General Board of EAGT and has been the chair of the Human Rights and Social Responsibility Committee of EAGT since 2008.

Dieter Bongers, PhD is a Psychologist, Dr. Philosophy and Gestalt Psychotherapist. Since 1984 he has offered Psychotherapy, Consulting and worked for several years with addicted people. From 1991 - 2001 Dr. Bongers was the Therapeutic Director of an Institution for Correction with young male offenders. He worked with the local police corps for years. He currently works in private practice in Liestal, Switzerland. He represents the National Organisation for Gestalt Therapy (NOGT) of Switzerland in the General Board (GB) of EAGT since 2008.

Ivana Vidakovic, MSc. in Clinical Psychology is a clinical psychologist, psychotherapist, teacher and supervisor at EAPTI Gestalt Studio Belgrade, and a member of the Human Rights and Social Responsibility Committee of EAGT. She had been working for 14 years in community settings, on psychotherapy, research, and rehabilitation programs with refugees and war victims in Balkan region. She is author or coauthor of more than 30 articles and editor of 5 publications on mental health status and effectiveness of psychotherapy with war affected population.

Michela Gecele, MD is a psychiatrist, psychotherapist and supervisor. She teaches on the Gestalt Psychotherapy Training Programs of the Istituto di Gestalt H.C.C. She has been working for 21 years in public mental health services. For three years she has coordinated a psychological and psychiatric service for immigrants and she is a supervisor of public mental health services and of programs for immigrants. She has authored articles and books in the field of psychiatry, psychotherapy and transcultural matters. She is a member of the HRSR Committee of EAGT.

Joanna Kato, MS is a psychologist, speech therapist, Gestalt psychotherapist, supervisor and trainer. She graduated in psychology and speech therapy in Poland. She undertook her Gestalt Training at Gestalt Foundation Athens, Greece and her Supervisory Training at European Centre for Psychotherapeutic Studies in Normandy. She lives and works in Athens. She is a member of EAGT HRSR Committee and HAGT. Experienced in cross culture issues, she worked 6 years in detention centers for migrants and currently volunteers at Mental Health Center for Emigrants in Athens.

193 **Suffering at the contact boundary: A developmental perspective**

Panel with ***Margherita Spagnuolo Lobb, PhD, Ruella Frank, PhD and Christine Stevens, PhD***

The three panel members will present their individual perspectives on the integration of developmental concepts within GT practice. The discussion will include the developing of social relations in infancy, family, and society, and its relevance to clinical practice, as well as the investigation of epistemological concepts of development from a GT perspective. Through clinical vignettes, each panelist will present and dialogue on the utilization of a developmental lens upon the suffering of individual and society as it unfolds within the dynamic here and now of therapy.

Learning Objectives:

- integrate developmental concepts within GT practice
- utilize a developmental lens upon the suffering of individual and society as it unfolds within the dynamic here and now of therapy

Bios: Margherita Spagnuolo Lobb, PhD is the Dir. of the Istituto di Gestalt HCC Italy (Siracuse, Palermo, Milan), since 1979, recognized by the It. Minister for the Universities. Programs in Gestalt Psychopath. Full M. of the NYIGT, Past-President and first Honorary M. of the EAGT, Founder and Hon. President of SIPG, Past President of FIAP, Current President of FISIG. She trained with Isadore From and E. and M. Polster. Her work has been influenced by Daniel Stern. She has contributed extensively to the development of GT theory and method: 2 books and 6 edited books, about 100 articles and chapters. Editor of the Italian Journal Quaderni di Gestalt (since 1985). Her most recent book, *The Now-for-Next in Psychotherapy. Gestalt Therapy Recounted in Post Modern Society* is available in 6 languages.

Ruella Frank, PhD. is founder and director of the Center for Somatic Studies, faculty at Gestalt Associates for Psychotherapy and the New York Institute for Gestalt Therapy. She teaches workshops internationally. She authored articles and chapters in various publications, as well as the book *Body of Awareness: A Somatic and Developmental Approach to Psychotherapy*, (2001, Gestalt Press, available in 4 languages) and co-authored *The First Year and the Rest of Your Life: Movement, Development and Psychotherapeutic Change* (2010, Routledge Press, available in 3 languages). Her training video *Introduction to Developmental Somatic Psychotherapy*, now subtitled in French and Russian, is available at www.somaticstudies.com

Christine Stevens, PhD has been Editor of the British Gestalt Journal for ten years, and is an Academic Advisor and Research Methods tutor on the Doctor of Psychotherapy programme at Metanoia Institute, London. She has an international practice as a trainer and supervisor and has a small private therapy practice in Nottingham, England. She recently completed a degree in Fine Art and is particularly interested in creative methods in therapy practice. Her co-edited book, *Research Matters: Researching for change in the theory and Practice of Counselling and Psychotherapy* has just been published by Routledge.

115 **Gestalt Courts Psychophysiology: Two Case Studies and the Objective Measurement of A Two Chairs Gestalt Intervention.**

Workshop with ***Bea Mackay, PhD Sandra Jones, MA and Hiroko Demichel, MSc***

Gestalt courts psychophysiology: two case studies and the objective measurement of a two chairs gestalt intervention. The general principal of psychophysical isomorphism postulates that there exists a correlation between the subjective conscious experience and cerebral activity. To further understand this possible correlation, we examined the recording of 2 Gestalt interventions (two chair experiments) of the following physiological parameters: EEG (electroencephalography) activity at one channel (locations included CZ, O1, F3, F4 and Fz), breathing activity, heart rate activity, heart rate variability, EMG (electromyography) activity, skin conductance and peripheral temperature in two healthy participants, during two 30 minutes Gestalt interventions (two chair experiments). The analysis of the data collected will reveal whether there is an adjustment in the physiological response and of what type.

Learning Objectives:

- After participating in this workshop participants will be able to explain how a Gestalt intervention impacts the mind and body.
- Participants will be able to explain how Gestalt therapy can be researched using psycho-physiological measurements.

Bios: Bea Mackay, Ph.D., is registered psychologist in private practice in Vancouver, Canada working with individuals, couples and families. She offers workshops in Canada and internationally. She is a senior trainer with Gestalt Vancouver and has published a manual on Two-Chair technique titled Two-You Work: How to work the self in conflict.

Sandra Jones, M.A., is a Registered Clinical Counsellor in private practice in Surrey Canada who works with individuals of all ages. She is trained in advanced neurofeedback techniques which she integrates with other trauma therapy modalities such as EMDR, OEI, and play therapy.

Hiroko Demichelis, Msc. + Italian "laurea" is a Registered Clinical Counsellor, in private practice in downtown Vancouver, Canada. She works with individuals across the wide spectrum of mental health -from counselling and therapy to optimal performance psychology- supporting them to achieve their full potential and maximize wellbeing. Her approach is holistic and comprehensive, integrating neuroscience (neurofeedback and biofeedback), positive psychology, cognitive behavioural and mindfulness-based approaches (ACT, REBT, CBT).

122 Challenges of applying research methods in Gestalt therapy

Panel with *Willi Butollo, DPhil, Madeleine Fogarty, MA and Mark Reck, PsyD & Jan Roubal as Moderator*

In this panel we will present a summary of the design and results of a clinical RCT study, comparing a gestalt-based trauma therapy with behavioral-cognitive trauma therapy. Discussion of research strategies will assess the impact of low-structured therapies like humanistic psychotherapies, with their concomitant advantages and risks, as well as the Gestalt Therapy Fidelity Scale.

We will address why we need a treatment integrity scale developed via a Delphi Study involving over 60 international Gestalt experts. We will present a philosophy of science sufficient for both an investigative method and gestalt ethos providing a ground for research focused on Gestalt therapy theory and its applications in organizational development and coaching. In addition, we will outline the empiricist epistemology currently emphasized in research; introduce one example of an alternative research methodology (descriptive phenomenological method) consistent with gestalt therapy.

Learning Objectives:

- After attending this Panel participants will be able to identify some specific ways of adjusting generally used research methods to the Gestalt therapy epistemology.
- Participants will be able to discuss the potential risks of applying generally used research methods for the Gestalt therapy process.

Bios: Willi Butollo, Prof. Dr. Phil has a PhD from Vienna University, has been an Assistant Prof. at Graz University and Research worker at Univ. of London. He is Chair for Clinical Psychology and Psychotherapy at Ludwig Maximilian University Munich/Germany, and has been Prof. Emeritus since 2012. Willi has undertaken many Psychotherapy trainings: behavior therapy (Maudsley Hospital, London), Gestalt therapy (GTILA and Gestalt Institute San Diego; IGW; distinguished visitor at GATLA). He has conducted research, authored publications and presented training seminars on traumatic stress disorders. At present he is Head of MIT - Munich Institute for Traumatherapy."

Madeleine Fogarty has been working as psychotherapist and supervisor in Melbourne, Australia for 17 years. She recently completed a postgraduate psychology qualification and was surprised to find that Gestalt therapy was rarely featured in university courses, and was almost entirely absent from psychology journals. In order to bring Gestalt into the wider field of psychotherapy and psychology, high quality research using Gestalt therapy must be supported and published. To do this, it is important to develop a fidelity scale that ensures Gestalt treatment integrity. Madeleine is developing this scale through the validation of a Delphi Study that she conducted in 2015 as part of her Doctorate in Psychology at Swinburne University. ("What do Gestalt therapists do in the clinic" British Gestalt Journal 2016, Vol. 25, No. 1, 32–41)

Mark Reck, Psy.D. is a licensed psychologist-doctorate and Gestalt psychotherapist. He currently works at Counseling and Psychiatry Services in the Center for Health and Wellbeing at the University of Vermont in Burlington, Vermont, USA. He is a member of the Association for the Advancement of Gestalt Therapy (AAGT) and currently holds the roles of Research Liaison on the AAGT Executive Council and Chair of the AAGT Research Committee. In addition to Gestalt therapy philosophy, theory, and practice, Mark has been active in exploring the role of research within gestalt therapy, both around how research can inform the gestalt therapy approach and how research methodology can be sensitive and appropriate to the gestalt therapy approach.



WORKSHOP – PANEL – LECTURE DESCRIPTIONS
Friday, September 23 - Session B - 4:30 – 6:00

101 **What does a Group Need in Order to Become a Group - What Supports Individuals to Take the Risk of Contact in a Group?**

Workshop with *Ulla Diltch, PhD and Gunther Ditzelmuller, PhD*

In this workshop we will focus on the question that helps - or prevents - members of a group to express needs or personal feelings towards the group, taking the risk that such steps, while bringing something new to the group, may at the same time arouse feelings of fear or shame, or may threaten to destabilize one's own position in the group, or provoke uncomfortable conflicts with other group members. We will use theoretical input as well as experiential work to gain awareness and new perspectives on this topic.

Learning Objectives:

- After participating in this workshop, participants will be able to explore their own experiences in what does it mean to take a risk to moving forward in a group - thus, moving towards the intentionality emerging from the group field as the response and resonance between the individual's and the group's situations.
- After participating in this workshop, participants will be able to differentiate the various levels of what happens in a group the individual level, the level of group-dynamics, the factual level as well as the influence of the relational role of the group leaders in order to identify and specify what are the main supporting aspects in a group process and what - on each level - could be done by the group leader(s) to support the developmental movement of a group.

Bios: Ulla Diltch, PhD, born in Linz, living in Salzburg, Austria, a psychotherapist (Gestalttherapie), psychologist and supervisor in private practice since 1995, Ulla works in individual setting and with groups and has a lectureship in Gestalt-therapy AGG/Donau-Universitaet Krems) for training-groups, group dynamics and group process analysis, e.g. body-work and theory and also for therapy and supervision. Ulla is also chair of the educational board of the Fachsektion Integrative Gestalttherapie im OAGG.

Gunther Ditzelmuller, has a Doctoral degree in technical sciences (technical chemistry) and 14 years of professional experience in this field prior to Gestalt therapy training. He has worked as a Gestalt therapist in private practice since 2003, working in an individual setting and with psychotherapeutic groups. He was a member of executive committee of the Fachsektion Integrative Gestalttherapie in OAGG (association of Gestalt therapists and training institute) from 2006 to 2010, and the Chair from 2008 to 2010. Gunther is a trainer in the Gestalt training of the Fachsektion Integrative Gestalttherapie im OAGG for working with scenes (e.g. empty chair; working with dreams etc; from 2012) and for Group Dynamics and Group Process Analysis (from 2015).

109 **Addictive Experiences and Gestalt Therapy: An Impossible Relationship?**

Workshop with *Maya van Zelst, MA*

Addiction frequently induces anxiety and powerlessness within the therapeutic relationship. It seems to be something from which gestalt therapists tend to say: "I need to refer this client to someone who's specialized in this matter, because I don't know how to work with addiction". What makes us focus on this matter from a rather individual perspective and why are we inclined to lose the trust in working with the relationship at the contact boundary? I want to explore this field with you by experiencing how to relate to each other in a way in which we can honor this originally creative adjustment, even though it often ends in a very desensitized way of being at the contact boundary. How can we support the intentionality for contact that appears in this experience? Are we willing to dive into this topic and make a start with building a relational bridge between the other and ourselves in this 'desensitized field'?

Learning Objectives:

- Identifying with addictive experiences so you can use this in contact with clients.
- Exploring the field of addictive experiences and how to create a safe relationship to stay with it.

Bio: Maya van Zelst, M.A., Clinical Psychology, Gestalt therapist, supervisor. For 13 years I have been working with people who suffer from drug addiction and at the moment I am working as a night owl in a therapeutic community for people who live with a double-diagnosis. I am a staff-member of the Gestalt Therapy Training (GTO) at IVC, Flanders (www.ivc.be) and member of the NVAGT/VBEGP vzw board. I have my own practice as a Gestalt Therapist and supervisor in Ghent, Belgium.

155 The Autogenic Training in Gestalt Therapy

Workshop with ***Teresa Borino, Psych. and Psychotherapist***

In this workshop, I propose a contextualization of the learning and use of Autogenic Training in a theoretical and methodological frame of Gestalt Therapy. I will show how the use of this technique can offer some benefits and support either to psychophysiological relaxation or to awareness and change in individual psychotherapy. In a phenomenological and aesthetic approach, Autogenic Training can be helpful to the therapist to exercise his/her own ability to be in contact with the client.

Learning Objectives:

- After participating in this workshop, participants will be able to identify the basic principles of Autogenic Training in Gestalt Therapy
- After participating in this workshop, participants will be able to create awareness of their own body in relation to the environment

Bio: Teresa graduated in Psychology and is a Gestalt therapist, specializing in Psychosomatic Medicine and Equestrian Rehabilitation. She is a Trainer of Autogenic Training and leads training courses of Autogenic Training applied to Gestalt Therapy. She is a teacher and supervisor at the Institute di Gestalt HCC Italy and she is trainer and therapist at the Archdiocesan Seminary of Palermo.

126 How to create a therapeutic relationship?

Workshop with ***Gro Skottun, PhD***

Research shows that one of the most important factors influencing a successful therapy outcome is the therapeutic relationship. In this workshop we will explore ways to create this relationship, what is supportive in this process, and what the obstacles might be. We will also look at how Gestalt therapy theory supports this work in practice. We will explore these questions by using exercises, dialogue, and demonstrations.

Learning Objectives:

- After participating in this workshop participants will be able to distinguish between when to ask questions and when to state the obvious in a therapy session according to the relationship between them.
- Participants will be able to choose different interventions according to the situation between client - therapist and to observe the outcome of these interventions.

Bio: Gro Skottun, Ph.D., MSc, Gestalt therapist, is the co-founder (1986) and co-owner of Norsk Gestaltinstitutt - Hoyslaskole (NGI), Oslo, where she works as a trainer and researcher. She has been teaching internationally for many years, and has worked in Budapest since 2010 as a trainer in a training program created by NGI for the Hungarian Association for Gestalt Therapy (HUG).

237 Ethics: a fascinating, though daily part of our work as gestalt therapists

Workshop with ***Joppie Bakker, MS, Helene Fellman, BA, Liz Kerry-Reed, MS, and Antje Lehmann, BA***

In this workshop we will try to demonstrate how ethical issues, whether implicit or explicit, are constantly part of our daily work. Ethical Issues are sometimes more figural than others. Sometimes they hide in the shade, in the background of more dominant, serious, dramatic issues. They can easily be overlooked or neglected in the heat of the event, or due to the fact that therapists are not always aware of ethical ramifications of their work. There are cases where ethical considerations clash with other human/social values and may create a serious dilemma for the therapist; not to mention how differing cultural values affect ethical issues.

Learning Objectives:

- After participating in this workshop participants will be able to explore ways to integrate ethical guidelines in his/her therapeutic practice
- After participating in this workshop participants will be able to differentiate between moments when he/she wants to escape the uncertainty and personal situation responsibility and moments when he/she are able to work on the contact boundary.

Bios: Joppie Bakker works as a gestalt therapist in private practice, especially focused on existential issues and issues of depression. She also worked in educational and youth centres. For years she has been occupied and fascinated by the ethics of our profession.

Helene Fellman works as a Gestalt psychotherapist in Oslo, Norway. She completed two years International Training Program for Psychotherapist, "Gestalt Therapy Approach to Psychopathology and Contemporary Disturbances" HCC, Italy 2014, and works with people with gambling and gaming problems, both individual and family-therapy.

Liz Kerry-Reed MS, trained at Metanoia Institute in London 1998-2002. Completed 2 years International Training Program for Psychotherapists, "Gestalt Therapy Approach to Psychopathology and Contemporary Disturbances" HCC, Italy 2013. Currently working in private practice in Brittany, France, both individual and couples therapy

Antje Lehmann is a Gestalt psychotherapist and Supervisor in private practice. Works mainly with professionals (burn-out, existential issues...), is a trainer and coach for teams and individuals in social work/mental health/youth context.

151 The Body Creates the Word and the Word Creates Worlds. The bodily experience and the writing experience in Gestalt therapy.

Workshop with ***Fabiola Maggio, PsyD and Marilena Senatore, PsyD***

From the Gestalt Therapy perspective, bodily experience and relational modalities are deeply integrated. The body keeps the story of lived relationships in the past and it shows, starting from sensorial processes, the intentionality of contacting with the environment. In the phenomenological approach, also the word comes from the body, at the contact boundary, and it can create a space to express widely the creative potentialities and the integrating ability of the body itself. The word that flows from the body has the quality of spontaneity and of contact: it reaches the heart of the other because it is created with creativity and not with the goal to respect language rules .

The workshop will explore how the word, born of the body, not as the intellectualizing of an impulse but as a socialized integration of a bodily feeling, because it represents the ability of the Organism to share its own being-with, remaining integrated in the bodily experience.

Learning Objectives:

- After participating in this workshop, participants will be able to integrate bodily experience with writing experience
- Participants will be able to explore the writing as an experience of intentionality of contacting.

Bios: Fabiola Maggio PsyD is psychologist and Gestalt therapist. She is interested in the topics of body and movement. She attended the training in Developmental Somatic Psychotherapy in New York with Ruella Frank. She is also shiatsu practitioner and trainer of Baby Massage. She works in private practice and she is member of the staff of Istituto di Gestalt H.C.C. Italy di Palermo as assistant.

Marilena Senatore, PsyD is a psychologist and Gestalt therapist. She is interested in autobiographical writing. She graduated from the University of Autobiografia in Anghiari where she led workshops and provided individual autobiographical consulting. She works in private practice and is an assistant on the staff of the Istituto di Gestalt HCC Italy. She has been part of the editorial team of the Scientific Journal "Quaderni di Gestalt" since 2013. She leads some activities of scholastic orientation and counselling for adolescents.

67 The beauty of contact in a chronical field

Workshop with ***Riane Malfait, Masters degree***

Reviewing some premises of Gestalt theory (excitement and growth, self-regulation, and so on) we question and experience ourselves about the fear, resistance, and fatigue that enters the therapeutic relationship when working with clients with chronic diseases. Rather than avoiding them, how can we find fresh engagement and excitement in this field? It's a kind of wake-up call since we live in a society wherein chronic illness is increasing. In my belief, our phenomenological and dialogical ground can lead us to the beauty of contact in this so-called chronic field. The clients invite and even force us to focus on the existential meeting, as the main - and sometimes only - goal in this therapeutic relationship.

Learning Objectives:

- Utilize awareness of how chronicity infects the field
- State ways to maintain excitement in a chronical field

Bio: Master in physical education and psycho-motortherapy. Training in postural education and Reichian work at bodymind institute Netherlands. Gestalttraining at IVC Kortrijk. Training in working with physical process in gestalt at Cleveland institute. Has a private practice sinds 25 years. Almost 15 years trainer, supervisor at IVC gestaltformation in Kortrijk.

199 Meeting the Other through Conversation and Play: A Clinical Approach to Gadamer's Hermeneutic

Workshop with ***Carol Swanson, LCSW***

For Gadamer, the concept of play is central in the process of all understanding. Serious play is the back and forth, the dialogue of self and other, in human understanding. Gadamerian hermeneutics brings to our theory and practice a sensibility, a spirit of openness, and an ethical demand to stay open to the conversation. How can the concept of play represent our fundamental relationship to the world? How do we set the scene for collaborative, horizontal conversation? How do we stay open to the wisdom of the other in the search to understand suffering? How do we stay open to the possibility that the other is more "right" than I am? How can our understanding of "empathy" actually limit our understanding of the other? For Gadamer, a genuine conversation must always be collaborative and never complete. Gadamer brings a challenging edge to gestalt therapists who already work from the spirit of genuine dialogue in contacting the Other.

Learning Objectives:

- After participating in this workshop, participants will be able to explain hermeneutics and its application to clinical work.
- After participating in this workshop, participants will be able to identify and summarize Hans-Georg Gadamer's contribution to 20th century continental philosophy.

Bio: Carol Swanson, LCSW is co-founder of the Portland gestalt Training Institute. She has been a therapist and trainer for twenty-five years. Isadore From was her original teacher and had a profound impact on shaping her development as a gestalt therapist. She has taught in Europe, Australia, and various venues in the US. Her recent studies have focused on Merleau-Ponty, and Gadamer. She lives in Portland, OR with her husband, where she rides her bike, kayaks, hikes and in her yoga practice does a daily downward dog.

86 The verbal and nonverbal experience of Migration

Workshop with ***Natsu Hattori, MPhil, and Alessio Rizzo, MSc***

This workshop is intended to provide a phenomenological exploration of the experience of encountering otherness: linguistic, cultural and bodily. We intend to provide exploration of these themes in microcosm, employing 'migration' as a metaphor for entering the workshop, encountering others, and co-creating embodied experience. The workshop will employ experiential techniques including the use of different languages as well as non-verbal communication through sound and movement. We intend to highlight the question of language, in particular as this joint international conference held in Italy, will inevitably be the site of many different spoken languages among participants; but the conference's imposed 'majority' language will be English. We will interrogate this by incorporating several different languages within the workshop.

Learning Objectives:

- After participating in this lecture attendees would be able to describe the experience of entering a space where unknown languages are spoken.
- Attendees would be able to discuss their experience of meeting the other verbally and non verbally

Bio: Natsu Hattori, MPhil DPhil MA, has a background in the arts, languages and philosophy. She holds a doctorate in literature from the University of Oxford, and a Master's in Gestalt Therapy Theory Studies from the Gestalt Centre, London. She came to Gestalt therapy from a career in academia and publishing, and currently lives and works as a psychotherapist in London.

Alessio Rizzo, MSc, MA, PGCE (Postgraduate Certificate in Education). Alessio is a freelance teacher, volunteer psychotherapist and group worker for LGBT Asylum Seekers. He recently achieved an MA in Individual and Group Gestalt Therapy and his background is in Engineering, IT and Mathematics. Originally from Southern Italy, Alessio now lives in London where he is completing his final year of psychotherapy training at the Gestalt Centre London and is setting up his freelance practice.

219 Couple: contract, balance and conflict

Workshop with ***Maria Lekareva, PhD***

During the workshop we will explore a few concepts regarding the causes of conflict in the couple within the frame of Gestalt therapy and family therapy: 1. Mismatch of expectations' from each other. 2. Significant imbalance in meeting the needs of the couple. 3. Contradicting ideas about "investing and receiving" each of the partners.

As Gestalt therapists, we will use some experiments to explore the understanding of "give and receive" in couples, as well as the balance of rights and obligations while dealing with the conflict in couples. During the workshop participants will be able to study the process of formation and development of relations between the pair in the course of exercises and experiments. First, we explore a meeting with expectations of both partners. On the next step we will examine the ability to negotiate the allocation of responsibilities in the family. The third step is to find out how conflict arises and in what case the Gestalt therapist can be helpful for couples.

Learning Objectives:

- After participating in this workshop, participants will be able indicate the introjects, causing conflicts in the couple.
- After participating in this workshop, participants will be able to identify the projections that lead to conflicts in the couple

Bio: Maria Lekareva has her PhD in psychology and is the Co-founder of Moscow Institute of Gestalt and Psychodrama (MIGIP) and chief of the Faculty of Gestalt therapy MIGIP. She has been the head of the organizing committee of the annual conference MIGIP for 15 years and the leader of the training program "Gestalt approach to working with couples and families". She is a trainer, supervisor and gestalt-therapist with twenty years of experience.

166 Meeting at the boundary: adolescents, gadgets and contact in a modern world

Workshop with ***Kirill Khlomov, PhD***

About 92% of adolescents in USA use their gadgets every day (PEW Research Center, 2015). Often the gadgets are used by the adolescents during therapy groups and counseling process; it happens in the adolescents' contact with each other and with the therapist. Interpersonal communication has changed in last ten years, when smartphones with mobile Internet became accessible. In this workshop, we will talk to each other about these communication changes. We will conduct a small experiment using gadgets by the participants. We are going to study the opportunities and the limitations provided by using gadgets during the contact between the participants of the group. The goal of this workshop is focusing at the boundary in the interpersonal contact and relationships development and distinguishing a deflection in real contact from using new opportunities to develop this contact.

Learning Objectives:

- Identity of new opportunities and limitations of using gadgets in contact between people and their relationships in a group
- Differentiate broken or interrupted contact/naturally floating contact

Bio: Born in 1979, Kirill graduated in 2001 as a clinical psychologist from Moscow State University. He studied Gestalt Therapy at the Moscow Gestalt Institute and achieved his degree in Gestalt therapy counseling in 2009. He has been practicing gestalt therapy in private practice since 2004 and has been teaching Gestalt at the Moscow Gestalt Institute since 2009. Between 2008 and 2015, he worked as researcher at the Moscow City University of Psychology and Pedagogy and is currently a lead researcher at the Federal Institute of Education Development. He has also been the leader of the Centre for Adolescents "Perekrestok" since 2010.

264 Gestalt therapy with different groups of migrants - similarities and differences

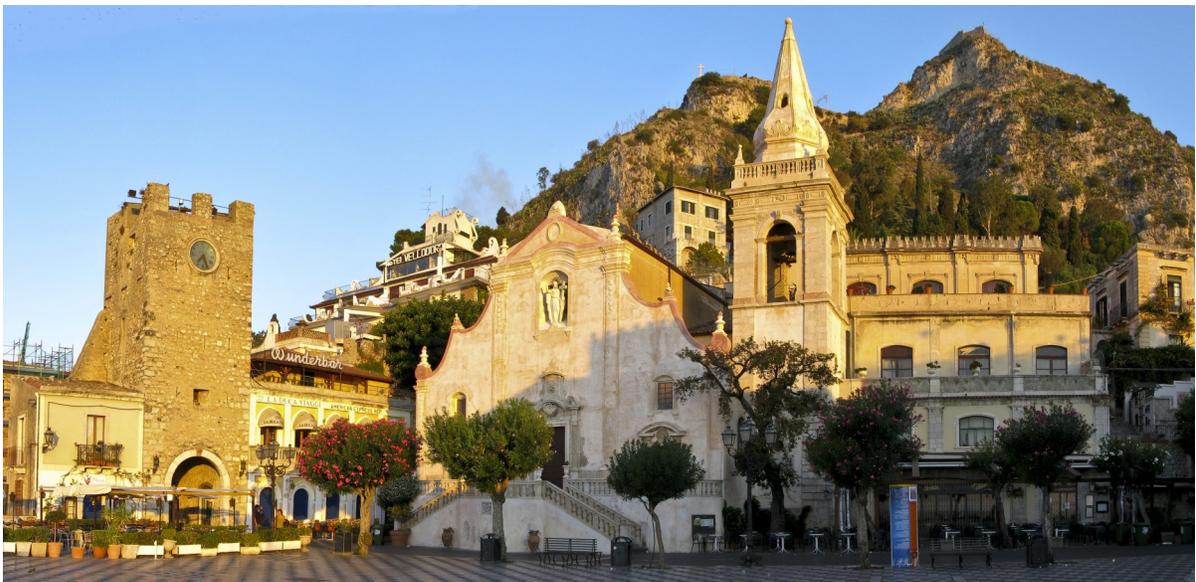
Workshop with *Deirdre Winter, Dipl. Psych*

I will present for exchange and discussion some aspects of my work as a Gestalt therapist working with non-German clients in Germany, some of whom are forced migrants (refugees) and others who have migrated for other reasons. All have migrated recently. I will focus on similarities and differences between my experience of working with these two groups, with particular emphasis on aspects of the phenomenal and concrete fields and how they can impact on our practice. While the refugees are traumatised and the clients who have had more of a choice about where to live come to work on varying psychological problems, all are doing therapy in a place that is not in their home country and is strange to them to a greater or lesser extent. Time permitting, language and communication aspects, including working with interpreters in therapy, will be included. Experiments will allow experiential exploration of the issues, with attention to our own migration histories and exchange of views and discussion as desired.

Learning Objectives:

- After participating in this workshop, participants will be able to identify some similarities and differences between doing therapy with different recently arrived migrant groups
- After participating in this workshop, participants will have a starting point for reflecting on the role of their own migration history on their practice as a Gestalt therapist

Bio: Born and brought up in England, U.K., moved to Germany permanently in 1975. Since 2005 has spent about 6-7 weeks a year in Italy. Originally qualified as a translator and interpreter for French and German and still working as a translator. Degree in psychology 1997, qualified Gestalt therapist since 2004. Has worked for an NGO providing psychotherapy for politically persecuted persons in Germany as a psychologist since 1991 and as a Gestalt therapist since 2004, also in private practice with English-speaking ex-patriots.



185 Who fears emptiness?

Workshop with **Rosella De Leonibus**

Emptiness is a lack of matter, of traces, of existence. But it is also the space for possibilities, the matrix for transformations, and the fertile space hosting change. Through very simple and essential graphic materials, by means of silences, through the awakening of a consciousness, and the freedom to explore attention, we will run into emptiness, with its strength and with the emotions that it can cause, and memories that may come to light.

Starting from there, we will encounter the possibility of creation offered by emptiness and the possibilities arising from it, that we will shape through artistic languages that can be immediately accessed. We will build a bridge between the workshop experience and the applications in individual, couples, or group psychotherapeutic settings, according to the method of Gestalt psychotherapy."

Learning Objectives

- The workshop participants will succeed in exploring sensations, emotions, memories and imaginary situations recalled by the experience of emptiness and lack.
- The workshop participants will succeed in creating new "figures", developing in an artistic way the recalls they received while experiencing emptiness, in order to address the experienced suspension of sense and the emotional flow toward new creative adaptations

Bio: Rosella De Leonibus, Laurea+ Specializzazione, is a free lance psychologist-psychotherapist; she is tutor and supervisor in Gestalt Psychotherapy. Trained in EMDR, associated of S.I.P.G. and EMDR Italy, in addition to clinical activity, she cares training in educational and in social and health field. She is supervisor of professional teams and work groups since 1992. Founding member of the Cult. Ass. CIFORMAPER - Gestalt Ecology, she organises and takes part to conventions, study meetings, public conferences and cultural activities in psychological field. In addition to hundreds of papers, she wrote 5 volumes for Cittadella editions. For the same edition she is curator and editor of the series "Alfabeti per le emozioni" e "Diapathos" (with Giovanni Salonia).

49 Keeping It Real - A Therapist's Guide to Working with Couples

Workshop with **Marla Silverman, Ph.D.**

Do you feel unsure about working with couples, concerned that there is too much going on in the therapy room, or that you might side with one person over the other? Through interactive lecture and video demonstration you will understand the principles and structure of working with couples, the co-created systems that create conflict and stuckness, how to work with couples so each person feels seen, respected and safe enough to experiment with new ways of being with their partner and themselves.

Learning Objectives:

- Understand the goals and structure of couples therapy
- Understand the principles of methods of intervention

Bio: Marla Silverman, Ph.D. is a psychologist with over 40 years experience working with individuals and couples, teaching, supervising and training therapists. She is faculty and former Director of Training at the Gestalt Center for Psychotherapy and Training in NYC. Her work is informed by Gestalt Therapy and Internal Family Systems, 50 years of marriage to the same man, and her own orientation toward the work and joy of helping couples keep it real.

245 A Mindfulness Meditation Practice: Embodied Awareness in a Desensitized Field

Workshop with **Lalei Gutierrez, PhD, Rosanna Zavarella, PhD and Philip Belzunce, PhD**

Neuroscience research and brain neuro-imaging have demonstrated that a mindfulness practice enhances our brain functioning as well as our health and well-being. Mindful awareness is at the core of Gestalt theory and methodology. Embodied mindful awareness is a set of skills that support us as interveners in the complex field of relatedness with our clients. This introductory experience is derived from a set of embodiment, meditation, movement, and energetic practices that support us in our being a presence, in our use-of-self-as-Instrument in a relational field. This practice is a holistic system integrating elements of body, mind, spirit, emotion and energy, which support the embodied presence of the practitioner as intervener in a therapeutic and coaching setting. Practitioners and coaches have found their

Gestalt Mindfulness practice useful in shifting the relational field with their presence, and allow them to hold space for the emerging process of the here-and-now dialogue.

Learning Objectives:

- After participating in this workshop, participants will be able to demonstrate and practice at least two/three of the Gestalt Mindfulness movement Meditation Practices.
- After participating in this workshop, participants will be able to explore the impact of practicing the Gestalt Mindfulness Movement Meditation of their self-as-instrument skill of Being a Presence with self and other in the relational field.

Bios: Lalei Gutierrez, PhD, IMFT, BCC, BCPP has worked as a holistic psychologist in private practice for over 30 years. Her Gestalt practice involves individual, couples and family therapy, body/energetic process, diversity consulting and growth and learning group process facilitation. She is a life-relationship-professional coach and supervisor. She is a Board Certified Coach, a Board Certified Polarity Practitioner, an author, educator, workshop leader and speaker. Her expertise involves an integration of Gestalt principles with eastern practices. She is a senior professional faculty member at the Gestalt Institute of Cleveland and clinical faculty member at the Diversity Management and Global Leadership Development Institute, Department of Psychology at Cleveland State University.

Rosanna Zavarella, PhD, BCC is a Holistic Psychologist and has been in private practice for thirty years working with individuals, couples and groups. Her integrative approaches of body-mind and spirit, including Energy Medicine, Energy Psychology, shamanistic practices, yoga therapy and spirituality provide the skills and support her psychotherapy practice. She is a longtime student of Eastern philosophy and the Bon Po Buddhist Shamanistic traditions. She specializes in women's spirituality, women's self development groups, life transitions and trauma work. She is certified in both hypnotherapy and EMDR and is board certified as life/career/relationship Coach. She is a professional faculty member at the Gestalt Institute of Cleveland.

Philip Belzunce, PhD, ND, IMFT, BCPP has been in private practice as a holistic psychologist for more than 30 years and is a Board Certified life/relations Coach, naturopath, marriage and family therapist. He is also a Board Certified Polarity Practitioner, international lecturer and diversity consultant as well as a married Catholic Priest, workshop facilitator and an eternal student of life. He is a certified Universal Tao chi kung instructor and Reiki Master. He is also a senior professional faculty member at the Gestalt Institute of Cleveland and a clinical faculty member at Cleveland State University, Department of Psychology Masters Program on Diversity Management and Global Leadership Development. He has authored several books; his most recent being "Eight Pathways of Healing Love".

22 A Musical Introduction to Borderline Adaptations

Workshop with ***Elinor Greenberg, PhD Psychology***

Clients who have made borderline adaptations can present in many guises: the childlike client who wants to be mothered, the rebellious and defiant client who works to defeat the therapy, the sexually acting-out or substance abusing client, and the panicked client who is always in a state of crisis over a real or imagined abandonment. This workshop will use popular songs to bridge the gap between the therapist and the seeming 'otherness' of the borderline client. These songs have been carefully chosen to illustrate the many different issues and attitudes that borderline clients may bring to therapy. The lyrics of these songs will be used to help participants understand how different borderline self-presentations are likely to impact the therapy and the therapeutic relationship.

Learning Objectives:

- After participating in this workshop, participants will be able to differentiate various types of clients who have made Borderline adaptations.
- After participating in this workshop participants will specify the typical issues that accompany different types of Borderline adaptations.

Bio: Elinor Greenberg, PhD, CGP is a Gestalt therapy trainer who specializes in the diagnosis and treatment of Borderline, Narcissistic and Schizoid adaptations. She is Vice President of the New York Institute for Gestalt Therapy, Co-Chair of the Program Committee of the NYIGT, adjunct faculty to the Gestalt Center for Psychotherapy and Training, and an Associate Editor of the Gestalt Review. Dr. Greenberg is the author of numerous papers on the diagnosis and treatment of Borderline, Narcissistic and Schizoid adaptations from a Gestalt therapy perspective.

131 Gestalt Coaching and Consulting: Supporting Awareness and Creative Adjustment Within Organizations.
Workshop with ***Franko Gnudi***

Companies, like people, are organisms in a specific context and time, with an identity and a history of continuous transformation, necessary to survive and grow in a ongoing changing environment. Gestalt concepts of organism/environment field, personality, id and ego functions, contact and its interruptions, creative adjustment, awareness and choice apply to both the company and to the people who work in it. The Gestalt oriented consultant and coach can apply these concepts to assess the sources of tensions and facilitate the situation toward a better form. The workshop will help the participants to understand differences and similarities between a Gestalt intervention in a clinical setting and in an organizational context. Through experiential exercises participants will be able to get a Gestalt assessment of their own organization and increase awareness about their own developmental process within it.

Learning Objectives:

- After Participating in this workshop, participants will compare differences and similarities between the Gestalt intervention in a clinical setting and in an organizational context; and specifically how the concepts and methods of Gestalt therapy can be effectively applied to interventions within organizations.
- Participants will have a direct experience of a Gestalt diagnostic approach to one's own organization and a contribute to increase awareness about one's own development process within it

Bio: Franko Gnudi, Psychologist, Psychotherapist, coach and consultant, trainer and organizational coordinator of the International Master in Gestalt for Organizations of the Scuola Gestalt di Torino.

53 Embodied Intimacy: A Neurobiological-Gestalt Integration of Couples and Sex Therapy
Workshop with ***Stella Resnick, PhD***

When couples have relationship problems, their sex life suffers. When they have sexual difficulties, their relationship suffers. The link is their capacity for a present-centered body-based intimacy. This presentation begins with examples of couples' issues. We shift into neurobiological research emphasizing the dominance of the embodied, nonverbal right brain in emotional stress as well as in healing, corroborating Gestalt's longtime focus on present-centered bodily experience and we examine the Gestalt literature, especially as related to couples' concerns. We continue with examples of Gestalt processing of couple dynamics, from insecure attachment-style conflicts to low sexual desire, shuttling between cognitive re-reframing and somatic inner felt sense, breath awareness and partnered affect-attunement processes. We close with a demonstration of this full-spectrum approach for healing past wounds and nurturing pleasures of presence and empathic, embodied intimacy.

Learning Objectives:

- Identify two examples of how the latest neurobiological research corroborates basic principles in Gestalt theory and practice.
- Describe two ways that breath awareness fosters affect-regulation and choice rather than reactivity during an emotional encounter between partners.

Bio: Stella Resnick, Ph.D., is a clinical psychologist, seminar leader, and AASECT-certified sex therapist and clinical supervisor in private practice in Beverly Hills, California. She trains and supervises therapists in her "full-spectrum" neurobiological-Gestalt integration of couples therapy and sex therapy. Stella trained with both Fritz Perls and Laura Perls, has led seminars at Esalen Institute since 1971, and currently leads annual therapist trainings and couples workshops there. Her latest book, *The Heart of Desire: Keys to the Pleasures of Love*, offers a neurobiological-embodied Gestalt understanding and processing of low sexual desire in committed relationships. She can be reached at www.drstellaresnick.com

116 The Art of Reflection: Using 'Response Art' As A Reflective Practice.

Workshop with **Camille McDonald, MA**

As gestalt therapists we privilege the relational field and that which emerges from it. We explore our responses to our clients and understand how these emerge within the context of mutual influence. Traditionally, we bring our client work into supervision using verbal discussion and exploration. What if we were to expand our reflective practice to incorporate an additional way of exploring the relational field of client and therapist? How could this further support the meeting at the boundary?

This workshop will introduce participants to response art as a form of reflective practice. It will consider this as a unique and integrative way of reflecting on and exploring the therapeutic material. Examples of response art and case material will be presented and participants will have an opportunity to experience first-hand this process through experiential exercises.

Learning Objectives:

- After participating in this workshop, participants will be able to describe the theoretical underpinnings of response art.
- After participating in this workshop, participants will be able to practice and apply response art to their clinical reflective and supervision process.

Bio: Camille McDonald M.A., Ad.Dip.G.T., B.Ed., is a psychotherapist, supervisor, art therapist and educator in Melbourne, Australia. She is the Managing Director of Training at Gestalt Therapy Australia and has worked in a variety of education settings for over 30 years. Camille has worked for numerous community based organisations providing psychotherapy and art therapy to children and adults who had experienced trauma and abuse and has also worked in drug and alcohol detox and rehabilitation facilities. She has an ongoing interest in how response art can be used to enhance the therapeutic relationship.

84 Please Mind the Gap

Workshop with **Despina Balliou, MSc and Exarmenia Pappa, MSc**

Please mind the gap, that of freedom, of a meaningless life, of love, of contact, of a still moment, and voids of the universe, of silence, of Sacrifice for the Equal Reciprocation, that of the Soul for the Responsibility towards the Other, are unequivocally interwoven with the feelings and meanings of betrayal, body emptiness and, no less, the existential void. During this workshop we will invite you to have a concise aesthetic experience of a 3 day residential workshop that was held in the countryside of Greece, dedicated to the transformation of profound feelings of emptiness and nonexistence. Through body movement, live dialogue and conducive contact, we will support the experience of otherness and enrich the value of creative void for an authentic and inspired life.

Learning Objectives:

- After participating in this workshop, participants will be able to identify, express and share feelings of emptiness and fullness.
- Participants will be able to explore how the experience of otherness can support feelings of emptiness and fullness

Bios: Despina Balliou, MSc. BSc Sociology, BSc Psychology, MSc. Counselling Psychology, Gestalt Psychotherapist, Trainer, Supervisor, Co-founder of Gestalt Foundation Greece. Member of EAGT and holder of the ECP (European Certificate of Psychotherapy). She is a founding member and secretary of the board of the Hellenic Association for Gestalt Therapy (HAGT) and an affiliate member of American Psychological Association. She has been trained in Trauma therapy method EMDR. In her practice she works with adults, couples, groups and survivors of childhood abuse. She is particularly interested in the relational aspects of gestalt therapy.

Exarmenia Pappa, MSc, B.A., Psychology (National Kapodistrian University of Athens), MSc Mental Health Studies. A Gestalt Psychotherapist and Trainer, Member of EAGT and HAGT, Pg Cert Gestalt Body Process (Trained by James Kepner), Certificate in Performance Studies in Dance (Birkbeck College London). She runs a private practice in Athens, Greece, where she facilitates groups and workshops combining gestalt therapy with movement and dance, and support groups for teachers in secondary education and educational workshops for gestalt therapy trainees. She is particularly interested in exploring movement, dance and somatic methods and applying them in her therapeutic work.

244 The many facets of the Other: models of the Dialogue in group and individual Gestalt therapy, reflecting diverse views of the leaders of the communicative and dialogical philosophy

Workshop with ***Illia Mstibovskyi, PhD***

The workshop uses philosophies of Karl Jaspers, Mikhail Bakhtin, Martin Buber and Franz Rosenzweig. The focus of attention is on their practical application for Gestalt therapy. My aim is to outline the ideas about the dialogue that these authors have in common despite the different terminology, and then formulate the basic features of their unique understanding of the dialogue. Consequently, participants get a base model of dialogue which is the same for the leading philosophers, as well as several special models. Each of them corresponds to a particular aspect of the dialogical space, awareness of oneself in dialogue, relationship with the other. The workshop consists of fragments of lecture, followed by experimental sequences.

Learning Objectives:

- As a result of the workshop, participants will have a theoretical description of the proposed dialogue models and personal experience of various aspects of dialogue, specific to each of these models.
- After participating in this workshop, participants will be able to give a verbal description of the Dialogue model, which they could use in practice

Bio: Illia Mstibovskyi, PhD, is a gestalt therapist, coach and trainer. Education in Gestalt therapy has been received from the Gestalt Associates Training Los Angeles (GATLA), the French Institute of Gestalt Therapy (IFGT) and the Paris School of Gestalt (EPG). He has been a trainer with the Moscow Institute of Gestalt and Psychodrama since 1999 and supervisor since 2001. He works also as a senior trainer in the Southern Regional Gestalt Institute. He has published more than ten articles devoted to theory development and expansion of the practical application of Gestalt therapy. Illia is a member of EAGT and the Society for Psychotherapy Research (SPR). Contact: gestalt-coach@ya.ru

226 Responding to Securitization in Everyday Life

Workshop with ***Michelle Billies Ph.D., LCSW-R***

On my way to present on national security practices at the 2014 AAGT conference, I was stopped by US airport security: my hands had tested “positive” for bomb residue. My belongings were searched, my infant's milk bottles were tested for explosives, and I was “patted down”. However, I refused their demand to pat down my child and was escorted out of the airport. I flew to the conference the next day by stroke of luck: security did not test my hands. Why did my hands test positive - wrong soap or faulty machine? Should I have let them search my child? Should I protect my child from hands-on criminalization? This workshop will explore how to face security’s increasing claim over everyday life and experiment with generating fluid gestalts in our interpersonal and institutional responses to national security practices. I propose a “bio-political” (Foucault) analysis that can add to the vital tools offered by Gestalt therapy for analyzing and acting in a securitized field.

Learning Objectives:

- Participants will explore the usefulness of biopolitics for understanding the nonconscious dimensions of securitization (national security practices).
- Participants will develop an embodied awareness of interactions with security personnel and engage in experimentation with alternative practices that interrupt fixed Gestalts.

Bio: Michelle Billies is Assistant Professor of Mental Health at the City University of New York, USA, teaches at the Gestalt Center for Psychotherapy and Training, and offers Gestalt psychotherapy in private practice in New York City. Billies' scholarly research focuses on interpersonal interactions that constitute racialized security practices through which dynamics of societal control manifest and are contested, as well as biopolitical and affect theory approaches to low income queer geographies and anti-police brutality movements. Billies work is published in *Peace and Conflict: Journal of Peace Psychology, Feminism and Psychology*, the *International Review of Qualitative Research*, and the *International Gestalt Journal*.

259 The Aesthetic of the Emerging Other: beauty, responsibility and evil at the contact-boundary

Panel with ***Dan Bloom, JD, LCSW Sally Denham Vaughan, Jelena Zeleskov Djoric, PhD, Gianni Francesetti, MD***

Gestalt therapy is a therapy of the emerging other. In whatever mode we practice, be it psychotherapy, organizational consulting, coaching, education, etc., we are necessarily concerned with otherness since the other, the not-known, is a constituent of the contact-boundary. Without the presence of the other there is no contacting. Our history of contacting the emerging other, however, is one filled with unspeakable atrocities and evil which shake our deepest sense of what it means to be human. Our history challenges us as gestalt practitioners to understand how this can be possible. At the same time, this same history has presented us with endless experiences of beauty, basic to contacting itself. These experiences also call out for our attention.

This panel of gestalt therapists from four different nations and cultures will look closely at some of the most disturbing and hopeful aspects of contacting one another: evil, responsibility, and beauty.

Learning Objectives:

- After participating in this workshop, participants will be able to explore what evil evokes in each of us
- Participants will be able to identify the implications of evil, beauty and responsibility in the praxis of gestalt psychotherapy.

Bio: Dan Bloom JD, LCSW, is a psychotherapist in private practice in New York City. He is past president and fellow of New York Institute for Gestalt Therapy and past president of the Association for the Advancement of Gestalt Therapy. He is adjunct faculty at institutes around the world and independently trains and supervises gestalt therapists. Dan has been widely published. He was Editor-in-Chief of Studies in Gestalt Therapy: Dialogical Bridges and is an associate editor of the Gestalt Review. He co-edited the books *Continuity and Change: Gestalt Therapy Now* and *The New York Institute for Gestalt in the 21st Century*.

Sally Denham-Vaughan is an Internationally Accredited Coach and Coach Supervisor, Organisational practitioner and Gestalt Psychotherapist. She held a range of senior leadership positions in the National Health Service in the UK and is Visiting Fellow in the School of Business, Leadership and Enterprise at University College Suffolk. She holds a range of Faculty appointments and has published extensively in the gestalt literature and elsewhere. Her doctorate focused on developing the 're-enchantment' paradigm and relational approaches.

Jelena Zeleskov Djoric, Ph.D, Clinical Psychologist, EAGT and EAP Registered Gestalt Psychotherapist, GANZ Clinical member and PACFA Clinical Registrant, Trainer in Gestalt Studio Belgrade, International Expert and Collaborator of working group Crime, Poverty and Criminal Justice and Detroit Reentry Project, University of Michigan, USA. Jelena had been working in private practice since 2010 firstly within Sava Perovic Foundation and after within Urological Clinic in Belgrade with patients undergoing genital reconstruction surgery. Moreover, she had been involved in prisoners' psychotherapy group for the last five years. She has been recently moved to Australia and currently working as a Team Leader Counselling and Therapy Programs within CatholicCare NT.

Gianni Francesetti ,MD, Gestalt psychotherapist, psychiatrist, international trainer and supervisor, Coordinator of the International Training on Gestalt Therapy Approach to Psychopathology (Istituto di Gestalt HCC Italy). Gianni is the President of the EAGT, Past President of FIAP and of SIPG, and NYIGT, AAGT and SPR member. He has authored articles, chapters, and books in the field of psychiatry and psychotherapy (among the last books: Francesetti, Gecele, Roubal (2013), *Gestalt therapy in Clinical Practice*, Ist. HCC Italy Publ.; Francesetti G., *Absence is a Bridge Between us*. Gestalt Therapy approach to depressive experiences, Ist. HCC Italy Publ., 2015). He lives and works in Turin (Italy) as psychotherapist, psychiatrist and supervisor.

57 The Integration of Gestalt Therapy and Mindfulness: New Somatic Approaches for the Treatment of Trauma and Cultivating Resiliency

Workshop with ***Ronald Alexander, PhD***

As psychotherapy has become more diverse, there is a growing interest in an evolving aesthetic that focuses on senses through somatic and mindfulness practices. This progressive model of Gestalt therapy incorporates the importance of attention and awareness to emerging subjectivity between self and other. It is a new view that weaves a mutual co-creation in treating the whole person. This model uses a comprehensive methodology for integrating a wide range of interventions into a style that suits each individual client and the unique personality of the evolving therapist. Gestalt

therapy, with its holistic view and dialectic reasoning, allows us to experiment with, discriminate between, and assimilate ideas that brings new beauty to a world struggling with suffering and enriches our ever-changing approach to modernize psychotherapy.

Learning Objectives:

- After participating in this workshop, participants will gain the clinical skills to help practitioners utilize more creative and resourceful treatments for trauma, pain, and mood and somatic disorders.
- Participants will be able to formulate similarities and differences between Gestalt Therapy and Mindfulness and learn to integrate Mindfulness practices into contemporary relational Gestalt Therapy that arise in the relational dialogue and the inter-subjective field.

Bio: Ronald Alexander, Ph.D. is a psychotherapist, leadership consultant, international clinical trainer, and the Executive Director of the Open Mind Training Institute in Santa Monica. He leads clinical training programs in Gestalt and Somatic-Mindfulness based trainings in U.S., Japan, Europe, and Russia. He was certified at the Gestalt Therapy Institute of Los Angeles and studied extensively with Erving and Miriam Polster, Robert Resnick Ph.D., Jim Simpkin Ph.D. and Robert Martin D.S.W. He is the author of, *Wise Mind*, *Open Mind*. His unique method combines mindfulness with positive psychology and creative thinking into a comprehensive integrated mind-body program that supports personal and clinical excellence and growth. www.ronaldalexander.com

233 Terrible Difference: Religious Conflict, Society, and Gestalt Therapy

Panel with ***Philip Brownell, MDiv, PsyD, Jon Blend, MA and Sean Gaffney, PhD***

The world is currently being torn apart in no small part along religious perforations. As the immigrants/refugees flee Syria, some people in Europe wonder how their Christian societies will be changed by an influx of Muslim people. Jews remain a perennial target, but Muslims themselves target one another in far ranging strife between Sunni and Shia. How equipped are secular societies to understand or respond to forces in terror and global turmoil that are driven by religious zeal? This panel explores religious difference and considers how various religious people might function if they were to relate to one another using gestalt therapy theory. How might a Jew relate to a Christian, a Muslim to a Jew, etc.? There is difference that attracts and there is difference that alienates. Is there anything in gestalt theory that might prove helpful to religious people in navigating their deeply held differences? This panel serves as a catalyst for a conversation on such issues as these.

Learning Objectives:

- Clarify what there is about religion and /or spirituality that divides people
- Identify elements in gestalt therapy theory and practice that could help mend such divides

Bios: Philip Brownell is a clinical psychologist, certified gestalt therapist, certified professional coach, writer, independent scholar, and researcher. He is one of the coordinators of the international research project on gestalt therapy using single case timed series design. He has taught on themes resident to gestalt therapy in Europe, Asia, North American, South America, Australia, and Asia. He has been living and practicing in the British Territory of Bermuda for the last eleven years, is married to Linda, has four cats, a ton of books, and a Fender Stratocaster

Jon Blend has a MA and is a Gestalt/ Integrative psychotherapist and musician of Austro / Ukrainian heritage who works with adults and children. He is also a clinical supervisor and a guest international trainer with the Violet Oaklander Foundation. Jon is co-author of 'Jewish Issues in Social Work' – a UK training manual. His chapter on adolescent trauma entitled "Am I Bovered?" features in *Relational Child, Relational Brain* (Gestalt Press). Jon facilitates inter-generational dialogue with Jewish descendants of Holocaust survivors. He also co-facilitates groups exploring post-war legacy and collective trauma and tutors on humanistic psychotherapies at The Minster Centre, London.

Sean Gaffney, PhD is Irish by birth, culture and conviction. He's been a resident of Sweden since 1975. He is a Gestalt therapist, supervisor, and trainer (internationally). He is also a Gestalt-in-organisations practitioner, trainer, and supervisor (internationally). Sean is an author/co-author of four books on Gestalt theory, methodology and practice.

WORKSHOP – PANEL – LECTURE DESCRIPTIONS
Friday, September 23 - Session C - 6:15 – 7:45

248 Sensing into the between: Implicit Knowing in the Ground of Experience

Workshop with ***Catherine B. Gray MSS, LCSW***

From the moment we come into this world, our brains respond to our relational experience by creating particular neuronal pathways and connections. These structures become the implicit substrate of our contacting and shape our perceiving and acting. At the same time, they are also being shaped by our present-moment experience. These neuronal pathways and connections organize what becomes figural and shape behavioral possibilities in the intersubjective space of our contacting. They are initially presented non-linguistically through our felt sense. In a desensitized world, the quality of our contacting is impoverished by our diminished connection to our own embodied experience -- our felt sense. Employing lecture, discussion, and experiential exercise this workshop will explore the implicit knowing in the ground of our experience and the role of felt sense in the aesthetic of otherness.

Learning Objectives:

- Participants will be able to describe felt sense and its role in contacting
- Participants will be able to describe how implicit knowing is part of the ground of experiencing

Bio: Cathy is a LCSW psychotherapist in private practice. She trained at the Gestalt Therapy Institute of Philadelphia (GTIP). She works with individuals, couples, and groups and provides supervision, in person and on Skype. Cathy is on the GTIP faculty, is chair of its board of directors, and past president of AAGT. In addition to Gestalt Therapy Theory, her work is informed by Focusing, improvisational movement, EMDR, Mind-Body Centering, Developmental Somatic Psychology and life. Cathy teaches nationally and internationally. She also writes, co-authoring an article with Philip Lichtenberg. However most of her writing remains in her desk drawer.

29 New Phenomenology- another view to describe the aesthetic of otherness

Workshop with ***Friedhelm Matthies, Diplom Psychologe and Olaf Zielke***

We will like to look beyond some of the assumptions of the gestalt approach and give a brief introduction to the New Phenomenology. You will learn about the differences between field and situation, contact at the boundary and bodily communication and you will be able to describe and understand the aesthetic of otherness in a new way.

Learning Objectives:

- Describe the difference between field and situation and the meaning for Aesthetic of Otherness
- Describe the meaning of bodily/corporeal communication and the difference between body and felt body and the meaning for Aesthetic of Otherness

Bios: Friedhelm Matthies, "Diplom Psychologist, Teacher, Gestalt Therapist since 1981, Gestalt education since 1978, Leader of the Hamburg Institute for Gestalt therapy/member of EAGT for 30 years, Member of German Association of Gestalt Therapy, (DVG), Supervisor, DVG, Member of American Association of Gestalt Therapy/ AAGT and New York Institute of Gestalt Therapy, NYIGT , Member of Society for New Phenomenology/GNP, Different lectures and workshops in Russia, USA, Indonesia, Latvia. Some articles about Gestalt therapy and New Phenomenology.

Olaf Zielke, Teacher and Gestalt practitioner in Hannover, Germany. Trainer at HIGW Institute, Hamburg, former member of DVG board, member of TSC in the EAGT.

34 Meeting at the boundary in a prejudiced world - body, sex, homophobia and intimacy

Workshop with **Adam Kincel, MA Gestalt Therapy**

How do we embody societal concerns and prejudices? Be it culture or homophobia we are born into it and shaped through all our lives. The societal pressures to fix gender and sexual orientation had a direct impact on how we are embodied. Queer theorists argue for fluidity of gender and sexual orientation. As controversial as this may sound, it seems to be a requirement for relational therapists who do not believe in traditionally understood transference. Meeting at the boundary relational practitioners believe in constant mutual co-creation of each transference, including the sexual transference. In this workshop, we will jointly look for an answer to the question: How do we explore the intimacy of co-created erotic field with our clients in a prejudiced society?

Learning Objectives:

- After participating in this workshop, participants will be able to explore the sexual transference when working with clients from various spectrum of sexual orientation and gender identification.
- After participating in this workshop, participants will be able to critique and compare queer and Gestalt therapy contemporary theories.

Bio: Adam Kincel is a psychotherapist, supervisor and a trainer with an MA in Gestalt Therapy and a PgDip in psychodynamic theories. He is a trained social worker with experience of working both in mental health and foster care. Adam teaches Gestalt therapy at the Re-Vision Centre (London), Instytut Terapii Gestalt (Kraków) and Caucasus Institute of Gestalt Therapy and Family Psychotherapy (Tbilisi). Since 2012, Adam has been a board member of AAGT. He is particularly interested in therapeutic work through body, diversity, large groups and relational therapy.

36 The Embodied Otherness

Workshop with **Miguel Islas, BA, LPC**

In this didactic and experiential workshop, grounded on the phenomenology of Maurice Merleau-Ponty along with the principles of somatic training, we use group generated experiments to explore the inherent aesthetic conditions of lived 'Otherness' as embodied throughout the sequence of contact. In Gestalt therapy the sequence of contacting is always 'already embodied,' always relational and an ever-changing process. Such dynamic embodiment has aesthetic criteria that we can identify based on resources offered by the research on human movement as well as by the development theories focused on the relational-phenomenological perspective.

Learning Objectives:

- At the end of the workshop, the participant will be able to distinguish the sequence of contact based on bodily aesthetic criteria associated with our possibilities of corporeal human movement and explore phenomenologically the relational impact of this physicality in movement.

Bio: Miguel Islas, BA, LPC is a Gestalt psychotherapist and supervisor in private practice in Mexico City. He is faculty member, trainer and supervisor in the Gestalt Program at the Humanistic Institute of Gestalt Psychotherapy (Mexico). Miguel is also certified as Somatic Educator by Body-Mind Movement and in Developmental Somatic Psychotherapy (NYC). He is actually interested on creative pathways to integrate somatic movement research to gestalt practice and also in the phenomenological and dialogical attitude as critical for gestalt therapy.

97 The language of Gestalt and the Gestalt of language

Workshop with **Martin Jára, PhD**

On the one hand, we have the therapist and his or her sophisticated terminology, and on the other there is the client with his or her personal language. How can these two sides ever meet if each thinks and expresses itself in its own particular manner? Our intimate workshop offers a space for discussing two questions: Is there any point in offering clients our Gestalt language? And to what extent can we translated the terms, phrases and clichés of Gestalt into our client's manner of speech? Our professional discussion will be interspersed with small exercises and sharing of experiences from therapeutic practice. We will pay special attention to the relationship between words and physicality, or -- as the philosopher Merleau-Ponty -- the possibility to enter into another person's language with one's body.

Learning Objectives:

- After participating in this workshop, participants will be able to differentiate symbolic and sensual dimensions of language
- After participating in this workshop, participants will be able to integrate Gestalt terminology in their contact with a client and utilize phenomenological approach to a language in practise.

Bio: Gestalt therapist and trainer, co-founder of Czech Institute for Training in Gestalt Therapy, group therapy trainer in Czech institute for Integrative Therapy (INSTEP), member of EAGT.

189 Toward a Gestalt Aesthetic of Friendship

Workshop with ***Jack Aylward, EdD, Charlie Bowman, MS, Peter Cole, LCSW and Bud Feder, PhD***

In this workshop we will explore the phenomenon of friendship and offer some ways of thinking about friendship as a support to living with greater relationality. In our Gestalt Aesthetic of Friendship we consider the following: Friends meet at the boundary and enrich each other's lives; Friendships are a rich source of support for relationality in our consumerist, technological, desensitized world; Friendships involve core gestalt elements of contact and dialogue; Friendships frequently evolve and change through acceptance of self and other; Friendships involve the capacity to hold, accept and work through difference and conflict; Friendships often go through periods of rupture and repair. This Gestalt Aesthetic of Friendship is a model that can help enrich our clients' life. Furthermore, this model can be helpful as we foster new friendships between the members of EAGT and AAGT at this, our first joint conference.

Learning Objectives:

- After participating in this workshop, participants will be able to discuss how the Gestalt Aesthetic of Friendship model supports the clients growing capacity for relational living.
- After participating in this workshop, participants will be able to explain the importance of "rupture and repair" to the Gestalt Aesthetic of Friendship model.

Bios: Jack Aylward, EdD, is the director of the Plainfield Consultation Center in Watchung, NJ. He is the recent author of the book 'Gestalt Therapy and the American Experience.' Jack has been running gestalt therapy training group and supervision groups for many years, with a special emphasis on marathon group formation."

Charlie Bowman, MS, LCSW is a senior faculty member and Co-president of the Indianapolis Gestalt Institute. He was the third president of AGGT and has also served AAGT as Vice-president, Treasurer, Board member, Conference Co-coordinator, Communications Director and Interest Group Co-chair. Charlie has remained active in the organization since its inception. He is fiercely dedicated to its development in accordance with the AAGT Constitution and By-laws. He has published numerous articles on gestalt therapy, is the AAGT's past newsletter editor and is famously known as AAGT's Auctionaire extraordinaire.

Peter Cole, LCSW is the co-director of the Sierra Institute for Contemporary Gestalt Therapy. He is a certified Gestalt Therapist (Pacific Gestalt Institute). He was the co-convener of AAGT's 2014 conference. He was on the AAGT board for 12 years prior to the Asilomar conference, serving in a variety of roles. Peter has written numerous articles in gestalt therapy and serves on the editorial board of Gestalt Review. He has served as a Clinical Professor of Psychiatry at the UC Davis School of Medicine for 25 years. Peter practices in Berkeley and Sacramento CA. He teaches gestalt therapy internationally.

Bud Feder, PhD is a psychologist in private practice in Montclair, NJ, USA, subspecialty in gestalt group therapy. He is a founding member and former president of AAGT and currently the proud co-chair of the Scholarship Fund. He is a past president of the NYIGT and often provides training in various parts of the world and in the United States.

30 Aging and Beauty, Living and Dying: Through A Gestalt Lens

Workshop with ***Madelon Rudman Clark, MSW, LISW, and Anne Leibig, MSW, LCSW***

This 90 minute workshop will connect the conference theme of 'The Aesthetic of Otherness- Meeting at the Boundaries in a Desensitized World to the 'otherness' of aging in the desensitized world of the 21st century. We will reflect on the boundary between life and death and the particular support that Gestalt Therapy offers to contacting this

reality. The basic Gestalt concepts of awareness, polarities, and contact are the lens used in exploring aging, beauty, life and death. The facilitators have named themselves 'Gestalt Elders.'

Learning Objectives:

- After participating in this workshop individuals will be able to explain the polarity of living and dying which can lead to living more fully. Attendees will be better able to explore this polarity with clients.
- After participating in this workshop participants will be able to describe how aging and dying offer opportunities for growth. Aging is about change and loss and also liberation, with continuing attention to the meaning and experience of one's own being.

Bios: Madelon Rudman Clark MSW, LISW completed her Gestalt training at the Contemporary Gestalt Institute of Cincinnati in 1992. She later served on the Board of Directors, chaired the training committee and was on the faculty. In 2008 she and her husband, Scott relocated to Asheville, NC, where she joined the faculty of the Appalachian Gestalt Therapy Institute as a trainer and workshop leader. While at the 2014 AAGT-SE conference she, Anne and Marilyn began to explore drawing support from Gestalt Therapy as one ages. From this initial discussion this workshop evolved.

Anne Leibig, MSW, LCSW, lives in Abingdon Virginia USA with her husband Dick Austin, where they are among the founding members of the ElderSpirit Community. She has been involved with the Association for the Advancement of Gestalt Therapy (AAGT) for 15 years. After attending an AAGT conference she co-founded the Appalachian Gestalt Therapy Institute in Asheville, North Carolina. Anne has been the Regional Contact Person for the Southeast USA and served on the Process Group committee for four International AAGT conferences.

72 The Aesthetics of otherness in Families Beyond the Nuclear, and Groups - an experiential exploration

Workshop with **Claire Asherson Bartram, DPsych**

Contemporary families (step-families, same sex relationships and others) involve people coming together from many situations, some biologically related and others not. These differences can be a source of challenge and difficulty, or the basis for a community of different people. In this workshop we will recreate a family and think together about the dynamics that are evoked and how to work with this in a clinical setting.

Learning Objectives:

- After participating in this workshop people will be able to identify the complications that exist in contemporary families.
- After participating in this workshop people will be able to identify the incredible power of loyalty within identity and relationships, and how difference and sameness are dynamics in any group of people.

Bio: Claire Asherson Bartram is a Gestalt therapist, group facilitator and supervisor working in private practice in London. She qualified in 1991 and has since developed her interest in couple and family relationships, loyalty and groups. She has a relational and creative approach to her work and has recently trained with Ruella Frank in her Developmental Somatic Psychotherapy. She did her Doctorate at Metanoia Institute. As a result she has become attuned to the characteristics of different types of relationship in complicated families, and extends this understanding to her work with groups.

163 "I and Thou" in the couple

Workshop with **Alexander Lommatzsch, DSW, PSYD and Caterina Terzi, PSYD**

This a workshop on the value and beauty of otherness in the couple. We deal with the difficulty of seeing the diversity of the partner as a resource and not as a threat, as an opportunity, a space of mystery, joy and wonder. We will focus on the fear of loneliness and abandonment, and how the illusion of defeat then will lead us to take refuge in reassuring relationships and mutual dependence without space for individuality and free self-expression.

Learning Objectives:

- After participating in this workshop, participants will be able to distinguish between “need of love” and “loving”
- After participating in this workshop, participants will be able to distinguish between “diversity” and “misunderstanding”

Bios: Alexander Lommatzsch - Pedagogist, Psychologist, Psychotherapist. Founder and director of the “Istituto Gestalt di Puglia”, Italy, recognized by the Italian Minister for Universities and Research as a Post-Graduate School of Psychotherapy for psychologists and medical doctors. President of FeIG - Italian Gestalt Federation. International trainer. Private practice. Married, two daughters, one son.

Caterina Terzi - Artist, Psychologist, Psychotherapist. Founder and director of the “Istituto Gestalt di Puglia”, Italy, recognized by the Italian Minister for Universities and Research as a Post-Graduate School of Psychotherapy for psychologists and medical doctors. International trainer. Private practice. Married, two daughters, one son.

241 Encountering the Cultural ‘Other’ in Gestalt Group Therapy; Structured and Emergent Ways to Promote Authentic Contact and Appreciate Difference

Workshop with **Patricia J. Tucker, MSSW, LCSW**

Gestalt Group Therapy, with its emphasis on dialogue that promotes authentic communication, holds a unique ability to enable members to meet and grapple with difference. This workshop will show how employing specific structural elements in group therapy helps group members to identify and articulate their present embodied experience in such a way that differences from others are revealed and made available for aesthetic exploration. This view is contrasted with a commonly-held view in Gestalt Group Therapy that privileges emergent phenomena over structure. This view presents a method that allows for both. With culture defined here as “....patterns of reflective interactions that establish shared meaning,” we will then experientially demonstrate how a structured group format helps to provide a safe environment with a solid foundation from which participants can engage in the often highly emotionally-charged dialogues that often emerge around differences in identity, race, class and culture.

Learning Objectives:

- After participating in this workshop, participants will be able to list and describe 3 elements of structure crucial to the development of a Gestalt Therapy group.
- After participating in this workshop, participants will be able to identify ways in which cultural differences between group members are overlooked or minimized and to select at least 3 ways to address this in their groups.

Bio: Patricia J. Tucker, LCSW, holds a BA from Bard College (‘78), an MSSW from Columbia University (‘81), and is a graduate of Gestalt Associates for Psychotherapy in New York City (1985). Patricia has been a faculty member at Gestalt Associates since 1987 and was the Director of Training there from 1999-2011. Patricia is currently serving as President of AAGT. Patricia has been running groups and teaching about group therapy and about cross-cultural dialogue since 2002 and is very excited to be presenting on cross-cultural groupwork in Taormina!

46 Refugees, hosts and gestalt therapists

Workshop with **Vikram Kolmannskog, Dr. Philos.**

The Mediterranean is the most dangerous border between countries that are not at war. Several thousands have died or gone missing here. Europe has elaborate formal refugee and human rights laws, as well as large international humanitarian and development programs. At the same time, Europe attempts to ensure that only a limited number of non-Europeans actually get access to asylum and the rights that are listed in the formal laws and policies. One of Europe ‘hands’ is open and stretched out, with a consistent self-image of being humanitarian and outward-oriented. The other ‘hand,’ however, is stopping people on the move; sometimes even clenched into a fist that beats them down. I wish to explore the different personal, social and political issues that arise in the meeting between Europeans/hosts and refugees through Gestalt concepts such as polarities and contact forms.

Learning Objectives:

- Understand and critique the European and other so-called “refugee crisis” from a gestalt perspective
- Create more awareness of own personal, social and political experience with regards to the “refugee crisis”

Bio: I am interested in human growth and how we can limit unnecessary suffering. I am a therapist with a private practice. I have trained at the Norwegian Gestalt Institute and am a member of the Norwegian Gestalt Therapist Association. I am also a lawyer and a social scientist with a doctoral degree (Dr.Philos.) in Sociology of Law and an LL.M. from the University of Oslo as well as a specialised LL.M. in Human Rights Law from LSE. A main area of work has been to strengthen the rights of people displaced. I research and teach at several institutions, including as Associate Professor at the Norwegian Gestalt Institute. My book “The Empty Chair. Tales from Gestalt Therapy” is due to be published by Gestalt Journal Press in Autumn of 2016”

106 Talent in Relationship

Workshop with ***Gerrie Hughes, MA and Piergiulio Poli, MSc***

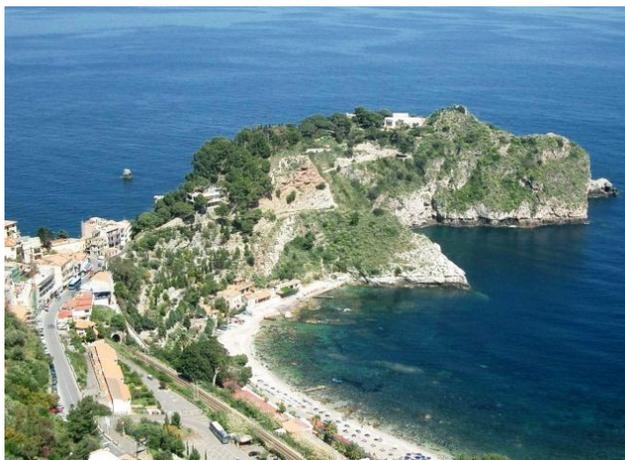
Do you want to become more aware of your emerging talents? (You have more than one boiling, we are sure about it!) Are you interested in evoking talents in others? We think of a talent as an ongoing agreement between an organism and her/his environment, and not necessarily something that you were born with. Discovering a talent means restructuring part of an individual’s field: some things will come into focus, other will fade, some others will connect. New ways of getting involved with the environment will feel meaningful and urgent. Physical energy will be made available for new projects and contacts. This is in itself an aesthetic and intellectual experience that humans naturally do by being part of everyday situations. Talents grow by recurrent ‘natural’ interactions that shape people’s ability to respond creatively to their environment.

Learning Objectives

- After participating in this workshop, participants will be able to describe the characteristics of a situation that supports the development of as-yet-unrecognised or underutilised behavioural responses (in self and others), and assess whether a situation is likely to offer meaningful outcomes.
- After participating in this workshop, participants will be able to demonstrate a behavioural response to a situation, critique the effectiveness of the response and plan a different response where necessary.

Bios: Gerrie Hughes, M.A., UKCP, Reg Gestalt Psychotherapist, Gerrie is a Gestalt psychotherapist, coach and organisational practitioner with more than 20 years experience. Her book, ‘Competence and Self-care for Counsellors and Psychotherapists’ was published by Routledge in 2014. She is currently researching for a new book exploring the human impact of the changes to the way people work that have been brought about by the internet and social media, and developing innovative approaches to organisational development interventions that reflect these changes.

Piergiulio Poli M.Sc., Applied Social Research, M.A .,Gestalt Counseling, is a Gestalt counselor and a sociologist. He has a longstanding international experience in group work with people temporarily out of employment and people who are looking for new career/life developments. He has a background in grassroots community development both in Ireland and Italy.



64 Meeting-the-Other-Meeting-Me: Presence and Otherness; Deepening Relational Theory and Practice

Workshop with **Monica Bronzini, Doctor in Psychology, clinical psychologist, psychotherapist, Michela Gecele, Doctor of medicine, Psychiatrist and Psychotherapist and Michele Cannavò, Doctor of medicine, Psychiatrist and Psychotherapist**

The movement of the global village at contact-boundary "The workshop will focus on the social and political situation of immigration in Europe, initially looking at the situation in Sicily. We will use a video as stimulus and starting point for the workshop. The images of the video tell the Sicily as a land of emigration and immigration, civilisation and integration, a symbol of the movement of the global village. The contemporary world is characterised by a high degree of desensitisation, and the actual immigration pushes us with a aesthetic dimension of relationships and otherness. In what way? How can we gestalt therapists play an active role in this process? Within the global village, pain and beauty build a process of mutual co-creation at the contact-boundary. How can we focus on community starting with our own history of immigration, emigration, civilisation and integration?

Learning Objectives:

- After participating in this workshop, participants will be able to explore and expand their awareness about: (1) cultural, historical fields they(we) belong to, and (2)their prejudices (also positive ones) concerning immigrants and people from different cultures.
- After participating in this workshop, participants will be more able to operate inside intercultural relational fields.

Bios: Monica Bronzini - 1994 -present: private practice in Gestalt Psychotherapist; 2003- 2012: professor of specialised courses in clinic psychology at the Scuola di Specializzazione in Psicologia Clinica, Università di Siena; 2003- 2012: didactic trainer for specialised courses in gestalt psychotherapy at the Institute of Integrated Psychotherapy; 1987-1989: Training in clinical psychology; 1989- 1993: Training in Family Therapy; 1992 -2002 Training in Gestalt Therapy; 2012- 2014 Gestalt Training in Psychopathology and new disorder with Margherita Spagnuolo Lobb, Gianni Francesetti, Jean Marie Robine, Carmen Vazquez Bandin; 2010 -present Ordinary member EAP; 2011- present Ordinary member SIPG ; 2012- present Ordinary member EAGT"

Michela Gecele, psychiatrist, psychotherapist, supervisor, teaches on the Gestalt Psychotherapy Training Programs of the Istituto di Gestalt H.C.C. She has been working for 21 years in public mental health services, for three years has coordinated a psychological and psychiatric service for immigrants and she is supervisor of public mental health services and of programs for immigrants. She has authored articles and books in the field of psychiatry, psychotherapy and transcultural matters. She is a member of the HR&SR Committee of the EAGT.

Michele Cannavò graduated as a Medical Doctor from the University of Catania in 2002 and in Psychiatry e Psychotherapy in 2006. He finished his PhD in Neurovegetative Medicine in 2010. He is working as psychotherapist and psychiatrist in a therapeutic community for psychotic and borderline patients and he has been working as a psychotherapist in his private studio since 2006 with individuals, couple and group. Michele received his training in Gestalt therapy from Gestalt HCC Italy Institute. He is trainer in Gestalt Therapy. He is trained in Psychosomatic Body Development in New York with Ruella Frank. He is trained in Psychopathology and New disorder. He is president of SIPG (Italian NOGT) and member of SIP (Psychiatry Italian Society).

213 Using Gestalt methods to work effectively with Borderline and other Personality Disorders

Workshop with **Mike Cotayo, MSW**

Most therapists find it uncomfortable working with clients who present with personality disorders. This workshop will provide clinicians with skills to identify the barriers in the work. Help therapists to normalize their counter transference, and respond from a centered and grounded place, while acknowledging their internal response. Particular attention will be paid to how grounding can help to center client and therapist, and how chair-work can help to externalize the traumas. A mixture of didactic and experiential work will help to ground the participants in the work. Workshop participants are encouraged to bring case examples to discuss their struggles.

Learning Objectives:

- Participants will be able to identify the wound that the client has, and work from that place.
- This workshop will help the therapists to identify their concerns, and to engage clients effectively with the tools that they already have in their toolbox.

Bio: Mike is a Licensed Clinical Social Worker who received a Master's Degree in Social Work from New York University in 2000, and is a graduate of the Gestalt Center. The majority of his post-master's career has been spent working within the HIV/AIDS community as a social worker, advocate, community organizer, counselor and administrator. Through his work with this population he has learned to hone his skills in working with Personality Disorders, learning to normalize their experience, working from a very centered and grounded place.

134 Explorations of the impact of gender as "other"

Workshop with **Di Hodgson, DPsych**

This workshop will outline my interest and background in gender and diversity. I will set out why I believe that gender is now often the forgotten or dismissed aspect of otherness. We will consider some of the seminal writings on the subject and their specific relevance today. We will also explore the relevance of gender and non-binary gender in the therapeutic journey and relationship. For example, we will consider how gender and gender-biased language informs and impacts our sense of self and our introjects and fixed Gestalts; how we use our voices; how we take up space; and how we negotiate our needs. We will also explore co-transference and figure/ground through the lens of gender. We will consider the implications for practice in relation to our roles as psychotherapists, supervisors, and trainers, as appropriate.

Learning Objectives:

- After Participating in this workshop, participants will be able to define gender and non-binary gender and their relevance in the therapeutic journey and relationship.
- After Participating in this workshop, participants will be able to identify ways in which gender impacts on our theoretical and therapeutic focus on figure and ground; introjects and fixed gestalts; emotional expression; and working with cotransference etc.
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Bio: Dr Di Hodgson is a gestalt psychotherapist, supervisor and trainer. She has had a private practice for over 20 years. Di is the Head of Gestalt and a tutor on the MSc in Gestalt at Metanoia. Her doctoral research focused on relational breakdown in psychotherapy. Di is a regular facilitator of workshops at national and international conferences. For several years, she was a member, and later chair, of the UKCP diversity, equalities and social responsibility committee, and she continues to be passionate about the uses and abuses of power. Di also works as an organisational consultant and coach.

23 Appreciating the aesthetics of personality function: embodied hopes, dreads and enduring relational themes

Workshop with **Lynne Jacobs, Ph.D.**

Personality functions constrain us and they also are a mode of openness to others. The balance between constraint and openness guide how we dance, sing, navigate our world. One aspect of personality function is, 'enduring relational themes'. These themes are an aspect of ground for any emerging figure. I will show it to be an aesthetic, present-centered, satisfying replacement for 'transference,' (transference is considered a displacement and a distortion, and it looks backward in time, whereas ERT's are forward-looking embodied perspectives with face validity). ERT's also support engaging in the dance of hopes and dreads. In the experiential segment we will explore how our interest in gestalt therapy embodies our particular enduring relational themes.

Learning Objectives:

- After participating in this workshop, participants will be able to specify particular examples of enduring relational themes
- After participating in this workshop, participants will be able to describe the relationship of enduring relational themes to hope and dread in the present moment.

Bio: Lynne Jacobs, Ph.D., lives in two psychotherapy worlds. She is co-founder of the Pacific Gestalt Institute, teaches internationally, and also a training and supervising analyst at the Institute of Contemporary Psychoanalysis. She is co-author (with Rich Hycner), of *The Healing Relationship in Gestalt Therapy: A Dialogic / Self Psychology Approach* (1995). She and Hycner co-edited *Relational Perspectives in Gestalt Therapy* (2010). She has also written numerous articles for gestalt and for psychoanalytic publications. She has an abiding interests in furthering our understanding of relational factors in the therapy process and in understanding the effects of culture on our experiential worlds.

52 You and I : the “id of the situation”

Workshop with **Robine Jean-Marie, Psych. Dipl. (Bordeaux- France).**

Taking the ‘id of the situation’ as a starting point for the work - as suggested by Perls and Goodman - is the emblem of the radical shift they had introduced into psychotherapy. What does it mean? What are the presuppositions, implications and outcomes? The clinical and therapeutic consequences of this change are endlessly revealed, so this posture needs to be worked out and requires more and more attention to the contact processes, the now. Beyond the therapeutic effectiveness of this epistemological choice, the aesthetic dimensions and social consequences of such a choice have to be emphasized.

Learning Objectives:

- Integrate more about what it means to work in a field perspective
- Utilize the phenomenon of resonance between therapist and patient and identify its therapeutic use.

Bio: Clinical psychologist and international trainer of Gestalt-therapists. Founder and past director of Institut Français de Gestalt-thérapie (1980), co-founder and past-president of EAGT. Full member of New York Institute for Gestalt Therapy. Author or editor of 8 books about GT translated in several languages (Among them in English: “On the Occasion of an Other” Gestalt Journal Press), “Social Change begins with Two” (Istituto di Gestalt HCC Press) and “Self - A Polyphony of Contemporary Gestalt Therapist” (in Press, L'exprimerie).

26 Meeting the “Other” Laura and Fritz Perls: Laura, the unknown writer - Fritz, the unknown psychoanalyst

Workshop with **Nancy Amendt-Lyon, Dr. phil., M.A. and Bernd Bocian, Dr. phil., psychotherapist (PtG), Gestalt therapist (DVG), Gestalt analyst.**

While compiling Laura's personal notebooks and literary texts for publication (In preparation: Timeless Experience: Laura Perls' Unpublished Notebooks and Other Literary Texts 1946-1985), the first presenter encountered the ‘other’ Laura. The numerous contemporary authors, scientists, and artists who influenced Laura's thinking and writing will be presented, highlighting the lively relationship between Laura's figure and the cultural and political background from which she emerged.

The research of the second presenter in the archives of the International Psychoanalytical Association (IPA) and in the letters between Ernest Jones, Max Eitingon, and Anna Freud brings fascinating new information to the fore. These findings focus on: Fritz as a problematic candidate; how Reich's expulsion from the IPA influenced Fritz's position; the Perls's; status as training analysts and their psychoanalytic institute in Johannesburg. The Gestalt approach is seen as a figure in relation to its psychoanalytic ground.

Learning Objectives:

- The participants will explore Laura Perls' cultural, political and artistic background through her as yet unpublished texts.
- The participants will be able to summarize Fritz Perls' experiences as a psychoanalyst in the IPA.

Bio: Nancy Amendt-Lyon, Dr. phil., M.A. studied psychology in New York, Geneva and Graz, Gestalt therapist, group psychoanalyst and supervisor in private practice, Chair of the Board of Directors of the ÖVG, EAGT and ÖBVP member, many years of training experience in Austria and abroad, numerous publications on Gestalt therapy and gender issues in English and German, recently published debut novel “Case Unclosable”, www.amendt-lyon-gestalttherapie.at

Bernd Bocian Dr. phil. psychotherapist (PtG), Gestalt therapist (DVG), Gestalt analyst. Training in psychoanalytic therapy and Reichian body work. From 1985-2000 member of editorial board of the German journal Gestalttherapie (DVG). Edits a section of the Italian journal “Quaderni di Gestalt” titled “History and Identity”. Various publications on the historical and contemporary relation between Gestalt therapy and psychoanalysis, including “Fritz Perls in Berlin: Expressionism-Psychoanalysis-Judaism” (2010) and, co-edited with Frank Staemmler, “Gestalttherapie und Psychoanalyse” (2000/2013).

135 **Lights of darkness - facing intimacy**

Workshop with ***Árpád Mondok***

In this workshop, we will experience with awareness and meet at the boundary. We will be in darkness, eyes blindfolded, letting the body move to special rhythms. After integration, a short Gestalt session will demonstrate application in Gestalt-therapy. This workshop is like a safe emergency, where the habitual sensory perception changes, experiencing ourselves in a different way and enabling a different contact process. The ability to sense the field in the usual (safe) way disappears and the vision and cognition loses its dominance, allowing an altered state of consciousness. Something else becomes figural from the ground. This may touch unfinished business and allow the individual to reconnect without judgment. Following up in Gestalt-therapy allows the client to become aware and creatively adjust, connect more freely and integrate the awareness to the everyday life circumstances.

Learning Objectives:

- Participants will be able to describe effect of sensory stimulus to awareness and contact process.
- Participants will be able to describe how stress alters their awareness and impacts awareness cycle.

Bio: I am working as Gestalt-therapist in water in the closeness of Watsu, in the dark in the isolation of Trancedance and in Anahata Therapy Center (www.anahata.hu), in Gestalt-therapy sessions. I am facilitating self-awareness and therapy groups like the Transpersonal Workshop series. My view of world is transpersonal (or Zen, if you like shamanic) and I work as Gestalt-therapist, after graduating at NGI Gestalt-therapy training. The core to me is freedom of personal experience and getting aware of it, ready to immerse to the unknown and incomprehensible as a guide.

152 **Figure and ground experiences of the self: integrating development and psychopathology in clinical practice**

Workshop with ***Margherita Spagnuolo Lobb, PhD***

This workshop offers a practical tool for staying present in the co-created contacting of a therapy session while at the same time considering developmental and psychopathological concepts. The aim of the Gestalt intervention is to grasp the spontaneity present in therapeutic contact. Developmental aspects of a person are part of the ground experience in any given situation of a therapy session. The sensed or aesthetic qualities of this experience are considered as shaping different “sufferings of the between”. These past experiences organize contacting into polyphonic developmental domains, a concept this workshop will explore and present in detail. These domains are a given of the situation from which the ground experience is co-created. Domains of contact can be experienced with greater or lesser anxiety. This quality of the ground experience is the basis for co-created figure of therapeutic contact. The workshop will consist of a demonstration session followed by group discussion. Written material will also be provided to be assimilated after the workshop.

Learning Objectives:

- identify clear connection between the quality of the ground experience and the relational suffering
- describe the anxiety by which the developmental domains are experienced by the client.

Bio: Ph. D. Director of the Istituto di Gestalt HCC Italy (Siracuse, Palermo, Milan): recognized by the It. Minister for the Univ. Train. Programs in G. Psychopathology. International Trainer and Supervisor, Full Member of the NYIGT, President of the Italian Federation of Recognized Gestalt Training Institutes (FISIG), Past-President and first Honorary M. of the EAGT, Founder and Honorary President of the Italian Association for Gestalt Psychotherapy, Past President of the Italian Federation of Psychotherapy Methods. Editor of the Italian Journal Quaderni di Gestalt (since 1985), Director of the It. GT Book Series (by F. Angeli Publ.) and Co-Dir. of the English Series. Her most recent book, *The Now-for-Next in Psychotherapy. Gestalt Therapy Recounted in Post Modern Society* (2013) is available in 6 languages.

179 **Crossing the narcissistic mode for a new aesthetic of the Self**

Workshop with ***Valeria Conte, Psych. and Psychotherapist***

The workshop will deal with the study of narcissism in postmodernity starting from the contextual background made of continuous changes, contradictions and ambivalence. As Isadore From taught, the different primary experiences favor levels of narcissism at different levels of seriousness. A narcissist patient will have a sort of confluence anxiety, which is converted into the difficulty to seek help and define himself as a patient, fearing to be sucked into and form

relationship. The end point remains arriving to corporeal experiences - desensitized, tensed retroflected parts of oneself that are denied - in order to restore the nourishing experience of a significant and grateful affective bond.

Learning Objectives:

- After participating in this workshop, participants will be able to describe the symptoms and apply therapeutic courses for the narcissistic relational modality
- After participating in this workshop participants will be able to identify the contextual background of narcissism in postmodernity

Bio: Psychologist, executive of the Mental Health Department of the provincial ASP of Ragusa; psychotherapist and regular Supervising teacher recognized by the FISIG (Italian Federation of Schools and Institutes of Gestalt). Member of the scientific committee, teacher and clinic responsible of the Gestalt Therapy Institute HCC Kairòs. Trained with the major national and international representatives of Psychotherapy of Gestalt, she has widened her specific background with specialization in family therapy and corporal therapy. She deepened the epistemological model of Gestalt Therapy in her work with psychiatric patients, with couples and families, whereof publications in national and foreign journals.

110 The Meeting of Gestalt Therapy Practice and Research

Panel with *Jan Roubal, MD, PhD Laima Sapezinskiene, SocD, Rytis Arturas Stelingis, MD DPsych and Christine Stevens, PhD, MSc*

This panel presentation will highlight the dynamics of gestalt therapy practitioner-based research through a variety of means: an introduction of a case study to spotlight a research model that resonates with gestalt therapy practice; a larger overview of the implementation of a gestalt therapy-informed research model focused on reflective and holistic inquiry; a presentation of a single-case research model applied to receiving feedback from clients to inform ongoing therapy; and a presentation of a reflexive practitioner inquiry used within ongoing clinical supervisory practice. Discussion will include challenges and supports in applying research models and methods to gestalt therapy practice generally. Dialogue around conceptual understanding and pragmatic actions around practitioner-based research will also be engaged.

Learning Objectives:

- After participating in this workshop, participants will be able to identify research models and methods that have been implemented which are theoretically consistent with gestalt therapy practice.
- After participating in this workshop, participants will be able to formulate ideas about research methods

Bios: Jan Roubal, MD, PhD, is a psychotherapist, psychiatrist, supervisor and psychotherapy trainer. He teaches psychotherapy at Masaryk University in Brno, Czech Republic, where he also participates in the work of the Center for Psychotherapy Research. He chairs the EAGT Research Committee. He founded and leads a training programme in Gestalt Therapy (www.gestaltstudia.cz) and a training programme in Psychotherapy Integration (www.psychoterapie-integrace.cz). He publishes texts mostly on psychotherapy in clinical practice and has co-edited two books: a Czech publication "Current Psychotherapy" (Portal, 2010) and an international publication "Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact" (FrancoAngeli, 2013).

Laima Sapezinskiene, Doctor of Sociology, has over twenty years experience in both inpatient and outpatient practice working with older children, adolescents, and adults for individual, couples, and family therapy. Research interests: research of gestalt psychotherapy; research of psychotherapy and dance /movement psychotherapy; society attitudes towards disabilities and the disabled, the disabled and non- disabled education; dance and movement therapy as the manifestation of their specific psycho-emotional and social status; groups/organizations (team-based organization)development and research.

Rytis Arturas Stelingis, MD, D.Psych. is a Gestalt psychotherapist, trainer and supervisor with over 20 years of experience. He is a founder of Gestalt Studies Center of Kaunas, the President of Lithuanian Gestalt Association and one of the pioneers of Gestalt psychotherapy practice and training in Lithuania. He is a full member of The European Association for Gestalt Therapy (EAGT) and holds The European Certificate of Gestalt psychotherapy, The Certificate for an Accredited Supervisor, The European Certificate of Psychotherapy and The World Certificate of Psychotherapy.

Christine Stevens, Ph.D., M.Sc., Applied Social Studies, M.A. Gestalt Psychotherapy, B.A. (Social Theory and Institutions), B.A. (Hons.) Fine Art, Diploma in Supervision. Christine has been Editor of the British Gestalt Journal for ten years, and is an Academic Advisor and Research Methods tutor on the Doctor of Psychotherapy program at Metanoia Institute, London. She has an international practice as a trainer and supervisor and has a small private therapy practice in Nottingham, England. She recently completed a degree in Fine Art and is particularly interested in creative methods in therapy practice. Her co-edited book, *Research Matters: Researching for change in the theory and Practice of Counselling and Psychotherapy* has just been published by Routledge.ods that can be implemented by practitioners within the context of clinical work.

32 The Other in Organisational Work

Panel with ***Frans Meulmeester, Msc, Joe Melnick, PhD, Marie-Anne Chidiac, D.Psych., and Sue Congram, PhD***

In this panel discussion, the first the panel members will reflect on their organisational experience and what 'otherness' means for each of them in their organisational practice. This includes aspects of diversity work, coaching, consulting and training. Therefore, they will also give their view on the different aspects of Gestalt work in organisations and the difference between Gestalt therapy and Gestalt work in organisations. After this the participants / audience will be invited to come with their view and questions and we hope for a lively discussion and exploration of this exiting field of the gestalt work.

Learning Objectives:

- After participating in this panel discussion, participants will be able to describe the specific characteristics of Gestalt work in organisations and the differences between Gestalt therapy and Gestalt work in organisations
- After participating in this workshop, participants will be able to discuss if they are able and willing to develop themselves more in the direction of using the Gestalt approach in organisations

Bios: I Frans is working as a Gestalt trainer, therapist, coach, supervisor and consultant for more than 35 years and a staff member of several Gestalt institutes like the MultidiMens Institute in Belgium, the Bulgarian Gestalt Institute in Sofia, the Caucasian Gestalt Institute in Tbilisi and the Himalayan Pathway Psychotherapy Institute in Kathmandu. Frans has always combined working as a Gestalt therapist and working as a Gestalt practitioner in Organisations. As the present chair of the GPO committee of the EAGT, he wants to stimulate people to join the exploration and development of the Gestalt approach in organisations. I Frans is registered member of the EAGT as therapist, GPO and supervisor and of the EAP as a ECP holder.

Joseph Melnick is a clinical and organizational psychologist. He is the chair of the Cape Cod Training Program of the Gestalt International Study Center where he also sits on the Board. The founding editor of *Gestalt Review*, He is the co-editor of *Mending The World: a book describing a Gestalt approach to social change*. He trains and teaches throughout Europe and the USA.

Marie-Anne Chidiac is an experienced change management consultant, coach, psychotherapist and supervisor. She works with board level executives in both the public and private sector and has lead major change management programmes both in the UK and Europe. Marie-Anne's doctoral thesis focused on the synthesis of Gestalt psychotherapy and Organisational Development. She has written extensively on that topic and on Leadership Presence. She is an Associate of the Ashridge Business School and Faculty and Academic Advisor to a number of Institutes and Programmes. She is also the co-founder of 'Relational Change', an International Organisation focussed on developing Relational Approaches.

Susan Congram is a leadership development specialist, and has worked with corporations for over 20 years. In 2013, she completed her PhD studying leadership, drawing on Field Theory as a key concept. This led to co-founding a new business for growing a more relational, inclusive and collaborative approach to leadership development. Gestalt is at the heart of all of her work, teaching Gestalt-in-organisations in the UK and abroad for many years. She has published a number of books, papers and chapters. Her work is further inspired by her love of art and photography bringing this into learning environments. She runs arts-based workshops and retreats every year for in-depth self-development.

WORKSHOP – PANEL – LECTURE DESCRIPTIONS
Saturday, September 24 - Session D - 10:30—12:00

27 When the Therapist Feels Being Put Out of Balance: The TaiChi Metaphore

Workshop with **Vincent Beja, MS.**

How do we cope with otherness when it comes to be difficult and messy? Through body experiment, by pushing and being pushed, and through the exploration of some TaiChi principles we will try to sort out what is implied for us in the feeling of being put out of balance. During the process we will try to embody some of the fundamental sayings of the TaiChi like: ‘always contacting the other’; ‘don’t oppose him or her’; ‘stick and follow’; ‘overcome hardness with softness.’ After this exploratory phase we will start talking about some of our difficult therapy experiences with clients and will search together how to improve our contact skills with them.

Learning Objectives:

- After participating in this workshop, participants will be able to identify at least one of their own current fears in the encounter with the other
- After participating in this workshop, participants will be able to explore new ways of reacting when the feeling of being put out balance will emerge

Bio: Vincent BEJA, MS, graduated from the EPG (Ecole Parisienne de Gestalt). He has a private practice in Toulouse and supervises and has trained Gestalt-therapists in several Institutes in France. He has published more than 20 articles about Gestalt therapy and translated a book and several articles from English to French. He is member of the Research Committees of both AAGT and EAGT and cochairman of the CMR (commission mixte recherche SFG/CEGT). He is still practicing and teaching TaiChiChuan.

160 Experiences of Otherness in Teams - Working At the Contact Boundary in Group Mediation

Workshop with **Silvia Prins, PhD**

Today’s organizations are turbulent, stressful and unsafe places. This affects the quality of contact and connection in teamwork. Collective intelligence cannot be used; the team underperforms; and group development is stalled. The tension of otherness mobilizes protective and defensive dynamics at the group level (e.g. scapegoating). This often results in a fixed group Gestalt characterized by different kinds of distortions at the contact boundary (e.g. projection, confluence). Mediators are often called in when the conflict has escalated. Group mediation is a structured intervention in a field that is not capable to deal with otherness. From a Gestalt perspective, the mediator focuses on raising individual and collective awareness and helping team members to mobilize healthy aggression at the contact boundary. The team reaches a turning point when it accepts what “is”. This is often experienced as an “aesthetic” moment, marked by emotions, apologies, or a particular quality of silence.

Learning Objectives:

- After participating in this workshop, participants will be able to describe group conflict from a Gestalt perspective
- Participants will be able to identify the key interventions in a group mediation process from a Gestalt perspective and to choose interventions that raise awareness of a conflict situation at the individual and group level.

Bio: Silvia Prins, Ph.D., organizational psychology works as team coach, group mediator, conflict coach and trainer. She has a PhD in organizational psychology (2006) from KU Leuven, and is an accredited mediator in organizations and a Gestalt therapist (IVC, 2016). Fascinated by the potential of groups and the hidden dynamics of diversity, she sees her mission as helping organizations to collaborate with the differences. As a trained clinical psychologist and social anthropologist, she works as a communication trainer and Management Development consultant. Silvia is the author of two books and numerous papers and chapters on multi-actor collaboration, group dynamics, leadership and mediation.

50 Exploration of Meeting Otherness

Workshop with *Eva Wendt, Degree in Theatre Directing. Diploma in Gestalt Methodology in organization, GIS-International, Dk. Creator of the method IMPROGESTALT® and Greta Rask, Bachelor of Science in Human Resource Development, Diploma in Gestalt Counselling*

The capacity to meet across traditional boundaries is essential in an increasingly complex world. Polarities such as tolerance/discrimination, inclusion/exclusion, and confluence/isolation emerge as highly relevant. Together with you, we will enact, experience and play with the challenges and opportunities of meeting otherness.

Learning Objectives:

- After participating in this workshop the participants will be able to explore their habitual feelings and behavioral patterns when meeting otherness and alikeness
- After participating in this workshop the participants will be able to describe the Gestalt concept of polarities and apply it to professional practice.

Bios: Eva Wendt, 30 years experience from theatre, as Director and actor. Artistic director of her own theatre company SPECT, she focuses on experimental stage work and trains artists in stage skills development. As Gestalt practitioner in private practice, she works with creative change processes with individuals and organisations, for example the Swedish Church and County Councils. Acting school at the Drama Studio, London, Stage Directing at MTH, Lund University, Sweden, and Gestalt Theory and Methodology at the Gestalt Institute of Scandinavia. Eva specializes in artistic and creative development with her method IMPROGESTALT® a synergy between theatre improvisation and Gestalt method.

Greta Rask, 25 years experience from development work in predominantly international organizations, private and public sector. Client experience includes IKEA, Sida, AFROSAI-E, SKF, Getinge Group, Swedish Municipalities and Hospitals. Bachelor's degree in HRM, studied Gestalt Theory and Methodology at the Gestalt Academy of Scandinavia (where she also teaches), and at the Gestalt Institute of Cleveland. Diploma in Counselling from the Gestalt Institute of London. In private practice based in Sweden, and working worldwide. Specializes in how Strategic Development can be pursued through conscious and meaningful participatory processes. Author of Meetings with Meaning - A Guide to Strategic Collaboration.

68 Moving Stories. Resonating with rhythms of the situation

Workshop with *Helena Kallner MA Public Health Science and Ethnology, MSc Gestalt Psychotherapy*

The theme of this workshop is kinaesthetic resonance - our sensed, direct and aesthetic experience of the situation. We will attend to the qualities of contact that we experience kinaesthetically through rhythms and shapes, and how that aesthetically informs us of self and otherness. One characteristic for a sustainable society is our willingness to listen and learn from nature and each other with curiosity, rather than judgment. In this workshop we will practice our ability to listen through movement. I will emphasise the connection between personal development and social-environmental sustainability. I will apply a relational and movement oriented approach to Gestalt theory and practice. The aesthetic criteria is essential to this approach. The workshop will include an in-depth movement exploration to illustrate this. The workshop will support participants to sensitise themselves to their own movement experiences, and to how they sense the other. Participants will be invited to reflect and discuss what impact this work might have on their practice with clients and organisations, in their lives and for society at large. I am a Gestalt therapist trained in Developmental Somatic Psychotherapy and a student of dance and movement meditation. I will draw on this work to introduce the participants to movement as a cross-cultural universal language.

Learning Objectives:

- After participating in this workshop, participants will be able to recognize different qualities and rhythms of movement/contact.
- After participating in this workshop, participants will be able to describe what is meant with kinaesthetic resonance.

Bio: Helena Kallner, MA, MSc, UKCP reg. Gestalt Psychotherapist, advanced practitioner of Developmental Somatic Psychotherapy - and a devoted practitioner of dance and movement meditation. Helena works and practices in Sweden. She is part of Relational Change's leadership team, a founding member of the Centre for Relational Gestalt Psychotherapy, Sweden, and a board member at the Gestalt Academy of Scandinavia.

240 Biospheria: Using Environmental Opera to Re-sensitize the Contact-Boundary between Self and Natural World(s).

Workshop with *Steven Ausbury, MFA*

In this workshop, attendees will experience the contact-boundary of self and Other (Nature) through participating in environmental opera - an integration of gestalt theory, immersive ambient sound, narrative visualization, and integrative participatory actions. The event will connect two relational fields of play: the Hilton Hotel, gardens, and ocean-front with the perceptual-phenomenological field of participants listening to the Biospheria score and libretto through headphones and moving through space. This experience will heighten awareness of the creative adjustments we make to a modern, alienating environment that de-sensitize us to Nature. If we are going to save the planet, we need to make contact with it. Please bring a smart phone, headphones, and comfortable clothing and shoes to this workshop. Instructions for downloading the score will be available in the hotel lobby.

Learning Objectives:

- After participating in this workshop, participants will be able to identify and describe phenomena, sets of phenomena, and overall environmental conditions that will support group gestalt therapy in unconventional settings
- After participating in this workshop, participants will be able to assess and evaluate the measurable success of group gestalt experiences in unconventional settings

Bio: Steven Ausbury is an artist and Gestalt therapist-in-training at The Gestalt Center in NYC. He attended the Whitney Museum Independent Study Program and received an MFA from University of California, San Diego. His artwork spans film/video, opera, dance, performance, poetry and drawing. He co-created the opera "Biospheria" with Anthony Burr based on the strange phenomenon of Biosphere 2. His work is in the permanent collection of the Museum of Modern Art, The Whitney Museum and the Brooklyn Museum.

187 Embodied interventions and experiments as Body-to-Body-communication within a Relational Gestalt Approach

Workshop with *Julianne Appel-Opper*

The way a client looks, sits, breathes and gestures tells us the stories the client's body is broadcasting. Therapist and client co-create gestalten in an embodied field in which two living bodies communicate with each other. This mainly experiential workshop will give the opportunity to discover and explore ways of how the therapist can work with body-to-body-communication.

Based on her experiences as psychotherapist and trainer, the presenter will show how the bodily attunement to the individual and relational language of the client's body together with an awareness of our own physical resonances opens possibilities for embodied interventions and experiments. The focus will be on how these interventions and experiments are developed, verbally announced and then mindfully bridged to the client's body (not necessarily touching). The presenter has developed a system of attuning and helping to regulate the client that is healing to experience and fascinating to learn.

Learning Objectives:

- After participation in this workshop, participants will be able to identify and describe various languages of the body
- After participation in this workshop, participants will be able to describe the processes involved within embodied interventions and experiments

Bio: Julianne Appel-Opper, with a Dipl. Psychology is a Clinical Psychologist, Psychological Psychotherapist, UKCP Registered Gestalt and Integrative Psychotherapist, MUKAHPP, Supervisor and Trainer. She has 25 years clinical experience including working in psychosomatic clinics. For 12 years she lived abroad working in various countries and is now in private practice in Berlin. She has been a Visiting Tutor at several psychotherapy training institutes internationally. Julianne has developed the 'Relational Living Body Psychotherapy' which she has taught internationally and written about, for example in The British Gestalt Journal, USA Body Psychotherapy Journal, The British Journal of Psychotherapy Integration and in the book About Relational Body Psychotherapy.

45 Eros, sexuality and the illusional presence of the Other

Workshop with *Petros Theodorou, Bachelor in psychology, Gestalt Therapist (graduated from Gestalt Foundation - Greece)*

The experiences of Eros and sexuality seem to be characterized by powerful emotional - sensory elements, and several projective functions. Thus, the between'; relational space often becomes vague; the contact boundary tends to turn easily rather 'sloppy'; and get dialogically dysfunctional in the sense of a polarity: either losing personal shape in confluence, or objectifying the other; unfinished business, introjections and retroreflection may make these experiences even more fuzzy. On the other hand, in our days, despite the increased possibilities in our relations, there is often lurking a post-modern conservatism, in which the needs for Eros and sexuality appear 'immature' and 'lower' ones when considered in the frame of a long-term relationship of love and commitment. This workshop is an exploration of our habitual patterns regarding such ideas, and of enriching awareness of possibilities for new perspectives and pathways. We shall work experientially using embodied interaction.

Learning Objectives:

- After participating in this workshop, participants will be able to state that I had the opportunity to explore my own habitual patterns in the experiences of Eros and sexuality
- After participating in this workshop, participants will be able to discover new potential aspects in the experiences of Eros and sexuality and compare previous and new awareness possibilities

Bio: Gestalt psychotherapist, active in Greece and in Europe, member of EAGT. He is an external cooperator and trainer in educative and other programs of Gestalt Institutes in Greece, Russia and FYROM. He focuses much on existential aspects of Gestalt therapy possibilities, involving body work through improvisational interaction. He is completing two books, scheduled to appear in English in 2017.

211 A Brief Introduction to Family Constellations for Gestaltists

Workshop with *Carol Siederer, MA*

This workshop will offer an extended experiential exercise, followed by a brief presentation of some basic principles of constellation work as first formulated by Bert Hellinger and later developed by many therapists worldwide, including Gestalt practitioners. Participants will have an opportunity to both look at their own family system and engage in an exercise which they can use in individual work with clients. Although primarily an experiential workshop, open discussion time at the end will focus on participants' interests.

Learning Objectives:

- After participating in this workshop, participants will be able to create adaptations of constellations work to use with clients who are struggling with issues connected to family dynamics.
- After participating in this workshop, participants will be able to compare some basic concepts from family constellations (entanglements, the informing field, intergenerational transmission of trauma, etc.) with some relevant Gestalt concepts.

Bio: Carol Siederer, MA is a UKCP-registered tutor, trainer, and former Director at the Gestalt Centre London. She was previously Associate Director of the Antioch University/ Regents College (London) MA in Psychotherapy and Counselling. She is an integrative therapist and supervisor with over twenty-five years experience and practices relational Gestalt integrated with a family constellations approach. She trained in the systemic constellations approach over many years with senior therapists in Europe, including Hellinger, Hunter Beaumont, Jakob Schneider, Albrecht Mahr, and Franz Ruppert. She runs Family Constellations workshops at the Gestalt Centre London.

172 **Yoga and Psychotherapy - Awareness of emotions in Psychotherapy and Yoga**

Workshop with ***Bosiljka Janjusevic, MSc. and Dragana Lalic, Diplom Psych***

A Gestalt therapist does not use techniques but applies professional skills and integrated life experiences. A therapist who specializes in yoga has another tool for broadening her own and other person's awareness. Body postures and breathing techniques contribute to the removal of the emotional blockages, which are reflected in muscle tension. By releasing tension in the muscles, an emotional problem comes to awareness and resolution is enabled. While dealing with emotions through the work on muscle tension, it is necessary to monitor the client's capabilities and readiness, by sharpening the therapist's own focus of attention through breathing techniques, calming the thought processes, and gaining insights through meditation. The application of yoga techniques in psychotherapy provides access to the unconscious content, which captures a certain quantum of energy, while learning useful life principles - focusing attention, being in the here-and-now, recognizing the experiences in body, feelings and mind.

Learning Objectives:

- After participating in this workshop, participants will be able to discuss awareness of emotions and body that they acquire through the experience in psychotherapy and applied yoga techniques
- After participating in this workshop, participants will be able to apply breathing techniques and relaxation as a support to themselves in a role of psychotherapist

Bios: Bosiljka Janjusevic studied Clinical Psychology and she obtained her Master's Degree at the Department of Applied Psychology with the theme Consciousness in Gestalt Psychotherapy. She is a PhD candidate in the field of implementation of yoga in psychotherapy at the Alpen-Adria University, Klagenfurt-Graz-Wien, Austria. She researched and wrote about connection between practicing yoga techniques and stress management, depression, anger, assertiveness and locus of control. Bosiljka Janjusevic is a Certified Yoga Teacher, Researcher and Coordinator of the International Society for Scientific Interdisciplinary Yoga Research and Gestalt therapist in training.

Dragana Lalic graduated in psychology from the Faculty of Philosophy at the University of Belgrade, and completed her training in Gestalt Psychotherapy (EAP Accredited Training Institute "Gestalt Studio Beograd"). She acquired certificates from the Serbian Psychotherapy Association and EAGT. While she worked in NGO Group "Let's" she was engaged in activities related to the provision of psychological support to refugees, displaced persons, and other groups of people, also created and implemented workshops for personal and professional growth. Later she worked with children with disabilities and their families as well as a school psychologist in a primary school. Since 2006, she has been working as a psychotherapist in her private practice.

73 **'Knitting an inter-net' by sensitized storytelling**

Workshop with ***Olaf Zielke, Staatsexamen Lehramt an Sonderschulen, and Guus Klaren, Post Graduate Social Studies***

We are all travellers coming and going somewhere; one as refugee, the other as globetrotter or wanderer. 'Where are you coming from?' 'Where are you going to?' Oftentimes these are the first questions we are asking a stranger. By attentively listening, going beyond our assumptions and preconceptions, by opening our mind and heart, we can discover how we are connected by an underlying social cultural, historical and political 'internet'. And how this 'internet' influences our life stories. In the exchange of telling and listening we will visualize our 'internet' We will meet the other, the aesthetic of otherness on the cross roads of our storytelling and discover the value and meaning of 'knitting an 'internet'; for our on-going life journey. How the quality of our knitting on the cross roads of our journeys can influence our futures.

Learning Objectives:

- After the workshop the participant will be able to discuss the social political and cultural dimension in life stories and the influence of this dimension in the contacting process
- After the workshop the participant will be able to apply specific Interventions regarding social, cultural, and political connections in human stories.

Bios: Olaf Zielke is a teacher, Gestalttherapist, former member of the executive committee of the German NOGT (DVG), representative of Germany in the general board of EAGT, member of the TSC, Gestalttrainer, lectures in universities. Living in Hannover, Germany.

Guus Klaren is a Gestalt Therapist, - supervisor and - Practitioner in Organisations in private practice for more than 25 years. He is chair of the Human Rights and Social Responsibility Committee of EAGT.

191 Linking Addiction and Shame: A Relational Gestalt Exploration

Workshop with **Michelle Seely, MA, MFT and Armin Baier, JD, MSW**

It is human to avoid discomfort, and avoidance can become habitual overtime. Whether as life altering as addiction or as commonplace as procrastination--we all know the experience of wanting to stop a behavior that feels out of our control. If the behavior stays small or infrequent enough, we may not be too impacted by our ineffective attempts at change. Addiction is in part a habitual behavior that leads to an actual loss of control. Loss of control, the need for assistance in addressing dysfunctional habits, and the social stigma of "weakness" are often sources of profound shame. In a recent study, unaddressed shame was linked to increases in the rate and severity of relapse behavior. In a guided exercise, we will explore "addiction" through our shared experience of our unwanted habitual behaviors. Gestalt theory and practice will support us to explore how shame may be functioning, and how to support acceptance and change. In a guided exercise, we will explore "addiction" through our shared experience of our unwanted habitual behaviors. Gestalt theory and practice will support us to explore how shame may be functioning, and how to support acceptance and change.

Learning Objectives:

- After participating in the workshop, participants will be able to discuss the relationship between addiction and shame.
- After participating in the workshop, participants will be able to identify three interventions to support patient awareness of the addiction/shame process and to facilitate the development of self-acceptance.

Bios: Michelle Seely is a certified Gestalt therapist on the core faculty of the Pacific Gestalt Institute in Los Angeles, CA. She has practiced psychotherapy for over 15 years, and worked in education for 30 years. She recently taught an international workshop in Europe on gestalt therapy approaches to shame. She also teaches a course that focuses on the application of mindfulness and self-compassion skills in addressing human suffering for InsightLA and CompassionLA (Buddhist/Mindfulness training centers in Los Angeles.)

Armin Baier is a certified Gestalt therapist on the core faculty of the Pacific Gestalt Institute in Los Angeles. His experience working in the field of addiction treatment over 28 years includes both clinical direction of an outpatient treatment program and psychotherapy private practice. He has co-authored writings in peer-reviewed journal and textbook publications on addiction treatment.

124 The relational nervous system in Gestalt Body Process Psychotherapy

Workshop with **James Kepner, PhD**

Embodied support is an essential ingredient for relational contact in Gestalt therapy. Modern neurobiology can give us a more refined and specific understanding of how to access and enhance embodied support for contact. This knowledge expands client resources for contact, enhancing their body awareness, modulating fight/flight reactions that disrupt contact, and offers access to the social engagement system that biologically evolved into our nervous system. In this workshop we will examine the neurobiological ground for relational contact and co-regulation; explore how our own embodiment affects this in contacting; and experiment with use of one's own embodiment through breath, tone and touch to enhance client support for contact.

Learning Objectives:

- After participating in this workshop participants will be able to describe the neurobiological basis for safety and relational connection intrinsic to our autonomic nervous system.
- Participants will be able to utilize 2 embodied practices that enhance the Social Engagement System (autonomic nervous system) to support relational contact.

Bio: Jim Kepner Ph.D., (James I Kepner), is a psychologist in private practice and the author of *Body Process: working with the body in psychotherapy* (1987/99), considered a classic in both Gestalt therapy and body-oriented psychotherapy, and of *Healing Tasks: psychotherapy with adult survivors of childhood abuse* (1995). He is the founder of

Gestalt Body Process Psychotherapy (GBPP) and the co-developer of Nervous System Energy Work (NSEW). He serves professional staff of the Gestalt Institute of Cleveland where he co-founded and chairs the training program “Working with Physical Process”. He conducts training workshops internationally in GBPP, the Healing Tasks model, and in NSEW.

143 “Why do we love? Closeness of Otherness in Couples...” Gestalt therapy for couples.

Workshop with *Inna Didkovska, PsyD*

During this workshop participants will take part in an experiment which will allow them to see how we choose our partners; compare what determines our choice, appears to be behind a special chemistry, and gives rise to passionate enamourment. I will also specify what the individual stages of development are and how they influence the choice of a partner and the dynamics of the relationship in a couple, including possible crises of family life. We will identify in what way and how the stages of development of different people define closeness of otherness in a couple. Closeness of otherness and the aesthetic of otherness in couples often determines the general background of incomplete gestalts (uncompleted stages of development). And, finally we will discuss how to use this knowledge in family and couple therapy.

Learning Objectives:

- After participating in this workshop, participants will be able to identify uncompleted stage of development (incomplete gestalts) and their influence for forming couples
- After participating in this workshop, participants will be able to apply specific gestalt approaches with couples and families going through a crisis at each stage of development.

Bio: Inna Didkovska, a certified therapist of EAGT, the Paris School of Gestalt and the FGI. Inna has been practicing Gestalt since 1994. She founded the Kiev Gestalt University in 2007 and has been training locally since then. She teaches nationally and has been lecturing for more than 15 years. Her works have been published in specialized journals and she is the author of numerous projects in Gestalt University, including the ones with students from all over the country. She is currently working on a series of video lectures, provides supervision, and conducts workshops and training in theory/practice of Gestalt Therapy. “Working with families and couples” stands out as a leading specialization program in her training courses.

80 Bodies, Images and Stories: How to Meet and Sensitize the Other in a Co-Created Field

Workshop with *Michele Cannavo, MD, PhD and Jelena Zeleskov Djoric, PhD*

Photography can be used as a tool to connect embodied experiences and co-create movement in the here-and-now on the occasion of the other. In this workshop we will join the group gestalt theory with the aesthetic approach regarding the life experience of the other. Being with all senses open, images will become a soft way to move the background and the co-created body experience that will be the figure giving direction to intentionality of the group’s members. The leaders will lead the emergence of the next as a product of the meeting with the other in the here and now.

Learning Objectives:

- After Participating in this workshop, participants will be able discuss how photography can be used in accordance with gestalt group theory and combine with embodiment approach when working with groups.
- Participants will be able to use photography in a group setting relying on contemporary gestalt therapy theory with the highlighting of the body process in the occasion of the other at the contact boundary.

Bio: Michele Cannavo MD, Ph.D., is a Psychiatrist and Gestalt psychotherapist. He graduated at University of Catania in Psychiatry and Psychotherapy. He asserted his Ph.D. in Neuro-vegetative Medicine. He is working as a psychotherapist and psychiatrist in a therapeutic community for psychotic and borderline patients. Michele is a graduate of HCC Italy where he is a trainer. He is also trained in Psychosomatic Body Development in New York with Ruella Frank. And graduated from a training Program in Psychopathology and Contemporary Disturbances with M. Lobb, G. Francesetti, J.Robine and C. Bandin. He completed his training on the Embodied Body in Berlin with Julianne Appel-Opper. He is a president of SIPG. He is an author of many articles.

Jelena Zeleskov Djoric, Ph.D, Clinical Psychologist, EAGT and EAP Registered Gestalt Psychotherapist, GANZ Clinical member and PACFA Clinical Registrant, Trainer in Gestalt Studio Belgrade, International Expert and Collaborator of working group Crime, Poverty and Criminal Justice and Detroit Reentry Project, University of Michigan, USA. Jelena had been working in private practice since 2010 firstly within Sava Perovic Foundation and after within Urological Clinic in Belgrade with patients undergoing genital reconstruction surgery. Moreover, she had been involved in prisoners' psychotherapy group for the last five years. She has been recently moved to Australia and currently working as a Team Leader Counselling and Therapy Programs within CatholicCare NT.

65 Falling Towards a Quality of Presence and Inclusion

Workshop with ***Emilyn Claid, MSc Gestalt Psychotherapy, PhD Choreographic practices and Lynda Osborne, DPsych, MSc Gestalt Psychotherapy, ECP., GPTI TSM***

'Falling Towards a Quality of Presence and Inclusion', is an experiential workshop that offers a practical understanding of how we might embody a respect of difference between self and other that encourages separateness and relatedness (Hycner and Jacobs). The workshop offers safely constructed tasks of falling, alone and in relationship, drawn from somatic movement practices such as Release and Alexander techniques. The embodied experience is then transferred and applied to Gestalt clinical practice drawing on existential phenomenology. Participants experience a somatic relationship with gravity through an embodied practice of falling as support for presence and inclusion in the face of otherness. This workshop will provide an opportunity to experience a holistic understanding of falling through group process and ethically safe movement practices and theoretical input.

Learning Objectives:

Participants in this workshop will understand how falling as a creative practice can support clinical work.

After participating in this workshop, participants will be able to:

- evaluate how their relationship with falling influences their ability to be with uncertainty and difference in the face of otherness
- describe the benefits of a somatic practice of falling and how this might be applied to their clinical work.

Bio: Emilyn is a professor of choreographic practices at Roehampton University (London) and a Gestalt psychotherapist. Throughout the 1970s and 80s she was at the forefront of the UK experimental dance scene. In the 1990s she worked as an independent dance artist and in 1997 was awarded a PhD and published *Yes? No! Maybe ... Seductive Ambiguity in Dance Theatre Performance* (Routledge 2006). She directed Choreography courses at Dartington College of Arts (2003-13) while training as a psychotherapist. Emilyn has a private psychotherapy practice in London and her internationally presented, practice led research projects interweave between the two fields.

Lynda has been involved in training and supervising counsellors and psychotherapists for nearly 30 years. After 13 years as Head of Department at Metanoia Institute, London she stood down in 2012. She continues to enjoy training psychotherapists and supervisors in Slovenia, Poland, Spain, Turkey, the Ukraine and at Metanoia. She was the first chair of the National Gestalt Organisation, UKAGP. Lynda is an Associate Member of Relational Change and has a private psychotherapy and supervision practice in Farnham, Surrey. With a less busy life she is enjoying travelling to be with family, for work and for leisure.

194 Leadership: Illuminating the eclipsed

Workshop with ***Susan Congram, PhD***

This workshop explores Qualities of Practice in leadership, illuminating qualities that have become eclipsed. Participants reflect on their own experiences of leadership whether that is heading up an organization, running their own therapy clinic independently, involved in running an institute or a charity, organizing this conference, or just attending. We discuss how often people attribute leadership to a role, implying that leadership is to do with "other", not realizing that we all play a part; that the "other" in leadership is in fact "us". Drawing on the findings from my PhD research, I describe a broader view of leadership than is currently understood, explaining how people unwittingly become locked into old ways of thinking. In this workshop, participants will discover a different kind of leadership where more aesthetic and relational qualities allow leadership to emerge at the contact-boundary between self and other. I use the metaphor of birds to describe leadership.

Learning Objectives:

- After participating in this workshop participants will be able to recognise a core range of leadership Qualities in themselves
- After participating in this workshop participants will be able to identify and live a leadership Quality that has been fully or partially 'eclipsed'

Bio: As a leadership development specialist, I have worked with corporations for over 20 years. In 2013, I completed my PhD studying leadership, drawing on Field Theory as a key concept. This led to co-founding a new business for growing a more relational, inclusive and collaborative approach to leadership development. Gestalt is at the heart of all my work, teaching Gestalt-in-organisations in the UK and abroad for many years. I have published a number of books, papers and chapters. My work is further inspired by my love of art and photography bringing this into learning environments. I run arts-based workshops and retreats every year for in-depth self-development.

39 ***Gestalt Therapy's Embodied Styles***
Workshop with ***Susan Gregory, M.A.***

One of the primary ways we express our own aesthetic or sense of the aesthetic of the other is through our bodies. Thus, attending to body experience is a vital and integrated part of Gestalt therapy theory and practice. In this experiential and didactic workshop, we will explore five distinct ways in which attention to body experience has been an integrated part of Gestalt therapy from its inception. We will look at how Fritz and Laura Perls first included body awareness in their work with clients, and then explore several contemporary methods for including body experience as an indivisible part of how we practice and talk about theory in our modality. This will be a gentle and inclusive workshop to which both active as well as observing participants are invited.

Learning Objectives:

- As a result of participating in this workshop, Gestalt therapists will be able to identify, name and choose to use specific body-based approaches in their work with clients.
- As a result of participating in this workshop, Gestalt therapists will be able to identify their clients' and their own physical habits (fixities) and will be able to invent experiments for working with these.

Bio: Susan Gregory has been a Gestalt therapist in private practice for 26 years. She was previously President of the New York Institute for Gestalt Therapy, and has published four book chapters and 24 peer reviewed articles. She has taught Gestalt therapy around the world, and has been guest faculty in England, Australia, New Zealand, Mexico and Brazil. Susan studied kinesthetic anatomy with Irene Dowd and breath-and-body work for many years with Elsa Gindler's Berlin-based assistant, Carola Speads. Info: www.GestaltSing.com

24 **The Aesthetics of Health and Well-Being in Organisational life: Key Relational Supports**
Workshop with ***Marie-Anne Chidiac, D.Psych and Sally Denham-Vaughan, D.Psych***

Our presentation stresses the importance of otherness and the aesthetics of health and well-being in organisational life. We will show that more effective organisations are moving away from an individualistic model and seeking ways to harness the power of a relational framework. We argue that the Gestalt approach is best positioned to offer a clear way forward. The challenge of moving relationally orientated Gestalt practice into organisations has not been widely articulated. We address this by articulating our developing model of Relational Organisational Gestalt (ROG), to considerations of health and well-being. We will show how this relational approach emphasises core conditions of dialogue, the power of developmental issues, and attends to developing supportive field conditions.

Learning Objectives:

- After attending this workshop participants will be able to describe both the SOS (Self-Other-Situation) model and the Relational Organisational Gestalt, (ROG), models of organizational health and wellbeing.
- Following attendance participants will be able to identify key relational supports, or lack of them, in organizations employing the framework of Kohut's Self-Object Transferences.

Bios: Marie-Anne Chidiac is an experienced change management consultant, coach, psychotherapist and supervisor. She works with board level executives in both the public and private sector and has lead major change management programmes both in the UK and Europe. Marie-Anne's doctoral thesis focused on the synthesis of Gestalt psychotherapy and Organisational Development. She has written extensively on that topic and on Leadership Presence. She is an Associate of the Ashridge Business School and Faculty and Academic Advisor to a number of Institutes and Programmes. She is also the co-founder of 'Relational Change', an International Organisation focussed on developing Relational Approaches.

Sally Denham-Vaughan is an Internationally Accredited Coach and Coach Supervisor, Organisational practitioner and Gestalt Psychotherapist. She held a range of senior leadership positions in the National Health Service in the UK and is Visiting Fellow in the School of Business, Leadership and Enterprise at University College Suffolk. She holds a range of Faculty appointments and has published extensively in the gestalt literature and elsewhere. Her doctorate focused on developing the 're-enchantment' paradigm and relational approaches within organisational life. She is the Co-Founder of Relational Change, an International Organisation focussed on developing Relational Approaches.

60 Beyond the Pillars of Hercules. A Gestalt therapy perspective on psychotic experiences

Workshop with *Gianni Francesetti, Gestalt Therapist, Psychiatrist*

Psychotic experience is qualitatively different from any other: it requires a specific understanding in order to allow a supportive therapeutic presence in the co-created field. In this workshop, a gestalt perspective on the emergence of psychotic experiences will be proposed, based on Gestalt psychology (Metzger, 1941), Gestalt Therapy (Francesetti and Spagnuolo Lobb, 2013; Burley et al., 2015), phenomenological psychiatry (Conrad, 1958) and neurosciences (Damasio, 2010). In this way, it is possible to approach the peculiarity of this suffering where the person dwells 'beyond the Pillars of Hercules', beyond the boundaries of the known world, where common language can be used to communicate. It is a region of experience where subject and world are not yet differentiated and the words come from another world. Without this awareness - and the consequent ability to dwell in the co-created psychotic field - the therapist can easily use an iatrogenic attitude, which cannot help the client and may also harm him.

I will propose a practical exercise to experiment, at last partially, with the experience of this way of being in the world with the specific and insurmountable difficulties in communication that emerge. This experiment and the discussion that follows may increase the awareness of this clinical and existential dimension in the participants and outline possible therapeutic directions.

Learning Objectives:

- After attending this workshop participants will be able to distinguish and understand psychotic experience from any other
- After attending this workshop participants will be able to use specific communication awareness when experiencing psychotic field

Bio: Gestalt psychotherapist, psychiatrist, international trainer and supervisor, Coordinator of the International Training on Gestalt Therapy Approach to Psychopathology (Istituto di Gestalt HCC Italy). President of the EAGT, Past President of FIAP and of SIPG, NYIGT, AAGT, SPR member. He has authored articles, chapters, and books in the field of psychiatry and psychotherapy (among the last books: Francesetti, Gecele, Roubal (2013), Gestalt therapy in Clinical Practice, Ist. HCC Italy Publ.; Francesetti G., Absence is a Bridge Between us. Gestalt Therapy approach to depressive experiences, Ist. HCC Italy Publ., 2015). He lives and works in Turin (Italy) as psychotherapist, psychiatrist and supervisor.

222 Infinite desire in a finite world

Workshop with *Antonia Konstantinidou, DBA Psych, MSc; Fotini Maroglou, BA, MSc; Katerina Manolaki Georgios Giaglis, MD, BSc, MA, MSc, Med, PhD; Katerina Siampani, BSc, MSc; and Rama Shadmon MSc*

As a group of Gestalt psychotherapists, we witness in our everyday life and practice the turbulence of financial, political, and social changes in our communities. As citizens of our country, of Europe, of the World, we witness the rapid change of the meanings of words and concepts, such as desire, willingness, intentionality, aesthetics, flow, aggression, subjectivity, and field change. So, we strive for creative adjustment; to bridge the rapid transformations of a society and the limited possibilities that our everyday lives offer with our infinite desire for safety and growth, autonomy and creativity, serenity and excitement. However, there are no heroes; what you know, I know. We are all part of the

larger picture. If I am to survive, then the Other has to survive, as well. We are interrelated. We are in this together. Our aim is to present relevant testimonies and witness, to sensitize or re-sensitize in new ways, and to invite others to share their experiences with us.

Learning Objectives:

- By participating in this fishbowl, participants will identify and integrate their conflicts (if any) between personal desires and the inherently limited environment.
- By participating in this fishbowl, participants will explore if and in what way the experience of sharing has influenced their perceptions and emotions towards the changing nature of the inner and outer world.

Bios: Antonia Konstantinidou. Born in Thessaloniki, Greece. Education: B.A. Psychology and M.Sc. in Social and Clinical Psychology, Training in Cognitive-Behavioural Modification and Gestalt Therapy, Training for Trainers and Supervisors in Gestalt Therapy. Qualifications and Experience: Counselling and psychotherapy with individuals, couples, and groups since 1994. Gestalt Therapy trainer and supervisor for mental health professionals since 1997. She is the Co-founder of “Psychotherapy & Training Institute Gestalt Foundation” (Greece), and regularly conducts lectures and workshops on such topics as: awareness, communication, dreams, anxiety, loss, and joy of life. She is a member of Association of Greek Psychologists, Hellenic Association for Gestalt Therapy (HAGT), EAGT, EAP, ECP Holder.

Fotini Maroglou lives and works in Thessaloniki, Greece. She has a BA in Psychology, and a MSc. in Social and Clinical Psychology. She has been trained in Gestalt Therapy. She works in a center for addiction prevention and promotion of psychosocial health and has practiced psychotherapy privately since 2002. She often leads parent and teacher groups and support groups for smoking cessation. She conducts lectures and workshops with topics such as: parenthood, adolescence, boundaries, communication, self-esteem, addictions, anxiety, bullying etc. Fotini is a founding member of Hellenic Association for Gestalt Therapy (HAGT) and a full member of EAGT.

Georgios Giaglis has his MD and PhD with a Specialization in Neurology, his MSc in Medical Research Technology, BSc in Psychology, MA in Cognitive Psychology and Neuropsychology, MSc in Statistics, and MEd in Adult Education. He also, Trained in Gestalt Therapy. As a specialist in Neurology, he has conducted counseling and psychotherapy with since 2005. He is a Research fellow and trainer in various institutions. He regularly conducts lectures and workshops on such topics as: shame, relationships, loneliness, care giving, dementia and fear. He has written several articles and been the co-author in several books. Georgios is a member of the Hellenic and European Gestalt Therapy (HAGT), the EAGT and various medical associations.

Katerina Manolaki is a Psychologist-gestalt psychotherapist. With a B.A. in Psychology (Aristotle University of Thessaloniki), training in mental health counseling (drug addiction issues) and in employment counseling for women of vulnerable social groups. She received her training in Gestalt Therapy and Training for trainers in Gestalt Therapy from Gestalt Foundation Thessaloniki. Katerina has 16 years of clinical experience in institutions (National Center for prevention of drug addiction, as a coordinator in programmes for the unemployment of women of vulnerable social groups), as an employment counselor for women. She has been in private practice since 2002 working with adults, teenagers, groups and couples. She is a founding member of the Hellenic Association of Gestalt Therapists (HAGT), member of EAGT, Greek Association of Psychologists, EuroPsy certified psychologist (European Certificate in Psychology).

Katerina Siampani has a Bsc in Psychology and Msc in Counseling and Psychology, from the City University, Sheffield, U.K. For the last thirteen years she has worked in the Hellenic Association of Alzheimer’s Disease and Related Disorders applying Gestalt Psychotherapy, Art-Therapy, Gestalt Reminisce Therapy and Sandplay Therapy. In addition, she provides psychological support to groups of caregivers of people who suffer from dementia. She has offered counselling and psychotherapy to individuals, couples, and groups since 2005. Every year she conducts lectures and workshops with topics such as shame, relationships, loneliness, care giving, dementia, fear and she has written articles and co-authored books. She is a member of Hellenic and European Gestalt Therapy (HAGT) and (EAGT), and a member of Hellenic Association of Alzheimer’s Disease and Related Disorders.

Rama Shadmon was born in 1966 in Jerusalem, Israel. For the past 25 years, she has lived and worked in Thessaloniki, Greece. She has a B.A. in Psychology and M.Sc. in Social and Clinical Psychology. She also received training in Cognitive-Behavioural Modification, in Systemic Theory and in Gestalt Therapy and is a supervisor in Gestalt Therapy. Since 1996, she has worked in her private practice as a psychotherapist with individuals, couples, and groups and as a supervisor for individuals and groups since 2003. She is a member of the HAGT and EAGT.

242 Finding the Other: the relational function of self

Workshop with **Dan Bloom, JD, LCSW, MSM**

They are anyone or no one - anonymous or hardly known - migrants or homeless. We turn away from them as we desensitize ourselves to their presence at the contact-boundary. Or they are known ones, our friends, to whom we turn, or our loved ones, whom we hold in our arms and caress. I will explore how we contact the other. I will introduce the relational function of self, which situates us in the world of others and structures relational contacting. The relational function expands gestalt therapy's clinical existential-phenomenology to explain how we meet the other in relational contacting. This new concept sharpens our clinical focus so we can address the aesthetic of relationality at the contact-boundary. I will develop this in detail with clinical examples and experiential opportunities.

Learning Objectives:

- After attending this workshop, participants will be able to identify and describe different kinds of contacting and see how they function in different situations
- After attending this workshop, participants will be able to use the relational function of self in clinical practice.

Bio: Dan Bloom JD, LCSW, MSM is a psychotherapist in private practice in New York City. He is past president and fellow of New York Institute for Gestalt Therapy and past president of the Association for the Advancement of Gestalt Therapy. He is adjunct faculty at institutes around the world and independently trains and supervises gestalt therapists. Dan has been widely published. He was Editor-in-Chief of *Studies in Gestalt Therapy: Dialogical Bridges* and is an associate editor of the *Gestalt Review*. He co-edited the books *Continuity and Change: Gestalt Therapy Now* and *The New York Institute for Gestalt in the 21st Century*.

192 The Aesthetic of Music, Imagery and Gestalt: An Experiential Workshop

Workshop with **Robert Witchel, EdD**

This experiential workshop will include semi-guided imagery experiences enhanced with music, to demonstrate a non-interpretive, re-enactment gestalt approach. Imagery with music can make an extraordinary impact by opening doors to rich awareness and potential for growth. This intervention can be utilized with survivors of trauma or childhood neglect and abuse, persons who are grieving and many others. A key factor is the choice of the musical selection, making sure it fits with the theme of the imagery experience, and that it allows each participant to have their own unique experience. Participants will be invited to share their experience to illustrate the value of this modality. I believe music provided me my first therapeutic experience, as it allowed me to increase my awareness of my feelings and body. I invite you to this workshop to explore the music from your body, beat of your heart and melody of your soul.

Learning Objectives:

- After participating in this workshop, participants will be able to: Identify the value of utilizing imagery and music as a non-interpretive, re-enactment gestalt intervention allowing clients to further explore unfinished situations (grief, trauma) and/or future unknown experiences.
- After participating in this workshop, participants will be able to: Specify the importance of sensitively choosing the right type of music to maximize the ground and facilitate, enhance and/or acknowledge the client's personal work

Bio: I have been connected to gestalt therapy since 1970 and to music my whole life. At the age of ten, I stood for hours in front of a large mirror conducting music I played on a record player. As a gestalt therapist, I conduct the musical composition coming from another's soul and heart. I have made presentations and published on the use of Gestalt imagery and music as a means to increase self-awareness. In addition to my practice, I am a Professor of Counseling at Indiana University of Pennsylvania, a licensed psychologist, and serve as a member of the AAGT Board.

184 **NEW Contemporary Gestalt Therapy Demonstration and Theory Films - A Film Screening and Discussion**
Workshop with ***Robert W. Resnick, PhD***

After many decades under the radar, this presenter is offering his contemporary Gestalt Therapy demonstration and theory training films based on his ongoing distillation, synthesis and integration of doing, teaching and learning Gestalt Therapy for 50 years. These films are an outreach to both graduate students worldwide (subtitles in more than a dozen languages) and to the larger therapeutic world - as well as to the Gestalt Therapy community. These unedited therapy sessions are with real people dealing with real issues with a real therapist and in real time (no actors and no scripts). This contemporary approach to Gestalt Therapy is field, phenomenological, process, and deeply dialogically based. Discussion, comments, questions, comparisons and reactions are all encouraged. Excellent video and sound.

Learning Objectives:

- After participating in this workshop, participants will be able to integrate the therapeutic relationship as the shared domain of the therapy.
- After participating in this workshop, participants will be able to track primary experience as being the currency of contact and dialogue.

Bio: Robert W. Resnick, Ph.D., Clinical Psychologist, Gestalt/Couples Therapy trainer for almost 50 years - trained and certified (1969) with Fritz Perls and Jim Simkin and chosen by Perls to introduce Gestalt Therapy to Europe - summer 1969. His interview "Gestalt Therapy: Principles Prisms and Perspectives" appears in the 1995, British Gestalt Journal. "The Recursive Loop of Shame", Gestalt Review 1997. "Chicken Soup Is Poison" (Perls Festschrift) circa 1967. Currently developing and distributing contemporary Couples Therapy and Individual Gestalt Therapy theory and demonstration films for graduate psychotherapy programs worldwide in a dozen languages. His first clinical practicum was driving a New York taxicab.

95 **"Professional Competencies and Qualitative Standards" as Inspirations for Gestalt Therapists**
Panel with ***Beatrix Wimmer, MSc, Tomas Flajs, BA, Joseph Melnick, PhD, Richard Lompa, MSc, and Ivana Vidakovic: PhD***

This is a presentation of the document on "Professional Competencies and Qualitative Standards" which has been developed by the committee for PC&QS within EAGT since 2010. The main contributors to this documents are Gianni Francesetti, Jan Roubal, Daan van Baalen, Jelena Zeleskov Djoric, Ivana Vidakovic and Beatrix Wimmer. As Gestalt therapists we are the first psychotherapeutic community within EAP (European Association for Psychotherapy) to have created a detailed description of competencies coming into play specifically in our modality.

In this panel we intend to give an overview on the background of the idea for the development of this document, its content and how Gestalt communities can make use of it. The panel will provide a summary of the project's history, present its 13 domains and point out some crucial elements in this document. Within the panel we intend to facilitate an exchange of views about the document and to generate ideas of how to introduce this document to our own Gestalt communities, e.g. NOGTs and training institutes with a view to explore its usefulness.

Literature:

<http://www.eagt.org/pcqs/PC&QS%20-%20competencies.pdf>

Perls F., Hefferline R. and Goodman P. (1994). Gestalt Therapy: Excitement and Growth in the Human Personality. Highland, NY: Gestalt Journal Press.

Francesetti G., Gecele M., Roubal J. Eds. (2013). Gestalt Therapy in Clinical Practice, Franco Angeli, Milano.

Learning Objectives:

- After participating in this workshop participants will be able to state the 13 domains and at least 2 key elements of the document on Professional Competences and Qualitative Standards.
- After participating in this workshop participants will be able to discuss and contribute to the process of making use of this document within NOGTs and training institutes in their own professional communities

Bios: Tomaz Flajs: President of SKZP (the Slovene Umbrella Association for Psychotherapy), President of SLOGES (the Slovene Association for Gestalt Therapy) and director of GiTa (Institute for Gestalt Therapy, Ljubljana)

Dick Lompa, MSc is a trainer/therapist/supervisor for the Dutch Gestalt Institute since 1980. He is a member of the TSC (Training Standards Committee) EAGT and was chair of the EAGT Ethics Committee for 9 years.

Joseph Melnick: PhD, is Co-Chair of the Cape Cod Training Program, a couples and family therapist, an organizational consultant, and author of numerous articles and book chapters on intimacy, ethics, and small groups.

Ivana Vidakovic: PhD, member of PC&QS (Professional Competences and Qualitative Standards) and HR&SR (Human Rights and Social Responsibility) Committees in EAGT

Beatrix Wimmer, Msc, is Psychologist, Gestalt Psychotherapist in Austria, chair of PC&QS Committee EAGT (Professional Competences and Qualitative Standards), Vice-President of the OEVG (Austrian Association of Gestalt Therapy) and EAGT president elect

162 The dance of the chairs and the dance of the pronouns. The Theory of Self and Family Therapy in Gestalt Therapy

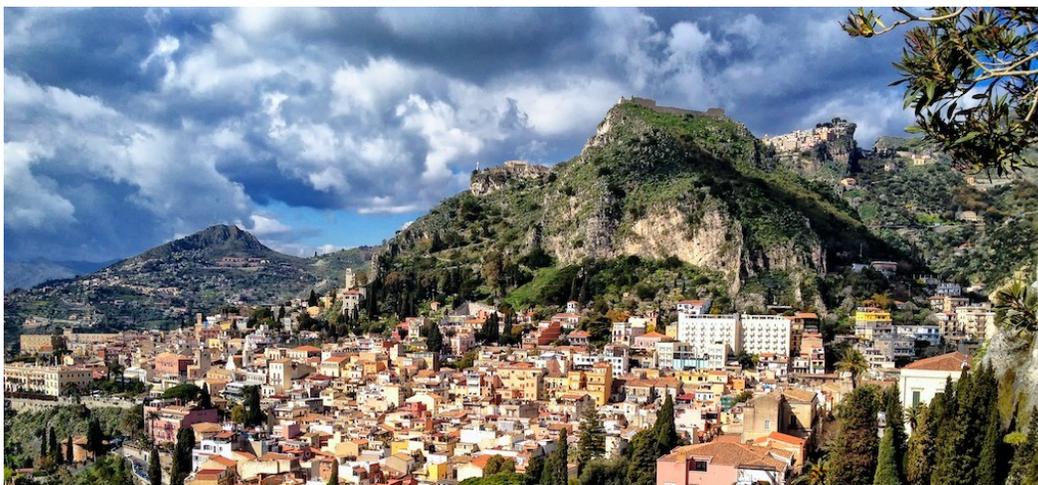
Workshop with ***Giovanni Salonia, Psych. and Psychotherapist***

This model of family therapy the “dance of the chairs and the dance of the pronouns” is the name of the model that is presented on a theoretic level and through simulations applying the theory of Self (Perls - Goodman) to the family. The aim of this model is to support the family members to restore of the aesthetic that adjusts in accordance with the various changes as expressed in a new dance - the family’s “dance of growth” towards new evolutionary tasks. In a concrete way, we work on placing the symptom of the individual member of the family in the background of the family relationship. Through the dance of the chairs (that is to say, changing chairs to favor and restore new functional proxemics) the functions of the Self are reactivated, first of all the functions of the parental couple and then the ones of the other members. Thus, the family restarts the dance they have interrupted to reach the new evolutionary task of its family life cycle.

Learning Objectives:

- After participating in this workshop, participants will be able to compare the dysfunction of the functions of Self (personality and Es-function) and the restoration of Ego-function
- After participating in this workshop, participants will tell the functions of Self in a family.

Bio: Psychologist, psychotherapist, scientific director of the school of specialisation in Gestalt Psychotherapy online journal of psychotherapy. Internationally known as a teacher, he has been invited to numerous universities within Italy and abroad, he has published numerous papers in national and foreign journals, which deal with both anthropological and clinical themes. He is a Lecturer in Social Psychology at various academic institutions in Italy.



WORKSHOP – PANEL – LECTURE DESCRIPTIONS
Saturday, September 24 - Session E - 2:30—3:30

178 A Model for Training Gestalt Therapists Integrating Buddhist Psychology/Mindfulness

Lecture with *Eva Gold, PsyD and Steve Zahm, Phd*

Meditation practices increase our capacity for compassion and presence and allow us to be more attuned to and accepting of our own and others' experience-- important skills and qualities for the Gestalt therapist. In addition, while clearly the therapeutic relationship is a component of therapeutic effectiveness, less clear has been how to address capacities for relatedness in training therapists. Mindfulness research points to a way. In addition to the benefits of meditation practices, Buddhist psychology views can support the Gestalt therapist in maintaining our phenomenological/dialogical stance, and our ability to stay with "what is" Since 2006, the presenters have been incorporating meditation as well as teaching Buddhist psychology concepts in their Gestalt therapy training programs. This lecture presents our model for this integration in two parts: 1) The benefits of this integration - the "why" and 2) The ways of integrating these systems in training--the "how."

Bios: Eva Gold, Psy. D., a psychologist in private practice, works primarily with psychotherapists, providing clinical consultation/supervision, mentoring, and psychotherapy. A founding Co-Director of Gestalt Therapy Training Center - Northwest, she is senior faculty for the Buddhist Psychology and Contemporary Gestalt Therapy: Bringing Mindfulness to Psychotherapy training, as well as other programs. Dr. Gold is an adjunct Assistant Professor at Pacific University School of Professional Psychology where she teaches Gestalt therapy. She has written extensively and presented and trained nationally and internationally on Gestalt therapy theory and practice, and has recently completed a book on Buddhist psychology and Gestalt therapy.

Steve Zahm, Ph. D., is a psychologist in private practice, providing psychotherapy and consultation/ supervision. A founding Co-Director of Gestalt therapy Training Center - Northwest, he is senior faculty for the Buddhist Psychology and Contemporary Gestalt Therapy: Bringing Mindfulness to Psychotherapy Practice training, as well as other programs. Dr. Zahm is a Professor at Pacific University School of Professional Psychology, and has been committed to bringing Gestalt therapy into academic settings for over 35 years. He has written extensively and presented nationally and internationally on Gestalt therapy theory and practice, and has recently completed a book on Buddhist psychology and Gestalt therapy.

35 Existential dimension of supervision

Lecture with *Elena Kaliteevskaya, Ph.D.*

The existential dimension of supervision is a special form of supervision. It is a supervision of one's professional path, the joint attempt in a dialogue to become aware of the questions that support the therapist's development and of the traps we all risk to fall down to. These are the questions a therapist asks her/himself in the existential dimension of the whole life history and current personal situation. The existential dimension of supervision opens the way to the therapist's insight of his personal and professional philosophy, which is largely influenced by the developmental situation in childhood, his/her background, education or vocation prior to being engaged in psychotherapy. Every profession implies its own human image.

Bio: Graduated from St.Petersburg State University, Ph.D. in Clinical Psychology at Bekhterev Psychoneurological Institute in St.Petersburg (1986). Since 1983 involved in group therapy. Since 1988 in Moscow, worked at Mental Health Research Center of Russian Academy of Medical Sciences and studied in EAGT training programs. One of the founders of Moscow Gestalt Institute, director of MGI training programs since 1996. Head of basic training programs for gestalt therapists and of supervisor training programs. Since 2004 head of specialization "Supervision of private practice. Existential dimension of supervision." Author of the book "Philosophy of Gestalt Approach" (with D. Khlomov, 2008, 3 ed.2015).

48 Core competencies in Gestalt-therapy

Lecture with *Ursula Grillmeier-Rehder*

Presentation of a Research Study Project of the Institute of Integrative Gestalt-Therapy Vienna IGWien. The study describes and evaluates a set of core competencies concerning the therapeutic attitude and the ability to build up and maintain a therapeutic relationship. An online survey among graduates, trainees and teachers of a Gestalt therapy institute showed that there exist special competencies that are essential for Gestalt therapists from the very beginning of their training. The implementation of those competences in practice and different aspects of their acquisition during the psychotherapy training have been subject of the study.

Bio: Born 1960, 2 adult children; Music therapist (studies: Highschool of Music in Vienna 1980-1983), Training in Gestalt Therapy 1988 - 1998 (ÖAGG Wien FS IG, IGW Würzburg), since 1992 accredited Psychotherapist in Austria (in private practice), 1983 - 2001 psychotherapeutic and musictherapeutic work in different clinical institutions (psychiatric hospital, neurological rehabilitation, clinical department for psychosomatics). Active in the accreditation process of the Institute of Integrative Gestalt-Therapy Vienna IGWien in 1996. Training therapist since 2002. Member of the training staff of the Institute since 2006. From 2004-2015 lecturer at the academic studies for musictherapy at the University of Music in Vienna.

99 The Creation of an International Practice Based Research Network in Gestalt Therapy Process and Outcome

Lecture with *Pablo Herrera, PhD, Jan Roubal, MD PhD, Illia Mstibovskyi, PhD and Jorg Bergmann, Dip Psych*

The creation of an international practice based research network in Gestalt Therapy process and outcome. It is crucial to do research on Gestalt psychotherapy, to validate ourselves politically and to learn more about clients' change processes. However, the standard methodology for efficacy research, random controlled treatments (RCTs), presents philosophical, practical and methodological limitations. Also, it is difficult to do research if most of our practitioners work in private practices and not in universities or clinics. In this context, this project aims to present a framework for creating a practice-based research network (PBRN) using Single Case Timed Series (SCTS). This methodology is accessible to private practitioners, allows us to get political validation and also understand more deeply the change process, improving our theory, teaching and practice. Work of an international team of gestalt-therapy practitioner-researchers will be presented to describe the methodological framework and the initial results of the first 10 Chilean and German cases.

Bios: Pablo Herrera, Ph.D., Psychologist and Gestalt psychotherapist, PhD in psychotherapy research at Heidelberg University (Germany). Pablo is a teacher, clinical supervisor and researcher in the Psychology department of the Universidad de Chile, Santiago, Chile. He has published in international scientific journals and presented in research conferences in South America, USA and Europe. He is head of research in the Gestalt Institute of Santiago, and currently heading an international research project focused on studying Gestalt therapy process and measuring outcome, in order to validate and learn about our practice. Main research topics: psychotherapy process, patients' conflict and resistance towards change.

Jan Roubal, MD, Ph.D. is a psychotherapist, psychiatrist, supervisor and psychotherapy trainer. He teaches psychotherapy at Masaryk University in Brno, Czech Republic, where he also participates in the work of the Center for Psychotherapy Research. He chairs the EAGT Research Committee. He founded and leads a training programme in Gestalt Therapy (www.gestaltstudia.cz) and a training programme in Psychotherapy Integration (www.psychoterapie-integrace.cz). He publishes texts mostly on psychotherapy in clinical practice and has co-edited two books: a Czech publication "Current Psychotherapy" (Portal, 2010) and an international publication "Gestalt Therapy in Clinical Practice. From Psychopathology to the Aesthetics of Contact" (Franco Angeli, 2013).

Illia Mstibovskyi, Ph.D., is a Gestalt therapist, coach and trainer. Educated in Gestalt therapy from the Gestalt Associates Training Los Angeles (GATLA), the French Institute of Gestalt Therapy (IFGT) and the Paris School of Gestalt (EPG). He has been a trainer of the Moscow Institute of Gestalt and Psychodrama since 1999 and supervisor since 2001. He also works as a senior trainer in the Southern Regional Gestalt Institute. He published more than ten articles devoted to theory development and expansion of the practical application of Gestalt therapy. He is a member of EAGT and the Society for Psychotherapy Research (SPR).

Jorg Bergmann, Dipl. Psychologist, has been involved in Psychotherapy, coaching, training, and teaching for more than 10 years. Since 2012, he has been a Scientific Research Fellow at the Institute for Psychology at the University Kassel (Germany). Currently he is working on Systematic Reviews (meta analysis) of the Efficacy and Effectiveness of humanistic therapies.

253 Gestalt approach to support and therapy during and after trauma

Lecture with *Jasenska Pregrad*

Gestalt therapy literature has little to say about work with trauma in clinical practice and even less so about support in prolonged traumatic events or in crises incidents. Is Gestalt therapy desensitised to trauma? Gestalt therapy has much to offer in each of three phases: exposure to prolonged traumatic events, immediate post-trauma normalization, and subsequent therapy. Gestalt therapy principles (appropriate ratio of frustration and support, focus on growth from experience, view on health and sickness, human respectful rapport) proved in war experience to be very powerful and instrumental. Support of functional organization of traumatic experiences, creative adjustment and normalization could prevent development of long lasting traumatic symptoms and disorders. Usage of Gestalt therapy in the first two phases enriches approach to protection of human rights and social justice. In clinical work with trauma, Gestalt therapy's approach to restructuring creative adaptation, healthier assimilation of life experiences and change in their meaning is very powerful.

Bio: Jasenska is a psychologist, psychotherapist and supervisor, with postgraduate education in GT therapy training, Advanced Trauma Recovery Training, basics of Behaviour and Systemic Family therapies and supervision. Her working experiences include school psychologist, curriculum advisor and trainer for Trauma Recovery Training programme; trainer for trauma related topics in Bosnia and Herzegovina, Kosovo, Albania, Chechnya, Russia, and Denmark. She founded crisis intervention teams in Croatia. As an author and leader she is published: UNICEF programme Stop Violence Among Children (translated in English and launched worldwide). She is a senior trainer at the Institute of Integrative Gestalt Psihoterapie, Wurzburg, and Gestalt Centar Homa, Zagreb as well as a lecturer in postgraduate specialisations in social work, counselling, supervision. She has a private psychotherapy practice.

258 Trauma and Dissociative experiences in Gestalt therapy

Lecture with *Valeria Rubino M.D.*

Dissociative experiences represent adaptive responses to traumatic events and are the result of a breakdown of the usually integrated functions of consciousness, affection, memory and identity. Although the correlation between trauma and dissociative phenomena is now widely documented, our society, which is dominated by a sense of insecurity and by fleeting relationships, has helped to create a progressive disintegration of identity and consciousness of individuals and has led to an increase in dissociative symptoms and disorders.

Gestalt psychotherapy maintains an optical dimensional/relational view of dissociative experience as the expression of relational suffering that takes shape at the contact boundary. It places dissociative phenomena along a continuum ranging from the spontaneity of contact to lack of awareness, until the "anesthesia" or desensitization of the boundary. The therapeutic intervention is directed at the co-construction between therapist and patient to new relational experiences. These new experiences would make the ground less murky and confused and able to support the intentionality of contact.

Bio: Valeria is a Psychiatrist and Psychotherapist. She teaches on the Gestalt Psychotherapy Training Programs of the Istituto di Gestalt HCC Italy. She has been working for 10 years in a public mental health service, working with acute psychiatric patients. Her research experience is in functional brain imaging study at the Department of Neurological and Psychiatric Sciences, University of Bari. She has authored articles and chapter of books in the field of psychiatry, psychotherapy matters.

225 Sibling and Gestalt Therapy. Being brothers and sisters in a desensitized world

Lecture with **Rosaria Lisi**

Within the microenvironment of the current family, the individual forms, grows and structures his or her way of being in the world through contact with asymmetrical and symmetrical (paritary) relationships. In such a setting, the birth of a sibling favors symmetric (paritary) exchange and the overcoming of narcissistic pain. Going through such pain allows facing other siblings with curiosity and interest, taking the road of comparison with diversity. This saves the person from one of the greatest psychological sufferings in this actual context: getting lost in an individualistic crush. Therefore, accepting the symmetrical (paritary) sibling relation, means giving up the illusion of self-sufficiency and attaining self awareness of interdependence for the common good, in order to recover a full sense of existence, which is co-existing.

Bio: Rosaria is a clinical psychologist, psychotherapist and was trained at the Institute of Gestalt Therapy in which she is now a teacher and a researcher. She is the chief-editor of Gestalt Therapy Kairos (GTK) an online journal of gestalt psychotherapy. Professional interests are: adolescence, clinical neuropsychology, gestalt psychopathology. Rosaria is also Lecturer in triennial Master of Pastoral Counselling (Gestalt oriented) in the Catholic University of the Sacred Heart.

238 The “SIB Dimension”: the Post-modern Experience of Sibling-like Relationships

Lecture with **Alessia Repossi, PhD**

Today’s requirement to develop relationships of a horizontal nature is a recurrent post-modern theme that originates in the decline of the traditional order. There is a bond that draws together men and women, a new yet ancient and well-known bond: the connection between siblings, a specific type of relationship - the “SIB dimension” This new social ability is of particular interest at a time when the western world challenges the very place where typically brothers and sisters develop their relationship. Ever shrinking and isolated families are no longer housing siblings who experience bonds which are at once caring and conflictual. We therefore find ourselves confronted with a need and a deficiency: an inclination to be socially fraternal in a society where our own sibling is often an only child! How should we nurture the “SIB dimension?” How can we introduce this aspect into our professional sphere? The aesthetic approach to otherness also speaks of the “SIB dimension”.

Bio: Alessia has a degree in Psychology (1991), a degree in Gestalt Therapy (1999) and undertook training in Psychopathology and New Disorders at HCC, Italy between 2012 and 2014.

123 Gay Men in Old Age - A Challenge for Both Patient and Therapist

Lecture with **Urs Stauffer**

Gay men in old age face all kinds of problems and challenges in their daily lives that need to be addressed in therapy. By discussing a case study, this lecture will outline some of the specific issues that can arise when working with older gay men: consequences of retirement, loss of social contacts, changing sexuality, housing issues, dealing with somatic illness such as HIV, as well as psychological problems such as grief, guilt and depression. Moreover, some issues that most gay men deal with at some time of their life (coming out, external and internalized homophobia, stigmatization, low self esteem) undergo a significant change in older age. Adequate ways of dealing with those issues in therapy can enhance the therapeutic process.

Bio: Urs Stauffer, Gestalt Psychotherapist, originally a social worker, Urs Stauffer (born 1959) trained as a Gestalt therapist at the IGG Institute in Berlin in the 1990’s. His clinical experience includes working with psychiatric patients, drug addicts, traumatized victims of violence, people with HIV and elderly people with various health care issues in a medical hospital. Currently he works in private practice as a Gestalt therapist in Zurich and specializes in various client groups among which are gay men (individuals and couples).

224 Panic disorder and general medicine

Lecture with **Simona Eleana Maria Mignosa**

This lecture will present a research on panic disorder involving general medical doctors. Panic attacks arise more and more frequently and General Medical Doctors are often the sole professionals to whom patients can refer or be referred.

The research background is to identify support paths useful for doctors to maximize the effectiveness of their treatments. According to Gestalt psychotherapy theoretical principles, the survey consisted of questions relating to backgrounds and needs of patients and the consequent clinical response to their disorder. It also investigates their experiences with Panic Disorder.

After the start-up phase of the preliminary trial the questionnaire will be administrated in several additional places. Following the presentation of the research, the next step could be to supply support and educational programmes to doctors interested in this topic, starting with the needs identified through the questionnaire."

Bio: Simona is a Gestalt Therapist, Psychologist and teacher supervisor in education. Her background training is in School Psychology, Cultural Contexts and Psychopathology. She attended the two years course of Observation Psychoanalytic at Martha Harris Studies Center, in Palermo. She carries out activities of Party's Technical Consultancy and Court-appointed expertise. She was involved in the planning and realization of questionnaires on urban security and teaching staff education. She carries out some teachings about diagnostics and forensic psychology at Gestalt Hcc Institute Master (Human communication center), and she carries out activities in competence balance and school dispersion. Simona worked at Complex Operative Unit Psychology Service and at Educational Welfare Institute, Sacro Cuore in Catania where there are minors at risk. Since 2005, as a freelance, she has been carrying out psychological support activities and since 2011 she has been supplying psychotherapy to individuals, couples, families.

157 PANIC ATTACKS - Relational Model of Base (MRB), Life Cycle and Clinic in Gestalt Therapy Kairòs

Lecture with **Orlando Gaspare, Psych. and Psychotherapist**

This project deals with the theoretical and clinical study of panic attacks with a reading of the clinical symptoms from both a synchronic and diachronic perspective, following the theory and clinical orientation of gestalt therapy. Panic attacks can be considered an expression of a dramatic request for relation, to rebuild the constitutive belonging of every fully integrated identity. In this regard, the lecture will address the phenomenology of panic attacks in postmodern society, the meaning of the symptom of a particular moment of the life cycle of the patient and the comparison between current (prevalent) relational mode and BRM (Basic Relational Model). In this work, the diagnostic aspect of panic attacks (the interruption of the bodily-relational experience in relational "retroflexive" mode of the patient) and the specific psychotherapeutic intervention will both be deepened. Finally, aspects of the differential diagnosis between panic bindings and other ailments will be treated on a spectrum.

Bio: Psychology – Psychotherapist. Specialist at the School of Gestalt Therapy H.C.C. Kairòs (Rome); Psychotherapist for the clinic, training and research; Responsible for Community Children from underprivileged families; Teacher of Institute of Graduate School Gestalt Therapy H.C.C. Kairòs; Collaboration with University "Cattolica del Sacro Cuore (Rome); Graduate degree Biological Sciences - Molecular Diagnostic and Biotechnology (University Camerino); University Master of second level in Psycho-Oncology at University "Cattolica del Sacro Cuore" (Rome); Tutor Psychologist at the training clinic; Degree in Psychology at the University of Palermo.

231 Social representations of Gestalt therapy: a structural approach

Lecture with **Vassia Karamanoli MSc, PhD**

The aim of the present study is to investigate the structure of social psychology of Gestalt therapy in Greece. The study is focused on the structure of four groups' social knowledge and social thought concerning Gestalt therapy in Greece:

a) Gestalt therapist's (N=107), b) therapist's of other approaches (N=121), c) people who had the experience of Gestalt therapy (N=215), and d) public (N=302).

The methodology followed Verges' (1992, 1994) free association approach, in combination with structural content analysis (Bardin, 1993). The interest is focused on: (a) the central core, (b) the periphery, and (c) the dynamic zone of the social representation of Gestalt Therapy. Results evaluated with the historical review of Gestalt therapy illustrate the changes of the representation over the years. Four tables of the structure of the social representation of the four groups are constructed. Implications for further research are made.

The research was conducted by Ioanna Koutsopoulou MSc, Amalia Kapoulea BSc, Elena Papadopoulou, Evangelia Kapsioti, Konstantina Gioni MSc and Vassia Karamanoli, MSc, PhD

Bio: Vassia Karamanoli is a Social Psychologist and Lecturer of Psychology in Hellenic Military Academy. She studied Psychology at University of Athens and obtained her PhD on Social Psychology at Panteion University. She has also been trained in Psychopathology, Methodology of Psychotherapy, Gestalt Psychotherapy and EMDR therapy of trauma. She lectures on Social, Military and Educational Psychology and Psychopathology at Hellenic Military Academy. She also teaches Military Psychology and Psychology of Communication in a Master of Science programme at the Institute of International Studies of Panteion University and at the Hellenic Military Academy, where she also established and directs the Station of Mental Health. Vassia has a private Psychotherapy practice and many of her studies have been published in several scientific journals.

85 Bridging the "Otherness" of two worlds: Business Organizations and Gestalt Approach.

Lecture with **Frans Meulmeester, MSc, George Stamatis, MEd and Ioanna Rizou, BSc**

In a versatile and constantly changing world people, communities and organizations are continuously desensitizing from their own needs, feelings and senses. Is it hopeless? We try to answer this question through our work with organizations. Hoping to increase awareness and provide new tools through experiential work, we try to create new pathways towards the essence of an authentic life combined with business effectiveness. The book "Changing is Standing Still," which is a thorough analysis of Gestalt theory and practice within organizations, was our motivation to co-create a new publication. We created additional sections on the function of business management and its connection with Gestalt, and included several case studies presenting how Gestalt is "applied" in business organizations through our work as Gestalt practitioners in organizations. We will present the process of our mutual co-creation within the diversity of our own roles (trainer /trainee and business consultant /therapist), age, nationality, background, etc. In conclusion, we will exchange our experiences and discuss how the Gestalt approach can help organizations be more aware of their needs, while aiming for successful business practices.

Bios: Frans Meulmeester, Msc in Social Pedagogics, Andrology, staff member and guest trainer of several Gestalt institutes around the world. Frans is a Registered Gestalt therapist and Gestalt Practitioner in Organizations (GPO) in the EAGT and a registered psychotherapist (ECP) in the European Association for Psychotherapy (EAP). He is a member of the Executive Committee of the EAGT.

George Stamatis, B.A.,H.S.D.Marketing ,M.Ed.,Business consultant , coach, trainer, and Gestalt Practitioner in Organizations. Graduated from the four year Gestalt in Organizations program at Gestalt Foundation (Advanced Level Program Diploma). George is a lecturer at the Universities U.N.Y. Prague and U.N.Y. Tirana, as well as the author of nine books and co-author of "The Art of Change. Gestalt a different approach for Business Organizations

Ioanna Rizou, BSc in Psychology, MBA, Psychologist with Master in Business Administration. She graduated from the four year programme of Gestalt in Organizations program at Gestalt foundation. Ioanna has worked in Private Practice for the last 5 years helping people and organizations deal with their challenges. She is the co-author of "The Art of Change. Gestalt a different approach for Business Organizations.

215 Description and analysis of an observation tool: the gestalt grid CANCELLED

Lecture with **Daniela Lipari, PsyD**

The lecture introduces an observation tool (the gestalt observation grid), which is set up to review the contact modes of the individuals in the relationship. The grid was created to identify specific behavior and relationship indicators to observe the self at the contact boundary. The scope of this tool covers mainly the therapeutic setting, being identified as a useful observation tool for diagnosis and clinical intervention. Its theoretical framework is represented by Gestalt therapy theory (Perls et al., 1951), with a specific focus on the polyphonic development of domains (M. Spagnuolo Lobb), the corporeality in the organism-environment interaction (J. Kepner), the movement patterns and the evolution of relational suffering (R. Frank).

Bio: Daniela graduated in Psychology and she is a Gestalt therapist. She has been involved in research since 2004, working with the chair of Psychodynamic development and family relationships at the University of Palermo, for many years. She currently works with the Istituto di Gestalt HCC Italy, in Palermo, where she is teacher and training supervisor.

198 Aesthetics of contact and Alzheimer's disease: which support in a desensitized world?

Lecture with **Grace Maiorana, Psych. and Psychotherapist**

Alzheimer's disease, the most common form of dementia, is a chronic disorder characterized by the progressive loss of reflective consciousness and cognitive and behavioral dysfunctions. The neuropsychological dysfunctions that occur in Alzheimer's disease patients compromise the perception of the lived time and identity and determine the loss of their own biography. The lecture will describe the neuropsychological perspective of Alzheimer disease combining neurobiological model (cf. G. Edelman and A. Damasio) with the Gestalt relational model. I would show a clinical description of Alzheimer's disease through the gestalt hermeneutic categories of cycle of contact and the theory of the self. The aim of the lecture is to answer to the following questions: What happens when the self of the patient emerges at the contact boundary? How do patients with Alzheimer's disease meet otherness? How can this process be supported or prevented in a desensitized world?

Bio: Psychology, Clinical psychologist, psychotherapist, she was formed at the Institute of Gestalt Therapy HCC Kairòs in which she is now a teacher and a researcher. She works as a psychologist in a community for teenagers and coordinates a center of youth gathering. Professional interest are: adolescence with reference to the juvenile criminal, clinical neuropsychology and metacognitive rehabilitation (applicator for Instrumental Enrichment Program 1st-2nd level - Feuerstein method). Lecturer in biennials Master of Psycho-Pedagogical Counseling gestalt oriented.

120/217 Every Creativity's worth a psychotherapy. The beauty of Words

Lecture with **Yianni Yiamareloy, MA, Alessandra Vela, Dr. of Psychology, and Rosa Salvo, Dr. of Psychology**

According to Aristotle, words are animated, alive. They take on a collective memory that predetermines our perception and offers us deeper levels of insight into society in general. Based on Greek philosophy, this lecture aims to focus on the aesthetic and deepest significance of the following Greek words: "logos", (word) "a-schimos", (ugly), "o-morfos", (beautiful or gestalt), "cosmos", (universe) "polis" (community), and "oikos" (social unit or family) and on how they bring their accumulated historical meaning into the present. For example, post-modern society is characterized by fragile relationships in "polis" and "oikos". This is why a Gestalt psychotherapist must consider "polis" as a ground of psychotherapy. The beauty of gestalt therapy's creativity can be released in the light of these Greek words. This lecture will develop these ideas into expand the dialogic (Martin Buber) and the hermeneutical processes (Hans Georg Gadamer) that are crucial for today's society – and for the socially committed clinical work of gestalt therapy in this desensitized world.

Learning Objectives

- After participating in this lecture, participants will be able to define the Greek words of "logos", "A-schimos", "o-morfos", "polis", "oikos" and "cosmos" and identify the weight that these words have acquired throughout history

44 **An Investigation using Gestalt Diagnostic Instruments for Treatment Effectiveness Measurement at a Gestalt Psychotherapy Clinic and Training Institute and Establishing Your Own Quantitative Research Agenda Workshop**

Lecture with ***Susan Grossman, DSW***

This two year quantitative research investigation, using clinical data at the New York City Gestalt Associates for Psychotherapy (GAP) therapists-in-training and clients in the GAP's low-fee psychotherapy clinic, investigates the relationships among contacting styles and changes in contacting styles over the course of treatment using the Gestalt Inventory of Resistance Loadings (GIRL) and the Gestalt Mental Status Exam (GMSE). The GIRL and GMSE each are designed to explicate behavioral descriptors for each of the contacting resistance styles (confluence, retroreflection, introjection and projection). Findings indicate statistically significant correlations of GIRL and GMSE scores over time and with DSM-5 diagnosis, thus identifying the effects of Gestalt Therapy in reducing resistance to contact, increasing present moment awareness of self and other over the course of treatment; a hallmark of gestalt treatment effectiveness and success.

Bio: Susan Grossman earned her Doctorate and Master's degree from Adelphi University in New York. She is a professor in the Graduate Counseling Program and Social Work Department at Providence College and Board Certified Fellow of the APA. In 2010, she was awarded Rhode Island Social Worker of the Year in Social Action by the National Association of Social Workers (NASW). She recently completed a ten year two part EU/US FIPSE funded research projects to develop a practice model for work immigrant youth and families. She has authored many peer-reviewed articles. In practice for over 30 years, Susan was trained at Gestalt Associates for Psychotherapy, New York where this research is underway.

121 **Filling the Chair in the Empty Chair Technique Using Immersive Virtual Reality**

Lecture with ***Mel Slater, DSc***

In the empty chair technique, the client converses with an imagined significant other (SO). Immersive virtual reality (IVR) can display a life-sized animated representation of the SO. Moreover, the client can embody from first person perspective a life-sized virtual body representing the self, explain the problem, and then switch embodiment to the SO body and from that perspective respond to the self. Hence the client can successively switch between two perspectives, the self and the SO, thus externalizing self dialogue. This technique exploits results from cognitive neuroscience where it has been shown that virtual embodiment results in the illusion in people that the virtual body is theirs, with the type of the body influencing perception, behavior, and cognition. For example, embodying people in another-race body results in a reduction of racial implicit bias. We present the theory of body representation and applications of this technique and its potential utility in Gestalt therapy.

Bio: Mel Slater, DSc University of London, is an ICREA Research Professor, University of Barcelona. He was a UK EPSRC Senior Fellow from 1999 to 2004. Thirty four of his PhD students have obtained their PhDs since 1989. He was awarded the 2005 Virtual Reality Career Award by IEEE 'In Recognition of Seminal Achievements in Engineering Virtual Reality.' He held a European Research Council Advanced Grant 2009-2015. He has contributed to the scientific study of virtual reality and its application in psychology and neuroscience concentrating on the issues of body ownership and agency as well as applications in clinical and social psychology.

186 **Beyond flattening, instruments for a "clinics of bonds"**

Lecture with ***Rosella De Leonibus, Psych. and Psychotherapist***

The desensitization and flattening-out of the emotional experience permeating social and private settings may stifle individuals and communities, creating disenchantment and a sense of emptiness. The human being needs to restart his or her ability to feel and shape "living figures" with which he or she can enter in relationships and develop a conscious sense of his or her own experience. This is very important in order to restart production of intentions, and in order to reach good contact. The therapeutic work in Gestalt Therapy can be a new field of experience, when the client can explore new patterns of awareness and contact. The work on desensitization begins with the therapeutic alliance. From this experience of good contact, the patient can become aware of the possibility of his or her own internal and external differences. The patient will be able to carry out creative actions, whether temporary or marginal and to create space for new and future possibilities of good contact, outside the therapeutic setting.

Bio: Freelance psychologist-psychotherapist, she is tutor and supervisor in Gestalt Psychotherapy. Trained in EMDR, associated of S.I.P.G. and EMDR Italy, in addition to clinical activity, she cares training in educational and in social and health field. She is supervisor of professional teams and work groups since 1992. Founding member of the Cult. Ass. CIFORMAPER - Gestalt Ecology, she organises and takes part in conventions, study meetings, public conferences and cultural activities in psychological field. In addition to hundreds of papers, she wrote 5 volumes for Cittadella editions. For the same edition she is curator and editor of the series “Alfabeti per le emozioni” e “Diàpathos” (with Giovanni Salonia).

81 A Model of Gestalt - Diagnosis of Eating Disorders

Lecture with *Irina Lopatukhina*

In this lecture, I will explore a model of Eating Behavior (EB), which consists of three parts: (1) basic eating behavior, (2) learned eating behavior and (3) spontaneous eating behavior. Basic EB is concerned with every day, habitual eating; eating without awareness. Learned EB concerns attitudes towards food and the body which are acquired from primary and meaningful life relationships. Spontaneous EB is concerned with the choice of food according to physiological and emotional needs; eating with sensitivity towards taste, quality, amount of food and with feelings of pleasure. Following this initial exploration, I will continue to discuss and clarify the ground from which these three parts of EB arise as figurative: For example in Basic EB we look at age, health, status, physical and mental state, dietary habits and levels of stress. From the perspective of learned EB the ground would include primary family, cultural, social and sensed circumstances along with the eating habits of the client's core life relationships. We will also clarify how spontaneous EB is affected by both basic and learned EB. Such diagnosis identifies the main figures which generate and maintain the eating disorder.

Bio: Irina Lopatukhina, is trainer and supervisor of MGI (Moscow Gestalt Institute), gestalt-therapist of IFGT, Specializing in eating disorders (anorexia, bulimia and binge eating) in Gestalt-therapy. She is the author of two books and numerous articles in various areas of psychology. www.lopatuhina.ru

66 Hunger for ... relationship. By desensitizing of own bodily boundaries to contact in the relationship. A Gestalt vision of binge eating disorder related to obesity.

Lecture with *Silvia Alaimo, PsyD*

My work is based on my clinical experience leading a woman's compulsive eating psychotherapy group for 7 years. I found that the obese body is a protective armor that desensitizes both the body and the emotions, which are then perceived as “uncomfortable.” Further, compulsive eating short circuits relationships by removing the spontaneity in meeting the other. Obesity and awareness of emotions are inversely proportional. The excess of “matter,” which is obesity, aggressively and transformatively implodes upon the body as a reaction to an inner emptiness — lack of “mater,” Latin for “mother.” There is consequently an anesthesia at the contact-boundary of the organism/environment and lack of awareness. The therapeutic group setting provides the relational ground in which these women can finally regain awareness of their own re-sensitized boundaries.” This lecture explores the internal and relational experiences of patients who have these symptoms and specifics the Gestalt approach in the treatment of this issue.

The learner must be able to identify and distinguish this specific symptoms in eating disorders related to a change in body

Bio: Psychologist and Gestalt psychotherapist integrated with the analytical approach, in particular Jung and Hillman. I work with individuals, couples and groups in my private psychotherapy practice in Catania and Palermo. I gained my clinical experience working for several years at the Psychology Service and the DH of Adult Oncology of the University Hospital Policlinico-Vittorio Emanuele di Catania, which allowed me to hone my intervention skills, while choosing to devote my energies and expertise exclusively in private. I am also part of the teaching staff of the Institute of Gestalt HCC-Italy.

- After participating in this lecture, participants will be able to identify (a deeper) insight into their responsibilities as members of their individual communities.

Bios: Yianna Yiamareloy M.A. is a Clinical Psychologist, Gestalt Psychotherapist, Trainer, Supervisor and member of EAGT. She is the holder of the European Certificate of Psychotherapy (ECP). She is a Founding member and Senior Trainer of the Gestalt Foundation, and Founding member of the Hellenic Association for Gestalt Therapy.

Alessandra Vela is a Dr. of Psychology and psychotherapist. In 2007 she achieved her Degree in Clinic Psychology. Between 2007-2010 she was in general attendance in Clinical Rotations, Seminars and Research Projects at Department of Experimental Biomedicine and Clinical Neurosciences (BioNeC), Section of Psychiatry, University Hospital, Palermo, Italy. In 2009 she achieved her Master's Degree in Psycho-oncology and between 2011 -2015 undertook training in Gestalt Therapy. In 2014 she took a Training course for Operators of anti-violence centers.

Rosa Salvo is a Dr. of Psychology and psychotherapist, achieving her degree in Clinic Psychology, in 2008 in Palermo. From 2010-2014 she undertook Training in Gestalt Therapy, while also conducting clinical groups for the rehabilitation of cardio-path patients at the Private Hospital "Villa Carmide-L'Ulivo", Catania between 2011 and 2013. From 2012-2014 she provided psychological support for children at risk in an Assisted living facility, Pedara (CT) and Nunziata di Mascali (CT). From 2014-2015 she conducted clinical groups for patients with eating disorders at Primary Care Trusts in Siracusa. She has been a member of the (ASG) Sicilian association of Gestalt since 2015.

246 Competencies of Gestalt Psychotherapist – What and How

Lecture with **Sanja Bratina, MSc, Branka Dostanic, MSc**

This study was designed to examine how gestalt therapists understand psychotherapy competence and the ways they consider to be effective in reaching and developing this competence. It is qualitative, phenomenological research. Fundamental questions were: "What is a competent therapist?" "What are effective ways of acquiring competencies?" "How do recognized approaches contribute to the process of acquiring and developing competence?"

The research was carried out in 4 groups of between 9 and 12 members. There were a total of 43 respondents with a mean age 38 years. The focus groups were led by an independent examiner. Results show that the concept of "competent therapist" is mainly concentrated around four of the thirteen domains of competence defined by the EAGT work group. More experienced therapists tend to understand this concept as being more complex.

The initial results identified the top three modes of becoming a competent therapist as (1) individual and group psychotherapy; (2) supervision; (3) theoretical input and attendance at conferences. Gaining personal experiences and widening awareness were perceived as the most valuable contributors in acquiring and developing competence.

Bios: Sanja Bratina, MSc is a licensed psychotherapist, trainer and supervisor focused on providing individual, group and couples services. Interested in academic work and engaged in advising corporations on mental health issues and communication skills, Sanja runs her own professional private practice where she addresses issues around life crises, family related problems, anxiety, depression, impasses, emotional imbalances, work related stress, etc. She is a Trainer in Mokrogorska School for Management for human relationship, leadership, conflict resolution and work related issues. She is also a Trainer and supervisor at the European Accredited Institute for Gestalt Psychotherapy Gestalt Studio Belgrade.

Branka Dostanic, MSc is a licensed Psychologist and Gestalt Psychotherapist in private practice focused on work with children and young. She was an elementary school as school counselor for 10 years. Additionally she is a marketing researcher for qualitative studies (freelance). She was engaged in numerous research projects as leader of focus groups, observer and analyst, recently as project manager and overall has had around 20 years of experience. She continues to be interested in the promotion of psychotherapy, the development of our profession and research around psychotherapy. She is a member of EAGT and an ECP holder.

181 Defining Competencies: Heresy or Bringing Out an Intrinsic Quality of Gestalt Therapy

Lecture with **Andreas Weichselbraun, MD**

It is surprising that EAP's now shelved project to define Professional Competencies of a European Psychotherapist stopped short at the completion of a document describing the core competencies whereas the EAGT with great ambition and enthusiasm even managed to complete the 2nd stage in working out the specific competencies of a Gestalt Therapist. This has not been without strong critic from within the organization and some of its members, describing it as a betrayal of the "true" principles of Gestalt Therapy linked to its anarchic roots. The presenter is setting out to explore whether Goodman's theory of professionalism is supportive or dismissive of reflecting upon the specific competencies of a Gestalt Therapist and working within an established educational framework. He hopes to explore various aspects of Gestalt Therapy theory to encourage a dialogue and discourse.

Bio: Andreas Weichselbraun, MD is a Gestalt Therapy trained Consultant Psychiatrist, working in a Community Mental Health Team of the National Health Service (NHS), UK. He is a Senior Lecturer at the University of Sheffield and has an expressed interest in the role of diagnostics in Gestalt Therapy. He has written on the theories of Korzybski as expressed in the particulars of language in therapy but also on trauma, language decay and dementia. Between 2010-2013, he was an Editorial Board Member of the German language based Gestalt journal "Gestalttherapie".

75 Getting back to our senses", or: fundamentals about conscientious sensitized contacts

Lecture with **Astrid Dusendschön, Clinical psychologist, Gestalt-therapist**

The reference book "Gestalt Therapy" by Perls, Hefferline, and Goodman is vague and imprecise about id and awareness in Gestalt therapy are about. Terms like "urge," "appetite," "dimly aware appetite," "extreme need," "extreme physiological deficit or surfeit," "spontaneous appetite," "need," "excitations and stimuli of fore-contact," "motivational force of the urges and appetites" are, in our view, indiscriminately used by the founders of Gestalt Therapy to refer to levels of experiences. To us, they are fundamentally different and emerge at different points of the sequence of contact. Our working hypothesis, in this lecture, is that clarifying the vagueness in terms of our founders allows access to the essential subtly and finesse our work as therapists requires. It is essential to Gestalt theory and practice in order to ground a research approach in and for Gestalt therapy that goes beyond partial "in vogue" approaches in the domain of "awareness" using the example of the sense of touch to illustrate proposal.

Bio: Born 1965 in Germany, initial training is in business (ESSCA, business school of Angers, France). Worked 16 years for a private company. In parallel studied clinical and psychopathological psychology (Paris VIII) and trained as a Gestalt-therapist (INGT, Nantes). Initial training completed in particular as a supervisor (with Jean-Marie Robine/IFGT), certification in DSP™ (Ruella Frank, NYC). At present she works as a clinical psychologist and Gestalt-therapist in her private practice (individual and groups), supervisor and coach. One of founding members and trainer at époque™ (training institute for Gestalt in organisations, Paris). and regular trainer at EPG (Ecole Parisienne de Gestalt, Paris).

147 "I do not know if happiness will show before me ... or rise within me ... deliberately I move along" (P. Goodman)

Lecture with **Georg Pernter, Mag. Theol.** (Equivalent to Dr. of Theology)

This workshop addresses existential conflicts in the praxis of Gestalt therapy and the living of one's own life. These include questions about meaningfulness and happiness and the constant encounter with the other's perspective. Is the world out of joint? Already Hamlet thought that time was out of joint, but then a ghost appeared to the Danish prince. How do we place who and ourselves or what do we meet at the contact boundary and in which world after all? The "smart world" is becoming fragile/brittle: beside Facebook or selfie-narcissism and the culture of whining, crisis, flows of refugees and migration movements dominate the headlines. Religious fanaticism is growing, as are fear and insecurity. It seems to be more necessary than ever before to face these social phenomena with common sense, benevolence and foresight as well as to take care of people's need for meaning, identity and protection.

Bio: Theologian (religious education, German philology), supervisor, psychotherapist, trainer, manager of the “Accademia della Gestalt” - South Tyrol. Training in Gestalt-couples therapy with J. Zinker and S. Cardoso-Zinker. Advanced Training in “Gestalt Body Process” with J. Kepner and in “Rites of Passage” with P. Rebilot. Lectureship for Gestalt Therapy und Spirituality at the Universidad Andina “Simon Bolivar” in La Paz 2010. Two Years International Training Program “Gestalt Therapy Approach to Psychopathology and Contemporary Disturbances” - Istituto di Gestalt HCC Italy. Two Year course “Propaedeutic Studies in Psychotherapy” - University of Innsbruck (A).

105 Gestalt theory and practice in posttraumatic crisis intervention

Lecture with **Michal Cernik, PhD**

Gestalt theory can be very useful in understanding how we react to life-threatening situations. It can also provide a good background for post-traumatic crisis intervention or first psychological response to disasters. Although crisis intervention is not psychotherapy, Gestalt principles can be very helpful when working with trauma survivors – not only in long term psychotherapy but also in a first response to critical incidents. The presentation describes the stages of post-traumatic crisis intervention in Gestalt terminology and shows practical examples of Gestalt work with traumatized people. The author uses experience from his work with survivors of natural disasters or who lost their relatives in car accidents or fire. The survivors usually need to talk about their experience with someone who understands and who can be present and supportive as Gestalt therapists are.

Bio: Michal Cernik, Ph.D., has worked for the last five years as a psychologist for the Fire Rescue Service of Czech Republic. He focuses mainly on crisis intervention and trauma psychotherapy. He completed his studies at Masaryk University in Brno in 2004, then worked as a clinical psychologist at a psychiatric clinic and finished his PhD in clinical psychology in 2010. He was trained in Gestalt therapy in Czech Republic and now he continues his gestalt education with Gestalt Associates Training Los Angeles. He is interested in the application of Gestalt principles in posttraumatic crisis intervention.

51 An experience of working as a Gestalt therapist after a series of major earthquakes

Lecture with **Nickei Falconer, Dip. G. Psych, NZAC, PBANZ.**

While working in my psychotherapy practice on February 22nd 2011, a 6.3 earthquake brought down the city. This was the second devastating earthquake the city had experienced within five months: a 7.1 quake caused extensive damage in September 2010. From September, 5 major earthquakes and over 12,000 minor earthquakes (aftershocks) rocked the city and the people. 80% of the buildings in the city centre were lost, and 10,000 homes causing major ongoing disruption for residents. I continued to work during the following 5 years. Recovery from the impacts of the quakes, both physical and emotional, is a major focus for people in therapy. I will talk about the impacts these disasters have had, presentation of people's issues within my work, my change/evolution as a Gestalt therapist from this time, and some of the learning gained to date -- both as an individual therapist and within the wider professional community.

Bio: Kia Ora/Hello from New Zealand! I am a Gestalt psychotherapist, supervisor, gardener and mother. I've worked with people for over 25 years and have my own practice called “LifeWorks”. I also contract to do organisational wellbeing/development work. I am deeply interested in the inter-relatedness with our physical environments (both personal and shared) in promoting wellbeing. I am a member of the New Zealand Association of Counsellors, and a registered Psychotherapist with Psychotherapy Board of Aotearoa/New Zealand. From 2005-2010, I was the co-editor of the Gestalt Journal of Australia and New Zealand.

112 Aesthetic of Foreigner

Lecture with **Elisabetta Caldera.**

One who lives abroad can live a unique experience: he loses any particular form of confluence; the environment is no longer easy to assimilate. When changing country or culture, one's own identity is no longer in evidence. In this situation we can live and suffer particular forms of desensitization. Referring to her experience abroad as an Italian Gestalt therapist in France, the lecturer unfolds the process she describes as “aesthetics of strangeness,” i.e., the embodied and sensitive experience of being a foreigner and perceiving each other as such. One discovers adjustments and resistance to this condition and sees the therapeutic space symbolically as a liminal place she calls “integrator interstice,” where marginality become a competence, the competence to create links, as described Crozier and Friedberg.

Bio: Elisabetta Caldera post graduated at the EPG (Paris School of Gestalt). Since 2005 she has been practicing as Gestalt-therapist in Paris. She wrote with Francis Vanoye the book “Gestalt therapy. For an aesthetics of existence”, published by Armand Colin, in April 2014. She is one of the Board members of EPG (Paris School of Gestalt) and is a writer for the French Society of Gestalt (SFG) review. She provides regular trainings on the Gestalt Posture in diverse institutes.

254 The new Wretched of the Earth: migrants and asylum seekers from sub-Saharan Africa, victims of torture, inhuman and degrading treatment

Lecture with Giuseppe Cannella, MD

This paper describes my experience as a psychiatrist and as a Gestalt psychotherapist, within the team MEDU-Doctors for Human Rights (Non-Governmental Organization) that provides in Sicily a first medical, psychiatric and psychological aid to help migrants and asylum seekers from sub-Saharan-Africa, victims of inhuman, degrading treatment and torture during the migration route.

On a daily basis we work with each single migrant to co-create a clinical - relational space and an environment which allows suffering, emotions and words to emerge, to be seen, accepted, and shared. Meetings are conducted that encourage the creation of a low threshold clinical setting, gestalt oriented, and centered mainly on inclusion and natural spontaneity. In this way, we create a welcoming place that is able to bring out feelings, beliefs, experiences, attitudes and narratives in an accepting environment, deliberately conducted in an open and direct style.

Bio: Guiseppa is a Medical Doctor, Psychiatrist and Psychoterapist at MEDU-Medici per i Diritti Umani (Doctors for Human Rights), Project “ON.TO. Stopping the torture of refugees from Sub-Saharan countries along the migratory route to Northern”. The Project ON.TO is funded by the European Commission and Open Society Foundations

2014-present: Psychiatrist at Caltanissetta Prison, Sancataldo Prison;

2011-present: Psychiatrist in charge in a therapeutic community;

2002-present: Psychiatrist and Gestalt Therapist in private practice;

Trainer in Gestalt Therapy at Istituto di Gestalt HCC Italy;

Author of articles about psychiatry, psychotherapy and transcultural matters.

230 The borderline patient: an insistent, anguished demand for clarity in a desensitized world

Lecture with Valeria Conte

The history of psychotherapies and the birth of new epistemological models tell us a lot about the influence of social changes on the emergence of new pathologies. Nowadays, borderline pathology is increasing and, as we know, patients are changing and treatment models are changing as well. In this lecture, with language rich with examples and clinical experiences, I will show how Gestalt therapy describes the borderline psychopathology and what typifies the specific discomfort of the borderline pathology. This is a first systematization of my ideas, which anticipates an upcoming contribution about new ways of clinical understanding and intervention for the treatment of borderline disorder in Gestalt therapy.

Bio: Valeria is a psychologist, executive of the Mental Health Department of the provincial ASP of Ragusa; psychotherapist and regular supervising teacher recognized by the FISIG (Italian Federation of Schools and Institutes of Gestalt). She is a member of the scientific committee, teacher and clinic responsible of the Gestalt Therapy Institute HCC Kairos. Valeria trained with the major national and international representatives of Psychotherapy of Gestalt, she has widened her specific background with specialization in family therapy and corporal therapy. She deepened the epistemological model of Gestalt Therapy in her work with psychiatric patients, with couples and families, witness publications in national and foreign journals.

58 Gambling Disorder: Case Study from a Gestalt Therapy perspective

Lecture with *Giovanna Silvestri Psicologa Clinica - Psicoterapeuta della Gestalt*

In the last years, the pervasive presence of both places and websites for betting and playing games of chance led to a dramatic increase in gambling disorder, especially among adults and young adults. This work discusses the case study of a patient with gambling disorder treated by following a Gestalt psychotherapy approach. The translation of gambling disorder under the lens of the Gestalt therapy perspective and the concurrent therapeutic intervention will be addressed.

Bio: Giovanna Silvestri. Psychologist, psychotherapist with ECP European Certificate of Psychotherapist, member of EAGT. She trained in Gestalt Psychotherapy at the Institute of Gestalt Therapy HCC Kairòs where she works as trainer. She works in private practice in Rome with couples, individual adults and adolescents. Collaborates as a trainer in public institutions and private companies.

228 The Perls' Mistake. The personal power as a prerequisite for the aesthetic of otherness

Lecture with *Giovanni Salonia*

Perls' insight regarding dental aggression, though brilliant, reveals a moment of corporeal-relational development not identified by Freud (the complex processes of mastication), but which in turn, is the basis of a paradigm of learning and relationships which is profoundly new (from which Gestalt therapy emerged). However, it is wrong to affirm that by having discovered dental aggression during the oral stage, it coincides or brings about the anticipation of anal aggression in the oral stage. We are talking about two different types of energy and two completely different relationship styles. Power comes into the picture as self-definition and of one's ability to influence and modify the environment. Only by starting from the category of personal power (and not aggression, even healthy aggression) is it possible to build healthy relationships because they are defined within the asymmetry or symmetry of the relationship context.

Bio: Giovanni is a psychologist, psychotherapist, and scientific director of the school of specialisation in Gestalt Psychotherapy of the Institute of Gestalt Therapy HCC Kairos (Venice, Rome, Ragusa) and of GTK, online journal of psychotherapy. Internationally known as a teacher, he has been invited to numerous universities within Italy and abroad, he has published numerous papers in national and foreign journals, which deal with both anthropological and clinical themes. He is a former president of the FISIG (Italian Federation of Gestalt Schools). Lecturer in Social Psychology at the LUMSA University of Palermo, Antonianum Pontifical University, Gregoriana and Catholic University of the Sacred Heart in Rome.

89 Sexuality, Love and Attachment

Lecture with *Dieter Bongers, PhD, DPhil*

In the history of psychoanalysis and of Gestalt, it has been very important to reflect on the issue of sexuality. Breaking the taboo of silence and avoidance was a big part of the work of both Freud and Perls. Paul Goodman was a person who did a lot to support the Gay and Lesbian movement in the US. Now, some years later, there is not much discussion about sexuality. Everything seems to be "in order." Everybody (in some countries) is allowed to live their own sexual preference. But do we really meet at the boundary? Do we connect sexuality, love and attachment? I think that sex has transferred into a commodity in a society of selling goods. We disconnect sex not only from love, but also from attachment. And are we aware in the gestalt community of what is going on and what means that for therapy? When we live in a desensitized world, what does that mean for sexuality?

Bio: Dieter Bongers, PhD is a Psychologist, Dr. Philosophy and Gestalt Psychotherapist. Since 1984 he has offered Psychotherapy, Consulting and worked for several years with addicted people. From 1991 - 2001 Dr. Bongers was the Therapeutic Director of an Institution for Correction with young male offenders. He worked with the local police corps for years. He currently works in private practice in Liestal, Switzerland. He represents the National Organisation for Gestalt Therapy (NOGT) of Switzerland in the General Board (GB) of EAGT since 2008.

144 TRAMAS FAMILIARES An introduction to our approach in Family Psychotherapy

Lecture with ***Adriana Victoria Leto, Daniela Menegazzo, Monica Alicia Nigro***

Family Webs (FW) is an approach specializing in the treatment of families and couples that focuses on their bonding. It is based on three temporary axes -- present, past and future. We work with family problems in the here and now, taking into consideration the history of at least 3 generations. This includes consideration across multiple theoretical lines: Ecosystem Theory, Gestalt Approach and Transgenerational Therapy. FW is a process of co-creation between patients and therapists that allows the members of the family to broaden consciousness, in order to find more genuine ways of contact, freedom and choice in a desensitized world. FW approaches the family as an organismic configuration and not of each member in isolation. It helps families understand disharmonies as a result of bond related problems. It's through bonds that meaning and solutions to conflicts will be found. What takes place at the family level is the responsibility of all the members and the family as a whole. The purpose of our work is that the families understand and heal present problems understanding the opportunity to restore damaged bonds. Every family has a reason to stay together. The understanding of that reason enriches and strengthens families. The fundamental tool in the psychotherapeutic approach with families is the free play with non-structured materials. In this presentation we will explain the work modality and approach and identify the new work proposal that Family Webs is offering as psychotherapeutic approach with couples and families.

Bios: Adriana Victoria Leto Bachelor of Psychology. Professional Registration No. 14906 (University of Buenos Aires, 1987) Gestalt Therapist by the Escuela de Especialización en Gestalt de la *Asociación Gestáltica* de Buenos Aires [Gestalt Specialization School of the Buenos Aires Gestalt Association] (AGBA, 1993). Professor of the Gestalt and Creativity subject in the aforementioned school. Jungian-oriented group coordinator (Jung-oriented Center) Family Constellation professional at Buenos Aires Burt Hellinger Center. She has taken seminars of Systemic Gestalt Approach in therapy with couples and families lectured by Dr. Joseph Zinker at the Gestalt Colloquium of Buenos Aires (1997). Supervisor accredited by AGBA. Member of AGBA Department.

Daniela Menegazzo Bachelor of Psychology. Professional Registration No. 22602 (University of Buenos Aires, 1988). Social Psychologist by the Escuela de Psicología Social del Norte (1990), Gestalt Psychotherapist by the Escuela de Especialización en Gestalt de AGBA [Gestalt Specialization School of the Buenos Aires Gestalt Association] (1993), Clinical Supervisor of the Community Assistance Service; Member of the Department of Couples and Families and professor of the aforementioned school in subject Gestalt and Creativity. "Game and Creativity" Coordinator by the Hilda Cañeque Game and Creativity Game and Creativity Consultancy. She has taken psychodrama seminars at the Jung-oriented Center and seminars of systemic Gestalt approach in therapy with couples.

Monica Alicia Nigro BPsych, is co-founder of the Buenos Aires Gestalt Association (AGBA), three-term President of the AGBA and two-term Director of the AGBA School. Monica trained in Couples and Families at the Families and Couples Center (CFP); as well as Psychodrama and NLP. She also graduated from the Burt Hellinger Institute on Family Constellations. As a professor at the AGBA, she currently directs the Couples and Families specialization course and coordinates AGBA's Department of Couples and Families. She is also guest professors at "La Montera" Gestalt School in Seville, Spain and Uruguay Gestalt Association. As a therapist, she works with adults, couples and families and she is also a supervisor at the Center #2 Manuela Pedraza and several hospitals in the City of Buenos Aires. Monica has attended many courses and seminars with Maria Rosa Glaserman, Estrella Joselevich, Dr. Carlos Menegazzo, Dr. Monica Zuretti, Dr. Joseph Zinker. Monica has contributed to several international conferences and is the President of the forthcoming Latinamerican IV National Gestalt Conference in Argentina.

180 Sleep Coaching - a Gestalt integrating approach for Sleep Disorders

Lecture with ***Brigitte Holzinger, Mag.Dr.***

Fritz Perls claimed that behind a sleep problem there is a problem wanting to be solved. Sleep Coaching (SC) is a holistic, individual, emotion based approach, evaluating the contact ability and awareness concepts of the non-sleeper. The sleep complaints are the foreground of the background of the biography and personal conditions. Gestalt embraces and integrates the different ingredients that embodies the phenomena of sleep problem. The presentation will demonstrate how I integrate Gestalt principles and well established approaches to sleep problems, such as CBT, Hypnosis and Sleep education to a method of work that I call Sleep Coaching.

Bio: Brigitte Holzinger, born in Vienna, studied Psychology at the University of Vienna and Stanford-University (CA), today she is “Lehrtherapeutin for Integrative Gestalttherapie”, Lecturer, Teacher, Author and Coach; recently accredited Somnologist by ESRS. Areas of expertise are research and teaching in Sleep, Sleep Disorders, Burnout, Nightmares, Dreams and Lucid Dreaming, Psychotherapy, Gestalttheory und Gestalttherapy. Brigitte Holzinger is director of the Institute for Consciousness and Dream Research and founding member of ASRA (Austrian Sleep Research Association). She has organised several international and interdisciplinary conferences on sleep and dreams in Vienna, likes to write books and to work on film projects.

158 The face of the Other - the desire to love and the desire to kill. The significance of Emmanuel Levinas for the Gestalttherapy.

Lecture with **Reinboth Ruth**

If we reflect on old-fashioned values such as compassion, mercy and hospitality, we meet the philosopher Emmanuel Levinas, a Lithuanian Jew, who, with his radical humanism of the Other, confronts us with the question whether and how philosophy after the holocaust is still possible. Beyond morals, he developed his concept of the priority of the Other, an asymmetric You-I, which emphasizes non-complementarity, which is different from Buber's I-You. The nude, vulnerable, mortal face of the Other -- visible and invisible- -talks to us, takes us hostage, awakens our compassion. Even the fulfillment of our needs leaves a shortage and awakens our desire for the unavailable otherness of the Other. Nevertheless, the face also provokes our sadism, the desire to kill and to destroy this same face. Levinas sharpens our desensitized senses and our mind for large and small totalities and egotistic ways of taking over. However, contact as first reality (PHG) is tenderness and responsibility (Levinas).

Bio: Ruth Reinboth, Dipl. Psych, Psychological psychotherapist. Born in Berlin in 1948, living and working in Berlin as a gestalt trainer and supervisor and as gestalt therapist and coach in private practice with individuals and couples, co-founder of the IGG Berlin, Institute für Gestalttherapie und Gestaltpädagogik e.V., in 1982, co-founder of the GAP, Centrum für Gestalt-Paartherapie und -Paarberatung, Berlin, in 2000. www.ruth-reinboth-gestalttherapie.berlin, www.gap-centrum.de

111 The Beauty Violated. Femicide and the Prison Treatment Intervention For the Perpetrators of Violent Crimes

Lecture with **Annalisa Castrechini, PhD**

Through clinical experience gained working in prison, with the perpetrators of violent crimes, we can explore the tragedy of femicide according to the theoretical-clinical principles of the Gestalt therapy model developed at Gestalt Therapy Kairos . In the prison environment, the treatment intervention for those who committed a crime of passion, aims towards a gradual process of body-relational integration, with a re-construction of an ethical sense. It is within a human and shared relationship, such as the one between the therapist and the prisoner, that words finally can be given to experiences that have not found words before, and the interrupted intentionality of contact can be activated, in a co-created, new and restorative, present. As therapists we wonder what beauty we can recover and find in those who have violated and destroyed the beauty. We wonder what we feel in our bodies when we are facing each other and the horrors of his gestures while the beauty of a destructed life palpitates in the background. In which way we allow ourselves - or what hinders us - to meet each other fully and as the “traità” (as this experience of contact changes the other and also ourselves) in which this meeting happens, changes the other but also changes ourselves.

Bio: Annalisa Castrechini, Ph.D., clinical psychologist, psychotherapist, criminologist, was trained at the Institute of Gestalt Therapy HCC Kairos where she is now also in the 3rd year of teacher qualification. She is an Army Official Psychologist and works in the Personality Scientific Observation Core of Military Prison of Santa Maria CV (CE). She conducts clinical activity for individual, couple and family cases and cooperatives as a scientific co-worker in “criminology” at the University of Rome “ La Sapienza” . She takes part in many conferences and training courses.

207 Spontaneity and intentionality of contact: A modality of working with children, their parents and their world.

Lecture with ***Silvia Tosi, PhD***

This lecture is based on experiences of working with children, using Gestalt. Gestalt has in its theoretical ground many possibilities to develop modalities of working with children. It especially takes into account the issues of our current world: desensitization and fragmentation. This work is part of a chapter that my colleague, Elisabetta Conte and I wrote for a book on Gestalt therapy with children. I will present a perspective on therapeutic work relying on the concepts of intentionality for growth and creation of a ground as primary support to the contact. The infant is seen as suffering in a relational and phenomenological field perspective, not as an individual event. I consider the specificity of psychotherapeutic intervention with children as based on the concept of co-creation of the experience, on the centrality of bodily processes and on the “polyphonic development of domains.” These are considered essential competences for contact-making. Defining this specifically, I will describe a modality of working with children, illustrated by clinical cases.

Bio: Doctor of Psychology. Graduated in Psychology (1989) and in Gestalt Therapy (1998).
Trained in Psychopathology and New Disorders at Istituto di Gestalt HCC Italy (2012-2014)
1999-2013, Psychotherapist with children and families at ASL di Milano (Public Health Service)
1998-present, Gestalt therapist in private practice
2012-present, co-representative in Milano at Centro Clinico e di Ricerca, CCR Italy
2014-present, trainer at Istituto di Gestalt HCC Italy, teaching Gestalt therapy with children
2015-present, Psychotherapist with adolescents at psychological service at school
2015-present, Supervisor for psychologists and educators at Koine'
Author of articles about psychotherapy with children
Full member of EAGT (TSC committee) and of SIPG

100 Doubling for Yourself and Others

Lecture with ***Victor Daniels, PhD***

In this lecture I will demonstrate a unique adaptations of methods from Psychodrama, Couples and Family Therapy, and Movement Work that are useful in both dialogical and enactive work, to make the unstated explicit. “Spectator Dialogues” involves learning by watching enacted others (like parents or antagonistic groups) carry out a projective dialogue. “Multiple Others” is useful in working with situations that involve several people or diverse groups. “Emotional Stacks” offers a method for exploring reactions that are hidden beneath those that are apparent on the surface. “Exaggeration, Reversal, and contact in Motion” explores emotions and sensations through movement. “The Eulogy” articulates feelings about a deceased other. “Slow Motion Psychodrama” sharpens focus” All these work with individual adults and some also with children.

Bio: Victor Daniels, Ph.D., With a doctorate from UCLA, I taught for forty-one years at Sonoma State University in Northern California. I trained in Gestalt work with many of the old masters at the original San Francisco Gestalt Institute, Esalen Institute, the San Diego Gestalt institute, and Ananda Institute. For 40 years I have conducted gestalt groups, classes, and extended workshops. At gestalt therapy, existential-humanistic, transpersonal, and mainstream psychology conferences in the United States, Canada, Mexico, South America, and Europe, I have offered diverse conference presentations, panels and workshops, and have authored several books and numerous gestalt articles and invited book chapters.

78/243 Cultural Humility and Gestalt Therapy: An Exploration of Intersections and The Cosmology of the Ancient Mexican: A Gestalt View

Lecture with ***Claudia Fernandez, Clinical Psychologist and Justin Laird, Phd***

This presentation will illustrate intersections between gestalt therapy and cultural humility and endorse a framework for moving beyond cultural competence. One conceptualization of cultural humility is the “ability to maintain an interpersonal stance that is other-oriented (or open to the other) in relation to aspects of cultural identity that are most important to the [person]” (Hook, Davis, Owen, Worthington and Utsey, 2013). Cultural humility provides a

means for opening to the other, through developing a lifelong commitment to self-evaluation and self-critique; an approach aligned with gestalt principles.

To further illustrate openness to other cultures and solidify the connection to Gestalt view, a discussion of the Cosmology of the Mexican Ancients will provide insight into Indian texts. Whether verbal or pictorial, the texts show a structure of meaning where sensitive looms large. This is not only to communicate or share some content abstract ideas, but "with - mover" in the etymological sense of the word to the receiver of a message for participatory transmitted to accession. In this context, the specific area of receiving and processing the data is not only the intellect but the whole being sensitive. In the pre-Columbian Nahuatl world, a message will not be considered until it was understood sense. The fact that in Nahuatl same meaning semantic fields *mati* cover for us as different as "know" and "feel" is proof of that.

Learning Objectives:

- After participating in this workshop, participants will be able to utilize principles of cultural humility into Gestalt practice.
- After participating in this workshop, participants will be able to discuss a vision of the ancient Mexicans and compare this look with concepts of gestalt theory.

Bios: Dr. Justin Laird is a psychoanalytic candidate studying at Gestalt Associates for Psychotherapy and Training and will receive New York State licensure in 2017. In addition to seeing patients in his training practice, he works at Columbia University Medical Center as a health educator. He teaches courses in health disparities, healthcare administration, and research methodology at The City University of New York. During his 20 year career, he has taught and worked with health profession, graduate, and undergraduate students in a range of courses, ranging from mind/body wellness, substance abuse prevention and intervention to micro-aggressions and social justice.

Claudia Fernandez is a Clinical Psychologist with a Masters Degree in Humanistic Education from the University of Mexico City. She studied Human Development and Group Therapy with gestalt orientation at post graduate level, and attended an International Program in Psychopathology at the Instituto di Gestalt, HCC Italy. She has worked as a trainer/educator in Gestalt therapy for 13 years and has been in clinical practice for 20 years.

90/96 Developing an Evidence Base for Gestalt Therapy: Applied research skills

Lecture with *Madeleine Fogarty, MA and Willi Butollo, PhD*

This presentation introduces the Gestalt Therapy Fidelity Scale (GTFS): which is an essential measure for conducting Clinical trials to secure an evidence base for Gestalt therapy. The scale was developed through a Delphi method that involved consultation with over 60 international Gestalt experts. The eight key concept and 24 therapist behaviours that were identified in the study will be explicated and the limitations of the study will also be explored. Discussion about how to use the GTFS in clinical trials will be a key component of the presentation. A recently published Clinical trial will be presented. The design, method and results of the trial indicate that Gestalt therapy is effective in the treatment of trauma, particularly PTSD. This is the first clinical RCT study to demonstrate the effectiveness of a gestalt-based therapy (Dialogical Trauma Therapy). The results of this trial indicate that once Gestalt therapy has a reliable and valid fidelity scale, similar trial with Gestalt can be conducted to shore up the burgeoning evidence base for Gestalt Therapy.

Learning Objectives:

- After participating in this workshop, participants will be able to discuss the gestalt Therapy fidelity Scale (GTFS) and its central importance in establishing an evidence base for Gestalt.
- After participating in this workshop, participants will be able to conduct clinical trials using GTFS and compare Gestalt research methods with other methodologies.

Bios: Madeleine Fogarty has been working as psychotherapist and supervisor in Melbourne, Australia for 17 years. She recently completed a postgraduate psychology qualification and was surprised to find that Gestalt therapy was rarely featured in university courses, and was almost entirely absent from psychology journals. In order to bring Gestalt into the wider field of psychotherapy and psychology, high quality research using Gestalt therapy must be supported and published. To do this, it is important to develop a fidelity scale that ensures Gestalt treatment integrity. Madeleine is developing this scale through the validation of a Delphi Study that she conducted in 2015 as part of her Doctorate in Psychology at Swinburne University. ("What do Gestalt therapists do in the clinic" British Gestalt Journal 2016, Vol. 25, No. 1, 32–41)

Willi Butollo, now Professor Emeritus and until 2012 holder of the Chair for Clinical Psychology and Psychotherapy at Ludwig Maximilian University, Munich, Germany, has a PhD from Vienna University. Previously he was an Associate Professor at Graz University and a Research worker at University of London. His psychotherapy trainings include behavior therapy (Maudsley Hospital, London), and Gestalt therapy (GTILA & Gestalt Institute San Diego; IGW; distinguished visitor at GATLA). He undertakes research, publishes papers and books, most recently "Dialogische Traumatherapy" 2016, and "Die Angst ist eine Kraft", 2015. He is a presents training seminars on traumatic stress disorders. He is currently Head of MIT - Munich Institute for Trauma Therapy.

146 **What does the "post-modernization" of Gestalt Therapy concepts mean and which problems may arise?**
Lecture with *Kathleen Hoell, MA*

The "dialogic orientation" of Gestalt Therapy refers to the "postmodern" era as the defining era of contemporary society, to whose requirements Gestalt Therapy should adapt its concepts as well as its practice. The predominant cultural trend is focused on the relationship. This would call for a new paradigm, a "co-created betweeness." The practical implementation therefor focuses the therapeutic relationship, with an emphasis on sensual experience. By this new accentuation a greater profundity of these concepts has been achieved. Yet, this "dialogic orientation" raises questions because some concepts recede into the background, which means a remarkable loss of complexity of Gestalt Theory. Therefor I will discuss the following: Are we witnessing the rise of a new form of dualism: individual versus dyad? Is the degree of complexity a characteristic quality of Gestalt theory? Which concepts, other than the relationship, are indispensable in Gestalt Therapy? And, from a sociological perspective, does "postmodernism" remain a useful blueprint for understanding the global and psychological conditions of our time? Specify the different levels of complexity on which the client's problems have to be localized, discuss the contextualization of psychotherapy in historical and social backgrounds, in the socio-political field.

Bio: Gestalt therapist with longtime experience, former teaching therapist, studied Sociology and Political Science, former lecturer at the University of Vienna, Department of Political Science, author of many articles on Theory of Gestalt Therapy, on philosophical, political and gender aspects of Gestalt, on Laura Perls and Paul Goodman, longtime member of the board of the Austrian NOGT of EAGT

133 **Awareness and Responsibility in a Desensitized World: The challenge of the Gestalt therapy here and now**
Lecture with *Pilar Ocampo, PhD*

This presentation will be based on a scheme that includes three different levels of awareness and two different levels of responsibility among our body, our emotions, our mind, our social interactions and our spiritual being. It is an alternative gestalt proposal for insight into our vertiginous daily modern lifestyle that will allow participants to look inside themselves and to gain insight into their Here and Now.

Bio: Doctor Honoris Causa by the Latin American Council in Honor for educational excellence; PhD. in Psychotherapy (graduate with honors: summa cum laude, in USA); Clinical Psychologist; Postgraduate in Gestalt psychotherapy; Postgraduate in Gestalt therapy with couples; Postgraduate in dream work with Gestalt; Hypnotherapist; ODAEE Regional Director in USA; author, international speaker, trainer and supervisor in different countries. Founder of Centro Gestalt Oaxaca, in Oaxaca, Mexico. Originally from Mexico and living in California, USA for the last 15 years, Dr. Pilar Ocampo has more than 25 years of experience working with multicultural clients.

WORKSHOP – PANEL – LECTURE DESCRIPTIONS
Saturday, September 24 - Session F - 4:00—5:30

37 Meeting with Otherness of Childhood: Gestalt-Therapy with Child-Parent Couple CANCELLED

Workshop with ***Natalia Kedrova, PsyD and Polina Egorova, PsyD***

A child has a basic need to be recognized by the others in his or her intention for contact with environment. Some of the child's intentions are seen by the others and become figure in any interaction, others are ignored and become ground. A child differs from adults in his or her way to be present, in sensations, spontaneity and imagery, and by being more focused on the here-and-now. Adults are more oriented to goals, responsibility and long-termed perspective. Can they create a beautiful form together or get stuck in a disharmony? During our workshop we will explore the co-coordination in child-parent couple at different levels (senses, emotions, words, movements). We will learn what 'broken' contact looks like and how to support floating contact and presence at the boundary in child-parent dyad.

Learning Objectives:

- Identify different levels of co-coordination in child-parent contact: sensor, emotional, verbal, level of movement
- Differentiate broken or interrupted contact/naturally floating contact
- Support child-parental contact, co-coordination, orientation

Bios: Natalia Kedrova is a clinical psychologist since 1982, post-graduated course in developmental psychology (1988), researcher in developmental psychology 1982-1993, studied gestalt-therapy since 1991 (FPI Hamburg, FGI, GATLA), practicing gestalt-therapy since 1996, private practice and teaching, professor in Moscow State University of Psychology and Pedagogy, trainer in Moscow Gestalt Institute, specialization: children, adolescent and family therapy, till now. Author of book for children and parents "ABC of emotions".

Polina Egorova, dipl. of psychologist, Moscow State University (2004), teacher in Institute Higher School of Psychology (Moscow, Russia), practical psychologist, studied gestalt-therapy since 2003, gestalt-therapist and supervisor in Moscow Gestalt Institute, specialized in children, adolescent and family therapy. Polina's research interest is focused on the issues of daydream and use of daydreaming in gestalt-therapy.

114 The Aesthetics of Holding Space for Women

Workshop with ***Ann Bowman, MSN, MSc and Gail Feinstein, LSCW***

The theme of the conference invites us to be inspired by Dostoyevsky's provocative question: "Will beauty save the world? And which beauty?" From a woman's perspective we explore what is beauty and who defines it. The cultural and social field is a rich terrain filled with projections about how a woman should be, act and look which are easily introjected. We intend to hold a space where women are deeply seen, valued and affirmed. It is here that we deconstruct and process these beliefs that define and determine the aesthetic of women. We continue the creative process of shifting from inhibiting to inhabiting our bodies through our senses while cultivating an intimate relationship with self. We open and attune to our innate connectedness with other, the world around us and our common humanity. The potential of this engagement awakens an embodied, relational knowing and a developing presence, supporting and inspiring women to move in the world from a place of wholeness.

Learning Objections:

- After participating in this workshop Participants will demonstrate an ability to attend to their phenomenological process and express their awarenesses as a result of this.
- After participating in this workshop, participants will state they are more aware of how culture influences internalized beliefs about what is acceptable for how a woman expresses herself.

Bios: Ann Bowman MSN, APRN, BC, LMHC, Master of Science in Mental Health Nursing. Ann is a Clinical Nurse Specialist in private practice. She has extensive training in Gestalt therapy and Integrative psychotherapy. She is interested in Relational Gestalt Therapy methods as well as Gestalt and Buddhist philosophy. She has co authored a book chapter, “Women and Aggression” which was published in *Continuity and Change: Gestalt Therapy Now* (2011). She has also published research on the effects of alcoholism on family dynamics. She has presented Gestalt therapy workshops locally, nationally and internationally. She served on the AAGT board of directors for 4 years. She is Vice President of the Indianapolis Gestalt Institute.

Gail Feinstein, LCSW is a somatically-based gestalt therapist practicing in the city and mountains of New York engaging in supervision, training, workshops and retreats. In her Women’s Work, she is committed to creating spaces for women to come into their fullness, fruition and flourishing. She integrates nature, ritual and spirituality into her work as she invites you into a sensual exploring and an embodied relational engaging into a mutual awakening. She is the director of the Clear Stone Center and the immediate past president of AAGT.

127 Meeting the Other when the Other is Ourselves: The Aesthetic of Otherness in Illness and Contacting
Workshop with **Janneke van Beusekom, PhD and Cathy Gray, MSS**

Alienation and shame. Marginalization and betrayal. Disorientation and disconnection. Physical illness, be it chronic or acute, changes us and the way in which we experience ourselves as well as how others may experience us. We may feel betrayed and separate from this new body, or not know who we are, or how to navigate the world. Others may also experience us differently, and unsure of how to respond to us, explore the boundary between health and illness, and the changes, both profound and subtle, that occur in our sense of self and the world, as well as the often overwhelming feelings that arise as we seek to adjust to navigating our lives anew.

Learning Objectives:

- After participating in this workshop participants will be able to describe how chronic illness affects a person's lived experience, thereby affecting sense of self and identity and sense of connection to the world.
- After participating in this workshop, participants will be able to engage with self and others with greater awareness and dialogical contact when in the presence of chronic illness.

Bio: Janneke van Beusekom, Ph.D., is a therapist in private practice in Lancaster, Pennsylvania, USA where she provides therapy to individuals and couples, clinical supervision to therapists, and periodically facilitates groups. She is on the faculty at the Gestalt Therapy Institute of Philadelphia where she also received her initial training. Janneke has studied extensively with Philip Lichtenberg and Bud Feder. Together with Philip Lichtenberg, she co-authored the book *Encountering Bigotry: Befriending Projecting Persons in Everyday Life*.

Cathy Gray, MSS., is a licensed psychotherapist in private practice. She has 35 years working with organizations and individuals, first in organizational development and later as a psychotherapist. Cathy works with individuals, couples, and groups and provides supervision, both in person and on Skype. Cathy is on the faculty of the Gestalt Therapy Institute of Philadelphia, is chair of its board of directors, and past president of AAGT. She has studied improvisational movement, EMDR, Mind-Body Centering, and Developmental Somatic Psychology. Cathy gives workshops and teaches nationally and internationally. She also writes, having co-authored an article with Philip Lichtenberg. Much of her writing remains in her desk drawer.

148 “Awakening the Dream: From disowned self to the dreaming relational field”
Workshop with **Maria de Lourdes Quiroz-Kepner, MDH**

Dream-work, from a classical Gestalt approach, has been focused on supporting the individual process of extending the boundary of the self, but can also be extended into the relational, if we work dreams from a field orientation. In this workshop participants will experience both, and may be inspired to include dream work in their practice. We will work with sharing dreamlike “magical experiences” in a group with an emphasis on the relational experience with the listener, as well as relating to the disowned parts of ourselves.

Learning Objectives:

- After participating in this workshop, participants will be able to describe the function of projection in dreams, fantasies and symbols from a Gestalt therapy orientation.
- After participating in this workshop, participants will be able to summarize how dreams, fantasies or symbols can be seen as relational and co-creational in nature.

Bio: Maria de Lourdes Quiroz-Kepner, MDH (Master Degree in Human Development) Gestalt therapist and trainer co-founder of "Instituto Humanista de Psicoterapia Gestalt sede Guadalajara" and UPAD Gestalt Guadalajara, Mexico. Was an academic Director for Maestría en Desarrollo Humano at ITESO, Universidad Jesuita de Guadalajara. Teaches Gestalt Body Process Psychotherapy and dreams. Certified Practitioner on Nervous System Energy Work by Pathways for Healing and on Experiential Learning with Horses by Spirit of Leadership.

98 Gendering in Gendered Field

Workshop with *Milena Zakri Alincova, MA and Michael Andrew Foy, BA*

What do you mean by gender? I heard this question from colleagues -- graduate psychotherapists. What is the lack of curiosity about gender issues in the world of therapy about? Why is gender an interest mainly for LGBTQ community? How about the rest? In our enquiry we invite you to adopt a phenomenological attitude towards the gendered subject. The aim of this workshop is via experiments to stimulate curiosity about gender, new awareness, and figure/ground formations, exploring the intentionality for contact behind the split of masculinity and femininity, polarity and the continuum between them. Is gender an introject? a projection? We intend to focus on gender from a dimension described by Francesetti (2012) as neither objective nor subjective, but 'being emergent, it doesn't belong to the individuals who encounter each other, but rather generates itself as a realisation of the potentiality at the contact boundary.'

Learning Objectives:

- After participating in this workshop, participants will be able to describe gender as a polarity and also gendering as a process on a continuum in relationship to other (in subgroups / dyads) and recognize gender as an introject and as a projection.
- After participating in this workshop, participants will be able to explore own gendered body / embodying gender and discuss power difference and male/female /other gender in a therapist chair.

Bios: Milena Zakri Alincova, MA, MGR MA in Gestalt Psychotherapy, Diploma in Counselling and Registered MBACP Counsellor, finalizing Psychotherapy Practitioner Diploma at the London Gestalt Centre and UKCP registration as an individual and group psychotherapist. My background in sociology and Romisics (MA) and my personal experience of otherness and immigration intensified my awareness and interest in relational gestalt, process of selfing and identity. I worked in a variety of settings including NHS, community and residential addiction projects, as well as mental health forensic settings.

Michael Andrew Foy, B.A., Diploma in Counselling and Post Graduate Diploma In Gestalt Therapy Theory Studies; Registered MBACP Counsellor, finalizing MA and Psychotherapy Practitioner Diploma at the London Gestalt Centre and UKCP registration as an individual and group psychotherapist. I have an extensive experience working with people in addictive process / dual diagnoses (Diploma in Health and Social Care in Substance Misuse) in different settings, community, residential, psychiatric, and forensic. I am particularly interested in relationship at the contact boundary which is cured through therapy.

71 Falling through the bottom, grounding in bottomlessness

Workshop with *Marianne De Wulf, Master*

Existential philosophy and subsequent existential therapies are focusing on the existential condition. A phenomenological approach is the appropriate way to explore together with the client how she he/she is looking at, and coping with his/her existence. Our presence as such, as a basic attitude, is giving an opportunity to let unfold the answers to the overall present questions: what is the meaning of my existence, what is the meaning of my suffering, what is the meaning of all suffering on earth? Do I dare to see, together with the client, 'the hole in the wholeness', and the gaping void within this fascinating whole? And do I dare to wander in the bottomlessness of the client as a mutual experience, patiently waiting for a kind of ground to come out? Am I prepared to meet the other in this universal, yet unique and per-

Learning Objectives:

- After participating in this workshop, participants will be able to describe the phenomenological method in exploring the other's world from an existential point of view
- After participating in this workshop, participants will be able to differentiate between dwelling in the dark side and in the bright side of life, and integrate the yin yang concept which is giving the ultimate possibility to move from one side to the other

Bio: Marianne De Wulf studied at the University Gent, Belgium. She has a Master's Degree in psychology. Afterwards, she followed the Gestalt Therapy Training at the IVC, Kortrijk, Belgium (www.ivc.be). Shortly after graduating, she became Staff member, and is now coordinating the Gestalt Therapy Training at the IVC. Afterwards, she studied Existential Therapy with Mick Cooper at FMS, Belgium. Since then, she is fascinated by the existential focus in Gestalt Therapy. Marianne is full member of NVAGT and EAGT as a therapist and supervisor. She has her own private practice at home.

83 Gestalt Therapy of Psychosomatic Disorders

Workshop with *Oleg Nemirinskiy, Ph.D.*

The workshop presents a theoretical model and methodical strategies of Gestalt approach to psycho-somatic disorders. The workshop begins with a theoretical presentation on: 1) general sequential scheme of the origination of psychosomatic symptoms; 2) dynamic structure of a symptom; and 3) some strategies for working with symptoms. The (major) experiential part of the workshop gives participants a chance to feel the atmosphere of a psychosomatically-oriented therapy group. It includes warm-up and 'self-presentations' for some body parts. Participants are then encouraged to work in pairs on interactions with these body parts. After sharing their experience, a short personal therapy session is possible, after which the leader will demonstrate and explain possible transitions from the personal work to the work of the group.

Learning Objectives:

- After participating in this workshop, participants will be able to evaluate the nature and dynamic structure of psycho-somatic disorder symptoms
- After participating in this workshop, participants will be able to describe at least one gestalt strategy for working with psychosomatic symptoms in a group therapy.

Bio: Oleg V. Nemirinskiy, Ph.D. is a founder (in 2000) and director of Moscow Institute for Gestalt Therapy and Consulting. In 2007-2008 and 2011-2012 - president of the Association of Russian Language Gestalt Institutes (ARGI), in 2007; 2012 - member of the Extended Board of EAGT as a national representative of ARGI. Oleg teaches gestalt therapy in Russia, Belarus and Ukraine and works in private practice. The author of the book "Personal Growth in a Therapy group" (1990, in Russian), chapter on psychosomatic disorders in "Gestalt Therapy in Clinical Practice" (2012, in English), many articles including those in English and Italian.

92 In Search of A Good Metaphor: Helping Our Clients Discover meaning and be open to new possibilities for living.

Workshop with *Tomaz Flajs, BA and Christine Stevens, PhD*

We (metaphorically) understand metaphors as a 'bridge': a bridge between figure and ground, and a bridge between the referential frame of the client and the referential frame of the therapist. As such, they can be a tool of contact (and they can sometimes be also a way of deflecting). Gestalt therapy, with its phenomenological and experimental attitude, offers rich possibilities for working with metaphors. The workshop is a mixture of theoretical input, where we present our understanding of metaphors as the ground for its different uses, and experiential exercises aimed at getting more acquainted with metaphors in practice.

Learning Objectives:

- After participating in this workshop participants will be able to integrate a practical understanding of the use of metaphor in their clinical practice.
- After participating in this workshop participants will be able to formulate theoretically how metaphor can be used as a tool of contact.

Bios: Tomaz Flajs, B.A., dipl. GPTI, holder of the GATLA certificate of proficiency, and of European Certificate for Psy-

chotherapy (ECP) , a full member of the EAGT, resident of the Slovene Association for Gestalt therapy SLOGES, President of the Slovene Umbrella Organization for Psychotherapy, and co-founder of GITA, Institute for Gestalt Therapy, Ljubljana, where he works as gestalt psychotherapist, trainer and supervisor. He trains also abroad, in Croatia, Austria, Russia, Georgia and Germany and has written a few articles in Slovene language, among them 'Use of Metaphors in Gestalt therapy.

Christine Stevens, PhD Christine has been Editor of the British Gestalt Journal for ten years, and is an Academic Advisor and Research Methods tutor on the Doctor of Psychotherapy programme at Metanoia Institute, London. She has an international practice as a trainer and supervisor and has a small private therapy practice in Nottingham, England. She recently completed a degree in Fine Art and is particularly interested in creative methods in therapy practice. Her co-edited book, Research Matters: Researching for change in the theory and Practice of Counselling and Psychotherapy has just been published by Routledge.

59 Personality Disorders: relational experiences in a fragmented, desensitized field

Workshop with ***Michela Gecele, MD***

Experiences defined as personality disorders are the ethnic disorders of our time, an expression of our 'western' social context, crystallizing some of its difficulties and risks. A fragmented, desensitized social background contributes to setting a sensitive point. When something -- even very little -- in the present relational field recalls that very sensitive point, this part becomes figure and provokes a reaction. Field polarizes and crystallizes around the resulting figure. In order to give support, therapist has to be aware of this process and to try to respond to all fragments forming the field, even those in the dark, roughly sketched. S/he has to help the fragment to be replaced inside the therapeutic relationship. Participants will be involved in the theory making process, starting from their professional experience.

Learning Objectives:

- After participating in this workshop, participants will be able to describe and discuss experiences defined as personality disorders not only from a relational perspective but also from a social one (both being consistent with Gestalt Therapy epistemology)
- After participating in this workshop, participants will be able to better identify and diagnose "personality disorders" experiences and to utilize acquired knowledge and competence to operate in such relational fields.

Bio: Michela Gecele, psychiatrist, psychotherapist, supervisor, teaches on the Gestalt Psychotherapy Training Programs of the Istituto di Gestalt H.C.C. She has been working for 21 years in public mental health services, for three years has coordinated a psychological and psychiatric service for immigrants and she is supervisor of public mental health services and of programs for immigrants. She has authored articles and books in the field of psychiatry, psychotherapy and transcultural matters. She is a member of the HR&SR Committee of the EAGT.

82 Nostalgia - Where We Come From and Where We Go To ...The Meaning of Home

Workshop with ***Joanna Kato, MSc***

United Europe brings more themes connected with migration every year, not only for refugees and emigrants, whose lives are often connected with forced relocation, but also for people who move within Europe for professional and personal reasons. The loss of home becomes a shared experience. The wholeness, the sense of security and safety provided by home are shaken - together with its physical and psychological dimensions. What happens when we lose the familiarity that the world has for us? What happens when the 'homeness' becomes liquid and can no longer be taken for granted? What happens at the boundary between the inner and the outer world? During this workshop we will explore the meaning of home and nostalgia connected with the process of adaptation and changes. Is it similar to the therapeutic process today? We will look into the struggle connected with changes and the desire to belong to both - our focus of origin and our desired destination.

Learning Objectives:

- After attending this workshop participants will be able to identify embodied experiences of "home" aesthetics experience.
- After attending this workshop participants will be able to describe the transition process /loss and adjustment/ between their place of origin and the here and now, and how this process can be parallel to a therapy process.

Bio: Joanna Kato, M. Sc., psychologist, speech therapist, Gestalt psychotherapist, supervisor and trainer. She gradu-

ated from the Catholic University of Lublin - Poland and University of Marie Curie Sklodowska, Poland. She undertook Gestalt Training at Gestalt Foundation Athens, Greece and Supervisory Training at European Centre for Psychotherapeutic Studies Normandy. She is a member of EAGT (HR& SR Committee of EAGT and HAGT and an Associate of EUROCCPS Joanna Lives and works in Athens in her private practice and Mental Health Day Care Center for Emigrants. She has much experience in cross culture issues.

47 The Aesthetic of Writing: Meeting the Other at the Boundary

Workshop with **Susan L Fischer, PhD**

A primary vehicle for integrating the old and the new and for informing others of our evolving Gestalt theory is through writing. Writing and publishing our thoughts by definition involves contact with ourselves and others. It involves meeting the other at the boundary. Its goal is to create change. It invites others to agree or disagree and, of course, to engage in a desensitized world. The foremost objective of this workshop is to help participants learn how to write for journal publication, or for conference presentation. Participants will also learn to utilize a Gestalt therapy perspective of the Cycle of Experience for assessing the strengths and weaknesses of their unique writing process; and to utilize supports as a way of deal with blocks and resistances. The workshop will consist of lecture, discussion, and exercises. It is open to anyone who writes, contemplates writing, or intends to contemplate writing.

Learning Objectives:

- After attending this workshop participants will be able to describe and explain their own creative writing process, what they do easily and what they have difficulty with.
- After attending this workshop participants will be able to, when stuck in their writing, identify and express their resistance, and specify what skills they need to acquire in order to move forward.

Bio: Susan Fischer, PhD, has coached writers and lead writing workshops. She is editor of the journal, *Gestalt Review*. She has trained in Gestalt methods at the Gestalt Institute of Cleveland and at the Gestalt International Study Center, and she continues to train. She has also worked as a translator for AAGT workshops, in Spanish and English. She is fluent in French as well. She also can communicate in Italian. Although the workshop will be given in English, native speakers of Italian, French, and Spanish who do not know much English are especially welcome, because the facilitator can communicate material in those languages.

239 Meeting Art at the Contact Boundary: An exploration of the relationship between contemporary art and Gestalt theory and practice

Workshop with **Perry Gunther, MFA, Gestalt Certification, LP**

Art figures prominently in the development of Gestalt Therapy. Gestalt Therapy grew out of the gestalt principles of visual perception that emerged at the end of the 19th century. These principles are apparent in works of Cezanne and Picasso executed during this period. The phenomenological parallels in the evolution of Gestalt Theory and modern art create rich territory for exploration that can be of service for Gestalt therapists as well as those interested in contemporary art. The session examines these parallels through principles of pragnanz, closure, and figure-ground, using both projected images and an interactive exercise that explores the persona of the artist as therapist and the therapist as artist. How does meeting art at the contact boundary parallel meeting patients at the contact boundary?

Learning Objectives:

- After participating in this workshop, participant will be able to assess how gestalt theory draws heavily upon characteristics that we associate with art, such as field theory, figure-ground, pragnanz, and closure.
- After participating in this workshop, participant will be able to describe with how artists draw on the phenomenology of space that can be applied in the praxis of gestalt therapy.

Bio: Perry Gunther, MFA, LP has been a practicing artist in New York City since 1973, with work in museum and private collections, and has taught studio art at Hunter College CUNY, The Cooper Union. He served as Chair of the Sculpture Department at Cleveland State University. His works include site specific indoor and outdoor sculpture installations and set design for contemporary dance. He is a graduate of The Gestalt Associates for Psychotherapy, an NYIGT Associate member, and currently practices Gestalt Therapy in New York. Perry researches the relationship between art and Gestalt psychology, and writes and speaks on this topic.

188 Education as a creative process

Workshop with ***Claude Falgas, PhD***

The teacher/educator relationship is based on a non-verbal communication that is very often unconscious. It is transmitted through mirror-neurons' body language and subject to the danger non-matched levels of energy, spontaneity, expectations, and needs. The teacher and student (or therapist - patient) need to search for the balance that can sustain their co-created relationship. Conflicts/frictions often originate due to upsetting the delicate balance of social or cultural norms and behavior.

Gestalt Therapy offers skills and tools to handle such situations both in individual and group work, and thus contribute to a more balanced social/ collective life. This is the reason why I believe the Gestalt holistic approach is such a relevant and efficient approach for teachers. In this workshop we will experiment with body sensations: dyads of participants will experience how mirror-neurons are non-verbally transmitted and how this effects their cooperation. Then we will discuss our own experiences.

Learning Objectives:

- After participating in this workshop, participants will be able to explain the importance of how one is seen and evaluated by the other based on one's non verbal body language.
- After participating in this workshop, participants will be able to explore one's role as a teacher or gestalt therapist in co-creating relationship that is based on confidence and authenticity.

Bio: Claude Falgas, PhD. , Science of education. I started my career as a farmer, especially interested in organic agriculture. Later I became a math teacher in a vocational school where I developed a special method of working with young adults who need training and guidance in developing informal and formal skills of human relationships. I was trained in Gestalt and am now working as a therapist. My method is based on Zinker's concept of enhancing an "internal support". I combine my work with taoïst Qi Gong which like Gestalt are based on corporal awareness, practicing breathing and self-regulation. I work mainly in the educational field with teachers and counselors.

94 The body in "now for next". The network that comes from the background of Gestalt Competence

Workshop with ***Monica Bronzini , PhD, Barbara Montomoli , PHd, MD Nunzia Sgadari, PhD and Graziana Arianna Busso, PhD***

The EAGT Professional Competences and Qualitative Standards committee is working on the definition of Specific Competences of Gestalt psychotherapists that is a description of abilities that a professional Gestalt psychotherapist ought to have; is aware of and is consequently able to put into action when required. In the background of this document two groups, Sicily and Tuscany, met and began a network. To start, we feel that it is necessary to speak about what the specific Gestalt competences in body work are. In this workshop we are going to start with a video that focuses on the body arising from the psychotherapeutic relationship. We are going to work in a network, through an experience that helps us become the living body of Gestalt Therapy.

Learning Objectives

- After participating in this workshop, participants will be able to discuss professional specific competencies and bodywork competencies in Gestalt therapy.
- After participating in this workshop, participants will be able to create an experience of Gestalt work as a network.

Bios: Monica Bronzini , Ph.D., is a clinical psychologist and psychotherapist, member EAP, SIPG, and EAGT. She is in private practice and is training and advanced courses in clinic psychology at the Scuola di Specializzazione in Psicologia Clinica, Universit di Siena.

Barbara Montomoli, Ph.D. M.D. is a clinical psychologist and psychotherapist, in private practice as a Gestalt Psychotherapist and member of SIPG and the Italian Society for the study of Mental Retardation. She was a researcher at the child Neuropsychiatry Unit in the Azienda Ospedaliera Universitaria Senese.

Nunzia Sgadari, Ph.D., is a psychologist and psychotherapist, didactic trainer for specialised courses in gestalt psychotherapy at the Institute di Gestalt HCC Italy, member of SIPG, Regional coordination groups SIPG, in private practice as a Gestalt Psychotherapist.

Graziana Arianna Busso, Ph.D., is a psychologist and psychotherapist, was a didactic tutor for specialized course in gestalt psychotherapy at the Istituto di Gestalt HCC-Italy. Currently in private practice as a Gestalt Psychotherapist, she is a member SIPG and currently training in Gestalt Psychotherapy.

251 Trauma: impairment and/or growth?

Workshop with **Jasenka Pregrad**

This workshop is experiential, enabling participants to derive the main principles of work with traumatized persons from their own life experiences combined with my experience of personal, therapist, and trainer roles. Building upon personal and professional experience we will discuss differentiation of types of trauma and their impact intensity; enlarge our awareness of immediate reactions and creative adjustment to trauma, and the capacity to assimilate its meaning and consequences throughout life span in creative, sometimes somewhat retroflective, yet productive ways (as Perls and Frankl did). We will explore humiliation as a specific (and seldom talked about) emotion accompanying trauma and find out support mechanisms that can humanize trauma experiences and enable therapists and clients to find forces of growth in trauma experiences in addition to impairing ones. The shift from seeing trauma as potential for growth strengthens Gestalt view of the concept of health and sickness.

Learning Objectives:

- After participating in this workshop, participants will be able to distinguish between creative adjustment to and assimilation of traumatic experience, and be able to consider growth potential in both processes.
- After participating in this workshop, participants will be able to choose appropriate approach to traumatized client and formulate sentences that support clients to open up and share their experience.

Bio: Jasenka is a psychologist, psychotherapist and supervisor, with postgraduate education in GT therapy training, Advanced Trauma Recovery Training, basics of Behaviour and Systemic Family therapies and supervision. Her working experiences include school psychologist, curriculum advisor and trainer for Trauma Recovery Training programme; trainer for trauma related topics in Bosnia and Herzegovina, Kosovo, Albania, Chechnya, Russia, and Denmark. She founded crisis intervention teams in Croatia. As an author and leader she is published: UNICEF programme Stop Violence Among Children (translated in English and launched worldwide). She is a senior trainer at the Institute of Integrative Gestalt Psihoterapie, Wurzburg, and Gestalt Centar Homa, Zagreb as well as a lecturer in postgraduate specialisations in social work, counselling and supervision. She has a private psychotherapy practice.

76 Healing play: de potential of the “doing as if” imagination of play in the therapeutical relation.

Workshop with **Kristin Verellen, Certified Gestalt therapist, Systemic constellator, Transpersonal coaching and counseling, master in nlp, facilitator in creativity and change**

Play implies the ability to do as if it is real, while knowing it is just play. This is the paradox of play. In psychopathological client situations, when the imagination becomes rigid or maniacal, the client is not free anymore to play. In order to play, you need to make a distinction between fiction and reality and be able to switch between them. When the client confuses fiction and reality or locks him/herself in his/her imagination, the creative adaptation is interrupted. In healing play the therapist can meet the client in his/her rigid imagination, and can create a relationships in which the client can make contact with the reality behind the fantasy. The aesthetic-sensorial experience of ‘doing as if’ play can stimulate the creative potential through intimate exchange in the shared space between client and therapist. In this way the client can playfully experiment with new experiences and meanings so that new spontaneous contact can emerge in his/her life outside of the therapy room.

Learning Objectives:

- After participating in this workshop, participants will be able to explore ways to create a therapeutic relationship in which the client can make contact with the reality behind the fantasy during Healing Play with adults.
- After participating in this workshop, participants will be able to create a shared space with a client that enables playful experimenting with new experiences and meanings, which then can support spontaneous contact with others outside the therapy room.

Bio: Kristin Verellen combines her work as a Gestalt psychotherapist in a private practice, with her work in organisations. In her private practice she focusses on Gestalt psychotherapy for adults, young adults and couples, systemic constellations and Transpersonal Coaching and counseling. In business she works with her company Peel The Onion in transition and change processes in small and big companies. She is passionate about the development of individuals, teams, organisations and their interplay. Her approach is systemic, participative and seriously playful.

182 Undoing the Splits: A relational field perspective on trauma

Workshop with Miriam Taylor, MSc

This workshop will attempt to contextualise trauma, starting from the individualistic and reductionistic focus of neuroscience research, and trace a journey towards an expanded relational field model. Some key concepts drawn from neuroscience will point to the integration of a neurobiological perspective in trauma therapy. The phenomenology of trauma will be briefly outlined in order to illustrate the mirroring of trauma in the wider field. The workshop aims to investigate the resolution of dichotomies inherent in trauma, and consider the ways in which psychotherapy may implicitly reinforce them. The workshop will close with an extended discussion period, considering some pre-determined questions and any others arising spontaneously.

Learning Objectives:

- After participating in this workshop, participants will be able to differentiate properties of different field dynamics in trauma work
- After participating in this workshop, participants will be able to critically appraise some of the dichotomies inherent in psychotherapy of trauma

Bio: Miriam Taylor is a UKCP registered Gestalt psychotherapist, supervisor and international trainer who has been in private practice since 1995. Her background was in adult education before training as a counsellor and psychotherapist. Working as clinical lead of a young peoples' service, she developed an interest in trauma and for several years, she worked in a specialist trauma service. Miriam's particular interest is in the relational integration of trauma and the role of the body. She teaches widely, is an examiner, and an associate of Relational Change. Publications include 'Trauma Therapy and Clinical Practice: Neuroscience, Gestalt and the Body', 2014.

156 Destiny of the sentient experience. A journey into the development of our humanity

Workshop with Goriaux Pierre-Yves

Our founding text 'Gestalt Therapy: Excitement and Growth in the Human Personality' (Perls, Hefferline, Goodman, 1951) implicitly offers a theory of development of a human being. As the result of the experience of assimilation, development is considered both as a definition of self and a definition and creation of the environment. The construction/deconstruction process of gestalts combines contextual information together with the resources inherent to the person who experiences it. I view this process as the destiny of the affect which Merleau-Ponty defined as the 'sentient experience'. This destiny unfolds through meeting the other, in otherness. We need to be attentive to how we welcome and listen to the driven Id function and its transformation in the construction/deconstruction process of gestalts, especially focusing on the tonic function. This destiny could be the place where an aesthetic of joy and suffering (excitement, delight, creativity vs anxiety and repetition) spreads.

Learning Objectives:

- After participating in this workshop, participants will find - a theoretical basis about the destiny of the sentient experience and an efficient knowledge about the tonic function as a representative of the sentient experience, and how it is the intermediary and regulator of the relationship and the potential place of an awareness of self-in-situation,

- After participating in this workshop, participants will be able to integrate the importance of focusing on the tonic function and its role in the patient-therapist relationship through which the aesthetic of joy and suffering is spread.

Bio: Pierre-Yves Goriaux is a Gestalt therapist, Psychomotricien and international trainer. Member of EAGT and agreed by CEG-t. He is also Director of the French Gestalt therapy institut and a responsible of a research committee at the European College of gestalt therapy. He works for a social and educational environment, more especially with early childhood centers and has private practice in Poitiers (France).

236 Blame and Otherness: Towards Theoretically Consistent Complaints Procedures.

Workshop with ***Toni Gilligan B.Sc., M.Phil***

The process of emerging subjectivities is shaped by and emergent of a complex phenomenal field. This is inevitably formed in part by layers of embedded cultural assumptions arising from the dominant, individualistic paradigm of the last few hundred years. As gestalt practitioners we aspire to a field theoretical praxis and achieve that more or less in our therapy, coaching, and consulting work. However, when it comes to the procedures by which we manage our professions, specifically our complaints procedures, these are more often constructed in accord with the dominant ethos of individual responsibility. The process of “othering” all too easily becomes a process of blaming the other. In this workshop, I will show how the complaints procedures of Gestalt Therapy organisations express an individualistic ethos and are inconsistent with our field-emergent paradigm. We will identify the principles of a theory consistent procedure and the outlines of such a procedure.

Learning Objectives:

- Participants will be able to describe key features of an individualistic anthropology
- Participants will be able to critique complaints procedures in relation to their adherence to Gestalt Theory principles.

Bio: I have been a gestalt practitioner for over 25 years. I combine gestalt with my singing in Giving Voice workshops; and with my teaching of Motivational Interviewing. For me Gestalt therapy theory is a philosophy of life, and one that shares its field theoretical and phenomenological wellsprings with others including many who work for a more just and sustainable world. I am particularly interested in the application of Gestalt Therapy principles to issues of politics and power. I am a Director and Senior Tutor of The Gestalt Centre London, currently the vice-president of AAGT, and an associate member of NYIGT.

28 Form Forming Form

Workshop with ***Ruella Frank, Ph.D.***

In this workshop, participants are introduced to the six fundamental movements of experience. Developing in the first year of and persisting throughout life, each pattern, working in concert with the others, supports the most basic elements of animated psychological functioning. Although these co-created patterns are continually perceived, they are (paradoxically) peripheral to perception.

These underlying currents are the core elements that contribute to figure formation; their rhythms shape the background from which self emerges. As we see, sense, feel how these currents flow, we know something important as to how we exist in relation; the way in which we are aesthetically present.

Learning Objectives:

- After participating in this workshop, participants will be able to demonstrate and discuss the importance of movement processes to phenomenological inquiry.
- After participating in this workshop, participants will understand the possibility of diagnosing the sequences of contacting through seeing and feeling these fundamental forces of the field that create contacting.

Bio: Ruella Frank, Ph.D., founder-director of Center for Somatic Studies, faculty at Gestalt Associates for Psychotherapy and New York Institute for Gestalt Therapy, teaches throughout the United States, Canada, Mexico and Europe. Ruella authored *Body of Awareness* (2001, GestaltPress, available in 4 languages), co-authored *The First Year and the Rest of Your Life* (2010, Routledge Press, available in 3 languages) and wrote and produced the video *Introduction to Developmental Somatic Psychotherapy*, now subtitled in French and Russian.

54 Eros at Work: Sex, intimacy and the aesthetics of otherness

Workshop with *Leanne O’Shea DPsych, MSc, BTheol and Sally Denham-Vaughan, DPsych, MSc, (Clin Psych), BSc Hons Psychology*

In our various practice settings, be they therapeutic or organisational, Eros invariably inhabits the space; sometimes supporting the possibility of creative, dynamic collaboration and at other times leading to situations of confusion, betrayal and chaos. This dynamic, we believe, can (at least in part) be explained by the impossible cultural tangle of sex and Eros and a seemingly inevitable collapse into behaviour that risks a possible transgression of boundaries in sometimes disastrous ways. This workshop will provide an opportunity for participants to explore the personal ground (history, beliefs, assumptions and values) they bring to their experience of ‘Eros at work’. We will also describe and explore the application of a theoretical model that could better support participants as they engage with these issues.

Learning Objectives:

- After participating in this workshop, participants will be able to describe and differentiate between a Kantian de-contextualised ethical professionalism and a relational contextual ethic
- After participating in this workshop, participants will be able to specify a more nuanced and aesthetically informed understanding of both Eros and sexuality and identify what Eros might positively support in the work place

Bios: Leanne is a psychotherapist, educator and supervisor in private practice in Melbourne, Australia. She is a senior faculty Member of Gestalt Therapy Australia and teaches internationally. Her particular interests include sexuality within the therapeutic context and the importance of an erotic sensibility in sustaining relationality and “field activism”. Leanne is passionate about supporting Gestalt practitioners to write. She is well published and is an inaugural co-editor of the Gestalt Journal of Australia and New Zealand, and a Fellow of GANZ. She is also an international faculty associate at Pacific Gestalt Institute and an Associate with Relational Change, UK.

Sally Denham-Vaughan is an accredited Gestalt Psychotherapist, Coach, Organisational practitioner and Trainer. She held a range of senior leadership positions in the National Health Service in the UK and is Visiting Fellow in the School of Business, Leadership and Enterprise at University College Suffolk. She holds a range of faculty and guest tutor appointments internationally and has published extensively in the gestalt literature and elsewhere. Her doctorate focused on developing the ‘re-enchantment’ paradigm within organisational life. She is the co-founder of Relational Change, an international organisation focussed on developing relational approaches.

63 Meeting-the-Other-Meeting-Me: Presence and Otherness; Deepening Relational Theory and Practice

Workshop with *Rich Hycner, PhD*

In working relationally, we are ever-challenged as to which of at least three inextricably interwoven dimensions to emphasize in any instant --the ‘other’, i.e., the client’s phenomenological experience, the betweenness-of-us, and/or our own clinical/personal experience. We need a radically deepened aesthetic theory and practice regarding the relational, such that so-called ‘otherness’ is prereflectively experienced, and consciously understood, as our connectedness-between, which is inextricably a part of who we are as therapists. Our unending challenge as practitioners is to clinically and artistically integrate these dimensions within the wholeness of the ‘betweenness-of-self-with-other-and-other-with-self’ -- both in therapy, but also in the client’s life. This workshop will emphasize the necessity of a fluid oscillation among these dimensions, to highlight potential healing connections. Presence and artistic discernment are our never-ending challenges.

Learning Objectives:

- After participating in this workshop, participants will be able to evaluate and expand Gestalt relational theory to integrate the triadic dimensionalities of “self-other-betweenness.”
- After participating in this workshop, participants will be able to better evaluate the relational developmental level of the client, the relational level of the therapeutic relationship, and evaluate the self-betweenness-other connectedness in the therapeutic relationship, and will be able to further integrate a resonant use of self in the therapeutic relationship.

Bio: Rich Hycner finds the therapeutic relationship to be the nexus for healing and an endless source of exploration. He views the therapist’s presence to the client, the relationship, and to self, as the medium for exploring the

relational and experiential dimensions of healing. He is author of *Between Person and Person: Toward a Dialogical Psychotherapy*; and co-author with Lynne Jacobs of *The Healing Relationship: A Dialogic/Self Psychology Approach*; and co-editor with Lynne Jacobs of *Relational Approaches in Gestalt Therapy*. He has conducted Gestalt relational therapy training workshops in Brazil, Canada, England, Ireland, Mexico, Norway, Scotland, Wales, and the United States.

249 The Body in the Culture and the Culture in the Body

Panel with ***Julianne Appel-Opper, DPsych, Arye Bursztyn, MFA, Greet Cassiers and Adam Kincel, MA***

A desensitized world in which people flee their homes, taking their embodied cultures and traumas with them; young people who travel the world, carrying their embodied gestalten of otherness. What has Gestalt to offer in this? Are traumas reachable in a second/third language? How do I myself embody the otherness? How do we focus on the cultural language of the body? How do we teach this? We attempt to create an arena that supports sensitization and dialogue around embodied cultures. Moving towards an aesthetics of movement in contact with otherness, we will explore the relationships between macro-scale - culture, society, politics, and micro-scale - breath, movement, early gestalten of otherness.

Panel participants will introduce their perspectives on the theme, speaking from their teaching and clinical background and personal experiences. Short exercises and self-experiences will embody our look into our pre-conceptions, blind-spots and preferences around embodied manifestations of culture.

Learning Objectives:

- After participation in this workshop, participants will be able to identify and describe the cultural language of their own body
- After participation in this workshop, participants will be able to identify and explore the cultural language of another body and the cultural biases, blind-spots and preferences as well as ways of efficiently working with them.

Bios: Julianne Appel-Opper with a Dip Psych is a Clinical Psychologist, Psychological Psychotherapist, UKCP Registered Gestalt and Integrative Psychotherapist, MUKAHPP, Supervisor and Trainer. For 12 years she lived and worked in France, Israel, California, the U.K. and is now in private practice in Berlin. She has been a Visiting Tutor at psychotherapy training institutes internationally. Julianne's main interest is the cultural language of the body and she has been published on this topic in *The British Gestalt Journal*. Most recently: "Failures, challenges and learning within the field of intercultural psychotherapy, supervision and training" in the book *When Hurt Remains: Relational Perspectives on Therapeutic Failure*. Rolef Ben-Shahar, A. and Shalit, R. (Eds.) (2015) London: Karnac.

Arye Bursztyn MFA (Dance), EAGT full member, BodyMind Gestalt trainer and supervisor in private practice. A movement teacher, currently at the Seminar HaKibbutzim Teachers' College in Tel-Aviv. He achieved his B.A. (1978) Tel-Aviv University in Sociology, Anthropology and Psychology and his M.F.A. (1989) in Dance from Smith College, Northampton, Mass. He trained at GIC, Gestalt Institute of Cleveland, in Israel, Ohio, specializing in Working with Physical Process. He has been a full Member of the EAGT since 2007. Arye taught Body Mind Gestalt at Tel Aviv Univ. and in various training programs for psychotherapists in Israel, USA and Europe. He co-wrote with Michael C. Clemmens *Culture and Body* "in Levine Bar-Yoseph (ed.), 2005, *The Bridge: Dialogues Across Cultures*, Gestalt Institute Press, Metairie/New Orleans, La. USA

Greet Cassiers is a Social Worker, Gestalt therapist, Gestalt trainer and supervisor. She works as a therapist in own practice BERG with husband Ernst Knijff and as a gestalt trainer/supervisor in Belgium, the Netherlands, Tsjechie, Norway, Greece, Georgia and Nepal. Her main interest are cultural differences in body awareness. Important awareness: 'touching somebody is touching someone's history'. Published: *De kunst van het aanraken* (art of touching) *Dutch Journal for Gestalttherapie* (2001), *Het proces van aanraken*, (the process of touching) in *Praktijkboek Gestalt* (2009-Utrecht, the Netherlands). She is a member of NVAGT and EAGT. Website: www.bergnet.com and www.greetcassiers.be and www.gestaltinnepal.com Facebook: [fb/gestaltinnepal](https://www.facebook.com/gestaltinnepal) and [fb/greetcassiers](https://www.facebook.com/greetcassiers)

Adam Kincel, MA, Pg Dip Psychodynamics of Human Development, UKCP Registered Psychotherapists Adam is a psychotherapist, supervisor and a trainer with an MA in Gestalt Therapy and a Dip in psychodynamic theories. He is a trained social worker with experience of working both in mental health and foster care. Adam teaches Gestalt therapy at the Re-Vision Centre (London), Instytut Terapii Gestalt (Poland) and Caucasus Institute of Gestalt Therapy and Family Psychotherapy (Georgia). Since 2012 Adam has been a board member of AAGT. He is particularly interested in therapeutic work through body, diversity, large groups and relational therapy.

206 Tango/Gestalt - the Art of Leading and Following
Workshop with ***John Leary-Joyce, MA***

We will explore the essential qualities of the Gestalt relationship through the structure of Tango. In Tango the leader creates a space where the follower wants to step in. Structure provides the container for improvisation and innovation. The environment influences what can/cannot be created together. Dialogue is established through attention to body language. Quality of flow in the dance depends on the level of connection and empathy. The embodied nature of leadership and followership is central. Tango must be simply danced, with immense feeling, with a sense of energy flowing between the dancers. This energy grows or decreases as the music ebbs and flows. It is a private conversation, something to be quietly shared, not publicly displayed. I will outline the Tango and Gestalt theoretical, philosophical links and illustrate with simple exercises in which participants can experience the essence of leading and following. It will be insightful on a personal and practice level, as well as being fun learning Tango!

Learning Objectives:

- Discuss how to maintain the balance between holding form, structure and containment while allowing for emergence, creativity and innovation
- Understanding personally their reactions, mindsets and habits about leading and following and how this links to their Gestalt style of practice

Bio: John has been a Gestalt practitioner for 40 yrs culminating in his 2014 book 'Fertile Void, Gestalt Coaching at Work'. He is a Psychotherapist, trainer, supervisor and for 12 yrs Managing Director of the Gestalt Centre London. John is the Founder and President of Academy of Executive Coaching – a global coach training organization – and now executive coach, trainer, supervisor and experienced presenter. In 2005 discovered Tango with its emphasis on presence, immediacy and physical communication, studying in London with teachers from Europe and Argentina. Pioneered linking Tango - Coaching - Gestalt - with conference presentations in London, Europe, Istanbul, Florida, and Roots Gestalt Conference Stockholm.



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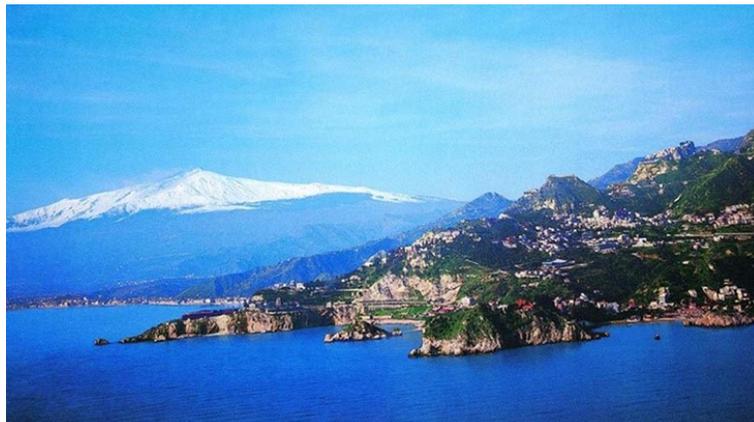
Auction: Dominique Chabre

Publicity: Beatrix Wimmer, Robert Witchel

Translation Services: Deirdre Winter

Local organisational group: Michele Cannavò, Marco Lobb, Francesco Lotta, Alessandra Vela, Marika Stella

Thanks to all who willingly gave of their time and expertise as peer reviewers and editors!



NEWLY PUBLISHED BOOK EXHIBITION

A central purpose of this conference is the sharing of knowledge, theoretically and practically, through lectures, workshops, panels and posters. Another way of sharing the State of the Art is by exposing literature, and in this conference, the scope of richness and variety promises to be even broader than usual.

It is a tradition in AAGT and EAGT conferences that some time is devoted to either showcasing newly published books and/or a dialogical meeting with the writers and editors of books that were published since the last conference, which for EAGT is every three years. This session's purpose is for authors to bring to the attention of participants something about the source of inspiration, motivation or any other interesting feature of the book. It is a meeting point of the authors and their readers, an opportunity for questions, sometimes for feed-back, exchanging opinions and perspectives. Mainly it is the personal-human experience of contact on the intellectual as well as on the practical and emotional level.

Room: 1101 Session A - Friday: 10:30 – 12:00

- M Parlett** 2015 Future Sense: Five Explorations of Whole Intelligence for a World that's waking up **English**
N Amendt-Lyon (Ed) Timeless Experience: Laura Perls' unpublished notebooks and literary texts. **English**
G Francesetti (Ed) 2015 Absence is the Bridge between us. Gestalt Therapy Perspective on Depressive Experiences **English**
M Beron 2013 The Power of Labels: How do we get labelled? How do labels predetermine our lives? How to get rid of them and live a happier life **English**
I Lopatukhina 2014 Fore-man of Food. The psychology of shapeliness. **Russian**
M Taylor 2014 Trauma Therapy and Clinical Practice **English**
G Hughes 2014 Competence and Self-Care for Counsellors and Psychotherapists **English**
M Parlett & T Francis (Eds) 2016 (in press) Contact and Context: New Directions in Gestalt Coaching **English**

Room: 1104 Session B - Friday: 4:30 – 6:00

- JM Robine** (Ed) 2015 Self, A Polyphony of Contemporary Gestalt Therapists **Spanish, English, French**
M Spagnuolo Lobb, N Levi, A Williams 2016 Gestalt Therapy with Children: From Epistemology to Clinical Practice **English**
P Dreitzel 2013 The Art of Living and the Joy of Love **German** (translated)
M Spagnuolo Lobb 2013 The Now-for-Next in Psychotherapy. Gestalt Therapy recounted in Post-Modern Society **English**
V E O Kolmannskog 2015 The Empty Chair. Tales from Gestalt Therapy **Norwegian**
S Goss & C Stevens (Eds) 2016 Making Research Matter: Researching for change in the theory and practice of counselling and psychotherapy **English**
F Meulmeester, I Rizou & G Stamatis 2016 The Art of Change: A different approach for Organizations and Enterprises **English**
E Gold & S Zahm 2016 (in press) Buddhist Psychology & Gestalt Therapy Integrated: Psychotherapy Practice for the 21st Century. **English**

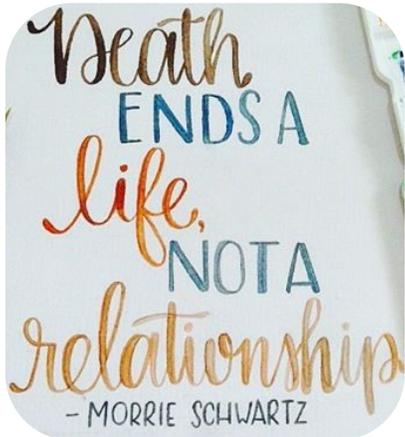
Room: 2107 Session C - Friday: 6:15 – 7:45

- A Feckova & B Wimmer** (Eds) 2016 Women in Gestalt Therapy **English**
L Hartmann-Kottek 2014 Fascination and Efficacy **German** (not translated)
P Brownell 2015 Spiritual competency in Psychotherapy **English**
B Mistler & P Brownell (Eds) 2015 Global perspectives on research, theory and practice: A decade of Gestalt! **English**
B Holzinger & G Klösch 2013 Schlafcoaching **German**
B Holzinger 2013 Nightmares – what they tell us and how we can change them **German**
E Greenberg 2016 (in Press) Borderline, Narcissistic and Schizoid Adaptations: The Pursuit of Love, Admiration and Safety. **English**

Saturday Evening Events

Location: Giardino (Garden facing the Sea)

Remembering Community Members we have Lost



After our Saturday evening dinner, we will take time to remember and honor recently deceased colleagues. Jack Aylward will share a brief memorial address honoring the life of Joel Latner who died on August 4, 2016. We invite others to contribute to this experience honoring Gestalt colleagues who passed away recently.

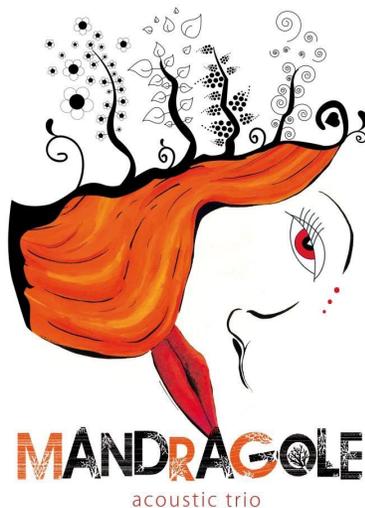
Auction



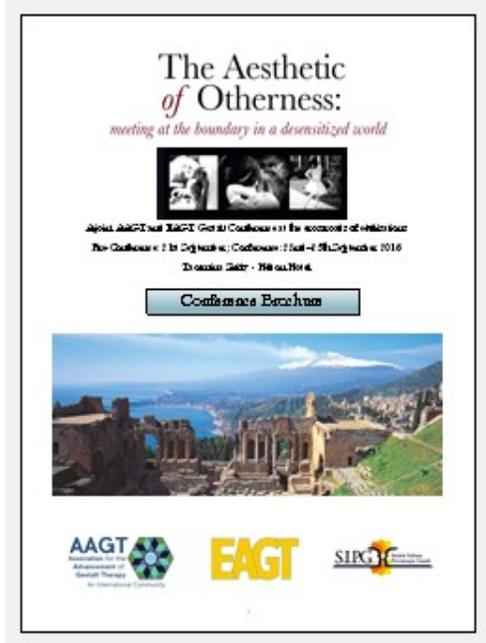
The auction is held at every AAGT conference and is one part of the AAGT Scholarship Fund. It is a lively, entertaining event during which items donated by AAGT members are auctioned and purchased by conference participants. 100% of the proceeds goes directly into the scholarship fund which helps gestalt therapists participate in our conferences and learn about gestalt therapy worldwide. We auction serious and whimsical items; the goal is to have fun in the process! Items we have auctioned include journal subscriptions and books, quilts and crafts, vacation rentals and workshops. Back by popular demand, **Charlie Bowman** will be our auctioneer extraordinaire.

Entertainment

Mandragole Acoustic Trio



Conference Brochure



The Conference brochure is available in two formats: the 32 page printed brochure, which you will receive upon arrival at the conference and a more complete 130 page on-line brochure. The on-line brochure includes all workshop descriptions, learning objectives, and presenter biographies. The printed version is also available online, allowing you the convenience of viewing it on your phone or laptop during the conference. Links to both versions of the brochure can be found at: <http://aagt.org/taormina-2016-programlang/>

As with any conference, room locations and other last minute changes could occur, so we recommend that you watch for these changes. We hope that both conference brochures contribute to a rewarding experience.

Program Committee: Nurith Levi, Sue O'Rourke, Roberta La Rosa

Brochure Designer: Bob Witchel

The Bag

The bag provided to participants when they arrive at the conference will be made with recycled material, by people diagnosed with psychosis, living in a therapeutic community — La grazia. The link to their website is: www.ctalagrazia.it

The CTA "Grace" is a therapeutic rehabilitative community founded in 1980. It is an old Villa Patrizia renovated and expanded in the territory of Caltagirone, near the Reserve of the Santo Pietro Bosco. The community has in it the word 'group', as it involves sharing a living space with a common creation and acceptance of rules providing a structure to live together, a chance to regain a world view and the self anchored to reality and actually "invested" and shared.



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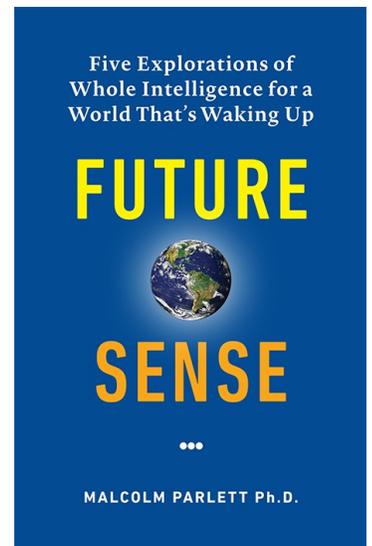
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Pre-Conference Workshops—Learning Objectives

WEDNESDAY MORNING 9.00 – 13.00

Gestalt mindfulness: A meditation movement practice for our daily life in a desensitized world

- After participating in this workshop, participants will be able to discuss research relevant to clinical applications of mindfulness informed therapy and its advantages;
- After participating in this workshop, participants will be able to identify Gestalt Principles that apply mindfulness as embodied awareness of the self, the other, and the relational field of being;
- After participating in this workshop, participants will be able to practice at least three of the Gestalt Mindfulness Meditation Movement Practices.

An exploration of otherness

- After participating in this workshop, participants will be able to identify shame and fear factors when facilitating dialogue about assumptions held about difference;
- After participating in this workshop, participants will be able to observe how to support clients' exploration of being in a minority;
- After participating in this workshop, participants will be able to describe a process of identifying the creative adjustments made to fit into the dominant culture.

History and culture live through us

- After participating in this workshop, participants will be able to describe an enduring relational theme of their own;
- After participating in this workshop, participants will be able to describe the connection between a polarity and an enduring relational theme;
- After participating in this workshop, participants will be able to describe the connection between a contextual factor and a polarity.

Between you and me: Relational movement play as a practice of presence

- After participating in this workshop, participants will be able to create a practice of presence through embodied awareness and phenomenological enquiry;
- After participating in this workshop, participants will be able to explore how embodied movement impacts on self and other.
- After participating in this workshop, participants will be able to describe how movement practice parallels Gestalt therapeutic maps, self and environmental support, moderations to contact, and cycle of experience.

The crack between the worlds: Gestalt and shamanism and the doors of perception

- After participating in this workshop, participants will be able to demonstrate Gestalt as a shamanic approach through the use of paradox and interventions that expand awareness;
- After participating in this workshop, participants will be able to Compare the shamanic approach to Other Worlds with the Gestalt theory of Levels of Awareness;
- After participating in this workshop, participants will be able to Identify the human assemblage point and develop interventions to shift clients' perception of reality.

WEDNESDAY AFTERNOON: 14.30 – 18.30

MASKS: distant relationships deconstruction and reconstruction of new masks for a more sensitive compared with each other

- After participating in this workshop, participants will be able to articulate a process of working deeply with large groups;
- After participating in this workshop, participants will be able to describe the process of creating with art supplies masks that represent their own way of making contact in the social field;
- After participating in this workshop, participants will be able to observe a process of clinical utility for identifying unfinished business represented by masks created.

Belonging, “otherness” and mutual co-creation: An art-infused experience of Erving Polster’s life focus community and how you can develop one

- After participating in this workshop, participants will be able to identify and explain similarities and differences between Polster’s Life Focus communities and traditional Gestalt psychotherapy groups;
- After participating in this workshop, participants will be able to articulate the basic elements of design of a life focus community including possible themes for a life focus community experience;
- After participating in this workshop, participants will be able to describe the process in which the clinician can facilitate the client experience of posttrauma self can be changed through life focus work through speaker-listener attunements.

The many faces of gestalt therapy: Is there a boundary of what is and what is not gestalt therapy?

- After participating in this workshop, participants will be able to identify the fundamental boundaries of Gestalt Therapy;
- After participating in this workshop, participants will be able to state the presenter's particular integration and synthesis of Gestalt Therapy;
- After participating in this workshop, participants will be able to organize their own "gestalt" of the elements of Gestalt Therapy.

The clinical applications of mindfulness meditation, somatics and gestalt therapy for fostering resiliency, creativity and trauma resolution

- After participating in this workshop, participants will be able to apply skills to help them become more creative and resourceful when treating body symptoms, trauma, pain, mood and somatic disorders;
- After participating in this workshop, participants will be able use symptoms to access the unconscious and its healing inner resources with gestalt therapy, mindfulness and somatic mind-body therapies;
- After participating in this workshop, participants will be able to discuss Gestalt-Relational process work, dialogue, and experiential exercises to access core creativity, their function and purpose in integrating the body-mind.

Meeting-the-other-meeting-me presence and otherness: Deepening relational practice and theory

- After participating in this workshop, participants will be able to evaluate and expand Gestalt relational practice to integrate the triadic dimensions of “self-other-betweeness.”
- After participating in this workshop, participants will be able to better evaluate the relational developmental level of the client, and the relational level of the therapeutic relationship.
- After participating in this workshop, participants will be able to further evaluate their own resonant use of self, and evaluate the self-betweeness-other connectedness, and how it affects the “betweeness” of the relationship.

ALL DAY WORKSHOPS: 9.00 to 18.30

Stop managing your emotions and start processing them

- After participating in this workshop, participants will be able to teach clients to observe and name their emotional and physical responses;
- After participating in this workshop, participants will be able to describe the physiology of emotion and its relation to brain function;
- After participating in this workshop, participants will be able to articulate how the process of unhealed trauma impacts present and future experience of clients;
- After participating in this workshop, participants will be able to observe the difference between processing and managing emotions;
- After participating in this workshop, participants will be able to assess clients' emotional functioning in order to communicate same to clients in support of therapeutic work.

The well resourced therapist

- After participating in this workshop, participants will be able to define inclusion, body as resource, mirror neurons, fields of reciprocal influence, vicarious traumatization;
- After participating in this workshop, participants will be able to articulate how the concepts in 1) apply to the field of trauma therapy;
- After participating in this workshop, participants will be able to describe the role of therapist's embodiment and its impact on clients;
- After participating in this workshop, participants will be able to attend to and apply a range of somatic resource such as grounding, breathing, containment, and experiential anatomy;
- After participating in this workshop, participants will be able to recognize own vulnerabilities when working in trauma field and impact on clients.

Encountering the other: Personal growth and group process workshop

- After participating in this workshop, participants will be able to identify projections that impact their interactions with others;
- After participating in this workshop, participants will be able to discuss and apply the concept of embodiment when engaging with others;
- After participating in this workshop, participants will be able to discuss and demonstrate the dialogic attitude;
- After participating in this workshop, participants will be able to observe the relationship between shame and projection and apply their understanding;
- After participating in this workshop, participants will be able to identify cultural differences and meanings in contact styles.

"I" is an other

- After participating in this workshop, participants will be able to teach clients a process of feeling bodily responses as result of contact with others;
- After participating in this workshop, participants will be able to describe the process in which therapist and patient influence each other during psychotherapy;
- After participating in this workshop, participants will be able to articulate a process for observe movement patterns emerging in a therapeutic field;
- After participating in this workshop, participants will be able to describe one's own postural patterns when impacted by patients;
- After participating in this workshop, participants will be able to observe changing postural patterns of patients.

Plenary Addresses - Descriptions and Learning Objectives

Donna Orange, PhD, PsyD

Relentlessly demanding, clinical and humanitarian work with fragile and devastated people, those degraded by violence and discrimination, can exhaust and traumatize the most compassionate of us, our brothers' and sisters' keepers as we know ourselves to be. To continue to live for the other, we require not only contextual supports and education but the daily assembling and nourishing of an "internal chorus" (Sandra Buechler), composed of the voices of those who have taught and inspired us. Such voices, personal to each worker, become sources of courage and warning, of example and support, of prophetic challenge and humility. Over the course of a lifetime, these sources change, with new ones emerging into importance, others receding into the background. Here the examples come from ancient Rome (Marcus Aurelius), from twentieth century Europe (Primo Levi, Emmanuel Levinas, Dietrich Bonhoeffer), from South Africa (Nelson Mandela), and from nineteenth century Russia (Fyodor Dostoevsky). Their own prophetic lives needed nourishing, as does the life of every unknown and humble humanitarian who works other-wise. Though these examples rely heavily on the discipline of spiritual reading, other workers will find inspiration in music, visual arts, or elsewhere. The key is to replenish the resources regularly.

Learning objectives

- After participating in this program, participants will be able to identify resources used to nourish psychotherapists and humanitarians, such as inner voices of those who have helped to support and challenge.
- After participating in this program, participants will be able to discuss the relationship between philosophical supports and ethics in psychotherapy.

Leslie Greenburg, PhD

In this presentation, I will discuss the need for research on gestalt therapy in the climate of evidenced based treatment. I will describe the different types of research: outcome, process and relating process to outcome as well as the quantitative, qualitative distinction. I will discuss the type of research needed at this time to validate gestalt therapy, the advances made so far in this direction and the traps that get in the way of doing the kind of research needed. I will demonstrate some of the different types of research with examples from my own research program and use the study of resolving unfinished business as an example.

Learning objectives

- After participating in this program, participants will be able to distinguish between the goals of different forms of psychotherapy research.
- After participating in this program, participants will be able to identify traps that prevent research on Gestalt therapy being done.

Tonino Griffero, PhD

Through an approach primarily inspired by the Aisthethik (Gernot Böhme) and the NeuePhänomenologie (Hermann Schmitz) I try to define the atmospheric perception as first pathic impression, then to investigate the relationship between this kind of (amodal, even synaesthetic) perception and the expressive qualities of the surrounding space. A pathic aesthetics ceases therefore to be a theory of privileged objects like the works of arts and considers the subject as a being emotionally and felt-bodily touched by feelings (atmospheres) widespread in her (lived) space. From this point of view atmospheres are affordances, ontologically rooted in things and quasi-things of our lifeworld. Against every reductionist and introjectionist objectification pathic aesthetics also seems to be an adequate investigation of the felt body as sounding board of outside atmospheres, especially of the prototypic ones (objective, external and unintentional), which have undoubtedly authority, i.e. influence the perceiver and are able to inhibit any her critical distance. Do we run the risk of being seriously manipulated by atmospheres? Yes, but it decreases significantly when you acquire a better atmospheric "competence" (both in producing and understanding atmospheric feelings). And that is precisely the aim of my atmospherology.

Learning objectives

- After participating in the program, participants will be able to describe "atmospheric competence" and its influence on perceptions of pathic aesthetics.
- After participating in the program, participants will be able to explore the relationship between pathic aesthetics and outside atmospheres within lived spaces.

Process Group Learning Objectives

Based on this presentation content I am able to:

- Discuss gestalt concepts and practices experienced throughout a conference in a process-oriented gestalt group.
- Use my experience in a process-oriented gestalt group to help me integrate into my professional or personal life gestalt concepts and practices learned throughout the conference .

Process Group Facilitator Training Learning Objectives

Based on this presentation content I am able to:

- Explain the purpose of gestalt process groups spaced throughout the conference, and the facilitators' role in the group.
- Describe at least 2 elements of gestalt group process and how to effectively work as a co-facilitator to support or challenge these processes.

Language Support Services

This conference is an international conference that will be held in English. However, participants and presenters speak a wide range of different languages which will play an important role in creating the "Aesthetics of Difference" at the conference. Providing professional interpreting services is beyond the scope of the conference. However, the organizers want to lend some support for the kind of spontaneous and **informal language support actions** from colleague to colleague that have taken place at previous conferences. To help conference participants who would like to receive help with understanding and/or expressing themselves in English at the conference workshops we have set up a Doodle schedule to help you find people willing to provide such support. This will not guarantee **translation or language support**, but it should make it **easier to find somebody who will translate** or provide such support.

If you would like to benefit from this support or are willing to provide it, please go to the **Taormina conference webpage** to find **instructions** as to how to offer your services or find someone willing to provide translation or some other form of language support at the workshop(s) you are going to.

